



SCLMA President's Message

Dr Roger Faint



I am told the SCLMA Cocktail Party, on Friday 29th October, at the Novotel Twin Waters Resort was very successful in terms of a sold out event (190 attendees), entertainment and enjoyment.

Lisa Wilson of Wishlist, has contacted me tonight and I am able to announce

that the event has raised \$29 500. This is an extraordinary amount raised when compared to \$15 000 raised in Noosa two years ago.

The medical profession on the coast should be proud of itself as the dollars raised will go directly towards Wishlist and adolescent mental health on the Sunshine Coast.

The event showcases the medical profession and its willingness to give back to the community and I personally thank and congratulate all for this most impressive effort. Thank you.

Sadly, I personally was the Cruise doctor on a luxury cruise from Darwin to Cairns via the Tiwi Islands and Arnhem Land. This was a once in a lifetime opportunity which I was unable to refuse. I did see first hand how COVID was affecting the Northern Australia tourist industry. The ship, Coral Discoverer, was able to carry about 70 passengers plus 22 staff. This recent trip had 13 passengers including my wife and me. Nice for the passengers!

The most enlightening aspect of the trip was the fact that isolated, hot and mostly dry Arnhem Land had a strong current indigenous heritage and culture (including expensive bark paintings and totem poles). This can be largely explained by the Arnhem Land being mostly left alone by white man and it being made an aboriginal reserve in 1931. Amazingly it is on our doorstep.

I was mostly non contactable, particularly by mobile, however I did receive a phone call from a Sunshine Coast media outlet. The reporter's elderly, poorly mobile mother was apparently told to go home with her acutely fractured ankle, see her GP and request a referral to see an Orthopaedic Surgeon. Perhaps Dr John Hansen was correct when asking a question to the relieving CE SCHHS regarding a similar issue while attending the Sunshine Coast Health Report in August this year. The reporter commented the 'system was broken', I commented his mother's care was worthy of a complaint.

Please see a couple of photos of my trip (back cover) to lighten this article and thank you again to Lisa Wilson of Wishlist, major sponsors 'The Radiology Clinic', 'Health and Co' and 'Karen Clark CEO Buderim Hospital', major donator 'Scott Coggan of Opals Down Under' and of course SCLMA secretaries Jo Bourke and Carol Hawkins.

Regards

Dr Roger Faint

President SCLMA.



DON'T MISS OUR FINAL MEETING FOR 2021!

Thursday 25 November

THE LAKEHOUSE Mountain Creek

Dr Karen Morwood (Allergy, Clinical Immunology)
Topic: 'Allergic Rhinitis in the Real World - interactive Case Study discussion. Sponsor Viatrix.

The SCLMA thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter



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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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NOVEMBER 2021 NEWSLETTER

**Deadline will be
FRIDAY 19th
NOVEMBER 2021**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: Mobile: 0407 037 112

Email: admin@sclma.com.au

Fax: 5479 3995

We welcome new content - case studies, local news and photos.

If you are a new member, please send in a short bio and a photo to introduce yourself.

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 0407 037 112

Email: admin@sclma.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.



HIGHLIGHTS in this issue:

- P 4-5: SCHHS - Dr Sue Nightingale, Exec Director Clinical Governance, Education and Research
- P 7: USC - Clinical Trials
- P 9: PHN - October Update
- P 11: Wayne Herdy - Quarantine experience!
- P 13: SCHHS GPLO October Update
- P 15: SCUPH - Justin Greenwell CEO
- P 17: BPH - Karen Clark GM
- P 23: 'GUMS' Recap of 2021
- P 24-25: GRIFFITH UNIVERSITY Newsletter
- P 23: TRAVEL - Coober Pedy, SA
- P 26-28: AMA Qld - PRESIDENT'S REPORT
- P 34-36: AGM DRAFT MINUTES APRIL 2021

Please 'like', 'share' and 'follow' our Facebook page: *sunshinecoast local medical association*.

**ALL COVID-19 UPDATES
ARE UPLOADED AS RECEIVED.**

Website: www.sclma.com.au

LAST CLINICAL MEETING FOR 2021**THURSDAY 25 NOVEMBER 2021**

**NOTE CHANGE OF VENUE
THE LAKEHOUSE
MOUNTAIN CREEK**

**Presenter: DR KAREN MORWOOD
MBBS FRACP FRCPA
Allergy / Clinical Immunology - SCUH**

Topic : Allergic Rhinitis in the Real World

**Interactive case study discussions
Sponsored by Viatris**

Queries: Jo Ph: 0407 037 112

Email: admin@sclma.com.au

Meetings already booked for 2022

Still some months available.

SCLMA MEMBERSHIP

New Members - pending for Nov meeting

- **Dr Alex Tan**
- **Dr Samuel Thokala**
- **Dr Sean Ryan**
- **Dr Alicia Palmer**

Please pass this newsletter to someone who might like to become a member!

Application Form - Page 37

Are you listed on our Members' Directory?

Directory form is on our website.

Do your details need to be updated?

<http://www.sclma.com.au/members/>

Contact: Jo - admin@sclma.com.au

Thanks to all members who have renewed and identified their payments.

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HEALTH SERVICE LINK - OCTOBER 2021

Dear SCLMA Colleagues,

At the start of this month we welcomed Dr Peter Gillies to the Chief Executive role, he was the CE at Darling Downs Health Service for 12 years and has hit the ground running! Welcome Peter.

Bed numbers Sunshine Coast University Hospital

There has been discussion in media about bed numbers and wait times at Sunshine Coast University Hospital (SCUH) which I'd like to address.

We are in a fortunate position with Sunshine Coast University Hospital where we have the room to flex up and down according to need. Construction of stage 3 of Sunshine Coast University Hospital was completed at the end of June this year. The facility has a built capacity of 738 beds. Currently, 644 beds are operational and in use.

There has been significant improvement in emergency department wait times at SCUH since the June quarter. The health service received funding in addition to phase 1 of the Care4Qld program to support a new 32-bed general medical ward at Sunshine Coast University Hospital and Emergency Department initiatives at SCUH, Nambour General Hospital and Gympie Hospital. HHS data from July to Sept 21 shows a reduction in total minutes of ramping from 89,799 to 41,441.

COVID-19 vaccinations

We continue to work with Queensland Health guided by the Commonwealth Government to vaccinate staff and our community across the region. The vaccination rate across the region is climbing past 75 per cent (first) more than 60 per cent (double dose) (as at 22 October 2021), I thank you for your work in this space.

The Caloundra Indoor Stadium North Street, Golden Beach has reopened this month, on 8 October (9am-4.30pm, seven days a week), and has capacity to provide more than 2000 doses a day.

Both SCUH and Nambour Hospital Vaccination Clinics have closed.

Community members can register via: <https://www.vaccinebookings.health.qld.gov.au/registerforvaccination/> or walk in between 9:30am and 3:30pm.

Sunshine Coast University Hospital recognised among country's top 10 for hip fracture care.

SCUH is being recognised as among the top 10 best performing hospitals in Australia for hip fracture care.

There are about 500 local patients who benefit from this model of care every year – approximately 350 hip fracture patients and 150 with periprosthetic fractures.

Under this multidisciplinary model of care, all confirmed hip fracture patients are admitted directly under the care of an Ortho-geriatrician, who has primary responsibility of the patient's coordination of care, rather than a surgeon.

The key benefits of this integrated approach include timely pain management and surgery, reduced length of stay for patients in hospital, early mobilisation and rehabilitation for patients, including better functional outcomes, as well as assessment and management of falls risk, treatment for osteoporosis and supported discharge into the community.

Celebrating Dr Sarah Short – Rhodes Scholarship award 2021

Congratulations to Sunshine Coast Hospital and Health Service Intern Dr Sarah Short, who has been awarded the Rhodes Scholarship award for 2021 (Australia at Large).



The Rhodes Scholarship is the oldest (first awarded in 1902) and perhaps most prestigious international scholarship programme available to individuals who demonstrate academic excellence and advanced character qualities such as courage, kindness and commitment to others. It draws thousands of applicants annually with its prestigious reputation.

Being awarded the Rhodes scholarship enables outstanding young people from around the world to study at the University of Oxford.

Dr Short has recently left Australia to start her scholarship, beginning a Doctor of Philosophy in Surgical Sciences with the Transplant Immunology Group.

She will be returning in 2022 to complete her internship at Sunshine Coast University Hospital.

Dr Ruth Devin and Dr Ena Maleckas, Co-Clinical Leads, Residential Aged Care Facility Acute Support Service (RASS), Sunshine Coast Hospital and Health Service



HEALTH SERVICE LINK - OCTOBER 2021 /cont

Residential Aged Care Facility Acute Support Service (RASS), Sunshine Coast Hospital and Health Service

In a Sunshine Coast first, a new support service is empowering thousands of older locals to have more choice and control over their healthcare.

The Residential Aged Care Facility Acute Support Service (RASS), part of Sunshine Coast Hospital and Health Service (SCHHS), provides acute medical services to residents of aged care facilities, whether they are in their nursing home or in hospital.

SCHHS Emergency Physician and Co-Clinical Lead for RASS Ena Maleckas said RASS was an important offering for the Coast's aging population, and their families.

"These patients have really complex care needs, and unfortunately tend to have a lot of complications when stuck in the hospital for a long period of time. They also might not be as health literate or involved in their healthcare as they could be.

"Our aim is to provide best quality care while advocating for patient choice with regards to where they have their key needs met.

"When possible, we want to reduce the unnecessarily burdensome journey of accessing our acute healthcare services in the hospital; that is, arriving via ambulance and waiting in the Emergency Department for a bed," Dr Maleckas said.

SCHHS Geriatrician and Co-Clinical Lead for RASS Dr Ruth Devin agreed.

"This is so overdue, and so critical. We have almost 5000 residents living in aged care facilities on the Coast. We also have a growing older population, with the over 85 age group expected to increase by 60 per cent in the next 10 years. We want to get these processes developed so we can really serve them well.

"When we go out to the residential aged care facilities to see acutely unwell patients, they and the family are so grateful for that choice. I see a lot of 98-year olds and they really don't want to come to hospital, even if it means they might pass away in the residential aged care facility.

"That's now their family and their home. They're realistic about their prospects, they want us to see what we might be able to do, or if their time is up, to palliate them then and there, and not bring them into hospital by ambulance at that time in their life. This gives them that choice," Dr Devin said.

"This is a collaborative effort. We can review patients on behalf of General Practitioners. We totally respect what the GPs are doing. They're amazing clinicians, but they can't always be there in times of need when

they're running their own clinic patients, so we're actually there to try and provide them support

"We support the aged care facility teams too. By upskilling nurses on the floor they won't need to send some patients into hospital in the future, because they have the confidence to provide more care themselves."

Dr Maleckas said: "We're also building better relationships with Queensland Ambulance Service, so paramedics feel comfortable calling us about residents who they see in front of them, who may not benefit from going to hospital.

"We're talking about integrated healthcare and really trying hard to improve the care continuum for these patients.

"We've received lots of positive feedback, about respecting the patient's wishes and being able to provide care in a setting that they feel is a really nurturing and happy one, even if they do have a cognitive impairment."

Looking forward, Dr Maleckas said there is great potential for the service to grow, with the team also recently receiving further funding.

"We're a very small team, with big dreams. We'd like to see the service expand to working with more teams, like palliative care, urology, dermatology and so on, so we can continue to flex to wherever the patients are, in a much more robust manner."

Watch the interview with Dr Devin and Dr Maleckas [here](https://vimeo.com/637289037/27b783b6a8). <https://vimeo.com/637289037/27b783b6a8>

Kind regards

*Sue Nightingale
Executive Director, Clinical Governance, Education
and Research*





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Full title: A Phase 2 Multinational, Randomized, Double-blind, Parallel group, 16-week Placebo-controlled Study with a 36-week Extension to Investigate the Use of Benralizumab for Patients with Moderate to Severe Atopic Dermatitis Despite Treatment with Topical Medications (The HILLIER Study)

HREC Approval: Bellberry Human Research Ethics Committee



Sunshine Coast

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Dr Brenton Seidl

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Clinical Haematology Team



Dr Sorab Shavaksha

MBChB (Leeds), FRACP,
FRCPA (2013)



Dr Joshua Richmond

MBBS(Hons), FRACGP,
FRACP, FRCPA



Dr Alice Livings

BSc(Hons), MBBS(Hons),
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Your GP can be your best mental health ally

As Mental Health Month wraps for another year, a local primary health care agency is reminding people to visit their general practitioner as a first step to addressing mental health challenges.

Central Queensland, Wide Bay, Sunshine Coast PHN commissions a large number of mental health services locally and acts as a conduit for information between service providers, peak mental health bodies, and general practitioners.

The PHN's general practice liaison officer Dr Jon Harper, a Buderim-based general practitioner, said GPs are very experienced in dealing with mental health problems.

"Often people are unsure if what they are experiencing is a mental health problem or not," Dr Harper said.

"GPs are very experienced in dealing with mental health problems and have a good understanding of local services available, so a visit to a GP can be a useful first conversation to get reassurance or arrange further help.

"There is often an interaction between mental health issues and physical health problems, GPs are well placed to provide holistic care.

According to recent Australian Bureau of Statistics data, mental illness will affect almost half of all Australians at some point in their lives.

To make the most of your consultation, Dr Harper recommends booking a longer consultation when discussing mental health issues.

"GPs are always keen to help but can be very busy people," Dr Harper said.

"Mental wellness is like physical fitness - it doesn't happen automatically.

"Little habits and decisions we make everyday shape our mental and physical health.

"Sometimes mental wellness is affected by an underlying mental illness, and just like physical illnesses, mental health conditions require appropriate treatment.

"Treatments range from psychological therapy, which could be face to face or virtual, to prescribed medication.

"In many cases mental health conditions can be readily treated, with a return to normal function within a few months."

Dr Harper's top tips for improving mental wellbeing:

- Focusing on the things that are going well rather than the negatives
- Showing kindness to others in conversations
- Spending time in nature



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HOTEL QUARANTINE – A PERSONAL EXPERIENCE.

Wayne Herdy

I recently had a trip to Tasmania, a week bushwalking a fairly secluded, if not remote area.

Near the end of my sojourn, a lawless traveller infected with COVID entered Hobart and managed to create a few hotspots in town before being apprehended. Tasmania over-reacted and marked the entire SE quarter of the island for lockdown for 3 days, to allow contact tracing. I happened to drive through the lockdown area in a private vehicle to reach the airport. No human contact on the way, and nowhere near the sites contaminated by the errant carrier of the pestilence.

On return to Queensland, despite the lack of contact with any possible source of infection, I was told that I was going into hotel quarantine. But I was assured, independently by no fewer than 5 police officers, that the quarantine (ignoring the derivation of the word as “40 days”) would end when Tasmania came out of lockdown, expected to be 6 pm the next day. This was despite being a native Queenslander returning home having had no apparent contact, being double-vaccinated, and being an essential worker.

On the first morning, I was COVID-swabbed, assured that the results would be available before 6pm that evening, the time of my expected release. The result was not signed off until later the following morning.

Sure enough, at 2pm the next day, the premier of Tasmania announced that the lockdown would indeed end at 6pm that day. A series of hurried telephone calls to my captors and guards downstairs assured me that a draft direction had been written and was only awaiting the signature of somebody whose pay scale empowered them to actually make a decision. That nameless person went home without making a decision. I and 14 others were doomed to spend a second night in the seclusion of our rooms.

Despite numerous telephone calls the next day, and assurances that I could pack my bags and await the call to flee, it was not until 2pm that I was officially told that I was granted a ticket of leave. But it was not until 4pm that I was actually allowed to leave my room. And the “COVID-safe” taxi did not arrive until after 5pm.

Nearly an extra 24 hours of enforced solitary confinement because nobody within Queensland Health was prepared to sign off on a decision that the premier of another State had announced unequivocally more than a day earlier.

The message is clear. The COVID management protocols are unable to efficiently manage an unprecedented circumstance. The channels of communication within Queensland Health are ineffective;

it is difficult for Queensland Health employees and police enforcers at the battle front to identify and communicate with a superior officer who actually has the power to make a decision.

And those officers who do have the power to make a decision are reluctant to take the risk of putting their names on a piece of paper. One of my communicants described a bureaucracy as a giant machine operated by midgets.

And how was it on the inside? I was directed to my room by a uniformed armed policeman with a taser hanging off his belt, not the same as my usual experience of hotel concierges.

From the time I entered the lift up to my room to the time I left it on the circuitous path homebound, I saw no other human being. Food was delivered in plain brown paper bags, a knock on the door and instructions to wait 60 seconds before coming out masked, sufficient time for the delivery person to make escape. The telephone to front desk did not work at first, so I contacted front desk via mobile phone to the hotel number.

I was only there for two nights and part of three days, but if that degree of dehumanized isolation had continued the full 14 days on my quarantine notice I am sure that even the most robust detainee would have entered some very dark thought places. The food was low-standard takeaway style, unimpressive but adequate. The room was large and comfortable. I was lucky to have a reading book and laptop with internet access – I do not usually travel to the wilderness with such baggage.

But my lasting impression will be one of frustration – a deep sense that under all the circumstances I should not have been there in the first place (even the police at the airport questioned the detention) and an ever-growing sense that the staff at the front counter (hotel staff plus a health officer plus police and an Army clerk), polite and helpful as they tried to be, were quite incapable of developing a meaning channel of communication with the faceless nameless people in power, who were deaf to the arguments of logical persuasion and refused to take responsibility for decision-making.

Oh, and by the way, if I had stayed in Tasmania until the lockdown lifted then hopped on the next flight back to the Sunny State, I would have been home in my own comfy bed 24 hours earlier.

Wayne Herdy.



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Meet A/Prof Alex Tan

Radiation oncologist

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A/Prof Alex Tan MBBS, FRANZCR

Special Clinical interests: Prostate brachytherapy, urological, lung and gastrointestinal lesions, stereotactic radiation therapy and MR Linac.

Dr Alex Tan completed his undergraduate degree at the University of Melbourne in 1999 and specialist training at Peter MacCallum Cancer Centre in 2008. He then completed a Fellowship with the Academic Urology Unit at the Royal Marsden Hospital and Institute of Cancer Research in the UK.

Following this, Dr Tan returned to Australia to work at the Townsville Cancer Centre, North Queensland, until 2021.

Dr Tan is heavily involved in education, research, and the development of new services. He introduced the stereotactic body radiation therapy service to North Queensland in 2013, and was the lead of the MR-Linac project which saw the implementation of the first MR-Linac in Australia in 2019.

Dr Tan lectures medical students weekly, served as the Director of Training for 8 years and has been a phase II examiner for the Royal Australian and New Zealand College of Radiologists since 2015. He has been principal investigator for a number of national and international trials.

These efforts in the education and research sphere have resulted in his appointment as Associate Professor at James Cook University.

Contact Dr Tan for patient/treatment discussion on 5374 8100 or email receptiononcologybuderim@genesiscare.com

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“ —

Through an active partnership and strong communication, I am committed to helping patients navigate their cancer journey in a positive way.

A/Prof Alex Tan

— ”



GP Liaison

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Dr Edwin Krays and Dr Michelle Johnston



Kidney transplant recipients on the Sunshine Coast

As the number of patients with a renal transplant living on the Sunshine Coast approaches 250, it is increasingly likely you will be providing care for one of these patients.

A fact sheet '*Kidney transplant recipients on the Sunshine Coast*' provides answers to some frequently asked questions about vaccinations, medications, recommended health, dental and skin checks and other info. If you would like a copy of the fact sheet, please contact the GP Liaison Unit.

For any concerns, the Renal Transplant Coordinators, based at the Sunshine Coast University Hospital are happy to be contacted directly.

Phone: 5202 7158; Email: SCUH-RenalTransplantCoordinators@health.qld.gov.au

Iron Infusions

SCUH does not have an Iron Infusion clinic. Medical governance is needed before a decision is made about an iron infusion. Referrals must be sent to the relevant specialty e.g. Gen-Med, Gynae and Gastro. Patients need to be assessed in the relevant specialty clinic before decisions are made about an iron infusion, and therefore, patients will be put on a wait list for the relevant specialty clinic, as per the usual referral process.

The list of GP practices that offer iron infusions and welcome referrals is available on HealthPathways. <https://sunshinecoast.communityhealthpathways.org/> Username: usersc Password: pwsc

When to refer to the nurse navigator service?

Some of the services nurse navigators provide:

- Information sharing & attendance with patient to GP appointments
- Ambulatory care and pathology appointments
- Support with NDIS applications
- Medication safety
- Home services
- Carer support
- Improving health literacy

Referrals are welcome, preferably via GP Smart Referrals. Refer patients with multiple comorbidities, appointments and procedures; patients with care that is fragmented and needing coordination and linkage with support services/ coordination of existing services.

Phone: 5470 5247; Fax: 5202 0555. Email for more information: SCHHSNurseNavigatorService@health.qld.gov.au

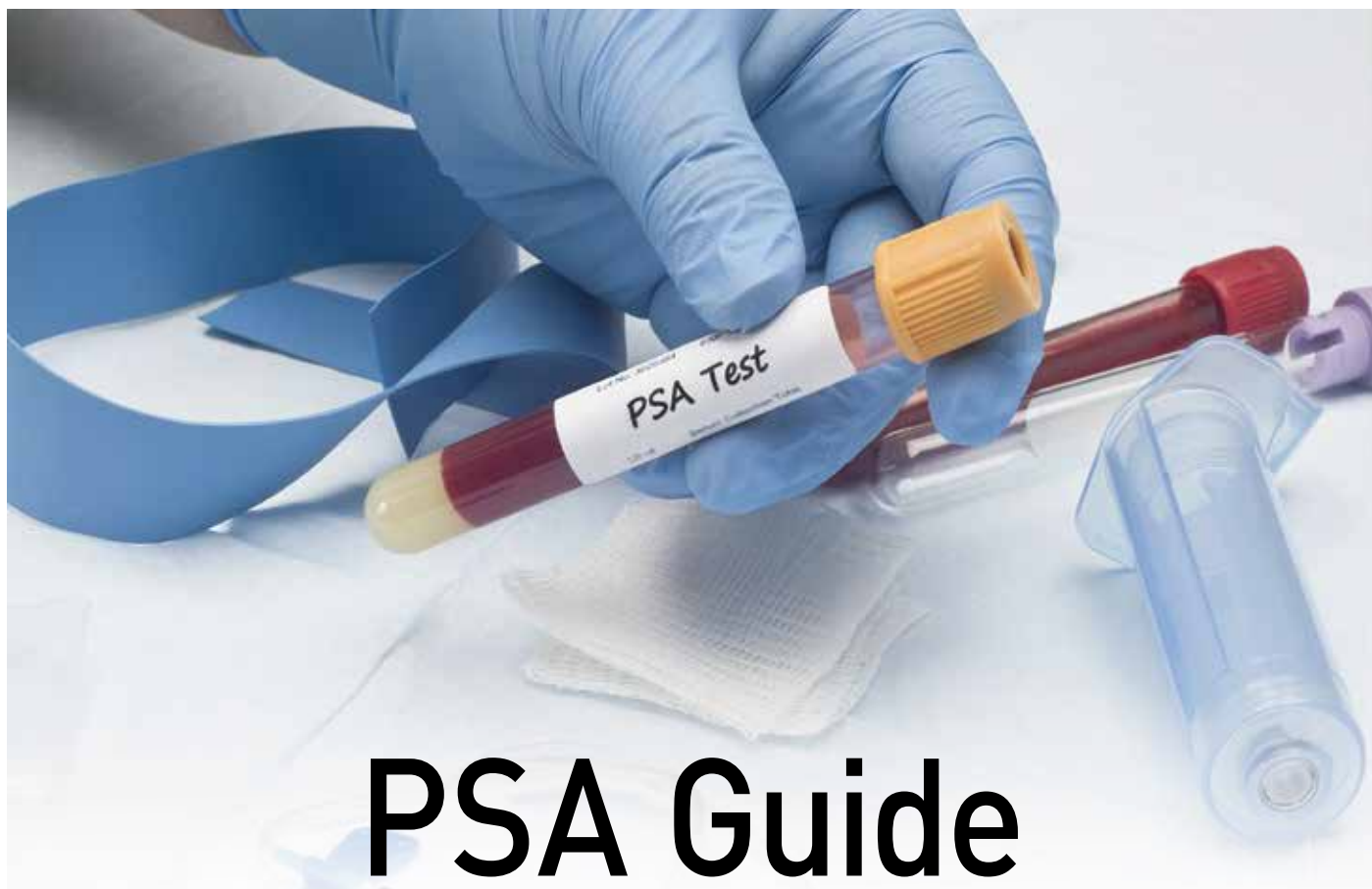
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PSA Guide

Early detection saves lives

PSA >3 is a red flag

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

Refer if:

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule
or PSA increases while on Duodart

Refer to:

Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo



Sunshine Coast Urology Clinic

Buderim Prostate Clinic

A. Suite 2/5 Lyrebird St, Buderim QLD 4556

P. +61 7 5444 0672 **F.** +61 7 5444 0997

E. info@buderimprostateclinic.com.au

W. buderimprostateclinic.com.au



MONTHLY UPDATE

By CEO Justin Greenwell

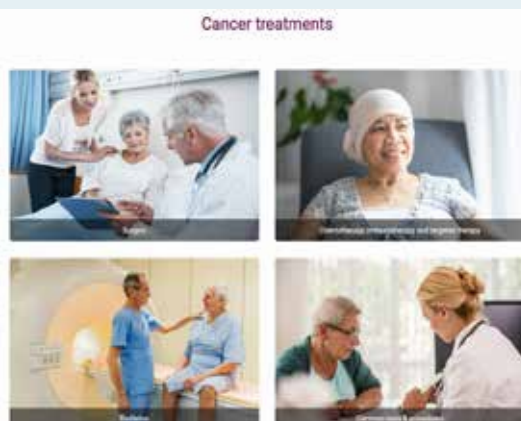
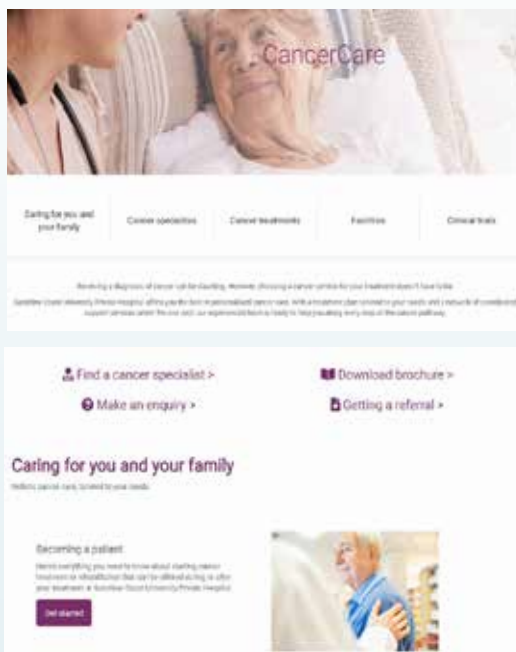
SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL

NAMBOUR SELANGOR PRIVATE HOSPITAL • NOOSA HOSPITAL

Cancer Care services expand at SCUPH

Sunshine Coast University Private Hospital is well known for its strengths in Cancer Care and now patients have the benefit of further services. Our new extensive Cancer Care website provides a wealth of practical information and insight: <https://www.sunshinecoastuniversityprivate.com.au/Our-Services/Cancer-Care>

Some highlights of our services include our Cancer Care Navigator Shelley, a dedicated, specialist nurse available to support and coordinate all aspects of patients' cancer care: email cancercarenav.scu@ramsayhealth.com.au Ramsay Health Plus offers access to a network of expert allied health professionals, under the one roof at SCUPH, working together to tailor a cancer rehabilitation program to meet patients' unique needs. Patients may also be eligible to participate in a clinical trial.



Vestibular Clinic expands across Coast

You may recall a couple of months ago I advised that our vestibular clinic had commenced at Noosa Hospital, well now it is also operating at Nambour Selangor Private Hospital (T 5459 7455) and Gympie Medical Consulting Suites in Channon Street (bookings via T 5455 9224). The clinics are run by experienced vestibular physiotherapists using state of the art video infrared Frenzel goggles to help support an efficient diagnosis.

Technology supports gold standard care

Ramsay Health Care continues to invest in new technology across its network of hospitals. At SCUPH, a Belmont Rapid Infuser will be particularly beneficial in cardiothoracic emergencies where blood and fluid replacement is required at a faster rate.

A high end GE cardiac echo-ultrasound worth around \$148k will help cardiologists plan and guide interventions with new 4D ultrasound CT data. This latest edition incorporates AI-based technology designed to help achieve reproducible, high quality cardiac exams quickly.

Other additions include Cell Salvage Systems – Autologous Blood Transfusion Systems – to support collection of blood from the surgical field filtered, washed and transfused back to patients. These are expected to help SCUPH be more self sufficient in blood management, requiring less use of emergency stock from Red Cross supply.

SCUPH also has an Accuro handheld ultrasound to help guide spinal-regional anaesthesia using real-time spinal 3D navigation technology, while new Video Laryngoscopes will help support difficult airway management / intubations in theatres.

At Nambour Selangor Private Hospital, two new GE anaesthetic machines worth around \$65k each will bring the hospital into line with both Noosa and SCUPH, making it more user friendly for our anaesthetists.

New specialist

Since my last update, Plastic and Reconstructive Surgeon Dr Amy O'Connor has commenced consulting at SCUPH, focused on – but not limited to – skin cancer resection and reconstruction in her private practice.

Profiles can be viewed at <https://www.sunshinecoastuniversityprivate.com.au/Our-Doctors/Specialists>

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KAREN CLARK
GENERAL MANAGER

BUDERIM PRIVATE HOSPITAL

OCTOBER 2021

Dear SCLMA colleagues,

Thank you for the opportunity to update you on Buderim Private Hospital and our latest news and developments.

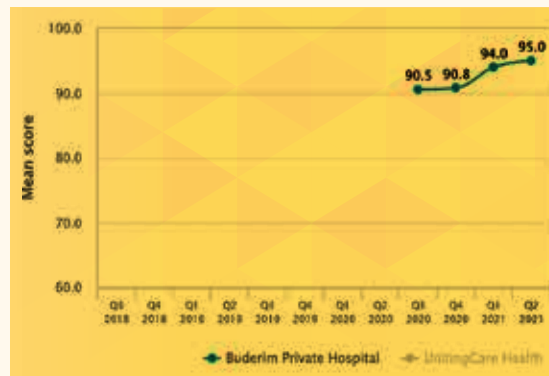
Patient Experience Results for Maternity Service

I would like to highlight the wonderful results our maternity service has received from patients over the past 12 months.

The patient satisfaction rating from the last quarter is 95%. In addition to being consistently rated highly by patients, our service has performed very well against the Australian benchmark.

The increase in our already excellent satisfaction score has resulted from a series of improvement strategies that have been implemented following a series of focus groups involving past and prospective patients.

One of these improvement strategies is the launch of a gourmet platter which is delivered to patients after the birth of their baby. This platter is filled with luxury items, many of which they were advised not to eat while



pregnant – these include cold meats and soft cheeses.

Moving forward we will continue our commitment to listening to our patients and respond to their feedback about ways to improve our services.

To make a referral, please contact one of our Obstetricians:

Dr George Bogiatzis	07 5444 6400
Dr Nerida Flannery	07 5452 5415
Dr Kylie Isaacs	07 5444 4433
Dr Kelvin Larwood	07 5478 4470
Dr Kirsten Morrow	07 5476 1666
Dr Robert North	07 5443 4301
Dr James Orford	07 5441 5700

Mental Health GPD CPD event series

The next event in our series of mental health CPD events for GPs is on Tuesday 2 November from 7pm – 8.30pm and will be an interactive session delivered online via Zoom. The event is RACGP accredited and each attendee will receive 3 CPD points.

For more information about this event or to register your attendance, visit www.trybooking.com/BTOWQ

The speakers and topics are:

- **Depression** Presented by Berquin Human, Senior Psychologist
- **Transcranial Magnetic Stimulation** Presented by Dr Andy Hughes, Psychiatrist



Kind regards,
Karen Clark | General Manager

Acute Admissions 5430 3314

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Director Identification Numbers

If you are a company director, then this is an important announcement for you! All company directors, as of November 2021 will be required to have a Director Identification Number (DIN). Company directors will need to apply for their DIN themselves and cannot use agents to apply on their behalf. You can apply for this through the Australian Business Registry Services (ABRS) website.

Company directors will only have one DIN which they will keep forever even if they change companies, stop being a director, change their name or move interstate or overseas. Furthermore, the DIN will confirm your identity and trace your relationships to companies.

Here is an excerpt from the ABRS website as to when you must apply:

When you must apply for your director ID depends on the date you become a director.

Date you become a director	Date you must apply
On or before 31 October 2021	By 30 November 2022
Between 1 November 2021 and 4 April 2022	Within 28 days of appointment
From 5 April 2022	Before appointment

Furthermore, your director ID obligations include:

1. applying for a director ID within the relevant timeframe for your situation
2. applying for a director ID when directed by the Registrar to do so
3. not applying for more than one director ID (unless directed by the Registrar to do so)
4. not misrepresenting your director ID to a Commonwealth body, company, registered Australian body or Aboriginal and Torres Strait Islander corporation
5. not being involved in a breach of the above director ID obligations.
6. If you can't apply by the date you need to, you can apply for an extension.
Information on how you can do this will be available here in November.

If you don't meet your obligations, there may be civil or criminal penalties or you may be issued with an infringement notice.

We are here to help if you have any questions, so please call 07 5437 9900.

Article written by Brooke Fenwick.



Multi-parametric Prostate 3T MRI on the Sunshine Coast

Our expert MRI Radiologists

Dr James Challen
MBBS, FRANZCR
Fellowships: MRI,
Cardiac Imaging.

Dr Anthony Chan
MBBS, FRANZCR
Fellowship:
Musculoskeletal MRI

Dr Siavash Es'haghi
MB ChB, FRANZCR
Fellowships: MRI, Breast.

Dr Rodney Larsen
MBBS (Hons),
FRANZCR
Fellowships: MRI,
Neuroradiology

Dr Angus Thomas
MBBS, BSC, FRANZCR
Fellowships: MRI

Dr Peter Wakefield
MBBS, FRANZCR
Fellowship:
Musculoskeletal MRI

The use of next generation 3T MRI scanners and special parameters has made the detection of prostatic cancer or excluding significant cancer much more accurate. 3T MRI is the most powerful clinical magnet available and the increase in field strengths give the 3T MRI the following advantages:

- Increased spatial resolution for improved anatomical detail.
- Increased number of high-resolution images during dynamic contrast enhancement.
- Higher diffusion (Values) are better at 3.0T because of increased signal.
- An endo-rectal coil is not needed at 3T so less discomfort for your patient.

At Sunshine Coast Radiology we provide access to MRI prostate scans on both our 3T MRI and 1.5T MRI scanners.

With advanced MRI training our local team of fully accredited RANZCR Radiologists are supported by our fully qualified MRI-trained radiographers.

Our team's combined expertise, experience and collaborative approach ensures we provide our referring Doctors and Specialists with consistent, high-quality services and comprehensive reporting.

Specialist referred prostate MRI's are fully rebatable at our Sunshine Coast University Private Hospital and Maroochydore locations.



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RADIOLOGY

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Private Hospital
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Partial license 3T MRI
Maroochydore
60 Wises Road

1.5T MRI
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Nambour Central,
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Excellence in Diagnostics

COOBER PEDY SOUTH AUSTRALIA

The Coober Pedy town stands as one of the most striking examples of human persistence and the sense of survival. The town sounds like a myth or a plot straight out of a movie with its scorching heat and people living underground.



The town, even in its simplest form, even on an odd day is full of astonishment to tourists. It earns admiration for its history, its opal mining, and the unique yet bizarre lifestyle of the people. But a visit here suffices enough love for the town and its homes carved out of mountains.

Tour the lands

The town has its appeal with scorching lands stretching to miles and still holding so much beauty. Explore the Umoona opal mines and museum that stores the town's history. The town, with all its uniqueness, seems out of the world as you approach the red landscapes of the Breakaways. Throw yourself back into the '90s as you enjoy a movie in a drive-in as the town embraces this opportunity to get out!

Discover the underworld

The true essence of the town is in its underground colonies, imparting beauty far away from the traditional sense. The caves are home to half the population, offering a cooler living condition and making it easier to survive. Capture the beauty of the town as you witness the living quarters, shops, and other dugouts in the hills. Marvel in the beauty of Serbian Orthodox Church in Coober Pedy, carved into the sandstone.

Live lavishly in the underground

You will only get the true experience of the underworld when you live there! Lucky for you, the town has several hotels built underground that can give you this experience. Enjoy a nice, elaborate dinner or just a quick snack bite in the underground food outlets! These offer the experience of sleeping in the womb of the Earth. And it is a guarantee that this will be the best sleep you'll have in ages!

What we have planned for you

- Arrive in the town scanning the panoramic plains outside the city
- Settle down in your underground accommodation pre-booked to avoid any hassle on arrival
- Begin the day tour covering the major attractions on the plain. Relax and enjoy the sunset view of the Breakaways
- Take the underground city tour going through shops, churches, and houses relishing in their friendly environment
- Spend the final night watching a movie with the town in a drive-in

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In this weekly podcast, Dr Peter Larsen and Dr Stuart Butterly discuss the latest developments in their specialist field of cardiology.

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DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

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Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced Robotic Prostate and Kidney Surgery to Buderim Private Hospital. He has pioneered MRI guided robotic transperineal prostate biopsy for safe and accurate diagnosis.

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- Vasectomy Reversal
- Urodynamic Studies

An update from GUMS

Janis Fernandes (GUMS President 2021)

Griffith University Medicine Society (GUMS) is the peak student representative body for students studying medicine at Griffith. GUMS functions as four main portfolios- Advocacy, Wellbeing, Social and Academic - thereby covering the key aspects of medical student life.

As the GUMS president in 2021 I have had the privilege of coordinating our society as we continue to grow across both the Sunshine Coast and Gold Coast campuses.

This year has been full of new events, new relationships and creating great resources to help students learn and study - it has truly been a busy and exciting year! GUMS has been grateful for the support of the SCLMA towards medical students this year and we are excited to share more of our events with you in 2022.

A new event GUMS has added to the calendar this year was the recent **“Three Minute Diagnosis” (3MD)** event. Born from the idea that medical students could benefit from practising how to explain a condition to patients, the 3MD was an interactive presentation style night filled with laughter, creativity, and lots of learning.

Students of all levels, from year 1 to year 4, were given a topic and 10 minutes to prepare a three-minute explanation. They were judged by clinicians, a lay-person and an educator, using pre-prepared criteria covering communication, clarity and, an ever-important, ‘X-factor’.

Armed with an iPad for drawing diagrams, participants donned a tie-dye lab coat and a plastic stethoscope as they raced the clock to provide clear, concise descriptions of illness.

Dr Faint and the SCLMA board kindly sponsored GUMS a sushi dinner to fuel creative minds. We were proud to produce such a smooth and fun event that was thoroughly engaging and enjoyed by all.

As we wind down for the year, I have enjoyed reflecting on the growth GUMS has had. We have put together many high-quality events including our first Sunshine Coast Med Revue in

September. This was a comedy sketch show that celebrated the quirks of medical school, and we look forward to producing it annually.

We also hosted our first Sunshine Coast Med Ball in Buderim overlooking the beautiful golf course. Alongside this we have continued to focus on student wellbeing with Blue Week, support studies with relevant group worksheets and tutoring, host practice OSCEs and anatomy spotter exams and continued to advocate for students at all our clinical sites and campuses.

In 2022 I look forward to handing over my presidency to the current Vice-president, Hamish Hamilton. Hamish is a charismatic, hardworking student who will continue to build on the great work that GUMS does for our student body.

Our ‘3MD’ event





NEWSLETTER



October 2021

GP Longitudinal Program (GPLP)

Year 1/2/3

A big, big **THANK YOU** to all our GP supervisors and practices who have had one or more of our students in the GPLP over the last year. Despite the challenges in dealing with lockdowns, closed borders, and changes to health regulations on a regular basis, you have all come up trumps in 2021 and all our students achieved their attendance requirements.

Student feedback was once again overwhelmingly positive, and they wanted more!

"Sad GP placements are over, would like more GP placements across both semesters in year 2"

"would be good if GPLP lasted the whole year"

"Bring back GPLP for semester 2."

Thinking forward to 2022 we are exploring options to include more GPLP in Year 3 and we always

welcome new supervisors to join our team of clinical teachers in practice. Please forward this on to any interested parties within or outside of your organisation who may wish to supervise students.

GP Rotation

Year 4

Ditto! (And some of you are involved in both programs!). Our first cohort of 48 Griffith students on the Sunshine Coast will reach their final year in 2022 and we should all be proud of their, and our, achievements to date! We are asking GPLP supervisors who have had students for the last 3 years to consider having these students back for the Year 4 rotation, to make their experience a truly longitudinal program.

However, there is no fixed commitment in any part of the GPLP and it is flexible to our supervisors' wishes and availability.

NEWSLETTER

RACGP CPD

Did you know you can apply for CPD points for your teaching with the RACGP?

Options include either a Quick log or Self-directed Log (Educator/Supervisor/Examiner link)

<https://mycpd.racgp.org.au/log>



New in 2022

Both our Year 1 and Year 2 programs will consist of 8 fortnightly sessions, either morning or afternoon, on Thursdays in 2022.

A couple of months back we polled our Year 4 GPs to gauge interest in students being able to increase their minimum sessions in practice from 28 to 35 during the rotation. Thank you to all those who replied and for those who indicated the potential for increased capacity. We will highlight this to students during their upcoming preferencing for 2022.



Dates for the Diary

Monday 10th January 2022 - Year 4 rotation starts

Mid Jan (date to be confirmed) - We will be holding a Faculty Development Session for our new and interested GPLP supervisors at SCHI

Thursday 3rd or 10th Feb 2022 - Year 2 GPLP starts

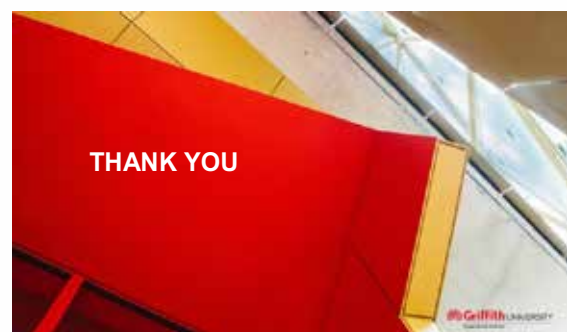
Thursday 7th or 14th July 2022 - Year 1 GPLP starts



Contacts

Academic enquiries: Dr Bryan Palmer T 5202 0333 | E b.palmer@griffith.edu.au

Placement enquiries: Rachel Coney T 5202 0333 | E r.coney@griffith.edu.au





Leading Queensland Doctors
Creating Better Health

PRESIDENT AND CEO REPORT



Professor Chris Perry OAM and Dr Brett Dale

As the nation comes closer to opening up from COVID-19 lockdowns, AMA Queensland has been working with the State Government on preparing to live with inevitable outbreaks. We urge all Queenslanders to get vaccinated as soon as possible, and all general practices to take part in the vaccine rollout.

AMA Queensland is aware of the frustrations many members are experiencing with the new QScript system and has developed some FAQs to assist with its implementation.

ROADMAP OUT OF COVID

The Queensland Government finally announced its timetable for reopening the borders, a week after AMA Queensland called for certainty as the nation moves to more freedom.

However, there is still much work to be done to ensure that the health system is prepared for any COVID outbreaks.

AMA Queensland continues to call for public health orders to make vaccinations mandatory and accessible for all workers in health care facilities, not just Queensland Health hospitals and public health sites.

More work is needed to support GPs to play their part in keeping hospital intensive care units freed up for the most critical patients, as highlighted by the New South Wales and Victoria experiences.

Programs like Hospital in the Home, where GPs provide telehealth and in-person consults to COVID patients who would otherwise be taking up hospital beds, need preparation and legal certainty for the doctors who take part, including accreditations, indemnity and personal protective equipment.

We saw how long it took the Federal Government to finalise the COVID vaccine no-fault compensation scheme, so the Queensland Government must address this now.



EMERGENCY DEPARTMENT WAIT LISTS

AMA Queensland's Ramping Roundtable met in early October for the third time, as ramping issues and Code Yellows at Queensland hospitals made national news.

There is a very real threat of our hospitals becoming overwhelmed with any COVID outbreak.

We need our hospitals at 90 per cent capacity to allow the flow of those in emergency departments through the hospital system. It's imperative we have an action plan developed this year.

Roundtable members met with Opposition Health Minister Ros Bates and Opposition Leader David Crisafulli in October.





*Leading Queensland Doctors
Creating Better Health*

QSCRIPT

AMA Queensland has prepared some frequently asked questions to help members with the new QScript prescription monitoring system, which helps health practitioners identify high-risk clinical situations and assists them to manage their patients.

All prescribers, regardless of setting, are required to look up QScript when prescribing or providing a treatment dose of a monitored medicine.

QScript will not prevent a doctor from prescribing—it provides further information to inform decision-making. The decision on whether to prescribe remains with the prescriber (whether they have checked QScript or not).

We support QScript as a strategy to reduce the intentional and unintentional harms caused by monitored medicines but recognise there are some teething issues as the software and process is implemented. AMA Queensland is continuing to advocate for an extension to the period before penalties apply.

You can read our FAQs at qld.ama.com.au/news/QScriptQA.



VAPING



From 1 October 2021, consumers need a valid prescription to import nicotine vaping products, such as nicotine e-cigarettes, nicotine pods and liquid nicotine.

This decision closes a loophole in federal legislation which allowed the unregulated importation and illegal sale of nicotine containing vaping products, or e-cigarettes.

There is evidence that nicotine vaping products act as a 'gateway' to smoking in youth and exposure to nicotine in adolescents may have long-term consequences for brain development.

AMA Queensland does not support the use e-cigarettes as a quit smoking strategy because of the limited evidence supporting their use in cessation, and our view is that GPs, in working with their patients, should not feel pressured to prescribe them.

We recommend members provide proven smoking cessation products, such as behavioural counselling, nicotine replacement therapy, and some prescription medicines.

You can read more at qld.ama.com.au/news/vaping

PRIVATE PRACTICE SEMINAR – 13 NOVEMBER

Doctors either starting in or enhancing their private practice will be able to learn the intricacies of dealing with the Medicare system at our seminar on 13 November.

Director of the Professional Services Review (PSR), Professor Julie Quinlivan, will be a keynote speaker at the event. The PSR is the Independent Statutory Agency responsible for regulation of Medicare and the Pharmaceutical Benefits Scheme (PBS). She is just one of many experts who will be speaking at the seminar to help guide private practices at any stage of their business. Head to our website to register now qld.ama.com.au.



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Leading Queensland Doctors
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DOCTOR Q INTERVIEWS SHADOW HEALTH MINISTER



Members will have received the spring edition of *Doctor Q* where we interviewed the Queensland Shadow Health Minister, Ros Bates MP, about the state of the Queensland health system.

Other feature articles include recipients of AMA Queensland awards at the *Dinner for the Profession*, a first-hand account of being a doctor in quarantine during the recent Brisbane outbreaks, and Self-Care September – a month-long initiative by the Council of Doctors in Training.

We are always keen to hear your feedback so please let us know if you have any suggestions for content and articles you would like to see in our flagship magazine.

Please email your inquiries, suggestions and feedback to amaq@amaq.com.au.

CASUAL CONVERSION EMPLOYER TEMPLATES

Laws governing the conversion of employees from casual to permanent are now in place, affecting private medical practices in different ways depending on their number of employees.

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AMA Queensland's Workplace Relations Consultancy offers expert workplace relations (WR) and human resources (HR) services, with a suite of services from developing and implementing new policies and procedures through to handling disputes and claims.

We can help you with any WR or HR matter in your practice. We know that every practice is different with unique needs, staff and patients so we will tailor support to meet your specific requirements and budget.

AMA Queensland members will receive a five per cent discount on their first project so call us today on (07) 3872 2222 for a quote. Let us take the hard work out of WR and HR in your practice.

AMA QUEENSLAND SCORECARD

It's been another busy quarter for AMA Queensland, with 216 Ministerial, Government and key stakeholder meetings, 10 Wellbeing at Work sessions at five hospitals, and more than 2,100 member engagements between July and September.

Thanks to the 122 new members who joined up in the past three months.

Your contribution is helping us reach a media audience of more than 16 million people, support members before the Queensland Industrial Relations Commission and prepare 58 new employment contracts for private practices.

You can join Queensland's peak body for the medical profession today at qld.ama.com.au/join.

88 L'Estrange Terrace, Kelvin Grove QLD 4059 • 07 3872 2222 • qld.ama.com.au

ValeAllan Sinclair Raine ***19.12.1925 –28.10.2021***

Allan graduated from Sydney University in 1948.

After a year at Maitland Hospital he moved to Nambour where he worked at the Nambour Clinic from 1949 until 1978. In "retirement" he did locum work for Nambour Clinic and for David, his son, until the age of 80.

Since 1949 there have been extensive changes in medical services to which Allan contributed significantly. The Nambour Apex Club established the aged care facility, Sundale, when Allan was president.

Allan was a member of the Maroochy Hospitals Board, which was responsible for medical services at Nambour General Hospital, the Caloundra Hospital and the Maleny War Memorial Hospital. As deputy chairman, and only medical member of the Board, he had considerable input into the planning and construction of the first major redevelopment of Nambour General Hospital that commenced construction in 1973. This marked the beginning of expansion of medical services, which Allan encouraged.

The extensive services that we now have on the Sunshine Coast owe a lot to the endeavours and foresight of people such as Allan Raine.



Sunshine Coast Orthopaedic Clinic

**SAVE THE MENISCUS –
AN UPDATE ON ARTHROSCOPY**

There have been a number of recent papers questioning the role of knee arthroscopy and partial medial meniscectomy in the degenerate knee. This has quite rightly led to a decreased use of knee arthroscopy to treat the degenerative knee, at least as a first line treatment. That's not to say that arthroscopy and partial meniscectomy cannot be beneficial in certain older patients, but it is reasonable to start with a dedicated physiotherapy programme first and reserve arthroscopy for recalcitrant symptoms, or those with severe mechanical symptoms such as locked or locking knees or conditions such as root tears, loose bodies etc.

An unintended consequence, however, has been to reduce referral rates of younger patients for which the benefit of early arthroscopy and repair of the meniscus is clear. The goal of knee surgery is to save the meniscus. So meniscal repair and to a lesser extent conservative meniscal resection is the mantra for knee surgery, especially in younger patients. Meniscal repair preserves meniscal function so should prevent the problems of increased risk of arthritis, chronic pain and decreased function that can occur especially in younger patients. The time from injury to referral has a significant impact on the quality of the meniscus and the chances of successful repair. On a cost benefit analysis, meniscal repair is far superior to partial meniscectomy or physiotherapy. Age is not a barrier to repair. The results of repair are no different for those under 40 as to those over 40 with a 10% to 20% failure rate reported depending on the paper,

but younger patients have more to lose if their meniscus is not repaired. Meniscal repair is a more complex procedure with a longer recovery time than arthroscopic partial meniscectomy or non-operative treatment but the benefits are clear: reduced osteoarthritis, better functional outcomes and reduced long term costs.

Please consider early referral for patients with mechanical symptoms likely to be arising from a meniscal tear, especially if there is a history of traumatic onset, mechanical symptoms or clinical signs.

I am happy to take your calls and discuss further any cases as always.

For appointments contact

Dr Steven Lawrie

Suite 17, Kawana Private Hospital

5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994

f: 07 5493 3897

e: sunshineortho@bigpond.com.au www.sunshineortho.com.au

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RESEARCH SHOWS:

- Tennis elbow is a common source of elbow pain and disability, effecting approximately 1-3% of the population
- Risk factors include: smoking, obesity, age 45-54, two or more hours of repetitive movement per day
- LE usually self resolves in a period of 6 months – 2 years, however physiotherapy has shown to be beneficial in reducing pain, disability, and improving overall recovery time
- Physiotherapy modalities such as orthoses, taping, manual therapy, and laser have been shown to provide short term benefits and can be implemented to improve patient outcomes

EXPRESSIONS OF INTEREST SOUGHT

Fantastic self-employment opportunity for a fertility & IVF specialist on QLD's Sunshine Coast

QFG is currently seeking an experienced private Obstetrician / Gynaecologist to join its fertility & IVF clinic on QLD's Sunshine Coast, with the additional option of taking over the private practice of one of its leading specialists who is planning to retire in early 2022.

The current specialist's practice offers an established patient base in Buderim, at the centre of the popular, family-friendly Sunshine Coast, supported by QFG, one of Queensland's most established and prestigious fertility & IVF provider, whose clinic is at Kawana.

This opportunity may suit an established private OB/GYN who is keen to develop a fertility & IVF sub-speciality, or who is looking for an opportunity to establish their own practice. Experience in providing fertility services is desirable, but specialist training, accreditation and mentoring is available through one of our three CREI specialists, if required.

LOCATION INFORMATION

Located about 100 km north of Brisbane, the Sunshine Coast is well known for its laid back family-friendly lifestyle, offering proximity to beaches and hinterland, and encompassing iconic towns like Noosa and Maleny. The area also boasts a number of high quality private hospitals, as well as a brand new public hospital recently established at the centre of an ever-expanding healthcare precinct in Kawana where QFG's clinic is also located.

WHY QFG?

Queensland Fertility Group is one of the state's leading providers of Assisted Reproductive Services including IVF, with 11 clinics and embryology labs from Cairns to the Gold Coast, 40 specialist fertility doctors and 2 day hospitals. We are part of Virtus Health, which is the market leader in Australia, Singapore, Denmark and Ireland and has a growing presence in the UK. Together, we help more than 5,000 people each year become parents.

QFG has a long history of patient care and scientific advancement through research and technology, and the successful candidate for this role will play a key part

in supporting the team during an exciting new phase in our growth strategy.

Through its global network, QFG has access to some of the most advanced reproductive technologies including:

- **Embryoscopes** to record the development of embryos and identify those more likely to result in a pregnancy, utilising the developing technology of artificial intelligence to assist scientists with the selection process
- **Pre-implantation Genetic Diagnosis** to test embryos for specific genetic or chromosomal abnormalities
- **Advanced Embryo Selection** to screen all 24 chromosomes in a developing embryo and selectively implant only the ones that are chromosomally healthy

As an exclusive partner of QFG, our Business Development and Marketing Team also provide active and ongoing promotion of all specialist services to both local GP practices for referrals, as well as directly to potential customers.

More Information

If this opportunity is of interest to you, please contact us to organise an introductory conversation.

Lisa Kennedy

Email: lisa.kennedy@qfg.com.au

Ph: 07 3015 3018



QueenslandFertilityGroup

Australian Medical Association Limited**ABN 37 008 426 793**

42 Macquarie Street, Barton ACT 2600: PO Box 6090, Kingston ACT 2604
 Telephone: (02) 6270 5400 Facsimile (02) 6270 5499
 Website : <http://www.ama.com.au/>



URGENT NEED TO TIGHTEN RULES ON USE OF ‘SURGEON’ TO PROTECT PUBLIC SAFETY, WARNS AMA

Four Corners program highlights risks of surgery and need for specialist medical college accreditation.

The AMA says the title ‘surgeon’ should be reserved for medical practitioners who have obtained specialist medical college accreditation, and objects to the use of the term ‘cosmetic surgeon’ where a practitioner is not recognised as a surgical specialist.

The AMA says only medical practitioners with a Fellowship from an Australian Medical Council (AMC) accredited specialist medical college, whose training program includes a surgical component **relevant to their field of expertise**, should be allowed to use the ‘surgeon’ title.

Patients can be misled by the term ‘cosmetic surgeon’ or ‘podiatric surgeon’, believing they are dealing with a medical practitioner who has formal and specific surgical qualifications when in fact they may not.

AMA President, Dr Omar Khorshid said the loophole needs to be closed, but action is required from health ministers.

“Many Australians will be shocked to know you can call yourself a cosmetic surgeon without any specific surgical training whatsoever as there’s no restriction on the use of the term ‘surgeon’ by doctors or by other health practitioners,” Dr Khorshid said.

Health ministers have been consulting on reforms to the regulatory scheme governing all health practitioners in Australia since July 2018. They supported restrictions to the use of titles ‘surgeon’ and ‘cosmetic surgeon’ but announced that further consultation would need to occur.

The AMA supports this reform and urges health ministers to finally complete the work they began over three years ago.

“Safe surgery required high levels of training- there are no short cuts. To protect the public, anyone using the term ‘surgeon’ must be a medical practitioner who has had the appropriate qualifications and credentialling that guarantees a minimum level of training and expertise as well as oversight of standards of practice and ethical behaviour.

“Surgery is as successful as it is because of the education and training processes, the regulatory processes, and because Colleges set standards and hold their members to account. That’s why we need to close the loopholes that allow practitioners to call themselves surgeons without necessarily meeting the necessary standards.” Dr Khorshid said.

The AMA supports changing the National Law to make it clear to patients that anyone using the title surgeon can only do so because they are a medical practitioner who has met and continues to meet the standards necessary for Fellowship of the relevant surgical college.

26 October 2021

CONTACT:

AMA Media: +61 2 6270 5478



Cannabidiol (CBD) and Women's Health Webinar



Powered by Ananda Hemp & CaptureCARE



World leading cannabinoid expert, Dr Alex Capano, will share:

- ✓ The benefits of CBD (full and broad-spectrum hemp extracts) in common women's health concerns

- Pelvic pain
- Endometriosis
- Menopause
- Anxiety
- Sleep

- ✓ Frequently asked prescribing questions
- ✓ Dosing recommendations
- ✓ Ananda Hemp's clinical trial program

The CaptureCARE team will share an overview of the CaptureCARE patient support program that may benefit your clinic and patients starting on CBD.

EVENT DETAILS



WHEN:

Tuesday 9th November 2021 and/or
Thursday 11th November 2021



TIME:

8pm - 9pm AEDT
7pm - 8pm Brisbane time



VENUE:

Zoom webinar



COST:

Free and open to all Registered Healthcare Practitioners



RSVP:

Register your interest below before 5pm AEDT, Monday 8th November

https://us02web.zoom.us/webinar/register/WN_r8jU-cjFQ46pF0a0d4jCUQ

Pelvic Pain
Endometriosis
Anxiety
Sleep

HOW TO JOIN AND REQUIREMENTS:

If you don't already use Zoom it will download automatically when you click the link to join the webinar. This link will be provided to you in a confirmation email upon registration, and is the easiest and more direct way to join the webinar. Alternatively you can go to the Zoom website <https://zoom.us/join> (opens in new window) and enter the Meeting ID (provided in the confirmation email) and click join.

Otherwise, you can also dial in on the phone number (provided in the confirmation email). If you have any questions before the day, please contact our webinar programs team at info@capturecare.com.au

Please note this webinar will not require a webcam or audio for participants. This webinar will have the Q&A function available for questions during the webinar. The answers to all the questions will be emailed out to each attendee after the webinar.

**Twenty-Third Annual General Meeting
The Sunshine Coast Local Medical Association Inc.
Thursday 29 APRIL 2021
Maroochydhore Surf Club Function Room
(DRAFT) MINUTES
(to be accepted at Annual General Meeting 25 November 2021)**

Meeting opened by Chair, Jo Bourke at 8.45 pm.

BUSINESS:

1. Chairman's Welcome and opening remarks: Jo Bourke, SCLMA Secretariat.
Chair established a quorum was present, according to the Rules of the Association.
Only current members to vote at this meeting. Any comments to be made through the Chair.
Apologies: Dr Ian Colledge, SCLMA Patron; Dr Wyn Lewis (Life Member)
2. **Members present: (46)**
Drs Kevin Barker, Deepika Bhat, Fabio Brecciaroli, Krys Cichocki, Marlene Clout, Chris Dawkins, James Dick, Colin Dicks, Grant Eddie, John Evans, Roger Faint, Vince Flynn, Ian Gardner, Bruce Goldshaft, Wayne Herdy, Peter Jacobs, Stephen Kettle, Lisa Knesl, Irene Krajewska, Katie Lane, Jonathan Last, Bill Lindsay, Chris Lonergan, Petros Markou, Philip Marshall, Scott Masters, Siobhan McDonald, Di Minuskin, Vivek Mistry, Moses Mutiah, Trish Pease, Bert Pruim, Kannan Rajappa, Katherine Rimmer, Peter Ruscoe, John Scott, Shrey Singh, Brian Smith, Karien Treurnicht, Ramesh Tripathi, Valerie Turner, Ajay Verma, Franz Weil, Deborah Wiens, Jim Williams, Bel Zoughi.
Members' Apologies: (16)
Drs Trevor Beall, Tau Boga, Mark Coghlan, Ian Colledge (Patron), Wayne Crawford, Kevin Farrell, Jon Harper, Clint Herd, Fran Johnson, Wyn Lewis (Life Member), Alicia Lorenz, James Moir, Paul Munchenberg, Peter Nash, Heather Parker, James Tunggal.
3. **Minutes of previous Annual General Meeting, 29 August 2019:**
Motion - 'that the Minutes of the Annual General Meeting, 29 August 2019 are a true and accurate record of the meeting'
Moved: Dr Kevin Barker Seconded: Dr Di Minuskin. Carried.
4. **Business arising from previous minutes: Nil**
5. **The presentation of the statement of income and expenditure, assets and liabilities and mortgages, charges and securities affecting the property of the SCLMA for the last financial year: (Copies of audited financials are on each table for perusal).**
Current Treasurer, Dr Peter Ruscoe presented the Financial Report.
Current Treasurer, Dr Peter Ruscoe moved a Motion to accept the Financial Report.
Motion - 'that the statement of income and expenditure for the SCLMA for the past financial year be accepted'
Moved: Dr Peter Ruscoe. Seconded: Dr Ian Gardner. Carried.
6. **The presentation of the Auditor's report on the financial affairs of the LMA for the last financial year:**
Current Treasurer, Dr Peter Ruscoe moved a Motion to accept the Financial Report.
Motion - 'that the meeting accept the Auditor's report'
Moved: Dr Peter Ruscoe. Seconded: Dr Kevin Barker. Carried.
7. **The appointment of an Auditor/Accountant:**
Current Treasurer, Dr Peter Ruscoe moved a Motion to approve the appointment of an Auditor / Accountant, Smart Steps Accounting, Mooloolaba.
Motion - 'that the SCLMA approve the appointment of an Auditor/Accountant, Smart Steps Accounting'
Moved: Dr Peter Ruscoe. Seconded: Dr Trish Pease. Carried.
8. **The election of members of the Executive Management Committee:**
The nominees for positions for 2021 are as follows:

<u>ROLE</u>	<u>NOMINEE</u>	<u>PROPOSER</u>	<u>SECONDER</u>
President	Dr Roger Faint	Dr Peter Ruscoe	Dr Scott Masters
Vice President plus	Dr Scott Masters	Dr Roger Faint	Dr Peter Ruscoe
Shared Meetings Conv			
Secretary	Dr John Evans	Dr Jonathan Last	Dr Grant Eddie

Treasurer	Dr Peter Ruscoe	Dr Scott Masters	Dr Roger Faint
Newsletter Editor	<i>Vacant</i>		
Meetings Conv Shared	Dr Alicia Lorenz	Dr Roger Faint	Dr Scott Masters
Committee	Dr Grant Eddie	Dr John Evans	Dr Peter Ruscoe
Committee	Dr Wayne Herdy	Dr Roger Faint	Dr Peter Ruscoe
Committee	Dr Jonathan Last	Dr John Evans	Dr Jon Harper
Committee	Dr Fabio Brecciaroli	Dr Roger Faint	Dr Peter Ruscoe
Committee	Dr James Tunggal	Dr Roger Faint	Dr Peter Ruscoe
Committee	Dr Shrey Singh	Dr Roger Faint	Dr Scott Masters
Committee	Dr Mara Clarson	Dr Roger Faint	Dr Scott Masters
Committee	Dr Werner Van Vuuren	Dr Roger Faint	Dr Scott Masters

Representatives invited to be part of the SCLMA Committee meetings 2021

Dr Jon Harper – Primary Health Network (PHN)

Dr Katherine Rimmer – President, SCJDS

Dr Daniel Patti – Vice President, SCJDS

9. Incoming President's report delivered by Dr Roger Faint.

This is a delayed AGM being held tonight. I would like to thank Jo Bourke, Carol Hawkins, the SCLMA committee and members for their support over the last 19 months. I am pleased to announce that I was elected unopposed as president of the SCLMA for one more year.

The clinical meeting tonight was well attended and very relevant as it included an excellent presentation by Public Health Physician, Dr Josette Chor.

Sadly Dr Tau Boga (Cardiologist) and Dr Annie George (previous GP registrar) have both stepped down from the committee because of work and family commitments. I thank them for their time and energy.

I am pleased to announce that Dr Mara Clarson (General Surgeon) and Dr Werner Van Vuuren (a very wizened General Physician) has joined the broad medical representative committee, which is so important.

It was particularly nice to have junior doctors Dr Katherine Rimmer and Dr Katie Lane at the committee and clinical meeting, along with several Griffith 4th year medical students. They are the committee members of the future.

India reported 401,993 new COVID cases with 3523 new deaths on 1st May, as I write this article. The country is in the grip of a second COVID wave (as is Brazil) and the numbers significantly under represent the true picture. If you take the time to examine the John Hopkins University Website, you will notice that Australia barely lights up. Despite the obvious 'Dogs Breakfast' logistics roll out of the Astra Zenica Vaccine through General Practice, Australians are in a fortunate position. Currently there is little community spread and cases are generally imported or 'leaked' from hotel quarantine centres.

I looked back at my President report dated April 2020. Paul Kelly, Deputy Chief Health Officer, mentioned that as of 16th March 2020, 50,000 Australians would have died without the community intervention and management that we have witnessed thus far in Australia. How nice to be so predictable and dull.

Sadly GPs are continuing to drop out of aged care. I illustrate this by mentioning that three GPs have recently withdrawn their services from St Vincent's Retirement Village in Maroochydore. The 'drain' is one way currently and I wonder how desperate the situation will become before there is Federal or State intervention. Please contact St Vincent's if you have an interest in providing RACF medical care.

The SCLMA Cocktail Party is on Friday 6th August this year. One of Australia's most knowledge and humorous public speakers, Roly Sussex, will be presenting. **Roland (Roly) Denis Sussex** OAM is Emeritus Professor of Applied Language Studies at the School of Languages and Comparative Cultural Studies of the University of Queensland. He writes weekly for the Courier Mail and has his own linguistics show on ABC radio. Remember this is a fund raiser for the Wishlist Foundation and I look forward to seeing you all at Twin Waters.

10. General Business: Nil

Meeting Close: 9.00pm.

Chair, Annual General Meeting 29 April 2021.

Jo Bourke, SCLMA Secretariat.

TWENTY- FOURTH ANNUAL GENERAL MEETING

The Sunshine Coast Local Medical Association Inc.

THURSDAY 25 NOVEMBER 2021

THE LAKEHOUSE Mountain Creek

AGENDA**Business:**

1. Chairman's opening remarks
2. Apologies
3. Minutes of previous Annual General Meeting, 29 August 2019
4. Business arising from previous minutes
5. The presentation of the statement of income and expenditure, assets and liabilities and mortgages, charges and securities affecting the property of the SCLMA for the last financial year
6. The presentation of the Auditor's report on the financial affairs of the LMA for the last financial year
7. The appointment of an Auditor/Accountant
8. The election of members of the Executive Management Committee
9. Incoming President's Address
10. General Business:

Close

Dr John Evans

Honorary Secretary

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc.
24th ANNUAL GENERAL MEETING
Thursday 25 November 2021 - THE LAKEHOUSE
NOMINATION FORM
 for the SCLMA Management Committee

Nominations are to be proposed by a financial member of the Association, seconded by one other financial member of the Association, and accepted by the nominee.

POSITION: _____

NOMINEE: (Print): _____

PROPOSER: (Print): _____

SECONDER: (Print): _____

I, _____
 agree to this nomination (please sign)

RSVP: Friday 16 Nov 2021. Fax to: 5479 3995

Or scan & email to: admin@sclma.com.au

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: Mb: 0407 037 112 Email: admin@sclma.com.au

<u>NAME</u>	Surname: _____	First Name: _____
<u>EMAIL:</u> _____		
<i>THE SCLMA PREFERS TO SEND MONTHLY NEWSLETTERS & INVITES BY EMAIL</i>		
<u>ADDRESS:</u>		
	Practice/Building _____	
	Street: _____	
	Suburb: _____	Postcode: _____
	Phone: _____	Mobile: _____
<u>PRACTITIONER DETAILS:</u>		
	Qualifications: _____	
	Date of Birth: _____	Year of Graduation: _____
	Hospital employed / Private Practice (cross out one)	
	General Practice / Specialist (cross out one)	
	Area of Speciality: _____	
<u>PLEASE NOTE:</u> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>		
<u>PROPOSERS:</u> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).		
1. NAME: _____		Signature: _____
2. NAME: _____		Signature: _____
<u>ANNUAL SUBSCRIPTION (GST included):</u>	(Please tick)	<u>PLEASE COMPLETE:</u>
Full-time ordinary members - GP and Specialist	\$ 110	Your Monthly Invitation?
Doctor spouse of full-time ordinary member	\$ 55	By Email? <input type="checkbox"/>
Absentee or non-resident doctors	\$ 55	By Courier? <input type="checkbox"/>
Part-time ordinary members (less than 10 hours per week)	\$ 55	By Post? <input type="checkbox"/>
Non-practising ordinary members, under 60 years old	\$ 55	Your Monthly Newsletter?
Residents & Doctors in Training	Free	By Email? <input type="checkbox"/>
Non-practising ordinary members, over 60 years old	Free	By Courier? <input type="checkbox"/>
Patron and honorary members	Free	By Post? <input type="checkbox"/>
Payment can be made by cheque payable to SCLMA or by direct debit to: <i>SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298</i>		
Please return this form either by email (scan or photo) or Fax 07 5479 3995 of your E.F.T. to: Email: admin@sclma.com.au Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 07 5479 3995		
<u>Please note:</u> <i>Membership applications will be considered at the next Management Committee meeting.</i>		

The Sunshine Coast Local Medical Association has Public Liability Insurance

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discuss your
next print or
design project.

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Nick Prass
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Simon Bennett
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REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: www.rdma.org.au

Email: RDMAnews@gmail.com

SCLMA ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

CLASSIFIEDS

CLOSING CLINICAL PRACTICE

Dr Heyworth will be closing her Child and Family Psychiatry Practice in October 2021.

If you would like to discuss arrangements for existing shared patients, please call **5444 5022**.

August 2021

GENERAL PRACTITIONER - BUDERIM MARKETPLACE MEDICAL CENTRE

- We are looking for a GP to join our busy and well established clinic in the heart of Buderim.
- We are an accredited mixed billing practice, supported by experienced Nursing staff, friendly receptionist and in a supported team workplace.
- We use Pracsoft and Medical Director, using online booking systems. We are also a COVID-19 Vaccination Clinic.

To apply for this position please contact the Practice Manager on (07) 5445 1046

August 2021

VR GP REQUIRED MAROOCHYDORE

Medicine on Second is located in the heart of the CBD in Maroochydore, close to the beach, major shopping centre and public transport. We are seeking a PT/FT GP to add to our doctor owned, accredited family practice, dedicated to providing high quality care. We are a highly regarded mixed billing practice with increasing new patient demand daily. We focus on providing exceptional care and require a like-minded, caring and committed GP to join our team. Our GPs are offered excellent conditions and remuneration with high earning capacity.

About our Practice:

- Fully computerized using Best Practice Software
- Online Bookings, Appointment reminders and recalls
- 6 bed treatment room including 2 private procedure rooms
- Onsite Pathology
- Covid-19 Vaccination Clinic
- Full Nursing Support from an experienced team of Nurses and support staff
- Onsite Carparking for patients and staff

To apply for this role or for a confidential discussion please contact our Practice Manager on practice.manager@medicineonsecond.com.au or (07) 5443 9455

May 2021

SHARED LEASE OPPORTUNITY AVAILABLE IN SPECIALIST SUITE AT LAKE KAWANA, BIRTINYA

Located on Ground Floor in a renowned Medical Building at Birtinya. 5 minute drive to SCU/SCUPH

- Modern fit-out offering a fully equipped spacious reception room, 3 consulting rooms (2 dedicated to tenants and the other current Visiting Specialists), treatment room, back office, large storage room, kitchen and toilet. Suites have 2 door access. Each of the 2 tenancy offer 2 car park spaces
- QML on same floor next to General Practice with Radiology minutes away
- Convenient patient parking with Café on grounds
- Other tenant Upper Limb Orthopedic Surgeon
- Shared outgoings and expenses

For further information, please contact Dr Janette Ritchie on janetteritchie@iinet.net.au or 0400 593007

May 2021

GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat
Ph: **0412 292 666**. *Continuing.*

ANN ST FAMILY MEDICINE – GENERAL PRACTITIONER

- We are looking for a female VR General Practitioner to join our busy team which is GP owned. Part time position offering 75% of billings.
- Full support from an experienced and professional team of nurses and support staff.

Please email your CV to olivia@annstfamilymedicine.com.au or contact Olivia on 0412 113 846.

October 2021

GP REQUIRED FOR A BUSY GP OWNED PRACTICE - SUNSHINE COAST HINTERLAND.

- Hours worked to be decided by the Doctor. Attractive remuneration available. The practice is open Monday to Friday 8am – 5pm, and Saturday by appointment, no after hours
- Full nursing support including enhanced primary care planning, health assessments, vaccinations, treatment room and procedure room assistance. Full time on-site Practice Manager.
- Full allied health support including xray, USS, Ct scans, Physiotherapy, Podiatry, Psychologist and Pathology
- Pharmacy attached to the practice.
- Medical Director and Pracsoft clinical programs used
- Full computer tech support

Contact Yvette Perry. Email: pm@beerwahsurgery.com.au

October 2021

GENERAL PRACTITIONER

We are looking for a VR General Practitioner to join our busy well established GP owned and operated Family Practice. Full time preferred however not essential, with partnership opportunity on the beautiful Sunshine Coast.

We are an accredited mixed billing practice with well- established operating systems and very loyal patient base.

You will be supported by experienced, professional nursing and reception staff in a family friendly workplace.

Please email resume to admin@trinityclinic.com.au or contact Nadine Ware on (07) 5491 9888.

March 2021

PROFESSIONAL MEDICAL CONSULTING ROOMS

- Available for Lease on a Sessional or Permanent basis for Medical Practitioners/Allied Health Providers.
- 3 x Fully Furnished premium office spaces, available individually or lease all 3.
- These professional offices are located in Tewantin within an existing thriving Diagnostic and Allied Health Business. Ground level with ample parking. Rooms equipped with a hand basin, telephone and internet connection; Spacious waiting room/ reception area.
- Access to staff amenities – toilets, kitchenette/microwave oven/ fridge. Admin support can be negotiated in the lease.
- Immediate start available for suitable applicant.

Please mail manage@dusktilldawnsleep.com.au to enquire or register your interest and arrange a viewing.

April 2021

CLASSIFIEDS:

Free to SCLMA members

\$110 for non members.

Queries: Jo 0407 037 112

Email: Jo.admin@sclma.com.au

SCLMA Clinical Meeting - 28 OCTOBER 2021

MAROOCHYDORE SURF CLUB

Presenter: Dr Joanne Castelli BSc (Biomed), MBBS (Hons), FRANZCR

Topic: Stereotactic Radiotherapy – What, Why and How?

Presenter: Dr Colin Dicks MBChB, FRANZCR, MBA, MSc Palliative Medicine

Topic: DEATH – All you need to know about it



**DR JOANNE CASTELLI (Presenter) with
BELINDA PETHERICK (Icon Cancer Centre)**

Right: DR COLIN DICKS (Presenter)



ARNHEM LAND PICTURES - from ROGER

