

## SCLMA President's Message .....

### Dr Roger Faint



Address delivered by SCLMA President Dr Roger Faint, Sunshine Coast Health Report 26 August 2021

*It is worthy to note that this is the fourth year of the Sunshine Coast Health Report and I can now say with confidence that this will be one of the future premier events on the Sunshine Coast LMA calendar.*

*Before I thank our esteemed presenters and guests for attending, I would like all to think back to August 2020.*

*This meeting was on a ZOOM platform, very efficiently organised by the Primary Health Network through Dr Jon Harper. We had about 50 Zoom participants and the night was thought to be quite successful.*

*Tonight, we have almost 100.*

*By end of September 2020:*

- *Worldwide, at least one million people had died from COVID related disease*
- *There was a vague thought of a vaccine on the horizon*
- *Victoria had reduced their COVID cases to five post second wave, with 787 deaths and went on to have a 15-week lockdown, ending on October 26th.*
- *The states were slowly opening their borders again and there was talk of a travel bubble with New Zealand. This did not occur until April 19th this year.*
- *The LMA was considering having a face-to-face meeting at the end of September; however this didn't happen until November*
- *Unemployed and university students, including my daughter were receiving \$500 /week through Centrelink, while the Australian government went into recession for the first time in 30 years.*
- *But .. but most incredibly the small city of Brisbane was soon to host the AFL finals which Richmond won. Who knew!*

*I would like to thank Dr Mark Waters, Interim Chief Executive, Sunshine Coast Hospital and Health Service, for attending and addressing us tonight. As he is attending this meeting for the first time, I will summarise his impressive Resume.*

- *Mark is from South West QLD, went to primary school in Mitchell (where I worked as a doctor for nine years), is a very experienced rural doctor (being a past VMO and SMO Cherbourg Hospital), has an extensive background of clinical and management work at Metropolitan and regional hospitals;*
- *Mark is currently on the Roma South West Hospital and Health Board, Director of Patient safety at Prince Charles Hospital, Principal Health Consultant for Deloitte;*
- *In the past he has been Executive director Medical Services Pathology QLD, Director Learning and Workforce QLD for the QLD Children's Hospital.*
- *He has also been on the QLD Medical Board.*

*It is really a pity he is only here for 4 months and I would like to sincerely thank you for taking the time to address us tonight.*

*I would also like to thank part of his team which includes Dr Sue Nightingale, Executive Director Clinical Governance, Education and Research for joining us - 'the old Medical Superintendent Position'? and Dr Edwin Kruys, GP, one of our local GP Liason Officers who will also be presenting.*

/Cont: Page 3

**The SCLMA  
thanks  
Sullivan  
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the distribution  
of the monthly  
newsletter**



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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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**Newsletter Editor: Position Vacant.**

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## SEPTEMBER 2021 NEWSLETTER

**Deadline will be  
FRIDAY 24th  
SEPTEMBER 2021**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

**Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!**

**Contact Jo: Mobile: 0407 037 112**

**Email: admin@sclma.com.au**

**Fax: 5479 3995**

*We welcome new content - case studies, local news and photos.*

*If you are a new member, please send in a short bio and a photo to introduce yourself.*

## ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

**www.sclma.com.au.**

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

**Enquiries: Jo Ph: 0407 037 112**

**Email: admin@sclma.com.au**

Are you listed on the Member Directory on our website? Are your details correct?

*Directory form available on the website.*



**Address by Dr Roger Faint 26 August 2021 /cont:**

*I would like to single out the GP Liaison officers for their significant contribution to breaking down the private/public doctor communication interface or the 'black box' as I like to call it.*

*I would also like to thank the Central QLD, Wide Bay and Sunshine Coast PHN, particularly Chief Executive Pattie Hudson and Dr Jon Harper for joining us in hosting this event. Jon is a GP, the groundbreaking Senior Clinical Editor, Sunshine Coast Health Pathways and their GP liaison Officer. What Jon doesn't know regarding health and IT interface is not worth mentioning.*

*For the second time, we have esteemed private hospital CEOs Karen Clark of Buderim Uniting Care Hospital and Justin Greenwell of the local Ramsay Group. Thank you for having the valuable time to join us tonight.*

*The concept of the Health report is to inform and update LMA members, public, private, specialist, GPs, and doctors in training or even retired, of important issues relating to the provision of health care on the coast in a collaborative way through a communication platform such as this.*

*The SCLMA primarily provides clinical education for members in a social context. However, there are medico-political issues that do arise and the LMA is in a unique position to intervene, communicate and inform on behalf of members.*

*This is why a strong healthy working relationship with our local Health service, the PHN, medical practitioners and our private hospitals is paramount.*

*The LMA is intent on not only representing its members but also in giving back to the local Sunshine Coast Community.*

*For example, with the assistance of Wishlist and the Cocktail party this year we are likely to raise at least \$25,000 (up from \$15,000 in 2019) towards adolescent health.*

*The Cocktail party was sold out this year with 190 tickets, and is sadly delayed until the 29th October. Cross fingers!*

*Also this financial year:*

*The Doctors Wine Dozen raised \$2,600 with significant donations by various doctors including by colorectal surgeon Dr John Hansen.*

*The LMA donated \$1,945 towards the provision of scrubs for the Griffith University medical students such as my current 4th year medical student, Lochie McDonald, here tonight, and a \$2,000 cash prize for the best medical science student at the Sunshine Coast University.*

*Also, through the LMA, \$23,000 was raised for Wishlist by raffling a Hayman Island weekend and two bottles of 'Hill of Grace' shiraz.*

*I feel this is an early sign of things to come.*

*Thank you to Scott Masters, one of our favourite MCs, for running tonight's meeting; and Jo Bourke and the LMA committee for their wisdom.*

*Dr Roger Faint  
President SCLMA*

## **SEPTEMBER MEETING - DATE CHANGE (due to school holidays)**

**THURSDAY 16 SEPTEMBER 2021  
MAROOCHYDORE SURF CLUB**

**6.30pm - 9pm**

**Dr Hamish Gray, Orthopaedic Surgeon.**





### **MEDICAL PREMISES FOR LEASE IN HERVEY BAY**

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**Dr Brenton Seidl**  
Medical Oncologist  
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**Dr Sorab Shavaksha**  
Clinical Haematologist  
MBChB (Leeds), FRACP, FRCPA (2013)



**Dr Joshua Richmond**  
Clinical Haematologist  
MBBS(Hons), FRACGP, FRACP, FRCPA



**Dr Alice Livings**  
Clinical Haematologist  
BSc(Hons), MBBS(Hons), FRACP, FRCPA



**Samantha Clutton**  
Clinical Psychologist  
MPsychClin, FCCLP



**Sarah Bloomfield**  
Dietitian & Nutritionist  
APD, APN



**Jesse Goldfinch**  
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**HIGHLIGHTS in this issue:**

- P 6-7: SCHHS - Dr Sue Nightingale, Exec Director Clinical Governance, Education and Research
- P 9: USC - Clinical Trial
- P 11: SCHHS GPLO August Update
- P 13: BPH - Karen Clark GM
- P 15: SCUPH - Justin Greenwell CEO
- P 19: DR WAYNE HERDY
- P 21: Bloomhill Update
- P 23: PHN - August Update
- P 32-34: AMA Qld - PRESIDENT'S REPORT
- P 35: VARIETY FUND RAISER - YANDINA
- P 39: CLASSIFIEDS

**Please 'like', 'share' and 'follow' our Facebook page: [sunshinecoast local medical association](#).**

**ALL COVID-19 UPDATES  
ARE UPLOADED AS RECEIVED.**

**Website: [www.sclma.com.au](http://www.sclma.com.au)**



**Sunshine Coast Health Report 2021  
Smiles behind the masks - Dr Mark Waters Interim CEO  
SCHHS and Dr Roger Faint SCLMA President**



**Dr Jon Harper PHN**



**Dr Scott Masters SCLMA**

**SCLMA MEMBERSHIP**

**New Members - pending for Sept meeting**

- **Dr Sue Nightingale**
- **Dr Hamish Gray**
- **Dr John Sedgwick**

**Please pass this newsletter to someone who might like to become a member!**

**Application Form - Page 37**

**Are you listed on our Members' Directory?**

**Directory form is on our website.**

**Do your details need to be updated?**

**<http://www.sclma.com.au/members/>**

**Contact: [admin@sclma.com.au](mailto:admin@sclma.com.au)**

**Thanks to all members who have renewed and identified their payments.**

**Contact us if you require a receipt.**

**Have you paid your 2021 Membership?**

**Still just \$110 per year. Late renewals can renew any time and be covered for 2022.**



**Dr Shadman Chowdbury and Dr Shrey Singh**



## HEALTH SERVICE LINK - AUGUST 2021

Dear SCLMA Colleagues,

If we go back to the start of August, 11 LGAs (including Sunshine Coast and Noosa) participated in a very restrictive lockdown from Saturday 31 July from 4 pm-Sunday 8 August 4pm, due to the a school outbreak of the Delta COVID-19 virus in Brisbane. This outbreak resulted in several teachers and children from schools being infected, and also resulted in some testing locally of schools. Additionally, the Minor Injury and Illness Clinic at Caloundra Health Service was closed so we could expand our COVID-19 testing capability. I'm pleased to say the MIIC reopened on 23 August.

I attended the Sunshine Coast Health Report SCLMA meeting with Dr Mark Waters, Interim Chief Executive on Thursday 26 August, it was great to see so many of you there at this COVID safe event to discuss health across the region.

### COVID-19 vaccinations

We continue to work with Queensland Health guided by the Commonwealth Government to vaccinate staff and our community across the region. I believe our vaccinations may total more than 100,000 across SCHHS by the time you read this update. This is a great effort for our region.

Our clinics continue to operate at SCUH, Nambour General Hospital and Gympie Civic Centre. We're also planning to reopen the vaccination clinic at Caloundra Indoor Sports Centre in October. The vaccination team has also been working with Aged Care, Students and Teachers to provide services to get these cohorts vaccinated.

### Elective Surgery

I would like to thank the Surgical Services and Trauma team for their ongoing care of patients requiring emergency or elective surgery.

There were more elective surgeries (3153) performed during the June 2021 quarter when compared to the same period last year, with 83.38% of patients receiving their surgery within clinically recommended timeframes.

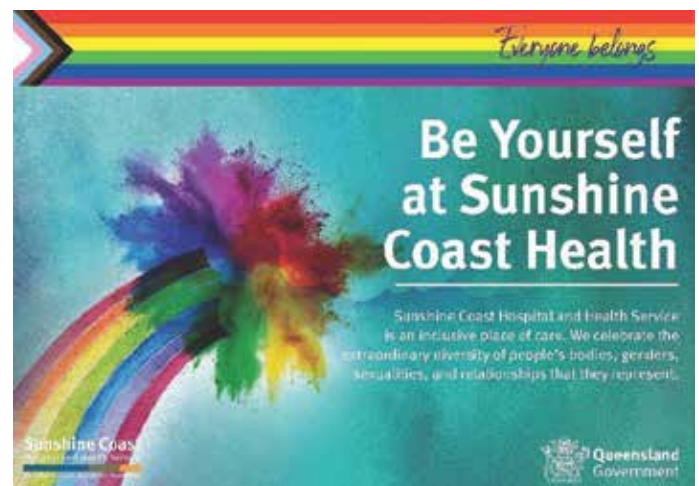
The team has done an amazing job to get through the backlog of cases which were put on hold in 2020 following the Australian Government's decision to cease elective surgery across the country.

### SCHHS Diversity and Inclusion

Two of our senior medical officers, Dr Tanya Gray and Dr Thi Aung are working with human resources to lead a working group to develop the foundation of diversity and inclusion priorities and strategy for our workforce.

We are committed to ensuring our culture and practices, across all parts of the health service, reflect the values of diversity and inclusion, and support future ideas and initiatives generated by our staff.

One initiative the team has introduced are waiting area posters for LGBTIQ+ community and Zero Tolerance to racism posters:



### 13-17 September – Register now

This year the Sunshine Coast HHS with our SCHI partners and the PHN are working together to deliver the much-loved Patient Safety Week: 13- 17 September 2021. GPs are invited to attend, you can follow this link to [register now](#), online or in person at Sunshine Coast Health Institute.

### SCHHS Profile

**Dr Ben Close, SCHHS Director of Emergency Medicine**  
After more than 20 years working as a doctor – 14 of those as a specialist in emergency medicine – Sunshine Coast Hospital and Health Service (SCHHS) Director of Emergency Medicine Dr Ben Close said it was still the

## HEALTH SERVICE LINK - AUGUST 2021 /cont



enjoyment he derives from seeing patients that kept him so passionate about his work and providing care.

"I also enjoy working with a team who is focused on that, and who take a lot of pride in delivering care," Dr Close said.

Dr Close, who has been in the Director of Emergency Medicine role for nearly five years, leads

the Emergency Departments at Sunshine Coast University Hospital, Nambour General Hospital and Gympie Hospital and said there were advantages to working across the different facilities.

"As a health service we're trying to improve the way all the campuses work together. It's what we call a 'network approach' to delivering care. Our staff work across all three Emergency Departments and work really hard to try and connect the different hospitals and deliver the same quality care for everyone. It's not about one particular hospital.

"We're a relatively new health service in my view and that creates some opportunities to do some really interesting things, to try and develop the service.

"What I'm most proud of is what our team has achieved in a relatively short period of time, and where we are now. After four to five years we've opened a brand new, large hospital with a large emergency department. We've managed to link that in with the two smaller departments and we've had two ieMR rollouts.

"We've done a lot of positive things in a really short period of time. Now, after five years we're a high functioning tertiary hospital system and we compete fairly well with our

peers, but our peers have had 10, 15, 25 years to develop.

When it comes to the attributes he considered most important to his role, Dr Close said you needed focus on why you're in the hospital building.

"That's for one reason only – to deliver care to patients. It's useful to keep reminding yourself of that, so you make sure that when you're at work the things you do, whether they be in an office or you're physically seeing patients, are all around facilitating that, and making sure we do that as best as we can.

"I think you also need to be resilient and able to ride through upheavals and criticisms and still maintain your focus on doing your job – that goes for any leadership role – and that resilience also needs to extend to looking after your team; supporting your team so they can develop and perform to a high standard.

"At the moment, we're in a challenging scenario where demand and community expectation for acute hospital services is hard to keep up with, with a finite public sector budget. So, we need to be thinking about innovative ways of doing business.

"Our team continues to challenge itself by trying to improve and bring in new ideas and models of care. That satisfaction of the team developing something and evolving is something I really enjoy about my work.

Dr Close, who prior to joining SCHHS worked with Townsville Hospital and Health Service (also as Director of Emergency Medicine) as well as Retrieval Services Queensland and the Australian Defence Force, has recently been announced as Co-Chair of the Queensland Emergency Department Strategic Advisory Panel.

Kind regards,

Sue Nightingale,

Executive Director, Clinical Governance, Education and Research



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B.MED, FRANZCOG, FRACGP, FACRRM

**OBSTETRICIAN / GYNAECOLOGIST**

From 2007 to 2015 Dr North was a GP Obstetrician and practice principal in rural Victoria.

During his tenure, Dr Robert found the obstetric part of his day the most rewarding, and so embarked on further O+G specialty training & qualification.

Dr North is committed to continuity of care for his patients and delivers a range of specialist services.

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# Clinical TRIALS

## Combined COVID-19 and Influenza Vaccine Trials to begin at USC Clinical Trials

CUSC Clinical Trials will soon begin an Australian-first study in South East Queensland to assess an investigational combined COVID-19 and influenza vaccine.

For this study, the Novavax COVID-19 vaccine will be combined with an influenza vaccine candidate, NanoFlu™, to provide a two-in-one immunisation. The trial will take place at USC clinics in Brisbane, Moreton Bay and on the Sunshine Coast.

The study will assess the level of immune response of participants to both vaccine candidates when received alone and when combined, and USC Clinical Trials is seeking healthy volunteers aged 50-70 to take part in this research.

Dr Nischal Sahai will oversee the study at USC Clinical Trials' newest site at South Bank, close to Brisbane's CBD, that will start in several weeks.

"This combined protein-based influenza and COVID-19 vaccine candidate is expected to have some important advantages over existing vaccines," Dr Sahai said.

"We are initially targeting older adults for this study because this population bears a disproportionate burden of morbidity and mortality for both influenza and COVID-19."

USC Clinical Trials Director Lucas Litewka said this was the first time in Australia that a COVID-19 vaccine had been combined with an influenza vaccine to present a 'single jab' delivery approach.

"We can see the merits of combining vaccines that may require an annual schedule of delivery, and hope people who have already been vaccinated against COVID-19 can see the value in participating," he said.

"This trial will build on USC Clinical Trials' research partnership with US-headquartered vaccine manufacturer Novavax. It will be our third COVID-19 vaccine clinical trial overall and the second study involving Novavax's vaccine candidate."

The study will require participants to attend one of USC Clinical Trials' three clinics across South East Queensland up to eight times over six months.

Eligible participants will be paid for their time involved in the study. Those interested in applying can find more information at [usc.edu.au/covid](https://usc.edu.au/covid).



### Sunshine Coast

Level 1/9 Ochre Way  
Sippy Downs QLD 4556  
(07) 5456 3797



### Moreton Bay

Level 1/19-31 Dickson Road  
Morayfield QLD 4506  
(07) 5456 3965



### Brisbane

Building A2, SW1 Complex  
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South Brisbane QLD 4101  
07 5409 8630

[usc.edu.au/trials](https://usc.edu.au/trials)

# A world of experience in spinal surgery



**Dr Greg Finch** FRACS FAOrthA  
Spine Surgeon, Orthopaedic Surgeon

Dr Greg Finch received his medical degree through the University of **Auckland** in 1992, and obtained his FRACS through the Royal Australasian College of Surgeons in **Melbourne** in 2001. He undertook fully accredited intensive fellowship training in Spinal Surgery in **Portland, Oregon** at the Shriners Children's Hospital and Oregon Health Sciences University campus. He was fortunate to work with world-renowned surgeons in the field of spinal deformity surgery, and paediatric orthopaedics.

Dr Finch's second fellowship was undertaken in **Birmingham, UK**, at the Royal Orthopaedic Hospital where he treated spinal trauma, spinal tumours, adult and paediatric deformity, performed microscopic spine surgery, minimally invasive spine surgery and cervical and lumbar disc replacement surgery.

Dr Finch held appointments in **Perth** at the Royal Perth Hospital, Sir Charles Gardiner Hospital and Princess Margaret Hospital

for Children. Most recently he was a Consultant Orthopaedic Spinal Surgeon at the **Sunshine Coast** Hospital and Health Services.

Dr Finch is a specialist spine surgeon with particular interests in minimally-invasive spinal surgery, cervical and lumbar disc replacement, spinal tumours, anterior spinal surgery, adult spinal deformity, disc surgery, the degenerative spine, spinal stenosis, spinal trauma and revision or salvage spinal surgery.

So if you have a patient with a spinal issue, contact Dr Finch and have him map out a treatment plan to alleviate the problem.



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## Update: New COVID-19 hospital vaccination referral pathway

For clients wishing to be vaccinated at state led clinics, clients must **self-book** online at : <https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines>

- For those who have difficulty booking online, call 134COVID 24hrs a day, 7 days a week. GP referrals are not required or accepted by SCHHS for bookings.
- For clients aged over 60 years with a medical condition that meets criteria for Pfizer- clients need to self-book an appointment and present to the appointment with a completed "Recommendation to Receive the Pfizer (Comirnaty) COVID19 Vaccine. The form is available on HealthPathways. **Please give this form to your patient - do not send to SCHHS.**
- Nambour, Sunshine Coast University Hospital and Gympie Civic Centre COVID-19 vaccine clinics are scheduled to close in October. The Mass Vaccination Hub at Caloundra will open on 28<sup>th</sup> October. More information to follow.

Contact details for clinical pre-vaccination advice due to medical issues:

- During office hours – phone immunology registrar on 5202 7989 - **number not to be given to patients.**
- After hours – phone Immunology consultant Karen Morwood or David Gillis via switch 07 5202 0000.

## When to refer to the nurse navigator service?

Some of the services nurse navigators provide:

- Information sharing & attendance with patient to GP appointments
- Ambulatory care and pathology appointments
- Support with NDIS applications
- Medication safety
- Home services
- Carer support
- Improving health literacy

Referrals are welcome, preferably via GP Smart Referrals. Refer patients with multiple comorbidities, appointments and procedures; patients with care that is fragmented and needing coordination and linkage with support services/ coordination of existing services.

Phone: 5470 5247; Fax: 5202 0555. Email us for more information: [SCHHSNurseNavigatorService@health.qld.gov.au](mailto:SCHHSNurseNavigatorService@health.qld.gov.au)

## Access to Noosa public gynaecology services per 1 October 2021

To align with the SCHHS centralised referral pathway and to access the public gynaecology services provided at Noosa Hospital, from the 1<sup>st</sup> October 2021, all referrals will be required to be submitted through the SCHHS Referral Centre, preferably via GP Smart Referrals or otherwise via secure web transfer or fax: 5202 0555.

## The GP Liaison Unit wants to hear from you!

Send us an email or give us a call: [SCHHS-GPLO@health.qld.gov.au](mailto:SCHHS-GPLO@health.qld.gov.au); Phone: 5202 3822.





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Sunshine Coast Neurosurgery is the specialist practice of Dr Stephen Byrne, who has worked on the Sunshine Coast since 2017.

Dr Byrne MBChB, MRCSEd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

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**KAREN CLARK**  
GENERAL MANAGER

# BUDERIM PRIVATE HOSPITAL

Dear SCLMA colleagues,

Thank you for the opportunity to update you on Buderim Private Hospital and our latest news and developments.



## Emergency Centre 3rd anniversary

Our Buderim Private Hospital Emergency Centre celebrated its 3rd anniversary on 22 August.

The first and only private Emergency Centre on the Sunshine Coast, the service has treated more than 20,000 patients since it opened in 2018.

The \$4 million facility is open 24/7 and provide specialist emergency care with minimal wait times to all community members, including those without private health insurance.

The opening of the Emergency Centre was a milestone event in the history of this hospital and an exciting development for the Sunshine Coast community who has benefited from this important extension of our care and the greater choice it provides. Some interesting facts and figures about the service include:

**Average wait time (time to seeing a provider in last 90 days)**  
9 minutes

**Number of presentations:**  
Over 20,000 since opening

**Highest presentation group**  
Chest Pain (1), Accident/fall (2), Abdominal pain (3)

**Mode of presentation**  
Walk-in 58%, Ambulance 42%

**Acuity**  
50% Australian Triage Scale Category 2 and 3

**Likely or very likely to recommend**  
94.6%

**If you would like to contact the Emergency Centre and the doctor on duty about a patient who requires urgent assistance, please contact 5452 0585, 24/7.**



## Mental Health GPD CPD event series

The first event in our series of mental health CPD events for GPs is on Tuesday 7 September from 7pm – 8.30pm and will be an interactive session delivered online via Zoom.

The event is RACGP accredited and each attendee will receive 3 CPD points.

The speakers and topics are:

- **Borderline Personality Disorder** (Emotionally Unstable Personality Disorder) presented by Dr Dhushan Illesinghe
- **Eating disorders** presented by Dr Fionnuala Dunne

**For more information about this event or to register your attendance, visit [www.trybooking.com/BTOWQ](http://www.trybooking.com/BTOWQ)**

Kind regards,  
Karen Clark | General Manager

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Patient transport service available

Reference:

1. Brown PD, et al. JAMA 2016; 316(4):401-409.

[genesiscare.com](http://genesiscare.com)







# MONTHLY UPDATE

**By CEO Justin Greenwell**

**SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL**

**NAMBOUR SELANGOR PRIVATE HOSPITAL • NOOSA HOSPITAL**

## Vestibular Clinic

Our vestibular clinic at Noosa Hospital uses state of the art video infrared Frenzel goggles to help support an efficient, comprehensive diagnosis.

Run by experienced vestibular physiotherapists, the clinic delivers evidence-based interventions for people experiencing:

- BPPV (benign paroxysmal positional vertigo)
- Vestibular migraine, schwannoma, neuritis and labyrinthitis
- Meniere's disease
- Neurological and psychiatric forms of dizziness
- Post-concussion syndromes

We value collaborative interdisciplinary practice with patients' medical teams and specialists to enhance health outcomes. Available via Ramsay Health Plus at Noosa Hospital - phone **07 5455 9224**. No referral required.

## Bariatrics update

Doctors and patients can access information about bariatric weight loss services across our network of three hospitals on the Coast, at a new section on our websites [sunshinecoastuniversityprivate.com.au](http://sunshinecoastuniversityprivate.com.au), [noosahospital.com.au](http://noosahospital.com.au) and [nambourselangor.com.au](http://nambourselangor.com.au)

See Bariatric Weight Loss Surgery under Our Services to learn more, including an overview and answers, types of surgery, and see our surgeons.

## E-referrals for Respiratory Function Lab at Nambour

The Respiratory Function Lab at Nambour Selangor Private provides a full range of respiratory testing and services, including:

- Spirometry, Lung Volumes (TLC, FRC, RV) and Gas Transfer (DLCO)
- Bronchodilator reversibility testing
- MIPs MEPs (Maximum inspiratory and expiratory pressures)
- 6 minute walk test

Our e-referral form and flyer are available here

[nambourselangor.com.au/Our-Services/Ramsay-Health-Plus](http://nambourselangor.com.au/Our-Services/Ramsay-Health-Plus)

## Caloundra Private Clinic welcoming new patients

- A note from Caloundra Private Clinic CEO Donna Kain

Caloundra Private Clinic, which provides comprehensive mental health care services, welcomes referrals for new patients and our inpatient and day programs continue, following COVID-19 guidelines. Even in the case of lockdown, we continue patients' treatment plans.

Our multidisciplinary team offers acute inpatient services, neurostimulation services and day programs for adults who require support for anxiety, depression, substance abuse and general mental health. We're part of Ramsay Mental Health, with 23 mental health clinics across Australia.

Please contact our Intake team on phone

**07 5492 0277** or email

[Intake.CLP@ramsayhealth.com.au](mailto:Intake.CLP@ramsayhealth.com.au)

[ramsaymentalhealth.com.au/caloundra](http://ramsaymentalhealth.com.au/caloundra)



## Food, glorious food

A big thank you to our chefs and food services teams across our three Sunshine Coast hospitals who have been working together to refresh menus and introduce a more regional offering.

From Moroccan lamb with cous cous and vegetables to marinated chicken thigh with mango salsa, mash and vegetables – and spinach and ricotta cannelloni with Napoli and vegetables. It's great to be able to complement quality clinical care with quality food.



## How to Refer and Admit to Noosa Hospital

We've updated our website with three easy steps to refer and admit to Noosa Hospital.

1. Complete the Request to Admit form (e-form available on website)
2. Email or fax it
3. Phone our Bed Managers on **07 5455 9520** to refer the patient (a patient admission requires acceptance by a clinician and an available bed)

[noosahospital.com.au/For-GPs/How-to-refer-and-admit](http://noosahospital.com.au/For-GPs/How-to-refer-and-admit)

**T: 07 5390 6101**

[GreenwellJ@ramsayhealth.com.au](mailto:GreenwellJ@ramsayhealth.com.au)



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### RESEARCH SHOWS:

- Tennis elbow is a common source of elbow pain and disability, effecting approximately 1-3% of the population
- Risk factors include: smoking, obesity, age 45-54, two or more hours of repetitive movement per day
- LE usually self resolves in a period of 6 months – 2 years, however physiotherapy has shown to be beneficial in reducing pain, disability, and improving overall recovery time
- Physiotherapy modalities such as orthoses, taping, manual therapy, and laser have been shown to provide short term benefits and can be implemented to improve patient outcomes

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t 07 5391 0366

e [reception@theradiologyclinic.com.au](mailto:reception@theradiologyclinic.com.au)



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Dale R. Trickett **B. Bus., CPA**

## QLD COVID-19 Business Support Grants available now!

You may have heard of the initial \$5,000 grant available to eligible businesses that were impacted by the COVID-19 lockdowns in Queensland. The total grant funding has been increased, with the Federal Government announcing they will top up the Queensland Government grant with the following:

Business Type	QLD Business Grant	Federal Government Top up
Non Employing Sole Trader	-	\$1,000
Small Business	\$5,000	\$5,000
Small Business (Payroll above \$1.3 million)	\$5,000	\$10,000
Large Business* (Payroll above 10 million)	\$5,000	\$25,000

*\* Tourism and hospitality and not-for-profit organisations*

1. Employ staff (must be staff on your payroll and doesn't include business owners)
2. Have an ABN continuously held since 30 June 2021
3. Have a QLD headquarters
4. Not be insolvent, or have directors or owners that are insolvent or an undischarged bankrupt
5. Must have an annual turnover of over \$75,000 during any of the 2019, 2020 or 2021 financial years
6. Have an annual payroll of not more than \$10 million during any of the 2019, 2020 or 2021 financial years (except for large businesses and not-for-profit organisations operating in tourism and hospitality industries)
7. Can demonstrate the organisation was directly or indirectly impacted by the COVID-19 lockdown
8. Can demonstrate a reduction in turnover of 30% or more during a nominated 7 day period (please reach out to your Poole Group accountant to help you calculate this if you require assistance)

If you meet this eligibility criteria you would be able to receive the initial \$5,000 COVID-19 Business Support Grant as well as the additional Federal Government top up (contingent upon your business type).

### How to apply

1. Firstly, if you haven't already, you will be required to register a QRIDA account and login here <https://applyonline.qrida.qld.gov.au/auth/login>
2. You will need to gather your supporting documents and contact your accountant so they can prepare an accountant letter confirming your turnover, payroll and decrease in income.

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**P:** 07 5437 9900 **F:** 07 5437 9911 **E:** [poole@poolegroup.com.au](mailto:poole@poolegroup.com.au)

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MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

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- Stone Disease
- Penile Prosthesis Surgery
- Vasectomy Reversal
- Urodynamic Studies

## CRISIS UPON CRISIS



You know the old joke about coping with one day at a time, but sometimes you feel that several days have attacked you all at once? This is where Aged Care is right now.

There are a small number of GPs who, like me, have substantial numbers (100+) of patients in nursing homes. Sometimes we feel that we are shouldering all of

the burden that should be shared among our fellow GPs.

Nursing homes have always had an uphill battle finding enough GPs to look after their residents, a battle to attract them in the first place and more of a battle to retain them. OK, I know the reasons for this, and I found it a bit disappointing that the Commission into Aged Care spent rather little of its resources and time examining what can be done to make nursing home practice less unattractive to GPs.

This unappealing sector has been one of the casualties of the workforce crisis facing general practice.

COVID has added dramatically to the GP workforce burden administering millions of vaccines, counselling millions of fearful patients, assessing post-vaccination symptoms that might or might not be related to the vaccine. The past few months have witnessed the added burden of flu vaccines and traditional mid-winter ailments, always a busy time with or without COVID. And my regular readers might recall my wailing about the millions of added consultations imposed to accommodate the whim of some little fairy in the MBS who decided it was a good idea to get a second opinion for every patient on long-term S8s, another million or so consults with dubious benefit to anybody.

Add these factors together and you create The Perfect Storm (sorry about the reference if you didn't see the movie). In the past few months, nursing homes have witnessed a drift of GPs away from nursing home practice. One of the nursing homes I attend has seen two of its four GPs withdraw their services simultaneously.

The result is unsustainable. One GP cannot handle 80% of the population of one nursing home. And what if he/she has a day off, or even takes a few weeks' holiday?

This article is a plea for help from my GP colleagues. Consider going to a nursing home near your practice and taking on a dozen or two patients. Spread the load.

This article is also a plea for help from Big Brother. It is all very well for the Aged Care Commission to bleat about irregular nursing practices in the sector. What about passing on to the government that pulls the purse-strings a message that GPs just don't want to go to nursing homes without a decent incentive – which invariably means ringing up the cash register a notch or two.

It is also, unapologetically, a plea to the nursing homes. They also have a role to play in making the job more attractive. At least try to discourage the huge number of unnecessary phone calls, the purpose of which is more to spread the risk and liability. Get your registered nurses to do what they are trained for, to exercise some clinical discretion before making that phone call.

Wayne Herdy

### CLINICAL MEETINGS - 2021

**THURSDAY 16 SEPTEMBER**  
**NOTE: DATE CHANGED TO AVOID**  
**SCHOOL HOLIDAYS**  
**DR HAMISH GRAY**  
*(Orthopaedic Surgeon)*  
**MAROOCHYDORE SURF CLUB**

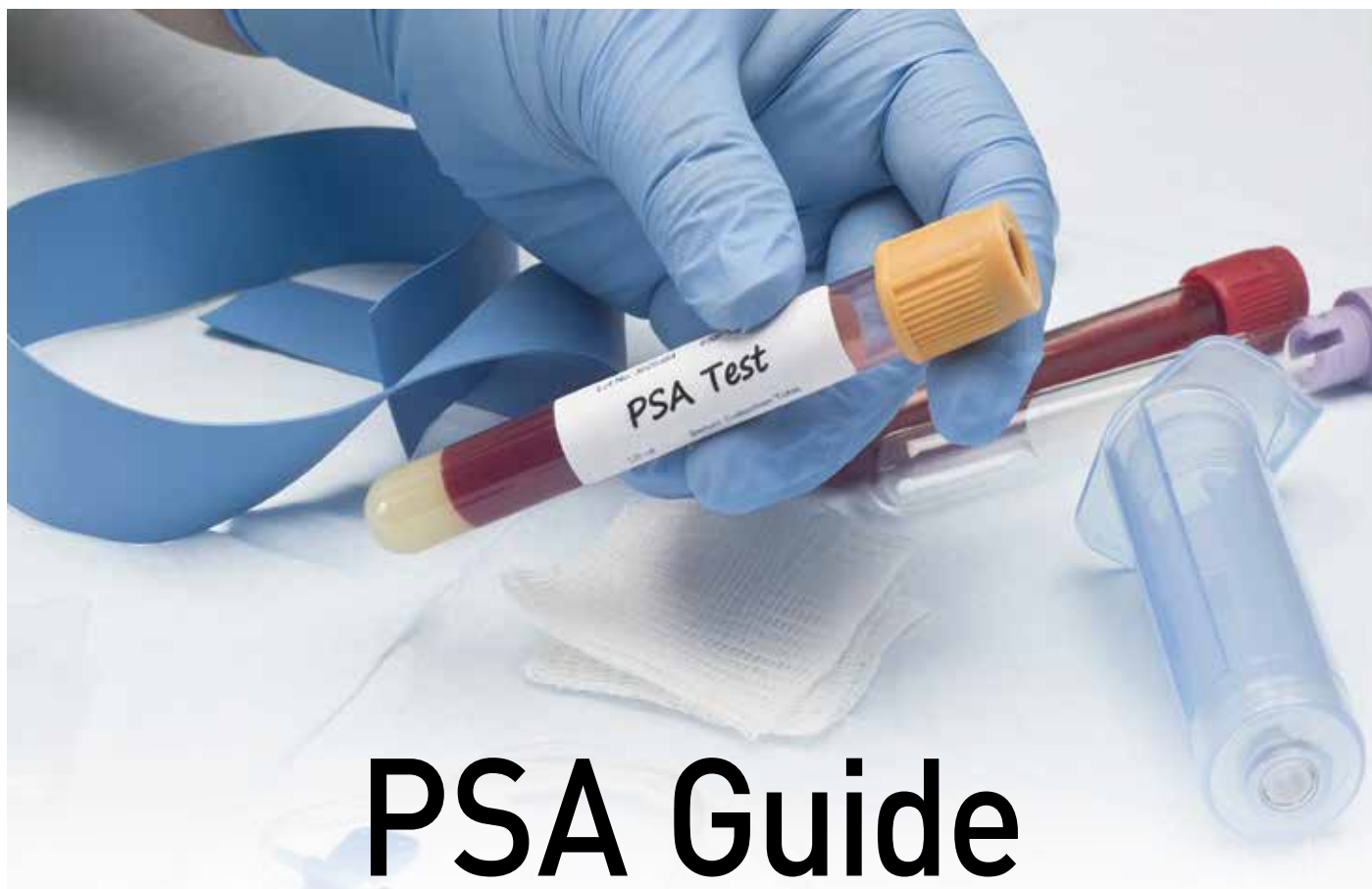
**THURSDAY 28 OCTOBER**  
**MAROOCHYDORE SURF CLUB**  
**DR JOANNE CASTELLI** *(Radiation*  
*Oncologist)*  
**Dr COLIN DICKS** *(Radiation Oncologist)*

**Thursday 25 NOVEMBER -VENUE CHANGE!**  
**THE LAKEHOUSE MOUNTAIN CREEK.**  
**Topics & Presenters TBA**

**Queries: Jo Ph: 0407 037 112**

**Email: admin@sclma.com.au**

**Taking interest for 2022 meetings now.**



# PSA Guide

Early detection saves lives

**PSA >3 is a red flag**

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

**Refer if:**

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule  
or PSA increases while on Duodart

**Refer to:**

**Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo**



Sunshine Coast Urology Clinic

**Buderim Prostate Clinic**

**A.** Suite 2/5 Lyrebird St, Buderim QLD 4556

**P.** +61 7 5444 0672 **F.** +61 7 5444 0997

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# NEW THERAPY TREATS SWELLING CONDITIONS INCLUDING LYMPHOEDEMA



Bloomhill Cancer Care exists to provide personalised support for those touched by cancer.

Bloomhill is excited to let our friends in general practice know that our service for people who experience lymphoedema, a common side effect of cancer treatments, has recently expanded.

We are now offering a combination of manual and pneumatic pump massage and compression for lymphoedema with the aid of a Lympha Press. This technology provides pneumatic compression to improve lymphatic flow and decreases the debilitating effects of lymphoedema.



For people living with lymphoedema as a result of cancer treatment, Bloomhill provides heavily discounted services to ensure those most in need of support for this chronic condition can access help that is affordable. There is no need for a Chronic Disease Management Plan to access the discounted services.

The Lympha Press system has also been applied to treating other conditions such as lipoedema and chronic venous insufficiency with some success. Bloomhill is now able to provide these treatments for the general community.

Patients can find out more and book directly by calling 5445 5794, or can drop in to the wellness centre at Buderim.

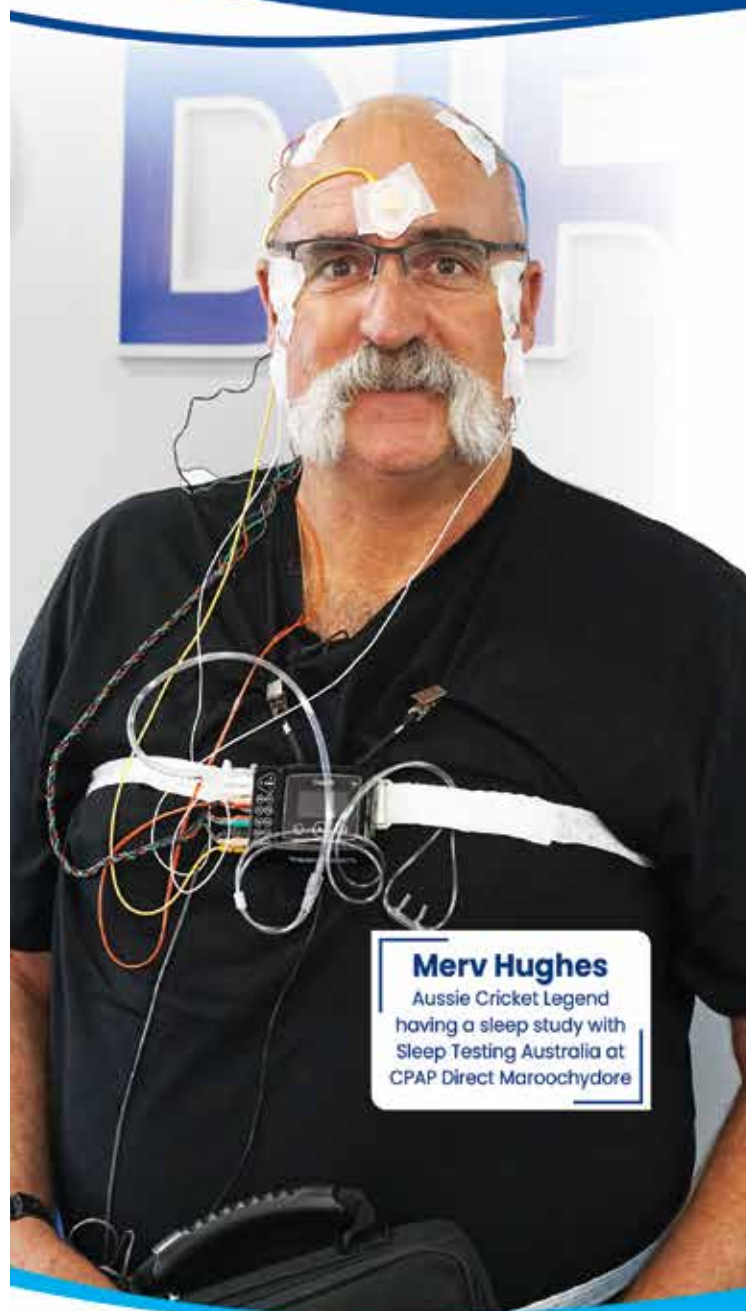
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- ✓ Or search Sleep Testing Australia on Best Practice
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## Increased mental health services for young people in Gympie

Young people living in Gympie and surrounds will soon have improved access to mental health services, with the announcement of a significant funding boost for the expansion of the existing headspace centre.

Deputy Prime Minister Barnaby Joyce made the official announcement during a recent visit to the historic gold mining city, which will see the headspace Gympie satellite transformed into a full-service centre.

The \$4 million investment to upgrade headspace Gympie to a stand-alone centre means an increase in opening hours from the current three days to five, more staff and three times the number of available appointments.

The service is operated by Youturn Youth Services, who also operate headspace Maroochydore, and funded by commissioning agency Central Queensland, Wide Bay, Sunshine Coast PHN.

PHN CEO Pattie Hudson welcomed the increased support for the service.

"The PHN's mental health team were strong advocates for the satellite headspace that was established in Gympie in 2018," Ms Hudson said.

"We're thrilled the Federal Government has now committed to upgrade that satellite centre to a full headspace centre, which will allow for additional senior clinicians and increased service levels.

"This means young people in Gympie who might have otherwise had to travel to the Sunshine Coast will have better access to services that will have a huge impact on their health and wellbeing.

"It also means a dedicated space they can really call their own and we look forward to collaborating with the community to build a service that suits their needs."

The funding announcement is particularly good news for the region, which has a higher unemployment rate than the rest of the state.

"The headspace model of care not only takes into consideration mental health, but physical and sexual health, alcohol and other drug services, and work and study supports.

"It's this wrap around support that will have a huge impact on the wellbeing of young people in Gympie who need that holistic approach," Ms Hudson said.

More information on how to refer to headspace can be found on HealthPathways, on the [Non-acute Child and Youth Mental Health Assessment pathway](#).

Sunshine Coast  
HealthPathways  
Username: usersc  
Password: pwsc

Image credit: Gaylene Johnson

Left to right: Gordon Browning (PHN), Nick Fawcett (Youturn Youth Services), Deputy PM Barnaby Joyce, Tim Byrne (PHN), Pattie Hudson (PHN), Heidi Walsh (headspace Gympie).





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Sunshine Coast Orthopaedic Clinic

**SAVE THE MENISCUS –  
AN UPDATE ON ARTHROSCOPY**

There have been a number of recent papers questioning the role of knee arthroscopy and partial medial meniscectomy in the degenerate knee. This has quite rightly led to a decreased use of knee arthroscopy to treat the degenerative knee, at least as a first line treatment. That's not to say that arthroscopy and partial meniscectomy cannot be beneficial in certain older patients, but it is reasonable to start with a dedicated physiotherapy programme first and reserve arthroscopy for recalcitrant symptoms, or those with severe mechanical symptoms such as locked or locking knees or conditions such as root tears, loose bodies etc.

An unintended consequence, however, has been to reduce referral rates of younger patients for which the benefit of early arthroscopy and repair of the meniscus is clear. The goal of knee surgery is to save the meniscus. So meniscal repair and to a lesser extent conservative meniscal resection is the mantra for knee surgery, especially in younger patients. Meniscal repair preserves meniscal function so should prevent the problems of increased risk of arthritis, chronic pain and decreased function that can occur especially in younger patients. The time from injury to referral has a significant impact on the quality of the meniscus and the chances of successful repair. On a cost benefit analysis, meniscal repair is far superior to partial meniscectomy or physiotherapy. Age is not a barrier to repair. The results of repair are no different for those under 40 as to those over 40 with a 10% to 20% failure rate reported depending on the paper,

but younger patients have more to lose if their meniscus is not repaired. Meniscal repair is a more complex procedure with a longer recovery time than arthroscopic partial meniscectomy or non-operative treatment but the benefits are clear: reduced osteoarthritis, better functional outcomes and reduced long term costs.

Please consider early referral for patients with mechanical symptoms likely to be arising from a meniscal tear, especially if there is a history of traumatic onset, mechanical symptoms or clinical signs.

I am happy to take your calls and discuss further any cases as always.

### For appointments contact

Dr Steven Lawrie  
Suite 17, Kawana Private Hospital  
5 Innovation Parkway, Birtinya QLD 4575  
p: 07 5493 3994  
f: 07 5493 3897  
e: [sunshineortho@bigpond.com.au](mailto:sunshineortho@bigpond.com.au) [www.sunshineortho.com.au](http://www.sunshineortho.com.au)  
[www.sunshineortho.com.au](http://www.sunshineortho.com.au)



## ENT SPECIALISTS - NEW SERVICE - DR DAVID McINTOSH

A weekly clinic to assess and treat infant tongue tie will be available in Maroochydore from August 2021. David McIntosh is providing this service in collaboration with Lois Wattis (RM, IBCLC) to support mothers and babies whose breastfeeding is being adversely impacted by ankyloglossia.

A GP referral to Dr McIntosh is required, and breastfeeding support will be provided during the consultation by Ms Wattis.

*BACKGROUND Neonatal tongue tie has an estimated prevalence of 8%. A tongue tie exists when the tongue has limited range of motion and subsequently impacts function due to a restrictive lingual frenulum. Approximately 50% of babies with tongue tie encounter breastfeeding problems. If it is determined that a tongue-tie is interfering with breastfeeding, then a frenotomy (simple division of the frenulum using surgical scissors) may be warranted (1).*

Dr David McIntosh  
ENT Surgeon, Otolaryngologist  
[www.entspecialists.com.au](http://www.entspecialists.com.au)  
9/14 Aerodrome Rd. Maroochydore 4558  
Phone: 07 5451 0333  
Fax: 07 5451 0300  
email [ent@entspecialists.com.au](mailto:ent@entspecialists.com.au)

Lois Wattis  
Registered Midwife, FACM  
International Board Certified Lactation  
Consultant (IBCLC)  
[www.birthjourney.com](http://www.birthjourney.com)

*Reference (1) Breastfeeding management Fact Sheet for Health Professionals – Tongue Tie. Australian Breastfeeding Association [www.breastfeeding.asn.au/bf-info/tongue-tie](http://www.breastfeeding.asn.au/bf-info/tongue-tie) David McIntosh [www.entspecialists.com.au](http://www.entspecialists.com.au)*



The Institute for Healthy Communities Australia Ltd (IHCA) is a not-for-profit charity that has been providing quality support and specialised third-party assessment services for over 30 years.

While IHCA provides professional management advisory services to health and human services organisations, we are accredited to certify organisations under a wide range of schemes. We are leaders in quality with a focus on human services organisations. We are committed to providing a positive customer experience while delivering real value for money and we celebrate diversity and difference. We are Australian owned and operate in all States and Territories of Australia.

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#### NAMBOUR

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Nambour QLD 4560

#### SELANGOR PRIVATE

62 Netherton Street,  
Nambour QLD 4560

#### SCUPH

3 Doherty Street,  
Birtinya QLD 4575

#### Bli Bli

Bli Bli Village Centre,  
310 David Low Way, Bli  
Bli Qld 4560

## Excellence in Diagnostics



# Lady Elliot Island, Queensland

Nestled cosily in the Great Barrier Reef, Lady Elliot Island is a diver's paradise! With breathtaking views of the coral reef, the island offers more than just a routine diving experience -- from swimming along and playing chase with the gentle giants that are Manta Rays, to clicking a selfie with lazy turtles thronging the clear blue waters.

Lady Elliot Island has been rightly named as one of the top five diving destinations of the world. And rightly so -- it is as much a spot for an off-the-grid holiday in the lap of Mother Nature, as much as it is a paradise for every hydrophile on the planet with breathtaking underwater experiences found nowhere else on the planet. A short flight away from the coast of Queensland, the island is one of the closest and easily accessible coral islands situated in the Great Barrier Reef. You can choose to visit the island as a quick stop on your day-trip or stay overnight to have a complete immersive experience at any of the certified eco resorts with rooms just meters away from the sea.



## What we have planned for you

- *Start your morning with a lagoon walk which offers a tour of the reef and coral exploration on foot, yes on foot! You are provided with protective foot gear and handed a special viewing device called a seascope along with a walking pole to aid in the exploration of marine life up close. The tours are guided by expert marine biologists and conservationists to help you gain more insight into the life and times of the coral landscape.*
- *Post your unique morning walk, it is time to sail into deeper waters and go snorkeling with Manta Rays. Lady Elliot Island is known for being host to the largest congregation of Manta Rays. These gentle giants can have wingspans up to seven meters! But they will be happy to play a game of chase with you.*
- *If you time your visit to coincide with the turtle breeding season, which lasts from November to February, you can get a chance to spend the night visiting and guarding turtle nesting sites only to help release the hatchlings safely into the sea the following morning.*
- *And if you plan to stay a while longer, spend the day diving into the deeper waters where the visibility extends as far as 20 meters. It gives you a chance to swim alongside schools of fish and gaze longingly at the exquisite color palette of the reef, allowing you to get a firsthand experience of why the island is known as a diver's paradise!*
- *The best way to spend the night is to hop onto the glass bottom boats equipped with UV lights to explore the coral reef come alive at night. The light enables you to view the coral polyps awakening and catch glimpses of the various marine species which are their most active after sundown.*

We have some great deals available now.

Give us a call or check out our website for more information

[www.123travel.com.au](http://www.123travel.com.au)



QueenslandFertilityGroup  
A MEMBER OF VIRTUS HEALTH



# New & Noteworthy

QFG Sunshine Coast's Latest IVF News

## Introducing Virtus Health's OneLab Initiative to the Sunshine Coast

QFG Sunshine Coast is part of Virtus Health, a market leader in Assisted Reproductive Services in Australia, and one of the 5 largest providers in the world. Virtus Health has utilised this extensive collective experience and expertise in a new initiative across all its Australian clinics, called **OneLab**. OneLab ensures all its clinics receive the same commitment to global best practice and new technologies, maximising the chance of successful pregnancies for every cycle of IVF performed.

Professor David Gardner, Virtus Health's Group Director of ART, Scientific Innovation & Research, says, "Through such a collegiate and collaborative approach, we have been able to make significant improvements in our laboratories and improve patient outcomes, and subsequently translate this success nationwide very quickly."

**At QFG Sunshine Coast, your patients will have access to the latest scientific innovations, at no additional cost.**

**EmbryoScope+** uses state-of-the-art time-lapse technology and artificial intelligence for embryo development and selection. It combines an incubator, high resolution camera and computer software to carefully monitor and analyse the development of embryos. Scientists can now analyse more than 7200 minutes of an embryo's development, to help them choose the best embryo for transfer.

This innovative technology is now considered a standard of care across all Queensland Fertility Group clinics and is unique to the Sunshine Coast Region.

**Find out more:**

**Call 1800 111 483 or visit [qfg.com.au](http://qfg.com.au)**

For QFG Sunshine Coast, this means we now have the most advanced technology in our local IVF laboratory, maximising the success for each and every IVF cycle performed in the Sunshine Coast regions.

One integral element in achieving this standard of excellence, is the introduction of new technology and equipment. **We offer every client having an IVF or ICSI cycle the benefit of advanced embryo culture and selection – through the innovative EmbryoScope.** This is included at no additional charge.

## EmbryoScope+

Now Available at QFG Sunshine Coast



## Our QFG Sunshine Coast Team



Dr Bogdan Benga



Dr Petra Ladwig



Dr Precious Lusumbami



Dr James Moir



Dr Dana Moisuc



## Why Choose QFG Sunshine Coast?

As a member of Virtus Health and as part of the OneLab initiative, QFG Sunshine Coast offers the most advanced and optimal technology to every patient.

The full-service clinic provides comprehensive fertility investigations and treatments, including bulk billed IVF. Our dedicated fertility specialists offer convenience for the entire Sunshine Coast area, consulting in multiple locations including: Kawana, Buderim, Tewantin, Hervey Bay and Gympie.

### Here's what sets us apart:

- Your choice of Specialist to supervise and manage your care
- Commitment to make treatments accessible and tailored to patients' individual needs
- Personalised care delivered by a compassionate team of fertility specialists, nurses and support staff
- Comprehensive range of fertility assessments with advanced treatment options
- As part of Queensland Fertility Group, our specialists have close access to leading clinicians and scientists, with the unique benefit of regular zoom case review meetings
- As part of Australia's largest IVF provider, the Virtus Health Group, we have access to unrivalled experience, research and innovation

## Reproductive Medicine Education



Earlier this year, our leading Fertility Specialists conducted a 40-point RACGP accredited workshop for over 30 Sunshine Coast GPs. The event was a huge success, with the vast majority of attendees indicating the symposium met or exceeded their learning needs.

Stay tuned for another Reproductive Medicine Education workshop, to be held early next year.

**If you are interested in arranging Reproductive Medicine Education for your practice, we can help organise educational events with CPD points to expand your knowledge on all things fertility, hosted by our leading fertility specialists. Simply connect with our dedicated BDM team below.**

### GET IN TOUCH:

Margaret Thompson, Business Development Manager  
M: 0437 902 855 E: [margaret.thompson@qfg.com.au](mailto:margaret.thompson@qfg.com.au)

## Fast fertility fact – Sperm Production

On average, men have up to 50 million sperm per ejaculation!

Typically, more than 15 million sperm/ml need to be present in the semen for natural conception, and more than one third of those need to move forward quickly, with over 4% a normal shape.

Male fertility issues account for about 40% of the fertility problems we see at QFG. If you have patients who have been struggling to conceive, it may be worthwhile to start by referring them to a QFG specialist for a simple fertility investigation.

Visit [qfg.com.au](http://qfg.com.au) to find out more.

Kawana Private Hospital, 5 Innovation Parkway  
Birtinya QLD 4575 For further information on our services phone 1800 111 483 or visit [qfg.com.au](http://qfg.com.au)

QueenslandFertilityGroup  
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# MENTAL HEALTH EDUCATION SERIES FOR QLD GPs

*presented by MedEd Series in partnership with Buderim Private Hospital's  
Cooinda Mental Health Service*

**Queensland General Practitioners are invited to a special three-part series of  
Mental Health webinars:**

**7 SEP**

## **Borderline Personality Disorder (Emotionally Unstable Personality Disorder)**

*presented by Dr Dhushan Illesinghe, Psychiatrist*

## **Eating disorders**

*presented by Dr Fionnuala Dunne, Psychiatrist*

**12 OCT**

## **Post-traumatic stress disorder (PTSD)**

*presented by Berquin Human, Senior Psychologist*

## **Navigating WorkCover Claims**

*presented by Dr Khal Alsaee, Psychiatrist & Specialist Pain  
Medicine Physician*

**2 NOV**

## **Transcranial magnetic stimulation (TMS)**

*presented by Dr Andy Hughes, Psychiatrist*

## **Depression**

*presented by Dr Jagath Bandara, Psychiatrist*

**7.00 PM - 8.30 PM | REGISTER NOW**

**[HTTPS://WWW.TRYBOOKING.COM/BTOWQ](https://www.trybooking.com/BTOWQ)**

**Free registration for QLD GPs | Presentations hosted on  
Zoom | Register early for this exciting activity**

**\*\*9 CPD points for the series or 3 CPD points per session**

Please contact MedEd Series with any questions or request for additional details  
[jess@mededseries.com.au](mailto:jess@mededseries.com.au)



# Back, legs

Spinal surgery,  
hip and knee arthritis

## PROGRAM

6.00pm Registrations

6.30pm Welcome, Case Studies and Presentations

**Spine surgery: when to operate and when to have second thoughts**

Dr Stephen Byrne, *Spine and Neuro Surgeon*

**A holistic approach to hip and knee arthritis: improving non-operative management and expediting surgical recovery**

Dr Frank Connon, *Orthopaedic Surgeon*

8.30pm Evaluation and close

## LEARNING OUTCOMES

- Identify the indications, pros/cons, and outcomes of spinal surgery
- Describe newer non-operative modalities to improve non-operative management of hip and knee arthritis
- Understand techniques of ensuring smoother post-operative recovery from hip and knee replacement

*It's easy to register*

**online** [www.noosahospital.com.au/For-GPs/GP-Events](http://www.noosahospital.com.au/For-GPs/GP-Events)

**email** [jarrett@ramsayhealth.com.au](mailto:jarrett@ramsayhealth.com.au)

**call** Tansie Jarrett on 0427 199 202

## WHEN

**Wednesday 20 October 2021**

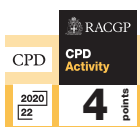
## WHERE

Frenchies Basserie Noosa  
4 Thomas Street  
Noosaville QLD 4566

## REGISTER BY

Wednesday 13 October 2021

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Email if you wish to be removed from our mailing list





Leading Queensland Doctors  
Creating Better Health

## PRESIDENT AND CEO REPORT



Prof Chris Perry OAM and Dr Brett Dale

As Spring arrives, we look across the border with some apprehension. While the short sharp lockdown in South East Queensland in early August appears to have successfully contained the Delta outbreak, the negative social and economic impacts continue, and reinforce the need for an effective vaccine rollout. The Sunshine Coast is leading the way, with 52.2 per cent of people aged 15 and over having at least one jab and 31.6 per cent fully vaccinated as of 22 August – the best results outside of Brisbane in the state. Vaccination is our key to containing this pandemic and the Sunshine Coast can be proud of its efforts.

### COVID-19 UPDATE

#### Business support available

Medical practices and specialists affected by lockdowns may be eligible for a Queensland Government COVID-19 Business Support Grant of \$10,000 to \$30,000.

The package includes support for non-employing sole traders and expands on previous programs for eligible small and medium businesses.

If you have a turnover of more than \$75,000 a year and an annual payroll in Queensland of less than \$1.3 million for small businesses, or up to \$10 million for a medium-sized business, and have been affected by any lockdowns in Queensland in the month of August, you may be eligible. More information is available on [business.qld.gov.au](https://business.qld.gov.au).



Medical specialists who work as sole traders may be eligible for a \$1,000 one-off grant under a joint Queensland and Australian Government package, if they have had a decline in turnover of more than 30 per cent due to either the South East Queensland lockdown or the Cairns and Yarrabah lockdown. Ring the Office of State Revenue on 1800 300 734 and choose option 5 for more information.

#### Pandemic sub-register

Calling all retired Queensland doctors on the pandemic sub-register! We need your help in the COVID-19 vaccine rollout.

Doctors who retired in the three years before October 2019 were placed on the sub-register in 2020 to create a group of experienced medical professionals who could support our health response to COVID-19.

If you didn't opt out and are still on the sub-register, please contact us on 3872 2222 or [amaq@amaq.com.au](mailto:amaq@amaq.com.au).



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## RESIDENT HOSPITAL HEALTH CHECK



The *Resident Hospital Health Check* survey is now open to all doctors in training. Now in its sixth year, this anonymous survey evaluates employment conditions for Queensland doctors in training and compares hospitals across the state.

Hospitals are graded after considering responses in six areas: access to leave, education and training, pay and overtime, wellbeing and hospital culture, bullying, and discrimination and harassment.

The data will be analysed by a statistician and released in the last quarter of this year to give doctors in training important information as they consider their next placement.

This is a key project we deliver in partnership with our industrial relations partner the Australian Salaried Medical Officers' Federation Queensland (ASMOFQ) and we encourage all doctors in training to take part in this survey, which is available on the AMA Queensland website.

## WIN FOR VMOs

For the first time in history, Visiting Medical Officers (VMOs) will now be able to access the Queensland Industrial Relations Commission (QIRC) to resolve workplace disputes. This is a major win for VMOs negotiated by the Australian Salaried Medical Officers' Federation Queensland (ASMOFQ) and the AMA Queensland Visiting Medical Officers (VMO) Committee.



Queensland Health currently employs VMOs on standardised, individual contracts that can cause issues for members when workplace disputes or grievances arise. Until now, VMOs have been unable to access the QIRC to resolve industrial disputes, unlike their Senior Medical Officer (SMO) colleagues.

Queensland Health has issued a Health Employment Directive (HED) to add this entitlement to VMOs. While VMOs are still able to use the existing dispute resolution procedure (e.g. using a private mediator to resolve disputes), ASMOFQ expects that many VMOs will benefit from using the more efficient and effective process of resolving disputes via the QIRC.

Negotiations to secure this entitlement for VMOs have occurred over the past 12 months, and are part of a major campaign to protect and enhance the working rights of VMOs.

## DINNER FOR THE PROFESSION

Some of Queensland's health care heroes were honoured for services to aged care, homeless people and rural health at AMA Queensland's annual Dinner for the Profession on 20 August.

Brisbane physician Dr Ellen Burkett was awarded the prestigious 2021 *AMA Queensland Gold Medal* for outstanding service to the community and the practice of medicine. Dr Burkett is a senior emergency staff

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specialist at Brisbane's Princess Alexandra Hospital and clinical lead of residential aged care facility acute care support services (RaSS) with Clinical Excellence Queensland, which aims to improve the quality and safety of medical care for aged care residents.

Emerald GP Dr Ewen McPhee was presented with the *AMA Queensland Rural Health Medal* in appreciation of more than three decades' exceptional service to rural and remote communities. A former president of the Australian College of Rural and Remote Medicine (ACRRM) and the Rural Doctors Association of Australia (RDAA), Dr McPhee was involved in setting up the first rural GP-led respiratory clinic in Australia in response to the COVID-19 pandemic.

Townsville social services champion Dushy Thangiah was awarded the *AMA Queensland Excellence in Health Care Medal* for her significant contribution to promoting the link between health care and stable housing as CEP of the non-profit housing service Yumba-Meta.



*From left: Winners Dr Ewen McPhee, Dr Ellen Burkett, Dushy Thangiah, with Minister for Health and Ambulance Services the Hon Yvette D'Ath MP, AMA Queensland Chair Dr Eleanor Chew and President Professor Chris Perry*

## OPERATION DONATION LAUNCHED

The AMA Queensland Foundation has launched Operation Donation, which encourages doctors to donate the value of their most common procedure to help the Foundation continue its life-changing work.

The AMA Queensland Foundation was established in 2000 by doctors to relieve sickness, suffering and disability among Queenslanders in need.

It has provided more than \$455,000 to medical students experiencing financial hardship, and has also provided support to the Hear and Say Foundation, the MND and Me Foundation, community groups mentoring indigenous children, and assistance for victims of flooding in Far North Queensland.

Donations can be made online at [www.amaqfoundation.com.au](http://www.amaqfoundation.com.au).



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## *Halloween Presents Halloween*

### *A fundraising **fancy dress** evening*

*"2021 Variety Bash Winton to Yeppoon via Birdsville is an adventure with mates driving 30+ year old cars through regional parts of Australia that you might otherwise not see, all to help give Aussie kids a fair go"*

*6:00pm Saturday 23 October 2021*

**Roast dinner**

**Raffles**

**Lucky Door Prize**

**Fancy Dress Prize**

**Yandina Bowls Club**  
30 Steggalls Road, Yandina

**\*Live Band\***

**VANDEEZ**

**Filipino Traditional Dancing**

**\$50 donation door entry includes meal and entertainment**

Further Information Ph: Della 0459220712 or Maud St Medical Clinic 54915666





QueenslandFertilityGroup  
A MEMBER OF VIRTUS HEALTH

# Reproductive Education Dinner Invitation

Queensland Fertility Group invites you to an evening of education and discussion in the area of fertility and reproductive medicine.

Hosted in the private dining room at the magnificent Harry's on Buderim, our leading fertility specialists look forward to taking you on a journey of reproductive discovery!

**Date:** Wednesday 6 October 2021  
**Time:** 6.30pm - 9.30pm  
**Venue:** Harry's on Buderim, 11 Harrys Lane, Buderim

## AGENDA

6.15pm Registration/ Canapes  
6.30pm Welcome  
6.45pm Navigating the fertility pathway - When and what to investigate, preconception health and treatments  
7.30pm Dinner  
8.15pm Advances in IVF  
9:00pm Dessert/ Questions/ Close

**REGISTER AT [qfg.com.au/buderimgp](https://qfg.com.au/buderimgp) to secure your place**

### FOR FURTHER INFORMATION:

email [margaret.thompson@qfg.com.au](mailto:margaret.thompson@qfg.com.au) or call 0437 902 855



QFG58 - 30.08.2021

**SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084**  
**MEMBERSHIP APPLICATION**

Enquiries: Jo Bourke Ph: Mb: 0407 037 112 Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)

<b><u>NAME</u></b>	Surname:	First Name:
<b><u>EMAIL:</u></b> _____		
<b><i>THE SCLMA PREFERS TO SEND MONTHLY NEWSLETTERS &amp; INVITES BY EMAIL</i></b>		
<b><u>ADDRESS:</u></b>		
	Practice/Building	
	Street:	
	Suburb:	Postcode:
	Phone:	Mobile:
<b><u>PRACTITIONER DETAILS:</u></b>		
	Qualifications:	
	Date of Birth:	Year of Graduation:
	Hospital employed / Private Practice (cross out one)	
	General Practice / Specialist (cross out one)	
	Area of Speciality:	
<b><u>PLEASE NOTE:</u></b> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>		
<b><u>PROPOSERS:</u></b> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <b>new</b> membership. Members <b>renewing</b> their membership do not need proposers).		
<b>1. NAME:</b>		<b>Signature:</b>
<b>2. NAME:</b>		<b>Signature:</b>
<b><u>ANNUAL SUBSCRIPTION (GST included):</u></b>	<b>(Please tick)</b>	<b><u>PLEASE COMPLETE:</u></b>
Full-time ordinary members - GP and Specialist	<b>\$ 110</b>	<b>Your Monthly Invitation?</b>
Doctor spouse of full-time ordinary member	<b>\$ 55</b>	By Email?
Absentee or non-resident doctors	<b>\$ 55</b>	By Courier?
Part-time ordinary members (less than 10 hours per week)	<b>\$ 55</b>	By Post?
Non-practising ordinary members, under 60 years old	<b>\$ 55</b>	<b>Your Monthly Newsletter?</b>
Residents & Doctors in Training	<b>Free</b>	By Email?
Non-practising ordinary members, over 60 years old	<b>Free</b>	By Courier?
Patron and honorary members	<b>Free</b>	By Post?
<b>Payment can be made by cheque payable to SCLMA or by direct debit to:</b> <b><i>SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298</i></b>		
Please return this form either by email (scan or photo) or Fax 07 5479 3995 of your E.F.T. to: Email: <a href="mailto:admin@sclma.com.au">admin@sclma.com.au</a> Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 07 5479 3995		
<b><u>Please note:</u></b> <i>Membership applications will be considered at the next Management Committee meeting.</i>		

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#### **REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER**

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: **www.rdma.org.au**

**Email: RDMAnews@gmail.com**

#### **SCLMA ADVERTISING GUIDELINES:**

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

#### **PLEASE NOTE THE FOLLOWING:**

*The anti discrimination commission of Queensland has the following statement on job advertising:*

*Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.*



# CLASSIFIEDS

## CLOSING CLINICAL PRACTICE

Dr Heyworth will be closing her Child and Family Psychiatry Practice in October 2021.

If you would like to discuss arrangements for existing shared patients, please call **5444 5022**.

August 2021

## GENERAL PRACTITIONER - BUDERIM MARKETPLACE MEDICAL CENTRE

- We are looking for a GP to join our busy and well established clinic in the heart of Buderim.
- We are an accredited mixed billing practice, supported by experienced Nursing staff, friendly receptionist and in a supported team workplace.
- We use Pracsoft and Medical Director, using online booking systems. We are also a COVID-19 Vaccination Clinic.

**To apply for this position please contact the Practice Manager on (07) 5445 1046**

August 2021

## VR GP REQUIRED MAROOCHYDORE

Medicine on Second is located in the heart of the CBD in Maroochydore, close to the beach, major shopping centre and public transport. We are seeking a PT/FT GP to add to our doctor owned, accredited family practice, dedicated to providing high quality care. We are a highly regarded mixed billing practice with increasing new patient demand daily. We focus on providing exceptional care and require a like-minded, caring and committed GP to join our team. Our GPs are offered excellent conditions and remuneration with high earning capacity.

About our Practice:

- Fully computerized using Best Practice Software
- Online Bookings, Appointment reminders and recalls
- 6 bed treatment room including 2 private procedure rooms
- Onsite Pathology
- Covid-19 Vaccination Clinic
- Full Nursing Support from an experienced team of Nurses and support staff
- Onsite Carparking for patients and staff

**To apply for this role or for a confidential discussion please contact our Practice Manager on [practice.manager@medicineonsecond.com.au](mailto:practice.manager@medicineonsecond.com.au) or (07) 5443 9455**

May 2021

## SHARED LEASE OPPORTUNITY AVAILABLE IN SPECIALIST SUITE AT LAKE KAWANA, BIRTINYA

Located on Ground Floor in a renowned Medical Building at Birtinya. 5 minute drive to SCU/SCUPH

- Modern fit-out offering a fully equipped spacious reception room, 3 consulting rooms (2 dedicated to tenants and the other current Visiting Specialists), treatment room, back office, large storage room, kitchen and toilet. Suites have 2 door access. Each of the 2 tenancy offer 2 car park spaces
- QML on same floor next to General Practice with Radiology minutes away
- Convenient patient parking with Café on grounds
- Other tenant Upper Limb Orthopedic Surgeon
- Shared outgoings and expenses

**For further information, please contact Dr Janette Ritchie on [janetteritchie@iinet.net.au](mailto:janetteritchie@iinet.net.au) or 0400 593007**

May 2021

## GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to [admin@nambourclinic.com.au](mailto:admin@nambourclinic.com.au) or ring Rowena for an informal chat Ph: **0412 292 666**. *Continuing.*

## GENERAL PRACTITIONER

We are looking for a VR General Practitioner to join our busy well established GP owned and operated Family Practice. Full time preferred however not essential, with partnership opportunity on the beautiful Sunshine Coast.

We are an accredited mixed billing practice with well- established operating systems and very loyal patient base.

You will be supported by experienced, professional nursing and reception staff in a family friendly workplace.

**Please email resume to [admin@trinityclinic.com.au](mailto:admin@trinityclinic.com.au) or contact Nadine Ware on (07) 5491 9888.**

March 2021

## PROFESSIONAL MEDICAL CONSULTING ROOMS

- Available for Lease on a Sessional or Permanent basis for Medical Practitioners/Allied Health Providers.
- 3 x Fully Furnished premium office spaces, available individually or lease all 3.
- These professional offices are located in Tewantin within an existing thriving Diagnostic and Allied Health Business. Ground level with ample parking. Rooms equipped with a hand basin, telephone and internet connection; Spacious waiting room/ reception area.
- Access to staff amenities – toilets, kitchenette/microwave oven/ fridge. Admin support can be negotiated in the lease.
- Immediate start available for suitable applicant.

**Please mail [manage@dusktilldawnsleep.com.au](mailto:manage@dusktilldawnsleep.com.au) to enquire or register your interest and arrange a viewing.**

April 2021

## PROFESSIONAL MEDICAL CONSULTING ROOMS

Available for Lease on a Sessional or Permanent basis for Medical Practitioners and Allied Health Providers. Grow your practice by establishing a foothold in the beautiful Sunshine Coast. Located on Level 3 of Pulse Oceanside Medical, a six level multi tenanted medical facility within the thriving Birtinya Health Hub and conveniently situated opposite the Sunshine Coast University Hospital and Sunshine Coast University Private Hospital.

- Rooms equipped with a hand basin, telephone and internet connection;
- Spacious waiting room/reception area with television; Large reception desk with room for a receptionist station – if required; Internet access;
- Telephone line billed separately ;One private car park allocated on Level 1 (undercover, locked and secure) Electricity, air conditioning/heating, general cleaning; Access to staff amenities – toilets/shower, kitchenette/microwave oven/ fridge; Lockable storage cupboard for medical supplies and equipment.
- Radiology practice in building; Cafes and restaurants on the Ground Floor
- **Immediate start available**
- **Sessional and Fulltime (no Meet and Greet)**
- **Please phone Kelly on 07 5317 1117 for further enquiries.**

February 2021

## CLASSIFIEDS:

**Free to SCLMA members**

**\$110 for non members.**

**Queries: Jo 0407 037 112**

**Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)**

**SUNSHINE COAST HEALTH REPORT 2021****Thursday 26 August 2021****MAROOCHYDORE SURF CLUB****Presenters from SCHHS, Primary Health Network, SCLMA,  
Sunshine Coast University Private Hospital and Buderim Private Hospital.***Sponsors: PHN and SCLMA.*

**Current SCLMA President Dr Roger Faint, Dr Mark Waters Interim CEO SCHHS,  
Dr Edwin Kruys, GPLO SCHHS and SCLMA Life Member Dr Mason Stevenson.**



**Pattie Hudson CEO PHN Central Qld Wide Bay  
Sunshine Coast and Karen Clark GM  
Buderim Private Hospital**

**NEXT MEETING**

**Thursday 16 SEPTEMBER  
EARLY TO AVOID SCHOOL HOLS!  
MAROOCHYDORE SURF CLUB  
6.30 - 9.00pm, Meal & Beverages**

**Dr Hamish Gray,  
Orthopaedic Surgeon  
MBCChB FACS(Orth) FAOrthA**

**NOTE THE DATE CHANGE!  
THURSDAY 16 SEPT 2021**

**Jo: [admin@sclma.com.au](mailto:admin@sclma.com.au)**

