



## SCLMA President's Message .....

### Dr Roger Faint



A three day very restrictive lockdown for most of South East Queensland was announced on Saturday 31st July from 4 pm after having to wear masks for over four weeks. This was because of small epidemic (9 cases) of the very infectious Delta COVID-19 virus in Brisbane.

The yearly 'Sunshine Coast Health Report' will be on Thursday 26th August at the Maroochydore Surf club. This is now a yearly event updating the medical profession on important local medical service and operative issues.

Speakers will include the acting CE SCUH or representative, Karen Clark, GM Buderim Hospital, the very busy Justin Greenwell, CEO SCUPH (and other local hospitals), our local PHN (CE Patti Hudson and Dr John Harper) and our local GPLOs. This is an opportunity to keep up to date, share your local grievances and ask the tough questions regarding patient clinical care and medical services.

Astra Zenica is on the nose (but cheap and freely available) while Pfizer is difficult to get, is expensive (profit US \$39/two doses = \$9.6 billion net profit last year) and now available at a pop-up clinic in Gympie.

The SCLMA Cocktail Gala is (or was) on at Twin Waters Resort on Friday 6th August and the SCLMA has sold a record 190 tickets. Cross fingers, I will have seen you all live when you read this article. I would like to thank all sponsors particularly the major ones including The Radiology Clinic, Maroochydore, the general practice firm Health and Co and the Buderim Hospital (part of the Uniting Care Health Group).

This year the SCLMA is looking at raising over \$25,000 towards Wishlist (two years ago \$15,000), with the cause being local Adolescent Mental Health. This includes an expensive commercial building, almost next to SCUH, to be built (I believe the first clod has been turned) and which has already attracted \$12 million dollars in funding from the Federal Government.

The Sunshine Coast Medical profession should be proud of its contributions to such a worthy cause and the generosity of donations is more impressive than ever. Thank you.

Are you wondering what is happening regarding health issues (public or privately) on the Sunshine Coast currently and over the next twelve months?

I have heard a whisper that Sunshine Coast OPD and surgery lists (particularly Orthopaedics) are again being reduced as the finances are inadequate to service the local rapid population growth. This means long waiting lists, more frustration and more chronic hip and knee pain for our local hard working tradies and geriatric patients.

**See you all at the Sunshine Coast Health Report 2021, Maroochydore Surf Club, Thursday 26th August, 6.30pm – 9.00pm.**

Dr Roger K Faint  
President, SCLMA



**SCLMA Cocktail party postponed until Friday 29 October 2021.**

The SCLMA thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter



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**Fax:** 5479 3995

The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

**Please address all correspondence to:**

**SCLMA PO Box 549 Cotton Tree 4558**

**Email:** admin@sclma.com.au

**Fax:** 5479 3995

**Newsletter Editor: Position Vacant.**

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## AUGUST 2021 NEWSLETTER

**Deadline will be  
MONDAY 23rd  
AUGUST 2021**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

**Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!**

**Contact Jo: Mobile: 0407 037 112**

**Email: admin@sclma.com.au**

**Fax: 5479 3995**

*We welcome new content - case studies, local news and photos.*

*If you are a new member, please send in a short bio and a photo to introduce yourself.*

## ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

**www.sclma.com.au.**

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

**Enquiries: Jo Ph: 0407 037 112**

**Email: admin@sclma.com.au**

Are you listed on the Member Directory on our website? Are your details correct?

*Directory form available on the website.*



**SCLMA MEMBERSHIP****Welcome New Members**

- **Dr Frank Connon (Orthopaedics)**
- **Dr Tess Connon (General Practice)**

*Please pass this newsletter to someone who might like to become a member!*

**Application Form - Page 33**

**Are you listed on our Members' Directory?**

**Directory form is on our website.**

**Do your details need to be updated?**

**<http://www.sclma.com.au/members/>**

**Contact: [admin@sclma.com.au](mailto:admin@sclma.com.au)**

Thanks to all members who have renewed and identified their payments.

*Contact us if you require a receipt.*

Have you paid your 2021 Membership?

*Still just \$110 per year. Late renewals can renew any time and be covered for 2022.*

**HIGHLIGHTS in this issue:**

- P 4-5: SCHHS - Dr Sue Nightingale, Exec Director Clinical Governance, Education and Research
- P 7: SCUPH - Justin Greenwell CEO
- P 9: BPH - Karen Clark GM
- P 11: USC - Clinical Trials
- P 13: PHN - JULY Update
- P 14-15: SCHHS GPLO JULY Update
- P 17: DR WAYNE HERDY - Centrelink!
- P 18-19: AMA Qld - PRESIDENT'S REPORT
- P 23: POOLE GROUP - SMSF Information
- P 28: **AAMI CONFERENCE 2021 INFO**
- P 35: CLASSIFIEDS

**Please 'like', 'share' and 'follow' our Facebook page: [sunshinecoast local medical association](#).**

**ALL COVID-19 UPDATES  
ARE UPLOADED AS RECEIVED.**

**Website: [www.sclma.com.au](http://www.sclma.com.au)**

**CLINICAL MEETINGS 2021**

**Thursday 26 August 2021 - DON'T MISS!**

**MAROOCHYDORE SURF CLUB**

**Sunshine Coast Health Report 2021**

**Presenters:**

- Sunshine Coast Hospital & Health Service
- Primary Health Network (PHN)
- Sunshine Coast University Private Hospital
- Buderim Private Hospital.

**Sponsors: PHN and SCLMA**

**(NOTE: MEETING WILL BE VIRTUAL IF NECESSARY)**

**NOTE: THURSDAY 16 SEPTEMBER  
DATE CHANGED TO AVOID SCHOOL HOLIDAYS -  
MAROOCHYDORE SURF CLUB**

**THURSDAY 28 OCTOBER - MDOR SURF CLUB**

**Thursday 25 NOVEMBER -VENUE CHANGE!  
THE LAKEHOUSE MOUNTAIN CREEK.**

**(Planning in progress for all above meetings)**

**Queries: Jo Ph: 0407 037 112**

**Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)**

**Taking interest for 2022 meetings now.**





## MEDICAL PREMISES FOR LEASE IN HERVEY BAY

Don't miss this opportunity to lease medical premises in the heart of Hervey Bay's CBD. These premises are already complete with a modern fit-out including 4 consulting rooms, 2 treatment rooms, waiting area, kitchen, staff room and reception.

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Hervey Bay QLD 4655  
[www.c21chb.com](http://www.c21chb.com)

**07 4124 0224**



## HEALTH SERVICE LINK - JULY 2021

Dear SCLMA Colleagues,

### **COVID-19 update and vaccinations**

On 6 July our medical emergency team responded to an incident involving one of our COVID-19 positive patients. About 10 staff were involved in the incident. We considered them to be primary and casual contacts, and hopefully by the time you are reading this, will have been released from quarantine. All areas involved in the incident were COVID cleaned. There was no risk to other patients or staff or to the community. I commend all they did to save this patient's life.



I would like to thank the entire health service who play a vital role in our daily response to COVID-19, from testing, tracing to vaccination, public health, pharmacy, infectious diseases, infection management, emergency management, communication and operations.

We continue to test across the region, and provide vaccinations and Sunshine Coast University Hospital and Nambour General Hospital, vaccinations will also be available from 27 July, at the Gympie Vaccination Clinic at the Civic Centre. It will open from 9am-5pm Monday to Friday until the end of October

### **Patient safety week – 13-17 September**

This year the Sunshine Coast HHS with our SCHI partners and the PHN are working together to deliver the much-loved Patient Safety Week: 13- 17 September 2021. This event is an opportunity to share, teach, learn and celebrate patient safety across the Sunshine Coast. The theme this year is “The future of patient safety” with sessions held across all facilities covering three subthemes of “starts with me”, “across the lifespan” and “sharing effective care”.

The Safety, Quality and Innovation Unit are leading the coordination of this week that will involve presentations, activities and the poster competition that showcases improvement initiatives in our HHS. We are hoping GPs can be involved in the week.

### **Dying to know day**

Dying to Know Day, 8 August 2021 is an annual day of action dedicated to bringing to life conversations and community actions around death, dying and bereavement. Talking about the end of life can be frightening or confronting, but most people will want to talk about it if they are asked in the right way. A health service webpage with supporting documentation to support these conversations is available.

### **Save the date Sunshine Coast Health Institute Symposium 2022**

**17 March 2022.**

Planning for next year's Sunshine Coast Health Institute Symposium is underway. Held at Sunshine Coast Health Institute, this event showcases collaborations with diverse components of the health sector including primary, tertiary and community health organisations, as well as health education and inter-professional learning.

The symposium is a wonderful opportunity for you to learn more about innovation, education opportunities and health advances in our community. The symposium is an online, virtual event. More information to follow.

*Kind regards,*

*Dr Sue Nightingale*

*Executive Director Clinical Governance, Education and Research*

**REMINDER!! Sunshine Coast Health Report 2021 - Maroochydore Surf Club - Thursday 26 August.**

**Collaboration between and presentations from SCHHS, PHN, SCLMA, Sunshine Coast University Private Hospital and Buderim Private Hospital - this is a once a year event! Don't miss it!!**

## HEALTH SERVICE LINK - JULY 2021 /cont

### SCHHS Profile

#### Brett Dalgliesh SCHHS Director of Pharmacy Services



Adapting to change is something Sunshine Coast Hospital and Health Service (SCHHS) Director of Pharmacy, Brett Dalgliesh doesn't shy away from. In fact, he's well accustomed to it and now, after clocking up 10 years with the department he says it's also a great strength of his team.

*"I've been drawn to positions that are somewhat new, un-scoped, different in some way. When I heard there was an opportunity at SCHHS to be involved with the new hospital, I thought that would be a significant and great challenge," Brett said,*

*"When you consider the history of healthcare in Australia, the last I heard of a new greenfield tertiary site being built was more than 20 years ago.*

*"There's also been changes that have occurred around that; the transition to the facility, the opportunity to work with new people – not only in pharmacy but also in other disciplines – as well as the automation pieces that we now have, within the pharmacy and out in the clinical units with our storage and automated dispensing cabinets.*

*"We also now have pneumatic tube systems to assist us with our care delivery, not to mention ieMR. The electronic age is with us and that's been another big change I've enjoyed. The next challenge will be the digital health age and I enjoy working with a group who are young and enthusiastic and want to take that on and work with it. That resilience within the team is one of the things that keeps me going.*

*"Pharmacy itself is also going through some significant change, in terms of how we're viewed by other clinicians and where we fit into the healthcare system. It's an exciting time for pharmacy that our cognitive services are increasingly valued by our medical colleagues. We've always been viewed positively by our nursing colleagues as well, as a great asset to patient care in the clinical units.*

*"Now, we're being seen more as part of the team at the patient coalface and of significant value to the decision making associated with creating medication management plans with our patients. That will of course flow on to benefit the community and there's lots of untapped capabilities and possibilities in that space, for pharmacy to be well established and considered as part of the standard healthcare delivery team," Brett said.*

*On what makes a successful leader, Brett says being able to positively engage with those around you and empowering your workforce to do the best they can, is key.*

*"A successful leader doesn't always lead from the front but they're capable of doing so. They also allow people to step up, take the reins and show their capability. When you empower people it gives them a sense of belonging. I think that's an important feature of building a high performing team. You don't want to lose people along the way, you want to bring them with you.*

*"Communication with your workforce, be that one on one or in a group setting, on a routine basis, is also really important. When the challenges can be quite overwhelming for some people, you need to keep them focused, have them looking at what's at hand, what needs to be done, and that slogan 'we'll get through it together', I know it's been used a fair bit during these COVID times, but it's true of successful leadership as well."*

*Looking ahead, Brett says there is a bright future for pharmacy.*

*"We're in a transition phase. We're in between our traditional style of medication sourcing, where you for example, dispense the medication, making sure it's labelled correctly, distributed and safely accessible. This is a core function of pharmacy, but there are now the value adds that we're seeing from a clinical perspective, directly impacting patient care, that I think are starting to be more recognised by other disciplines as quite valuable," Brett said.*

*"Medications are ubiquitous in our population and every patient who comes into a hospital will utilise medication at some stage. Therefore, there is risk with that, so if there's a discipline that can specialise in medication management; the potential adverse effects, how to manage your medications without interactions, and so on, that's where pharmacy can be so much more valuable.*

*"In a world where there is an ever-increasing demand on healthcare systems, and the complexity of healthcare and the medications we're using are also significantly increasing, I think there's a bright future for pharmacy to excel in that space. It's going to be a collaborative effort of course, but we're pretty excited about that."*

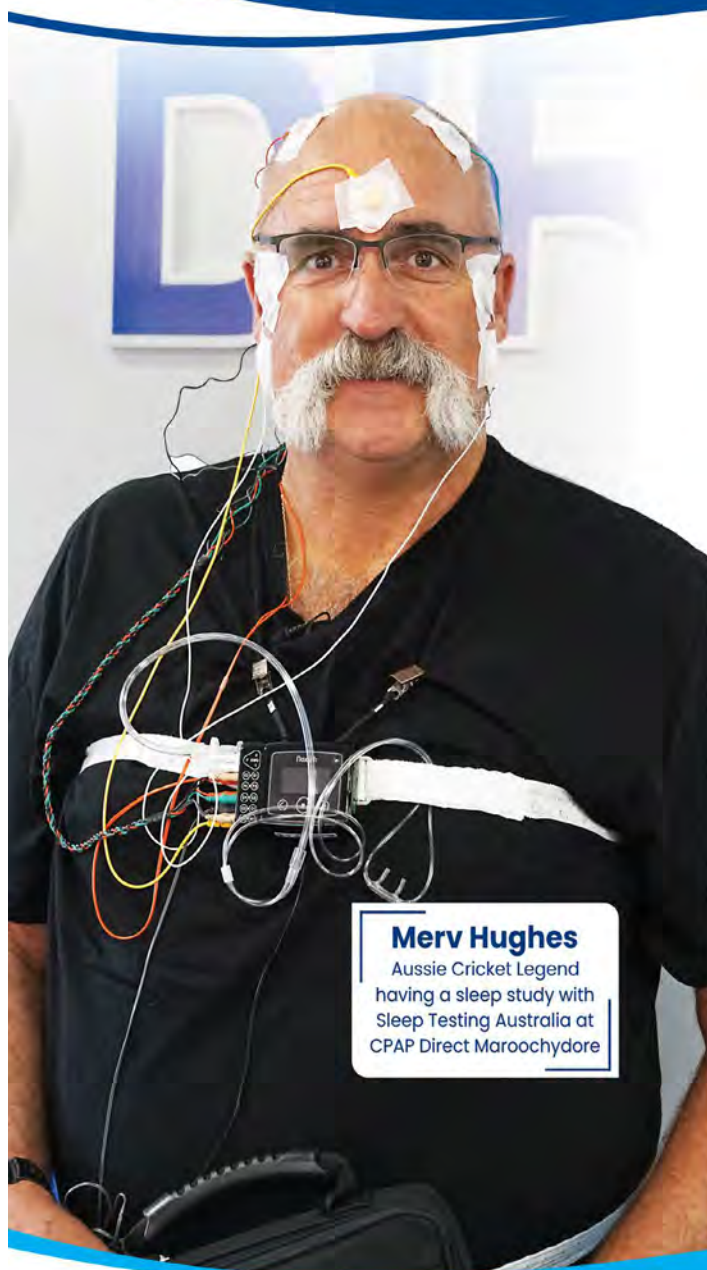
Brett Dalgliesh



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# MONTHLY UPDATE

## By CEO Justin Greenwell

SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL  
NAMBOR SELANGOR PRIVATE HOSPITAL • NOOSA HOSPITAL

### Noosa Emergency Department

A big thanks to the invaluable work all the team at Noosa Hospital Emergency Department does 24/7 to care for the local community.

The past financial year has seen 21,191 presentations to the ED, a 12% increase compared with 18,903 the year before. The team has done particularly well, especially considering the added challenges around COVID-19 requirements.

Pictured below, L to R, are just a few of the Noosa Hospital ED team – Nurse Unit Manager Carolyn O'Connell, Administrative Assistant Rosalyn Park, Director Dr Mary Basire and Dr Karl van der Merwe.



### Stealth technology supports ENT surgeons

Ear, nose and throat specialists at Sunshine Coast Uni Private Hospital now have access to a new navigation system StealthStation ENT, which arrived in July.

It is used for comprehensive sinus surgery where it is difficult to identify landmarks through the endoscopic view alone – patients have a pre-op CT which is loaded onto the system.

The system's electromagnetic technology is designed to expand what was previously possible with image-guided surgery, with 3D modelling to enrich visualisation of patient anatomy and pathology.



### Specialist updates

The Sunshine Coast University Private Hospital team welcomes gastroenterologist Dr Vikas Gupta.

Dr Gupta completed a Fellowship in hepatopancreatobiliary medicine with a focus on therapeutic endoscopic ultrasound (EUS) and Endoscopic Retrograde Cholangio-Pancreatography (ERCP) at Hôpital Privé Jean Mermoz in Lyon, France – one of the highest volume advanced endoscopy centres in Europe. Among his special interests

are cancer screening, advanced polyp resection techniques, Barrett's diagnosis and therapeutic and palliative oesophageal, duodenal and colonic stenting.

In other news, urological surgeon Dr Chris Vernon who consults at Sunshine Coast University Private Hospital has started fortnightly consults at Gympie Specialist Clinic. Dr Vernon's special interests include urological oncology, Stone disease, Benign Prostatic Hyperplasia, incontinence and erectile dysfunction.

### GP Education

Ramsay Health Care's support of GP Education across the Sunshine Coast continues. Planned education sessions in July included an event by SCUPH gynaecologists around 'Women, periods and pain', cervical dysplasia and endometriosis – and an evening on neoadjuvant therapy in breast cancer and prostate cancer screening presented by a breast surgeon and a urologist from SCUPH.

In September, a GP education event at Brightwater will focus on bariatrics and endocrinology.

GPs can subscribe to learn about upcoming events and GP news using one of the links below

<https://www.sunshinecoastuniversityprivate.com.au/For-Doctors/Subscribe-to-GP-Updates>

<https://www.noosahospital.com.au/For-GPs/Subscribe-to-GP-Update>

<https://www.nambourselangor.com.au/For-GPs/How-to-Refer-a-Patient>

### SCUPH how to refer & admit

Three easy steps to refer and admit a patient to Sunshine Coast University Private Hospital:

1. Complete the admission form provided,
2. Email or fax it,
3. Phone our After Hours Manager on 1300 DR ADMIT to refer the patient (even if the specialist has already accepted the patient, you need to confirm a bed is available before sending the patient to the hospital).

See details on our website

<https://www.sunshinecoastuniversityprivate.com.au/For-Doctors/How-to-Refer-and-Admit-a-Patient>

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## Sunshine Coast Orthopaedic Clinic

### The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for twelve years. We have treated many professional and semi-professional athletes as well as the “weekend warriors”, including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Falcons, Melbourne Storm and many other local clubs.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques

or an appropriate non-operative treatment programme.

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures, loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such as an MRI scan.

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement, revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.

Dr Lawrie is happy to take phone calls for advice, queries etc as this often helps the referral process.

## For appointments contact

Dr Steven Lawrie  
Suite 17, Kawana Private Hospital  
5 Innovation Parkway, Birtinya QLD 4575  
p: 07 5493 3994  
f: 07 5493 3897  
e: [sunshineortho@bigpond.com.au](mailto:sunshineortho@bigpond.com.au)  
[www.sunshineortho.com.au](http://www.sunshineortho.com.au)

## Examples of these injuries include:

A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied with the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.

Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

Traumatic meniscal tears where early repair rather than delayed resection can make a dramatic difference in outcomes

Early ACL surgery in the young active patient/sportsman.





# BUDERIM PRIVATE HOSPITAL

July 2021

## MONTHLY UPDATE | GENERAL MANAGER KAREN CLARK

### NEWLY CREDENTIALLED VMPS

Our hospital has recently welcomed the following specialists to our team of Visiting Medical Practitioners:

- **Dr Madeleine Adams**  
Ophthalmologist, 07 5345 5011
- **Dr Jagath Bandara**  
Psychiatrist, 07 5452 0506
- **Dr Robert North**  
Obstetrician and Gynaecologist, 07 5443 4301
- **Dr Shradha Subedi**  
Infectious Diseases Physician, 07 5437 7390

All of our specialists and their contact details can be found by visiting our website at [www.buderimprivatehospital.com.au/doctorsearch](http://www.buderimprivatehospital.com.au/doctorsearch)

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### TRAUMA RECOVERY PROGRAM RECOGNISED

Our Cooina Mental Health Service's 'Trauma Recovery Program' was recently recognised by Phoenix Australia for delivering excellence in patient outcomes for the treatment of PTSD.

Phoenix Australia monitors and assesses all DVA-accredited programs nationwide and our program was recognised for delivering outcomes that exceed standard benchmarks for the treatment of post-traumatic stress disorder.

Delivered as an outpatient service, Buderim Private Hospital has the only DVA accredited PTSD treatment program between Brisbane and Townsville. The program uses Trauma-Focused Psychological Therapies including Cognitive Behavioral Therapy to treat PTSD and the five most common co-morbid disorders including depression, anxiety, addictions, sleep disturbance and anger problems.

This intensive program runs three days per week for 12 consecutive weeks. The program includes individual therapy, group therapy, family therapy and creating links to relevant outside agencies.

If you think your patient may be suffering from PTSD, please consider referring to this program for an assessment and, if appropriate, treatment.

Please call our Cooina Mental Health Service on 1300 780 413 or visit our website for more information about the program:

[www.buderimprivatehospital.com.au/traumarecovery](http://www.buderimprivatehospital.com.au/traumarecovery)





## One of the first in the world

The Radiology Clinic is pleased to be one of the first Imaging facilities in the world to install the Canon i800 Prism ultrasound machine. This scanner is designed to deliver outstanding clinical precision, clear images with enhanced resolution and penetration as well as an abundance of tools to help referrers get diagnostic answers quickly and reliably. The system enables clinicians to see dynamic muscle and tendon movements with great detail and definition - with a viewing depth of 50cm, the deepest on the market - the ability to assess nerves and guide procedures such as steroid injections and RFA is unmatched. The i800 Prism supports a wide range of clinical applications, including obstetrics, abdominal, gynecology, pediatric, small organ, MSK, urology and periphperal vessels.

### e-Referrals Available

An e-Referral, or electronic referral, is a digital version of an imaging request. You fill out the image request in the usual way in your practice management software and by clicking 'Print & Send' it is electronically signed, encrypted and delivered straight to The Radiology Clinic via Medical Objects.

- Speed up the referring process
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#### CONTACT US

For referrals and more information  
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e [reception@theradiologyclinic.com.au](mailto:reception@theradiologyclinic.com.au)

31 Plaza Pde  
Maroochydore Q 4558  
[www.theradiologyclinic.com.au](http://www.theradiologyclinic.com.au)





## Clinical TRIALS

### mRNA COVID-19 vaccine trial in Moreton Bay

USC Clinical Trials is set to commence its' third COVID-19 vaccine trial, with a potential new mRNA vaccine being tested.

This investigational new vaccine, produced by Sanofi, will be tested at their phase 1 clinical trial centre in Morayfield.

This study will be assessing the level of immune response generated by the investigational new vaccine.

To do this, USC Clinical Trials will be recruiting healthy volunteers over 18 years old, who have not had COVID-19, nor have had a COVID vaccine. This way the body's immune response to the vaccine can be easily identified.

USC Clinical Trial's Principal Investigator Dr Rob Scott will oversee the clinical trial for USC. "mRNA vaccines have been fantastically successful in combating this pandemic. Their ability to be quickly retargeted to variants of concern is likely to be vital to future control of the coronavirus pandemic" Dr Scott said.

USC Clinical Trials Director Lucas Litewka said an mRNA vaccine presents an exciting opportunity for a regional university to partner with local community to undertake important research with potentially significant global health application.

The study will require that participants attend up to 9 visits to USC Clinical Trials' Morayfield centre, and participate in three follow-up phone calls. Participants will be involved in the study for up to 13 months. Those interested in volunteering can find more information at [www.usc.edu.au/covid](http://www.usc.edu.au/covid).

### Lymphoedema trial on the Sunshine Coast

USC Clinical Trials will work closely with Dr Hong Shue of the Sunshine Coast Haematology and Oncology Clinic and physiotherapist Jennifer McKenzie from the McKenzie Clinic to conduct this trial.

The study will be run over a 48-week period and include 26 weeks of treatment. Males and females 18 to 80 years of age who have medically diagnosed lymphoedema secondary to breast cancer treatment are invited to register their interest in this study now.

Those interested in participating can go to [www.usc.edu.au/trials](http://www.usc.edu.au/trials) or call (07) 5456 3797.

### Introducing our new Southbank-Brisbane location

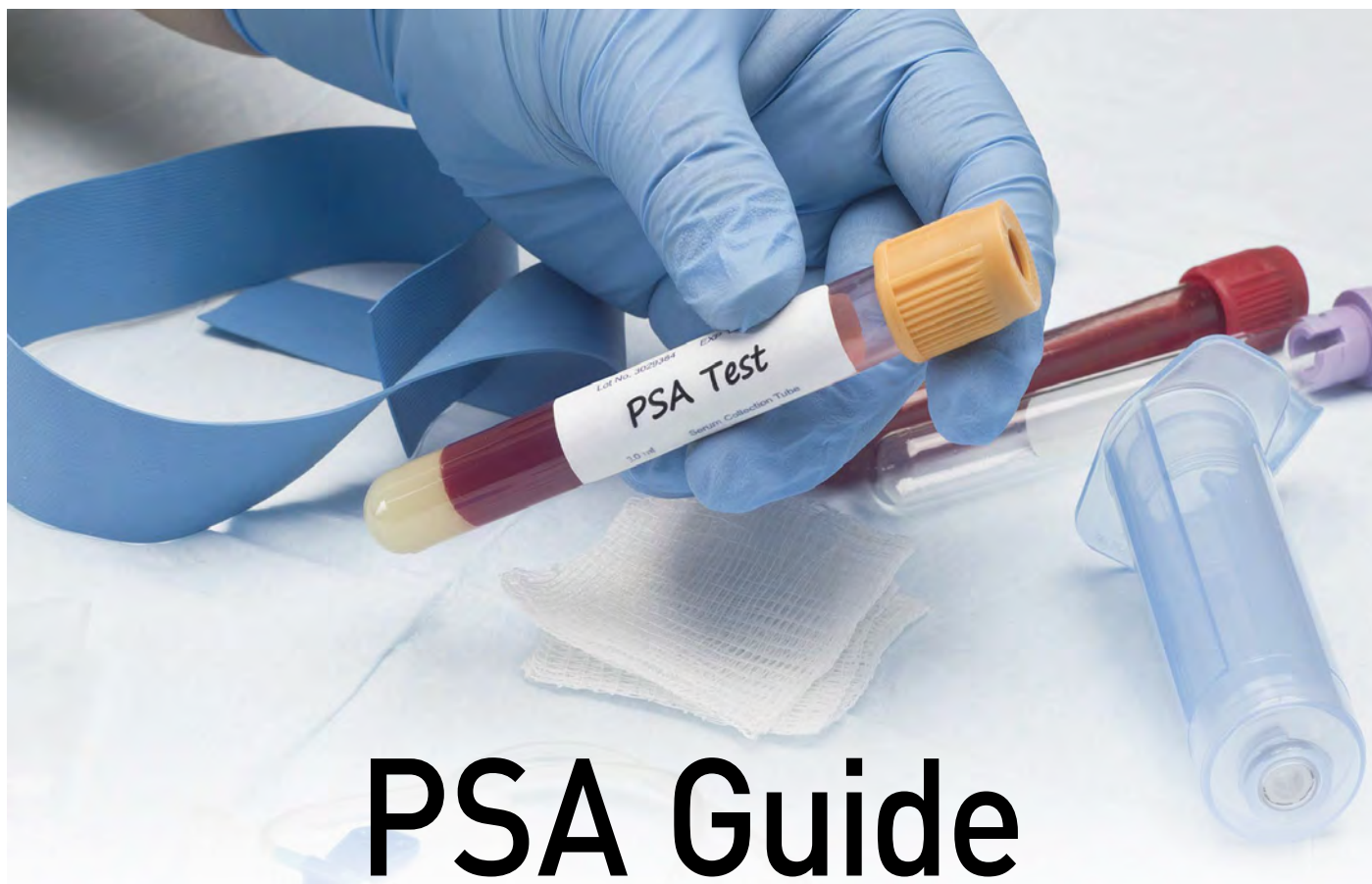
Introducing our third clinical trial site at South Bank in Brisbane.

This facility will focus on early phase (healthy volunteer), vaccines, and chronic diseases.

We will be seeking expressions of interest from medical doctors, nurses and health professionals to join our team.



[usc.edu.au/trials](http://usc.edu.au/trials)



# PSA Guide

Early detection saves lives

**PSA >3 is a red flag**

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

**Refer if:**

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule  
or PSA increases while on Duodart

**Refer to:**

**Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo**



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**MEDIA RELEASE**

14 July 2021

**Local practice leads way in national mental health trial**

A general practice in the Noosa hinterland is leading the way in a national trial of an innovative mental health service developed by the Black Dog Institute.

StepCare is an online assessment tool which can help detect symptoms of depression, anxiety and risky drinking in patients visiting their GP, simply by answering a series of questions on a tablet as they wait for their appointment.

Once the survey is completed, an assessment of their mental wellbeing is generated and securely sent to their GP's clinical software.

The results, along with personalised treatment options if needed, are already in front of the GP when the patient's appointment begins.

Cooroy Family Practice has screened 1,000 patients using this tool since joining the trial in November 2019, more than any other clinic taking part across the country.

Practice owner Vivianne Dawalibi said her staff's holistic approach to person-centred care has helped make their use of StepCare so successful.

"Our practice nurse started including the screening as 'business as usual' when conducting patients' observations and other care plans, and our GPs were incredibly supportive of the initiative," Ms Dawalibi said.

"They found that StepCare was an important step in initiating conversations about mental illness for those who otherwise would or could not disclose their concerns, including those at risk of suicide.

"Now, for Cooroy Family Practice patients, talking about their mental health is just part of attending the surgery."

Five other local general practices have been part of the StepCare trial, which launched in 2017 and is supported with funding from Central Queensland, Wide Bay, Sunshine Coast PHN.

The PHN's senior manager Robb Major said there was strong evidence that early identification of mental health challenges played a crucial role in early recovery.

"Implementing opportunistic screening like this in general practice has shown to be an effective way of offering the right level of support at the right time," Mr Major said.

"We are pleased to fund an initiative that has made a difference to the mental wellbeing of the local community.

"It is great to see that the program has been so well received."

The Black Dog Institute's Head of Implementation Practice Janey McGoldrick praised the team at Cooroy Family Practice and their proactive approach to screening for mental health.

"Cooroy Family Practice has demonstrated a huge commitment to people in their local community, which has ensured many additional people can access support," said Ms McGoldrick.

"For every 16 patients who were offered StepCare screening [across Australia], the service identified 1 patient with undiagnosed mental health symptoms.

"Overall, we have been finding that StepCare detected depression and/or anxiety in more than 40% of patients who were screened at their general practice."

The StepCare trial will finish in September, with related findings to be published in 2022.

**For more information contact: Jasmin Midgley, Senior Media and Communications Officer, Central Queensland, Wide Bay, Sunshine Coast PHN on 0451 300 050.**



### Update: COVID-19 vaccination advice and referral pathways

We try to regularly update HealthPathways with referral tips for the SCHHS vaccination clinics, frequently asked questions, and contact phone numbers for medical advice around COVID-19 vaccination challenges.

The latest COVID-19 vaccination referral pathways including Queensland Health's 'Recommendation to Receive the Pfizer COVID-19 Vaccine' form is available here:

<https://sunshinecoast.communityhealthpathways.org/891089.htm>

[CLICK HERE - FOR THE FORM \(PDF\)](#)

**Please note:** The new form replaces the process of faxing referral letters. Faxed referrals / letters for the Pfizer vaccine will no longer be accepted. Please do not fax the form. Give the form to your patient to bring to their appointment. Practice software templates of the form are available.

HealthPathways username: usersc; password: pwsc.

### Referrals to the SCHHS Nurse Navigator Service are welcome

GPs are welcome to refer to the Nurse Navigator Service - preferably through Smart Referrals or otherwise your usual referral process. Consider referring patients with complex health care needs, multiple comorbidities, appointments and procedures, as well as patients with care that is fragmented and needing coordination and linkage with support services. For more information about referral pathways see HealthPathways: <https://sunshinecoast.communityhealthpathways.org/86222.htm>

### Minor Injury and Illness Clinic (MIIC) closed

MIIC has been closed until further notice. The only service available on site will be COVID swabbing. Patients will need to be seen in General Practice or present to ED.





### Hospital in the Home referrals are welcome

GPs have the option to admit patients directly to Hospital in the Home (HiTH). HiTH provides eligible patients acute hospital level care in their homes (including nursing homes) for a broad range of conditions – and importantly - enables patients to bypass the Emergency Department.

Please consider admitting eligible patients for the following conditions:

- Exacerbation of COPD
- CAP (Community Acquired Pneumonia)
- Hyperemesis gravidarum requiring IV rehydration
- Cellulitis
- Pyelonephritis.

The admission process is easy: Contact the HITH Medical Officer (available 24 hours) via the SCUH switchboard Ph 07 5202 0000.

For more information about the conditions accepted and eligibility criteria, see HealthPathways:

<https://sunshinecoast.communityhealthpathways.org/97125.htm>

### The SCHHS General Practice Liaison Unit wants to hear from you!

**Please email feedback and suggestions to SCHHS-  
GPLO@health.qld.gov.au**

Phone: 07 5202 3822; Mobile: 0439 591 731

Fax: 07 5202 1044

Website: [www.health.qld.gov.au/sunshinecoast/healthcare-providers](http://www.health.qld.gov.au/sunshinecoast/healthcare-providers)

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## WHO LOVES CENTRELINK?



An AMAQ Past President once speculated on the possibility of measuring rage in units called the Telstra. He might equally have named his unit the Centrelink.

We poor humble GPs suffer the unenviable task of writing Centrelink medical certificates, mostly to exempt our patients from the onerous duty of seeking out ridiculous and impracticable numbers of applications for jobs they don't want and are unsuited for, with employers who would not engage the unemployable under any circumstances and are burdened with the time-wasting task of processing applications from applicants who will never get any job anywhere anytime.

The certificate is in itself a flawed document, but Centrelink staff are increasingly using its inbuilt fallacies as reasons for rejecting the certificate. Which makes our ever-suffering patients have to come back to waste another consultation slot in our overcrowded appointment books.

We see certificates rejected because we do not state a commencement date for an illness. Unless there is a clear triggering event, who can tell when the patient's anxiety or depression commenced, or the precise date on which they were no longer able to work because of their progressive degenerative disease?

Certificates are rejected because we do not specify the prognosis.

When we are asked, what is the prognosis of this patient's mood disorder, are we allowed to answer "I really have no idea"? Mostly, Centrelink seem to accept "NK", maybe just because there is something written in the vacant space, no matter how meaningless.

We see rejections because we do not specify details of past treatments. If the patient has suffered their inflammatory joint disorder for 20 years and tried every potion known to science and many relegated to pseudo-science, how do you fit that into a tiny line? So far, the Centrelink analytical scientists seem to accept a dismissive "multiple".

But the part I love most is the line where we have to describe the condition as temporary, permanent, or an exacerbation. Centrelink automatically reject anything other than "exacerbation". The logic of this defies examination. If a condition is "permanent", surely that qualifies the patient for the exemption sought. No, the only acceptable answer is that the present status is only an exacerbation of the chronic disease. My personal hypothesis is that, if we identify the condition as "permanent" or likely to last more than two years, that is supposed to trigger a knee-jerk (assuming that Centrelink has more than paramecium-like responsivity) response to have the patient considered a potential candidate for genuinely permanent disability, i.e. the patient then must be considered eligible for a Disability Support Pension. Since this involves a lot of extra paperwork, and possibly some exercise for any neurones surviving the Centrelink work environment, the secondary knee-jerk response must be a rejection.

The Centrelink medical certificate is not an ideal document. But the real unworkability is the processing of the document in ways that does not allow a certificate to achieve its objective unless it fits within a narrow preconceived framework that belies the reality of the patient's illness.

Getting off the topic of the medical certificates, Centrelink has one other galling practice. Their offices seem to have no front desks and no frontline staff. I hesitate to use the word "service". Patients who enter the suburban Centrelink office to apply for a benefit are pointed towards one of the computer points and told to fill out the application online. Fail ! So many potential Centrelink clients are impaired, visually or intellectually, many are illiterate or computer illiterate. If they weren't, they might not be applying for a Centrelink benefit. If they need help, they need to bring a helper with them, because they don't seem to get it from the Centrelink staff.

***Whatever happened to the "service" part of the public service?***

Wayne Herdy





*Leading Queensland Doctors  
Creating Better Health*

## PRESIDENT AND CEO REPORT



*Prof Chris Perry OAM and Dr Brett Dale*

At the start of August, we are in the fourth lockdown for Queensland in 2021 and the Sunshine Coast is once again experiencing negative social and economic impacts. While the lockdown is necessary, we must continue to chart a course out of COVID-19 and encourage community vaccinations and follow all public health directives to curb the spread of this deadly virus. In this update, we have information on state and federal government support available to private practice businesses impacted by this latest lockdown, as well as other advice and advocacy including Voluntary Assisted Dying (VAD) legislation, emergency department ramping and more.

## COVID-19 UPDATE

### Business support available

The lockdown in South East Queensland places many businesses, including private practices, under immense financial pressure. There is state and federal government support available to help your practice and staff.

The Queensland Government will provide \$5,000 payments to businesses across Queensland affected by the current COVID-19 lockdown and lockdowns in other states. These grants will open mid-August and more information is available on [business.qld.gov.au](https://business.qld.gov.au).



The Federal Government has two support packages available. Firstly, the COVID-19 Disaster Payment provides \$750/week if employees lose 20 hours or more of work or \$450/week if they lose between 8-20 hours. Secondly, the Pandemic Leave Disaster Payment is a lump sum of \$1,500 per 14-day period an employee is unable to work due to self-isolating, quarantining or caring requirements. More information for both federal programs is available at [servicesaustralia.gov.au](https://servicesaustralia.gov.au).

Employers must also be aware of the pandemic leave rules under the Modern Award. Members can contact our Workplace Relations team on [workplacelrelations@amaq.com.au](mailto:workplacelrelations@amaq.com.au) if they need advice.

### Long Telehealth consultations for hot-spots

General practices are now able to use specific MBS item numbers to provide telehealth services to people living in locations declared to be a COVID-19 hot-spot. This includes the Shire of Noosa and the Sunshine Coast Region Local Government Areas. These areas will remain a hotspot until 8 August.

The two new MBS items, 92746 for GPs and 92747 for other medical practitioners enable the provision of longer telephone consultations, lasting 20 minutes or more, to people who are in a Commonwealth declared COVID-19 hotspot or required to isolate or quarantine because of a public health order. The new MBS items are exempt from the 'usual medical practitioner' rule that requires a patient to have received a face-to-face consultation from the medical practitioner or the practice in the last year. Head to *the Support for People in COVID-19 Hotspots* web page on the Department of Health website to find out more.

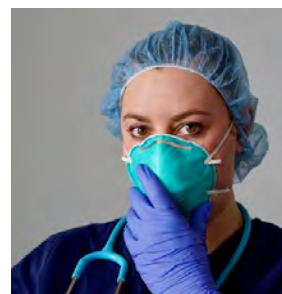
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### Advocacy win for GPs PPE

We have been consistently lobbying for GPs to have greater supplies of PPE and welcome the Federal Government's announcement that Queensland GPs in declared hotspots can access PPE from the National Medical Stockpile through their local PHN. This includes surgical masks, N95 masks, gloves, gowns and goggles. We are here to support our members and advocate for the medical profession in Queensland and are pleased to see this supply of PPE for our GPs. Contact the Central Queensland, Wide Bay, Sunshine Coast PHN to place your order.



### Pfizer for 12-15 year olds

ATAGI has updated their vaccination advice for children in high risk groups aged between 12 to 15 years old. From Monday 9 August, children with either specific medical conditions, who identify as Aboriginal and Torres Strait Islander or live in a remote community will be able to receive a Pfizer-BioNTech COVID-19 vaccine. While we welcome this advice, the demand for Pfizer outstrips demand and we are urgently lobbying for more vaccines.

### NEW PAY RATES SUMMARY RELEASED



The Panel of the Fair Work Commission decided to increase the minimum modern award rates of pay by 2.5 per cent. For the health care sector, this increase took effect from 1 July 2021 and impacts employees covered by industry modern awards, such as the Nurses Award 2010 and the Health Professional and Support Services Award 2020. Our Workplace Relations Team has updated our Pay Rates Summary for 2021-22, which is available to all members. Head to our website to access the summary or contact our team for more information.

### AMA QUEENSLAND SCORECARD

The AMA Queensland Scorecard highlights our extensive work to advance the medical profession in Queensland and our support for doctors in the delivery of exemplary health care for the community. Our key achievements and results delivered in the second quarter of 2021 include:

- 9.1 million media audience;
- 308 media mentions;
- 85 media inquiries;
- 9,200 social media followers;
- 51,500 website page views;
- 141 new members;
- 1,976 member engagements;
- 103 Ministerial, government and stakeholder meetings;
- 46 employment contracts;
- 507 workplace relations member engagements
- 20 Wellbeing at Work sessions; and more.

We are proud to be leading Queensland doctors and creating better health for our community.



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## DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

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Dr Byrne MBChB, MRCSEd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

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T 07 5437 7256  
E [info@scneuro.com.au](mailto:info@scneuro.com.au)

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**DR DENISE LADWIG**  
FRANZCOG, DDU

Dr Denise Ladwig is a Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists and has a Diploma of Diagnostic Ultrasound. She has special interests in gynaecologic pathology, 3D/4D imaging and fetal abnormalities.

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### RESEARCH SHOWS:

- A single bout of exercise can lead to a post-exercise decrease in blood pressure in hypertensive individuals, called Postexercise Hypotension (PEH)
- All forms of exercise produced PEH in sedentary elderly hypertensive patients. However, High Intensive Interval Exercise produced the greater and more sustained PEH





## **Non-Concessional Contribution Bring-forward measures and 6-member Self Managed Super Fund (SMSF) Bill passes Parliament**

On Thursday, the measures to extend the bring-forward age up to 67 and the bill to increase the number of members allowed in an SMSF were passed by both houses of Parliament. Both measures have been items of discussion for an extended period of time, and we are excited to have a definite outcome at last.

### The Bring Forward Measure

The changes to the Bring Forward Measure amends the *Income Tax Assessment Act 1997* to enable individuals aged 65 and 66 to make up to three years of non-concessional (after tax) superannuation contributions under the bring-forward rule. Previously, this measure was only available to members under the age of 65. This change is inline with another recent change to the work test (the age at which the work test starts to apply for voluntary superannuation contributions has been increased from age 65 to age 67).

A member's non-concessional contribution cap is dependent on a number of factors, including their Total Superannuation Balance (TSB) at 30<sup>th</sup> June the prior year, so please contact us to discuss your circumstances before contributing additional money to superannuation under this measure.

### Increase in Number of SMSF Members from Four to Six

This proposal follows a recommendation by the Super System Review (Cooper Review) back in 2010. Many SMSFs currently have just one or two members, so this change may not affect them. However, for larger families with existing SMSFs, this new measure has the potential to provide greater flexibility for joint management of retirement savings. We anticipate that this change may bring about the following benefits for some clients:

- Making a larger pool of funds available to either diversify the existing investment mix, or purchase investments such as property that may not have been previously viable due to borrowing restrictions or lack of capital;
- Improve liquidity of the SMSF to help support older members who have already entered pension phase meet their minimum pension requirements without having to sell down existing investments;

These amendments apply from the start of the first quarter that commences after the act receives royal assent.

Of course, any decisions that are made will need to be done so after careful consideration of the provisions of your SMSF trust deed and personal circumstances.

If you would like to discuss this further, please contact David Darrant, Paul Lewty or Christine Benson on 07 5437 9900.



## GP Education

# The Big Issue

*Diabetes update,  
weight loss surgery,  
preoperative assessment,  
post-operative satisfaction,  
short and long term outcomes*



## PROGRAM

- 6.00pm Registrations  
6.30pm Welcome and Specialist Presenters' introductions  
7.00pm Discussion groups (20-25 minutes/group - rotating)

**Group A - Diabetes management in 2021**

Dr Sofia Velosa

**Group B - Should Metabolic Surgery be Primary Treatment for Diabetes?**

Dr James Askew

**Group C - Preoperative assessment and education**

Dr Benedict Mackay

**Group D - Post-surgery – patient management and support, short and long term outcomes**

Dr Garth McLeod

- 8.30pm Evaluation and close

## LEARNING OUTCOMES

- Identify latest options in managing diabetes, how and when to introduce them
- Describe the role of weight loss surgery in the management of diabetes
- Outline the preoperative assessment required for someone considering weight loss surgery
- Describe short and long term outcomes post weight loss surgery and ongoing patient support and management

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**Online** [www.sunshinecoastuniversityprivate.com.au/For-Doctors/GP-Education](http://www.sunshinecoastuniversityprivate.com.au/For-Doctors/GP-Education)

**Email** [fotheringham@ramsayhealth.com.au](mailto:fotheringham@ramsayhealth.com.au)

**Mobile** Pam Fotheringham on 0427 327 321 or Tansie Jarrett on 0427 199 202

## WHEN

**Wednesday 1 September 2021**

## WHERE

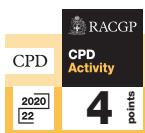
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**Dr Greg Finch** FRACS FAOrthA  
Spine Surgeon, Orthopaedic Surgeon

Dr Greg Finch received his medical degree through the University of **Auckland** in 1992, and obtained his FRACS through the Royal Australasian College of Surgeons in **Melbourne** in 2001. He undertook fully accredited intensive fellowship training in Spinal Surgery in **Portland, Oregon** at the Shriners Children's Hospital and Oregon Health Sciences University campus. He was fortunate to work with world-renowned surgeons in the field of spinal deformity surgery, and paediatric orthopaedics.

Dr Finch's second fellowship was undertaken in **Birmingham, UK**, at the Royal Orthopaedic Hospital where he treated spinal trauma, spinal tumours, adult and paediatric deformity, performed microscopic spine surgery, minimally invasive spine surgery and cervical and lumbar disc replacement surgery.

Dr Finch held appointments in **Perth** at the Royal Perth Hospital, Sir Charles Gardiner Hospital and Princess Margaret Hospital

for Children. Most recently he was a Consultant Orthopaedic Spinal Surgeon at the **Sunshine Coast** Hospital and Health Services.

Dr Finch is a specialist spine surgeon with particular interests in minimally-invasive spinal surgery, cervical and lumbar disc replacement, spinal tumours, anterior spinal surgery, adult spinal deformity, disc surgery, the degenerative spine, spinal stenosis, spinal trauma and revision or salvage spinal surgery.

So if you have a patient with a spinal issue, contact Dr Finch and have him map out a treatment plan to alleviate the problem.



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**OBSTETRICIAN / GYNAECOLOGIST**

From 2007 to 2015 Dr North was a GP Obstetrician and practice principal in rural Victoria.

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## Daintree National Park, Queensland

Home to one of the one of the oldest rainforests of the world, a visit to Daintree National Park is like stepping into a time machine to explore prehistoric flora and fauna. Hundreds of these species have remained unchanged thanks to the isolated geography of Australia. But that's not all there is to Daintree, along with being the residence of Kuku Yalanjee Aborigines, it also happens to host the meeting point of the world's oldest rainforest with the world's greatest coral reefs at Cape Tribulation.

Spread across one thousand two hundred kilometers, Daintree National Park offers breathtaking panoramic views of the surrounding landscapes. It connects the two geographical regions of Mossman Gorge and Cape Tribulation, with lowlands in the middle. Entering the jungle canopy is at par with being transported to the sets of the movie *Avatar* (which, it also happened to inspire), while making for a unique outdoor holiday experience. To add to the charm of this exquisite national park, the local aboriginal tribes (who protect and worship these landscapes) offer personalised guided tours and homestays at their village -- an experience you would not want to miss!

### ***What we have planned for you***

- *While taking a guided day tour through the Daintree Rainforest is a must, it is the guided night tour that offers the most spectacular up-close interactions with the fauna. In both the tours, you get to enjoy a time travelling experience by exploring the wildlife that has remained unchanged for over a hundred million years.*
- *Hop aboard the Daintree River cruise to go searching for the saltwater crocodiles in the legendary Steve Irwin's style.*
- *Post the croc-hunt, it's time to take a break from the jungle and pay a visit to the Granite wonder that is Mossman Gorge. Here, the Mossman River cascades over the granite boulders giving rise to freshwater swimming holes and pools with crystal clear waters that make the perfect location to enjoy a refreshing swim. You can even opt for a boardwalk across the emerald green canopy of the gorge or hike along the riverside trail.*
- *While at the Mossman Gorge, save an evening to enjoy a culturally immersive experience with the local Kuku Yalanji tribesmen, who would happily take you on a tour of their local village and offer you lip smacking local meals, the kind you would not find anywhere else in the world. Here, you will also have a chance of learning over nine thousand year old traditional techniques of fish catching and crab spearing.*
- *Having been through the rainforest and the tribal villages, the opportunity is ripe to pay a visit to Cape Tribulation -- the point where the ancient rainforest meets the Great Barrier Reef. This is where you can get the chance to spot the elusive Cassowary, an endangered large bird species, some of which can grow up to 2 meters in height.*

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Give us a call or check out our website for more information [www.123travel.com.au](http://www.123travel.com.au)





SAVE THE DATE

AUSTRALIAN ASSOCIATION OF  
MUSCULOSKELETAL MEDICINE  
2021 CONFERENCE

JOINING<sup>THE</sup>  
DOTS

MAKING SENSE OF  
MUSCULOSKELETAL PAIN

26-29 AUGUST  
**2021**  
RACV, NOOSA  
QUEENSLAND

The Organising Committee is pleased to invite you  
to the **2021 Conference** in tropical Noosa.

Join us as we explore the common links between the wide range of  
available diagnostic paradigms, imaging modalities and treatment  
approaches and try to 'make sense' of musculoskeletal pain.

With an emphasis on practical, day-to-day topics, the conference will  
feature many expert presentations and useful updates in clinical practice  
and imaging. Workshops will include ultrasound and injection skills,  
Regenerative Injection Therapies (PRP and Dextrose Prolotherapy),  
manual therapy and medicinal cannabis prescribing.

We hope you can join us in 2021 for a great educational experience  
and a chance to explore the lovely Noosa region.

Enquiries or to register your interest: NC Events

T: 0439 841 048

E: [ncosta@ncevents.com.au](mailto:ncosta@ncevents.com.au)

[www.aamm.org.au](http://www.aamm.org.au)



# Designing better care

## GenesisCare radiation oncology

We provide advanced radiation therapy techniques and continuously invest in cancer treatments and technology that has less side effects, and improves quality-of-life.<sup>1</sup>

The same radiation oncologists you know and trust, providing high quality, personalised care.



**Dr Debra Furniss**  
GI, Breast, lung, SABR,  
SRS, benign diseases,  
skin and palliative



**Dr James MacKean**  
Prostate brachytherapy,  
urological, GI, SRS,  
haematology and palliative



**Dr Bradley Wong**  
Wide-field skin, prostate,  
urological, benign conditions,  
breast and palliative

### Introducing DCISionRT – Biological profiling for personalised treatment

GenesisCare are proud to be the first in Australia to provide access to DCISionRT – a new test improving the treatment choices of breast cancer patients, to make informed decisions about their treatment options.

DCISionRT – a risk assessment tool looking at the likelihood of:

- DCIS recurrence after surgery
- Invasive disease development after surgery
- DCIS recurrence after surgery and radiation therapy
- Invasive disease development, after surgery and radiation therapy

**For further information about DCISionRT contact:**

**Tel: 1300 086 870**

DCISIONRT@genesiscare.com

### Our Sunshine Coast network provides personalised care, closer to home

**Tel: 5374 8100**

receptiononcologybuderim@genesiscare.com

Buderim	Nambour
10 King Street	10 Mapleton Road

### Consulting clinics:

Caboolture, Caloundra, Noosa and Gympie

Patient transport service available

#### Reference:

1. Brown PD, et al. JAMA 2016; 316(4):401–409.

[genesiscare.com](http://genesiscare.com)





## DCISionRT® – biological profiling for personalised treatment

### Supporting women to make informed decisions

DCISionRT® is a risk assessment test which looks at the likelihood of ductal carcinoma in situ (DCIS) recurring after surgery, the risk of the disease spreading, and the impact of radiation therapy in reducing that risk. DCISionRT assists you and your patients to select treatment based on the biology of the tumour, not just clinical pathology.

GenesisCare Medical Director for QLD, Dr Marie Burke, said: “I’ve been looking after women with breast cancer for over 30 years as a Radiation Oncologist and it’s been such a pleasure to see how progressively we have personalised treatment options for women.”

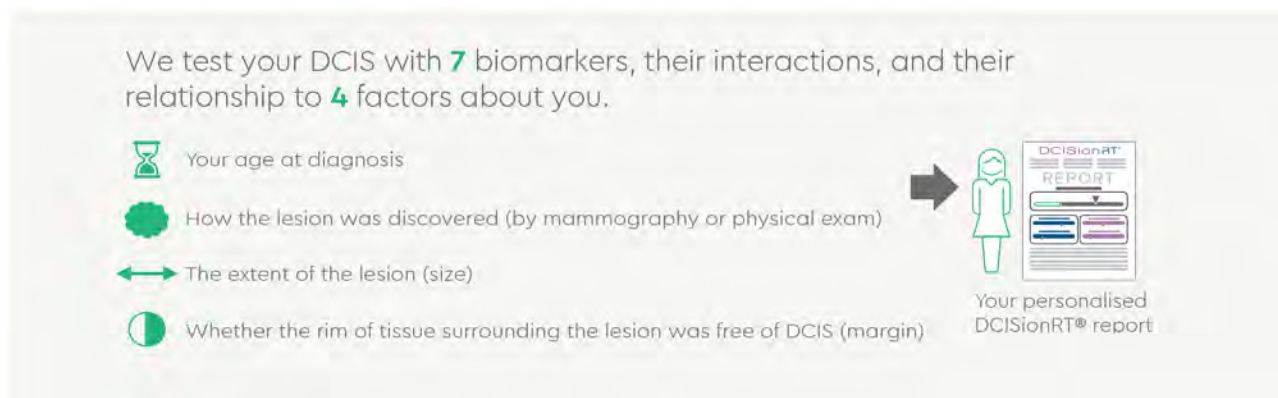
### A personalised treatment approach

DCIS itself is not considered life threatening, however, a recent study suggested that women with DCIS have a 3-fold increased risk of death from breast cancer compared with women without DCIS because of the variations in treatment practice, due to geographical access and differing clinical protocols.<sup>1,2</sup>

DCISionRT looks at women diagnosed with DCIS and assesses their 10-year risk of recurrence or of developing invasive disease with or without radiation therapy. It is the only test developed specifically for this purpose.

The outcomes of the test show whether your patient’s risk is ‘low’ or ‘elevated’ and assesses the potential benefits of radiation therapy. The test results are then used as a decision tool for you and your patients when considering treatment options.

Local GenesisCare Radiation Oncologist Dr Debra Furniss, said: “Traditionally the majority of women with DCIS have been offered radiation treatment but there is a portion of women who don’t need it. DCISionRT enables us to identify which women are at low risk of recurrent breast cancer and do not need radiation therapy.”



*An excerpt from patient information booklet*

“The additional biological information provided by DCISionRT can give you and your patients insights into the risks of the disease recurring and the likelihood of these patients benefiting from radiation therapy” said Dr Furniss.

## The DCISionRT test

The test can be applied to the breast tissue sample taken as part of your patient's biopsy or breast surgery; no additional procedure is required.

The results will be shared with the referring doctor within approximately one week from the lab receiving the tissue sample, and a follow-up appointment will then be arranged with the patient to discuss their risks and treatment recommendations.

The DCISionRT test and treatment package are available only through GenesisCare clinics. GenesisCare is offering the DCISionRT test along with radiation therapy as a bundled financial package. If no radiation therapy is needed at the time of results, there will be no cost to your patient for the test. The cost of the test is not covered by private health insurance or Medicare; hence the financial package being offered by GenesisCare.

"At GenesisCare our goal is to deliver the best possible treatment, for every patient, every time," said Dr Furniss.

## Clinical Evidence

DCISionRT has been developed and validated on over 3,500 patients across 6 distinct patient cohorts. Studies on 5 of these cohorts have produced consistent results study to study in published research from 2010 to 2018.<sup>1,4-6</sup>

The 6th cohort currently consists of >1,400 patients who are part of the ongoing PREDICT Registry in the US. Results to date from this study are also consistent with prior studies but not yet published.

GenesisCare have also partnered with PreludeDx on a research program to further the clinical development of precision medicine tests, including breast and other cancers, with global real-world evidence.

"As part of this Australia-first initiative, we have established a global registry to further evaluate DCISionRT's impact on treatment decisions as well as outcomes of patients post-surgery," said Dr Burke.

For more information please contact:  
1300 086 870 or  
[OncologyQld@genesiscare.com](mailto:OncologyQld@genesiscare.com)



**Dr Debra Furniss**  
Regional Medical Director Sunshine Coast  
Radiation Oncologist

### References:

1. Weinmann S, et al. *Clin Cancer Res* 2020; (26)(15):4054-4063.
2. Australian Government, Australian Institute of Health and Welfare 2020. Available at: <https://www.aihw.gov.au/getmedia/e414a344-ab3d-4a35-a79b-a29723f22939/aihw-can-135.pdf.aspx?inline=true>. [Accessed on: 18/01/21]
3. van Seijen M, et al. *Br J Cancer* 2019; 121(4):285-292.
4. Bremer TM, et al. *Clin Cancer Res* 2018; 24(23):5895-5901.
5. Warnberg F, et al. *Cancer Res* 2018; 78 (4 Suppl):GS5-08.

Australian Medical Association Limited

ABN 37 008 426 793

42 Macquarie Street, Barton ACT 2600: PO Box 6090, Kingston ACT 2604

Telephone: (02) 6270 5400 Facsimile (02) 6270 5499

Website: [www.ama.com.au](http://www.ama.com.au)



## CLOSING THE GAP PLAN A STEP IN THE RIGHT DIRECTION BUT A LONG WAY TO GO

AMA President Dr Omar Khorshid has welcomed the federal government's announcement of measures worth more than \$1 billion to reduce social, health and economic disadvantage for Aboriginal and Torres Strait Islander peoples.

The *Closing the Gap Implementation Plan*, announced yesterday by the Prime Minister Scott Morrison, is part of a new model to address the unacceptable disparity in life outcomes for Aboriginal and Torres Strait Islander peoples, and includes more community driven programs and partnerships.

Dr Khorshid acknowledged the leadership and commitment of the Indigenous-led Coalition of Peaks to hold governments accountable for improving the lives of Aboriginal and Torres Strait Islander peoples.

"The job is a long way from being done, and all governments need to commit to their implementation plans, however the Prime Minister's announcement today is an important step.

"Full healing and equity can only come however, when the Uluru Statement from the Heart is recognised, accepted and acted on. This means Aboriginal and Torres Strait Islander peoples are given a genuine and rightful seat, on their terms, in Australia's decision-making institutions, from federal parliament to local government. This is self-determination fully realised.

"Likewise, the AMA reiterates our call to all Australian governments raise the age of criminal responsibility from 10 to 14 years of age. Young Aboriginal and Torres Strait Islander peoples continue to be overrepresented in the criminal justice system. If governments are genuinely committed to closing the gap this is a change they should be prioritising," said Dr Khorshid.

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6 August 2021

CONTACT: 02 6270 5478

[media@ama.com.au](mailto:media@ama.com.au)

Follow the AMA Media on Twitter: [http://twitter.com/ama\\_media](http://twitter.com/ama_media)

Follow the AMA President on Twitter: <http://twitter.com/amapresident>

Like the AMA on Facebook <https://www.facebook.com/AustralianMedicalAssociation>

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# SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

## MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: Mb: 0407 037 112 Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)

<b><u>NAME</u></b>	Surname: _____	First Name: _____
<b><u>EMAIL:</u></b> _____		
<i><b>THE SCLMA PREFERS TO SEND MONTHLY NEWSLETTERS &amp; INVITES BY EMAIL</b></i>		
<b><u>ADDRESS:</u></b>		
	Practice/Building _____	
	Street: _____	
	Suburb: _____	Postcode: _____
	Phone: _____	Mobile: _____
<b><u>PRACTITIONER DETAILS:</u></b>		
	Qualifications: _____	
	Date of Birth: _____	Year of Graduation: _____
	Hospital employed / Private Practice (cross out one)	
	General Practice / Specialist (cross out one)	
	Area of Speciality: _____	
<b><u>PLEASE NOTE:</u></b> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>		
<b><u>PROPOSERS:</u></b> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).		
<b>1. NAME:</b> _____		<b>Signature:</b> _____
<b>2. NAME:</b> _____		<b>Signature:</b> _____
<b><u>ANNUAL SUBSCRIPTION (GST included):</u></b>	<b>(Please tick)</b>	<b><u>PLEASE COMPLETE:</u></b>
Full-time ordinary members - GP and Specialist	<b>\$ 110</b>	<b>Your Monthly Invitation?</b>
Doctor spouse of full-time ordinary member	<b>\$ 55</b>	By Email? <input type="checkbox"/>
Absentee or non-resident doctors	<b>\$ 55</b>	By Courier? <input type="checkbox"/>
Part-time ordinary members (less than 10 hours per week)	<b>\$ 55</b>	By Post? <input type="checkbox"/>
Non-practising ordinary members, under 60 years old	<b>\$ 55</b>	<b>Your Monthly Newsletter?</b>
Residents & Doctors in Training	<b>Free</b>	By Email? <input type="checkbox"/>
Non-practising ordinary members, over 60 years old	<b>Free</b>	By Courier? <input type="checkbox"/>
Patron and honorary members	<b>Free</b>	By Post? <input type="checkbox"/>
<b>Payment can be made by cheque payable to SCLMA or by direct debit to:</b> <b><i>SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298</i></b>		
Please return this form either by email (scan or photo) or Fax 07 5479 3995 of your E.F.T. to: Email: <a href="mailto:admin@sclma.com.au">admin@sclma.com.au</a> Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 07 5479 3995		
<b><u>Please note:</u></b> <i>Membership applications will be considered at the next Management Committee meeting.</i>		

*The Sunshine Coast Local Medical Association has Public Liability Insurance*

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#### **REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER**

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: **www.rdma.org.au**

**Email: RDMAnews@gmail.com**

#### **SCLMA ADVERTISING GUIDELINES:**

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

#### **PLEASE NOTE THE FOLLOWING:**

*The anti discrimination commission of Queensland has the following statement on job advertising:*

*Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.*

# CLASSIFIEDS

## VR GP REQUIRED MAROOCHYDORE

Medicine on Second is located in the heart of the CBD in Maroochydore, close to the beach, major shopping centre and public transport. We are seeking a PT/FT GP to add to our doctor owned, accredited family practice, dedicated to providing high quality care. We are a highly regarded mixed billing practice with increasing new patient demand daily. We focus on providing exceptional care and require a like-minded, caring and committed GP to join our team. Our GPs are offered excellent conditions and remuneration with high earning capacity.

About our Practice:

- Fully computerized using Best Practice Software
- Online Bookings, Appointment reminders and recalls
- 6 bed treatment room including 2 private procedure rooms
- Onsite Pathology
- Covid-19 Vaccination Clinic
- Full Nursing Support from an experienced team of Nurses and support staff
- Onsite Carparking for patients and staff

**To apply for this role or for a confidential discussion please contact our Practice Manager on [practice.manager@medicineonsecond.com.au](mailto:practice.manager@medicineonsecond.com.au) or (07) 5443 9455**

May 2021

## SHARED LEASE OPPORTUNITY AVAILABLE IN SPECIALIST SUITE AT LAKE KAWANA, BIRTINYA

Located on Ground Floor in a renowned Medical Building at Birtinya. 5 minute drive to SCU/SCUPH. Modern fit-out offering a fully equipped spacious reception room, 3 consulting rooms (2 dedicated to tenants and the other current Visiting Specialists), treatment room, back office, large storage room, kitchen and toilet. Suites have 2 door access. Each of the 2 tenancy offer 2 car park spaces. QML on same floor next to General Practice with Radiology minutes away.

Convenient patient parking with Café on grounds

Other tenant Upper Limb Orthopedic Surgeon

Shared outgoings and expenses

**For further information, please contact Dr Janette Ritchie on [janetteritchie@iinet.net.au](mailto:janetteritchie@iinet.net.au) or 0400 593007**

May 2021

## GENERAL PRACTITIONER

We are looking for a VR General Practitioner to join our busy well established GP owned and operated Family Practice. Full time preferred however not essential, with partnership opportunity on the beautiful Sunshine Coast.

We are an accredited mixed billing practice with well- established operating systems and very loyal patient base.

You will be supported by experienced, professional nursing and reception staff in a family friendly workplace.

**Please email resume to [admin@trinityclinic.com.au](mailto:admin@trinityclinic.com.au) or contact Nadine Ware on (07) 5491 9888.**

March 2021

## MEDICAL PRACTITIONER, SPECIALIST

- Rheumatologist
- Neurologist
- Rehabilitation physician

To join a multidisciplinary pain and rehabilitation clinic in Noosa. Scope of practice can be expanded based on experience and expertise.

Purpose built facility in Noosa Heads also has access to Sunshine Coast Clinical Research, which has GCP accreditation and expertise in USA FDA studies, for practitioners who wish to explore research and clinical studies.

**Please email expressions of interest to [mail@painrehab.com.au](mailto:mail@painrehab.com.au)**

April 2021

## MEDICAL PRACTITIONER

GP (VR or non-VR), Pain Physician or Rehabilitation Physician to assist in medical cannabis prescribing clinic

Qualifications:

Registered Medical Practitioner

Role:

- To be part of a multidiscipline team, delivering comprehensive pain rehabilitation
- Working with clinical nurses in assessment and prescription of medical cannabis with Dr Georgius, Pain Physician & Rehabilitation Physician
- TGA applications
- Assessment of efficacy, side effects, compliance and safety

Scope and role can be expanded as per expertise and experience

**Please email expressions of interest to [mail@painrehab.com.au](mailto:mail@painrehab.com.au)**

April 2021

## PROFESSIONAL MEDICAL CONSULTING ROOMS

- Available for Lease on a Sessional or Permanent basis for Medical Practitioners/Allied Health Providers.
- 3 x Fully Furnished premium office spaces, available individually or lease all 3.
- These professional offices are located in Tewantin within an existing thriving Diagnostic and Allied Health Business. Ground level with ample parking. Rooms equipped with a hand basin, telephone and internet connection; Spacious waiting room/ reception area.
- Access to staff amenities – toilets, kitchenette/microwave oven/ fridge. Admin support can be negotiated in the lease.
- Immediate start available for suitable applicant.

**Please mail [manage@dusktilldawnsleep.com.au](mailto:manage@dusktilldawnsleep.com.au) to enquire or register your interest and arrange a viewing.**

April 2021

## PROFESSIONAL MEDICAL CONSULTING ROOMS

Available for Lease on a Sessional or Permanent basis for Medical Practitioners and Allied Health Providers. Grow your practice by establishing a foothold in the beautiful Sunshine Coast.

Located on Level 3 of Pulse Oceanside Medical, a six level multi tenanted medical facility within the thriving Birtinya Health Hub and conveniently situated opposite the Sunshine Coast University Hospital and Sunshine Coast University Private Hospital.

- Rooms equipped with a hand basin, telephone and internet connection;
- Spacious waiting room/reception area with television; Large reception desk with room for a receptionist station – if required; Internet access;
- Telephone line billed separately; One private car park allocated on Level 1 (undercover, locked and secure) Electricity, air conditioning/heating, general cleaning; Access to staff amenities – toilets/shower, kitchenette/microwave oven/ fridge; Lockable storage cupboard for medical supplies and equipment.
- Radiology practice in building; Cafes and restaurants on the Ground Floor
- **Immediate start available**
- **Sessional and Fulltime (no Meet and Greet)**
- **Please phone Kelly on 07 5317 1117 for further enquiries.**

February 2021

## GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to [admin@nambourclinic.com.au](mailto:admin@nambourclinic.com.au) or ring Rowena for an informal chat Ph: 0412 292 666. *Continuing.*

## CLASSIFIEDS:

**Free to SCLMA members**

**\$110 for non members.**

**Queries: Jo 0407 037 112 Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)**



**SCLMA Clinical Meeting - 29 July 2021 - The Lakehouse, Mountain Creek**  
**Dr Russell Wiseman, MBBS, Foundation member GPAG (General Practitioner Asthma Group).**  
**(Virtually) Professor Greg King, MB ChB, PhD, FRACP Professor of Respiratory Medicine,**  
**Northern Clinical School, Sydney Medical School, University of Sydney**  
**Dr John Goddard, FRACP, Respiratory and Sleep Physician, Sunshine Coast**  
**Sponsor: Matthew Pinder, Chiesi**



**Sponsor Matthew Pinder with presenter,  
Dr Russell Wiseman**



**Presenter, Dr John Goddard.**



**Chiesi sponsors - Craig Pherkelsen, Heather  
Gasmier and Matthew Pinder.**



**Next meeting - Thursday 26 August 2021**  
**MAROOCHYDORE SURF CLUB**  
**6.30 - 9.00pm**  
**SUNSHINE COAST HEALTH REPORT 2021**  
**Presenters from SCHHS, PHN, SCLMA,**  
**Sunshine Coast University Private Hospital and**  
**Buderim Private Hospital.**  
**MARK YOUR DIARIES NOW!!**

