

NEWSLETTER

April 2019

SCLMA President's Message Dr Roger Faint

If you are a 'Game of Thrones' fan, you will know what I mean by the term 'Winter is coming'. Subsequently, I can now say 'Winter and Easter' are now here and the excitement is palpable with the final series having started last Monday. I hope you enjoyed Easter with your family.

The SCLMA survey has been completed and I thank members for taking the time to complete such a useful and enlightening survey. Constructive comments were also very appreciated. (Summary Page 38)

The most useful question apparently in any survey is similar to 'How likely is it that you would recommend the SCLMA to a friend or colleague?' I am pleased to announce that 83% of members scored the SCLMA seven out of ten or above. This simple statistic gives weight and encouragement to the SCLMA committee.

The SCLMA has areas to improve, which include awareness of our Website and Facebook pages (we now have 200 Facebook friends) and our yearly Cocktail Party (there! the secret is out, there are changes afoot).

Locally, as all would know, ambulance ramping is well, ramping up! Code Yellow was been announced in South East QLD emergency departments over recent weeks secondary to unprecedented demand for services. During this time, I believe patients from the more Southerly areas of SE QLD were being transported by ambulance to the Sunshine Coast.

Currently 40% of SCUH emergency presentations are triaged 4 & 5 and it is estimated that one fifth of these 4 & 5s could be seeing their GP, so there is some small scope for improvement in emergency attendances.

The elephant in the room is significant population growth and therefore there will be more Code Yellows and longer OPD hospital waiting times as the years progress. On discussion with patients at my clinic, they are usually amazingly happy with local hospital emergency care (all credit to hard working hospital and paramedic staff).

However the story is quite different for those waiting for elective surgery, such as orthopaedic.

There is a lot of physical joint pain being suffered in the community.

Locally also the QH Smart Referrals program is being

championed by QH and our local PHN. This is a selfpopulating referral system and it would be wise to become very familiar with the new system to avoid inconvenience and perhaps embarrassment.

Systems and processes are changing quickly and I was embarrassed with a change to the colonoscopy referral system only this week. I would like to single out the hard working GP liaison officers (GPLOs) for their persistence and tolerance.

I would like to thank the indefatigable Adj. Professor Naomi Dwyer, CE, SCHHS for the invitation to the SCLMA to have a representative on the Master Clinical Services Planning process.

This is very appreciated and a representative will be selected at the next clinical meeting in early May.

Regards

Dr Roger K Faint

The SCLMA thanks
Sullivan Nicolaides
Pathology for the
distribution of the
monthly newsletter of the
Sunshine Coast Local
Medical Association.







CONTACTS:

President Dr Roger Faint

Ph: 5445 1046 (W) Ph: 0448 848 327

Vice President Dr Wayne Herdy & AMAQ Councillor Ph: 54791 5666

Secretary: Dr Mark de Wet

Ph: 5444 7344

Treasurer: Dr Peter Ruscoe

Newsletter Editor: Dr Kirsten Hoyle

Ph: 5452 6511

Meetings Convenor: Dr Scott Masters

Ph: 5491 1144

Hospital Liaison: Dr Shrey Singh

PHN Representative: Dr Jon Harper

Committee: Dr Mason Stevenson

Dr John Evans Dr Tau Boga

Dr Fabio Brecciaroli Dr Alicia Lorenz Dr Grant Eddie. Dr Jonathan Last

For general enquiries and all editorial or advertising contributions and costs, please contact:

Jo Bourke (Secretariat)

Ph: 5479 3979 Mob: 0407 037 112 Fax: 5479 3995

Junior Fellow:

The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor''*.

Please address all correspondence to:

SCLMA PO Box 549 Cotton Tree 4558

Email: jobo@squirrel.com.au

Fax: 5479 3995

Newsletter Editor: Dr Kirsten Hoyle Email: kirsten@eximious.com.au

Disclaimer: The views expressed by the authors or articles in the newsletter of the Sunshine Coast Local Medical Association Inc. are not necessarily those of the Sunshine Coast Local Medical Association Inc. The Sunshine Coast Local Medical Association Inc. accepts no responsibility for errors, omissions or inaccuracies contained therein or for the consequences of any action taken by any person as a result of anything contained in this publication.



MAY 2019 NEWSLETTER Deadline will be FRIDAY 15 MAY 2019

DO YOU HAVE SOMETHING TO SAY?

- Perhaps you might like to comment on articles published.
- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: 5479 3979 Mobile: 0407 037 112

Email: jobo@squirrel.com.au

Fax: 5479 3995

We welcome new content - case studies, local news and photos. If you are a new member, send in a short bio and a photo to introduce yourself.



ARE YOUA MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 5479 3979 or 0407 037 112 Email: jobo@squirrel.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.



HIGHLIGHTS in this issue:

P 4-5: Adj. Prof Naomi Dwyer, CE, SCHHS

P 7: SCHHS - GPLO Report
P 8: SCHHS - Smart Referrals

P 11: Wallis Westbrook BPH Update

P 12: Jo Munday, CE - Eden Private Hosp

P 19: Poole Group - 'Aged Care Costs'

P 23: Intros - Meet our New Members

P 26-27 AMA Queensland Report

P 33: Membership Application Form

P 38: SCLMA Survey Results (100)

Please 'like', 'share' and 'follow' our Facebook page: sunshinecoast local medical association.

Website: www.sclma.com.au



CLINICAL MEETINGS FOR 2019: THURSDAY 30th MAY.

Speaker: Dr Georgina Hale, Infectious

Disease Medicine

Clinical Implications of an Unhealth and Healthy Microbiome: New Molecular Tests and what to do with the results"

THURSDAY 27 JUNE

Speaker: Dr Caroline Hughes

Nurture Paediatrics Topic to be advised.

Venue: The Lake House, Mountain Crk

THURSDAY 25 JULY

PHN The new Smart Referrals system for GP referrals in to Queensland health hospitals; My Health Record update; HealthPathways update. Also speakers from SCHHS.

THURSDAY 29 AUGUST

Speaker: Dr Greg Finch, Orthopaedic & Spine Surgeon (Also AGM)

THURSDAY 29 AUGUST THURSDAY 19 SEPTEMBER THURSDAY 31 OCTOBER THURSDAY 28 NOVEMBER

All the above dates have been booked.

Queries: Jo 0407 037 112

Editorial

"When exposing a crime is treated as committing a crime, you are being ruled by criminals." Edward Snowden



It was the Greeks who discovered

the concept of political and personal liberty, and no civilisation untouched by the Greeks has ever developed such freedom. The battle for freedom is ongoing and is never fully won but must be fought in every generation. We owe thanks to history's many individuals who have displayed moral courage and risked their lives to speak out against injustice and turpitude - Gandhi, Martin Luther King, Churchill, Jesus Christ to name a few.

As we enjoy the Easter long weekend in our increasingly secular country, it may be timely to remember that Jesus Christ was not the meek sissified lamb holder often portrayed in art but an itinerant preacher and radical nonconformist who died challenging the police state of his day - the Roman Empire.

Julian Assange - our modern day gadfly - is the latest in a line of victims of police states' assaults on dissidents. Ecuador earlier this month revoked his asylum, allowing British police to arrest Assange on behalf of the US authorities. His indictment a "likely placeholder for more detailed and extensive charges to come" and paving the way for possible extradition to the US. Much like the American Empire today (to which Australia is intimately bound), the Roman Empire of Jesus' day had all the characteristics of a police state: secrecy, surveillance, a widespread police presence, perpetual wars and a military empire, martial law, political retribution against those who dared to challenge the power of the state.

Herman Melville (think Moby Dick) wrote that "we Americans are a chosen people, who bear the ark of the liberties of the world." So America entered the 21st century convinced it was the only superpower able to provide liberty, prosperity and peace. It would do well to acknowledge that the Europeans entered the 20th century under similar delusions! Athenian democracy of the 5th century BC cautioned that excessive prosperity can lead to that public apathy about politics which is the death knell of liberty and that excessive individualism is not liberty but rather license. Socrates testified to the tension between individual freedom and the desire to control all aspects of the citizens' life. He was ultimately put to death by hemlock for corrupting young minds and impiety!

In the end, the key to finding the proper balance and the true test of a free society is its ability to produce leaders of ability, sagacity and moral character.

Regards,

Kirsten

e. kirsten@eximious.com.au

HEALTH SERVICE LINK - APRIL 2019



Wishlist Piano – donated by the Australian Doctor's Orchestra

I wanted to open this month's column with the beauty of music. If you didn't see the news, there was a <u>fantastic story featured by the ABC</u> showcasing several of our staff and their musical talents on the baby grand piano located on level one in the Ambulatory Care Centre at Sunshine Coast University Hospital, donated to Wishlist.

The Australian Doctor's Orchestra donated the 50-year-old instrument to the hospital after a group of doctors lobbied for it some months ago.

Musician and Sunshine Coast doctor Michael Lam was the "primary instigator".

"We know that it helps significantly in the fields of anxiety relief, people suffering from eating disorders and as a distraction care therapy for palliative care patients," he said.

And in a stressful, hospital environment, the benefit extended beyond patients and visitors.

"We know very well that depression and anxiety and the rates of self-harm and suicide are almost double that of the normal population in doctors and we know that staff wellbeing initiatives are really important in order to keep that number as low as possible," Dr Lam said.

Getting our Sunshine Coast GPs ready for Smart Referrals

Just a reminder, last month we discussed Smart Referrals. Led by the Healthcare Improvement Unit, Clinical Excellence Queensland, the Smart Referrals Program will be commencing their roll out of the new digital referral solution to General Practitioners this month, from April 2019.

We have an important role here at the Sunshine Coast, leading the way as the first Queensland Health region to implement this exciting new technology.

Our local project team have been partnering with the Sunshine Coast Primary Health Network (PHN), engaging with our local practices to prepare for the Smart Referrals roll out. Our own Dr Sandra Peters has been instrumental in leading this important initiative.

We have had a very impressive response with optin registrations received to-date and are looking forward to welcoming further practices onto this new technology over the coming months.

Congratulations EJ!



Congratulations to Dr Elizabeth (EJ) Marsden who was recently announced as a recipient of a 2018-19 Emergency Medicine Foundation (EMF) grant.

Dr Marsden received a Research Scholarship to complete her PhD studies related to the GEDI program for improving care of the emergency healthcare for residential aged care residents. You can read more about her work here.

Nambour General Hospital redevelopment

It was wonderful to see about 50 people attend the second community forum held on 12 March for the Nambour General Hospital Redevelopment project. Held at the Nambour RSL, attendees were given a progress update on the project as well as some helpful information about the services currently provided at NGH. Presenters also included our staff Mark Adcock from Surgical Services and Emergency Department staff, Dr Henry Huang and Nanou Aicha Leclercq for demonstrating first hand our commitment to the Nambour community.

HEALTH SERVICE LINK - APRIL 2019 /cont:

Closing the Gap

During late March our facilities held events to demonstrate our enduring commitment to deliver better health, education and employment outcomes, and eliminate the gap between Indigenous Australians.



The Closing the Gap health events also served as a reminder to the whole health service of their responsibilities. I am proud to say SCHHS has many successful programs which are already helping to improve the health of our people and producing very positive outcomes for the community. To connect with the Aboriginal and Torres Strait Islander health team phone 5436 8551 or check our website:

https://www.health.qld.gov.au/sunshinecoast

Until next time.

Adj. Prof Naomi Dwyer, Chief Executive, SCHHS



Welcome to our new Members 28 March 2019

- Dr Stuart Butterly (Cardiology)
- Dr Tracy Du Plooy (Anaesthesia)
- Dr Christian Hamilton-Craig (Cardiology)
- Dr Mark Johnson (Cardiology)
- Dr Ryan Perkins (SCUH)
- Dr Martin Rocsa (SCUH)
- Dr Stephanie Shaw-Binns (General Practice)
- Dr Gordon Strachan (General Practice)
- Dr Bradley Wong (Radiation Oncology)
- Dr Yamesha Ranatunga (Caboolture Hospital)

A Membership application form is published in every newsletter. Also available on our website:

www.sclma.com.au

Would you like to be included on out website Directory? A form is available on our website.

If you are already on our Members Directory, please check if your details are correct (public information only please).



The Helpfulness of Interventions for Depression: An Evaluation of Health Professionals' Views

Are you currently working as a General Practitioner or Psychiatrist within Australia? If so, we invite you to take part in this study.

The aim of this research is to explore a range of health practitioners' attitudes towards the helpfulness of interventions for depression. Participation is sought from Psychiatrists, General Practitioners, Psychologists, Occupational Therapists, and Social Workers. The data collected will be presented in Ms Georgia Nicoll's Masters dissertation, towards the Master of Clinical Psychology (Charles Sturt University).



Analysis will explore whether differences in attitudes regarding the helpfulness of interventions will exist amongst different health professions, and whether length of practice of the profession impacts attitudes.

Participation is through an anonymous online survey, and is anticipated to take approximately 15 minutes.

If you would like any further information about the study, or a copy of the Research Project Information Sheet, I can be contacted on **0408 193 732**, or <a href="mailto:graphicology:graph

Yours faithfully

Georgia Nicoll



Dr Greg Finch FRACS FAOrthA Spine Surgeon, Orthopaedic Surgeon

Practising from the Nucleus Medical Centre at Buderim Private Hospital, Dr Finch specialises in the treatment of all spinal conditions. So if you're looking to refer a patient with a neck or back problem to a local specialist, contact Dr Finch today. **It's no stretch** to say he's had many years of experience with neck issues.

- minimally invasive spinal surgery
- microscopic spine surgery
- disc replacement surgery
- decompressive surgery
- anterior spinal surgery
- revision spinal surgery
- adult spinal deformity
- cervical spine surgery
- spinal tumours
- spinal trauma



Ph 5444 7579 Fx 5444 7616

admin@sunshinecoastspine.com.auwww.sunshinecoastspine.com.au

Suite 16a, Nucleus Medical Suites, 23 Elsa Wilson Drive, Buderim

GP Liaison: Your Hospital



Connection – April 2019

GPSI Project Update

We now have 25 GPs with a Special Interest (GPSIs) working in our outpatient services. As we pass the 12-month milestone of the GPSI program, we can confidently say the program has improved patient access to services. Importantly, it has also fostered a collaborative culture, improving interdisciplinary learning and understanding between GPs and hospital care providers.

Sending Digital Photographs in Referrals

There are now two options to send digital images in referrals to outpatients:

- Smart Referrals this new digital referral solution is integrated into Best Practice or Medical Director and can send attachments. This will be the preferred way to send digital images with referrals into the future. Registered practices will be contacted by the PHN to schedule activation dates over the coming months. If you're not already registered, please contact SC-SmartReferrals@health.qld.gov.au to book a demonstration and information session at your practice.
- Photo Referral via Medical Objects See the HealthPathways Website for photo referral instructions. Follow the 'Simple Steps for Photo Referral to SCHHS' link on the Dermatology or Plastic Surgery request pages. http://sunshinecoast.healthpathwayscommunity.org (Login: usersc Password: pwsc)

Note: When sending images digitally, a PDF file less than 5MB is the preferred format. Most computer programs allow you to easily convert an image file to a PDF prior to attaching.





Contact the GP Liaison Unit

Dr Michelle Johnston (GPLO) Dr Marlene Pearce (GPLO) Dr Edwin Kruys (GPLO) Merrin Godwin (Clinical Nurse) Peta-Maree Willett (Project Officer)

Sue Hawkins (Administration Officer) Claire Juratowitch (Administration Officer)

Email SCHHS-GPLO@health.qld.gov.au Phone 07 5202 3822 / Mobile 0439 591 731 07 5202 1044

Sunshine Coast University Hospital 6 Doherty Street Birtinya 4560 PO Box 5340 Sunshine Coast MC 4560

Are you on the GPLO Newsletter mailing list?

Each month, the GPLO Unit produces an email newsletter distributed to both practice managers and individual GPs. It contains our SCHHS GP Education calendar, useful contacts, important service updates and referral guidance. If you would like to be added on the mailing list, please email SCHHS-GPLO@health.qld.gov.au with your request.

Education Event - Vascular Evening Update for GPs

Save the Date: Tuesday June 18th, 6.00pm (light supper) for 6.30pm - 8.30pm (Registration link pending, will soon be available on https://www.ourphn.org.au/scevents/)

SMART REFERRALS NOW AVAILABLE TO SUNSHINE COAST GPs

The Smart Referrals team announced their successful commencement of roll-out on Monday 8th April, with General Practitioners (GPs) across the Sunshine Coast now actively sending digital Smart Referrals to the Sunshine Coast Hospital and Health Service (SCHHS) specialist outpatient services.

SCHHS's Chief Operating Officer Karlyn Chettleburgh says "I feel so proud and privileged to be part of the GP Smart Referral roll out at SCHHS as we are establishing this resource for the whole of Queensland. The ability for GPs to have much greater visibility of their patient's referral journey is an important advance in ensuring our patients receive the right care, at the right time, at the right location".

Dr Sandra Peters, Clinical Lead for the project says that Smart Referrals will help streamline the patient journey and provide GPs with visibility over referral progress through the system. "Smart Referrals clearly articulate the clinical information required for each condition to allow safe allocation of the patient referral to a waiting category. It also provides the opportunity for GPs to override requirements when indicated as we know not every patient fits neatly into recommended guidelines".

Integrated into the GP's existing practice management software, much of the data necessary for a complete referral (specific to the speciality and condition selected) can be easily added onto the referral. The new referral technology allows for images and scanned documents to be easily attached to the referral. The referral is then securely transmitted digitally directly to the appropriate triaging team.

There are plans to continue the progressive roll-out, with further scheduled activations of Sunshine Coast practices over the coming months.

Photo caption – Before being released, testing was a key component of the project to ensure a quality and safe product was delivered. As a final testing activity, a group of twelve General Practitioners joined the Smart Referrals team at Sunshine Coast University Hospital (SCUH) for a day of User Acceptance Testing activities.



ONE STOP SHOP FOR **INTERIOR FITOUTS**

We're ready to bring your projects to life

PROJECT: BEACH BRAIN, BIRTINYA



It's a delight to recommend RAW Commercial Projects for any and all office fitout work, without any reservation. We were a new company fitting out our very first office space, and it could have been incredibly daunting if RAW weren't the all-in-one solution that they are.

> Testimonial from Antony Winkel, Co-Founder & Director, Beach Brain



DESIGN CAPABILITY: 3D RENDER

RAW is a commercial builder that specialises in Project Management, Design and Construct of Interior Fitouts and Building Refurbishments. Our process is the most efficient and cost-effective way of designing and constructing an interior fitout or refurbishment, with one main point of contact for the whole process. Contact us to see how easy it can be!



0437 060 052

www.rawcommercial.com.au QBCC Licence 15042263

fin

We will manage all aspects of the process from the designs, tender, statutory approvals and construction of the works.





Introducing Rapid Access Palliative Care Clinic

Radiation therapy is often used as a palliative treatment and is designed to provide better quality of life for patients.

Our clinic offers:

- The latest radiation therapy treatments and techniques to minimise sides effects, including stereotactic radiation therapy a first on the Sunshine Coast



Dr Colin Dicks

Lung, skin, breast, prostate cancers. Palliative care, ssues and stereotaction adiation therapy



Dr Marcel Knesl

Breast, gastrointestinal, genitourinary cancers, lymphoma and stereotactic



Dr Myo Min

Head and neck, gastrointestinal, lung, skin cancers and stereotactic radiation therapy



Dr Dinesh Vignarajah

Gynaecological, genitourinary, CNS, haematological malignancies and stereotactic radiation therapy

For more information, or to refer a patient please contact us via Phone, Fax or Medical Objects:



P 07 5414 3700 | F 07 5414 3701 admin.maroochydore@roc.team



radiationoncologycentres.com.au



Welcomes Developmental & Behavioural Paediatrician

Dr Rachel Noovao MBChB, FRACP

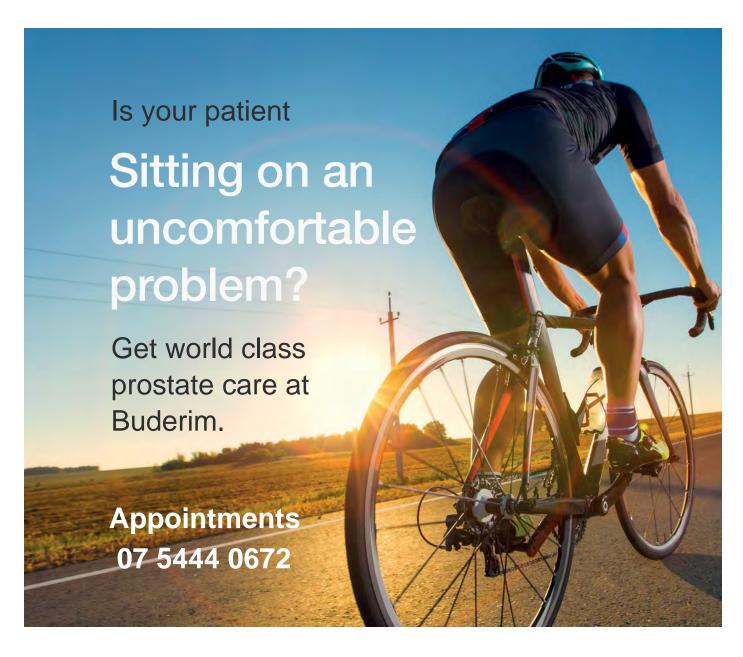
- · 12 years of Paediatric experience
- Assessment & management of: Developmental delays
- Autism spectrum disorder
- **ADHD**
- Intellectual disability
- Learning or behavioural difficulties
- Associated comorbidities including sleep, feeding, toileting, and/or mild- moderate mental health difficulties.



Dr Noovao can be accessed via a named GP referral to:

Dr Rachel Noovao

E: reception@nurturepaediatrics.com.au P: 07 5345 5733



A/Prof Troy Gianduzzo

Surgeon of Excellence in Robotic Surgery $^{\mathsf{TM}}$



Dr Tony Gianduzzo

Prostate cancer diagnostics
MRI/ Robotic-assisted biopsy

A/Prof Troy Gianduzzo is accredited as a Surgeon of Excellence in Robotic Surgery TM by the Surgical Review Corporation in conjunction with the Wesley Hospital's accreditation as a Centre of Excellence in Robotic Surgery TM.





Dr. Tony Gianduzzo offers patients highly accurate prostate cancer diagnostics using the cutting-edge, Mona Lisa Robotic-assisted transperineal prostatic biopsy system after assessment by one of the leading and highest-volume prostate MRI groups in the world – Wesley/ Buderim Private Medical Imaging.

- P 07 5444 0672 F 07 5444 0997
- E info@buderimprostateclinic.com.au
- A Suite 2, 5 Lyrebird Street, Buderim, Queensland, 4556.
- W buderimprostateclinic.com.au

A/Prof Troy Gianduzzo is a Surgeon of Excellence in Robotic Surgery™ designee which he received with the Wesley Hospital's designation as a Centre of Excellence in Robotic Surgery™. 'COERS' and 'Centre of Excellence in Robotic Surgery' terms and seals are trademarks of Surgical Review Corporation. All rights reserved.

Buderim Private Hospital

April 2019

Dear SCLMA colleagues,

It gives me great pleasure for me to update you all on the latest news and developments taking place at the Buderim Private Hospital this month.

Master planning update

Our Buderim Private Hospital Strategic and Ten Year Master plans are now complete. Working with key stakeholders including staff members and specialist doctors, we have identified what the local environment will be like in the coming years, including population growth and technology innovations and the opportunity and impact these will have on our hospital. Importantly, we have also looked at what is changing in the way that our patients and our community want to experience healthcare services.



I look forward to sharing our vision and further details about these plans with you over the coming months and years and how these plans will affect you and your patients.

Launch of Sunshine Obstetrics

Earlier this year Sunshine Obstetrics, a new private obstetric service opened, which is making private obstetric care more accessible for Sunshine Coast patients.

The new service offers patients a cost effective option (patients can expect to be out of pocket \$990 if they have access to Medicare and private health insurance) and birthing at the Buderim Private Hospital.

The model is based on shared care during antenatal, birth and postnatal care by a team of obstetricians and midwives. Doctors James Orford, Kirsten Morrow and George Bogiatzis are co-owners of Sunshine Obstetrics and their new service is in addition to their current private practice.



It is recommended by Sunshine Obstetrics that if a patient has a strong preference for a particular obstetrician, they will need to be referred to their individual private practice rather than Sunshine Obstetrics. More information can be found by visiting www.sunshineobstetrics.com.au

This new service compliments the private obstetric services provided by our other experienced credentialed obstetricians. These specialist doctors are:- Dr Nerida Flannery, Dr Kylie Isaacs, Dr Kelvin Larwood, Dr James Moir, Dr Dana Moisuc and Dr Paul Stokes.

Until next month,

Wallis Westbrook, General Manager E: wallis.westbrook@uchealth.com.au

P: 07 5430 3260

EDEN PRIVATE HOSPITAL UPDATE – April 2019

Jo Munday CEO

Dear SCLMA colleagues

Eden Private Hospital's rehabilitation achieves great clinical outcomes

It gives Eden Private Hospital great pleasure in reporting the most recent Australasian Rehabilitation Outcome Centre (AROC 2018), which confirms Eden is one of the highest performing rehabilitation services in Australia.

The AROC report finds Eden's rehab programs (compared to the Australian average) supports patients to achieve better functional outcomes within a shorter length of stay, in another words "Eden's rehab patients are reaching their functional goals in less time". AROC results also report 96% of Eden rehab patients are discharged to their pre-admission place of residence, another great outcome for Eden's rehab patients.



Vestibular Rehabilitation Day Program

Eden is also pleased to be offering a new Vestibular Rehabilitation Day Program in response to approximately one third of Australians aged over 50 who report ongoing dizziness. People with vestibular dysfunction experience dizziness, visual and balance disturbances, reduced mobility and anxiety resulting in loss of independence and social isolation.

This new day program aims to address the immediate causes of long term dizziness whilst reducing the longer term consequences of living with dizziness including decreased activity participation, deconditioning and increased risk of falls.

The program consists of specific exercises targeting head and eye movements, balance and repeated exposure to provocative movements to desensitize the patient to movement. Education is an important part of the program along with impact assessment on quality of life. While the program aims to improve function, in the case of unresolved dizziness, it will assist to develop effective coping strategies to better manage the ongoing condition.

Well known conditions such as Benign Paroxysmal Positional Vertigo (BPPV), vestibular neuritis, labyrinthitis, Meniere's disease, stroke, head injuries and tumors are appropriate to refer to Eden's Vestibular Rehabilitation Day Program, for more information please feel free to call

Kind Regards

Jo Munday, Chief Executive Officer

Eden Private Hospital

Jo.munday@healthecare.com.au P: 07 54726472

NOOSA HEORTS



Cardiology Services in the Heart of Noosa

www.noosahearts.com.au

Noosa Practice

Noosa Hospital (free parking onsite) Suite 4, Private Practice Clinic 11 Goodchap Street Noosaville QLD 4566

Ph: (07) 5455 9459 Fax: (07) 5455 9455

Fumundi Practice

Ochre Health Eumundi 6 / 2-6 Etheridge Street Eumundi QLD 4562

Ph: (07) 5442 8882 Fax: (07) 5442 7054

Prof Hamilton-Craig provides bulk-billed cardiology expert-reported Echocardiography and Holter Monitor services at:

Ochre Health Eumundi Ph: (07) 5442 8882 | Ochre Health Maleny Ph: (07) 5494 2388 Nambour Radiology Ph: (07) 5391 3500

Cardiology Services available

- General Cardiology consulting
- Echocardiography & Stress Echo
- Cardiac CT Angiography (CTCA)
- Cardiovascular MRI
- **Preventative** Cardiology & Risk Assessment
- **Lipid** Disorders (Australian Atherosclerosis Society)
- Valvular Heart Disease & Heart Failure
- TAVI & structural heart disease assessment
- Adult Congenital Cardiology
- Sports Cardiology
- **Aviation** Medicine (RAAF Specialist Reserve)

About Noosa Hearts

Prof Christian Hamilton-Craig is our lead Cardiologist, providing weekly clinics in Noosa shire. He is an internationally recognised expert in cardiology and Professor of Medicine at Griffith University with clinical appointments at the Noosa Hospital, St Vincents Hospital Northside (previously Holy Spirit), and as Eminent Staff Cardiologist at The Prince Charles Hospital, Brisbane. He is the chief author of the CSANZ guidelines on Coronary Artery Calcium Scoring (Med J Aust 2017) and Chair of the National Conjoint Committee for Certification in Cardiac MRI.

Contact: admin@noosahearts.com.au



Surgery-Free Skin Cancer Treatment to Large Areas

Field cancerisation of the skin has long posed a problem in medical practice. Particularly difficult was the management of skin cancers on large areas of the scalp and limbs. Advances in radiotherapy technology have helped GenesisCare to provide a regional solution to this common problem. GenesisCare uses the latest megavoltage radiotherapy machines and advanced treatment techniques (IMRT) to remove invasive and pre-invasive skin cancer over large areas without the use of surgery or anaesthesia. These advanced techniques combined with the use of customised 3D bolus allows for much greater precision and accuracy than ever before whilst maintaining an even dose distribution to the skin, minimising side effects.

- Treatment to large areas of skin including curved surfaces
- Treatment to invasive and preinvasive disease
- Modern megavoltage linear accelerator
- Safe and efficacious
- Treatment is affordable
- Treatment is well tolerated by patients

Scalp







Before treatment

After treatment (3mths)

After treatment (12mths)

Limbs







Before treatment

After treatment (3mths)

After treatment (12mths)

This revolutionary treatment is life-changing for both our patients and their families. We can now provide a long-term solution for those patients with large areas of their body affected by skin cancers. The side effects are minimal and the results are amazing. The implementation of the 3D bolus has been a game changer for our patients and the outcomes have been truly life changing.

Dr Bradley Wong MBBS, FRANZCR, GenesisCare Radiation Oncologist Special clinical interests:

Prostate & urological, skin, breast, palliative and stereotactic radiotherapy

Dr Wong has recently relocated from Bundaberg, where he led the wide field skin cancer program. He now consults at Nambour, Gympie & Caloundra.

GenesisCare https://www.genesiscare.com/au/

We pride ourselves on providing a personalised and prompt service helping patients to avoid lengthy waiting lists. Our friendly, highly trained staff use the latest, state-of-the-art equipment to provide a comprehensive radiation therapy service. Please get in touch if you feel radiation therapy treatment could be an option for your patients.

Contact GenesisCare

Telephone: (07) 5345 8900

Email: receptiononcologynambour@genesiscare.com

Meet Doctor Bradley Wong

GenesisCare Radiation oncology

GenesisCare are delighted to welcome the newly appointed Consultant Radiation Oncologist specialist to our Sunshine Coast team and treatment centre in Nambour.

Brad is committed to the continued improvement of patient care through the delivery of advanced treatment techniques. He brings with him a wealth of experience having led the wide field skin cancer program at our Bundaberg clinic, and has specific clinical interests in volumetric modulated arc therapy (VMAT), image guided radiotherapy (IGRT) as well as stereotactic radiation therapy (SRT) and stereotactic ablative body radiation therapy (SABR).

Brad is excited to utilise modern treatment techniques on the Sunshine Coast with the use of 3D bolus for wide field skin treatments. Field cancerisation of the skin has long posed a problem in medical practise. Advances in radiotherapy technology developed by GenesisCare have helped to provide a solution to this common problem which is affordable, tolerable and can be delivered close to home.

Brad specialises in treating all tumour types, with a clinical interest and expertise in the management of prostate and urological cancers, skin cancer, breast cancer and the care of palliative patients. He has previously served as the chairman of the Wide Bay Urology MDT.

Brad completed a Bachelor of Medicine and Surgery (MBBS) at the University of Adelaide before undertaking his radiation oncology training in South Australia. In 2015 he was awarded Fellowship to the Royal Australian and New Zealand College of Radiologists (FRANZCR).

Brad has been a guest speaker at multiple national conferences focussing on prostate and skin radiotherapy. He regularly participates in multidisciplinary team meetings and believes in a holistic approach to patient care. Brad has a highly regarded record of achievement for clinical teaching and has been awarded the academic title of Senior Lecturer by the University of Queensland School of Medicine. As well as supervising medical student tutorials, he is a clinical examiner for the University of Queensland.

Brad is keen to engage with the medical community and is open for clinic meet and greets, lunch educations or to anyone who would like to see our state-of-the-art treatment facility in Buderim (opening mid 2019). He believes that the best outcomes for patients and their families are achieved by combining modern technology, evidence-based medicine and a holistic approach to the patient whilst ensuring that the treatment conducted is affordable and delivered close to home.

Please contact Rebecca Kavanagh to arrange clinical meetings for the practice. Referrer engagement – Oncology

M: 0436 340 099 E: rebecca.kavanagh@genesiscare.com

Nambour 10 Mapleton Road Nambour QLD 4560 T: 07 5345 8900 F: 07 5441 3511



Dr Bradley Wong MBBS, FRANZCR

Special clinical interests:

Prostate & urological, skin, breast, palliative and stereotactic radiotherapy

Consults at:

Buderim, Gympie, Noosa & Caloundra

Languages:

English

Did you know?

Brad is a pretty handy tennis player but horrible at clay target shooting. He has recently realised that his days of competitive contact sport are behind him although he still likes to watch AFL with his French bulldog, Yogi.

I believe that the best outcomes for patients and their families are achieved by combining modern technology, evidence based medicine and a holistic approach to the patient.





New Day Surgery Unit opens at Nambour Selangor Private Hospital

A \$500,000 refurbishment has transformed Nambour Selangor Private Hospital on the Sunshine Coast.

The newly completed day surgery unit includes pre and post-surgical areas for patients who require minor procedures.

Nambour Selangor Private Hospital CEO Sandra Moore said: "We're really providing best outcomes, best practice, and best care models for our community and surrounding regions."

It's expected up to 30 patients will benefit from the new day surgery unit each week, which will be used for specialties including gastroenterology, dental, arthroscopy, pain and minor procedures.

A decision was made to create the unit to cater for ongoing technological advances which are allowing more procedures to be done in a shorter period of time.

"With a hernia procedure, patients used to stay for one to three nights, but patients can now be discharged on the same day," Ms Moore said.

The refurbishment also included transforming two rooms with four inpatient beds, to create four single rooms to provide added comfort for patients.

"Nobody wants to share with one person let alone three people, so we're going to get a lot more efficiencies out of that and more personalised care, privacy, everything that comes with a single room," Ms Moore said.

Nambour Selangor Hospital has been in operation for 72 years and is owned and operated by Ramsay Health Care.





Dr. Gus Ferguson Dr. Sally Johnstone

are now operating at X-Ray & Imaging Minyama.

Procedures offered

RADIOFREQUENCY NEUROTOMY for

- Spinal Facet-Related Pain Relief
- Cervicogenic Headaches
- Occipital Neuralgia
- Sacroiliac Joints
- ✓ Amputee "stump" neuromas
- Morton's Neuroma

Please send referrals to:

Email: painclinic@xrayimaging.com.au Fax: (07) 5458 4499 Phone: (07) 5458 4444 Address: 3/7 Nicklin Way, Minyama QLD 4575



Also available

- ✓ Nerve Root Sleeve Blocks
- ✓ Intercostal Nerve Blocks
- Cluneal Nerve Blocks/Ablation
- Facet Joint Injections
- ✓ Costo-vertebral Blocks



Designing care a better way

Focused on the individual, not the condition

Radiation oncology relocating to Buderim in 2019

GenesisCare, Sunshine Coast Haematology and Oncology Clinic and associated allied health services have united to create a true integrated cancer treatment centre, purpose built to provide the gold-standard in cancer diagnosis, treatment and management.

The same radiation oncologists you know and trust, providing high quality, personalised care.



Dr Debra Furniss MBChB, MRCP (UK), FRCR (UK), MSc (oncology), FRANZCR



Dr Olivia Bigault BAppSciOptom (Hons), BMedSci, MBBS (Hons), FRANZCR



Dr James MacKean MBBS, FRANZCR



Dr Bradley Wong

Our services will include:

Stereotactic radiation therapy

Deep inspiration breath hold (DIBH)

Leading radiation therapy techniques including VMAT and IGRT

Treatment for benign conditions including dupuytren's disease

Patient bus service: We will continue to provide transport for patients

Get in touch:

T: (07) 5345 8900 | F: (07) 5441 3511 | receptiononcologynambour@genesiscare.com





Call 07 5390 6000 or visit **sunshinecoastuniversity**private.com.au

Sunshine Coast University Private Hospital

LET'S LOOK AT SELF-FUNDED RETIRES AND THE COST OF AGED CARE.....



We all know that older Australians, given the choice, prefer to stay at home rather than move into an aged care facility. On a weekly basis I am astounded at the amount of self-funded retirees who will shy away from putting their hand in their pocket to pay for home help. They are often in their frailty years and at high risk of a life-changing event which may dictate full-time care requirements. Yet they struggle through each day in an effort to preserve the bank balance. Often this resistance to pay for home help unknowingly contributes to their decline and eventually the choice to move into full-time care is no longer an option but rather a requirement.

Over this article and the next 2 articles we will be looking at aged care costs for self-funded retirees. It is important to remember that every person's situation is different however we will be using real working examples to demonstrate the cost of aged care. We will compare full-time care in a facility, followed by home care packages and lastly full-time care at home. Now, I don't have a crystal ball and I can't guarantee that additional home help will keep a person out of an aged care facility. However, if a self-funded retiree were to understand the costs of full-time care, they may be more inclined to reach into their pocket to fund help. This will give them the best chance to stay at home longer and maybe, just maybe, avoid full time care altogether. Now let's look at the very real cost of full-time care in a facility, for a self-funded retiree. There are four fees payable when you move into aged care as listed below.



Accommodation can be paid as either a refundable accommodation deposit (RAD) or a daily accommodation payment (DAP) or a mixture of both. For example, a RAD of \$550,000 can be converted to a DAP of \$89.81 per day at the current interest rate of 5.96% per annum. For the purpose of this article we will use an accommodation payment of \$550,000 along with an additional services fee of \$25 per day and the annual means-tested cap of \$27,532. This is a very realistic scenario for a fully self-funded retiree on the Sunshine Coast. As you can see from the below figures significant out-of-pocket expenses are incurred when funding full time care in a facility.

Aged care fees (per annum)	Accommodation paid as a DAP	Accommodation paid as a RAD
Basic daily fee	18,692	18,692
Means-tested care fee	27,533	27,533
Additional services fee	9,125	9,125
DAP	32,780	0
Total aged care fees	\$88,130	\$55,350

In our next article we will look at the cost of home-care for self-funded retirees along with an example of how much care can be purchased if a person was to spend \$88,130 or \$55,350 on care to stay at home.

If you have any questions feel free to call me on 07 54379900.

Article Written by Sharon Coleman. Accredited Aged Care Specialist / Accountant.







Sunshine Coast Orthopaedic Clinic

The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for twelve years. We have treated many professional and semi-professional athletes as well as the "weekend warriors", including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Falcons, Melbourne Storm and many other local clubs.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques or an appropriate non-operative treatment programme.

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures. loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such as an MRI scan.

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement, revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.

Dr Lawrie is happy to take phone calls for advice, queries etc as this often helps the referral process.

For appointments contact

Dr Steven Lawrie

Suite 17, Kawana Private Hospital 5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994 f: 07 5493 3897

e: sunshineortho@bigpond.com.au

www.sunshineortho.com.au

Examples of these injuries include:

A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied with the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.

Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

Traumatic meniscal tears where early repair rather than delayed resection can make a dramatic difference in outcomes

Early ACL surgery in the young active patient/sportsman.



Celebrating 25 Years of Plastic Surgery

- * Vast Experience
- * Wonderful Staff
- * Beautiful Rooms Overlooking the Maroochy River
- * Cosmetic Injectables Botox & Fillers
- * State-of-the-art Vascular & Hair Removal Lasers
- * Medical Grade Skin-Care & Peels
- * All Cosmetic Surgery
- * We Take Skin Cancer Seriously- all referrals seen within 3 weeks: urgent appointments guaranteed within one week.



Dr Mark McGovern Phone 54792922

3rd Floor, 37 The Esplanade www.plasticsurgeon.net.au Maroochydore 4558

info@plasticsurgeon.net.au



Introducing Integrated Pain Management

Assessment | Treatment | Management

Integrated Pain Management provides an innovative approach to the assessment, treatment and management of pain. We are proud to collaborate with leading Pain Specialists in the provision of pain assessment and offer in-depth consultation services, high quality diagnostic imaging and image-quided pain management treatments. Our aim is to create a comprehensive pain management clinic and we welcome collaboration with professionals with expertise in the pain management area. Image-guided pain management procedures are particularly effective for patients experiencing:



Spinal pain



Neck pain



Back pain



Persistent joint pain



Soft tissue inflammation



Knee pain

Our services:

- · Consultation services
- Pain assessment services
- Hydrodilation
- · Intrathecal injections
- CT-guided facet joint blocks
- CT-guided nerve root blocks
- CT-guided epidural injection

- Radiofrequency ablation
- Imaging-guided drainage
- Platelet rich plasma injections
- Spinal medial branch injection
- Lower extremity nerve blocks (saphenous/sural/popliteal/ posterior tibial nerves)
- · Shoulder barbotage (needling of shoulder calcification)
- · Joint aspirations
- Other joint steroid injections
- · Greater occipital nerve injections

Pain Specialists:

Dr Scott Masters MBBS FRACGP FAFMM MSM aid

Dr. Peter Georgius MBBS BmedSc FFPMANZCA FAFRM

Dr Paul Frank M.B.B.S. FANZCA **FFPMANZCA**

Dr Siavash Es'haghi MBBS, FRANZCR

Our Radiologists:

Dr Nigel Sommerfeld

Dr John Velkovic MBBS, FRANZCR

Dr Colin Chong B.Sc (MBBS) M.Med **FRANZCR**

% 07 5430 3955





60 Wises Road Maroochydore QLD 4558

Proudly supported by Sunshine Coast Radiology



CARDIOLOGISTS

- Dr Peter J Larsen
- Dr Stuart J Butterly
- Dr Mark A Johnson
- Dr KK Lim
- Dr Naresh Dayananda
- Prof Tony Stanton
- Dr Daljeet Gill

CARDIAC TESTING

- Transthoracic Echocardiogram
- Exercise Stress Test
- Stress Echocardiogram
- Dobutamine Stress Echocardiogram
- ECG
- 24 hour Holter ECG monitor
- 24 hour Ambulatory BP monitor
- ECG Event Monitor (7 days)
- Device Check (PPM or ICD)
- CT Coronary Angiogram (Radiologist co-reported)

SPECIALIST CARDIAC SERVICES

- Management of Coronary Artery Disease
- Cardioversion
- Coronary Angiography
- Coronary Angioplasty and Stenting
- Structural Heart Intervention ASD/PFO Closure
- Valvular Heart Disease Aortic & Mitral Valvuloplasty
- Management of Heart Rhythm Disorders
- Permanent Pacemaker & ICD Insertion
- Electrophysiology Study & Ablation Therapy
- Transcatheter Aortic Valve Implant/Replacement (TAVI / TAVR)
- Left Atrial Appendage Occlusion (LAAO)

PHONE: 5414 1100 FAX: 5414 1101 admin@scheart.com.au www.scheart.com.au

BIRTINYA

Suite 4 Ground Floor Sunshine Coast University Private Hospital, 3 Doherty Street Birtinya QLD 4575

BUDERIM

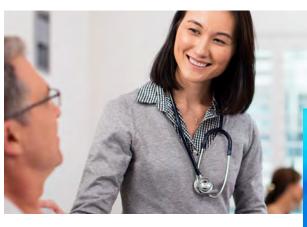
Suite 9 Medical Centre Buderim Private Hospital, 12 Elsa Wilson Dr Buderim QLD 4556

TFWANTIN

Suite 1, 66 Poinciana Ave Tewantin QLD 4565

GYMPIF

Ramsay Medical Consulting Suites 70-72 Channon Street Gympie QLD 4570



Nambour Selangor Private
Hospital is a modern health
care facility providing a
comprehensive range of
medical and surgical services
to the Sunshine Coast
community in a caring and
supportive environment.

Caring for people in our community for over 70 years

- Breast & Endocrine Surgery
- Bariatric Surgery
- Colorectal Surgery
- Ear, Nose and Throat Surgery
- Gastroenterology
- General Medicine
- General Surgery
- Geriatric Medicine Haematology & Oncology
- Oral & Maxillofacial Surgery
- Orthopaedic Surgery
- · Paediatric Surgery
- Pain Medicine
- · Palliative Care
- Rehabilitation –
 Day & Inpatient Programs
- · Renal Medicine
- Respiratory & Sleep Medicine
- Urology
- Vascular Surgery

Call 07 5459 7444 for more information or visit nambourselangor.com.au

62 Netherton St, Nambour QLD 5460



Part of Ramsay Health Care

Meet some New Members!!

Send us your Intro if you have joined recently.





Professor Christian Hamilton-Craig, Cardiologist

I am proud to be a new member of the SCLMA having moved our family up to Eumundi late last year. I have been a consultant cardiologist for over 10 years, employed as Eminent Staff Specialist at The Prince Charles Hospital and Adjunct Professor of Medicine at Griffith University School of Medicine. My kids are at Eumundi State School, and my wife Lauren is a paediatric developmental physiotherapist with her clinic based in Eumundi township (www.childspace.com.au). I have established Noosa Hearts Cardiology www.noosahearts.com.au to serve the communities of the Northern end of the Sunny Coast.

I have clinics at the Noosa Hospital and in Eumundi, and Echo & Holter services at Noosa, Eumundi, Maleny, Montville, Nambour and more to come! My special interests are Cholesterol & Lipid Disorders (I am the QLD rep on the Australian Atherosclerosis Society), Coronary Calcium Scoring (I was the chief guideline writer for the CSANZ MedJAust 2017), Coronary CT Angiography (I am the ANZ Chair of the Society of Cardiovascular Computed Tomography), and Sports Cardiology (Faculty, Sports Heart Summit 2019). I provide Stress Echo, CTCA, Cardiac MRI, and Consultation services. I like to collect vintage guitars and surf my locally made Tom Wegener corky longboard!



Dr Brad Wong, Specialist Radiation Oncologist

Brad has joined the team at GenesisCare on the Sunshine Coast. He specialises in treating all tumour types, with a clinical interest and expertise in the management of prostate and urological cancers, skin cancer, breast cancer and the care of palliative patients. Brad is committed to the continued improvement of patient care through the delivery of advanced treatment techniques. Brad is an experienced radiation oncologist within GenesisCare, relocating from their Bundaberg clinic and has specific clinical interests in volumetric modulated arc therapy (VMAT), image guided radiotherapy (IGRT) as well as stereotactic radiation therapy (SRT) and stereotactic ablative body radiation therapy (SABR).

Brad completed a Bachelor of Medicine and Surgery (MBBS) at the University of Adelaide before undertaking his radiation oncology training in South Australia. In 2015 he was awarded Fellowship to the Royal Australian and New Zealand College of Radiologists (FRANZCR). Brad regularly participates in multidisciplinary meetings and believes the best outcomes for patients and their families are achieved by combining modern technology, evidence based medicine and a holistic approach to the patient.

Brad is a pretty handy tennis player, although to relax, enjoys watching a game of AFL with his French bulldog, Yogi.



Professor Ramesh K Tripathi, Vasculart and Endovascular Surgeon, Buderim Private Hospital

Ramesh is relatively new to Sunshine Coast but brings over 20 years of vascular ex-perience striving for evidence based, holistic and minimally invasive treatments focused towards excellent outcomes. Through Pacific Coast Vascular Centre, Ramesh strives to provide latest endovascular therapies in a friendly, kind, professional and caring environment. He specialises in the treatments of Aortic Aneurysms, Carotid Artery Disease, Peripheral Arterial Occlusive Disease and Venous Disorders including leg swelling and chronic leg ulcers.

Ramesh completed his General Surgical Training and obtained FRCS from Edinburgh, Scotland. In Australia, he trained in Vascular Surgery at Royal Perth Hospital, Perth that culminated in FRACS

in Vascular Surgery in 2005. He is a A/Professor of Surgery at University of Queensland and Adjunct Professor at University of the Sunshine Coast.

When he is not operating, Ramesh likes to review and edit papers submitted to various vascular journals, solve crosswords, shoot hoops on a basketball court and read history, philosophy and poetry. He is a cricket fanatic and enjoys traveling and trek-king.



CPD DINNER

Theme: Case based decision paradigms

Wednesday, 8 May 2019 From 6:30pm

The Lake House, 15 Freshwater St, Mountain Creek

Intracranial - Dr Michael Bryant, Neurosurgeon and Spinal Surgeon Spinal - Dr Stephen Byrne, Neurosurgeon and Spinal Surgeon Radiation Treatment - Dr Debra Furniss, Radiation Oncologist

REGISTER AT https://www.trybooking.com/475739

- **%** 07 5493 5100
- **4** 07 5493 6100
- ☑ INFO@SCBRAINANDSPINE.COM.AU
- **WWW.SCBRAINANDSPINE.COM.AU**

Education provided by

INDVITING

Proudly supported by

LifeHealthcare

Quality health care close to home

Noosa Hospital is a fully accredited medical and surgical hospital located in the heart of Noosa. We welcome privately insured patients, veterans, public patients and overseas visitors.



The hospital provides a range of comprehensive services including:

- Emergency Department
- Bariatric Surgery
- **Breast & Endocrine** Ear, Nose & Throat
- Endoscopy
- Gastroenterology
- General Medicine General Surgery
- · Geriatric Medicine
- Gynaecology
- Haematology / Oncology
- · Hepatology
- Intensive Care
- Oral & Maxillofacial
- Orthopaedics
- Plastic & Reconstructive Surgery
- Rehabilitation & Pain Medicine -Day and Inpatient programs, including Hydrotherapy
- · Renal Medicine
- · Respiratory Medicine
- Urology
- Vascular

Call 07 5455 9200 for more information or visit noosahospital.com.au

111 Goodchap St, Noosaville QLD 4566





NDIS REGISTERED ALLIED HEALTH PROVIDER

We have a wide range of health services to assist in your patients' NDIS rehabilitation including:



- Physiotherapy Neuro, Stroke, Parkinson's, MS.
 - Exercise Physiology
 - Occupational Therapy
 - Podiatry
- Dietetics
- Hydrotherapy/Aquatic Physiotherapy

We provide patients with: pain management treatment, home exercise programs for rehabilitation, advice on the management of their condition, recommendations for mobility & equipment aids and advice on transfers within the home & out in the community.



SPORTS & SPINAL: 8 LOCATIONS ON THE S.C.

MAROOCHYDORE, SIPPY DOWNS, NAMBOUR, KAWANA BUDERIM, LANDSBOROUGH, COOLUM & CALOUNDRA

> Referrals via Medial Objects, Fax or Referral pad Ph: 07 5322 5644 Fax: 07 5322 5645



MOCA 5 approval. What's next?

Granted Private Practice Agreements

On Monday 18 March, we met with Queensland Health to address concerns we raised in relation to the <u>Granted Private Practice Agreements</u> (GPP Agreements) terminating when MOCA 4 terminates and the subsequent risk that Salaried Medical Officers may temporally lose their attraction or retention allowance while new contracts are being issued.

We are pleased to announce that the parties to MOCA 5 have agreed in principle on the implementation of a Health Employment Directive (HED), which will allow for an **interim GPP period** of up to 180 days or until Salaried Medical Officers are issued with a new GPP Agreement. We expect the HED to be approved by the Director-General prior to the termination of MOCA 4. Queensland Health has also committed to providing us with an **update on the progress of the issuing of the GPP Agreements at 100 days post MOCA 4 termination.**

Approval of MOCA 5 (Medical Officers Certified Agreement)

ASMOFQ in partnership with AMA Queensland is pleased to announce we have provided Queensland Health with our agreement for the MOCA 5 to progress to ballot.

Next Steps

Proposed time frames moving forward:

- 1. Consultation Period (8 April 2019 23 April 2019)
- 2. Ballot/Voting Period (24 April 2019 7 May 2019)
- 3. **Certification process** (if the valid majority vote in favour of the MOCA 5)

We have confirmed that the intent of all parties is for Medical Officers to receive back pay this financial year and the parties will work toward this.

We will continue to keep members abreast of progress with the Agreement during the consultation process.

Upping the fight on water fluoridation

In March, we went to great lengths to further push the need for legislation mandating fluoride in all Queensland water supplies.

We are spending unnecessary funds and hospital and theatre resources in extracting decayed teeth when the funds could be used better to improve the health of Queenslanders.

In response to our <u>pre-budget submission</u>, Premier Annastacia Palaszczuk welcomed our campaign and agreed that fluoridation had proven health benefits. However, she said local councils remained the ultimate decision-makers.

Disappointed with her refusal to legislate for fluoride in all drinking water, we <u>wrote directly to the Premier</u>, underlining her decision denied overwhelming evidence that fluoridating water supplies is a proven safe, effective preventative health measure.

88 L'Estrange Terrace, Kelvin Grove QLD 4059 · 07 3782 2222 · www.amaq.com.au



AMA Queensland called on other MPs to take the bit between their teeth on behalf of Queensland families. We wrote to all Councils, <u>urging those that do not have fluoride</u> to do the right thing by their residents and support the reintroduction into their water supply and <u>urging the Councils that do have it</u> to lend their voice and lobby the other councils so all Queenslanders can reap the health benefits of drinking fluoridated water throughout their lives.

We will continue to make the case for positive change and will update members in due course.

2019 elections - Nominate for an AMA Queensland Leadership Role

Nominations are open for the positions of AMA Queensland President, Vice President, Chair and Council members. Nominations close 5pm Friday 12 April 2019.

You can find further information and our election notice, annual general meeting notice and nomination form at www.ama.com.au/qld/election

We strongly encourage you to give back to the profession and use your skills and expertise in helping AMA Queensland represent the interests of all members, be they juniors or seniors.

The election results will be announced at our AGM on 17 May 2019.

If you have any issues you feel need AMA Queensland's attention, please send us your thoughts directly via membership@amaq.com.au.

Dr Dilip Dhupelia, President AMA Queensland

Jane Schmitt, CEO AMA Queensland





88 L'Estrange Terrace, Kelvin Grove QLD 4059 · 07 3782 2222 · www.amaq.com.au

Slovenia

Located amid the popular countries, Austria, Italy, and Hungary, Slovenia opens you to a world of myriad attractions, architectural marvels, charming cities, and scenic beauty. Even though it is located at a short distance from other famous tourist destinations like Salzburg, Venice, Munich, and Vienna; it stays off the tourist's lists of travel destinations, which makes it into an underrated country. Visiting Slovenia is like diving deep into the eclectic blend of



the cultures, cuisines of different European countries at one place. In addition, the Slovenes are quite hospitable, tolerant and broadminded.

Summer is considered as the best time to visit the country when the festivities are roaring and you can experience all the attractions to the maximum. In particular, spring and autumn add to the natural scenery that makes the holiday experience even better.

Ljubljana - The Capital

When talking about Slovenia, we cannot miss out on its very popular capital city – Ljubljana. In the recent years, the capital has developed into a cyclist friendly and a vivacious city with cafes, boutiques, pubs dotting the river banks. The restaurants here offer world culinary delights, and a popular car-free historic centre brings the old world charm to city's spirited and urban feel. The city is best explored on foot as the car traffic is restricted.

What have we planned for you?

We bring to you an itinerary that is designed specially to allow you to experience the best of Slovenia at a well-pace.

- Visit the capital city Ljubljana to check out its ancient squares, old town, and museum and get the feel of the vibrant night life at nights.
- Enjoy the Alps backdrop at Lake Bled. The area offers walking tours as well as horse carriage rides to the Bled Castle and Island.
- Head to another lake Lake Bohinj that offers swimming and boating opportunities. Hiking to Vogel Mountain will give you a Birdseye view of the gorgeous Lake Bohini.
- Get mesmerized by the Škocjan Caves, the world heritage site and a must-see on your trip to Slovenia
- Visit the Piran and Adriatic Sea visiting its cathedrals, museums, and much more.

Get ready to explore the amazingly gorgeous European country with our well-paced tour.

www.123Travelconferences.com.au

Move without pain

We use new patented evidence-based Orthotic Technology!

Guaranteed Outcomes

- Evidence-based research in Biomechanics and Kinetic Orthotic therapy.
- · Leading therapeutic technology including:
 - 1. Shock Wave therapy Machines, excellent for treating chronic plantar fasciitis and Achilles tendonitis.
 - 2. New Photodynamic Fungal Nail Therapy Unit, highly effective and significantly safer than existing laser for this treatment.
- Passionate and experienced Team committed to delivering the best possible treatment for our patients on the Sunshine Coast and in Brisbane

Locations

Maroochydore, Noosa, Nambour, Caloundra, Morayfield and Indooroopilly with satellite practices at Mapleton and Kenilworth.

All EPC patients Bulk Billed



Phone: 1300 130 410 www.daneverson.com.au





DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

Suite 6

Buderim Private Hospital 12 Elsa Wilson Drive Buderim

Ph: 07 5478 1652 Fx: 07 5478 4958

www.drtimnathan-urology.com.au

Robotic Prostate Biopsy

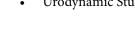
Safe & accurate diagnosis of clinically significant prostate cancer

Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced da Vinci Robotic Surgery to Buderim Private Hospital. He has been practising on the Sunshine Coast since 2006.

Specialising in:

- Mona Lisa Robotic Transperineal Prostate Biopsy
- Da Vinci Robotic Prostatectomy & Renal Surgery
- BPH Laser Prostatectomy & Urolift
- Stone Disease
- Penile Prosthesis Surgery
- Vasectomy Reversal
- **Urodynamic Studies**



SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. MANAGEMENT COMMITTEE MEETING **THURSDAY 28 FEBRUARY 2019** MaroochydoreSurf Club Board Room **MINUTES**

Accepted at Committee Meeting 28 March 2019

Attendance: Drs Roger Faint, Peter Ruscoe, Kirsten Hoyle, Scott Masters, John Evans, Jonathan Last, Fabio Brecciaroli, Alicia Lorenz. Observer Jo Bourke (Secretariat)

Apologies: Drs Mark de Wet, Wayne Herdy, Mason Stevenson, Grant Eddie, Jon Harper, Tau Boga.

President Roger welcomed Dr Shrey Singh, pending SCLMA member and Hospital Liaison who attended towards the end of the committee meeting.

Minutes of last meeting: 29 November 2018 (To be accepted).

Moved: Dr John Evans. Seconded: Dr Peter Ruscoe. Accepted.

Business arising from Minutes: Nil

President's Report: Dr Roger Faint

1. SCLMA Newsletter February - main points:

Pharmacists having increased patient responsibility and care, through the establishment of a QLD Pharmacy Council is still a pressing issue. Members will have received a copy of the AMAQ local political member protest pro forma and I urge you all to fax or email a copy to your local member. Reduction in patient quality of care through fragmentation and a lessor standard of training are very real issues. I find that doctors often forget the high standard of training, standards and experience they have achieved, and it is when the medical profession and patient care is being threatened, they need reminding of their expertise. This is such a time. Please fax or email the form to your local member.

Many members will have read about the imminent closure of the Gympie Private Hospital on the 28th February this year. This is very disappointing and difficult to understand in the current scenario of significant population growth in South East QLD. I worked in Gympie (my parents live there currently) as a GP in the mid 90s and the hospital appeared to be thriving at that stage. I suspect that the lack of affordable private health insurance (currently lowest level of membership in 11 years - 44.6 %) and public hospitals keeping private patients are very real issues.

Those who read our Facebook page or website will have read an article recently by Sean Parnell, Health Editor, The Australian. It is very clear that the Federal Health Department is aware of State Public Hospitals having significant access to private health funds and are attempting to make access less savoury and for good reason it appears. Of course, issues such as these, often penalise the rural and outer metropolitan areas of Australia first and thus it appears private medicine is indeed under threat. If you are still unsure, I suggest you contact a local Sunshine Coast Obstetrician.

The SCLMA member survey has been sent out once and will be resent this week. The survey will guide the SCLMA committee over the next few years, will take less than two minutes to complete and I encourage you to do so.

It is very sad to have read of the death of a 27 year old female intern, from the Sunshine Coast University Hospital,

in Caloundra recently. The SCLMA sends condolences to family, friends and working associates.

2. Qld Pharmacy Guild protest forms:

AMAQ pro forma forms are available tonight for signing. The SCLMA will deliver the forms to the appropriate QLD local political member.

3. Bursary options:

Assoc Dean, Dr Jennifer Williams, has suggested options regarding the SCLMA providing Burseries of \$2000 each towards Medical School students. The committee needs to decide tonight the most appropriate recipient positions.

4. SCLMA February Newsletter:

Our newsletter Kirsten has written a great article for the February newsletter. I recommend it to you.

5. Christmas in August Social - Peppers Resort, Noosa FRIDAY 2nd August 2019

Planning committee to be established - Roger, Alicia, Scott, Peter, Jo and Carol.

6. Update on SCLMA Survey:

Approximately 100 responses thus far. This is an impressive response and I thank Jo.

The following motion and discussed and voted on:

Moved: Dr Kirsten Hoyle that the SCLMA committee agrees to a bursary of \$2000 each towards:

Dux of USC BMedSCI (guaranteed entry pathway to GU, MD program) and

Highest overall marks in combined years 1 & 2 MD program for any student.

Seconded: Dr Alicia Lorenz. Carried with one abstention. Roger suggested It would be ideal if a representative of the SCLMA committee could present the bursary, and also if each bursary recipient could attend one of our clinical meetings to give a brief presentation re themselves and their aspirations.

Vice President's Report: Dr Wayne Herdy (and AMAQ Councillor's Report) – Apology.

Secretary's Report: Dr Mark de Wet - Apology. (Correspondence tabled)

Correspondence In:

- Dr Janusz Bonkowski re Spine Surgery in the Public Sector
- Adj. Prof Naomi Dwyer acknowledgment of correspondence re Spine Surgery

Correspondence Out: Nil.

Dr Roger Faint to Adj. Prof Naomi Dwyer - re public spinal surgery services.

Business arising from Correspondence: Nil

Treasurer's Report: Dr Peter Ruscoe

(a) Accounts to be paid:

- Australia Post PO Box Renewal
- Directors & Officers Insurance
- Peppers Noosa Social function deposit

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. MANAGEMENT COMMITTEE MEETING **THURSDAY 28 FEBRUARY 2019 MINUTES**

Accepted at Committee Meeting 28 March 2019

- Telstra (part account Jan-Feb 2019
- Jo Bourke Adobe C/C Sub Jan 2019
- Snap Printing Newsletter February 2019
- Jo Bourke Newsletter February 2019

Dr Peter Ruscoe moved that the accounts as presented be approved for payment:

Seconded: Dr Kirsten Hoyle. Carried.

(b) Membership Report:

- Dr Ramesh Tripathi (Vascular & Endovascular Surgery
- Dr Michael Bryant (Neurosurgery & Spinal Surgery)
- Dr Gregory Orchard (Haematology)
- Dr Paul Jauncey (Acute & General Medicine)
- Dr Khal Alsaee (Psychiatry & Pain Medicine)
- Dr Rachel Sawyer (General Practice)
- Dr Gordon Strachan (General Practice)

Dr Peter Ruscoe moved that the membership applications be accepted: Seconded: Dr John Evans. Carried.

Meetings Convenor Report: Dr Scott Masters

- Discussion re availability of dates to cater for large demand for presentations
- PHN would like to present on the current pressing activities in digital health, The Smart Referrals (copresent with QH) program, My Health Record, and GP data collection (with likely roll out of new QI PIP payments for GP practices).

Hospital Liaison Report: Nil.

PHN Report: Dr Jon Harper – Apology (Report tabled):

The PHN on the Sunshine Coast is busy preparing for the roll out of the new Queensland Health Smart Referrals program. This has involved huge amounts of product testing with local GPs to make sure the final result hits the mark with GPs. We are anticipating the first live test of Smart Referrals on the 1st April, and will roll out across practices thereafter. The PHN has had a great response from practices on the Sunshine Coast who are keen to installing the new system. The PHN and Queensland Health have also been working closely with the IT support providers to many practices, to make sure that the installation does not affect GP software and databases.

General Business: Nil.

Meeting Close 7.00 pm

Next meeting Thursday 28 March 2019 Mdore Surf Club

Sunshine Coast Heart Specialists.

REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter For full details re advertising go to their website:

> www.rdma.org.au Email: RDMAnews@gmail.com

ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

Take a moment



This actually took place in Charlotte, North Carolina.

A lawyer purchased a box of very rare and expensive cigars; then insured them against, among other things, fire.

Within a month, having smoked his entire stockpile of these great cigars, the lawyer filed a claim against the insurance company.

In his claim, the lawyer stated the cigars were lost "in a series of small fires".

The insurance company refused to pay, citing the obvious reason, that the man had consumed the cigars in the normal fashion.

The lawyer sued and WON! (Stay with me.)

Delivering the ruling, the judge agreed with the insurance company that the claim was frivolous.

The judge stated nevertheless, that the lawyer held a policy from the company, in which it had warranted that the cigars were insurable and also guaranteed that it would insure them against fire, without defining what is considered to be unacceptable 'fire' and was obligated to pay the claim.

Rather than endure lengthy and costly appeal process, the insurance company accepted the ruling and paid \$15,000 to the lawyer for his loss of the cigars that perished in the 'fires'.

NOW FOR THE BEST PART.

After the lawyer cashed the check, the insurance company had him arrested on 24 counts of ARSON.

With his own insurance claim and testimony from the previous case being used against him, the lawyer was convicted of intentionallyburning his insured property and was sentenced to 24 months in jail and a \$24,000 fine.

This true story won First Place in that year's Criminal Lawyers Awards contest.

A woman was flying from Melbourne to Brisbane ...

Unexpectedly, the plane was diverted to Sydney.

The flight attendant explained that there would be a delay, and if the passengers wanted to get off the aircraft the plane would re-board in 50 minutes..

Everybody got off the plane except one lady who was blind.

A man had noticed her as he walked by and could tell the lady was blind because her Seeing Eye Dog lay quietly underneath the seats in front of her throughout the entire flight.

He could also tell she had flown this very flight before because the pilot approached her, and calling her by name, said,

'Kathy, we are in Sydney for almost an hour. Would you like to get off and stretch your legs?'

The blind lady replied, 'No thanks, but maybe Max would Like to stretch his legs.'

Picture this:

All the people in the gate area came to a complete standstill when they looked up and saw the pilot walk off the plane with a Seeing Eye dog!

The pilot was even wearing sunglasses.

People scattered.

They not only tried to change planes, but they were trying to change airlines!

True story...

Understanding Engineers ...

Two engineering students were biking across a university campus when one said,

"Where did you get such a great bike?"

The second engineer replied, "Well, I was walking along yesterday, minding my own business, when a beautiful woman rode up on this bike, threw it to the ground, took off all her clothes and said,

"Take what you want."

The first engineer nodded approvingly and said,

"Good choice: The Clothes probably wouldn't have fit you anyway."

Understanding Engineers #2

To the optimist, the glass is half-full.

To the pessimist, the glass is half-empty.

To the engineer,

The glass is twice as big as it needs to be.





SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084 MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: 5479 3979 Mb: 0407 037 112 Email: jobo@squirrel.com.au

NAME	Surname:	First Name:					
EMAIL:							
THE SCI	LMA PREFERS TO CONTACT MEMBER	RS VIA	EMAIL WE	HEREVER POSSIBLE.			
	<u>DDRESS</u> : For members who wish to receition & newsletter by Sullivan Nicolaides I						
monthly myrtu	Practice/Building	uiloi	ogy courier	to avoia postage costs.			
	Street:						
	Suburb:		Postcode:				
	Phone: Mobile:						
PRACTITION	ER DETAILS: Qualifications:						
	Date of Birth:		Year of Gra	aduation:			
	Hospital employed / Private Practice (cross	s out o	ne)				
	General Practice / Specialist (cross out one						
	Area of Speciality:						
PLEASE NOTE	E: Retired doctors who wish to join the good standing from their respective			required to attach a letter of			
the Association	(to comply with the Queensland Associatio are required to nominate each applicant for not need proposers).	ns Inco	orporation Ac				
1. NAME:		Signa	iture:				
2. NAME:		Signa	iture:				
ANNUAL SUB	SCRIPTION (GST included):	(Plea	se tick)	PLEASE COMPLETE:			
Full-time ordinary members - GP and Specialist		\$ 1 1	10	Your Monthly Invitation?			
Doctor spouse of	of full-time ordinary member	\$ 5	5	By Email?			
Absentee or nor	n-resident doctors	\$ 5	5	By Courier?			
Part-time ordina	ary members (less than 10 hours per week)	\$ 5	5	By Post?			
Non-practising	ordinary members, under 60 years old	\$ 5	5	Your Monthly Newsletter?			
Residents & Doctors in Training		Fre	ee	By Email?			
Non-practising ordinary members, over 60 years old		Fre	ee	By Courier?			
Patron and hono	orary members	Fre	ee	By Post?			
Paymen	t can be made by cheque payable	e to S	CLMA or	by direct debit to:			

SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298

Please return this form either by email (scanned) or Fax or Post with details of your E.F.T. to: Email: jobo@squirrel.com.au Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 5479 3995

Please note: Membership applications will be considered at the next Management Committee meeting.

The Sunshine Coast Local Medical Association has Public Liability Insurance

Buderim Prostate Clinic

invites you to an Educational Evening on

Thursday 30th May, 6:30 - 9.00pm

VENUE Pier 33, 33-45 Parkyn Parade, Mooloolaba

Prostate Cancer Update TOPIC

- a GP guide to PSA testing

- what's new in diagnosis and treatment

Dr. Tony Gianduzzo (Urologist) and **SPEAKERS**

A/Prof. Troy Gianduzzo (Urologist)

AGENDA 6.30 pm Arrival and registration

6.45 pm Meeting commences

7.00 pm Presentation- Dr. Tony Gianduzzo 7.30 pm Presentation- A/Prof. Troy Gianduzzo

9.00 pm Meeting concludes

No later than Thursday 23rdth May to

info@sunshinecoasturology.com.au

or ring 07 5444 0672 (please advise of any dietary requirements)

detec numbers are limited

PARKING V Restaurant parking available

Dinner and refreshment will be served during the education meeting

The educational content of this meeting has been independently prepared by the speakers. Buderim Prostate Clinic thanks **Ipsen** for supporting this event.

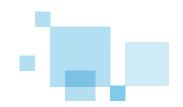


lives



Noosa Hospital GP Education

Speed date a Noosa Specialist



obesity surgery, painful hips and haematology



6.30pm Registration and dinner

7.00pm Welcome and introductions

Case study review, examinations and discussions

Evaluation of the painful hip,

Dr Doug Maclean, Orthopaedic Surgeon

Obesity surgery - MDT approach and patient outcomes

Dr Garth McLeod, General and Bariatric Surgeon

Updates in chronic lymphocytic leukaemia and related disorders Dr Greg Orchard, Haematologist

9.00pm Evaluation and close

LEARNING OUTCOMES

- Assess and mange someone with hip pain
- Outline surgical options and realistic outcomes of bariatric surgery with patients considering it
- Describe the latest assessment and management tools for someone with chronic lymphatic leukaemia



WHEN

Wednesday 29 May 2019

WHERE

Noosa Boathouse 194 Gympie Terrace, Noosaville QLD 4566 https://www.noosaboathouse.com.au/

REGISTER BY

Wednesday 22 May 2019

It's easy to register

Online at www.noosahospital.com.au/For-GPs/GP-Events Email Tansie Jarrett GPEducation.SC@Ramsayhealth.com.au Call 0427 199 202

Email if you wish to be removed from our mailing list



Part of Ramsay Health Care



It's time to THINK DIFFERENTLY

Respiratory tract infections are the 8th leading cause of death in patients 65 and older in Australia and the 9th in New Zealand. In Australia in 2018, 5800 patients who were hospitalised for RTIs had to be admitted for intensive care.

The majority of respiratory tract infections (RTIs) are caused by viruses for which we have no treatments

Dear Colleagues,

As a researcher and clinical virologist, I have a keen interest in advancing the prevention and treatment of respiratory illnesses. While effective vaccines are available for the prevention of influenza and pneumonia, the majority of viral pathogens causing respiratory illnesses, particularly in the elderly, cannot be prevented or treated today. Collectively, these respiratory illnesses carry a significant burden for elderly patients, their families, and the healthcare system at large.

The inhibition of TORC1, a cell signaling pathway, may improve the function of the aging immune system, reducing respiratory illnesses caused by a wide array of viruses. New research is underway to evaluate if TORC1 inhibition can decrease clinically symptomatic respiratory illnesses.



I am encouraged by the possibility that this potential therapeutic advance could address viral infections that until now, have evaded effective intervention. The clinical evaluation of new therapies requires collaboration with front-line health professionals for the identification and referral of suitable patients as study participants. Studies are in progress in Australia and New Zealand and I encourage you to review the study details available on www.RTlprevention.com and refer your patients as potential clinical trial candidates. Together in partnership with our study sites, the participating patients, and their caregivers, we may be able to reduce the burden of respiratory illnesses for the elderly in our communities.

I thank you most sincerely for your consideration and encourage you to contact the study team at RTIprevention@continuumclinical.com with questions or referral suggestions.

Lance C. Jennings QSO, PhD, FRCPath, FFSc (RCPA) Clinical Associate Professor

Clinical Virologist (Retired)

Find out More! www.RTIprevention.com





Having a strong immune system becomes even more important as we age. People older than 65 usually get at least one respiratory tract infection (RTI) every year. ¹ Even a common cold can increase your risk of having a heart attack for several weeks after the onset, and several years after having pneumonia.²

Be prepared for the winter cold and flu season. Join us for a discussion about the importance of strengthening your immune system, and how respiratory tract infections (RTIs) can affect your health. You will learn:

- About RTI symptoms and causes
- Why people 65+ are at an increased risk
- How RTIs are treated

- How your immune system changes as you age
- Considerations for a clinical research study

Phase III Study Details at www.RTIprevention.com REFER YOUR PATIENTS (aged 65+) to USC Clinical Trials Centre: usc.edu.au/trials

¹ JAMA, August 14, 2002 – Vol 288, No 6; BMJ 1997; 315:1060-4

Musher DM et al., NEJM, 2019?



Your pathology provider on the Sunshine Coast



Dr Irene Krajewska FRCPA FIAC E: irene_krajewska@snp.com.au T: (07) 5459 1400

Dr Irene Krajewska graduated from Manchester University in 1978. After five years of FRCS surgical training in the UK and South Australia, she undertook training in anatomical pathology at the IMVS in Adelaide, where she developed an interest in GIT, gynaepathology and cytology under Prof. Svante Orell. She was awarded the RCPA Fellowship in 1990 and the Fellowship of the International Academy of Cytology in 1991. Irene has been an examiner for the RCPA and Australian Society of Cytology. She joined Sullivan Nicolaides Pathology in 2003 and is based on the Sunshine Coast. Her interests are FNA cytology, breast pathology, dermatopathology, gastrointestinal pathology and gynaepathology.

Dr Jerome Lai FRCPA E: jerome_lai@snp.com.au T: (07) 5459 1400

Dr Lai graduated from the University of Queensland in 1984 and undertook further training in pathology at the Princess Alexandra Hospital and the Mater Misericordiae Hospital in Brisbane. He was awarded the RCPA Fellowship in 1991. Before joining Sullivan Nicolaides Pathology, Dr Lai was Pathology Queensland's Director of Pathology for the Sunshine Coast region.

Dr Karien Treurnicht FRCPA FIAC E: karien_treurnicht@snp.com.au T: (07) 5459 1400

Dr Karien Treurnicht graduated cum laude from the School of Medicine at the University of Pretoria, South Africa, in 1995. Karien moved to the UK in 1999 and undertook specialist training in histopathology at a number of London hospitals. She gained a Fellowship from the Royal College of Pathologists (FRCPath UK) in 2003 and in the following year went on to a Urological Pathology Fellowship at Bostwick Laboratories in Richmond, Virginia, USA. In 2005, Karien became Medical Director of Bostwick Laboratories, London, a full-service independent medical laboratory specialising in the interpretation of prostate and urological biopsies. She joined Sullivan Nicolaides Pathology in 2015 and is based at the Buderim laboratory. Karien is widely published and has presented at conferences internationally.

SCLMA 2019 SURVEY - RESULTS - 100 RESPONSES

Score 2 = 2; Score 3 = 1; Score 4 = 1; Score 5 = 6; Score 6 = 7; Score						
Other Questions:	Very dissatisfied	Somewhat dissatisfied	Neither Sat nor Dissat	Somewhat satisfied	Very satisfied	Total
•	uissatisiieu	uissatisiieu	IIOI Dissat	Satisfieu	very satisfied	Total
Q 2: Overall how satisfied are you with the SCLMA?		4	15	33	47	100
Q 3: How satisfied are you with the SCLMA's medico-political role?		4	15	33	47	100
Q 4: Are you satisfied with the monthly clinical meeting?	1	3	3	35	38	100
Q 6: Are you satisfied with the SCLMA's Facebook page?		1	76	16	5	98
Q 7: Are you satisfied with the SCLMA's Web page?	1	3	65	19	10	98
Q 8: Are you satisfied with the SCLMA's monthly newsletter?			6	31	62	100
Q 9: Are you satisfied with the yearly 'Christmas in July' celebration?		5	50	23	20	100
Q 5: Would you participate in yearly public/private social cricket game	No way	Unsure	Ambivalent	Happy to do	Love cricket	
	30	15	24	22	9	100

17/03/19 1 2019 SCLMA SURVEY - 100 RESPONSES.xlsx

CLASSIFIEDS

PAEDIATRIC ALLERGY SERVICE AT SUNSHINE **COAST PAEDIATRICS**

- I am pleased to announce that I have started a Paediatric Allergy Service from our Rooms at the Nucleus Suites, Buderim Private Hospital.
- I am happy to see children with all forms of Allergy - Eczema, Food Allergy, Asthma, Allergic Rhinitis, Urticaria, FPIES etc.
- Patients will receive a full Allergy Consult over an hour. Skin Prick Testing will be performed by myself as needed for diagnosis from a year of age.
- Management plans giving Treatment Guidance will be provided after the consult. Appropriate follow up will be scheduled and ongoing support given as appropriate.
- Immunotherapy for House Dust Mite & Pollen Allergic Rhinitis can be offered.
- I completed the Graduate Certificate in Clinical Allergy in 2016. I am an Associate Member of ASCIA and attend their Annual Meetings each year. I am the Paediatric Representative of the ASCIA Associate Members Group and represent them on the National Allergy Strategy Roundtable

Dr James Scorer FRACP, GCCA, FCP(Paed)SA, MMed(Ped)Stell, MBChB(Pret) **Sunshine Coast Paediatrics** Suite 9A, 23 Elsa Wilson Drive, Buderim, 4556. Tel: 54061270 Fax: 54445322

April 2019

VR GP - MAROOCHYDORE

- We are seeking a VR GP, PT or FT at our busy, well established non-corporate Family Practice
- We are a fully accredited, fully computerised, mixed billing practice with a friendly and happy professional team including nursing support and a fully equipped treatment room.

Please contact Practice Manager: pm.wrmc@yahoo.com.au 0409 447 096

March 2019

VR GP REQUIRED FULL TIME OR PART TIME - LAKE **KAWANA GENERAL PRACTICE**

- This is a fantastic opportunity to join our expanding team in a huge growth area
- Busy practice with well established and loyal growing patient base; 14 consult rooms, 5 bed treatment room and a separate procedure room
- Fantastic support team of nurses and reception staff
- Dedicated Chronic Disease management nurse
- Long established, completely computerised and
- Pharmacy and pathology on site plus many allied health professionals and specialists in the building.

For a confidential discussion please contact Laura Wilkinson, Practice Manager on 5493 3800

Email: manager@lkgp.com.au

December 2018

VR GP - MEDICINE ON SECOND, MAROOCHYDORE

- Full time/Part time positions available to start Mid Jan
- Busy and well established medical centre in the heart of Maroochydore; Pathology and pharmacy onsite
- Fantastic team of friendly doctors, nursing and reception staff; 10 large consulting rooms with well equipped treatment room
- Great opportunity, work life balance and no after hours.

If you would like to enquire about this position, please call 07 5443 9455

Email: judy@medicineonsecond.com.au November 2018

BRAND NEW CONSULTING SUITES IN BIRTINYA -AVAILABLE IMMEDIATELY

130sqm available for lease at Pulse Oceanside Medical Centre - opposite the Sunshine Coast University Public & Private Hospitals and bus exchange

- Specialist tenants include: Pathology, Radiology, Neurology, Orthopaedics, Anaesthetist, Cosmetic Injectables, Specialist Physician & Psychologist
- Other tenants: Coffee Club, Raw Energy, Good Bean Birtinva & Sushi
- Convenient patient parking
- Allocated 2 car parks for tenancy
- 3 year lease with an option of a further 4 x 3 years
- Option exists at any time to purchase at a prenegotiated fixed \$ figure
- Floorplans & suggested layouts available

For further information please contact: **Lorraine Corbett at Corbett Neurophysiology** P 07 5503 2400 M 0438 400 400 E admin@corbett.com.au December 2018

GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat 0412 292 666.

Continuing as per request.

CLASSIFIEDS GUIDELINES FOR 2019

- Classifieds are FREE for current SCLMA mcmbers
- Classifieds have a placement life of 3 newsletters
- From February 2019 word count should be no more than 200 words
- · Long-term classifieds will be condensed
- Cost for non-members is \$100 + gst

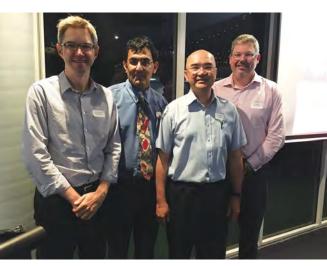
ALL QUERIES:

Contact: Jo 0407 07 112 Email: jobo@squirrel.com.au

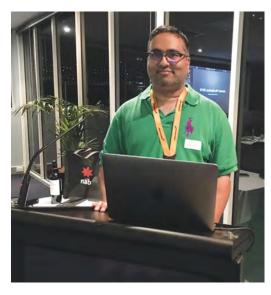
SCLMA Clinical Meeting - 28 March 2019 Presenters: Sunshine Coast Heart Specialists Dr Stuart Butterly, Dr Daljeet Gill, Dr KK Lim, Dr Naresh Dayananda, Prof Tony Stanton Sponsors: Pfizer, WL Gore & Associates, Bristol-Myers Squibb



Sponsors Nick Dangerfield (Gore, Lisa Bible (BMS), Darrell Farguharson (Pfizer), Darrel Hunter (Pfizer)



Presenters: Prof Tony Stanton, Dr Daljeet Gill, Dr K K Lim with Dr Stuart Butterly



Presenter: Dr Naresh Dayananda



SCLMA GALA CELEBRATION 2019
COCKTAILS, DINNER & DANCING
FRIDAY 2nd AUGUST 2019
PEPPERS RESORT, NOOSA
ALL PROFITS TO GO TO WISHLIST!
WATCH THIS SPACE!!



Meeting dates for rest of 2019

Thursday 30 May - Dr Georgina Hale, Infectious Diseases Specialist - Mdore Surf Club

Thursday 27 June - Dr Caroline Hughes, Paediatrician - LAKEHOUSE - MOUNTAIN CREEK

Thursday 25 July - PHN with invited speakers from SCHHS - Mdore Surf Club

Thursday 29 August - Dr Greg Finch, Orthopaedic and Spine Surgeon (AGM will be held also)

Thursday 19 September - One week earlier than usual due to school holidays. Details to be confirmed

Thursday 31 October - In progress - details to be confirmed



