



SCLMA President's Message

Dr Di Minuskin



At the time of writing this report, the results from the Expressions of Interest with regard to privatisation of services at the Sunshine Coast University Hospital, have not yet been made publicly available.

I hope some decision is reached soon so we can move on from this state of limbo that currently exists. I think we are all anxious to see the next phase started.

It is certainly a challenging time for doctors in all arenas of practice in the last few months. The concern over changes to employment contracts in our public hospitals, the release of the Beyond Blue report on the mental health of doctors and the ongoing challenges of providing evidence based medicine versus media based medicine has tested us all. It would be easy to let this dark cloud threaten to extinguish those light filled moments that make us smile each day and give us pride in the work that we do. In no way do I mean to dismiss the genuine concerns and challenges facing our profession, but I would like to bring some balance. I feel I need to put pen to paper and tell you what I love about being a doctor and perhaps share some of the wise advice given to me over the years.

Firstly, I love the kinship and camaraderie that the medical profession enjoy. There is a great deal of support to be gained from your colleagues. Never underestimate the value of a debrief or a good old fashioned "whinge" about a problem with somebody who shares your views and experience. Not to mention the fact that the "doctor sense of humour" is sometimes misunderstood outside of the profession!

Secondly, the vast majority of our patients are appreciative and respectful. The odd disgruntled patient or criticism seems to grow in stature if we let it.

Acknowledge the concerns, be part of the solution if possible. But most importantly, really think about that smile, handshake or thank-you that most of our patients give us. Invest as much emotional currency in these as you do in the complaints, and you will soon realise that the balance is very much on the positive side. Keep a box in your office where you put all those thank-you notes that patients and families send. Earlier this year I was asked to speak at a palliative care forum on the role of the family doctor.

As part of the talk, I discussed some of these letters. Reading these notes again made me realise that I had comforted and helped these families. Remember the funny things that patients say. I recall one woman who paused as she went out of my office one day, turned and said to me, "You know you have been my doctor for over 20 years now. That's lasted longer than both my marriages!" Or the little girl who, as I examined her newborn brother, wanted to know why his "bits" weren't tucked in neatly like hers!

Lastly, I am very appreciative of the fact that my career has given me the opportunity to travel. Time for family and holidays is important and my career has allowed me to invest in both of these. Get a hobby or an interest, and value that nonmedical circle of friends who are good at keeping you grounded.

At the risk of being called "Pollyanna" I have tried to highlight what I love about my work. Spreading just the bad news does little to raise the morale of the profession. Interestingly, last week a Queensland study showed a lower incidence of suicide in males doctors compared to the general populations and that of female doctors no greater than the general population. Overall, Australian doctors also had a lower incidence of suicide compared to their overseas colleagues. Must be all that sunshine!

Di Minuskin

**The Sunshine Coast Local Medical Association
sincerely thanks Sullivan Nicolaides Pathology
for the distribution of the monthly newsletter.**



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CONTACTS:

President and	Dr Di Minuskin Ph: 5491 2911
Vice President:	Dr Rob Ingham Ph: 5443 3768
Secretary: & AMAQ Councillor	Dr Wayne Herdy Ph: 5476 0111
Treasurer:	Dr Peter Ruscoe Ph: 5446 1466
Newsletter Editor:	Dr Marcel Knesl Ph: 5479 0444
Meetings Convenor:	Dr Scott Masters Ph: 5491 1144
Hospital Liaison:	Dr Jeremy Long Ph: 5470 5651
FHN Rep:	Dr Scott Phipps Ph: 5494 2131
Committee:	Dr Kirsten Hoyle Dr Denise Ladwig Dr Byron Oram Dr Mason Stevenson Dr Nigel Sommerfeld

For general enquiries and all editorial or advertising contributions and costs, please contact:

Jo Bourke (Secretariat)

Ph: 5479 3979

Mob: 0407 037 112

Fax: 5479 3995

The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

Please address all correspondence to:

SCLMA PO Box 549 Cotton Tree 4558

Email: jobo@squirrel.com.au

Fax: 5479 3995

Newsletter Editor:

Email: Dr Marcel Knesl

mknesl@oceaniaoncology.com.au

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DECEMBER NEWSLETTER Deadline Date for December newsletter will be FRIDAY 06 DECEMBER

The Editor would like the newsletter to reach all readers in the 3rd week of each month. So ... **ALL** reporters and advertisers - please help us achieve this challenge!

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches approximately 800 recipients!

Contact Jo: 5479 3979

Mobile: 0407 037 112

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Fax: 5479 3995

We welcome new content - case studies, local news and photos. If you are a new member, send in a short bio and a photo to introduce yourself.

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 5479 3979 or 0407 037 112

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2013 - 2014

Current Membership subscription paid before the end of 2013 will be credited to 2014.





Editor's Corner ...

November 2013

I recently read an article prepared by Oncology Dietician Tanya King for one of the local Sunshine Coast Healthy Living magazines.

The one line which was fascinating was the quote by Hippocrates: "Let food be thy medicine and medicine be thy food."

This then led me onto a book written by a Japanese New Yorker: Why Japanese Women Don't get old or fat.

The Japanese diet is very interesting and quite diverse from the traditional western diet. It is based upon the 7 pillars of Japanese food:



Rice, Vegetables, Fruit, Fish, Soy, Noodles and Green Tea. So give it a go and try and introduce more of these 7 pillars into your daily diet.

This month politics moves down the page and the cover story goes to Di, President of the SCLMA. This month Di truly writes from her heart about what it really means to be a doctor. Please junior doctors give the article some time and appreciate the great profession that you are part of. Daily I bump into gifted kids who tried to get into medicine but did not succeed. The grass always looks greener on the other side but maybe it's because you can't see the green grass that you are standing on.

To all contributors I thank you once again as the year draws to an end. We still have the December newsletter to prepare and then it's onto a well-earned break.

Bon Appetite

Marcel Knesl

mknesl@oceaniaoncology.com

HIGHLIGHTS:

- P 5: Kevin Hegarty - Health Service Link
- P 7: Dr Christian Rowan - President AMAQ
- P 10: Dr Wayne Herdy - AMAQ Councillor
- P 12: FHN - GPLO Report - Dani Causer
- P 16: Dr Clive Fraser - Motoring article
- P 20: Dr Michael Ryan - Wine article
- P 26-27: Classifieds



SCLMA CLINICAL MEETINGS
Next meeting : Thurs 28 Feb 2014
Details - December Newsletter
(no January Newsletter)



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**Current SCLMA
Membership**

New members November 2013:

- Dr James Askew, General Surgery
- Dr Wayne Crawford, Anaesthesia



**SCLMA Website
Member Directory**
www.sclma.com.au

Are you listed on the Member's Directory?

Have you changed your practice details?

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Sunshine Coast Heart Centre The Sunshine Coast Private Hospital

Heart Centre 1300 675 897

The Sunshine Coast Heart Centre direct admission service – streamlined admission for private cardiac patients.

The Sunshine Coast Private Hospital at Buderim has provided invasive diagnostic angiography services since 2001, and interventional cardiology (stenting) since 2007. We treat upwards of 2,000 cases per year, and were one of the first hospitals in Australia to develop an in house cath-lab nurse education program. We provide 24 hour, 7-day general and interventional cardiology on-call cover. As well as a mature and experienced interventional cardiology team, we provide full pacing and invasive electrophysiology diagnostic and treatment services.

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Ambulance ↓

Direct admission to TSCPH ↓

We have streamlined our admission processes and increased staff (including in-house RMOs) to provide this service. The Sunshine Coast Heart Centre is activated by a GP in the community or a QAS ambulance officer, and the admission is managed by the RMO and the Nurse Coordinator.

Faster cardiac care improves clinical outcomes, minimises delays and avoids inter-hospital transfers. Many of your patients will present to a public ED only to be sent to TSCPH. The Sunshine Coast Heart Centre initiative makes it possible to directly admit your patient to The Sunshine Coast Private Hospital at Buderim quickly and safely.

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HEALTH SERVICE LINK - NOVEMBER 2013

with Kevin Hegarty



I have on many occasions made reference in this column to the unique, exciting and challenging journey leading up to the opening of the Sunshine Coast Public University Hospital at the end of 2016 and beyond.

The Hospital and Health Service needs to prepare, embrace and lead the change that will be central to this transitional journey. We know our future is all about new services, new models of care, new roles and new staff. The organisation we are used to managing and working in will be significantly changed in size and scope.

One of the fundamental elements of a true tertiary health care provider is the support and prominence of research within the organisation.

Research has long been a feature of our Hospital and Health Service however, over recent times the focus on it has become more deliberate and expansive.

Wednesday 30 October, saw our third annual Research Day. This event effectively show-cases our local research as well as ensuring exposure to research occurring more broadly. Such was certainly the case at this year's event.

What isn't broadly appreciated is that a small group of people determined to develop our research profile have been working behind the scenes to make sure this objective is realised. Our Research Committee, under the leadership of Associate Professor Nick Gray, as its Chair, have been putting in place the necessary foundation to ensure the steps we take on this particular aspect of our transition journey are successful. The recent launch of our Research Strategic Plan 2013-2016 is testament to the Committee's ability and determination to continue the development of our research agenda.

There is no stronger argument for the support and advancement of research than contained in the foreword of the Plan:

"Research is a fundamental building block of an academic institution. It drives innovative culture. It attracts workforce that has the necessary characteristics to drive excellence in education, successful development of new models of care and enhancing clinical standards generally".

- In order to demonstrate the organisational support for research, I was pleased to announce, at the Research Day, a range of key research related resource initiatives including:
- Appointment of a Statistician to support early career and advanced researchers with methodology and statistics to increase publication and other research outputs.
- Appointment of a Research Coordinator to support development of research activities across new departments and departments unable to generate research revenue.
- Appointment of a Research Support Officer to support novice and early career researchers with methodology, statistics, the research governance process and grant application; as well as assist with publication and other research outputs.
- Appointment of a part-time Research Administrator to provide administration support for research governance and clinical trials.
- Appointment of a part-time Business Support Officer to manage finance operations associated with research revenue and assist researchers with development of budgets for non-trial related research.

I have no doubt that the passion and commitment of our researcher's, together with the leadership of the Research Committee, will ensure that there is a significant return on this investment. That return will be the further development of innovation as an essential aspect of our organisation as we journey towards becoming a true tertiary health service provider and fulfil our vision of *'Health and Wellbeing through Exceptional Care'*.

Kev Hegarty

Health Service Chief Executive

Kevin_Hegarty@health.qld.gov.au

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AMA QUEENSLAND - PRESIDENT'S REPORT

Dr Christian Rowan



The past month has welcomed some positive news with the permanent scrapping of the tax-cap on education expenses and an increase in funding for rural generalist training places.

Unfortunately these gains have been overshadowed by the looming IR changes being imposed on Queensland's SMO and VMO workforce.

The Federal Government's recent decision to 'Scrap the Cap' was welcomed by AMA Queensland as a win for productivity and common-sense. The former Federal Government's plan to place a \$2,000 cap on tax deductions for work-related self-education expenses from July 2014 would have held immediate and detrimental consequences for doctors and medical students required to undertake continuous education and training.

This excellent outcome was a direct result of intense lobbying by the national Scrap the Cap Alliance which was founded by the AMA and a coalition of other professional Associations. AMA and LMA members across Australia should be proud of this achievement which demonstrates the ability of a united workforce to overturn reckless and ill-conceived policy decisions.

We were also pleased by the Health Minister's announcement that Queensland will receive a \$1.8 million boost and redirection of scholarship funding to significantly increase the number of rural generalist training places in Queensland by 2016.

This doubling of intake numbers from 37 in 2013 to 80 in 2016 will improve access to local primary care services and offer rural communities greater choice and flexibility when making important decisions about healthcare.

As discussed in my last column, AMA Queensland and our union partner ASMOFQ, are continuing to lobby the State Government over proposed changes to industrial relations legislation and the introduction of individual employment contracts for SMOs and VMOs.

Despite our attempts to negotiate with the Government, we have made very little progress in reaching a satisfactory outcome that protects the current working rights and conditions of Queensland's salaried doctors.

We were alarmed this week to see New Zealand doctors being warned to 'steer clear of Queensland' by the Executive Director of the Association of Salaried Medical Specialists as concern over these draconian decisions spreads across the profession.

This situation clearly needs a long-term and reasonable solution to prevent a mass exodus of practitioners from Queensland's public health system, already struggling to meet the health needs of the community.

Full copies of our correspondence with the Health Minister, and his response, are available on the AMA Queensland website (amaq.com.au) along with links to the ASMOFQ site and information updates.

We encourage all members to view these documents and share with their colleagues, it is critical that we have the full support of the profession to send a clear message to Government on these issues.

Christian Rowan

AMA Queensland President





We've got the 'Gut Feel'

With over 15 years experience in offering **personalised, quality gastroenterology care** to patients, and the last six years of these devoted to residents of the Sunshine Coast region, I have now taken the next step in developing my commitment to this region, and welcome you to **'Coastal Digestive Health'**.

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AMAA COUNCILLOR'S REPORT

Dr Wayne Herdy

It's storm season, and the AMA has put rest to a significant storm in a teacup. The \$2000 cap on tax deductibility of self education expenses, proposed by the former Labour government, has now been declared dead and buried.

That cap was aimed initially at doctors taking supposedly luxury overseas holidays, but it wasn't long before other professions, especially the legal profession, realized that they were in the target zone too. The AMA led the charge in the campaign against the proposal, but the government could not ignore the cacophony when other professionals, including less well-heeled professions such as teachers, added their voices to the objection. Ultimately, the ATO still has the power to disallow claimed tax deductions, so cheats will eventually get caught even without an artificial boundary that wasn't appropriate even to the ALP's electoral heartland.

Apart from the success of another (admittedly minor) AMA-led campaign, this storm in a teacup has more important lessons.

The most important lesson is that, if a government official gets a bee in his/her bonnet about a seemingly trifling incident, the power that parliamentarians and bureaucrats wield can have far-reaching consequences. Let's not forget the urban myth about a former ALP Minister for Health being asked to sign her Cabcharge docket with a drug company pen, and this trivial incident leading to a wide pogrom against drug company promotional items being given to doctors. No more free pens because one individual took exception to a meaningless observation. While I would not go so far as to characterize this as an abuse of power, the personal opinion of an individual has led us down a path that has become quite extraordinary.

It is not only the loss of our birthright to receive free pens that now haunts the medical profession.

Drug reps are counting the sandwiches and reporting to Big Brother in a way that defies logic. There is a massive gap between catered functions at the Opera House and a nibble of pizza snatched in the non-existent lunch break in the staff room. I am not persuaded that a \$10 bribe will convince a prescriber to commit a million dollars worth of PBS cash for a worthless product.

Drug reps do provide real information, and I fondly cling to a belief that medical graduates drawn from the top 3% of the country's intelligensia can separate the hype from the science in sponsored evening educational meetings. Somebody has lost the plot here, and I can only hope that in the fullness of time the pendulum will stop swinging at a point that includes logic and practical reality.

With that little debate about tax deductions behind us, and the ongoing debate with Medicine Australia looming endlessly on the horizon, we are still waiting with half-bated breath for the long-awaited health reforms promised by the new Abbott government. They are still focussed on budgets and boats, so news about Medicare Locals and after-hours services and realistic Medicare rebates are yet to hit the front page.

The best news to hit medical politics for quite a while is the resignation of Kevin Rudd from Federal politics.

I can personally crow about this announcement, because my regular readers might recall that I predicted his resignation as soon as the election result was announced. I hasten to explain that this is not a personal insult from me to the ex-PM.



AMAQ COUNCILLOR'S REPORT /cont

Dr Wayne Herdy

In fact, I rather like Kev, and I sincerely respect what he tried to do, even if I don't agree with what he aimed to achieve nor the way he set about doing it.

No, my delight arises from the fact that his departure offers another opportunity for Bill Glasson to throw his hat back in the ring – as he promised to do just after the election. If Bill runs again, he has a great chance of succeeding – just look at how close he came to toppling the sitting Prime Minister only a few months ago. And if Bill gets a seat in the green leather chairs in Canberra, you can bet your super fund that he will not be sitting quietly on the back benches playing solitaire on his laptop. The medical profession is likely to see him expressing his views loudly and indelibly on a daily basis.

Hansard will be recording what I expect to be the strongest advocacy for the realities of medical practice that history has ever seen. He will represent his electorate of Griffith well, but he will also represent his wider electorate, the medical profession that he served so well as AMA President, just as well.

No individual can achieve miracles in politics, and I don't hold out hope that he will single-handedly bring about real reform in delivery of health care. But I am confident that with Bill on the treasury benches, the quality of debate about health care will be in good hands.

Wayne Herdy

North Coast Branch Councillor,
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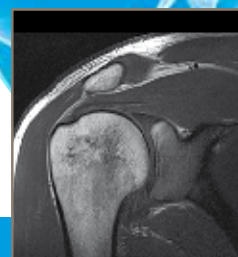
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NOVEMBER 2013 UPDATE - Danielle Causer

GP LIAISON - CLINICAL SUPPORT

Focus Health Network Ltd



Advanced Care Planning contains vital information for the provision of care both within General Practice and hospital settings. Such planning may involve the Advanced Health Directive and allocation of an Enduring Power of Attorney. This information is about promoting autonomy and dignity and not about euthanasia. Do you have one? Other Hospital and Health Services in Queensland have varying opinions on the legalities required for an Advanced Care Plan. Sandra and I are working with the legal team at Nambour General for their input as to how we can create a user-friendly document that is accessible for both GPs and the HHS.

The Sunshine Coast Hospital and Health Service (SCHHS) with Focus Health Network (FHN) held a workshop to update skills and knowledge in antenatal care. It was primarily focused on polycystic ovarian syndrome and the implications this has on both ante- and postnatal care including lactation. It was a very interesting evening with 45 attending, including 17 from the HHS and 13 GPs.

The recent Practice Staff Network Meeting to outline implications for general practice of the Sunshine Coast University Private Hospital (SCUPH) accepting public patients from December 2 was well attended. Speakers showcased Ramsay Healthcare, SCHHS, and FHN. Presentations were well received and the meeting was a great networking opportunity for all who attended.

What's new on FHN website : www.fhn.org.au

- Fact Sheets for SCHHS Persistent Pain Management Service Referrals
- Health Alerts
- SOPD education program for men prior to undergoing a prostatectomy or radiation treatment for prostate cancer, commencing in February 2014.
- Starters and leavers at the HHS (for named referrals)
- An invitation to attend a "Reproductive Refresher" for clinicians interested in women's health
- Updated SCHHS Antenatal Resources

Upcoming workshops with Focus Health Network:

- Wound Management Workshop – 12 November 2013 @ 6pm
- MASS/CAPS Continence assessment & Management – 14 November 2013 @ 6pm
- CPR Workshop – Wednesday 27 November 2013 @ 6pm
- Fresh Focus in Health – PN/PM Annual Conference – 7 December 2013 from 8am

Remember both Dr Sandra Peters and I are willing to meet you on neutral turf if required to hear from you (the GPs) as to what works and what needs tweaking (not twerking) with regards to access and communication with the HHS. We can meet onsite, off-site or via phone or email, whichever suits.

Dani Causer

Phone: 5456 8888 Email: Dcauser@fhn.org.au



Mental Health Services to commence at Caloundra Private Hospital

From November, a 22 bed private inpatient acute mental health service will be offered at Caloundra Private Hospital.

Inpatient programs will include:

- Anxiety & Depression • Electroconvulsive Therapy • Drug & Alcohol
- Mood Disorders • Post-Traumatic Stress Disorder

In addition to mental health services, the Day Surgery Unit will continue to offer endoscopy services and the renal dialysis service will continue to offer dialysis for both local and holiday patients.

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A SUNSHINE COAST podiatrist has taken the first step in revolutionising the health industry, pioneering a world-first approach to manufacturing and prescribing foot orthotics.

Dan Everson of Kinetic Orthotics has transformed orthotic treatment to significantly improve patients' mobility and their lives, including returned soldiers and children with disabilities who were, until now, experiencing dubious success with traditional treatment.

Described as an evolution in traditional orthotic therapy and a major global industry advancement, Mr Everson's research has developed an evidence-based approach that minimises pain and facilitates optimal foot function by boosting the body's natural healing process.



Kinetic Orthotic therapy was granted a world-first patent in September.

The therapy uses state-of-the-art computer technology and a combination of foot morphology and kinetic clinical data to custom design and manufacture orthotics for individual patients. A three-dimensional model is then used to show practitioners and clients the ideal orthotic device in advance to demonstrate its unique fit for the patient's needs.

"Kinetic Orthotics has been investing in research and development to create a clinical approach that could see optimal foot function and restored mobility in almost 98% of cases," Mr Everson said.

"Children who never liked sport are now eager to play after trialling Kinetic Orthotic therapy, while elderly patients who had given up activities such as golf and bowls are now enjoying the outdoors again."

But Mr Everson said it was especially rewarding to treat patients with disabilities, such as injured returned service veterans who now had greater mobility and quality of life after treatment.

Mr Everson has spent 17 years researching and developing the Kinetic approach to orthotic therapy, refining the application to deliver the best outcome for the patient, regardless of their age, disability, disease or injury.

"I have kept on this path because I love seeing people's lives transformed in this way," he said. "Addressing people's pain and restoring their mobility can change their outlook, health and self-esteem, so it's more than a clinical case to me, it's always personal."

Dan Everson's second passion is helping to fight a sedentary lifestyle in our ageing population and the associated spiralling health costs and subsequent emotional costs to the greater community.

He works closely with fellow podiatrists, health practitioners, educators, government, insurance providers and the wider health industry to continually advance the understanding of orthotic design.

"Health funds and the government know that as you lose your mobility you can lose your quality of life and your health costs rise so they are keen to work with us, especially as Kinetic therapy has proven it works."

Mr Everson's patented therapy has the potential to transform the way orthotic treatment is taught at universities and in postgraduate research. Kinetic Orthotics is involved in teaching and training programs with leading tertiary institutions including QUT and Sports Medicine Australia.

Dan Everson has offices at Maroochydore, Nambour, Caloundra Noosa, Morayfield and Indooroopilly.

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MEDICAL MOTORING

with Doctor Clive Fraser

Texting and Driving

“He’s gonna kill me!”



For over twenty years I’ve driven to work along the same familiar route.

It’s a short drive through non-descript suburbia.

Whilst the surroundings have slowly changed on the journey, I’ve driven that route ten thousand times and I feel like I know it like the back of my hand.

The suburbs are slowly getting leafier in spite of deforestation and I’ve noticed that the kid’s who once rode push-bikes to school are now driving cars.

Over the years the journey to work has become second nature to me and I’m very aware that familiarity can breed contempt.

Whilst my old Volvo does have a CD (and cassette) player, I prefer to listen to the ABC radio news and AM is always on, on my way to work.

For ten years the familiar voice of Tony Eastley has been my sole companion on my daily drive.

Some might say I’m old fashioned, but I just don’t like all those distracting bits of technology (MP3’s, pod casts, Bluetooth streaming etc) that are very fashionable right now.

So as I set off last week for the 10,001st time and came to a roundabout only 300 metres from where I live, I gave way to a lady in a brand new Hyundai ix35 4WD who seemed to be looking down rather than straight ahead.

Now most roundabouts have three exits, but the lady driver in front of me decided to make a whole new exit for herself across a traffic island, over a gutter and into a nature reserve.

Whilst she was in a 4WD with presumably some off-road capability she did then come into contact with the park’s perimeter defences.

In an effort to stop hooners from driving onto the grass the local council have placed vertical bollards around the park and her brand new Hyundai ix35 came to rest impaled on a 60cm high railway sleeper that had been placed in the ground.

Realizing that the lady might be injured, I hastily pulled over and ran to her aid.

Like most people involved in a crash she was understandably very distressed.

I found her screaming uncontrollably, “He’s going to kill me, he’s going to kill me!”

I immediately thought that she might have been on the run from a member of an outlaw motorcycle gang.

We have a lot of that happening in Queensland right now according to our Premier.

Perhaps that’s why she was distracted and ran off the road?

Perhaps that’s why she crashed in perfect driving conditions?

There was a hissing sound coming from the front end of her car.

She wanted to try to start the Hyundai to drive backwards and get on her way.

From what I could see that wasn’t going to be possible.

I courageously told her that I’d help her out and my first thought was to open the driver’s door.

Whilst the Hyundai ix35 does have a 5 star safety rating on ANCAP testing I regret to say that the door would not open as the front guard had concertinaed backwards.

I heard more hissing from under the bonnet and believing that an explosion was imminent I raced to the passenger side and couldn’t budge that door either.

As the lady was fairly slim she climbed into the back and exited through the rear doors.

She fell into my arms hysterically screaming again, “He’s going to kill me, he’s going to kill me!”

As a psychiatrist I hadn’t really come across this situation in my training, but by now a rather bosomy neighbour had arrived and the victim was now in her arms and still screaming, “He’s going to kill me, he’s going to kill me!”

It was at that point that the new rescuer’s CWA training stepped in and she said, “Cars can be fixed, I’m just glad you’re not injured”.

To which our hapless victim kept sobbing whilst she cried, “He’s going to kill me, he’s going to kill me!”

By now I was running late for work and Tony Eastley had signed off.

The crash victim had forgotten about her rescuer who holds a Certificate in Advanced Life Support.

There was nothing more that I could do, but call a tow truck.

At that point the woman’s iPhone fell to the ground and I saw a half-written text message!!!!

MEDICAL MOTORING / cont:

Dr Clive Fraser



She wasn't trying to escape from an outlaw motorcycle gang after all.

She was teeing up a meeting with Jo-Anne for a latte.

It was then that I realized that if I'd been a second earlier on that roundabout that, "She was going to kill me, she was going to kill me!"

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If you text whilst driving your risk of crashing increases by more than 23 times.

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A few smiles

One night 4 MBA students were boozing until late at night and didn't study for the test scheduled for the next day. In the morning they thought of a plan. They made themselves look dirty and weird as they could with grease and dirt.

They met with the Dean telling him they had gone to a wedding the night before. When returning home the car tyre burst and they had to push the car all the way home. Because of this they were in no fit condition to sit the test.

The Dean was a just man and said they could sit the test in 3 days. By the third day the students had caught up with their study and appeared before the Dean to sit the test which the Dean has told them had a special condition.

All students were asked to sit in separate rooms and were given just 2 questions.

Q1: Write your name (2 marks)

Q2: Which tyre burst? (98 marks)

Student Request

A student called up his Mom one evening from his college and asked her for some money, because he was broke.

His Mother said, "Sure, sweetie. I will send you some money. You also left your economics book here when you visited two weeks ago. Do you want me to send that up too?" "Uhh, oh yeah, O.K." responded the kid.

So his Mom wrapped the book along with the checks up in a package, kissed Dad goodbye, and went to the post office to mail the money and the book. When she gets back, Dad asked, "Well how much did you give the boy this time?"

"Oh, I wrote two checks, one for \$20, and the other for \$1,000." "That's \$1020!!!" yelled Dad, "Are you going crazy???"

"Don't worry hon," Mom said, kissed Dad on the top of his bald head, "I taped the \$20 check to the cover of his book, but I put the \$1,000 one somewhere between the pages in chapter 15!"

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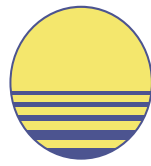
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Sunshine Coast Orthopaedic Clinic

The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for eight years. We have treated many professional and semi-professional athletes as well as the "weekend warriors", including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Sea Eagles and the Sunshine Coast Stingrays.

Individual treatment plans are developed for each patient encompassing pre-operative care, surgery and non-operative treatment and a post operative plan leading up to and including a return to sport assessment.

Dr Lawrie works hand in hand with the patient's physiotherapist, coaching staff etc as needed to get the best possible outcome. Communication with allied health professionals is the key in this regard.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques or an appropriate non-operative treatment programme.

Some examples of these injuries include:

- ❖ A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied within the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.
- ❖ Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

For appointments contact

Dr Steven Lawrie
Suite 17, Kawana Private Hospital
5 Innovation Parkway, Birtinya QLD 4575
p: 07 5493 3994
f: 07 5493 3897
e: info@sunshineortho.com.au
www.sunshineortho.com.au

- ❖ Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

- ❖ Early ACL surgery in the young active patient/sportsman.

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures, loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such as an MRI scan.

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement, revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.



THE PRINCE OF PINOTS - GRANT TAYLOR -



Grant Taylor is a visionary. From humble viticultural beginnings, Grant has forged a name for himself as one of the greatest Pinot Noir makers in the world. He is the only person to be coveted with the award as World's best Pinot Noir maker three times at the London International Wine Fair. Perhaps his Italian heritage (his great-grandfather was Giuseppe Valli), which meant he grew up immersed in the intricacies of food and grape growing, is to be thanked.

He is a humble man with a vision to make a Pinot Noir that represents the terroir it comes from. It's a goal of his to have Central Otago Pinot Noir known as a distinctive style, similar to the appellation of French houses of Burgundy.

He has been based in the Central Otago region of New Zealand for 30 years, and has wines from the Gibbston Valley, the Bannockburn region, Bendigo and the Waitaki region in North Otago, which is a new wine region. He makes Riesling from grapes from the Alexandra region.

He swims against the tide. In his Gibbston Valley vineyard, the trellises run north-south, while everyone else in the Valley plants them east-west. He was the original wine maker at the Gibbston Valley winery, and has done vintages in Oregon.



Waitaki holds a special place for him as it is his birthplace. This maritime-influenced region of North Otago is producing elegant wines. The limestone and alluvial soils make for arduous work from the vine, but the slow ripening period sees fruit hanging through till late April and early May. Fruit and acid characteristics abound.

I first met Grant in New Zealand four years ago. A pure delight. Recently, I hosted a dinner with his Marketing Manager Hollis Giddens. This well-versed, immaculately dressed wine siren is an asset to the Valli Team. The Mississippi twang is a delight to listen to.

The wines shone bright, educating the guest about the fascinating world of terroir. While the room polarised on which was the favourite, all agreed that they are exquisite wines made with attitude, elegance and sense of place.

The restaurant, Harrys of Buderim, provided five courses of sensational food.

• *Wines Tasted*

- 2012 Valli Alexandra Riesling - light straw colours with hints of green. The nose has delicate lime citrus notes, with some floral and minerality. The palate delights with anterior, tightly wound fruit flavours that develop as the wine warms up. Acidity is wonderfully rampant, with almost no residual sugar. Cellar for six years. Had with chilled leek and Ceas spanner crab soup.
- 2011 Valli Waitaki Pinot Noir - attractive dusky red colours. The bouquet exudes red, well-ripened fruits. Brambly nuances flutter with some oak characteristics. The palate at first feels overripe, but within 10 minutes it morphs into a complex, integrated wine. Cellar for 10 years. Drank with fried sheep's cheese fennel salad.
- 2011 Valli Gibbston Valley Pinot Noir - a brighter red colour. The aromas of delicate red fruits and cherries are typical of the region. Twiggy, funky spicy aromas develop. The palate is silky, but then develops a peak of acid and structure. Cellar 10 years. Drank with Hervey Bay scallops and pork belly on mustard mash.
- 2011 Valli Bannockburn Pinot Noir - deep red to purple. Big, complex, red to plummy fruits delight. Hints of Asian spice, tarragon and even leathery notes appear. Somewhat typical of the big Pinot Noir of Central Otago, but balanced by Grant Taylor's ability to produce the 'iron fist in a velvet glove'. The palate is sweeping with fruit structure and desirability. Cellar 12 years. Drank with Caramelised duck a la orange.

Dr Plonk



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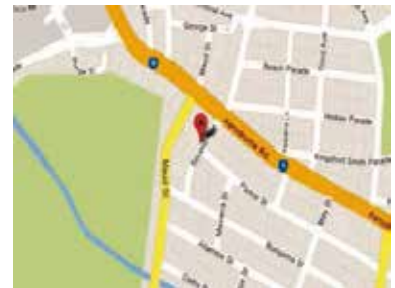


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Tax concessions for insurance through super

Insurance through super can be cheaper than ordinary insurance due to concessions on contributions into super that are subsequently used to pay the premiums. However, there are some key factors that should be considered before taking out insurance through super;

- Reduced product features available through super
- Preservation issues (TPD Own Occupation and Trauma cover)
- Potential tax on claim benefits
- Impact on maximum contribution limits
- Longer time to get money and potential for disputes
- Restrictions on nominated beneficiaries

The benefits of insurance inside super focus on reducing the effective cost but as listed above can create issues and disadvantages at time of claim if not properly assessed initially and reviewed regularly.

Insurance inside super – personal deductible contributions

If the individual chooses to hold insurance through super, personal deductible or salary sacrifice (concessional) contributions can be made to offset some of the premium cost.

Individuals with some employment income can claim a deduction on personal contributions into super if they meet certain requirements. The main requirement is that less than 10% of total assessable income (plus reportable fringe benefits and reportable employer super contributions) is attributable to employment as an employee.

Example – Life & TPD Cover

Jeff, aged 45, is self-employed and earns \$250,000 p.a. after expenses as a GP. He wants to take out \$1MIL Term Life and Total & Permanent Disability (TPD) which costs \$1,767.59 pa.

	Outside Super	Inside Super
Assessable Income	\$250,000	\$250,000
Deduction on Contribution	\$0	\$1,767.59
Taxable Income	\$250,000	\$248,232.41
Tax Payable	\$89,797.00	\$88,975.49
Tax Saving	\$0	\$821.51

The above calculations are an estimate only.

In regards to Income Protection, it is generally better to hold this policy outside of super because there is no additional tax advantage holding the policy inside of super as the premium is tax deductible in both situations.

Things to note:

- Individuals must be eligible to contribute to super (i.e. under age 65 or 65<75 and meet work test)
- Concessional super contributions may exceed the contribution limit and be liable for penalty tax
- Tax may be payable on benefits when paid from super
- Upfront cost savings of insurance through super should be weighed up against the downsides to determine the value and appropriateness

Article written by Hayden White DFP & Cert IV Finance/Broking phone 07 5437 9900.

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**SUNSHINE COAST LOCAL MEDICAL ASSOCIATION
MANAGEMENT COMMITTEE MEETING
THURSDAY 26 SEPTEMBER 2013
Maroochydore Surf Club Function Room
MINUTES
(Accepted at Committee meeting 24 October 2013)**

Attendance: Drs Rob Ingham, Nigel Sommerfeld, Jeremy Long, Scott Masters, Denise Ladwig, Scott Phipps, Fiona McGrath (Medicare Local) and Jo Bourke (Secretariat).

Apologies: Drs Mason Stevenson, Peter Ruscoe, Kirsten Hoyle, Di Minuskin, Marcel Knesl, Byron Oram and Wayne Herdy.

Minutes of last meeting: 22 August 2013.

The Minutes were accepted.

Moved: Jeremy Long. Seconded: Rob Ingham. Carried.

Business arising from Minutes:

- Scott Phipps referred to Item No. (AMAQ Councillor's Report) stating that 'effectively the medical profession has lost control of how health complaints are managed in Queensland'. Scott noted that this is not technically correct as channels still maintain significant input from the medical profession.

President's Report: Dr Di Minuskin – Apology.

Vice President's Report : Dr Rob Ingham.

- A successful committee transition meeting was held at Le Baroque Restaurant, Buderim on 29 August with incoming President, Di Minuskin outlining goals for the next 12 months.
- Rob reported that he and Di Minuskin met with Kevin Hegarty with particular discussion re the Sunshine Coast Public University Hospital. Formal EOIs have been called and Kevin confirmed that two senior clinicians, Dr Peter Hollett and Dr Ratna Aseervatham from the Hospital and Health Service have accepted nominations to be part of the evaluation process.
- Di and Rob also met with Jarrod Bleijie, MP to discuss the possibility of Lawrence Springborg, Minister for Health, attending a SCLMA committee and general meeting. Unfortunately the proposed 28 November date was cancelled. There was discussion re calling a special meeting – this was not considered necessary.

Secretary's Report: Dr Wayne Herdy – Apology

Correspondence In: *Tabled*

- Zoltan Bourne – Medicare Local GP Liaison Officer – Introductory email

Correspondence Out: *Tabled*

- Jarrod Bleijie, MP – Invitation to attend 26 September committee and general meeting.

Business arising from Correspondence:

- Rob reported that Zoltan was interested in attending SCLMA committee meetings as a Medicare Local representative. It was considered that Medicare Local be represented at SCLMA committee meetings by either Dr Peter Dobson or Dr Fiona McGrath (both Board members).
- Zoltan to be invited to join the SCLMA and attend monthly meetings.

Treasurer's Report : Dr Peter Ruscoe – Apology

a) Accounts to be paid: (Tabled)

- Australia Post – Account August 2013
- Office National – Account August 2013
- Office of Fair Trading – Annual Return
- Jo Bourke – Secretariat August 2013
- Snap Printing – September 2013 invites
- Snap Printing – September 2013 newsletter
- Jo Bourke – September 2013 newsletter
- Chris Bourke – website updates

Vice President, Rob Ingham moved that the accounts be approved for payment.

Seconded: Jeremy Long. Approved.

(b) Membership Report.

- Dr Ross McKellar (Radiology)
- Dr Greg O'Brien (Obstetric Ultrasound)
- Dr Rohit Bansal (NGH Internal Medicine)
- Dr Jon Dick (Orthopaedics)
- Dr Stuart Polkinghorne (Psychiatry) – re-join

The membership applications were accepted.

Moved: Rob Ingham. Seconded: Jeremy Long.

AMAQ Councillor's Report: Dr Wayne Herdy - Apology

Meetings Convenor Report: Dr Scott Masters

- Christmas/Social Function – date has been confirmed, Saturday 19 July 2014, Novotel Twin Waters. Discussion re Novotel's request for 40% deposit to be paid 9 months ahead of proposed event. This was considered not acceptable. Offer to be made for SCLMA to pay \$1,000 (refundable) deposit, also other venues to be considered.
- Remaining clinical meetings for 2013 are in progress. Suggestion to ask AMAQ President Dr Christian Rowan to speak at the October 24 meeting.

Focus Health Network Report: Dr Scott Phipps.

- Focus Health has moved to ANZ building, Horton Parade, Maroochydore.
- AGM to be held 23 October at their new premises.
- Re-structuring plans in place which will become apparent.

Medicare Local Report: Dr Fiona McGrath.

New initiative in place – Partners in Recovery (PIR).

- Fiona explained that this initiative comes as welcome news for people experiencing severe and persistent mental illness, their carers and families in the Sunshine Coast and Gympie regions.
- The PIR model will strengthen coordinated response between partners and the wider community, improving collaboration between agencies as varied as housing and homelessness, employment, education and transport.
- Sunshine Coast Medicare Local is the lead agency for the PIR consortium in the SC st Medicare Local region. The 13 partners come from health, housing, mental health, Aboriginal and Torres Strait Islander health, drug and alcohol, aged care, disability and carer organisations.
- PIR will commence rollout in October this year.

After-Hours:

- Work progressing – more work needs to be done in Gympie region. Community Forum to be held involving stake holders with aim to link health sector more effectively.

Hospital Liaison Report: Dr Jeremy Long – Nil to add.

General Business:

- SCLMA Patron, Dr Ian Colledge joined the meeting, Ian had represented the SCLMA at the USC Scholarships, Bursaries and Prizes Presentation Ceremony held that day at USC. Ian commented on the outstanding achievements to date by the recipient, Kathryn Wales.
- Ian's speech and photos to be included in the October newsletter.
- Kathryn to be invited to present at the SCLMA Clinical meeting to be held 28 November.

Meeting Close: 1910

Next Meeting: Thursday 24 October 2013, Maroochydore Surf Club.

Jo Bourke (Secretariat).

(filling in for SCLMA Secretary, Dr Wayne Herdy).

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084**MEMBERSHIP APPLICATION**Enquiries: Jo Bourke Ph: 5479 3979 Mb: 0407 037 112 Email: jobo@squirrel.com.au

NAME	Surname:		First Name:	
EMAIL:				
<u>PRACTICE ADDRESS:</u> This is for delivery of your monthly invitation and monthly newsletter by Couriers from Sullivan Nicolaides Pathology thus avoiding postage costs to the SCLMA.				
	Practice/Building			
	Street:			
	Suburb:		Postcode:	
	Phone:		Fax:	
<u>ALTERNATE ADDRESS:</u> (if practice address not applicable)				
	Street:			
	Suburb:		Postcode:	
	Phone:			
<u>PRACTITIONER DETAILS:</u>				
	Qualifications:			
	Date of Birth:		Year of Graduation:	
	Hospital employed / Private Practice (cross out one)			
	General Practice / Specialist (cross out one)			
	Area of Speciality:			
<u>PLEASE NOTE:</u> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>				
<u>PROPOSERS:</u> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).				
1. NAME:		Signature:		
2. NAME:		Signature:		
<u>ANNUAL SUBSCRIPTION (GST included):</u>		(Please tick)	DELIVERY OPTIONS	
Full-time ordinary members - GP and Specialist		\$ 55.00	Your Monthly Invitation	
Doctor spouse of full-time ordinary member		\$ 22.00	By Email?	
Absentee or non-resident doctors		\$ 22.00	By Courier?	
Part-time ordinary members (less than 10 hours per week)		\$ 22.00	By Post?	
Non-practising ordinary members, under 60 years old		\$ 22.00	Your Monthly Newsletter	
Residents & Doctors in Training		Free	By Email?	
Non-practising ordinary members, over 60 years old		Free	By Courier?	
Patron and honorary members		Free	By Post?	
Payment can be made by cheque payable to SCLMA or by direct debit to the <i>SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298</i> A TAX RECEIPT WILL BE SENT FOR YOUR RECORDS.				
Please return this form with your cheque OR details of your E.F.T. to: SCLMA PO BOX 549 COTTON TREE 4558				
<u>Please note:</u> <i>Membership applications will be considered at the next Management Committee meeting.</i>				

The Sunshine Coast Local Medical Association has Public Liability Insurance

CLASSIFIEDS

GP REQUIRED – GOLDEN BEACH

- GP required for weekends and evening work for doctor owned Family Medical Centre in Golden Beach, Caloundra.
- Long established, accredited and fully computerised, General Practice with full time experienced Nurse and Receptionist support.

Contact Practice Manager: Karen Clarke Ph: 07 5492 1044
Email: gbmedcentre@bigpond.com.au. (A/H 0438 416 917)

October 2013

VR GP REQUIRED - GOLDEN BEACH

- VR GP required for doctor owned Family Medical Centre in Golden Beach, Caloundra.
- Long established, accredited and fully computerised, General Practice with full time experienced Nurse and Receptionist support.
- Visiting Allied Health Professionals on site. Pathology on site and X-Ray facilities next door to the practice. Our practice is mixed billing and flexible working hours are available. Weekend work on a rotating roster.

Website: www.goldenbeachmedicalcentre.com.au

Contact Practice Manager: Karen Clarke Ph: 07 5492 1044
Email: gbmedcentre@bigpond.com.au. (A/H 0438 416 917)

October 2013

DR MESHACH KIRUBAKARAN - RENAL PHYSICIAN

- Dr Meshach Kirubakaran, consultant Renal Physician, is now accepting new referrals for renal patients with chronic kidney disease. Referral letters may be sent to:

Dr Meshach Kirubakaran
C/- Nu-Life Medical Services Suite 205-A, First Floor
90 Goodchap Street, Noosaville Qld 4566

Ph: 07 5474 2063 Fax: 07 5474 0876

Email: meshachk@yahoo.com

October 2013

DR AJAY VERMA - CONSULTANT SPECIALIST PHYSICIAN

PRACTICE DETAILS FROM 24 OCTOBER 2013

- Suite 8, level 2, Nucleus Medical centre,
The Sunshine Coast Private Hospital,
23 Elsa Wilson Drive, Buderim, QLD 4556

Ph: (07) 5479 6886 Fax: (07) 5479 6889, 5302 6660

Email: drajayverma2@gmail.com

- Also Consulting at Selangor Medical centre
Selangor Private Hospital
62 Netherton Street, Nambour Qld 4560

Ph: (07) 5441 6477 Fax: (07) 5441 6188

October 2013

EXPERIENCED FT/VR/GP REQUIRED - SUNSHINE COAST

- FT/VR/GP for well-established privately owned family practice committed to providing quality care for all ages. 4 to 5 days per week and flexibility to cover holiday relief. Saturday am rotation every 3rd week. Currently a 3 doctor practice with practice manager, 3 RNs, and a full complement of administrative staff.
- Become part of this very harmonious team. Accredited/ computerised/mixed billing. Medical Director/ PracSoft. No After Hours required.

Please direct all CVs to S Regazzoli

Email: admin@trinityclinic.com.au or contact our clinic:

Ph (07)5491 9888 or Fax (07) 5491 8001

October 2013

AVAILABLE FOR LEASE –

- New stand alone professional offices, approximately 180m2, Caloundra.

Contact Robyn 0458 934 924

November 2013

INTRODUCING - DR CHELLAM KIRUBAKARAN - CONSULTANT PAEDIATRICIAN

- Dr Chellam is a senior clinician currently working at the Mildura Base Hospital as consultant paediatrician.
- From November Dr Chellam will be visiting Noosa on a regular basis to conduct paediatric outpatient clinics.
- Referral letters may be sent to: Dr Chellam Kirubakaran, Nu-Life Medical Centre Suite 205A First Floor 90 Goodchap St Noosaville.

Ph: 07 5474 2053 Fax: 07 5474 0876 Mobile: 0437 356 177

Email: chellamk@yahoo.co.uk

November 2013

INTRODUCING - DR MICHELLE LIEN – CONSULTANT PSYCHIATRIST

- Dr Lien is a general adult psychiatrist providing specialist consultation on a wide range of psychiatric conditions including mood, anxiety and psychotic disorders for patients aged eighteen and above.
- From November, Dr Michelle Lien has opened private rooms at the Medisuites at Kawana Private Hospital complex.

Details: Suite 24, Second Floor, 5 Innovation Parkway, Birtinya 4575. Ph: 07 5493 5522 Fax: 07 5493 2560

Email: qdi.medisuites@qdi.com.au

November 2013

GENERAL PRACTITIONER OPPORTUNITY – NOOSAVILLE SEVEN DAY MEDICAL CENTRE

- Noosaville Seven Day Medical Centre is a busy, well-established and highly reputable mixed-billing general practice currently seeking a GP (preferably VR) to join their friendly and professional team of Doctors and support staff ideally on a full-time basis.
- Part-time will also be considered. Located within a busy shopping centre with onsite pathology and a pharmacy adjacent, the centre is fully computerised and accredited to 4th edition RACGP standards.
- As a GP you will have full access to administration and nursing support, including a dedicated Chronic Disease Management Nurse. Full clinical and billing autonomy, a full established patient base from commencement, as well as flexible session arrangements are available.

For expressions of interest or to discuss further please contact the Practice Manager Louise Faleono on 07 5473 4100 or email louise.faleono@healthscope.com.au (November 2013)

THE PRACTICE MANAGER YOU HAVE TO HAVE!

Rare opportunity to secure services of Practice Manager of outstanding ability.

Current specialist (employer) is retiring.

This is an opportunity for you to employ an energetic and approachable Practice Manager experienced in both specialist and general practice environments in Noosa and surrounding Sunshine Coast area.

Skilled at identifying cost effective administrative and practice procedures

To arrange an appointment please phone: 0488 073 460 or email: admin@f2c-psp.com (October 2013)

CLASSIFIEDS

SUNSHINE COAST QLD – GP POSITION

- Very busy, highly respected teaching practice, mixed billing, owned by principals, to replace colleague leaving to pursue other interests. Wide range of services. RA2. No after hours. Live by the sea or hinterland.

Please send CVs and expressions of interest to practicemanager@nambourmedical.com.au

November 2013

MARK WELSH, ORTHOPAEDIC SURGEON CHANGE IN ADDRESS & CONTACT DETAILS FROM 09 OCTOBER 2013

My consulting rooms at Caloundra Private Hospital will relocate to: Lake Kawana Specialist Centre
Ground Floor, 5 Innovation Parkway Birtinya Qld 4575

Ph: 5438 3555 Fx: 5437 9547

Email: markwelsh@sunshinecoastortho.com

Website: www.drmarkwelsh.com.au

Also consulting also at: Memorial Avenue Specialist Centre 63
Memorial Avenue Maroochydore Qld 4558

All appointments phone 5438 3555

- Referrals via Fax or Medical Objects
- Surgery at Sunshine Coast private Hospital, Buderim
- Caloundra Private Hospital relocating to Sunshine Coast University Private Hospital, Birtinya in November 2013
- Kawana Private Hospital, Birtinya

September 2013

PRACTICE MANAGER WANTED

Mature experienced person required to work in a busy specialist practice in Caloundra four days a week.

- Experience in Quicken and Practix an advantage
- Good typing skills and Medical Terminology essential

Please forward resume to cardioppractice@hotmail.com

September 2013

PRACTICE FOR SALE- RETIRING DOCTOR

- Located in the shopping/ business centre of Coolool Beach. Three consulting rooms and two treatment areas this business has been established since 1978.
- Pathology and Xray Departments nearby
- Plenty of undercover parking
- Fully equipped with new computers, server, air conditioning.
- Doctor happy to stay on and work part time if needed

Please phone Practice Manager, Sharon 0408 341 150 or email sharon.coolool@gmail.com

September 2013

Dr NICHOLAS DEMEDIUK aka "Dr Snip"

- welcomes vasectomy and neonatal circumcision referrals. He utilises a 'no-scalpel' and 'open ended' technique to minimise discomfort and other vasectomy complications.

For all appointments call 1300DRSNIP (1300377647) or go to www.drsnip.net.au

September 2013

GENERAL PRACTITIONER (LOCUM)

HAVE A HOLIDAY AND GET PAID!

- Well established 9 doctor medical practice on the Sunshine Coast requires a locum GP to relieve the principal doctor for a period of 6 months from March 2014.
- No after hours or weekend work
- Option to work 4 or 5 days per week
- Friendly & experienced practice staff
- Fully computerised practice
- Executive style home with pool - minutes to the beach, and motor vehicle included in package
- Suitable candidates must be vocationally registered, and be available to commence Monday 3rd March 2014.

Interested? For a confidential discussion, please contact Nicola Macdonald, Practice Manager on 07) 5476 0111

September 2013

FAMILY & CHILD PSYCHIATRIST

DR BRENDA HEYWORTH - MOVED TO BUDERIM

I have relocated to a new office at Nucleus Medical Suites in Buderim and no longer practice from the previous Nambour address.

I continue to see children, adolescents and their parents and ask that referrals include both the child and the parent. This is because parents are so important to the assessment and treatment I provide.

Our new contact details are:

Phone: 5444 5022

Fax: 5444 5033

Postal Address: PO Box 2570 Nambour West QLD 4560

Office Address: Suite 17 Nucleus Medical Suites

23 Elsa Wilson Drive Buderim

September 2013

SPECIALIST MEDICAL SUITES AVAILABLE – 1K FROM SCUPH - BOKARINA

- 2 consulting /procedure rooms with reception area (sessional or full time)
- High – low examination / treatment couches
- Excellent theatre quality lighting
- Fully equipped with utility room and sterilisers
- Suit wide range of specialities: counselling and gen. med. through to procedural
- New 'The Edge East' building corner Nicklin Way and Lake Kawana Bvde.

For all enquiries call Dr Nick Demediuk 0418 550 827

Email dr.n.demediuk@pmc.net.au

*Classifieds remain FREE
for current SCLMA members.*

\$110 for non-members

Ph: 5479 3979. Mobile: 0407 037 112.

Email: jobo@squirrel.com.au

*Classifieds will remain on the list
for three months unless notified.*

SCLMA OCTOBER 2013 CLINICAL MEETING

Speakers: Dr Stuart Collins - 'What's New in Prostate Cancer?'
Speakers: Dr Steven Kypraios & Terence Seymour, CEO, TSCPH
'TSCPH new Heart Centre direct admission service'
Sponsor: Patrice Wall, Ipsen



Patrice Wall, Ipsen with speaker Dr Stuart Collins, Urologist and Andrew Kerr, Ipsen.



Speakers Terence Seymour, CEO TSCPH and Dr Steven Kypraios, Cardiologist.



Dr Michelle Lien with Kelly Williams from nabHealth



Dr Peter Nash with Dr Fran Johnson



Dr Robyn Hewland, Zoltan Bourne (MLC) and Dr Lisa Knesl



Left: Dr Steven Kypraios with Brett Harris, nabHealth

Right: Dr Kit Wong with Terence Seymour

