



SCLMA President's Message ... **Dr Mason Stevenson**

SCLMA - Where to from here?

The 2011 Annual General Meeting of the SCLMA will be held at the Maroochydore Surf Club on the 25th August at 7pm. Nomination forms to join the Management Committee team are contained in this newsletter.

Current and new members are welcome to nominate for any of the positions. Page two of this newsletter lists the positions available and the current members who have donated a little of their time each month over the past year or more in the service of this vibrant 330-strong local medical association.



The SCLMA website is being updated and modernised, going live at the end of July. Our flagship newsletter has a distribution of over six hundred, with most now receiving this electronically to their nominated email account. This is the first edition in full colour, both hardcopy and electronic versions. This will be appreciated by both readers and advertisers alike at minimal increased cost to the association. Again, we need to thank our long-serving multi-skilled administrator and publisher Jo Bourke for helping us achieve all of this.

The SCLMA is now firmly acknowledged to be the leading LMA in Queensland. We have the largest membership base, the best attended management and general membership meetings, and the most widely circulated newsletter. We are usually the first point of contact by local media. We have ongoing cordial dialogue with all local health-related stakeholders including the District Health Service and the Division of General Practice. We have a diverse, expanding membership and we are evolving into a modern, vibrant association.

So, the question needs to be asked, where to from here?

What is our role in the local context?

What is our role in the Queensland context, when most other smaller local medical associations have ceased to function?

What is to be our future relationship with the new local Medicare Local? With a series of SCLMA Presidents having strong linkages with AMA Queensland, what is to be our future relationship with the AMA?

What is the wisest manner in which to wield our local medico-political muscle?

It is the duty of future management committees supported by the wider membership that will answer these questions, starting with the new management team to lead us into 2012. If you have the ambition or skill-set to input positively and ensure the future success of your association, please fill in the enclosed nomination form.

Dr Mason Stevenson.

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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

Please address all correspondence to:

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NEXT NEWSLETTER AUGUST 2011

The deadline for ALL contributions, advertisements and classifieds is:

FRIDAY 29 JULY 2011

Contact Jo: 5479 3979

Email: jobo@squirrel.com.au

Fax: 5479 3995

(Please note deadline dates for 2011 will be the last working day of the month preceeding the next newsletter).

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The Sunshine Coast Local Medical Association sincerely thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter.



MONTHLY CLINICAL MEETINGS

Maroochydore Surf Club Function Room

Alexandra Parade, Cotton Tree.

6.30pm for 7pm

THURSDAY 28 JULY 2011

Presenter: Dr James Moir
Topic: 'Surrogacy with case study'
Sponsor: Merck Serono

THURSDAY 25 AUGUST 2011 ANNUAL GENERAL MEETING

Presenter: Dr Jenny Grew
Topic: "Boys and Girls Come Out to Play:
HPV, Vaccines, Screening & Beyond."
Presenter: Dr David McIntosh
Topic: TBA

THURSDAY 22 SEPTEMBER 2011

Presenter: Dr Andrew Paszkowski
Topic: TBA
Presenter: Dr Justin D'Arcy
Topic: Melanoma
Sponsor: TBA

ENQUIRIES: Jo Ph: 5479 3979
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Email: jobo@squirrel.com.au

Meeting attendance: Free for current members.
Non members: \$30.



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DISTRICT LINK - JULY 2011

with Kevin Hegarty

UQ Sunshine Coast Clinical School

This month marks the third anniversary of the establishment of the University of Queensland's Sunshine Coast Clinical School (SCCS). In order to acknowledge this occasion I have asked the Clinical School's inaugural Head to summarise its history and achievements. Steve's précis is below.

One aspect of the Clinical School's success that isn't mentioned in the presented words is the important and ongoing leadership that Steve provides. The achievements described, together with the exciting future are underpinned by Steve's vision and passion for education. His appointment to the School ensured the creditability, professionalism and respect synonymous with Steve, is also the reputation already gained by the School.



Congratulations to Steve and the team!

Kevin Hegarty
District CEO
Sunshine Coast Health Service District
Kevin_hegarty@health.qld.gov.au



Although the Sunshine Coast Health Service District has been involved with University of Queensland (UQ) Medical Students since the 1980s, it was not until 2008 that the Sunshine Coast Clinical School based at Nambour General Hospital, was established. Since then, the intake of students across MBBS Year 3 and 4 has tripled.

In 2012 there will be at least 65 UQ medical students on the Coast. Planning is well underway to commence teaching Years 1 and 2, starting with 50 students in 2013. By the time the Clinical School moves to the Sunshine Coast University Hospital in 2016/17, there will be close to 200 medical students in total.

In 2010, the Scenario Based Learning Centre opened at Nambour General Hospital in collaboration with the UQ, the District Private Practice Trust Fund and the Sunshine Coast Health Foundation (Wishlist). Known as "Commedia dell Arte", the Centre is available to all health streams and in all stages of training. Multidisciplinary training is encouraged to foster teamwork and communication skills in addition to skill acquisition, resuscitation, medical emergency skills and 'ward-call' scenarios.

Thanks to the enthusiasm of many local clinicians, the centre is innovative and one of the most active in Queensland. Sessions for fourth year students form part of a wider 'linked curriculum' which is being piloted at the SCCS, aiming to provide more core competencies and practical preparation for Internship.

Last year also saw the establishment of the UQ Regional Clinical Practice Research Centre. This initiative will help support original research, building on the considerable track record this District has in Clinical Trials.

The District has complemented this initiative by establishing a Research Board supported with administrative, governance and business infrastructure. Dr Nick Gray (Director of Nephrology) has been appointed Chair and membership includes representatives from UQ, the University of the Sunshine Coast and the District.

As we 'ramp up' to the opening of the SCUH, there will be an increase in academic and conjoint appointments. Last year Professor Dario Sorrentino joined the staff and this year we welcome Associate Professor Johan van den Bogaerde. Both are Staff Gastroenterologists with a research interest in Inflammatory Bowel Disease.

Dr Chris Lawson has been appointed Deputy Head of the Clinical School. He coordinates the undergraduate GP rotation. In conjunction with Rhonda McGlynn (Clinical School Senior Officer), a training program for GP's from training practices has been developed. This has been very well received and further modules will be delivered in the future.

Steve Coverdale
Head, Sunshine Coast Clinical School

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- **Ten Information Sessions** to provide the chance to ask questions and compare notes with others in a similar situation.
- **A Personal Case Manager** to guide them through the program, ensure they get what they need from it, and liaise with you, their doctor to ensure consistent, coordinated care.

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To enrol for the Cardiac Rehabilitation & Risk Reduction Day Program, patients should call 3834 4285.



AMA QUEENSLAND - PRESIDENT'S REPORT

Dr Richard Kidd



Even though I have only been in my role as AMA Queensland President for a few short weeks I am already tackling current challenges facing clinicians within the profession. Two in particular I will mention are overseas trained doctor and the Queensland Health pay issue.

Many of you will have seen recent media coverage on Bundaberg Base Hospital in particular and the activities of a couple of so-called 'foreign doctors'.

The stories reported were concerning. Patient care must always come first and a complaint of negligence against any doctor, no matter where they are from, needs to be thoroughly investigated.

However, I have publicly cautioned the people of Bundaberg against questioning the abilities of all internationally trained doctors. Creating a potential 'witch-hunt' against internationally trained doctors could be harmful, as internationally trained doctors fill an important need in rural and remote Australia.

The majority of our overseas doctors come from world-class medical institutions and meet rigorous Australian standards before working with patients.

All internationally-trained doctors receive appropriate support from their relevant colleges and Queensland Health and I encourage the community to provide support to all IMGs and recognise the excellent work they do.

Regarding the Queensland Health pay issue, at the end of June, Queensland Health sent employees a letter advising they had been overpaid during the past 15 months since the introduction of the new payroll system. We understand from Queensland Health that almost half of their employees have received such a letter.

From our discussions with AMA Queensland members since the start of the payroll issues, the problems have caused considerable stress, suffering and financial hardship and continue to do so.

The letters AMA Queensland has sighted contain insufficient detail to be able to determine whether the alleged overpayment is accurate.

If you have received a letter asking for re-payment and you query whether it is correct, we highly recommend you contact a Queensland Health case officer who will provide you with a hardcopy of the payroll information used in making the calculations.

This further information should hopefully assist you in determining how Queensland Health has arrived at its conclusions. If you are still not satisfied they are correct, then you are within your rights to dispute their calculations.

At anytime throughout the process please do not hesitate to contact the AMA Queensland Workplace Relations team who can assist you both with the process or attend any meeting with you. This service is provided as part of AMA Qld membership at no extra cost and we have advisers who can assist with overpayment queries. If your colleagues are seeking information or representation, please pass on contact information, as this is a problem affecting all medical officers. We are also working with the medical defence organisations (MDOs) to ensure representation and you should contact your MDO if you require further information.

Queensland Health should approve an independent accountant to review the information if you are unsatisfied with the accuracy of the claims. We suggest that you discuss this with your case officer or AMA Queensland Workplace Relations Team as to when this process can be commenced.

Following regular teleconferences and a recent meeting with the Premier and Queensland Health Minister, AMA Queensland are pleased to report significant progress:

- A temporary moratorium on the overpayment recovery process.
- A focus on ensuring under-payments are rectified as a priority.
- The appointment of an external workplace ombudsman to handle complaints and to determine the length of the moratorium.
- Provision of more support for line managers and better recognition for payroll staff.
- The trialling of new pay cycle arrangements at a number of sites.
- Queensland Health Minister has given an undertaking to increase resources to clinicians to relieve the bureaucratic burdens and free them up to do clinical work.

Check back on the AMA Queensland website www.amaq.com.au for updates and frequently asked questions regarding the Queensland Health Payroll Overpayments.

I am looking forward to getting to the Sunshine Coast in the near future and meeting with colleagues to discuss what is going on both locally and Federally within health.

Dr Richard Kidd
AMA Queensland President



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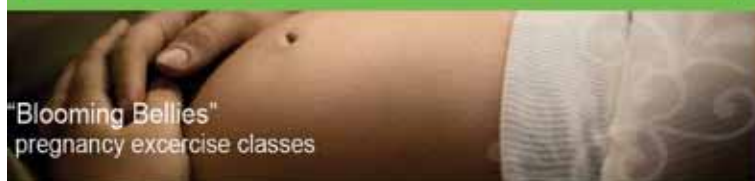
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MEDICARE AUDIT and PSR PROCESS

Dr Scott Masters

The correspondence below from Senator Chris Back is the result deal of agitating over the past two years by doctors concerned with the lack of natural justice in the Medicare audit and PSR process.

If anyone would like to make a submission or be included in the submission I am associated with, please email me: standeven@optusnet.com.au. Scott.

Senator Chris Back: To move—That the following matter be referred to the Community Affairs References Committee for inquiry and report by 22 September 2011:

A review of the Professional Services Review (PSR) Scheme provided for under the Health Insurance Act 1973 (the Act) which is responsible for reviewing and investigating the provision of Medicare or Pharmaceutical Benefits Scheme Services by health professionals, with particular reference to:

(a) the structure and composition of the PSR, including:

(i) criteria for selection of the executive and constituent members encompassing their experience in administrative review proceedings,

(ii) the role of specialist health professionals in assisting in cases where members lack relevant specialist expertise, and

(iii) accountability of all parties under the Act;

(b) current operating procedures and processes used to guide committees in reviewing cases;

(c) procedures for investigating alleged breaches under the Act;

(d) pathways available to practitioners or health professionals under review to respond to any alleged breach;

(e) the appropriateness of the appeals process; and

(f) any other related matter.

Further information will be available on the Committee website it has decided on a submission deadline.

http://www.aph.gov.au/Senate/committee/clac_ctte/inquiries.htm

Yours sincerely

Victoria Jackson

Office of Senator Chris Back

Tel: 02 6277 3733

NOOSA HOSPITAL NEWS ... *Neith Rainbow, GP Liaison Officer.*

A new position has been created at Noosa Hospital, that of GP Liaison Officer and they have found just the person to fill it - the very experienced Neith Rainbow, who has worked with GPs on the Sunshine Coast for the past 30 years.

Neith has filled the positions of receptionist, medical locum consultant and practice manager. She spent three years in a similar position as medical liaison officer at Selangor and Caloundra hospitals.

Neith is a past President of the Association of Medical Receptionists, past National President of Central Council Association of Medical Receptionists and many may remember her in her role as meetings convenor for Sunshine Coast LMA

Her new role will be to promote VMO services to local GPs and arrange for specialists to visit GPs in their practices, so that they are aware of the specialties available to their patients at Noosa Hospital.



There will be an educational evening at Noosa Hospital from 6 pm Wednesday 10 August with drinks and dinner, so that local GPs can meet and mingle with a number of the VMOs at Noosa Hospital

Further information, phone Neith Rainbow:

Mobile 0409 180 128

MEDICAL MOTORING

with Doctor Clive Fraser

Mercedes Benz C 250 CDI 'Top of the C Class'



After giving the Mercedes Benz C Class such a bagging last year I thought I owed it to them to go back and take another look at the recently face-lifted 2011 model.

Another article would also give me a chance to let my colleagues know that my local dealer's attempt to keep the Queensland Health corporate discount on offer for themselves was a one-off peculiarity of that dealership.

Their thriftiness has no doubt now been corrected following a long chat between myself and Mercedes Benz Australia who were at first disbelieving of my account of what actually happened.

Whilst what I had to say about my local dealer's attempt to not pass on the corporate discount no doubt upset Mercedes, it was the absolute truth and I assured them that I went to my local dealer as a real shopper with real money, negotiating a real deal.

Please remember that whilst multi-national car companies value their brand and reputation, their shop-front are still car salesmen who aren't noted for sincerity.

So in 2011 the production of the C Class is back at Sindelfingen near Stuttgart in Germany. Gone is the C 220 CDI, replaced by a C 200 CDI and a much better C 250 CDI.

At the very bottom end of the C Class range prices have dropped by about \$1000 and the automatic transmission now has seven speeds rather than five.

On the down-side power has dropped from 125kW to 100kW and torque has gone from 400Nm to 330Nm if you're trading in your 2010 C 220 CDI on a 2011 C 200 CDI.

Not surprisingly, the new C 200 CDI is also slower than the C 220 CDI model it replaces.

This doesn't seem to add up for Merc on paper until you take a look at the next rung up the ladder, the C 250 CDI.

For only a miserly \$7,000 more you bounce back up to 150kW and a whopping 500Nm of torque all because of an extra turbo-charger bolted onto the same 2,143cc engine found in all three vehicles.



And stepping up to the C 250 CDI from the C 200 CDI also throws in full leather, 18 inch wheels, more chrome, wood trim and the COMAND package (satellite navigation, internet connectivity

and a larger screen) which is a \$4,000 option in the entry-level C 200 CDI Classic.

The internet connectivity works off your 3G mobile and integrates with the Sat Nav meaning that a Google search for a nearby restaurant will also plot your route.

This feature will undoubtedly save arguments with those who can't read maps who will always point out a turn you should have taken, after you should have taken it.

MEDICAL MOTORING /cont:

Unfortunately, the internet connectivity won't tether with Apple's iPhone at the moment, but it all works fine with Android (go Samsung Galaxy!).

Procedural specialists who can afford to start ticking the option boxes can opt for a Vision Package which for about \$5,000 includes Xenon headlights, a Harman Kardon stereo and a sun-roof.

Geriatricians may choose the Driver Assistance Package for another \$5,000 which includes lane-keeping and blind-spot assistance and active cruise control which when turned on will stop the vehicle if a crash is imminent as well as keeping you a safe distance when following another vehicle down the highway.



With fresher styling inside and out, real tyres and a real spare the Mercedes Benz C Class is giving the BMW 3 Series a caning in the sales race right now.

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STRANGE BUT TRUE

My daughter and I went through to the McDonald's driveway window and I gave the cashier a \$5 bill. Our total was \$4.25, so I also handed her 25c. She said, 'You gave me too much money.' I said, 'Yes I know, but this way you can just give me a dollar coin back.' She sighed and went to get the manager who asked me to repeat my request.

I did so, and he handed me back the 25c, and said 'We're sorry but we could not do that kind of thing.' The person then proceeded to give me back 75 cents in change.

Do not confuse the staff at MacD's. happened at Parramatta, NSW

We had to have the garage door repaired. The repairman told us that one of our problems was that we did not have a 'large' enough motor on the opener. I thought for a minute, and said that we had the largest one made at that time, a 1/2 horsepower. He shook his head and said, 'Lady, you need a 1/4 horsepower.'

I responded that 1/2 was larger than 1/4 and he said, 'NOOO, it's not. Four is larger than two.'

We haven't used that repairman since. Happened in Bowral, NSW

We live in a semi-rural area. We recently had a new neighbour call the local council P & W office to request the removal of the 'WOMBAT CROSSING' sign on our road. The reason: 'Too many wombats are being hit by cars out here! I don't think this is a good place for them to be crossing anymore.'

Story from Collingwood, Melbourne.

My daughter went to a Mexican takeaway and ordered a taco. She asked the person behind the counter for 'minimal lettuce.' He said he was sorry, but they only had iceberg lettuce.

From Bankstown, Sydney.

I was at the airport, checking in at the gate when an airport employee asked, 'Has anyone put anything in your baggage without your knowledge?'

To which I replied, 'If it was without my knowledge, how would I know?'

He smiled knowingly and nodded, 'That's why we ask.'

This happened in Elizabeth S.A.



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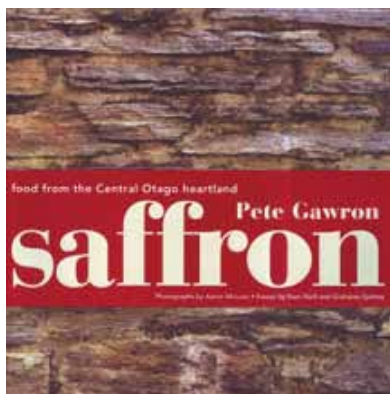


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RESTAURANT REVIEW

Arrowtown New Zealand



A cosy and popular restaurant with a broad menu that ranges around the world, reflecting chef-patron Peter Gawron's ongoing culinary journeys of discovery. ...

This month the foodie review takes us to the south island of New Zealand. Saffron restaurant in Arrowtown to be precise.

What do five grammar school families with eleven kids do in Queenstown when there is no snow. They eat out and try some of the highly recommended restaurants.

From Saffron, to Botswana Butchery (yes this is the name of the restaurant) to the iconic Fergburgers, we tried them all. The trip to Arrowtown is a pleasant 20 minute drive from Queenstown.

We settled all the kids, all of them in one of the holiday homes, ordered ten pizzas and booked a maxi cab for the ten adults to Arrowtown.

The setting of Arrowtown is very pleasant. Historic with small stone cottages and a single high street. Saffron is located halfway down the high street on the right hand side. The ambience is typical central Otago. Warm, rustic, friendly and definitely upmarket.

The menu is very descriptive and uses all those familiar heart warming words that foodies delight in. Repeating some of the menu here would not do it justice so best you simply check out their menu on their website.

For starters I had the whitebait - dusted in flour and shallow fried till crisp on the outside but still juicy on the inside. Whitebait season runs from mid August till 30 November so most of the whitebait available outside this very short season is frozen.

Freezing does not seem to affect the whitebait. The taste was light with a definite crunch. Perfect, simply served with a wedge of lemon.

My partner went very simple and ordered the buffalo mozzarella salad. (produced from the milk of a water buffalo)

As you would expect it tasted like a salad. Green with tomato wedges and some buffalo mozzarella slices. As salads go - yes, it met the description but was it memorable - hardly. Why buffalo mozzarella, who knows? I generally find mozzarella a very bland cheese which requires a lot of seasoning.

Mains were Trumpet fish and slow cooked lamb rack stuffed with a combination of spinach and herbs. Side orders of seasonal vegetables, string beans, and roast potatoes.

The Trumpet fish was well cooked, flaked to the fork but lacked seasoning and left one wondering what all the fuss was about Trumpet fish.

The lamb presented as two small cutlets delicately positioned on a large white plate, with a central piece of spinach and herb stuffed lamb. The cutlets were cooked to perfection, medium/ rare but the stuffed lamb was chewy and a struggle to enjoy.

A review of the mains of the other guests at the table revealed that definitely the pick of the menu was the Trio of Curries. Three individual curries all served separately, including a Red duck and pineapple curry, Green curry of soft shell crab, bamboo shoot and the Penang curry of crisp skin organic chicken and cashew nut.

Yes it might sound a bit mundane but the Green curry of soft shell crab brought the house down. Full of flavour, hints of spice, crunch of the crab, ending with that lingering heat and ready for more.

Dessert included fig and date sticky pudding which did justice to the sweet fig but beyond that was simply a good sticky date pudding.

Trio of fresh fruit sorbet served elegantly in a cocktail glass included mango, berry and kiwifruit.

Saffron is one of central Otago's prized restaurants. It did not disappoint but neither had it excelled.

Would we go back? Absolutely but with a little less expectation.

What would I eat, well it would definitely be the whitebait followed by the Trio of curries, skipping dessert and rather putting those saved calories to another mouth watering Speights ale.

Masterchef scores:

Entrees: White bait 9/10
Buffalo Mozzarella salad 6/10

Mains: Trumpet fish 7/10
Lamb 6/10
Trio of Curries 9/10

Desserts: Fig sticky date pudding 7/10
Fruit sorbet 8/10

Bon Appetite

Marcel Knesl



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"BETTER THAN CHRISTMAS"

The taste of Coolum Hyatt 2011



dr. plonk



"Better than Christmas" - These words were bandied around on an overcast Sunday in June at arguably the Coasts most loved and well supported gourmet grub and grog fest.

And in part it was like Christmas. Lashings of Noosa Smoke House Salmon, Tasmanian oysters and desserts like a chocolate fountain, Haagen-Dazs ice creams and chocolate coated strawberries delighted the sweet tooth. The "Iron Chefs" from the Hyatt conjured up a savoury cornucopia such as twice roasted pork belly, mushroom risotto and Tasman lamb chops to name but a few dishes. We just needed the big man in his red suit and it could be Christmas. Then there were the 50 wine exhibitors.

Generous tasting pours abounded and an array of wines from all price points ensured there was ample juice to satisfy any style of palate. Whites that popped the Christmas cracker included 2010 Babich Black Label Sauvignon Blanc Marlborough, 2009 Cirillo Old Vine Semillon Barossa and a 2009 Stellenrust Chenin Blanc South Africa.

Probably the most interesting array of Chardonnays came from Giant Steps in the Yarra Valley from their single vineyards from their Sexton, Tarraford and Arthur's Creek vineyards

It is a privilege and a mark of respect for the Hyatt that wine makers actually turn up and aren't shy of showing their high end wines as well.

It is always a pleasure to reacquaint with Geoff Merrill as he is a stalwart for this event. He is approachable and welcoming and loves to exhibit his high end range including his Reserve McLaren Vale Shiraz and Cabernet Sauvignon. Both are superb wines and worth every cent.

My love of Pinot Noir was stirred, as I noted an increase in numbers from previous years. I mean real ones, not just chemically made dull cherry afterthoughts.

The standout Pinot noir is made in Central Otago by P J Charteris who hails from the Hunter. The 2009 Charteris Pinot Noir Central Otago exudes classic forest floor and cherry notes and displays a long global palate with elegant structure. The new 2010 Giant Steps Applejack Vineyard Pinot Noir shows complexity and balanced stalkiness from whole bunch fermentation.

If Christmas came early, than the angel on the tree was the champagne garden. Upon walking along a green carpet, to a secluded separate area, we were lured by the harmonious civil tones of a string quartet: like a siren to my soul. Champagne from Mumm, Nicholas Feuillatte, Piper Heidsieck, Lanson and Ruinart highlight the quality of this event. Chandon produced a wonderful 2008 Vintage Sparkling that is the most sophisticated sparkling below 30 dollars that I have tasted in a long time.

Succinctly, this is a marvellous event and only motivates me more to be a good boy and keep on the naughty list. There is no way that I want to end up with a lump of coal in my stocking rather than a thrilling glass of high end bubbles.

Cheers and joy to the Hyatt until 2012.

More next month Dr Plonk

www.drplonk.com.au



A woman is relishing a glass of wine, sitting on the veranda with her husband...

She says..."I love you sooo much,

I don't know how I'd live without you."

Her husband asks... "Is that you or the wine talking...?"

She replies... "That's me talking...to the wine."

15

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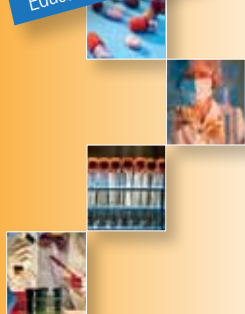
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The Conference will offer the highest quality education and training opportunities on clinical topics; pre-clinical and clinical research; health sciences education; and clinical service delivery advances with a mix of lectures by internationally recognised keynote

speakers, workshops and training sessions designed so that General Practitioners, Medical and other Health Science Professionals can attend professional activities that enable them to obtain self-recorded Quality Improvement and Continuing Professional Development points.

Who should attend - Clinicians and Researchers from both the public and private sectors involved in Education and Training, Pre-Clinical research, and Clinical research, and including Specialist clinicians, GP's, Academics, Medical administrators (service delivery), and Health Sciences (Oral health, Nurse practitioners, Physiotherapy, Psychology, Pharmacy and students).

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ANSWER - LAST MONTH'S QUIZ

***Thanks to all who emailed answers to win an ipod.
Congratulations Dr Rob Ingham!***



radiology quiz

Clinical history : 15 year old female presents with lump on her knee

What is the name of
this medical condition?

win an ipod

We have changed the format of the monthly quiz for June. Simply email your diagnosis to byron.oram@pacificradiology.com.au and your answer will go into the draw to win an apple ipod shuffle.



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15 yr female, mobile lump right leg ? nature

Xrays of both knees show multiple bony exostoses bilaterally.

MULTIPLE HEREDITARY EXOSTOSIS

HMOCE (hereditary multiple osteochondral exostosis) is a rare, autosomal dominant inherited disease where multiple osteochondral bone tumors occur on the surfaces of the bones. The severity of the disease can vary from mild to very disabling. A small number of the tumors may develop into low grade chondrosarcomas.

The disease is apparent within the first 10 years of life, about 1 in 50,000 are affected. Patients have noticeable bumps near their joints, especially the knees, hips and shoulders. Patients also have short stature and malalignment of joints.

Xrays show multiple lesions on the surface of the long bones, pelvis and elsewhere. Treatment is required for the large, troublesome lesions, but the others may be observed. The risk of development of sarcoma requires that all patients with this disease ensure regular self-monitoring and follow-up.

Congratulations to Dr Rob Ingham who provided the correct answer to the quiz, and wins an ipod shuffle.

**SUNSHINE COAST LOCAL MEDICAL ASSOCIATION
MANAGEMENT COMMITTEE MEETING
THURSDAY 23 JUNE 2011
MAROOCHYDORE SURF CLUB FUNCTION ROOM
DRAFT MINUTES**

Meeting commenced 6.10 pm.

Present: Drs Mason Stevenson, Wayne Herdy, John Eckersley, Peter Ruscoe, Debbie Pfeiffer, Andrew Foster, Marlene Clout and Geoff Hawson. (Observer Jo Bourke). Nigel Somerfeld joined the meeting at 6.40pm.

Apologies: Drs Di Minuskin and Scott Phipps.

Minutes of last meeting:

Motion: 'that the minutes of the meeting 26 May 2011 be accepted as a true and accurate record of the meeting.'

Moved: Peter Ruscoe. Seconded: Debbie Pfeiffer. Carried.

Business arising from Minutes (if not dealt with elsewhere on the agenda):

Re President's Report:

- Vice President (AMA Councillor, Wayne Herdy) pointed out that the Federal Budget allocated a large sum (about \$1.5B) for mental health. This was deceptive because (a) the fee for service paid to GPs will be reduced and (b) most of that budget does not go to health practitioners – it goes to accommodation and employment resources, which are not correctly included in a health budget.

President's Report:

We are the largest LMA - of our actual financial membership a very large proportion attend monthly clinical meetings.

The President reflected on what we are doing right:

- A cohesive medical community, a defined geographic area;
- A long past history of a robust LMA;
- A regular monthly meeting;
- Support from all sectors of the medical community;
- A very successful newsletter – a constant information exchange and the reason why some members join;
- The calibre of the speakers;
- Inclusion of a medico-political programme;
- We have little difficulty attracting sponsors.

AMA Councillor's Report:

- There is a new Council and Executive and committee structure at both Federal and State AMAs. Typically, while the internal restructuring is in progress, there is relatively little visible external activity.
- AMAQ had an initially warm relationship with the new Minister, the Hon Geoff Wilson. However, some recent events have caused AMAQ to have concerns about our ongoing relationship. He has not responded positively to AMAQ concerns about the 300 cases of Cat 1-2 patients whose referrals from the community were declined by Queensland Health.
- At the AMA National Conference on Saturday 28 May, the Opposition spokesperson on health, the Hon Peter Dutton, was asked – "If the coalition is elected into government, will you scrap the Medicare Locals and give the money back to GPs?" He answered, "Yes!"

Correspondence In:

- Mediprotect – Insurance renewal. (Concern was expressed about the magnitude of the broker's fee).

Correspondence Out:

- Leonie Harvey, USC 201 recipient, June Canavan Bursary (letter of congratulation written by Dr Trish Pease).

(a) Financial Report, Treasurer, Dr Peter Ruscoe:

Accounts to be paid:

- Australia Post – May 2011 account
- Jo Bourke – May 2011 secretariat
- Office National – May 2011 account
- Snap Printing – June 2011 Invitations
- Snap Printing – June 2011 newsletter
- Jo Bourke – June 2011 newsletter
- Headland Golf Club – Room Hire for function 3 December 2011
- Mediprotect – Insurance renewal
- Carol Hawkins – assistant secretariat account

Cheque account balance: \$21,550.00

The Treasurer, Peter Ruscoe, moved that the accounts be paid. Seconded: Geoff Hawson. Carried.

The Treasurer, Peter Ruscoe, moved that his report be accepted. Seconded: Mason Stevenson. Carried.

(b) Membership Report. No new applications received:

Meetings Convenor Report, Dr Di Minuskin: Apology.

- The President gave an update on the NGH Spring Clinical meeting.

SCDGP Report, Dr Scott Phipps: Apology.

- The meeting noted that SCDGP did not succeed in obtaining approval to form a Medicare Local, but is confident of winning approval to form a Medicare Local in the second round from 1st January 2012.

Sunshine Coast Public Hospitals Report: Unavailable.

- No hospital liaison officer yet appointed, but Geoff Hawson still having discussions with Dr Jeremy Long.

General Business:

(a) SCUH LNP Budget Plan:

- The President gave a summary of the rather indefinite future vision of the LNP Opposition.

(b) Publication of Minutes of Executive meetings:

- We are uncertain whether any members read them;
- There is no obligation for us to publish;
- The content constrains what can be discussed on Executive, or at least what can be minuted in open publication;
- The minutes demonstrate that we are not just a social club, and can include material that provokes debate.

The meeting decided to refine our present process:

- Draft minutes to be circulated to Executive for amendment after reflection;
- Amended draft minutes to be published for members' information in newsletter;
- Minutes not to be formally accepted until so moved at the next meeting of the Executive.

Meeting Closed 7.00pm

Next Meeting: Thursday 28 July, 6.00pm

Dr Wayne Herdy, Secretary.

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July 2011

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May 2011

PRACTICE CLOSURE

Dear Colleagues

It is with some regret that I announce the closure of my practice. My last day was Friday, July 8, 2011.

Dr Kirsten Morrow will continue to practice from the same location and has agreed to take over management of all patients who are currently booked in to see me, if this be their wish.

Dr Kylie Isaacs, Dr James Orford and Dr George Bogiatzis are, of course, still available for any patients who would like to come to Nambour for treatment.

I would like to take this opportunity to thank you all for your referrals and your support over the last five years. It has been a privilege to know you and to work with you.

Yours sincerely

Dr Kirsten Small

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DID YOU KNOW?

If you are right handed, you will tend to chew your food on the right side of your mouth. If you are left handed, you will tend to chew your food on the left side of your mouth.

- To make half a kilo of honey, bees must collect nectar from over 2 million individual flowers
- Heroin is the brand name of morphine once marketed by 'Bayer'.
- Tourists visiting Iceland should know that tipping at a restaurant is considered an insult!
- People in nudist colonies play volleyball more than any other sport.
- Albert Einstein was offered the presidency of Israel in 1952, but he declined.
- Astronauts can't belch - there is no gravity to separate liquid from gas in their stomachs.

- Ancient Roman, Chinese and German societies often used urine as mouth-ash.
- The Mona Lisa has no eyebrows. In the Renaissance era, it was the fashion to shave them off!
- Because of the speed at which Earth moves around the Sun, it is impossible for a solar eclipse to last more than 7 minutes and 58 seconds.
- Google is actually the common name for a number with a million zeros
- It takes glass one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!
- Gold is the only metal that doesn't rust, even if it's buried in the ground for thousands of years
- Your tongue is the only muscle in your body that is attached at only one end
- Each year 2,000,000 smokers either quit smoking or die of tobacco-related diseases.

SCLMA June 2011 Monthly Clinical Meeting - Maroochy Surf Club Function Room

Dr David Kanowski, Clinical Chemistry & Endocrinology, Sullivan Nicolaides Pathology - *'New Troponin Assay : Better or Worse?'* and Dr George Parker, Orthopaedic Surgeon - *'Hip Replacement : History & Recent Catastrophes'*. Mr Lloyd Hill, State Operations Manager for Ramsay Health also addressed the meeting.

The SCLMA expresses appreciation to Sullivan Nicolaides Pathology (SNP) and Nambour Selangor Private Hospital for sponsoring a very successful meeting.



Left: - Dr Peter Cooney (sponsor) from SNP with Dr David Kanowski, presenter,



Right: Dr George Parker, presenter with Cathy Barratt (sponsor) from Nambour Selangor Private Hospital



Kevin Hegarty with Drs Clive Fraser & Andrew Southee



Cathy Barratt with Drs Denise & Petra Ladwig



Drs Bob Anderson, Robyn Hewland, Stephen Kettle and Andrew Southee with Trevor Gourlay.



Louisa Marshall, CEO Caloundra Private Hosp & Lloyd Hill, presenter, Ramsay Hlth