



SCLMA President's Message

Dr Di Minuskin

Before I start, let me apologise for not reviewing the latest developments in medical news on the Sunshine Coast. I am writing this from Bulgaria, so have not been in contact regarding the latest developments. I have however, discovered that the concerns facing the future of medicine in this country are not that different to ours. A report released just a few days ago by the Bulgarian Industrial Association into the status of the healthcare system, echoes the problems we face in Australia.

After the communist era ended, a national health insurance fund was instituted. Contributions were set at 6% of taxable income in 2000, but increased to 8% in 2010. Between 2008 and 2012 expenditure for hospital care increased by a massive amount without significant changes in the health status of the population.

The report goes on to say that the main health problems are financial, organisational, technological and regulatory. They lead to a growing inefficiency of the healthcare system, with more expensive health care and an increasingly sick/older population. Sounding familiar? I also had to smile at the line in the report that stated, "There are no well trained and motivated health managers. As a rule, the requirements for those who occupy key positions in the system, competence and professionalism have been replaced by political affiliation." Perhaps some things are different.

The report goes on to list a number of suggested changes to improve the situation. On reading the list, it would appear that the Bulgarians are no closer to the panacea for the ills of the system than we are.

Bulgaria is beautiful country. I am travelling at a time when the fruit trees are bursting into flower on the plains, though the mountains are yet to throw off their last cover of snow. Like all of Europe, remnants of history sit along side the trappings of modern life.

I have spent the last few days in the city of Plovdiv which boasts a beautiful pedestrian mall, lined with facades of old buildings and ending at the ruins of an old Roman theatre.

The "Old Town" is a maze of cobbled streets with winding paths and old wooden homes leaning at impossible angles threatening to topple over. The people I have met have been very friendly and curious as to why I would travel so far to see their country. Many of the older folk carry a look of weariness both in their manner and faces. Tom, my local guide, tells me that the older people have fared poorly under the capitalist changes and reminisce about under the communist regime.

This morning, as I write, I am sitting in Veliko Turnovo, another lovely old town with houses perched on cliffs high above the Yantra river. It sits on the northern side of the Balkan mountains. It is quite a bit cooler than yesterday, travelling though the "Valley of the Roses" on the southern side. This is my last day in Bulgaria, as tomorrow morning I head to the town of Ruse where I will meet a new guide who will take me into Romania. For your interest, I will try to discover the state of the health services in that country. I suspect the story will be similar.

As always, best wishes to all and I will see you back on the Sunshine Coast for the April meeting. I will probably be quite jet lagged, so hopefully will be able to hold a sensible conversation!

Di Minuskin



**The Sunshine Coast Local Medical Association
sincerely thanks Sullivan Nicolaides Pathology
for the distribution of the monthly newsletter.**



**Sullivan
Nicolaides**
PATHOLOGY
Quality is in our DNA



CONTACTS:

President and	Dr Di Minuskin Ph: 5491 2911
Vice President:	Dr Rob Ingham Ph: 5443 3768
Secretary: & AMAQ Councillor	Dr Wayne Herdy Ph: 5476 0111
Treasurer:	Dr Peter Ruscoe Ph: 5446 1466
Newsletter Editor:	Dr Marcel Knesl Ph: 5479 0444
Meetings Convenor:	Dr Scott Masters Ph: 5491 1144
Hospital Liaison:	Dr Jeremy Long Ph: 5470 5651
FHN Rep:	Dr Scott Phipps Ph: 5494 2131
Committee:	Dr Kirsten Hoyle Dr Denise Ladwig Dr Byron Oram Dr Mason Stevenson Dr Nigel Sommerfeld

For general enquiries and all editorial or advertising contributions and costs, please contact:

Jo Bourke (Secretariat)

Ph: 5479 3979

Mob: 0407 037 112

Fax: 5479 3995

The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

Please address all correspondence to:

SCLMA PO Box 549 Cotton Tree 4558

Email: jobo@squirrel.com.au

Fax: 5479 3995

Newsletter Editor:

Email: Dr Marcel Knesl

mknesl@oceaniaoncology.com.au

Disclaimer: The views expressed by the authors or articles in the newsletter of the Sunshine Coast Local Medical Association Inc. are not necessarily those of the Sunshine Coast Local Medical Association Inc. The Sunshine Coast Local Medical Association Inc. accepts no responsibility for errors, omissions or inaccuracies contained therein or for the consequences of any action taken by any person as a result of anything contained in this publication.



MAY NEWSLETTER Deadline Date for the MAY 2014 newsletter will be **FRIDAY 09 MAY**

The Editor would like the newsletter to reach all readers in the 3rd week of each month. So ... **ALL** reporters and advertisers - please help us achieve this challenge!

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches approximately 800 recipients!

Contact Jo: 5479 3979

Mobile: 0407 037 112

Email: jobo@squirrel.com.au

Fax: 5479 3995

We welcome new content - case studies, local news and photos. If you are a new member, send in a short bio and a photo to introduce yourself.

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 5479 3979 or 0407 037 112

Email: jobo@squirrel.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.





Editor's Corner

Welcome to the Easter edition.

A pot of boiling water on the cooktop and the smell of vinegar signifies the start of Easter for me?

Vinegar was added to the boiling water to stop the eggs from cracking their shells.

Then the shells of the boiled eggs were either hand painted with delicate little paint brushes all sorts of vibrant colours or dipped into pots of coloured water. Then it was onto the final stage of the preparation. The boiled eggs were given a shine with a little bit of butter and proudly displayed for all friends and visitors to see during Easter.

Breakfast for the next few days was hard boiled eggs on crusty bread, accompanied by a seasoning of coarse salt and pepper, yum. This tradition is practised yearly in many European households. Why eggs? Because eggs symbolise life, and Easter is about life.

Happy Easter!

On a more serious note we turn to the SMO contracts. Both the "Health Service Link" column by Kevin Hegarty and the "AMA Federal President's" column by Steve Hambleton provide further insight into the current situation. My impression is that both sides have moved a lot closer together and soon the whole process will be behind us.

SCLMA President Di writes a superb piece on her recent trip to Bulgaria, reviewing the health system and making some noteworthy comments.

Clive Fraser takes us down memory lane with an old Mercedes and confirms the dreaded depreciation which we all have to endure.

The financial guys educate us in regards to FBT (fringe benefit tax) and the stringent rules of the ATO.

And that brings me back to my Easter eggs. I can hear the water boiling; I can smell the vinegar, it's time for me to go.

Bon Appetite

Marcel Knesl

mknesl@oceaniaoncology.com



HIGHLIGHTS:

- P 5: Kevin Hegarty - Health Service Link
- P 6: Dr Steve Hambleton - AMA President
- P 9: Dr Wayne Herdy - AMAQ Councillor
- P 10: GPLO Reports
- P 13: Case Study - Sunshine Coast Radiology
- P 16: Dr Clive Fraser - Motoring article
- P 26-27: Classifieds



SCLMA CLINICAL MEETINGS 6.30pm for 7pm (over by 9pm)

THURSDAY 22 May 2014

Speaker: Dr George Parker

Topic: 'Athroscopic surgery of the knee. A panacea?'

Sponsor: Claire Ellem, QDI

Venue: Maroochydore Surf Club

COMING UP:

Thurs 26 June: Sunshine Coast Radiology

Venue: Ebb Restaurant

Thurs 24 July: Sunshine Coast Centre for Orthopaedics

Venue: To be advised.

Thurs 28 August: QML Pathology

Venue: Ebb Restaurant

ENQUIRIES: Jo Bourke
Ph: 5479 3979 (M) 0407 037 112
Email: jobo@squirrel.com.au

Meeting attendance:

- **Free for current members.**
- **Non members: \$30.**
- **Application forms available on night.**
- **Membership forms also available on the website: www.sclma.com.au**

PROTECT YOUR WILD SIDE

At Sunshine Coast Dive & Travel Medicine, we specialise in dealing with difficult and complex travel problems.

- A full range of vaccines available for any destination; **Rabies**, Japanese Encephalitis, Tuberculosis (Mantoux test & BCG), QFever, **Yellow Fever**, Malaria
- Comprehensive travel advice for everyone; families, children and pregnancy
- Travel Medicine Alliance & International Society of Travel Medicine member



Dr John Kenafake
M.B.B.S (QLD)

ph. 07 5443 2122

www.traveldivemedicine.com.au

7 Day Medical Centre
150 Horton Pde, Maroochydore
(opposite Hungry Jacks)



Open Access Endoscopy Service

Don't Your Patients Deserve Better?

- Latest Olympus Processors and Scopes
- Modern Day Hospital environment
- Immediate delivery of GP Letter post procedure
- Free, Convenient off Street parking
- Nurse led Prep-Clinic available daily
- All Health Funds Accepted
- DVA Patients and Pensioners welcome
- Self-Insured Patients welcome
- Electronic referrals available
- Immediate triage to Haemorrhoid Clinic
- Peer Reviewed Procedures
- Full Consulting Services



GP Hotline: (07) 3833 6788 Bookings: (07) 3833 6701 Fax: (07) 3833 6740
7 Endeavour Boulevard, North Lakes Qld 4509 (Located next to QHealth Precinct)

Gastroenterology Services at: INDOOROOPILLY • GAYTHORNE • NORTH LAKES • IPSWICH • EMERALD • LONGREACH

HEALTH SERVICE LINK - APRIL 2014

with Kevin Hegarty



The topic of medical contracts has been a dominant feature of state-wide media and one of the most topical issues locally. Within the Sunshine Coast Hospital and Health Service we have ensured consistent inclusive communication

has been a feature of our implementation process of this Government initiative.

As I mentioned in my February column, a feature of local implementation has been the development of the required Key Performance Indicators (KPIs) being led by the clinical directors of each specialty. This has ensured the relevancy and appropriateness of KPIs and their ownership. There will be continual refinement of the KPIs to ensure they reflect the realities of the need to continually improve the services provided as well as increasing emphasis on education, training and research.

At the time of writing this column, the discussions are still occurring at the state level between the Department of Health (DoH) and the organisations representing medical officers. Significant progress has been made this week. The announcement that the addendum to the contract, that was developed to address issues highlighted by SMOs, will now be incorporated within the appropriate clauses of the contract has been welcomed by all concerned.

The Director-General of the DoH has also detailed the makeup and selection process for his Contract Advisory Council.

Legislation has also been passed, amending the *Hospital and Health Boards Act 2011*, which restricts the Director-General's ability to unilaterally alter the provisions of contracts. This power can now only be used in cases where it advantages the doctor. For example, a directive to provide a pay increase in accordance with State wages policy thus saving the need to alter individual contracts.

Locally, I have established a Medical Contracts Advisory Council (MCAC) which will be made up of five SMO / VMOs from the Health Service. Three members will be appointed by me and two elected by the SMO / VMO cohort. Under its Terms of Reference, the MCAC will in all cases advise me on matters in relation to the management of medical contracts.

The senior medical staff of our Health Service have contributed, not only to the current delivery of high quality care, but also importantly to the development of our future plans. Their commitment, direct participation and leadership, throughout all the stages to date in our journey towards the opening of the SCPUH and our transformation to a tertiary health care organisation, is the foundation on which this exciting future is based.

I look forward to the timely conclusion of discussions on medical contracts, and their successful implementation, so that our focus can return to our unique transition journey.

Regards

Kev Hegarty

Health Service Chief Executive

Kevin_Hegarty@health.qld.gov.au

CHRISTMAS IN JULY 2014 - SATURDAY 19 JULY 2014

We've checked it out - beautiful venue!

ALL Accommodation is above function room

Plans afoot for a golf day on Sunday

Plans afoot for Aveda Spa to open on Sunday.

MARK YOUR DIARIES NOW!

EXPECT YOUR INVITATION EARLY MAY

GREAT ENTERTAINMENT PLANNED!



AMA FEDERAL PRESIDENT REPORT

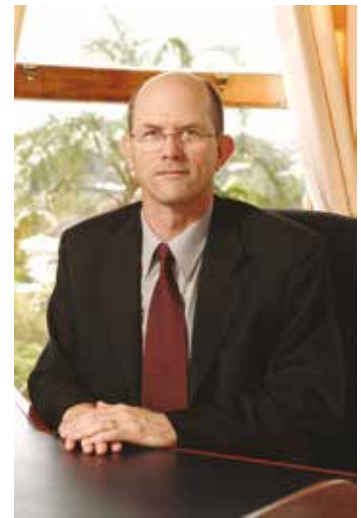
Dr Steve Hambleton

Dear Member,

Recently the Queensland Health Minister put on the table a significant offer to resolve the dispute over Senior Medical Officer (SMO) and Visiting Medical Officer (VMO) contracts in Queensland.

The AMA and AMA Queensland welcome this offer, which represents substantial progress and a real chance to settle this dispute. The AMA and AMA Queensland are working hard to ensure that the mass resignation of SMOs and VMOs is avoided.

We understand that the key elements of the offer, in addition to the already secured change to the Hospital and Health Boards Act, are:



- the incorporation of the draft addendum into the contract, appropriately worded
- the Government will remove the word profitability from clause 25(5) of the core contract
- the Clinical Senate will advise and oversight the KPI process over the next two years
- the Government will establish a collective process for future contract negotiations via a proposed "Contract Advisory Committee", which includes the option of arbitration.

In principle, the concepts outlined above address the key issues raised by the AMA and AMA Queensland with the Queensland Government.

The key now is in the detail, which we need to get right. This will require careful negotiation so that a detailed proposal can be properly considered by SMOs and VMOs. We hope those negotiations can start in the very near future.

We now appear to be in a very different position than was faced at the start of the year. Substantial concessions have been won and this progress must be recognised.

The future of many SMOs and VMOs with Queensland Health now hangs in the balance and it is incumbent on all parties to approach the Government's proposals in a constructive way. Clearly, we now have the potential to deliver a fair and reasonable contract outcome that supports the delivery of high quality health services to the Queensland community and members can rest assured that we are working to get this right.

Steve Hambleton

AMA Federal President



COASTAL PATHOLOGY



Dr Joe Gatto
(MBBS, FRCPA)

NOW COMMENCING OUR 8TH YEAR OF SERVICE TO THE SUNSHINE COAST!

LOCAL
INDEPENDENT
RELIABLE
PERSONAL

The Sunshine Coast is our home!
The pathologists own the practice.
We are here for you and your patients.
Talk directly to us - we are committed to serve.



Dr Tim McNamara
(MBBS, FRCPA)

Continuing to provide specialised histology, cytology and routine microbiology services

All Outpatients* Bulk Billed - All Inpatients* No Gap

(*conditions apply)

**KEEP COMPETITION STRONG - SUPPORT THE SUNSHINE COAST'S
OWN PATHOLOGY SERVICE.**

To find out more
about our services:

Phone: 5456 4830
Fax: 5456 4835

Email: enquiries@coastalpathology.com.au
Web: www.coastalpathology.com.au

Dr Janusz Bonkowski

NEUROSURGEON & SPINAL SURGEON

Specialising in

- Degenerative Disorders of the Spine
- Microsurgical Techniques in the Management of Spinal Pathology
- Anterior Foramenotomy in Cervical Disc Disease


Sunshine Coast University Private Hospital

Medical Suite 11, 3 Doherty Street
Birtinya QLD 4575



Local Care

 07 5493 5100

 07 5493 6100

 scbrainandspine.com.au

PROUD SUPPORTER OF



IN PARTNERSHIP WITH



Sunshine Coast's first resident neurosurgeon and spinal surgeon



THE ALL NEW LEXUS ES. \$67,400 ES 300h Luxury DRIVE AWAY*

Exclusive to SCLMA Members.

ES 300h Luxury vehicle features:

- 8" Multimedia LCD Screen with Satellite Navigation System
- Rear View Camera with Rear Guide Assist and Clearance and Reversing Sonars
- Blind Spot Monitor
- Drive Mode Select with ECO, NORMAL and SPORT modes

Benefits of the Lexus Corporate Programme:

- Three year / 60,000km complimentary scheduled servicing[^]
- Four year / 100,000km warranty[^]
- Lexus Encore Privileges

Additional benefits to SCLMA members:

- Access to Lexus of Brisbane Group's Valet Parking; collection & return service from Brisbane Airport⁺
- Complimentary L'Finesse Café and customer lounge

Please contact Michael Stewart on 0411 675 236 to discuss the Lexus Corporate Programme and all the benefits that are afforded to you as an SCLMA member.



Overseas ES 300h Luxury model shown.

LEXUS | OWNERSHIP SOLUTIONS

LEXUS OF MAROOCHYDORE

63 Maroochy Boulevard, Maroochydore lexusofmaroochydores.com.au [f/LexusofBrisbaneGroup](https://www.facebook.com/LexusofBrisbaneGroup)

*Drive away price is based on the 2014 ES 300h Luxury (no enhancement pack). Drive away price shown includes 12 months registration, 12 months compulsory third party insurance (CTP), a maximum dealer delivery charge, stamp duty and premium paint (where applicable).
^Complimentary scheduled servicing expires at 3 years or 60,000km from the date of first registration, whichever occurs first. Conditions apply. See your Lexus of Maroochydore for further details. #Whichever occurs first.
+Refer to <http://www.lexusofmaroochydores.com.au/about/about-us/benefits> for full terms and conditions.

IN 2014 X-RAY & IMAGING WILL DONATE \$1 TO DOCTORS WITHOUT BORDERS FOR EVERY PATIENT REFERRED

For more information or for referrals
Call (07) 5458 4406



X-RAY & IMAGING

PH: 13-XRAY



MEDECINS SANS FRONTIERES
DOCTORS WITHOUT BORDERS



If the question is **print, design or websites** the answer is

Snap

Maroochydore

AMAQ COUNCILLOR'S REPORT

Dr Wayne Herdy

UNITED WE STAND.....

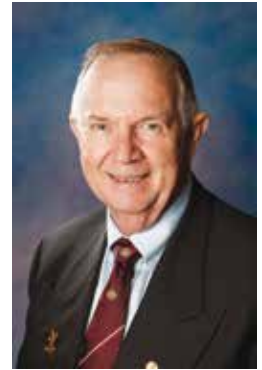
For a bunch of people drawn from the highest intelligensia, doctors sometimes aren't all that smart when they get out of their areas of expertise.

The Romans built an empire two millenia ago based on the principle of "Divide and Conquer". The Americans won a war of independence two centuries ago on the creed of "United we stand, Divided we fall". Yet doctors have just struggled through a bitter contract dispute which neither side won, and we failed to get 100% success partly because we ignored the lessons that even the superstitious Romans and thick-as-two-short-planks Americans managed to grasp. Disunity is death in war and politics, and our campaign was decidedly fragmented. ASMFOF and the AMA were publicly working together, but there was internal conflict, with some angry and even dangerous words aired in private settings. What was most troubling was the appearance of splinter groups with difficult-to-identify leadership and sidetracked agendas.

The role played by Chris Rowan was not helpful. He signed his own contract, and later publicly endorsed some aspects of the contracts. That was Chris' personal decision and he will depart his AMAQ presidency going down in flames, with no recognition of all the good he did [I hasten to add that I still consider myself a friend of Chris' even if I can't agree with all that he does].

Steve Hambleton came back from Canberra to mark his final months in the federal AMA presidency with a blaze of glory, to take over the AMAQ leadership role. The contract dispute was a Queensland fight, but arguably the Federal AMA belonged there because the other States are closely watching the outcome and hoping for a domino effect. The important issue for today's column is the fact that the AMA as a State/Federal coalition was very publicly a divided force.

I suppose the clear message for the AMA is that both its members and non-members lacked faith in the capacity of their organization to effectively represent their interests. If the AMA was seen to be doing what the members wanted, no splinter groups could have arisen.



If I could teach the AMA just one lesson today it would be this – open the communication channels between the grassroots membership and the frontline organization. Most members did not know what their organization was doing, and many had no idea how to communicate with their representatives or executive. Those who do know how to get their message across did not feel they were being heard (and still don't – we still hear that the AMA is not working on the concerns of GP's feeling under threat from the incursion of private insurers into primary care).

If the evidence is that "Divided we fall", then the action must be to unite, and to appear to be united.

On a totally different tack, our evidence-based profession must take some pleasure in seeing that scientific evidence is being acknowledged in at least two areas close to the hearts of community-based doctors. Firstly the NHMRC has officially announced that homeopathy is hogwash (I should re-phrase that, because at least hogwash has a useful function of cleansing hogs). Secondly, there is a serious move in Queensland to make it more difficult for "conscientious objectors" to avoid the consequences of not immunizing their children. The junk science and its advocates will still be vocal, but at least evidence-based medicine is getting some political support.

As always, the opinions expressed herein are those of your correspondent,

Wayne Herdy

APRIL 2014 UPDATE

Dr Sandra Peters - GPLO Sunshine Coast Hospital & Health Service

Danielle Causer GP Liaison - Clinical Support Focus Health Network.

Dr Zoltan Bourne GPLO Sunshine Coast Medicare Local

Lisa Edward GP Liaison Support Officer Sunshine Coast Medicare Local

HOSPITAL NEWS

(SCHHS GPLO & FHN GPLO CS)

We have completed an audit of referrals into SOPD from primary care. The current Referral Work-Up Guide is not fulfilling the needs of either GPs or SOPD. We are working with the SCGPLO functional advisory committee to look at sustainable solutions to an alternative which is the key recommendation from the audit report. As health practitioners we all recognise that health resources are finite and increasingly under pressure from growing demand. It is for precisely these reasons that we need to optimise the referrals pathway and process to ensure timely access and safety for the patients who require secondary or tertiary level care along their journey. Results of the audit are to be released soon and anyone who would like a copy of the report should contact either Sandra Peters or Danielle Causer by email.

Upcoming Workshops with FHN:

- "Mind the Risk" – The 4th Floor, Mooloolaba 9th April. Dr Matira Taikato Clinical Director Mental Health Services Nambour Hospital SCHHS will present an interactive workshop for GPs on Risk Assessment.
- Pregnancy and Paediatric Update – Nambour General Hospital Auditorium, 30th April. Dr Beng Ng, Dr Sophie Poulter will present on difficult contraception problems, thyroid disease, gestational diabetes and pre-pregnancy counselling.

What's New on the FHN website?

- List of Procedural GPs
- The latest 'Starters and leavers' list

SUNSHINE COAST ML GP LIAISON NEWS:

Do you want to learn more about Advance Care Planning?

Do you want to know how to complete an Advance Health Directive and how to start a conversation about the Advance Care Planning process?

SCML is pleased to partner with Respecting Patient Choices facilitator Kerri-Anne Dooley to present practical workshops for the following dates:

21 May 2014 - Maroochydore

27 May 2014 - Gympie

3 June 2014 – Maroochydore

Designed to provide participants with a 'how to' experience of Advance Care Planning, this day-long workshop increases the skills, confidence and knowledge of people working in health care.

To register your interest for the RPC workshops contact:

Clinton Bazley Ph: 07 5456 8100

Email: cbazley@scml.org.au

PCEHR – All Systems Go!

After the 2011 *Mexican Standoff* between the National eHealth Transition Authority (NeHTA) and major clinical software vendors (MD, BP, et al.) interoperability with the PCEHR system is now well and truly 'All Systems Go'. Over 25 vendors are now connected to both view and share and some now able to register patients for their own records *in-house*. Queensland Health Hospitals too are actively participating in the PCEHR having implemented an internal default to automatically upload discharge summaries to a patient's record unless otherwise requested.

While PCEHR use remains optional, where there is the provision of Government funding, terms pertaining to PCEHR may exist or become introduced requiring pathways for patients. For example, in the case of Superclinic Funding, there is a requirement to, '*within 24 months of the PCEHR becoming operational, use the PCEHR for consumers who have given consent to do so*'. As July 2014 will mark 24 months of the PCEHR being operational it is important to be mindful of any terms you may be subject to.

Sunshine Coast Medicare Local strongly recommends clinicians facilitate PCEHR access wherever possible, especially for new patients and those within vulnerable population groups. eHealth Field Officer Madeline Stewart recommends, "a targeted approach for specific patient groups; for example Aboriginal and/or Torres Strait Islander persons, older Australians, people with disabilities or people with chronic disease or complex needs" as a great place to start.

For tailored training and support or to discuss further, please contact Madeline:

Ph: 07 5456 8100

Email: mstewart@scml.org.au



Two Specialist Imaging Centres

One Convenient Location

State-of-the-art equipment Hands-on radiologist

At Coastal Medical Imaging we provide a comprehensive radiology practice with state-of-the-art True Digital, low dose imaging equipment for all your general imaging needs.

We also provide a full-time, hands-on local radiologist on site that referrers can speak to anytime.

- **Thoughtful relevant reports**
- **Lowest dose 16 slice CT scans**
- **Urgent referrals accepted**
- **Accurate image guided interventions**
- **No unsupervised ultrasound**
- **No off site or overseas reporting**

Bulk Billing
CT, X-Rays
& General
Ultrasound



07 5413 5000
coastalxray.com.au

The Coasts only Comprehensive Advanced Women's Imaging Centre

The Specialist Women's Imaging Centre is the Sunshine Coasts only comprehensive Advanced Women's Imaging Centre. We have a highly experienced team of doctors and technologists. We offer the highest level 3-D diagnostic ultrasound in Obstetrics & Gynaecology, the only 3-D Diagnostic Breast Ultrasound available on the Sunshine Coast and the lowest dose Full Field True Digital Mammography.

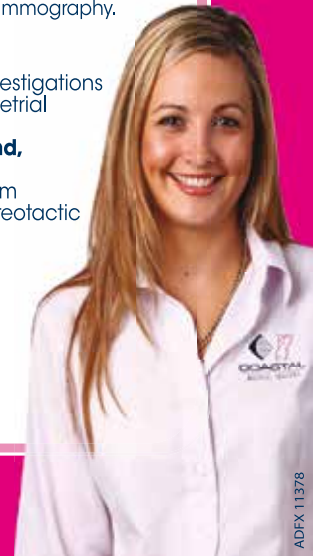
Services include:

- **HyCoSy and HSG** for fertility investigations
- **Hysterosonography** for endometrial assessment
- **Advanced Obstetric Ultrasound**, including amniocentesis
- **Breast Biopsy**, including Vacuum Assisted core biopsy, Digital Stereotactic core biopsy and FNA.



724 Nicklin Way
Currumbundi QLD 4551

Ask your
doctor for a
referral today



OFFER YOUR PATIENTS THE BEST POSSIBLE IVF JOURNEY

Since 1997, IVF Sunshine Coast Specialists have offered your patients the most extensive pool of expertise and knowledge that is available in the region. Consulting from Redcliffe to Gympie, your patients are provided with individualised care plans that best address their unique challenges and fertility aspirations.



Dr James Moir

Sunshine Coast
Private Hospital
Ph 07 5444 0799



Dr Jeff Tarr

Sunshine Coast
Private Hospital
Ph 07 5444 0369



Dr Petra Ladwig

Kawana
Private Hospital
Ph 07 5437 7244



Dr Bogdan Benga

Sunshine Coast
Private Hospital
Ph 07 5452 6926



Dr Dana Moisuc

Sunshine Coast
Private Hospital
Ph 07 5478 3533



Dr Pravin Kasan

Peninsula Private
Hospital (Kippa-Ring)
Ph 07 3284 4211



Dr Mahilal Ratnapala

Caboolture
Private Hospital
Ph 07 5495 9440

IVF SUNSHINE COAST in association with Queensland Fertility Group
Kawana Private Hospital Phone 07 5493 7133 www.ivfq.com.au
IVF Sunshine Coast offers all patients a free initial interview.



Introducing...

Dr Mara Clarson & Dr Priscilla Martin



Sunshine Coast General Surgeons is a new Specialist Surgical Practice recently opened on the Sunshine Coast. Providing consultation and treatment through the Sunshine Coast University Private Hospital, we combine our passion for best practice, skills and expertise to treat a range of surgical conditions.

Dr Mara Clarson**Special interests**

- Endocrine surgery (adrenal, thyroid, parathyroid)
- Advanced laparoscopic techniques
- Trauma
- Breast surgery

Dr Priscilla Martin**Special interests**

- Hepatobiliary surgery
- Pancreatic surgery
- Bariatric surgery
- Upper gastrointestinal surgery
- Splenectomy (laparoscopic)
- Adrenalectomy (laparoscopic)

**07 5437 9788****07 5345 5276**

🏠 Suite 20, Ground Floor,
Sunshine Coast University Private Hospital
3 Doherty Street, Birtinya QLD 4575

✉ PO Box 1085, Buddina QLD 4575

✉ info@scgensurg.com.au

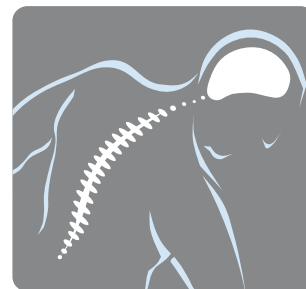
🌐 www.sunshinecoastgeneralsurgeons.com.au

The Spinal Clinic for the Sunshine Coast

Dr David Johnson, Dr Peter Georgius, Dr Scott Masters and Mr Sean Campbell run the Sunshine Spine Multidisciplinary Clinic:
A new concept in best practice.

Sunshine Spine is a pioneering and Multidisciplinary Clinic where patients with spinal disorders and pain will be assessed holistically by a neurosurgeon, pain physician, musculoskeletal physician and spinal rehabilitation physiotherapist in the one case conferenced consultation.

In essence a 'one stop shop' to implement the optimal management plan for your complex spinal pain patients.

**SUNSHINE****SPINE****Benefits of the Clinic**

- Expert multidisciplinary assessment and management
- Maximises communication between providers
- Simplified referral process
- Fast tracks patient management

Sunshine Spine

Caloundra Spinal and Sports Medicine Centre
39 Minchinton Street, Caloundra Q 4551

P: 07 5493 5522**F: 07 3255 9357**



MRI of Shoulder & Diagnosis of Os acromiale

MRI Diagnosis

Admittedly, the diagnosis in this case based on only coronal and sagittal images is challenging. Indeed, the os acromiale, an un-united acromial ossification center in adults, is one of the most frequently missed abnormalities by physicians who interpret MR. The reason is two-fold. For one, the os acromiale, when viewed in the coronal or sagittal planes, bears a strong resemblance to a normal acromioclavicular joint. Secondly, the os acromiale is fairly common, being seen in approximately 8% of shoulder examinations. This combination of a not-uncommon, yet challenging finding, leads to the high frequency of missed diagnoses of the os acromiale.

It is essential in routine MR imaging of the shoulder to obtain axials that extend superior to a point above the level of the acromion. The key to the simple and reliable diagnosis of the os acromiale lies in these upper axial images. On such images, the acromion is completely visualized in the axial plane, and the diagnosis of an os acromiale becomes much simpler. Only in the axial plane is one able to reliably visualize both the AC joint and the os acromiale on a single slice.

Discussion

One to three ossification centers of the acromion appear by age 15-18 years, and they normally are fused no later than 25 years of age. Failure of any of these ossification centers to fuse results in an os acromiale. The three potential ossification centers are referred to as the

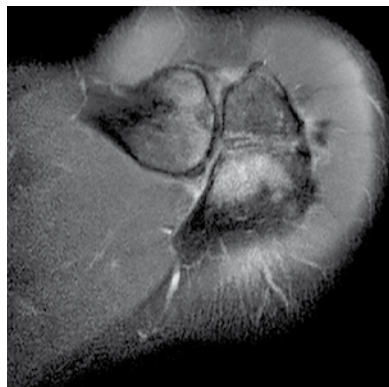
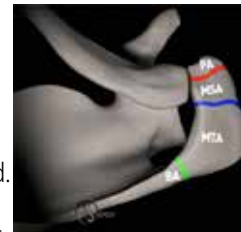
preacromion, mesoacromion, and meta-acromion, from anterior to posterior. The adjacent ossification center for the lateral scapular spine is known as the basi-acromion. Failure of fusion can occur at the junction of any of these ossification centers, involving a single junction or in combination. As a result, there are 7 potential types of os acromiale that may arise.

The os acromiale has been implicated as a risk factor for the development of impingement syndrome, as in this case. It is important to realize that recognition of an os acromiale is necessary because the os itself may be a primary source of patient symptoms.

Treatment

If conservative measures fail over a period of 6 weeks to 6 months, operative therapy may be warranted. Preoperative recognition of an os acromiale is important in patients

with impingement syndrome or rotator cuff tear, as an unstable os acromiale may render a typical anterior acromioplasty impossible. It is generally accepted that in patients with both an os acromiale and a tear of the rotator cuff, that the surgeon should correct both abnormalities. Neer reported that large os acromiales should be stabilized rather than resected at the time of rotator cuff repair, as resection of large fragments may lead to unacceptable weakness. Though not without controversy, such an approach remains popular with many orthopaedic surgeons.



CLINICAL HISTORY : A 35 year-old male with persistent shoulder pain and limited range of motion presents for MR imaging. Ultrasound revealed mild bursitis. FSPD axial and coronal images and sagittal T1W images are provided.

Failure of fusion of an anterior acromial ossification center is demonstrated on both images.

Services:

X-Ray | CT | Calcium Scoring | Cardiac CT | 2D/3D Mammography
Interventional / Procedures, Consultation | Nuchal / Obstetrics
Echocardiography | OPG | ConeBeam CT | Bone Densitometry MRI
Nuclear Medicine

REFERENCES

<http://www.radsources.us/clinic/0708>

For all Appointments

Call **54303900**

info@scradiology.com.au | www.scradiology.com.au

Your Local Imaging Specialist



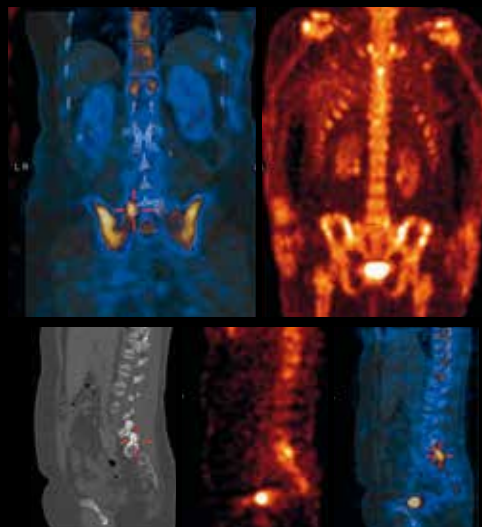
SUNSHINE COAST
RADIOLOGY

®

Advanced Nuclear Medicine

At Sunshine Coast Radiology your patients will experience advanced imaging performance, low dose saving technology, reduced examination times and increased patient comfort.

- Patient care is our first priority
- Collaborative service between fully accredited Nuclear Medicine Specialists and Radiologists
- CT is co-registered with a radioisotope bone scan to improve the accuracy of diagnosis
- Professional & advanced trained imaging staff.



Services:

X-Ray | CT | Calcium Scoring | Cardiac CT | 2D / 3D Mammography
Interventional / Procedures, Consultation | Nuchal / Obstetrics
Echocardiography | OPG | Cone Beam CT | Bone Densitometry
MRI | Nuclear Medicine

For all Nuclear Medicine
appointments call **5436 7200**
info@scradiology.com.au | www.scradiology.com.au

Your Local Imaging Specialists

Membership News

Renewals Thanks to all who have renewed their membership for 2014! Tally to date is 290. Reminders are on the way to those 2013 members (approx 70) who have not yet renewed. We are on track to reach our tally of 300+ members, making our LMA one of the largest in Australia. (A reminder that we are required to keep an up to date Register of Members as per Item 9 of the SCLMA Rules of Association).



Puzzle! There have been a couple of unidentified renewal deposits on the SCLMA bank statements - impossible to send receipts with no ID.

Surveys Your survey responses have been collated and circulated to SCLMA committee members, especially the comments re the monthly clinical meetings. This year we have had more requests to speak and sponsor than there are months available. Meetings Convenor, Dr Scott Masters is making final decisions re the couple of remaining months not yet confirmed.

Website Directory of Members Please check that your details are up to date. If you wish to change or add any details please download the Directory Form from the Members page of the website and fax to 5479 3995

Member Applications to be tabled at the Committee meeting 24 April 2014 include

Dr Edwin Krays, General Practice
Dr Joanna Perry-Keene, Pathology (Anatomical)
Dr John Evans, Radiology & Nuclear Medicine
Dr James MacKean, Radiation Oncology.

Dr Deon Malone, Radiation Oncology
Dr Melissa Whitehouse, NGH
Dr Debra Furniss, Radiation Oncology

We look forward to reading their introductions in future newsletters



Every step could be doing you damage. **We fix your feet – for life.**

We use new patented evidence-based Orthotic Technology!

Guaranteed Outcomes

- Evidence-based research in Biomechanics and Kinetic Orthotic therapy
- Leading therapeutic technology including:
 1. Shock Wave therapy Machines, excellent for treating chronic plantar fasciitis and Achilles tendonitis.
 2. New Photodynamic Fungal Nail Therapy Unit, highly effective and significantly safer than existing laser for this treatment
- Passionate and experienced Team committed to delivering the best possible treatment for our patients on the Sunshine Coast and in Brisbane.

Locations

Maroochydore, Noosa, Nambour, Caloundra, Morayfield and Indooroopilly, with satellite practices at Mapleton and Kenilworth.

All EPC patients Bulk Billed

www.daneverson.com.au

Phone: 1300 130 410



MEDICAL MOTORING

with Doctor Clive Fraser

1985 Mercedes 280E

“Turning 30”

As fuel prices keep climbing motorists endlessly complain about what they pay at the pump.

Independent fuel retailers have always had the lowest prices, but the 4 cents off per litre shopper dockets have almost wiped them out.

The grocery duopoly have agreed to step-back from 30 cents per litre discounts, but that still doesn't stop them from having very deep pockets when it comes to sending the opposition broke by predatory pricing.

But, by my calculations fuel is one of the lesser expenses when it comes to motoring.

The biggest expense by far is still there even when you're not driving your car, it's depreciation.

As it's a cost you don't find out about until trade-in time it sits in most motorist's blind spot.

Anyone who has divorced will know just how much it costs to trade up to the new model.

An average Holden Commodore SV6 would have cost you \$43,790 plus on road costs in 2011.

In the past three years you would have spent \$6,400 buying 4,275 litres of ULP assuming that you'd driven an average of 15,000 kilometres per year.

But after three years your beloved Holden Commodore is only worth \$17,000 as a trade-in.

Allowing for the on road costs at purchase you've lost \$30,000 in three years, or \$200 per week, or 67 cents per kilometre in depreciation alone.

Your Commodore is dropping in value by 26% each and every year and depreciation is nearly five times whatever was spent on fuel.

This explains why accountants are very frugal when it comes to buying cars as they don't like to spend money on depreciating assets.

The tax man does help generously if your vehicle is used for business by offering a deductible depreciation allowance of 30%.

But is there a way to avoid that hefty depreciation?

The answer is, “yes”.

In 1985 a trusted colleague shelled out \$65,000 for a Mercedes 280E.

At the time it was a lot of money for what was a lot of car.

It was the last of the W123 series which had been introduced in 1976.

My colleague knew that Merc's had a reputation for longevity, but he did not know that nearly 30 years later that he'd still be driving his 280E.

He's now done 417,000 kilometres, enough to circumnavigate the Earth more than 10 times.



His car hasn't needed any major mechanical repairs and costs only \$180 for each service every six months.

He's only replaced the brake pads twice, an alternator and one radiator hose.

The paintwork and upholstery are as new and it gets along very well thanks to its free-revving 136 kW six cylinder engine.

Fuel consumption by modern standards is not that great with 16.7 l/100km around town and 11.4 l/100km on the highway.

MEDICAL MOTORING /cont:

The 280E runs happily on normal un-leaded petrol.

Safety was ahead of its time with ABS and a driver air-bag available as options on overseas models.

colleague estimates that his old Mercedes is only depreciating at about \$50 per annum at present and who knows maybe in the future it might just start going up in value!

1985 Mercedes 280E

For: Reliable and ownership lasts longer than most marriages.

Against: Modern engines use less fuel.

This car would suit: Retired psychiatrists.

Specifications:

- 2.7 litre 6 cylinder petrol
- 136 kW power @ 5,800 rpm
- 240 Nm torque @ 4,500 rpm
- 4 speed automatic
- 16.7 l/100 km (city)
- 11.4 l/100km (highway)
- \$1,000 - \$3,000 trade-in
- \$3,000 - \$5,200 private sale

Fast facts:

- Mercedes built 2.7 million W123 cars.
- This model was always popular with Arab taxi fleets.

Safe motoring,

Doctor Clive Fraser

Email: doctorclivefraser@hotmail.com



premion
first in cancer care

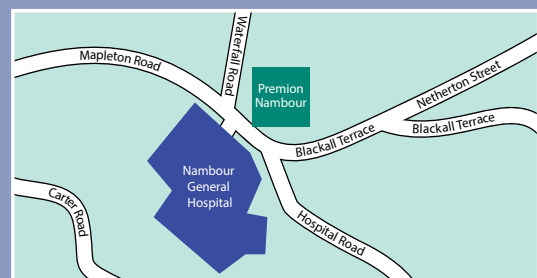


Nambour Radiotherapy Treatment Centre to remain open

We are very pleased to inform you that, with the support of GenesisCare, the Premion Nambour Radiotherapy treatment centre will be remaining open.

GenesisCare is the largest provider of radiation therapy services in Australia treating over 1200 patients a day across 22 centres. The partnership will bring the best of both organisations to improve cancer services across Australia. We look forward to working with you to provide patients of the Sunshine Coast and the surrounding regions with the best possible levels of care.

- No wait
- Rapid access for patients
- Affordable radiation treatment
- Flexible payment options
- Experienced care
- Standard application of modern treatment techniques, including IMRT and IGRT
- Accommodation assistance
- Transport & travel allowances



GenesisCare

Premion Nambour
10 Mapleton Road Nambour QLD, 4560

To make an appointment or for further information about our services, please call us on:

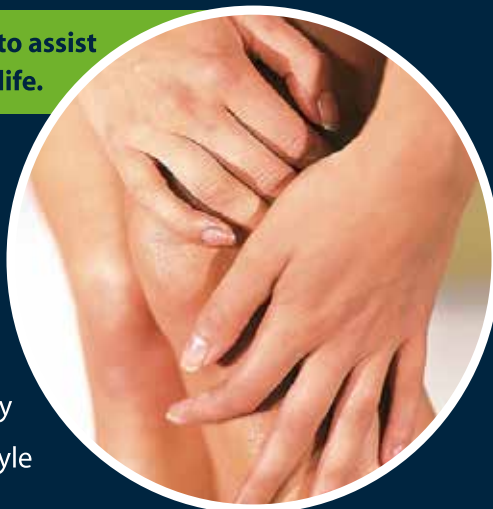
Telephone: 07 5441 4311, or Fax: 07 5441 3511
Office hours: Monday to Friday between 8.00am to 4.00pm

CGEC0013 12x3

Knee Osteoarthritis

Sports & Spinal Physiotherapy offer OA management options to assist YOUR patients in progressing towards an improved quality of life.

- Close liaising with you, the managing GP, in co-ordinating an individualised and successful management plan
- Individualised musculoskeletal assessment
- Hands-on manual therapy (soft tissue and joint mobilisation)
- Individualised diet and weight management
- Individualised exercise programs home, gym and hydrotherapy
- A long-term management focus where exercise, diet and lifestyle compliment patient expectations and improved quality of life



"Take a positive step in the right direction"

Veteran Affairs fully covered with GP referral. Exercise Physiology sessions bulk billed on EPC.



sports&spinal

Visit us online:
www.SportsandSpinalPhysio.com.au

DON'T LET PAIN INTERFERE WITH YOUR LIFE...

Buderim	5476 9068
Caloundra	5437 2679
Coolum	5351 1733
Kawana	5438 8511
Maroochydore	5479 1777
Nambour	5441 2744
Chermside	3833 2555
Sippy Downs	5635 7700



**Queensland
Diagnostic
Imaging**



**AFFORDABLE, ACCESSIBLE
QUALITY DIAGNOSTIC SERVICE**

**BULK
BILLING***

**Same Day appointments
available for X-Ray, Ultrasound,
CT, MRI and Nuclear Medicine****

*FOR ALL MEDICARE ELIGIBLE SERVICES. SOME EXCEPTIONS APPLY.

**SOME EXCEPTIONS APPLY.

**XRAY
CT
BMD
OPG
CONE BEAM CT
MAMMOGRAM
ULTRASOUND
MRI
NUCLEAR MEDICINE
CARDIAC IMAGING**



"Excellence in Quality and Service"



Buderim
Sunshine Coast Hospital
Medical Centre
Ph: 5444 5877

Caloundra
18 Mayes Avenue
Ph: 5438 5959

Maroochydore
Unit 1, Cnr Horton &
Plaza Parades
Ph: 5443 8660

Noosa
Noosa Private Hospital
Pav A, 111 Goodchap St
Ph: 5430 5200

LOCAL DOCTOR MUSOS ROCKED WOOMBYE TO FUNDRAISE FOR INDIA



Sunshine Coast based charity, *Maggie's Dream Catcher*, hosted a concert at the Woombye School of Arts hall on Saturday 29 March to raise funds for the hospital it supports in India.

Founder of *Maggie's Dream Catcher* Cheryl Ryan said the "Rock 'n Relief" concert played host to local talents such as **M7**, **The Stripes**, **Transcendental Nomads** and **Matt Ambrose**.

"It was a great family friendly night with the event's main act, **M7** rocking the stage with a number of old school classics and getting the crowd up on their feet," Mrs. Cheryl Ryan said. M7 was formed after seven local business people decided to pursue their passion for music with weekly jam sessions in July last year. The band includes doctors Michael Ryan and Roger Morris, Osteopath Andrew Urbahn, Solicitor Mark Bray, Medical-Rep Shane Harvey, IT Guru Nathan Kennedy and School Teacher Ken Kiernan.

"We just started jamming together for a bit of fun, it's a great way to blow off steam after the grind of daily work. We all have a great time and a laugh doing it. I think it's a great mix of tunes which I hope the crowd really enjoyed," said Nathan Kennedy, one of M7's two lead guitarists. At the end of the day I just enjoy getting up and playing music, and if it's all in the name of a good cause, even better!"

Talented Year 7 students, **The Stripes**, of Matthew Flinders Anglican College, were the main support act opening the performance with their original song, *My Rock Band*, and were a huge success. Coast musicians, **Matt Ambrose** from *Wild Hearts School of Music* and **Transcendental Nomads** also performed bringing some amazing acoustic and gypsy jazz to the stage.

Cheryl Ryan said the event was a great success raising a \$2000 profit for the charity and went a long way to supporting the Delek Hospital in Northern India.

Maggie's Dream Catcher raises funds through fundraising activities and donations from Australian sources to financially assist and support the Delek Hospital in Dharamsala in Northern India. The charity also assists in finding and locating volunteer doctors and staff for the hospital project along with putting in place educational programs, procedures and policies.

Located in the northern Himalayas, the Delek Hospital has been providing health care services to Tibetans, Indians and foreigners visiting Dharamsala for the past 35 years. The hospital has grown from a small dispensary to a full-fledged 45 bed general hospital.

Common diseases prevalent in the area are Tuberculosis, Hepatitis B infection, Typhoid fever, Gastroenteritis, and upper and lower respiratory infections.

The hospital hopes to eventually root out TB from the Tibetan population in India and to strengthen the healthcare system in the semi-rural area that has been falling apart in the absence of doctors.

Cheryl and husband Dr Michael Ryan will again travel over there in April 2015 and offer an invitation for others to join them on a tour of the hospital project along with a sightseeing tour of Varanasi and the Forts and Palaces of Rajasthan.

More information can be found at:

<http://www.maggiesdreamcatcher.org.au>

For further information contact:

Cheryl Ryan 0438 003 759





“THE LOVE CHACK”



There are no successful glorious works of art or endeavours that aren't fuelled by love and commitment and this is evident in the Eden Valley winery Brochenchack. The passion and love stems from proprietors Marilyn and Trevor Harch's connection with their wonderful four grandchildren whose combined names make up the winery's name; BRO-nite, ma-CKENZie, Ch-arlotte and j-ACK. Throw in the skill of a sixth generation master wine maker in the form of Shawn Kalleske, whose own label "Laughing Jack" finds its way on top end wine lists, and you have a team whose end product will always represent quality over commerce.

The Brochenchack vineyards are on Pub Rd and in its day must have been a charismatic area with a Pub and Horse watering stables down the road and Butchery and a Brothel on the vineyard site. The latter buildings have been renovated and act as Cellar door and Guest house. Great wine begins in the vineyard and the vinous pedigree of these 100 plus year old vines is evident as the Shiraz fruit has been going into Yalumba's premium Octavius Shiraz for years. The Riesling vines are from 1896 and believed to be the oldest in Eden Valley.

Trevor and Marilyn, also owners of the Purple Palate wine shops, are both commuting Queenslanders who feel a real connection to the vineyard. Trevor's main vocation has been in building and development but he has been unable to quash the Lutheran Germanic stirrings entrenched in his Barossa ancestors. Hence his natural attraction to the Adelaide surrounds. The first 66 acre block was purchased in 2007 and they have an additional 40 acres acquired in 2010. At present about 23 acres are producing with a mix of Shiraz, Riesling and Pinot Gris. More Shiraz has been planted along with Chardonnay, Cabernet Sauvignon and Pinot Noir. Sean and Trevor see the intricate challenge of growing a thorny grape like Pinot Noir as a personal challenge. At 400 plus meters above sea level and the choice of the right clones they may be closer to success than what is realised.

The Grandchildren adore their holidays at Brochenchack and they see a future at ages between 8 and 10. The two boys have a convivial familial rivalry as indicated by Mackenzie saying to Jack, "how about you make the wine and I travel the world and sell the wine." Trevor and Marilyn have an innate sense of the legacy that is forming.

They strongly believe that whilst the immediate gratification of producing award winning wine from their earthly retreat is soulful contentment, it pales into insignificance the substance of a palpable bequest that will live on in the hearts of four spirited grandchildren.

THE WINES

- 2011 Brochenchack Eden Valley Riesling (\$15) - One of only 2 Gold medal Riesling winners in the Barossa Show. Enticing pale yellow colour, lime citrus nose with hints of fresh grass and ginger. The palate is moderately lush with loads of acid that zing on the palate like a lemon curd. Have with Thai grilled scallops.
- 2011 Tru-Su Brocnechack Rose' (\$12) - Silver medal winning wine made after only hours of skin contact from premium Shiraz grapes. Pale ruby colour with strawberry nose and hint of spice. Luscious moderately sweet anterior palate with a hint of pepper. Serve chilled with an artisan peperoni pizza.
- 2011 Zip Line Brochenchack Eden Valley Shiraz (\$20) - Deep ruby to purple colour. A nose full of aromatic plums that open up in the glass spicy aromas. Medium to full palate with dark fruit and midpalate tannins balanced by French and American oak. Try with Maggie Beer's quince and Thyme Spatchcock.
- 2009 Jack Harrison Brochenchack Eden Valley Shiraz (\$55) - Serious wine from handpicked fruit. All the classic aromas of plum, blackberries, and hints of tarragon and pepper. Full palate and loads of balanced sweetness. Cellar 20 years easily. Try with Boeuf Wellington, a classic!

Dr Plonk



GP Education

Doing it for
Doctors
PARTNERS IN GP EDUCATION

Shorts

Sunshine Coast University Private Hospital is very pleased to present 'SHORTS' – 3 short topics in neurosurgery, urology and orthopaedics followed by 3 round table discussions with our presenters. We would love to have you join us and contribute to the discussion.



Program

6.30pm Registration & Dinner

7.00pm Welcome & Introduction

7.05pm Presentation & Small Group Discussion:

Necks, shoulders and hands Dr Janusz Bonkowski, *Neurosurgeon*

Short topics in urology – stones, androgen deprivation therapy and prostate cancer
Dr Stuart Collins, *Urologist*

What's new in hip surgery? Dr Douglas Maclean, *Orthopaedic Surgeon*

9.00pm Evaluation & Close

When: Wednesday 14 May 2014

Where: Daisy's Place, 2859 Steve Irwin Way (off Caloundra turnoff) Glenview Qld 4553

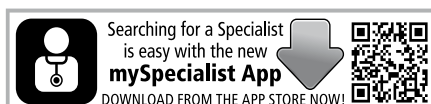
RSVP: Friday 9 May 2014

Approved 4 Category 2 QI&CPD points in the RACGP 2014-2016 triennium

Register online at www.sunshinecoastuniversityprivate.com.au

Email Pam Bull at bullp@ramsayhealth.com.au

Further information call 0427 327 321



SUNSHINE COAST
UNIVERSITY PRIVATE HOSPITAL

Client Entertainment/Meeting FBT

One of the most confusing/debated tax topics discussed with over 90% of clients is the deductibility of Meal and Alcohol expenses at restaurants for client meetings. Given the increased review work by the ATO in recent times and the Fringe Benefits Tax (FBT) year close to an end, we thought we should take the time to have a closer look at the ATO's view on this contentious issue.



From the point of most business owners the expenses for meeting with a client at a café or restaurant for a meal or simply a coffee is viewed as fully deductible. To some business owners these expenses are viewed a necessary cost of maintaining business relationships and attracting new and potential clients.

From the ATO's point of view these expenses are viewed as entertainment rather than the necessary business expenses business owners would see them as. Not only does the ATO view these expenses as Entertainment they class the clients portion of the expense as not deductible and the employee/owners expense as deductible but subject to FBT.

Below are some examples from the ATO website with typical scenarios and the view taken by the ATO in relation to each for tax deductibility and whether or not they would be subject to FBT.

Situation	Income tax	FBT
Employee takes two clients to lunch at a restaurant - cost \$150	Employee's portion \$50 tax deductible Client's portion \$100 non-deductible	Employee's portion \$50 fringe benefit Client's portion No FBT
Employee has meal in restaurant while travelling on business trip	Tax deductible	No FBT ('otherwise deductible' rule)
Employee has meal in an 'in-house canteen'	Tax deductible	Exempt from FBT
Employer provides sandwiches and juice for working lunch in office (not entertainment)	Tax deductible	Exempt from FBT
Employer provides substantial lunch with wine for employees in office but not in 'canteen'	Non-deductible	Exempt from FBT
Employer provides social function for employees in office	Non-deductible	Exempt from FBT
Employer provides social function for employees and associates in office	Cost per employee Non-deductible Cost per associate Tax deductible	Cost per employee Exempt benefit Cost per associate Taxable fringe benefit
Employer reimburses employee for cost of private party	Amount reimbursed is tax deductible	Taxable fringe benefit
Employer provides employee & associates with theatre tickets	Tax deductible	Taxable fringe benefit

If you are expending and claiming the above expenses you have two choices, firstly you can account for the expenses and pay FBT at the end of the FBT year. Secondly you can disregard these expenses from GST and Tax deductibility point of view and treat them as drawings or dividends. You need to be vigilant from a GST point of view as this is only claimable on the expenses that are tax deductible. If the expenses in the above table are tax deductible and subject to FBT, FBT needs to be paid on these expenses or they will not be tax deductible or GST creditable and therefore treated as drawings or dividends and taxable in the hands of the owners.

If you have any questions in relation to your expenditure on client meetings and entertainment give Poole Group a call today on **07 5437 9900**.

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: 5479 3979 Mb: 0407 037 112 Email: jobo@squirrel.com.au

NAME	Surname:		First Name:	
EMAIL:				
<u>PRACTICE ADDRESS:</u> This is for delivery of your monthly invitation and monthly newsletter by Couriers from Sullivan Nicolaides Pathology thus avoiding postage costs to the SCLMA.				
	Practice/Building			
	Street:			
	Suburb:		Postcode:	
	Phone:		Fax:	
<u>ALTERNATE ADDRESS:</u> (if practice address not applicable)				
	Street:			
	Suburb:		Postcode:	
	Phone:			
<u>PRACTITIONER DETAILS:</u>				
	Qualifications:			
	Date of Birth:		Year of Graduation:	
	Hospital employed / Private Practice (cross out one)			
	General Practice / Specialist (cross out one)			
	Area of Speciality:			
<u>PLEASE NOTE:</u> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>				
<u>PROPOSERS:</u> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).				
1. NAME:		Signature:		
2. NAME:		Signature:		
<u>ANNUAL SUBSCRIPTION (GST included):</u>		(Please tick)	DELIVERY OPTIONS	
Full-time ordinary members - GP and Specialist		\$ 55.00	Your Monthly Invitation	
Doctor spouse of full-time ordinary member		\$ 22.00	By Email?	
Absentee or non-resident doctors		\$ 22.00	By Courier?	
Part-time ordinary members (less than 10 hours per week)		\$ 22.00	By Post?	
Non-practising ordinary members, under 60 years old		\$ 22.00	Your Monthly Newsletter	
Residents & Doctors in Training		Free	By Email?	
Non-practising ordinary members, over 60 years old		Free	By Courier?	
Patron and honorary members		Free	By Post?	
Payment can be made by cheque payable to SCLMA or by direct debit to the <i>SCLMA Westpac Account.</i> BSB: 034-243 ACCOUNT NUMBER: 11-9298 A TAX RECEIPT WILL BE SENT FOR YOUR RECORDS.				
Please return this form with your cheque OR details of your E.F.T. to: SCLMA PO BOX 549 COTTON TREE 4558				
<u>Please note:</u> <i>Membership applications will be considered at the next Management Committee meeting.</i>				

The Sunshine Coast Local Medical Association has Public Liability Insurance

**SUNSHINE COAST LOCAL MEDICAL ASSOCIATION
MANAGEMENT COMMITTEE MEETING
THURSDAY 27 FEBRUARY 2014
Maroochydore Surf Club Function Room
MINUTES
(Accepted at Committee meeting 27 March 2014)**

Attendance: Drs Di Minuskin, Rob Ingham, Peter Ruscoe, Mason Stevenson, Scott Masters, Denise Ladwig, Kirsten Hoyle, Scott Phipps, Marcel Knesl, Nigel Sommerfeld, Jeremy Long, Peter Dobson (Medicare Local) and Jo Bourke (Secretariat).

Apologies: Drs Wayne Herdy and Byron Oram.

Minutes of last meeting: 28 November 2013.

Amendment (Business arising) : It was noted that correct name was Peter Dobson not Peter Ruscoe.

The Minutes were accepted.

Moved: Di Minuskin. Seconded: Peter Ruscoe.

Business arising from Minutes: Nil

President's Report: Dr Di Minuskin.

- Di reported on a very successful meeting with Mr Oli Steele, CEO, SCUHP. Discussion took place re positive and negative feedback over the first few months of operation, in particular – parking problems, physician cover post-op, RMO cover, selection of patients admitted and where selection is being made. Oli is keen to hear concerns and urged members to contact him directly. Next meeting to take place in May.
- On 17 February 2014 AHPRA published its Revised Advertising Guidelines in particular: *"The use of reviews in advertising of regulated health services is acceptable only when they comment on non-clinical issues, regardless of whether the review is positive, negative or neutral. Reviews must not contain statements about the quality of clinical care received from the regulated health practitioner, business and/or service."* Full review is available on the AHPRA website: www.ahpra.gov.au
- Di has attended the first meeting of the GPLO FAC (Functional Advisory Committee) with Peter Dobson as Chair. Di will attend the quarterly meetings as the GP representative.

Vice President's Report: Dr Rob Ingham. Nil due to time constraints.

Secretary's Report: Dr Wayne Herdy – Apology.

Correspondence In:

(all correspondence was circulated to committee members prior to meeting)

- DOH – Shane Porter, Medical Benefits – re Medibank Private's contractual agreement
- Dr Christian Rowan, AMAQ President re Proposed \$6 GP payment
- Michael Stewart, Lexus – draft proposal with SCLMA
- Dr Roger Morris – emails re concerns with SCUHP patient care
- Oliver Steele, CEO – emails in response to above concerns

Correspondence Out:

- Di Minuskin (via emails) – Roger Morris re concerns SCUHP
- Di Minuskin (via emails) – Oliver Steele re concerns SCUHP

Business arising from Correspondence:

- Medibank Private's contractual agreements – discussion re this – it was decided to keep up to date with this;
- Dr Christian Rowan – the assurance that the AMA will continue to represent the interests of GPs and patients as the health policy debate continues to unfold in 2014 was duly noted
- Michael Stewart, Lexus. It was noted that the offers proposed for SCLMA members are very similar to those available to AMAQ members.
- The committee agreed to the proposal in principle with Jo Bourke to follow up re paid advertising and possible sponsorship/golf day organisation for the SCLMA Christmas in July function at Pelican Waters
- Emails Roger Morris/Di Minuskin/Oli Steele – Di appealed to members to inform her of any ongoing issues with the SCUHP. Mason urged that Kevin Hegarty be kept informed of such issues and information.

Treasurer's Report : Dr Peter Ruscoe.

(a) Accounts to be paid:

- Australia Post – Account January 2014
- Office National – Account January 2014
- Jo Bourke – Secretariat January 2014
- Snap Printing – Feb Invites, Renewals & Surveys (mail merge)
- Snap Printing - February 2014 newsletter
- Jo Bourke – February 2014 newsletter
- Advisernet Insurance – Directors and Officers
- ATO – BAS Oct-Dec 2013
- C Hawkins – Assistant Secretariat (January – February 2014)

The Treasurer, Peter moved that the accounts as tabled be approved for payment. Seconded: Jeremy Long. Carried.

(b) Membership Report. (Eleven new members)

- Dr Stuart Collins, Urology
- Dr Michael Tan, General Practice
- Dr Priscilla Martin, General Surgery
- Dr Mara Clarson, General Surgery
- Dr Vanessa Nuske, General Practice
- Dr James Tunggal, Orthopaedics
- Dr David Wright, Anaesthesia
- Dr Kim Latendresse, Orthopaedic Surgery
- Dr Hans Lombard, Orthopaedic Surgery
- Dr Geoff Byrne, General Practice (re-join)
- Dr Sandra Peters, General Practice.

**SCLMA MANAGEMENT COMMITTEE MEETING
THURSDAY 27 FEBRUARY 2014
Maroochydore Surf Club Function Room
MINUTES /cont:**

The membership applications were accepted.
Moved: Peter Ruscoe. Seconded: Scott Phipps. Carried.

AMAQ Councillor's Report: *Dr Wayne Herdy – Apology.*

Meetings Convenor Report: *Dr Scott Masters*

- A survey re preferred venue for monthly meetings was sent with renewals. To date 82 surveys have been collated with preference: Ebb – 71; Maroochy Surf Club – 50; Yacht Club – 45; Brightwater Hotel – 38 (mainly due to members not aware of this venue). It was noted that selection of venue is often dependent on budget of sponsor. It is necessary to have good Audio Visual in the venue.
- The March meeting will be held at Ebb Waterfront and Dining Restaurant
- Suggestions for monthly meeting topics to date have been noted and will be incorporated whenever possible. It was suggested that Mr Oli Steele, CEO SCUPH, be invited to speak at a future meeting.
- A reminder that Christmas in July 2014 will be at Pelican Waters Golf Resort and Spa on Saturday 19 July.

Focus Health Network Report: *Dr Scott Phipps – No report at this time.*

Medicare Local Report: *Dr Peter Dobson.*

- Peter reported that the current CEO, Mr Ian Landreth will not be re-appointed for another term, with a new CEO to be sourced via an agency. Peter paid tribute to Ian who has been with SCML since its creation in July 2012. Ian brought a wealth of experience to the SCML, having spent 11 years as CEO of the Sunshine Coast Division of General Practice.

Hospital Liaison Report: *Dr Jeremy Long.*

- Discussion re Contracts laid down by the Government. Jeremy reported there is a lot of angst among clinicians. The Government has completed the consultation process and has delivered the ultimatum to sign by 30 April. Dr Michael Bint is involved in the local 'Pineapple Group'. Jeremy reported that CEO Kevin Hegarty has set up a Medical Contracts Advisory Council to discuss contractual issues.

General Business:

- Qld Govt document re Nursing Optimisation. (not discussed due to time constraints)

Meeting Close: 1910

Next Meeting:

6pm Thursday 27 March 2014,

Ebb Waterfront Restaurant.

Jo Bourke

(filling in for Dr Wayne Herdy, Honorary Secretary).

CLASSIFIEDS

SEEKING PT VR GP

- Small busy family medical practice is seeking a PT VR GP to work with our team.
- Our practice is fully computerised with MD & Pracsoft software.
- Nursing staff to provide assistance, with a highly competent administration backup.

Contact John mobile 0414 539 977

April 2014

CONSULTING ROOM FOR LEASE IN SURGICAL PRACTICE AT SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL

- Sunshine Coast General Surgeons have recently completed their new practice fit-out on the ground floor of the Sunshine Coast University Private Hospital.
- Consult room 3 (of 3) is available for immediate lease. It has been tastefully designed and fitted out in line with the rest of the rooms.
- Electricity, cleaning and private car parking space is included in the lease. Provide your own or use our existing Internet, phone and secretarial services.
- Lease available on a sessional, short or long term basis.

Enquiries: Craig Richmond Ph 0414 472 774

April 2014

FOR SALE. MEDICAL PROFESSIONAL AND RESIDENTIAL INVESTMENT PROPERTY IN SEA-FRONT HIGH-RISE BUILDING AT ALEXANDRA HEADLAND.

- An unusual combination on TWO floors but ONE title. Could be just what someone is looking for - to use or for investment, or both.
- ON THE GROUND FLOOR: Professional office space (zoned medical) comprising two consulting rooms, waiting room, kitchenette and toilet. All air conditioned. Off street parking.
- ON THE FIRST FLOOR, immediately above but with its own entrance, a large single bedroomed luxury apartment, recently fully renovated with fully detailed kitchen and bathroom. Air conditioned. Lets for \$325.00 per week.
- Both units have access to swimming pool and deck overlooking Alexandra Headland Beach. Although quite separate, they are on the same title and therefore share all outgoings - eg rates and body corporate charges.

Listed for sale with Ray White Commercial, Maroochydore (Christine Freney, 0417 757 645).

Further info if you wish from owner Dr (retd) Peter Lee,
Ph: 5444 5933 or 0404 932 900.

April 2014

Farmers Birth Control

There were these three girls who were getting married and they all met at the marriage counsellors office to discuss the options of having or not having a baby right away.

They were two city girls and one farm girl. The counsellor asked them if they planned on having a baby right away or were going to wait awhile.

They all said that they had discussed this with their potential husbands and had all agreed to wait awhile. Well, the counsellor asked the first girl what type of birth control she planned to use. Her answer was, The rhythm method. That will work, said the counsellor, but only if you keep a good record.

He asked the second girl what system she planned on using. I plan on using birth control pills she said. Again he said, Yes that will work as long as you don't forget to take them.

He then asked the farm girl what system she was planning on using. Her answer was, The bucket and saucer method. After a short delay, he told her that should also work. He asked them all to come back in one year on a specific date for a follow up on how things were going.

They all met again one year later and the two city girls were pregnant.

Only the farm girl was still slim and trim. Well, the counsellor asked the first girl what method she used and what went wrong. She replied, I used the rhythm method but somehow got my notes mixed up and, well here I am, going to have a baby.'

He asked the second city girl what method she used and she replied, The birth control pill. But we were camping one weekend and I didn't have my pills with me and as you can see, I too am going to have a baby.

He turns to the farm girl. I vaguely remember you were going to use the bucket and saucer method. Now I must admit that I don't have a clue what the bucket and saucer method is. Will you explain it to me as I see it has worked well for you.

She replied, Well, we always make love standing up, and since I am quite a bit taller than my husband, he stands on a bucket turned upside down.

Now as we are making love, I watch his eyes, and when his eyes get as big as saucers

I kick the bucket out from under him.

Student who obtained 0% for an exam (should have got 100% for his wit)

1. In which battle did Napoleon die? * his last battle
2. Where was the Declaration of Independence signed? * at the bottom of the page
3. River Ravi flows in which state? * liquid
4. What is the main reason for divorce? * marriage
5. What is the main reason for failure? * exams
6. What can you never eat for breakfast? * Lunch & dinner
7. What looks like half an apple? * The other half
8. If you throw a red stone into the blue sea what it will become? * It will simply become wet
9. How can a man go eight days without sleeping ? * No problem, he sleeps at night.
10. How can you lift an elephant with one hand? * You will never find an elephant that has only one hand..
11. If you had three apples and four oranges in one hand and four apples and three oranges in other hand, what would you have ? * Very large hands
12. If it took eight men ten hours to build a wall, how long would it take four men to build it? * No time at all, the wall is already built.
13. How can u drop a raw egg onto a concrete floor without cracking it? *Any way you want, concrete floors are very hard to crack.

REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website:

www.rdma.org.au or email: RDMAnews@gmail.com

ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

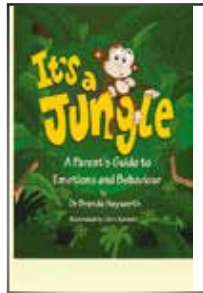
Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

CLASSIFIEDS

If you are LOOKING FOR A BOOK about CHILDREN'S BEHAVIOUR that:

- is easy for parents to read
- helps children develop better self-control
- has practical strategies
- helps parents feel better about themselves
- creates an opening for DOCTORS to talk with PARENTS about their own emotional health



"It's a Jungle: A Parent's Guide to Emotions and Behaviour" is written by local Child and Family Psychiatrist, Dr Brenda Heyworth, and is available for \$29.95 plus P&H from the website www.itsajungle.com

February 2014

DR KARL SCHULZE - CHANGE OF ADDRESS

- Sunshine Vascular Imaging has moved from Caloundra Private Hospital to 13 Fourth Ave, Caloundra (Dr Alana Harris' rooms).
- Sunshine Vascular Imaging performs all venous and arterial ultrasounds using the latest ultrasound technology and specialist vascular sonographers. All ultrasounds are bulk billed. **Ph: 07 5453 4300**

Website: www.sunshinevascular.com.au

February 2014

DR GLENN SPROLES, VASCULAR SURGEON CHANGE OF ADDRESS FROM FEBRUARY 2014

- Consulting rooms at Medisuites, QDI, 5 Innovation Parkway Birtinya have relocated to Lake Kawana Specialist Centre, Ground Floor, 5 Innovation Parkway, Birtinya Qld 4575

All appointments: Ph: 07 3832 4636

February 2014

DR PETER PATRIKIOS CHANGE OF ADDRESS FROM FEBRUARY 2014

- Dr Peter Patrikios, Neurologist, has moved to 27 Second Ave, Maroochydore. (No longer at Birtinya). He is on Medical Objects.

Ph 5479 2110 Fax 5479 2162.

February 2014

GP MAROOCHYDORE, SUNSHINE COAST

- Busy Family Practice is seeking a female PT/FT VR GP to work with us. Our Practice is modern and fully computerised with Medical Director and Pracsoft software, nursing support and a very harmonious and great administrative and GP team to work with.

Please contact Practice Manager:
pm.wrnc@yahoo.com.au or 0409447096

February 2014

COOLUM BEACH QLD- PARTNER OR BUYER

- Doctor wishing to retire now - looking for working partner or buyer of business. Will stay on if required for 1 or 2 days work per week.
- Currently Locum doing 2 days per week as well on a long term basis.
- Located in business centre, all systems in place, third generation of patients.
- No after hours or week end work

Please contact Sharon Ph: 0408341150

Email: sharon.coolum@gmail.com

March 2014

ROOM AVAILABLE

- Professional office situated on Gympie Terrace at Noosaville.
- Plenty of off-street parking. Suit Psychiatrist, Psychologist or Mental Health Professional.
- Available on a casual, part-time or full-time basis. Rates negotiable.

Contact Barney: 0412 037 926

or Catherine 0437 766 229.

March 2014

LANDSBOROUGH MEDICAL CENTRE PRACTICE MANAGER REQUIRED

- Landsborough and Mooloolah Medical Centre require a Practice Manager to manage this long established accredited medical practice which consists of thirteen general practitioners, three practice nurses and twelve administrative staff across two sites.
- As Practice Manager you will be working as a business manager for the Principals. You will be responsible for the day to day operations of the practice fostering a productive team environment amongst practice staff. Your professional business management and excellent leadership and communication skills will allow all staff to achieve the business vision of delivering high quality patient focused care.

Interested applicants may apply or obtain further information by emailing landmed@internode.on.net

February 2014

**Classifieds remain FREE
for current SCLMA members.**

\$110 for non-members

Ph: 5479 3979. Mobile: 0407 037 112.

Email: jobo@squirrel.com.au

**Classifieds will remain on the list
for three months unless notified.**

SCLMA CLINICAL MEETING - 27 MARCH 2014 - ATTENDANCE 66

Ebb Waterfront Restaurant, Maroochydore

Dr Ian Baxter, Surgeon - 'Laparoscopic Obesity on the Sunshine Coast -

What, Who, Why and How are we doing?

Sponsor: Shane Harvey, Covidien



SCLMA President Dr Di Minuskin, Presenter Dr Ian Baxter with Dr Rob Ingham, Vice President.



Presenter Dr Ian Baxter with Shane Harvey from Covidien



Despite the torrential rain, an excellent response to the March 27 meeting at Ebb Restaurant



Recent new SCLMA members Dr Mara Clarson and Dr James Askew

Photos from Di Minuskin in Rumania
These two ladies were amazed that Di had travelled
all the way from Austraiia to visit their village!

