

NEWSLETTER

April 2022

SCLMA President's Message Dr Roger Faint



Since my last President Report in March 2022, I have been impressed by Dr Luke Burman. SCUH DEM Medical Director. contacting by telephone (before my newsletter report was published) regarding a patient with disappointing clinical care follow up, including

inadequate communication back to their GP. The transparency regarding the internal review of this case was obvious and very appreciated. Nicely done and thank you.

If anyone has concerns regarding patient care in DEM, he is happy to be contacted directly or patient details can be emailed to the GP Liaison Officer email address: SCHHS-GPLO@health.qld. gov.au.

By coincidence I spoke to Dr Marlene Pearce, the newly appointed Executive Director Medical Services (EDMS) regarding a variety of medical issues (including the above) and she was most impressive. I look forward to hearing her speak at the Sunshine Coast Health Report on the 28/7/22.

The SCLMA is improving its IT, web page design and payment system currently. These changes will make it easier to pay membership fees, to give donations and will take a significant work load off our secretariat Jo Bourke. I am now personally beginning to see the benefits of payment systems such as 'Square' and accounting systems such as 'Xero'. It is a pity their share prices have already sky rocketed!

Social norms, and medical care is returning to near normal (with significant caveats) and General Practice is slowly returning to its core emphasis of primary care. We can thank high vaccination rates, social distancing (and 'masks' dare I say it) and now oral antivirals which are indicated for mild to moderate COVID disease in patients who have immunosuppression (very brief summary).

My practice is now having combined COVID/ Influenza clinics in an attempt to reduce further delays on primary care provision, provide adequate appointment availability with patients being more contented. It seems there is still some generalised population anxiety which seems to be settling as normality resumes. It it wasn't for that fellow 'Putin'!

Please support the AMAQ and their opposition to the North QLD Pharmacy Trial (#StopNQPharmacyTrial). The business owning representative group, 'The Pharmacy Guild of Australia', donates almost \$300 000 to political parties each year and are politically well connected as a result. Please write to your local member and voice your concerns. Regards,

Roger

Dr Roger Faint President SCLMA.

The SCLMA thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter





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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor''*.

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MAY 2022 NEWSLETTER Deadline FRIDAY 20th MAY 2022

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: Mobile: 0407 037 112 Email: admin@sclma.com.au

Fax: 5479 3995

We welcome new content - case studies, local

news and photos.

If you are a new member, please send in a short

bio and a photo to introduce yourself.

NOTE: We are planning to change to digital only newsletter distribution over the next month.

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 0407 037 112 Email: admin@sclma.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website. www.sclma.com.au



HIGHLIGHTS in this issue:

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Please 'like', 'share' and 'follow' our Facebook page: sunshinecoast local medical association.

ALL COVID-19 UPDATES
ARE UPLOADED AS RECEIVED.

Website: www.sclma.com.au

SCLMA MEMBERSHIP

Welcome New Member!
(Accepted April 2022 meeting)

Dr. Hans Van dar Wall (Nuclea

Dr Hans Van der Wall (Nuclear Medicine Physician)

Are you listed on our Members' Directory?

Do your details need to be updated?

http://www.sclma.com.au/members/ Contact: Jo - admin@sclma.com.au

Ph: 0407 037 112

Please pass this newsletter to someone who might like to become a member!

Application Form - Page 33



The revamp of the SCLMA website has started!!
Already you can pay your renewal or membership application with one click!

WATCH THIS SPACE!

2022 CLINICAL MEETING SCHEDULE

THURSDAY 26 MAY 2022
VENUE - MAROOCHYDORE
SURF CLUB FUNCTION ROOM
Speaker: A/Prof Michael d'Emden
Director of Department of Endocrinology

Director of Department of Endocrinology and Diabetes at the Royal Brisbane and

Women's Hospital.

Topic: Diabetes, Cardiovascular Disease

and GLP-1 Therapy Sponsor: Eli Lily

THURSDAY 30 JUNE 2022 VENUE - MAROOCHYDORE SURF CLUB FUNCTION ROOM

AVAILABLE

THURSDAY 28 JULY 2022 VENUE - MAROOCHYDORE SURF CLUB FUNCTION ROOM

- SUNSHINE COAST HEALTH REPORT
- (Last year 100 attendees)

THURSDAY 25 AUGUST 2022 VENUE - MAROOCHYDORE SURF CLUB FUNCTION ROOM

AVAILABLE

THURSDAY 29 SEPTEMBER 2022 VENUE - MAROOCHYDORE SURF CLUB FUNCTION ROOM

AVAILABLE

THURSDAY 27 OCTOBER 2022 VENUE - MAROOCHYDORE SURF CLUB FUNCTION ROOM

AVAILABLE

THURSDAY 24 NOVEMBER 2022 VENUE - MAROOCHYDORE SURF CLUB FUNCTION ROOM

AVAILABLE

We are seeking interest for available dates listed above.

Corporate sponsorship welcome! Speakers and topics need to be approved by SCLMA Meetings Convenor.

Presentation time for speakers is 20 minutes plus Q&A

Queries: Jo Ph: 0407 037 112 Email: admin@sclma.com.au

HEALTH SERVICE LINK - APRIL 2022

Dear SCLMA Colleagues,

The cool autumn change has arrived, and we are about to kick off our 2022 staff influenza campaign. In tandem, we are encouraging residents to prepare for an unpredictable flu season.

Our public health physician Dr Rod McClure has advised that while we generally see increased influenza circulation from June, this year may be different given the co-circulation of the COVID-19 virus, the return of international travel and waning immunity from recent years of very little influenza circulation.

As you know, the best protection against influenza for people aged six months and older is well-timed vaccination and ideally, influenza vaccination should occur before the start of each influenza season.

This year, it's important our community is up to date with both their COVID-19 and Influenza vaccinations. Thanks for playing your part in encouraging vaccination in the community we care for.

'It's Everyone's Call to Prevent a Fall'

As you would be aware, falls are a major health issue in our community, with around 1 in 3 adults aged over 65 years experiencing at least one fall per year. In Queensland, 36 older people are admitted to hospital due to falls every single day, yet many falls can be prevented.

As part of Queensland Health's *April No Falls* campaign, we are promoting our comprehensive falls prevention strategy, developed by our Falls Nurse Navigator.

Falls are one of the most avoidable causes of injury-related hospitalisations, contribute to increased use of residential aged care and account for 40 per cent of injury-related deaths.

Everyone can join the call to prevent and minimise harm from falls. Remember, falls are not an inevitable part of ageing and there are a number of positive steps people can take to remain active, independent and on their feet. Information for patients can be found on the – <u>Help yourself to prevent falling factsheet</u>.

Griffith University Environmental Sustainability research project

In 2021 the our Environmental Sustainability Committee developed a <u>strategy</u> to show our commitment to protect the environment in which we live work and play. This strategy empowers every employee and visitor to our workplaces to engage in practices that safeguard our community and planet. We also joined the Global Green and Healthy Hospitals network to pledge to reduce our environmental footprint, <u>strengthen</u> our resilience; and lead the way to a low carbon future.

This month we have partnered with Griffith University in an environmentally sustainable and climate-resilient healthcare research project. 2021/794| TCPH HREC 2021/79649 – we will keep you updated on the project results.



SCHHS Medical Profile – Director of Vascular Surgery Dr Pankaj Jha MBBS, MS, MRCSEd, MSc, FRCSEd, FRACS (Vascular)

As head of Vascular Surgery, Dr Jha is passionate about collaborative care between clinicians and patients. "Vascular surgery is a very innovative speciality, new devices are coming, and this technology allows surgeons to go deeper into the body, with minimal invasiveness for the patient," he said.

HEALTH SERVICE LINK - APRIL 2022

"I always treat a patient as if they are one of my family members. I'm proud of my team and the collaborative patient care we provide, everyone in the team really shines. "The team operate all over the body, so if there is a problem with blood vessels anywhere other than the heart and brain we can treat them."

"No two patients are the same," Dr Jha said, "most patients are slow and steady, but if an emergency does occur his team is able to act fast to respond."

'The main challenge the team is presented with each day is preventative health management primarily due to diabetes and smoking, and the impacts this has on the body, and especially the heart.

"A lot of time is spent with patients educating them about the impacts of good health and lifestyle choices, and more exercise, and reducing bad habits such as diet, excess alcohol, stress, and smoking.

"The next five years in vascular health worldwide will see technology improvements especially lower into legs, offering treatments to older more frail patients.

"Previously, many patients over 75 years would have been told they couldn't have certain surgeries because it was too taxing for them, and they would have been managed conservatively, with a 'wait and see what happens' approach.

"That sort of drive and demand from the patients is propelling vascular surgery forward and making what was once not possible, possible for all.

'I am very proud to be part of the Sunshine Coast Health team," Jha said.

Kind regards.

Dr Marlene Pearce

Executive Director Medical Services



Dr

An innovative approach to hip and knee replacement

Dr. Daevyd Rodda is a highly experienced and innovative hip and knee replacement surgeon based on the Sunshine Coast. He leads a specialised, multi-disciplinary team and regularly trains Australian and International surgeons in advanced techniques including:

- · Anterior, minimally invasive total hip replacement
- Patient specific and Robotic knee replacement
- Complex revision hip and knee replacement

Telehealth appointments available for regional patients.





Dr Daevyd Rodda Orthopaedic Surgeon





Pain Management

MSK & Interventional Procedure Specialists

- Pain Consultations
- Radiofrequency Ablation
- CT Facet Joint injections
- CT Nerve Root Injections
- CT Joint Injections
- CT Epidural Injections
- CT Medial Branch Block
- Ultrasound Injections
- PRP (Platelet Rich Plasma) Therapy
- Image Guided Foreign Body Removal
- FNA & Biopsy

CONTACT US

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e info@theradiologyclinic.com.au www.theradiologyclinic.com.au

31 Plaza Pde Maroochydore Q 4558 www.theradiologyclinic.com.a Dr Jonathan Langton
Dr Mat Bateman
Dr Lance Lawler





GPSI (GP with special interest) opportunities

We are currently looking for GPs to work in Outpatients: Persistent Pain; General Surgery (colorectal cancer follow-up) and Orthopaedics (Fracture).

Opportunities will be available in other specialties in coming months. Please contact SCHHS GP Liaison Unit for more information or to express interest in the GPSI (GP with special interest) roles.

Changes to SCHHS patient appointment letters

The SCHHS is updating the outpatient referral acceptance letters that are sent to patients, to provide improved transparency of wait times and enable informed decision-making for their healthcare choices. The letters will reference the publicly available QH Performance website, so that patients can see the historic wait times for each specialty by category.

This information is readily available to the GP community through the Smart Referrals application (after a specialty has been selected within the referral template). GPs are encouraged to discuss this information with their patients when making referrals to the public system, so that patients are better equipped to make informed decisions.

Waiting times can also be accessed online via Hospital Performance (health.qld.gov.au) (click on the tab 'Seen').

Limited MRI availability in ED

Please note there is limited availability for MRI investigations in SCHHS emergency departments. MRIs are only accessible through ED in life threatening situations. If you have concerns that your patient requires an emergent MRI through the public system, please discuss this with the specialty consultant or registrar first, prior to referral to ED.

New SCHHS Model of Care – Advice Pathway

The SCHHS has commenced a new initiative for some clinical Specialties to improve our service to referring GPs – called the **Advice Pathway**.

This pathway provides clinician written treatment advice directly to the referring GP. The advice takes the form of a suggested treatment plan, tailored specifically to the patient, based on the referral information provided. The patient referral may be accepted by the SCHHS and waitlisted or may not be accepted, dependent on the requirement for specialist treatment. The clinician advice is transmitted electronically to the referring GP.

The specialties that have commenced this pathway include: Cardiology, COVID-19, Dermatology, Diabetes, Ear Nose and Throat, Endocrinology, Endoscopy, Gastroenterology, Geriatrics, Gynaecology, Hepatology, Immunology, Infectious Disease, Rehabilitation, Respiratory, Rheumatology, Urology, and Vascular. There are plans for further specialties to commence in the coming weeks and months. If you have questions about this initiative, please contact the SCHHS GP Liaison Unit.

The GP Liaison Unit wants to hear from you!

Send us an email or give us a call: SCHHS-GPLO@health.qld.gov.au; Phone: (07) 5202 3822









Our dietitians are here to help your patients with heart healthy nutrition.

At EONLife Wellness your patients can work one-on-one with our dietitians to help provide them with individualised nutrition support to improve their health via nutrition coaching, tailored meal plans and nutrition education.

Tess Keightley

Tess is an Accredited Practising Dietitian (APD) and Nutritionist. She helps manage chronic diseases and health concerns with nutritional interventions to improve health outcomes.

Tess believes there is space for all foods in our diets and has a very balanced approach to nutrition. She works with patients to create realistic and sustainable goals that are best suited to their treatment plan and lifestyle. There is no one-size-fits-all approach to nutrition and Tess will work with your patients to create a nutrition plan that is suited to their individual needs.





Megan Rowley

Megan is an Accredited Practicing Dietitian (APD) and Nutritionist who studied at the University of the Sunshine Coast. A family history of cardiovascular disease has led Megan to seek experience with Dietitians in the cardiac rehabilitation space during her studies. This further fueled her passion for empowering people with evidenced-based nutrition education, skills and interventions to improve their health outcomes.

Megan supports patients to create balanced and realistic nutrition goals. She helps them to create individualised nutrition interventions that support and manage their health concerns and treatment, while fitting in with their lifestyle.

To find out more or to refer a patient, call EONLife Wellness on 07 5414 1190

EONLife Wellness is a sister company of Heart HQ. Visit www.hearthq.com.au for more details.



J 07 5414 1190



□ admin@eonlifewellness.com.au

Free mental health coaching program to help manage everyday challenges



An Australian Government Initiative

Community members experiencing mild depression and/or anxiety symptoms have access to a free, confidential support service, delivered across the Central Queensland, Wide Bay and Sunshine Coast region.

NewAccess is an evidence-based model of care designed by Beyond Blue, funded by Central Queensland, Wide Bay, Sunshine Coast PHN and delivered by Richmond Fellowship Queensland. The NewAccess program forms part of the low intensity service stream (Stream 1) of the mental health stepped care model. Mental health stepped care offers a flexible hierarchy of tailored interventions matched to an individual's needs.

Stepped care is about ensuring that people can access the most appropriate services at any given time – including the ability to step up and down to different levels of care as their needs vary.

Amanda Westaway, Coordinator Mental Health, Alcohol and Other Drugs from Central Queensland, Wide Bay, Sunshine Coast PHN said, "The program aims to support people who may be feeling down or overwhelmed and are seeking assistance to manage the stressors of daily life."

"Participants are guided in the use of evidence-based cognitive behavioural therapy and practical tools to overcome everyday challenges. Participants do not need to visit their doctor first – they can go directly to NewAccess", she said.

Coaches support their clients to set practical goals and provide guidance using tools and materials that will help them learn how to identify and change unhelpful patterns of thinking and behaviour.

Following initial assessment, the program is conducted over five weekly sessions, and concludes with a final follow up session. Sessions are offered via phone, video conferencing or face to face in some circumstances depending on the preference of the individual and the region in which they live.



Feedback from program participants has indicated that the program is very beneficial, providing the tools needed to think differently and achieve a better state of mind, with the support of a qualified mental health coach.

Positive achieved results have been since implementation of the program across the Sunshine Coast, Central Queensland and Wide Bay region, following expansion from the initial pilot site of Fraser Coast. Recent results indicate a recovery rate of 61% - the first time the target of 60% has been exceeded, aligned with the national average of between 60% and 70%. These high recovery rates have been steadily increasing since program delivery commenced; a trend that is anticipated to continue as the service firmly establishes itself and its operations in the community.

A doctor's referral is not required to access the program, however, to be eligible individuals must be aged 16 years or older, reside in the Sunshine Coast, Central Queensland or Wide Bay region, be experiencing mild depression or anxiety symptoms and not currently engaged in other psychological therapy. Clients can self-refer via the <u>Beyond Blue website</u> or by calling 1300 159 795.

Further information on the NewAccess program is available on the Central Queensland, Wide Bay, Sunshine Coast PHN website: https://www.ourphn.org.au/mental-health/stepped-care/





The Sunshine Coast's only integrated Cancer Centre

Our facility is home to:

- Highly experienced team of Medical Oncologists & Clinical Haematologists
- Day infusion unit providing the latest & cutting edge treatments (including chemotherapy, immunotherapy, targeted therapy, iron infusions & venesections)
- GenesisCare Radiation Oncology
- Cold cap therapy to prevent/ minimise hair loss caused by certain chemotherapy treatments
- Allied Health including Clinical Psychology, Exercise Physiology, Dietetics & Oncology Massage Therapy
- McGrath Breast Care Nurse
- Clinical Trials



Our Team:



Dr Hong Shue Medical Oncologist MBBS (Monash), FRACP



Dr Brenton SeidlMedical Oncologist
MBBS, BSc, FRACP



Dr Sorab Shavaksha Clinical Haematologist MBChB (Leeds), FRACP, FRCPA (2013)



Dr Joshua Richmond Clinical Haematologist MBBS(Hons), FRACGP, FRACP, FRCPA



Dr Alice Livings
Clinical Haematologist
BSc(Hons), MBBS(Hons),
FRACP, FRCPA



Dr Manjunath Narayana Clinical Haematologist MBBS, FRACP, FRCPA



Samantha Clutton Clinical Psychologist MPsychClin, FCCLP



Sarah Bloomfield Dietitian & Nutritionist APD, APN



Jesse Goldfinch Exercise Physiologist BClinExSc, ESSAM, AEP



Tania Shaw Massage Therapist DipRM, CLT, OMT



GP/Specialist Priority Line: **07 3054 0758**

10 King Street, Buderim QLD 4556 | **P:** 07 5479 0000 | **F:** 07 5479 5050 | **schoc.com.au**



Clinical TRIALS



Oncology and Haematology Trials on the Sunshine Coast

The Sunshine Coast Haematology & Oncology Clinic (SCHOC) offers a number of clinical trials to residents of the Sunshine Coast and surrounding areas, in partnership with the University of the Sunshine Coast (USC). SCHOC and USC are involved in a number of clinical trials to treat a range of conditions, including:

- Cold agglutinin disease
- Multiple myeloma
- AML
- Myelofibrosis
- Advanced squamous cell carcinoma (SCC) of the skin
- Melanoma
- Ovarian cancer
- · Breast cancer
- Lymphoedema

Clinical trials provide access to new drugs or treatment pathways that would be otherwise unavailable. All costs are covered for eligible patients, regardless of whether they have private health insurance or not. If you would like more information contact the USC Clinical Trials Team on 07 5456 3797.

usc.edu.au/trials



Sunshine Coast Level 1/9 Ochre Way Sippy Downs QLD 4556 (07) 5456 3797



Moreton Bay Level 1/19-31 Dickson Road Morayfield QLD 4506 (07) 5456 3965



Brisbane
Building A2, SW1 Complex
52 Merivale Street
South Brisbane QLD 4101
07 5409 8630



Sunshine Coast Haematology & Oncology Clinic10 King Street
Buderim QLD 4556
(07) 5479 0000



Our CT Services

CT Calcium Score

Occupational CT

CT Dental Scan

CT guided Pain Management **Procedures**

Respiratory CT

CT Oncology

CT Vascular

CT Cardiac



Our Expert Radiologists



Dr Tony Bretherton



Dr Siavash Es'haghi MB ChB, FRANZCR, EMBA





Dr Noel Marginson



Dr Mark Sinnamon MBBS, FRANZCR, FAANMS



Dr James Challen



Dr John Evans MBBS, B Med Sci (Hons), FRANZCR Nuc Med Specialist



Dr Paul Reidy MBBS, BAppS0 (MedImaging), RANZCR



Dr Pradeep Sonwalkar



Dr Anthony Chan



Dr Denise Ladwig



Dr Amit Sidana MBBS (Hons), FRANZCR



Dr Angus Thomas BSc, MBBS, FRANZCR



Dr Jacqui Dalton



Dr Rodney Larsen



Dr Nigel Sommerfeld



**** 1300 697 226



scradiology.com.au

MAROOCHYDORE WARANA

BUDERIM NAMBOUR **SELANGOR PRIVATE SCUPH**



BUDERIM PRIVATE HOSPITAL

KAREN CLARK
GENERAL MANAGER

APRIL 2022

COVID-19 update

A huge thank you to our staff and doctors for their resilience and continuing to care for those we serve in such challenging times.

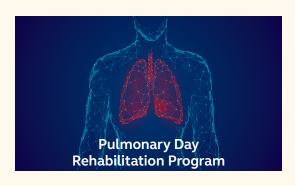
There was the briefest of lulls in the Omicron wave, but community spread has escalated again. While the rate of hospitalisation with COVID-19 is lower, there are serious complications possible for all age groups from an infection. I am extremely proud of our team and how they have responded to the challenges posed by the transmission of COVID-19 in the community, and how they have remained committed to wearing PPE and ensuring the continued safety of all who enter our hospital.



Introducing the Cooinda Psychology Clinic

I am pleased to inform you that we recently launched a new Psychology Clinic to complement the services offered by our Cooinda Mental Health Service. Called the Cooinda Psychology Clinic, the service will help ensure continuity of care of our patients post-discharge, and further ensure our patients are able to access the full package of multi-disciplinary care.

The Cooinda Psychology Clinic will treat children, adolescents and adults presenting with a wide spectrum of psychological disorders including anxiety, depression, bipolar disorder, trauma and PTSD, OCD, addictions, eating disorders, personality disorders, and psychosis. We pride ourselves in providing evidence-based psychological therapies including CBT, DBT, Interpersonal Therapy.



New Pulmonary Day Rehabilitation Program

Our Rehabilitation Service has introduced a new 8-week Pulmonary Day Rehabilitation Program.

The program involves patients come to the hospital once per week to undertake an individualised exercise program and education sessions on topics surrounding disease management, including managing and preventing flareups, diet, exercise, medications, stress management, energy conservation and breathing control

The goals of the program include:

- Improve physical function
- Facilitate return to daily activities
- Improve the ability to manage flareups
- Improve functional strength and cardiovascular fitness
- · Increase self-esteem and confidence
- Improve understanding of diagnosis

Patients can be referred into the program by their GP, and referrals should be addressed to Dr David Eckerman (Rehabilitation Physician) at Buderim Private Hospital. The referral form is available by accessing buderimprivatehospital.com.au/pulmonaryrehab

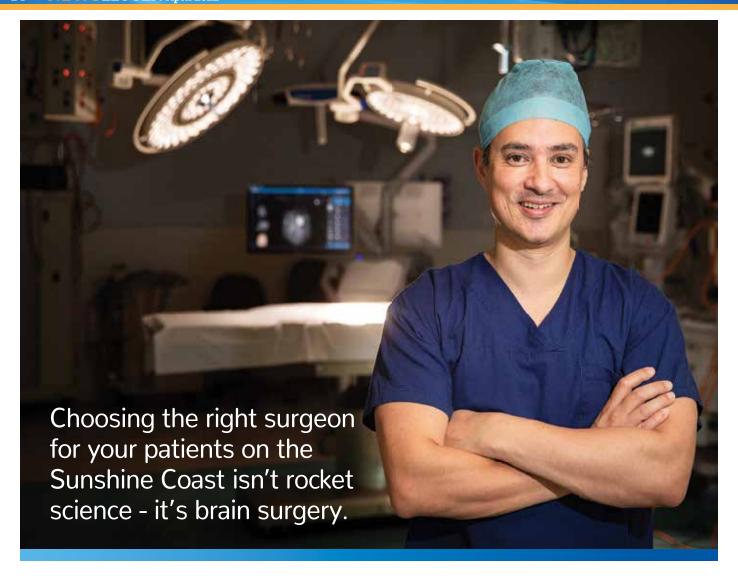
Kind regards, Karen Clark | General Manager

Acute Admissions 5430 3314

buderimprivatehospital.com.au







Sunshine Coast Neurosurgery is the specialist practice of Dr Stephen Byrne, who has worked on the Sunshine Coast since 2017.

Dr Byrne MBChB, MRCSEd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

Sunshine Coast University Private Hospital Suite 17, 3 Doherty Street, Birtinya QLD 4575

- T 07 5437 7256
- E info@scneuro.com.au

List of Services

Sunshine Coast Neurosurgery use their extensive experience to treat many common conditions such as:

- Cervical and lumbar degenerative conditions
- Brain tumours
- Spine tumours
- Pituitary tumours
- Chiari malformations.

Plus they have a specialist interest in minimally invasive brain and spine surgery.



www.scneurosurgery.com.au



MONTHLY UPDATE

By CEO Justin Greenwell

SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL
NAMBOUR SELANGOR PRIVATE HOSPITAL • NOOSA HOSPITAL



Noosa retirements

After more than 20 years with Noosa Hospital, respected general surgeon **Dr Ian Curley** has retired. We estimate Dr Curley has performed well over 30,000 procedures since the hospital opened. What an impact he has had, what a gift he has given to so many. I'd like to recognize lan for the person he is – not just the great surgeon he is – and his genuine care of not only patients and their loved ones but his colleagues.

This won't be the end of his association with Noosa Hospital though, as after a well-earned break, Dr Curley will continue to assist in the operating theatre alongside his general surgery colleagues.

For details of our general surgeons, see noosahospital.com.au/Our-Specialists or see Noosa Hospital's March 2022 Ezifind directory.

A special acknowledgement and thank you to **Dr Mary Basire** who has retired after 17 years as part of the Noosa
Hospital team. Dr Basire joined in 2005 as a FACEM, and
took on the role of Director of Emergency in August 2014.

Always an advocate for the community, our patients and staff, Mary's leadership saw growth in the provision of services to the Noosa community and the development of a culture of strong governance and excellent patient care.

Most recently, Mary did so much to prepare our front line and lead during the pandemic demonstrating dedication, expertise and relationship-building with a focus on protecting the safety and wellbeing of our patients and staff during challenging circumstances.

I have also valued Mary's counsel in her position of Noosa Hospital Medical Advisory Committee Chair, and wish her all the very best for her retirement.

Mental Health support at Ramsay Clinic Caloundra



Ramsay Clinic Caloundra offers acute inpatient services, neurostimulation services and day programs for adults who require support for mood disorders, anxiety disorders, and substance abuse disorder.

GP referrals to 'dear psychiatrist' should be directed to
Intake.CLP.@ramsayhealth.com.au
Intake team phone 07 5492 0277 or
ramsaymentalhealth.com.au/caloundra

Welcoming new specialists In Nambour

Dr Dirk Lourens is an experienced upper limb orthopaedic surgeon offering an onsite clinic and procedures at Nambour Selangor Private Hospital.

At Sunshine Coast University Private Hospital.

Dr Michael Chi Yuon Nam is a consultant cardiologist and electrophysiologist, at SCUPH and also consulting in Gympie.

Dr Paul Leschke, interventional radiologist, has done his first elective procedures at SCUPH, in response to the demand for private cases.

Clinical trials news

Sunshine Coast University Private Hospital clinical trials team is starting new trials, including a phase 1 trial involving locally advanced/metastatic solid tumours and an antibody drug conjugate known as BAT8009.

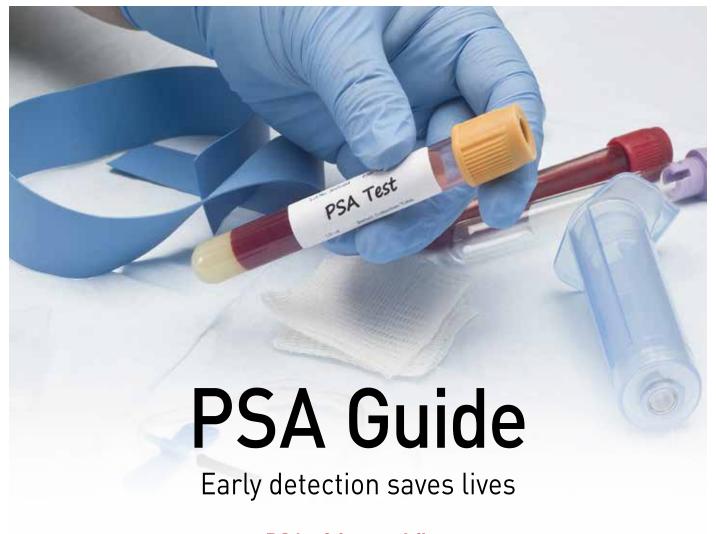


For more information about SCUPH clinical trials, scroll to 'Current trials and how to enrol' at https://www.ramsayhealth.com.au/Ramsay-Research/Clinical-Trial-Network/Locations-and-contacts — or contact the SCUPH Clinical Trials team led by Vishwa Kumar (pictured) via phone 07 5390 6057 or ClinicalTrials.SCU@ramsayhealth.com.au

Justin

T: 07 5390 6101
GreenwellJ@ramsayhealth.com.au





PSA >3 is a red flag

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/total ratio

Refer if:

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule or PSA increases while on Duodart

Refer to:

Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo



Sunshine Coast Urology Clinic

Buderim Prostate Clinic

- A. Suite 2/5 Lyrebird St, Buderim QLD 4556
- P. +61 7 5444 0672 F. +61 7 5444 0997
- E. info@buderimprostateclinic.com.au
- w. buderimprostateclinic.com.au



OUR DIABETIC FOOT ASSESSMENT

We conduct a thorough screening during the initial consultation, so we are able to give you valuable information about your patient's foot health status. This screening also allows us to appropriately educate patients about looking after their feet and overall health.

PODIATRISTS AVAILABLE THROUGHOUT ALL OUR SUNSHINE COAST CLINICS

REFERRALS VIA MEDICAL OBJECTS, FAX OR PHONE. MORE INFORMATION:









OUR DIABETIC FOOT ASSESSMENTS INCLUDE:

A Vascular Study

(We use both a Doppler Study and an Ankle Brachial Index test to give you valuable information about your patient in regard to the risk of Peripheral Vascular Disease)

- Dermatological Observation
- Peripheral Nerve Testing
- Musculoskeletal & Physical Activity Assessment
- Footwear Assessment



Dr. Paul Frank

Pain Medicine Specialist & Anaesthetist, M.B.B.S. FANZCA FFPMANZCA



Pain Medicine Specialist, FFPMANZCA Rehabilitation Physician, FAFRM, MBBS, BMedSc







SAVE THE DATE

20th August 2022

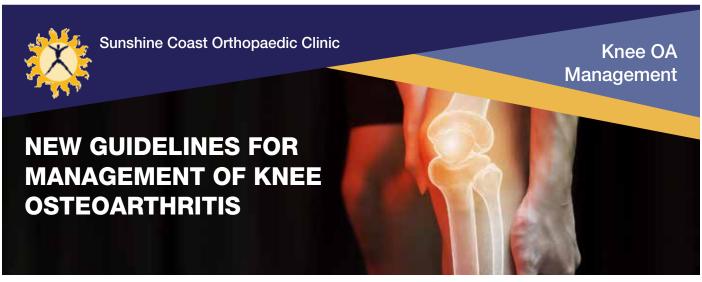
Intended RACGP Category 1 Event

Guest presenters including Pain Specialists, Neurosurgeons, Orthopaedic Specialists, Radiologists Specialist Lawyers

Refreshments - Lunch - Canapes

To secure your seat or for more information email conference@sportsandspinalphysio.com.au





The AAOS (American Academy of Orthopaedic Surgeons) have recently released new guidelines for management of knee osteoarthritis. This is now the third iteration of these evidence based guidelines. This year there is a complete re-write with recommendations being stratified according to the strength of evidence to support or not support the modality into strong, moderate or limited evidence. The following is a summary of these recommendations.

Strong Recommendations in favour of:

- ★★★ Supervised exercise, unsupervised exercise&/or aquatic exercise
- ★★★★ Self-managed programmes
- ★★★★ Patient education
- ★★★★ Oral NSAIDs
- ★★★★ Oral paracetamol
- ★★★★ Topical NSAIDs

Moderate Recommendations in favour of:

- ★★★☆ Canes/Walking stick
- ★★★☆ Unloader braces
- ★★★☆ Neuromuscular training
- ★★★☆ Weight loss (evidence downgraded)
- ★★☆ Intra-articular steroids
- ★★★☆ Arthroscopic partial meniscectomy can be used for meniscal tears in patients with mild to moderate osteoarthritis who have failed physical therapy and other nonsurgical treatments

Limited Recommendations in favour of:

★★☆☆ Oral/dietary supplements may be helpful but evidence is inconsistent/limited and additional research is needed to clarify the efficacy of;

Tumeric

Ginger extract

Glucosamine

Chondroitin

Vitamin D

(evidence downgraded)

- ★★☆☆ Manual therapy in addition to an exercise programme (evidence downgraded)
- ★★☆☆ Massage may be used in addition to usual care (evidence downgraded)
- ★★☆☆ FDA-approved laser treatment may be useful (evidence downgraded)

- ★★☆ Acupuncture may improve pain and function (evidence downgraded)
- ★★☆☆ TENS may be used to improve pain and or function (evidence downgraded)
 - a. Percutaneous Electrical Nerve Stimulation for pain and function
 - b. pulsed electromagnetic field therapy may improve pain (evidence downgraded)
- ★★☆☆ Extracorporeal Shockwave therapy
- ★★☆☆ PRP
- ★★☆☆ Denervation therapy
- ★★☆☆ High Tibial Osteotomy

Strong recommendations against use of:

- ★★★★ Lateral wedge insoles
- ★★★ Oral narcotics including Tramadol

Moderate recommendations against use of:

- ★★★☆ Hyaluronic acid intra-articular injections
- ★★★☆ Arthroscopic lavage and or debridement

Consensus Statements; ★★★

Dry needling and free-floating interpositional devices should not be used

These recommendations can be used in determining management strategies in primary care management of knee osteoarthritis prior to considering knee replacement surgery.

Of particular interest is the new recommendation against any narcotic use, recommendations against hyaluronic injections, and recommends for arthroscopic partial meniscectomy if not responding to non-operative treatment in mild to moderate disease.

Further information can be found on our website at www.sunshineortho.com.au

The original document can be downloaded at https://www.aaos.org/globalassets/quality-and-practice-resources/ osteoarthritis-of-the-knee/oak3cpg.pdf

For appointments contact

Dr Steven Lawrie Suite 17, Kawana Private Hospital 5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994 | f: 07 5493 3897 e: sunshineortho@bigpond.com.au | sunshineortho.com.au

WORK WITH US!! GPs NEEDED NOW for SUNNY STREET!

Sunny Street is currently recruiting for GPs (paid roles) to work in the Sunny Street Centre at Maroochydore. Sunny Street is a national organisation which offers homeless and disadvantaged people the opportunity to have healthcare consultations with compassionate doctors and healthcare workers either in their own environment or at one of the many satellite clinics around Australia. Sunny Street overcomes barriers such as access, financial issues, transport, judgment, anxiety and health literacy issues. For further information on the inception of the organisation and their story- click https://sunnystreet.org

Sunny Street has opened their first medical centre in Maroochydore on the Sunshine Coast. This isn't a "run of the mill" practice. There are unique meeting areas for patients and doctors and a well thought out and aesthetically pleasing interior to manage all the needs of the homeless patients and their special health care professionals and support staff. Think New York / Melbourne street art!

Please email your interest to Practice Manager Ms Nicky Jardine at manager@sunnystreet.org

What do we offer:

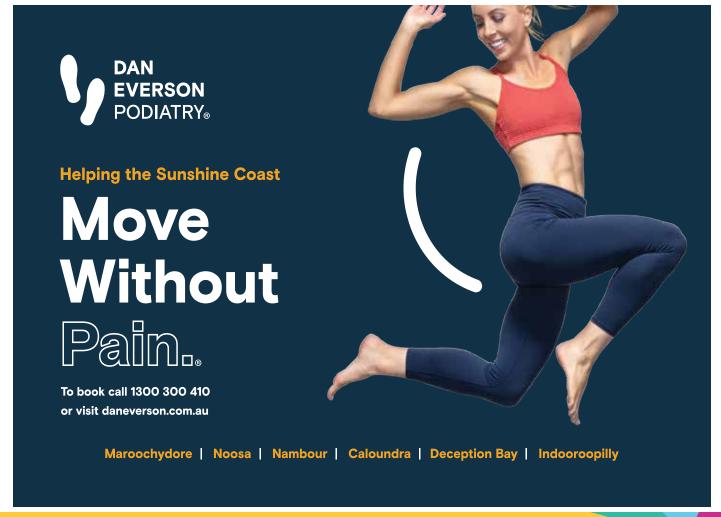
- The opportunity to work with Dr Nova Evans Finalist in the Qld Australian of the year (Local Heroes Awards Category)
- Best Practice software and integrative online portals
- Fantastic support team led by Director of Nursing/Co-Founder Ms Sonia Goodwin
- Award winning management team
- Practice Nurse support
- The opportunity to become an integral part of the Sunshine Coast Community
- New medical centre is located less than 1 kilometre from the beautiful Maroochydore Beach and River and across the road from the main shopping complex on the Sunshine Coast "Sunshine Plaza"
- Great remuneration (Salaried or percentage)
- Case conferences with other like minds general practitioners
- Bulk billing practice

 Existing and growing patient base

What we require:

- Dynamic forward thinking VR GPs
- A passion for looking after those patients who find themselves in difficult and challenging times
- An interest in chronic disease management and mental health







Sunshine Coast Orthopaedic Clinic

The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for twelve years. We have treated many professional and semi-professional athletes as well as the "weekend warriors", including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Falcons, Melbourne Storm and many other local clubs.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques

or an appropriate non-operative treatment programme.

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures, loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such as an MRI scan.

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement, revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.

Dr Lawrie is happy to take phone calls for advice, queries etc as this often helps the referral process.

For appointments contact

Dr Steven Lawrie

Suite 17, Kawana Private Hospital

5 Innovation Parkway, Birtinya QLD 4575 **p:** 07 5493 3994

f: 07 5493 3897

e: sunshineortho@bigpond.com.au www.sunshineortho.com.au

Examples of these injuries include:

A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied with the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.

Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

Traumatic meniscal tears where early repair rather than delayed resection can make a dramatic difference in outcomes

Early ACL surgery in the young active patient/sportsman.



DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

Suite 6 Buderim Private Hospital 12 Elsa Wilson Drive Buderim

Ph: 07 5370 2095 Fx: 07 5301 8120

www.drtimnathan-urology.com.au

Excellence in Prostate Cancer Diagnosis & Managment

Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced Robotic Prostate and Kidney Surgery to Buderim Private Hospital. He has pioneered MRI guided robotic transperineal prostate biopsy for safe and accurate diagnosis.

Specialising in:

- Mona Lisa Robotic Transperineal Prostate Biopsy
- Da Vinci Robotic Prostatectomy & Renal Surgery
- BPH Laser Prostatectomy & Urolift
- Stone Disease
- Penile Prosthesis Surgery
- Vasectomy Reversal
- Urodynamic Studies

MARIA ISLAND TASMANIA

Every day that we spend in the happy, prospering world is a gift of nature. Maria Island National Park emerges as a fierce token of Tasmania's gratitude. Home to some of the most endangered species, the island is a fresh wave of seclusion where nature is left on its own, blocking any urban sprawl.

Regularly scheduled ferries overlook the travel from Tasmanian East Coast to the island. With only a bunch of visitors, the island opens itself up to the guests. You can choose accommodation in the island's past penitentiary building or enjoy camping in the open lands under the night sky.

Tour the wilds hiking and cycling

The island is all-embracing and cuts paths for you to gaze upon its beautiful sights either walking or on a bike. Trek through the ruins of Darlington and even be so lucky to spot some of the wildlife. For the ones that are up for a challenge, a walking tour is just what you need! Enjoy the popular 1.5-hour Reservoir Circuit walk with others!

Breathe in new life

If there is anything that can make your trip any better it's the experience of walking into nature, seeing its perks and quirks as everything goes about its way! The island shelters threatened native plants, birds, land, and marine life that awe any visitors all year long. It is a haven for Cape Barren Geese, kangaroos, wombats, and many more. Visit the quieter parts of the island to hear the sweet chirps of birds and spot them flying away.

Devour the beauty and fun

The island is not short of beautiful sights to capture in your camera or your memories. Climb up the Bishop and Clerk peaks of the island and gaze down at the marvelous stretches of the island as a fresh breeze welcomes you. Enjoy a relaxing evening walk on the isthmus of the Shoal Bay and Point Lesueur. Discover the island's canvas as you tour the Painted cliffs, marked by red iron oxide and carved by the ocean waves.

What we have planned for you

- On arrival, visit the Commissariat Store to gather any information needed about the island
- Book a bike or ride your own as we traverse through the ruins of Darlington, diving into its history and evolution
- Rest at the campsite, along with the bonfire as the camp shares stories
- Begin the day with a trek of the Bishop and clerk Peaks
- Spend some time relaxing by the beach as the sun sets on the island

We have some great deals available now.

Give us a call or check out our website for more information www.123travel.com.au





AMA QUEENSLAND BACKS NATIONAL PUBLIC HOSPITAL CAMPAIGN

Media Release 12 February 2022

AMA Queensland has joined the national AMA campaign to make public hospital funding a federal election issue.

The *Clear the hospital logjam* campaign is aimed at fixing our over-stretched hospitals after decades of chronic underfunding.

"State and federal governments from both sides of politics have consistently undervalued and underfunded public hospitals for more than 30 years," AMA Queensland President Professor Chris Perry said.

"This has led to the crisis we see with ambulance ramping, emergency department (ED) delays and hospital bed block.

"We hear a lot of talk about record funding, but we also have record population and record demand.

"Queenslanders don't care which level of government is paying more or less of the costs – they just want to be able to access the first-rate medical care that they deserve.

"We need a new partnership hospital funding agreement between all governments to fix the structural issues that prevent our hospitals from operating effectively and sustainably.

"We also need better Medicare funding to help general practitioners to continue to provide strong primary health care and keep people out of hospitals. Medicare rebates have not kept pace with inflation or the cost of providing health care for more than three decades.

"Last year, AMA Queensland put together a dedicated group of emergency physicians and specialists from around the state to develop real, achievable actions to fix ED ramping and ease the pressure on our exhausted health care workforce.

"Our public hospitals are full and have been operating at capacity well before COVID. We presented our five-point action plan to government last year – it is time they started to act on it."

The Ramping Roundtable Action Plan calls for:

- 1,500 more hospital beds across the State
- Employing and training enough staff to keep acute hospitals fully functional seven days a week, with extended hours
- Keeping hospitals operating at below 90 per cent capacity to allow for surges
- · Detailed analysis of patient flow within hospitals, and
- Supporting alternative ways for patients to enter hospitals instead of through EDs.

The AMA *Clear the hospital logjam* campaign invites people to share their public hospital experiences, whether in emergency departments, waiting for essential surgery, or a specialist appointment.

Visit the new campaign website https://www.ama.com.au/clear-the-hospital-logiam to share your story or email <a href="https://www.ama.com.au/clear-the-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospital-hospi

CONTACT: media@amaq.com.au 0419 735 641



We provide advanced radiation therapy techniques and continuously invest in cancer treatments and technology that has less side effects, and improves quality-of-life.1

Our experienced team of radiation oncologists on the Sunshine Coast:



Dr Debra Furniss GI, Breast, lung, SABR, SRS, benign diseases, skin and palliative



Dr James MacKean Prostate brachytherapy, urological, GI, SRS, haematology and palliative



A/Prof Alex Tan Prostate brachytherapy, urological, lung, GI, palliative and stereotacitc radiotherapy



Dr Bradley Wong Wide-field skin, prostate, urological, benign conditions, breast and palliative

GenesisCare provides:

- Radiation therapy for most cancer types
- Treatment for non melanoma skin cancer
- Rapid access palliative radiation therapy
- Treatment for benign conditions e.g Dupuytren's disease and keloid scars
- Stereotactic radiation therapy for cranial, lung, spine, bone and liver lesions
- Personalised care without a waitlist
- Patient transport service

Treatment centres:

Nambour Buderim 10 King Street 10 Mapleton Road

Get in touch:

Tel: 5374 8100

receptiononcologybuderim@genesiscare.com

Consulting clinics:

Caboolture - Dr Debra Furniss Birtinya - Dr Alex Tan Noosa

- Dr Debra Furniss,

Dr Bradley Wong, Dr Alex Tan

- Dr Alex Tan Cooroy

- Dr Bradley Wong Gympie

Reference: 1. Brown PD. et al. JAMA 2016: 316(4):401-409.

Disclaimer: Any procedure including treatments involving radiation carry risks, including skin irritation and associated pain. Before proceeding with a referral for treatment, patients should be advised to seek a second opinion from an appropriately qualified health practitioner. As in any medical procedure, patient experiences and outcomes will vary,

genesiscare.com

578.10 V4 FEB2025



Invitation

Sunshine Coast
Oncology Symposium

Hot topics in general practice

Dear Doctors

You are invited to join us for an educational symposium provided by a multidisciplinary group of oncology specialists from the Sunshine Coast.

The topics include:

- Breast cancer
- Lung cancer
- Palliative care
- Prostate cancer
- > Skin cancer
- Cardio-oncology

The program comprises collaborative panel discussions and case presentations and will maintain relevance to general practice with updates around screening, referral criteria, diagnosis, treatment options and managing patient outcomes.

See over for further information on topics and presenters

After the educational component, we invite you to join us with your partner or guest, for social drinks and canapes on the deck, followed by dinner with special guest speaker:

Steven Bradbury OAM, four-time Olympian, gold medal winner and author of the book 'Last Man Standing'

Registrations to attend the symposium and evening function are complimentary, thanks to our sponsors.

We look forward to welcoming you to the event on the 4th June.



CPD points pending application

Details

When:	Saturday 4 th June 22
Where:	University of the Sunshine Coast - Auditorium 90 Sippy Downs Drive Sippy Downs QLD 4556

Program

11:45am	Arrival and registration	
12:00pm	Light lunch served Meeting commences Canapes & drinks Dinner event with special guest speaker	
12:30pm		
5:15pm		
6:30pm		
9:00pm	Event concludes	

RSVP by Friday, 20th May

Online registration form:
https://www.surveymonkey.com/
r/SC_Symposium_4June22
or scan QR code to register:



For any enquiries, please contact:
0436 340 099 or email Rebecca.Kavanagh@genesiscare.com



Sunshine Coast Oncology Symposium

Saturday 4th June 2022 University of the Sunshine Coast

Topic	Details	
Breast cancer	Recent changes improving patient outcomes and experience Dr Felicity Adams, Breast & General Surgeon Dr Debra Furniss, Radiation Oncologist Dr Brenton Seidl, Medical Oncologist	
Prostate Cancer	A multidisciplinary approach to prostate cancer Dr Stuart Collins, Urologist A/Prof Alex Tan, Radiation Oncologist Dr Michelle Morris, Medical Oncologist	
Lung Cancer	Diagnosis and non-surgical management of lung cancer Dr Andrew Pattison, Respiratory Physician A/Prof Alex Tan, Radiation Oncologist Dr Andrew Schmidt, Medical Oncologist	
Skin Cancer	Diagnosis and management of complex skin cancers, including advanced squamous cell carcinomas Dr Natalie Scott-Young, Dermatopathologist Dr Bradley Wong, Radiation Oncologist Dr Hong Shue, Medical Oncologist	
Palliative Care	Palliative care: more than end of life care Dr Maureen Mitchell, Palliative Physician Dr Susie Muir, GP (with specialist interest in palliative care) Dr Debra Furniss, Radiation Oncologist	
Cardiology / Cardio-oncology	Cardio-oncology outcomes in childhood cancer survivors Dr Ibtihalat Mohamed, Cardiologist	

Agenda and speakers are subject to change. Final program will be distributed prior to the event.

This event is brought to you by the following sponsors:























PRESIDENT AND CEO REPORT



Professor Chris Perry OAM and Dr Brett Dale

With floodwaters receding and recovery and rebuilding underway, health has returned to the forefront of public debate. The Omicron outbreak has taken a toll on our health services, with thousands of health care workers furloughed with infection or as close contacts, and hundreds of hospital beds taken up with COVID patients.

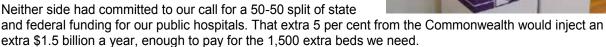
This was highlighted on an extraordinary Monday in April when dozens of ambulances were ramped outside major hospitals, the fourth highest number of 000 calls on record were received, and Code 1 ambulance calls increased by 40 per cent .

The AMA Public Hospital Report Card released a few weeks earlier had already shown the pressures our system is under, and health quickly became a key battleground when the federal election was called.

FEDERAL ELECTION – BAND-AID SOLUTIONS NOT ENOUGH

AMA Queensland has been working with our federal colleagues to put health front and centre as a campaign issue. We are calling for a better system of public hospital funding and real resourcing for primary care.

At the time of writing, midway through the second week of the campaign, neither major party had released a comprehensive health policy designed to truly address the core challenges of our health system – Medicare rebates that have not kept pace with inflation and not enough hospital beds.



While any investment in primary care is welcome, federal Labor's proposal for 50 GP-led urgent care clinics is a Band-Aid solution that threatens the viability of existing after-hours general practices. The LNP has announced its pick to replace Greg Hunt as Health Minister in a new term of government – South Australian Senator Anne Ruston, who is on record as questioning the sustainability of universal health care.

We will be monitoring further announcements in the weeks ahead. You can read more at qld.ama.com.au/news/realreform and ama.com.au/clear-the-hospital-logjam.



We were disappointed with the report of a Queensland parliamentary inquiry into the state's health system. It made 40 recommendations, only four of which were for action by the state government and 36 for the Commonwealth.





AMA Queensland gave evidence to the inquiry, seeing it as an opportunity to consider what Queenslanders really need and find real ways to fix the issues of hospital ramping, surgical wait lists and workforce shortages.

It was always clear when the inquiry was announced late last year with a March/April reporting date that it was aimed more at the federal campaign than real action at the state level.

Another more tightly targeted inquiry with specific terms of reference might shed more light on solutions. However, we believe that there is already enough information available through our Ramping Roundtable action plan to begin addressing the issues.

Read more here qld.ama.com.au/news/4BC-Transcript-Apr11

PUBLIC HOSPITAL REPORT CARD 2022



The AMA's Public Hospital Report Card showed that one in three Queenslanders who need urgent emergency department (ED) care are not seen within the recommended 30 minutes, and Queenslanders wait longer for elective surgery, with a median 42 days wait compared to Victoria's 28.

Overall, the Report Card gave Queensland a fail in five out of six measures. showing no improvements in ED waiting times, no improvements in elective surgery waits, and no improvement in Commonwealth funding for public hospitals.

It showed a slide in the number of hospital beds relative to Australia's ageing population – 30 years ago, we had 30 public hospital beds per 1,000 people over the age of 65, now we have fewer than 15 and our population is ageing.

In December 2021, the AMA Queensland Ramping Roundtable released a fivepoint action plan, including 1,500 more hospital beds and keeping hospitals operating at below 90 per cent capacity to allow for surges.

You can read the Report Card at ama.com.au and the Ramping Roundtable action plan at gld.ama.com.au/advocacy/ramping-roundtable-action-plan.

MOCA 6 BARGAINING

Our industrial relations partner, ASMOFQ (Australian Salaried Medical Officers' Federation Queensland), has spent numerous days in the Queensland Industrial Relations Commission (QIRC) over the past few weeks with multiple hearings and conferences, and has been meeting with Queensland Health to negotiate a new Medical Officers' Certified Agreement (MOCA 6).



Matters underway include appropriate payment of the standby allowance to doctors working at rural hospitals in West Moreton Hospital and Health Service, appropriate payment of the ED25 allowance to all eligible SMOs, and representing interns at Townsville Hospital in relation to remuneration. ASMOFQ has also attended two conferences on behalf of an individual member, and appeared in the QIRC again on Friday 8 April advocating for Mt Isa Hospital doctors.

ASMOFQ representatives have had several meetings with Queensland Health as part of the MOCA 6 negotiations, submitting the initial log of claims and tabling it at a meeting on Monday 21 March.

Read more at qld.ama.com.au/news/ASMOFQ/Update Mar-Apr22

Telephone (07) 5443 6990 Email maroochydore@snap.com.au



STRONG OPPOSITION TO NQ PHARMACY TRIAL



We are continuing our fight against the Queensland Government's North Queensland pharmacy trial, which would dramatically expand the role of pharmacists in diagnosing and treating a range of potentially serious health conditions.

More than 1,300 doctors responded to our survey in March, with 96 per cent saying the trial should not go ahead due to concerns about patient safety, over-prescribing, fragmentation of care and medico-legal issues.

More than 20 per cent of GPs reported seeing patient complications from the urinary tract infection (UTI) prescribing trial that the North Queensland pilot is based on, including misdiagnoses and prolonged infections from incorrect antibiotics.

We have stepped up our calls for the evaluation of the UTI trial to be released publicly and have written to the Queensland University of Technology's ethics committee seeking advice on

QUT's role in managing the implementation and evaluation of the trial.

We will be releasing full details of the survey results in coming weeks. If you took part in the survey and provided contact details, you will be receiving a call or email soon.

Read our media statement here qld.ama.com.au/news/UTltrialSurvey

Visit our campaign page here qld.ama.com.au/Stop-NQ-Pharmacy-Trial

WORKPLACE RELATIONS SUPPORT

Are you interested in brushing up on your workplace relations knowledge from the comfort of your desk? The AMA Queensland Workplace Relations Team's 2022 webinar training series allows you to enhance your knowledge of topical issues by logging into the live webinars or listening to a recording in your own time.Read more at qld.ama.com.au/events/WR-webinar-series.

We are also running a *Private Practice Seminar Series* covering Risky Business topics – payroll tax, service agreements and much more. We are working with our Corporate Partners and LMAs all over Queensland to present the best speakers and panellists to address your local issues.

Read more at qld.ama.com.au/events/private-practice-seminar-series

Contact our Workplace Relations team at <u>workplacerelations@amaq.com.au</u> or on 07 3872 2211 for any inquiries.

AMA QUEENSLAND AGM AND ELECTIONS

AMA Queensland congratulates Dr Nick Yim on his election unopposed as state Vice President. Dr Yim, a Hervey Bay GP and former pharmacist, will take up his term following the AMA Queensland AGM on 27 May 2022.

Polls open on 9 May for the positions of President, Member Elected Board Directors and Greater Brisbane Area Council Representatives. Voting is voluntary, however we strongly encourage you to have your say.



AMA QUEENSLAND FOUNDATION CHARITY EVENT



The AMA Queensland Foundation is holding its first Charity Dinner to celebrate the incredible work of the Foundation, its donors and the organisations it supports on Friday, 20 May 2022 from 6.30pm at Waters Edge, Portside.

The Dinner will highlight how the Foundation has made an impact in previous years and what the future holds, with presentations from the Foundation Chair, scholarship recipients, a silent auction, raffle and much more.

Limited tickets are available at qld.ama.com.au/events/AMA-Queensland-Foundation-Charity-Event

The Foundation is building on its support for flood-affected Queenslanders by launching a fundraiser to provide up to \$50,000 in assistance grants to patients, doctors and medical practices.

It will match donations dollar for dollar up to the value of \$25,000 until Monday 2 May.

Patients, doctors and medical practices can apply for a 2022 Flood Assistance Grant. Find out more at qld.ama.com.au/latest-news/flood-assistance-grants-fundraiser

AMA QUEENSLAND SCORECARD Q1



The AMA Queensland Scorecard outlines our key achievements and results delivered in the first quarter of 2022. Our results demonstrate our extensive work to support and advance the medical profession in Queensland.

We had more than 2,700 member engagements, reached an accumulated media audience in excess of 15.8 million and delivered complex policy advocacy that achieved positive change.

Take a look at our full results below. We are proud to be leading Queensland doctors and creating better health outcomes for our community.

Read the scorecard in full **qld.ama.com.au/scorecard-Q1-2022**

JOIN AMA QUEENSLAND

AMA Queensland is working for you.

Scan this QR code to join now and enjoy the benefits of membership.





Sunshine Coast Local Medical Association Inc.

PO Box 549 Cotton Tree QLD 4558 | ABN **56 932 130 084**Phone: | Mobile **0407 037 112** | Fax **07 5479 3995**Email **admin@sclma.com.au** | Website **www.sclma.com.au**

20/3/22

Dr Marlene Pearce Executive Director Medical Services SCHHS

Dear Marlene

The SCLMA would like to congratulate you in your new role as Executive Director Medical Services (EDMS) of the Sunshine Coast Hospital and Health Service (SCHHS).

It has been a privilege to have known you professionally over the last several years and I have been impressed by the professional approach to your work as a General Practitioner and as a valued employee of Queensland Health in management.

I have no doubt the SCHHS will benefit significantly from your presence on the executive. I am sure you will be excellent in the important role of EDMS.

I look forward to working with you in your new role and hope to meet with you soon.

Roger

Dr Roger K Faint MBBS FACRRM FRACGP DRCOG. Diploma Skin Cancer College Australasia. Senior Lecturer, Griffith University School of Medicine & Dentistry President Sunshine Coast LMA. Mobile 0448848327

2022 Sunshine Coast Local Medical Association Bursary

Established by the Sunshine Coast Local Medical Association (SCLMA), this bursary recognises academic excellence and achievement in the Bachelor of Medical Science program at USC and encourages and rewards local students for their endeavour.

We are pleased to introduce you to the 2022 recipient of the bursary and thank you for your support and partnership in creating opportunity through education.



I sincerely thank you for your generous bursary. It's a privilege to receive this award and the funds will help me in preparing for my first year of Medicine at Griffith University this year (the textbooks are rather expensive!). It is both exciting and sad that my time at USC is drawing to a close. The three year undergraduate program has allowed me to learn about the foundations of biomedical science and I look forward to expanding my knowledge in the next 4 years of studying medicine.

I've wanted to become a doctor from a young age largely due to inspiration from my grandfather who practised as a GP for over 60 years. Whilst he is no longer with us, I will never forget the wisdom he shared with me. I have no doubt studying Medicine and my future career will be challenging, however I will endeavour to not lose sight of why I decided to become a doctor.

I'd once again like to thank you for this generous award and for supporting the Medical Science program at USC. I hope that one day I will be in a position to join the Sunshine Coast Local Medical Association and help serve the local community.

Regards,
Roi McGuiness

USC Development Office

Tel: 07 5430 1104

Email: development@usc.edu.au



usc.edu.au

CRICOS PROVIDER NO. 015950



AUSTRALIAN SENIOR ACTIVE DOCTORS CONFERENCE

13-14 AUGUST 2022 REDCLIFFE QLD

The Australian Senior Active Doctors Association and AMA Qld are pleased to announce that the inaugural Australian Senior Active Doctors Conference will take place in Redcliffe Qld in August 2022. Redcliffe is located on Moreton Bay and is a 30-minute drive north of Brisbane Airport.

Please register your interest in attending by emailing: asada_secretary@outlook.com

Registration will be available on the AMA Qld website in April 2022: https://qld.ama.com.au/ A detailed program will be made available closer to the conference.

Themes for discussion include: Global Trends and Models of Senior Doctor Registration, Medical Reserves, Encore Careers and Roles for Senior Doctors, Navigating the 2023 Registration Requirements, CPD, Recency of Practice, College Requirements, Maintaining Registration while Winding Down Practice, Emerging Issues for Senior Doctors, Progressing Senior Doctor Policy, Recent ASADA and AMA Qld Initiatives.

Venue: The Komo 99 Marine Parade Redcliffe Qld





AUSTRALIAN SENIOR ACTIVE DOCTORS ASSOCIATION



SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084 <u>MEMBERSHIP APPLICATION</u>

Enquiries: Jo Bourke Ph: Mb: 0407 037 112 Email: admin@sclma.com.au

NAME	Surname:		First Name:		
THE SCLMA PREFERS TO SEND YOUR MONTHLY NEWSLETTERS & INVITES BY EMAIL					
BEST EMAIL	:				
ADDRESS:					
	Practice/Building				
	Street:				
	Suburb: Postcode:				
	Phone:	Mob	vile:		
PRACTITION	ER DETAILS:				
	Qualifications:				
	Date of Birth: Year of Graduation:				
	Hospital employed / Private Practice (cross out one)				
	General Practice / Specialist (cross out one)				
	Area of Speciality:				
PLEASE NOT			ion are required to attach a letter		
of good standing from their respective College. PROPOSERS: (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for new membership. Members renewing their					
membership do	not need proposers).				
1. NAME:		Signature:			
2. NAME:		Signature:			
ANNUAL SUBSCRIPTION (GST included):		(Please tick	NOTES:		
Full-time ordina	ary members - GP and Specialist	\$ 132	Wherever possible and to		
Doctor spouse of full-time ordinary member		\$ 66	save printing and postage costs we ask you to receive		
Absentee or non-resident doctors		\$ 66	monthly invitations and newsletters by email.		
Part-time ordinary members (less than 10 hours per wk)		\$ 66	Newsletters and Invites		
Non-practising ordinary members, under 60 years old		\$ 66	are always uploaded to		
Residents & Doctors in Training		Free	our website: www.sclma.com.au		
Non-practising ordinary members, over 60 years old		Free	Queries:		
Patron and honorary members		Free	admin@sclma.com		
Payment can be made by cheque payable to SCLMA or by direct debit to: SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298					
Please return this form either by email (scan or photo) or Fax 07 5479 3995 of your E.F.T. to:					
Emai	il: admin@sclma.com.au Post: SCLMA	PO BOX 5	49 COTTON TREE 4558		
Please note: M	<u>Please note</u> : Membership applications will be considered at the next Management Committee meeting.				

The Sunshine Coast Local Medical Association has Public Liability Insurance



REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter
For full details re advertising go to their website: www.rdma.org.au
Email: RDMAnews@gmail.com

SCLMA ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising: Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

CLASSIFIEDS

ANN ST FAMILY MEDICINE - GENERAL PRACTITIONER

- We are looking for a VR General Practitioner to join our busy team which is GP owned. Part time position offering 75% of billings.
- Full support from an experienced and professional team of nurses and support staff.

Please email your CV to olivia@annstfamilymedicine.com. au or contact Olivia on 0412 113 846.

February 2022

GENERAL PRACTITIONER

We are looking for a VR General Practitioner to join our busy well established GP owned and operated Family Practice. Full time preferred however not essential, with partnership opportunity on the beautiful Sunshine Coast.

We are an accredited mixed billing practice with wellestablished operating systems and very loyal patient base.

You will be supported by experienced, professional nursing and reception staff in a family friendly workplace.

Please email resume to admin@trinityclinic.com.au or contact Nadine Ware on (07) 5491 9888.

February 2022

GP POSITION AVAILABLE - DPA APPROVED - MOFFAT BEACH

Are you ready to move to the beautiful Sunshine Coast and take advantage of the perfect work/lifestyle balance?
We are a privately-owned, well-established practice.
Due to outgoing doctor, this position will come with an existing patient base to ensure you are busy from day one.
If you are subject to a moratorium, we have a DPA in place, which is rare for this beachside location.

- We Offer:
- Full-time or part-time position with flexible sessions available
- · DPA location right on the coast
- Mixed Billing; ull-time nursing support; Administration and management support; No weekends or after hours

Please contact Practice Manager on 07 5438 2333 for further details and forward a copy of your profile containing a brief summary of your experience along with your contact details to pm@moffatbeachmedical.com.au

February 2022

COME IN, SIT DOWN AND START WORKING!

We offer full service specialist medical consulting room in the Nucleus Medical Suites on the Campus of Buderim Private Hospital

We will look after all your accreditation requirements. We look after your business all week long. We have supported multiple doctors in developing and growing their business. We have a strong service culture towards our doctors and their patients.

- We will manage all of your appointments.
- Book all of your procedures, including securing an anaesthetist if required.
- Manage all of your billing.
- Handle all of your correspondence.
- · Our staff are experienced and professional.
- Our rooms are modern with a large reception area.
- · We have a dedicated procedure room.
- We have on site parking.

For further information please contact Lindsey 5444 6003. March 2022

PROFESSIONAL MEDICAL CONSULTING ROOMS MDORE

Available for Lease or on a Sessional basis for Medical Practitioners/Allied Health Providers/Beauty therapist Up to 3 x fully furnished premium office spaces, available individually or lease / rent them all.

These professional offices are located in the heart of Maroochydore, within an existing thriving Medical Specialist practice.

- Ample car parking.
- Rooms equipped with a hand basin, consulting bed, desk & chairs & internet connection
- Spacious waiting room/reception area
- Kitchenette /lunch room with microwave & fridge
- Admin support can be negotiated in the lease/sessional suite rent if required.
- · Immediate start available
- Incentives available to suitable applicants

Please email practicemanager@drgarthmcleod.com.au or phone the practice manager, Michelle Underwood on 0428 411 033 to enquire or arrange a viewing.

April 2022

PROFESSIONAL MEDICAL CONSULTING SUITE AVAILABLE FOR PERMANENT LEASE ON A FRIDAY EACH WEEK FOR A MEDICAL PRACTITIONER LOCATED IN TEWANTIN.

The Consulting suite provides:

- · 1x Furnished consulting room with
- 1x Furnished examination room equipped with a bed, basin/ sink, QML biopsy and speculum disposables.
- Fully equipped staff kitchen with a fridge, kettle and microwave.
- Access to toilets for staff and patients across the corridor.
- QML pathology on ground floor below and Quantum radiology across the road.
- Priceline and Live Life Pharmacy on the ground floor.
- Parking in the front and back of building.

Consulting suite available for lease starting Friday 10/06/2022 from 8:30 am until 3:30pm. The cost will be \$330 plus GST per clinic which covers the cost of the suite rental, staff member, water, and electricity.

Please email practicemanager.scwbg@outlook.com or call me on 0420 297 401 to enquire or arrange a viewing.

April 2022

GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to admin@ nambourclinic.com.au or ring Rowena for an informal chat Ph: **0412 292 666.** *Continuing.*

CLASSIFIEDS: admin@sclma.com.au Free to SCLMA members \$110 for non members. Queries: Jo 0407 037 112



SCLMA MONTHLY CLINICAL MEETINGS!

Keep everyone happy! Let us know you are coming - 7 extras turned up for the April meeting! Stressful!! SCLMA Clinical Meeting - 31 March 2022 Maroochydore Surf Club Function Room Presenter: Dr Rebecca Lock

Topic: Gender Diversity in Health Care"
Presenters: Dr Nova Evans and Sonia Martin

Topic: "Our Story – Sunny Street"

opic: Our Story – Sunny Street Part Sponsor: Lumus Imaging



Presenters Sonia Martin, Dr Nova Evans with Liz O'Brien from Lumas Imaging (sponsor)



Left: Long time SCLMA members Dr Ellen Mowatt with Dr Michael Donovan Right: Relaxed Sunny Street founders, Sonia Martin with Dr Nova Evans. Sunny Street is recruiting GPs (see Page 19)

NEXT MEETING THURSDAY 26 MAY 2022

Presenter: A/Prof Michael d'Emden
Director of Department of Endocrinology
and Diabetes at the Royal Brisbane and
Women's Hospital. Michael was involved
in the development of the Electronic
Health Record used by Qld Health and the
development of Australian Insulin Inpatient management chart.



