

# NEWSLETTER

March 2018

# SCLMA President's Message .......... Dr Roger Faint

Representatives of the SCLMA met with Adj. Professor Naomi Dwyer, SCHHS Chief Executive at her office on 28 February 2018. Despite being in her new position for only three months, Naomi showed an appreciation of health issues for both the public and private sectors, rural and metropolitan, across the district. She was both approachable and receptive, and I feel that the longstanding close working relationship that was forged under Kevin Hegarty will continue.

Ms Dwyer is head of a \$1.2 billion health business and the position has significant pressures including political, financial, medical and local. She has already extended the hospital executive numbers to include clinical heads and I believe this has been warmly received.

Prominent issues raised at our recent meeting include:

- 1. Outpatient waiting lists are growing with utilisation of the new hospital being very popular. The area is growing in population and there are referrals being received from further afield than previously. The hospital executive has been focusing their energies in this area and further details are mentioned below. There is a SCUH 'Monthly elective surgery information by urgency category' published on the QH website, for all to review. I will suggest to the committee this month that our magazine publish these tables on a regular basis.
- 2. The surgical agreement with the private hospital sector will end in September this year as intended. The private hospital sector has played a vital role by buffering patient clinical services during the establishment of SCUH and downgrading of Nambour hospital. SCLMA representatives met with the CEO of SCUPH, Oil Steele, recently as a consequence.
- 3. This means that the case mix and depth of experience for SCUH/public surgical trainees will improve significantly.
- 4. Naomi and her team are feeling positive about the recent discussion with AOA, look forward to their return visit in the next two months, and believe they are on track to meet the requirements for re-accreditation.
- 5. I am pleased to announce that at our meeting Dr John Evans (Radiologist) raised concerns regarding the state of credentialing records kept within the health service district. He has first hand experience of submitting his CV six times within the last twelve months to various departments. He knows close colleagues

who have had similar experiences including myself within the public and private health sectors. What impressed me most was his volunteering to assist with improving the process and his offer being immediately accepted. How is that for collaboration!



- 6. The SCLMA expressed concerns relating to Health Pathways and previous promises that specialists would monitor the referral process closely. Naomi has responded to this. It will be covered in next month's newsletter.
- 7. The SCLMA passed on the concerns expressed by members relating to the outpatient pain clinic. Concerns included the length of time for an appointment through to difficulties in obtaining good advice regarding patient management. I believe there is a pain trainee being appointed this year, which should be helpful. Dr Jon Harper (PHN) also met with Dr Tanya Morris (anaesthetist and head of the pain clinic) this week. It was understood that the pain doctors could be also contacted by telephone, fax or email in cases of difficulty.

Adj. Professor Naomi Dwyer presented at the hugely successful clinical meeting held 22 March, generously sponsored by our local PHN. She took challenging questions from the floor, responded articulately and the night remained lively consequently. I will expand on this meeting in the next edition.

Regards

Dr Roger K Faint.

Local Medical

Association.

Reminder: Please check out our Facebook page: 'Sunshine Coast Local Medical Association Inc

The SCLMA thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter of the Sunshine Coast

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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor''*.

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# APRIL NEWSLETTER Deadline will be FRIDAY 20th APRIL 2018

### DO YOU HAVE SOMETHING TO SAY?

- Perhaps you might like to comment on articles published.
- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: 5479 3979 Mobile: 0407 037 112

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We welcome new content - case studies, local news and photos. If you are a new member, send in a short bio and a photo to introduce yourself.



### ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

### www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 5479 3979 or 0407 037 112 Email: jobo@squirrel.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.



### Editorial:

This month Commissioner Hayne has begun presiding over what I think will become known as the Royal Commission into Banksters! Assiduous senior counsel, Rowena Orr QC, is lighting the touch paper and no doubt making many



bankers and mortgage brokers wishing they could be swallowed by a big black hole - along with the Australian cricket team and Mark Zuckerberg (who did manage to hide for four days after the Facebook data privacy story broke). But black holes - as Stephen Hawking discovered are not what many believe. They don't irrevocably swallow up, they spit back out!

Perhaps it is not coincidence that all these stories are breaking the same month that Stephen Hawking (who was born exactly 300 years after the death of Galileo) died - on Einstein's birthday and on international Pi day. Hawking proved that black holes are not entirely black but actually emit radiation - 'Hawking radiation" - an ultimate form of recycling. Hawking was an atheist who spoke with an American accented religious avidity and in his latter years warned of multiple threats to life on Earth. One of those threats is rapacious humans exponentially increasing on a finite planet. He forecast that by 2600, the world's population will stand shoulder to shoulder and our electricity consumption will make the Earth glow red hot. Hawking may have been disabled in body but not in spirit. He said that we can transcend our limits (perhaps the banks have interpreted that too literally). His mind traveled the cosmos and proved that the universe has no boundary. If celestial nemesis does not get us first, perhaps human decency and honesty may make a come back.

For too long institutions, governments and the media have been guardians of the status quo, silencing real dissent and creating censorship by omission. The populace has been fed on a steady diet of emotionally driven fake news, sound bites and images while being robbed of the vocabulary as well as the historical context to articulate reality. People watch the same images and listen to the same narrative to create a collective "reality". Dialogue is shut down and illusion becomes truth. Hawking's work led to string theory and speculation that we live in a holographic universe in which three dimensional space is some sort of illusion. Perhaps he was more prophetic than we yet realise - as a nation lives on in peonage while believing they are free!

Regards,

Kirsten Hoyle

### **HIGHLIGHTS** in this issue:

P 4-5:	Adj Professor, Naomi Dwyer, CE,

**SCHHS** 

P 7: Jane Schmitt, CEO - AMA Qld

P 8-9: SCHHS GPLO Report

P 11: Pattie Hudson, CEO, PHN

P 13: Poole Grooup - The Wait for Home Care

**Packages** 

P 16: USC - Clinical Trial

P 19: Dr Wayne Herdy on the Ghan

P 20: HealthPathways Progress Report

P 29: Application Form for membership

Please 'like', 'share' and 'follow' our Facebook page: sunshinecoast local medical association.

Website: www.sclma.com.au

### **SCLMA CLINICAL MEETINGS** 6.30pm for 7pm (over by 9pm)

**THURSDAY 26 APRIL 2018** 

Speaker: Dr Bernard Tamba-Lebbie,

**Orthopaedic Surgeon** 

Topic: "Shoulder Arthroplasty & Physio" Venue: Maroochydore Surf Club

Sponsor: TBA

THURSDAY 31 MAY 2018

Speaker: Dr Khal Alsee, Psychiatrist &

Specialist Pain Physician

Maroochydore Surf Club Venue:

Sponsors: Indivior & Sequiris

**THURSDAY 21 JUNE 2018 Cardiology Presentations Speakers: Dr Robert Tam** 

**Dr Douglas Wall** 

Venue: Maroochydore Surf Club

**THURSDAY 26 JULY 2018 Sunshine Coast Brain & Spine** 

Speakers: Dr Hazem Akil

Dr Stephen Byrne **Dr Jon Steinberg** 

Venue: Maroochydore Surf Club

**ENQUIRIES:** Jo Bourke

Ph: 5479 3979 (M) 0407 037 112 Email: jobo@squirrel.com.au

Clinical meetings are for current SCLMA members. New members are welcome to join on the night. Membership Applications are available at each meeting, in the newsletter and the SCLMA website. www.sclma.com.au

### **Health Service Link - March 2018**

Hello SCLMA Colleagues

It was a great opportunity to meet so many of you at the recent SCLMA meeting on 22 March, 2018, in addition to my earlier catch up with Dr Roger Faint and other Board members. I was buoyed by the strong sense of partnership that exists, and inspired by the shared passion to make a difference in the health and wellbeing of our community.

We traversed many topics including from introduction of Health Pathways, to the pro-active work our GPLOs, Dr Marlene Pearce and Dr Michelle Johnston are leading to improve the timeliness of our discharge summaries. The latest data shows that 76% of all discharge summaries are done on the day of discharge. We value your feedback about the inconsistent quality of the discharge summary content, and as Dr Steve Coverdale reflected, this is also under the microscope to ensure we are optimising the safe transition of patient care with our health partners.

We also received questions about whether it was necessary for outpatient referrals to be named, and clarified that the referral template available for GPs to access under Health Pathways facilitates a named referral. We also confirmed that as a public health service, while preferred we would not require a named referral and would always accept a non-named referral, provided it incorporated the clinical information specified by our own clinicians. This practice is consistent with the requirements of the National Health Reform Agreement. We invited SCLMA members to provide our GPLOs with examples of any document they are concerned about, or which is inconsistent with this.

We have also heard SCLMA members' feedback about the complexity of navigating our credentialing process, and are working on some improved business processes involving closer integration of the workings of our HR and medical administration departments, to better streamline this process.

The open conversations about the issues that are important to the SCLMA membership provide us with a valuable opportunity to share information, clarify and engage in respectful, constructive discussion. So, thank you for the thoughtful welcome at the March meeting, and of course to Dr Roger Faint for his clear leadership and for creating the opportunity.



In addition to participating in the SCLMA event, you may be interested to know that from 12-16 March 2018, our Sunshine Coast Hospital and Health Service underwent a full organisation-wide survey by the Australian Council on Healthcare Standards (ACHS). The surveyors, who between them had over 300 years of health leadership experience, visited our hospitals and health services at the SCUH, Nambour, Gympie, Maleny, Caloundra and various community sites.

It's a great opportunity to have the benefit of such experienced clinical leaders focus a prescient lens across our services in evaluating the standard of care we deliver against the national standards, to visit staff directly involved in care and to speak with both consumers and patients. Accreditation processes have evolved from a largely didactic process, to now being far more dynamic - providing on the ground verification of our care and systems against the standards, informed by clinicians providing the care, and the patients and consumers who receive it. This latest accreditation visit builds on the successful interim SCUH accreditation last year, and was our first opportunity to be surveyed as an expanded health service against the EQuiP National Standards, including assessment of our Mental Health and Oral Health Services.

The team of nine surveyors, some of whom had been part of the previous survey when SCUH was still under construction, were very affirmative about this wonderful new service for the community, as well as the standard of care we deliver across all of our services. As is always the case, the survey team signposted some areas for us to strengthen as part of our ongoing continuous improvement, which we will now adopt.

### Health Service Link - March 2018 / cont:

Speaking of accreditation, we also met this month with members of the Royal Australasian College of Surgeons, the Australian Orthopaedic Association, the Director General, and the Chief Health Officer Queensland Health, to discuss plans for our upcoming accreditation visit for orthopaedic surgical training. It was a very positive meeting, due in large part, to the strong leadership of Dr Russell Bourne, Director of Orthopaedics. We have received supportive feedback from the AOA that we were on track for their visit in the next couple of months and hopeful for the start of an orthopaedic trainee, perhaps even in 2019.

This month, we also celebrate two very significant milestones – the 150th birthday of Gympie Hospital and the first birthday of the SCUH. This first year of SCUH has been one of significant growth for the health service and already we can see great improvements in access to healthcare for our patients. As I write this column and since the SCUH opened, there have been - more than 2700 births; 70,729 patients admitted to hospital; and 64,807 presentations to the emergency department.

Throughout the year we have actively sought feedback from our consumers and the vast majority have rated their experience at SCUH as good to very good. Of course, where our consumers share with us that their experience of care is not as they would expect, we have proactively



used this feedback to improve the way we deliver care.

Until next time,

Adj. Professor Naomi Dwyer Chief Executive Sunshine Coast Hospital and Health Service Naomi.Dwyer@health.qld.gov.au



### DR TIM NATHAN

www.drtimnathan-urology.com.au

 $MB\ ChB\ (Edin),\ FRCS\ (Eng),\ FRCS\ (Urol),\ FRACS\ (Urol)$ 

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- Urodynamic Studies

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### **AMA QUEEENSLAND - CEO UPDATE - MARCH 2018**

### RACP computer based Basic Training Written Divisional exam

We provided a number of updates on next steps after the failed Royal Australasian College of Physicians (RACP) Computer Based Basic Training Written Divisional Exam on 19 February.

We are very pleased that we were in a strong position to work with RACP and other health stakeholders to support our trainee doctors through that very difficult time and saw sensible resolutions to many of the flow-on issues that inevitably arose.

We also worked with Queensland Health and the Hospital Health Service Districts (HHSs) around the state to ensure that roster changes, access to leave and other entitlements were provisioned for our trainee doctors ahead of the rescheduled exam.



### It is noted that:

- trainees will be refunded the full fees paid for this year's exam; and
- trainees will not be financially disadvantaged as a result of having had to undertake the rescheduled exam.

RACP advised us they will conduct a review and we strongly emphasized the need for an appropriate terms of reference and genuine independence for the review process. AMA Queensland will prepare a submission to this review, using the extensive feedback and statements that our members have provided us.

All Registrars who are sitting an exam in 2018 are eligible for a 50% exam discount on their AMA Queensland membership. For further information about the exam discount, please email <a href="mailto:membership@amaq.com.au">membership@amaq.com.au</a>.

### **Jane Schmitt**

Chief Executive Officer, AMA Queensland



### **GP Liaison: Your Hospital Connection – March 2018**



Our GPLO team at Sunshine Coast Hospital and Health Service (SCHHS) is working hard on a number of priority areas and novel projects in 2018 to improve communication and interactions at the GP-hospital interface.

We welcome GP concerns and feedback, so feel free to drop us a line or email your query. We can also assist if you are having difficulty navigating the referral pathways for your patients, or point you in the right direction to solve a specific hospital issue for your patient.

Here's an update of our latest activities:

### Same-Day Discharge Summaries

The SCHHS recognises that discharge summaries are important for **safe clinical handover** as the patient transfers from hospital back to the community and GP. With full executive and senior clinician support, the SCHHS now expects **same day discharge summaries** to be given to the patient (when appropriate) and sent to the GP on the day of discharge.

Since the procedure implementation in October 2017,

we've seen a very impressive achievement by clinical teams and junior doctors, as of February 2018 many inpatient teams are **averaging > 90% same-day completion rates!** The GPLO team continues to work with the steering group, clinical teams, medical education unit and junior doctors in implementing this new procedure in 2018.

### Switchboard Improvements for GPs

Following feedback by GPs, we met with our enthusiastic SCHHS switchboard management to identify areas for improvement. Protocols now ensure GPs are afforded the same operator support as internal hospital clinicians. When you phone switch, please **clearly identify yourself as a GP** and the operators will stay with you on the line until you are matched with the service you want.



### Sunshine Coast Hospital and Health Service

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### Contact the GP Liaison Unit

Dr Michelle Johnston (GPLO)
Dr Marlene Pearce (GPLO)
Dr Edwin Kruys (GPLO)
Merrin Godwin (Clinical

Merrin Godwin (Clinical Nurse)
Peta-Maree Willett (Project Officer)
Sue Hawkins (Administration)

Email SCHHS-GPLO@health.qld.gov.au

Phone 07 5202 3822 Mobile 0439 591 731 Fax 07 5202 1044

Sunshine Coast University Hospital 6 Doherty Street Birtinya 4560 PO Box 5340 Sunshine Coast MC 4560

### **SCHHS Specialty Education Events**

### **Paediatric Masterclass**

Date: Saturday, 21st April 2018

**Time:** 8.30am – 4.30pm

Venue: Sunshine Coast Health Institute Auditorium, 6 Doherty Street Birtinya

Invitation and registration link will be sent to practices in the near future.

### Access Queensland Health results from your GP computer

The **Health Provider Portal** is now live — allowing GPs to view their patients' QLD Health results (pathology, radiology), Emergency Department notes, and Outpatient appointment bookings, from their clinic computers. Immediate access to clinical information, viewed when you need it mid-consultation. GPs who've signed up are giving us very positive feedback. Check out the instructions and video on <a href="https://hpp.health.qld.gov.au">https://hpp.health.qld.gov.au</a>

### Using HealthPathways in your practice: Would you like a demo?

The HealthPathways website is intended to be the single source of SCHHS referral guidelines and clinical advice for all common presenting problems likely to need public hospital referral, as well as providing private specialist and allied health contacts. It is a work in progress, as we localise each clinical topic and specialty information for our Sunshine Coast area.

There are an increasing number of localised health service information pages available, as well as **essential referral requirements** for SCHHS specialty outpatient clinics. Please note, website is for health providers only to access.

Website: <a href="http://sunshinecoast.healthpathwayscommunity.org">http://sunshinecoast.healthpathwayscommunity.org</a>

**Login:** usersc **Password:** pwsc

If you need a demonstration, contact us and ask - we can talk you through it over the phone at a time that is convenient for you. Alternatively, we can facilitate the PHN offering a more in-depth demonstration or group teaching session with a Practice Support Officers at your clinic.

# Got a patient with neck or spinal problems?



Dr Greg Finch FRACS FAOrthA Spine Surgeon, Orthopaedic Surgeon

Now practising from the Nucleus Medical Centre at The Sunshine Coast Private Hospital, Buderim, Dr Finch specialises in the care and treatment of all spinal conditions.

So if you have a patient with a spinal issue that's proving rather prickly, refer them to someone who really knows their stuff.

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### THE ROLE OF EFFECTIVE COMMUNICATION IN CARE AND WELLBEING

### Pattie Hudson CEO

This month has been a busy one for the PHN with the Practice Support and Education team hosting "Practice Makes Perfect" in Twin Waters. The day was an interactive conference which provided practice staff and practitioners an opportunity to look at a range of topics such as effective use of MBS item numbers, the impact of communication and the use of practice data. The day was attended by health practitioners from all across the Sunshine Coast and our team saw more than 120 attendees, from across general practice, allied health and psychology.

Practices and practitioners gained an insight into a range of topics however, I wanted to take this opportunity to focus on the issue of effective communication in modern health practice. The presentations expressed a range of benefits, including improved staff wellbeing, productivity and communication. While at a glance, the need for a considered development of these skills may not be immediately apparent, there are significant benefits to be had. By taking the time to pause and evaluate how we communicate, everyone involved in the provision of health care can play a direct part in the wellbeing of not only others but also ourselves.

At an individual level, building up your communications skills can improve your relationships with patients, fellow health workers, practice managers and staff. Through effective communication strategies in the workplace, staff, managers and colleagues are able to build motivation, transparency and trust to support better mental wellbeing. This enables a supportive environment and can help improve business outcomes through better engagement at work and increased productivity.

However, effective communication skills also play into the delivery of health services. It may be either enhancing patient wellbeing during the triage process or managing personal communications with patients.



The delivery of primary health care services can be a difficult and emotional time for both providers and patients. It is essential that we work to ensure a safe environment in the workplace. By focusing on how we communicate with individuals, we can effectively identify and manage challenging behaviours that may be presented by patients. Challenging behaviours can present in a number of ways and how we respond can either escalate or de-escalate the situation. I would encourage everyone to take some time to look at how communication affects both their personal and professional lives.

In the mean time I think everyone who attended the day can agree that the presentations by Peter Larter, Wendy O'Meara, Dr Laura Bennett and Dr Lize Andrews were well deserving of our acknowledgement and thanks. And well done to all of our PHN team who made the day such a success.

For the latest information on upcoming professional development, you can sign up for our weekly health professional enewsletter, GP Matters via our website <a href="https://www.ourphn.org.au">www.ourphn.org.au</a>.





### Comprehensive MRI services on the Sunshine Coast

### Meet Our Fully RANZCR-Accredited Radiologists Who Have Gained MRI Fellowship



Dr Siavash Es'haghi MB ChB, FRANZCR Fellowships: MRI, Breast. Breast Screen Queensland accredited. Fellow of RANZCR.



**Dr Rodney Larsen** MBBS (Hons), FRANZCR Fellowships: MRI, Neuroradiology Special interests: Cardiac CT (college accredited), breast imaging (Breast screen Qld accredited). MSK Imaging. Fellow of RANZCR



**Dr James Challen** MBBS, FRANZCR Fellowships: MRI, Cardiac Imaging. Accredited to report CTCA (Level B) and CT Colonoscopy (Level A). Special interests: MSK imaging, prostate MRI and MSK injections. Breast Screen Queensland accredited.



**Dr Anthony Chan** MBBS, FRANZCR Fellowship: Musculoskeletal MRI Special interests: Cardiac CT (college accredited), MRI Abdominal and Pelvic imaging including Prostate and Rectum, CT Colonography (college accredited)



**Dr Peter Wakefield** MBBS, FRANZCR Fellowship: Musculoskeletal MRI Fellow of RANZCR since 2007



**Dr Angus Thomas** MBBS, BSC, FRANZCR Fellowships: MRI with an emphasis on Neuroradiology Fellow of RANZCR since 2012

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### The Wait for Home Care Packages



Often the decision for seniors to apply for a subsidised home care package is left until circumstances reach a crisis point. By waiting for a crisis to arise, before applying for a home care package, increased stress levels puts patients at risk because the wait to access care can be long.

Approval for a home care package from an ACAT/ACAS team does not mean your patients can immediately access a package. Their name is simply added to the National Queue and they need to wait for a package to become available.

This system has only operated since the end of February 2017 so it is difficult to determine how long the average wait will be, but figures by the Department of Health show expected a wait time of more than six months. Warnings are provided on the myagedcare website that the wait could be more than 12 months.

As the demand for home care increases, the waiting time could lengthen. As at 30 September 2017 there were 101,508<sup>1</sup> ACAT/ACAS approved persons waiting in the queue for either their first home care package or on an interim package. An interim package is the term used for recipients who are receiving a package on a lower level than they are approved for and therefore remain in the queue waiting for their approved level.

What does this mean for your patients?

- ACAT/ACAS assessments should be arranged before reaching crisis critical point
- Patients needing home care support may need to privately fund the full cost of care from their own resources until a subsidised package becomes available – this may need financial advice on planning and managing cashflow needs
- Patients with urgent or severe needs may need to consider moving into residential care if they can
  find a place more quickly this should be discussed with the ACAT/ACAS team to ensure the
  approval is given for both home and residential care
- Patients need to ask the ACAT/ACAS team to also approve respite care as this may provide some support while clients are waiting for a home care package to become available
- Patients may be able to top-up the support that family/friends can provide with services through the Commonwealth Home Support Program.

If you have patients in the National Queue they can gain an estimate of their expected waiting time by logging into their client record using MyGov or by calling the My Aged Care contact centre on 1800 200 422. If you have patients whom are facing the financial minefield of Aged Care, please encourage them to contact me for an obligation free discussion on 07 54379900.

Yours in Aged Care

Sharon Coleman

Accredited Aged Care Specialist / Accountant

<sup>&</sup>lt;sup>1</sup> Home Care Packages Program Data Report 1 July – 30 September 2017

# DOCTOR PROFILE Dr Khaldoon (Khal) AlSaee

**Dr Khaldoon (Khal) AlSaee** MB, BCh, BAO, LRCPI&SI, FRANZCP, FFPMANZCA is a Specialist Pain Medicine Physician and Psychiatrist.

Dr AlSaee completed his medical degree at the Royal College of Surgeons in Dublin, Ireland. In 2009 he moved to Townsville and completed his Psychiatry training, becoming a Fellow of the Royal Australian and New Zealand College of Psychiatrists. He sub-specialises in Addiction Psychiatry.

Additionally, he became a Fellow of the Faculty of Pain Medicine; Australian and New Zealand College of Anaesthetists.

Dr AlSaee began working on the Sunshine Coast in late 2017 and provides clinics and consultations at Eden Rehabilitation Hospital in both Pain Medicine and Psychiatry.

Throughout his career, Dr AlSaee has had to adapt to diverse cultures and systems, and as such, takes pride in bringing a broad-minded and inclusive approach to his practice. He is a proud father and husband, and credits his family with keeping both his feet firmly planted on the ground.

When he shifts his focus from the work arena, you can find him madly supporting the North Queensland Cowboys, cheering courtside at big screen tennis matches, and even doing his part for the environment cleaning up at local beachfronts.

Dr AlSaee is available for outpatient consultations for patients with complex and chronic pain. He is also available for outpatient psychiatric consultations for all mental health conditions.

To arrange an appointment or referral, please phone Eden Rehabilitation Hospital on 07 5472 6472.

## <u>Eden</u>

# Rehabilitation Hospital

50 Maple Street, Cooroy QLD 4563 Referrals: 07 5472 6472 / edenrehab.com.au



# PHYSIOTHERAPY'S ROL DECREASING CODEINE DEPENDENCE

If you have patients who have been using codeine on a regular basis to manage their pain and you feel there are more effective ways to do this, it is worth discussing alternative treatment options. From a physiotherapy point of view, there are many strategies we can explore with patients, such as:

- Education surrounding their condition
- Activity modification
- Pacing strategies
- Manual therapy where indicated
- Exercise prescription
- Passive modalities (heat/ice/TENS/EMS/creams)
- Other self-management strategies
- Relaxation



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### **CLINIC LOCATIONS:**

MAROOCHYDORE, BUDERIM, CALOUNDRA, COOLUM, KAWANA, NAMBOUR & SIPPY DOWNS



### ROC Maroochydore

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### **Dr Colin Dicks**

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- Active interest in palliative care and psychosocial issues within oncology



### **Dr Marcel Knesl**

- Practicing on the Sunshine Coast since 2006
- Wide-ranging practice
- Particular interest in lymphoma, gastrointestinal, genitourinary and breast malignancies

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# Media Release February 2018

### Clinical trial of potential vaccine for coeliac disease

USC's Clinical Trials Centre will today launch a clinical trial of a new vaccine that aims to improve the lives of those with coeliac disease by 'switching off' the immune response to gluten.

Coeliac disease is a serious chronic medical condition in which the ingestion of gluten, even in small amounts, leads to an immune response that causes damage to the small intestine.

Sufferers struggle with various gastrointestinal symptoms and, if untreated, face potentially serious complications. Currently, the only way to manage the disease is by the strict avoidance of gluten in the diet.

USC's Clinical Trials Centre Director Lucas Litewka said the investigational vaccine would be given to trial participants as an injection twice a week for seven weeks.

He said the trial would be conducted alongside gastroenterologist Dr James Daveson at the Clinical Trial Centre on Sippy Downs Drive, Sippy Downs.

Dr Daveson said a gluten-free diet was exceptionally demanding for patients, expensive and difficult to maintain as gluten was used extensively in modern food production.

"There is a real unmet need for therapies other than the gluten-free diet for some people with coeliac disease," he said. "This is a very exciting potential new therapy that has been undergoing clinical trials for several years now."

Dr Daveson said the investigational vaccine might potentially restore gluten tolerance in coeliac disease sufferers.

Adults between the ages of 18 and 70 can take part in this trial if they have medically diagnosed coeliac disease and have been following a strict gluten-free for 12 months or more.

Those who meet the criteria and are enrolled in the study will be compensated for their time. Patients interested in participating can go to <a href="https://www.joinourtrials.com">www.joinourtrials.com</a> or call (07) 5456 3797.

**For more information contact:** Media Relations, University of the Sunshine Coast t: Julie Schomberg 5459 4553 e: <a href="mailto:jschomberg@usc.edu.au">jschomberg@usc.edu.au</a> m: 0413 046 377 t: Gen Kennedy 5430 1227 e: <a href="mailto:gkennedy@usc.edu.au">gkennedy@usc.edu.au</a> m: 0412 278 444

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### Sunshine Coast Orthopaedic Clinic

### The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for twelve years. We have treated many professional and semi-professional athletes as well as the "weekend warriors", including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Falcons, Melbourne Storm and many other local clubs.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques or an appropriate non-operative treatment

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures, loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement. revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.

Dr Lawrie is happy to take phone calls for advice, queries etc as this often helps the referral process.

### For appointments contact

Dr Steven Lawrie

Suite 17, Kawana Private Hospital

5 Innovation Parkway, Birtinya QLD 4575

**f:** 07 5493 3897

e: sunshineortho@bigpond.com.au

www.sunshineortho.com.au

### Examples of these injuries include:

A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied with the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.

Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

Traumatic meniscal tears where early repair rather than delayed resection can make a dramatic difference in outcomes

Early ACL surgery in the young active patient/sportsman.



### Dr Geoffrey A T Hawson

MBBS FRACP FAChPM DipClinHyp Associate Professor (U of Q)

Medical Oncologist Clinical Haematologist Palliative Care Physician



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### WAYNE'S WORLD .....

### GHAN!!



GHAN! The word evokes romantic and misty images of a long-lost past. Cameleers from a mysterious and exotic land seen by few Australians, plying their trade through a hostile and still-young land.

Long-distance luxury trains are a romantic hoped-for addition to the bucket list of so many and realized by so few. The Orient Express, immortalized by Agatha Christie, an opulent but brief trip of a few days costing the price of a small car. The Trans-Siberian Railway, a week-long venture through vast tundras, more affordable and now more comfortable than its original version (when I first gazed longingly on the Trans-Siberian brochures, the passenger literally shared the carriages with goats, and survived on cucumber sandwiches sold by babushkas on station platforms during brief stops). The Canadian Pacific rolling through the majestic Rocky Mountains. Ah, the pure joy of the long-distance train where the ride was the purpose in itself, and not a means to another end.

Australia boasts a few now-classic train journeys of our own, but the best-known is surely the Ghan, travelling between Darwin and Adelaide but with options to start or end at the halfway point in Alice Springs.

Mrs H and I did the Darwin-Adelaide trip for my birthday. Our train was a little longer than usual, just a little short of 1km long and carrying around 1,000 souls. We travelled gold class, which meant fold-down bunks and only two of us in the cabin. Gold class lies between red and platinum, offering more or less according to cost. Add airfares to/from and a hotel here and there, and this is not a budget holiday. Allow \$5K or so to do the full length either way, more if you aspire to platinum class. Despite that, the rain is booked out months ahead, so plan early.

[One of my photos looks out the window to see the front of the train coursing around the bend nearly 1 km away.]

The cost does include all meals, snacks, and bar, and the meals are unmistakeably 5-star. The staff/client ratios are consistent with the price tag, and the staff are trained to deliver what the 5-star client expects. And there are stops at Katherine to visit the Gorge, and at Alice Springs with a choice of optional tours included.

Some bemoaned the monotony of the scenery. I have spent a lot of time in central Australia and rejoiced in the everchanging scenery, but I saw it with more of the bushman's eye.



We traversed mangroves, tropical rainforest, savannah, sand desert, saltpans, and back to coastal farmlands - a kaleidoscope of what the Australian interior has to offer.

Train travel is a lot about people. You sit with different fellow-passengers at each meal, meeting a wide spectrum of experienced world travellers. The lounge cars are capacious and comfortable and encourage social interaction. On our trip, half the passenger list was international, partly because of a large contingent of Poms on a group tour. One surprise, and maybe a disappointment, was the age of the passengers. Despite being around retirement age, we were among the youngest on board.



Walking aids were everywhere and the platform resembled a nursing home excursion at times. Very few backpackers have the budget for this type of excursion.

Would I recommend it? Yes. Would I go again? No. It is a once-only experience, a wonderful experience but one that you don't need to repeat.





# **HealthPathways**

Sunshine Coast and Gympie

Newsletter March 2018

Since the launch of HealthPathways



individual users Feb 4.017



individual sessions Feb 21.311



132.053 page views Feb 121,073



pages now live with 70 under development Feb 332



### Top 5 pages

- Non-acute Urology Assessment
- Non-acute ENT Assessment
- Persistent Pain Specialist Assessment
- Non-acute Gynaecology Assessment
- Non-acute Orthopaedic Assessment



### Pages coming soon

### Request pages

Acute and Non-acute Dental Assessment, Child Audiology Requests, Housing Support Services, Rehabilitation Service, Gastrostomy Service

### **Clinical Pathways**

Gynaecomastia, Facial Palsy, General Wound Assessment and Management, Skin Tears, Leg ulcers, Management of Tetanus-Prone Wounds, Epilepsy in Women and Pregnancy, Miscarriage and Ectopic Pregnancy, Pulmonary Embolism, Splenectomy, Thrombotic Disorders, Myeloma, Administration of Vaccines, Falls Assessment and Management, Neutrophilia, Neutropenia, MGUS, Myelodysplasia, Lymphocytosis, Chronic Non-Cancer Pain



### Health System News Snapshot

### **New to General Practice?**

An essential part of day to day operations within your practice is sending referrals electronically through Medical Objects Secure Messaging. It is important to individually register with Medical Objects to avoid dead letters and ensure patient referrals reach their destination in a secure and timely manner.

### **GP Smart Referrals update**

A new GP Smart Referrals solution is coming later this year for General Practitioners and other eligible health practitioners across the Sunshine Coast. The introduction of this new digital capability will help to address lengthy specialist outpatient wait times. For further information please contact CED\_SmartReferrals@health.qld.gov.au

### **HealthPathways Team Practice Visit**

The HealthPathways team provide visits to Sunshine Coast general practices to demonstrate the site. To book a visit please

cbazley@ourphn.org.au

### Mental health services have changed

Mental health services have changed. See fast facts for GPs for more information.

For more information contact the HealthPathways Coordinator via CBazley@ourphn.org.au



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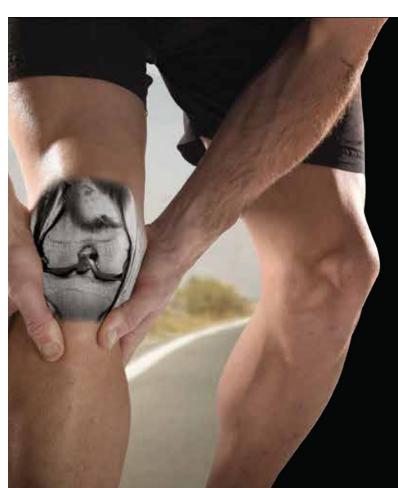
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  - 2. New Photodynamic Fungal Nail Therapy Unit, highly effective and significantly safer than existing laser for this treatment.
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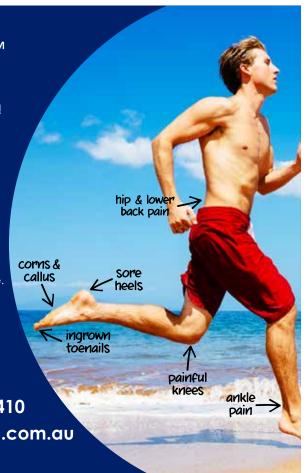
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### McHenry Hohnen Wines - Single Minded



dr. plonk

Success breeds success. The McHenry Hohnen label, formed in 2004, is a cornucopia of success. The founders David Honan and Murray McHenry are Western Australian wine royalty and their lives are an article by themselves. The success is underwritten by the product with some extremely well made and tasty wines.

David Hohnen started Cape Mentelle in the Margaret River region in 1976. He had worked in California winemaking in 1960. He also established Cloudy Bay in Marlborough New Zealand in 1988.He has the honour of winning back to back '83 and '84 Jimmy Watson trophies for his Cape Mentelle Cabernet. Moet Hennessey spied a quality product and bought him out. This enabled David to team up with Murray McHenry to form McHenry Hohnen wines.

Murray McHenry was immersed in hospitality with his family being hoteliers. The passion of the grape was calling and Murray planted 30 hectares of grapes in 1984. In 1998 he established 75 hectares becoming the Rocky Road vineyard. Chardonnay, Zinfandel and Cabernet Sauvignon have been the key grapes. Semillon, Sauvignon Blanc, Petit Verdot, Malbec, Merlot and Shiraz are also grown.

The concept of single vineyard wines is well entrenched. The wines of the single vineyard series are from the Hazel, Burnside and the Calgardup vineyards. Each vineyard imparts its own stamp on the wines. The Hazel is the oldest and generally produces wines of a deeper complexity. The Calgardup is the coolest producing elegant structured wines.

From these sites the range includes the Rocky Road Tempranillo Rose, Semillon Sauvignon Blanc, Chardonnay, Cabernet Merlot and Shiraz. The Single Vineyard series include Caldgardup Chardonnay, Burnside Chardonnay, Hazel's Chardonnay, Hazel's Cabernet Sauvignon, Hazel's BDX (Bordeaux Blend) and Hazel's Zinfandel. The Rolling Stone is a Bordeaux blend and is the flagship wine. Some blended cherry wines are made under the Amigos label.

Biodynamic principals are employed in the viticultural process. Some winemakers say it doesn't make a difference. Wine is in some ways a "living thing" and hence the process that encourages happy healthy vines will always be a superior product. Composting, predatory care of insects, and natural balances of yeasts and bacteria are encouraged. The lunar cycles affecting flowering are respected as well.

Mike Seeger is the driving force of the organic and biodynamic approach. This is encouraged by winemaker Julian Grounds. Having worked in Burgundy, Central Otago, Yarra valley and Margaret River, Julian has a real appreciation for cool climate winemaking and the sense of terroir.

The wine making process always begins in the vineyard. This sets up the brief on a platter to the wine maker. Natural yeasts are used in fermentation, sometimes wholly or partially. I always believe this helps give the wine a sense of its origin.

They have a tidy cellar door open every day 9.30-4:30. They also have a range of David Hohnen smoked meats worth nibbling on.

### Wines tasted ....

McHenry Hohnen Rocky Road Chardonnay Margaret River 2016- Pale light yellow. An exciting bouquet of stone fruits, lemon, notes of grass with just a hint of lees contact. This imparts a slight funky nose. The palate is flavoursome, with a lean acidic finish. Minimal oak influence and no malolactic fermentation make for a nouveaux style Chardonnay. Have with fish pie.

McHenry Hohnen Burnside Margaret River Chardonnay 2016- Light yellow colour. The Nose of this wine is extraordinary. Nectarines, lemon sherbet, oaky notes, and yeast bread like aromas waft like a mirage on a summer's day. Fully juicy anterior palate with structural acidity and French oak round this wine out. No malolactic fermentation is noted. Will cellar 10 years. Scallop and Chorizo Tapas suit.

McHenry Hohnen Margaret River Zinfandel 2015- rich deep garnet to plum colour. Aromas of, pomegranate, with deep brooding layers of liquorice. This a super fruit bomb of lip smacking flavour supported by some fine tannins and French oak exposure. It flows over the tongue like egg whites folding in on that Michelin star soufflé. Have with sugar cured beef.



### IRELAND .....

With breathtaking landscapes, historical sites, vibrant cities and rocky shorelines, the beautiful country of Ireland offers something for everyone. The splendor of the natural beauty of Ireland cannot be explained in mere words. It is amazing to explore the spectacular sceneries of this country including its fabulous Ring of Kerry with eye-catching seascapes, 668 feet Cliffs of Moher, breathtaking mountains dotted with charming farmhouses, winding lanes and astounding Giant's Causeway located in Northern



Ireland. Visit the House of Waterford Crystal to watch the highly efficient artisans at work in its crystal production area.

### A country with Many Historic Landmarks

In addition to picturesque landscapes, Ireland has a number of historic landmarks to explore. Here, you can see churches and castles in different architectural styles throughout the country. The ancient church, Gallarus Oratory on the Dingle Peninsula has been a pilgrimage spot, worth visiting. The largest Norman castle located in the County Meath named, Trim Castle is another must-visit historic attraction!

### Vibrant nightlife in Ireland

Ireland is also known for endless entertainment options and vibrant nightlife. There is no shortage of bars and pubs in the capital city of Dublin. With numerous shops from small independent stores to huge shopping malls, this city offers excellent shopping opportunities to you.

### What have we planned for you?

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- Ferry rides across the River Shannon and Lough Corrib
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# Your pathology provider on the Sunshine Coast



Dr Irene Krajewska **FRCPA FIAC** 

E: irene\_krajewska@snp.com.au

T: (07) 5459 1400

Dr Irene Krajewska graduated from Manchester University in 1978. After five years of FRCS surgical training in the UK and South Australia, she undertook training in anatomical pathology at the IMVS in Adelaide, where she developed an interest in GIT, gynaepathology and cytology under Prof. Svante Orell. She was awarded the RCPA Fellowship in 1990 and the Fellowship of the International Academy of Cytology in 1991. Irene has been an examiner for the RCPA and Australian Society of Cytology. She joined Sullivan Nicolaides Pathology in 2003 and is based on the Sunshine Coast. Her interests are FNA cytology, breast pathology, dermatopathology, gastrointestinal pathology and gynaepathology.

Dr.Jerome Lai ERCPA

E: jerome\_lai@snp.com.au

T: (07) 5459 1400

Dr Lai graduated from the University of Queensland in 1984 and undertook further training in pathology at the Princess Alexandra Hospital and the Mater Misericordiae Hospital in Brisbane. He was awarded the RCPA Fellowship in 1991. Before joining Sullivan Nicolaides Pathology, Dr Lai was Pathology Queensland's Director of Pathology for the Sunshine Coast region.

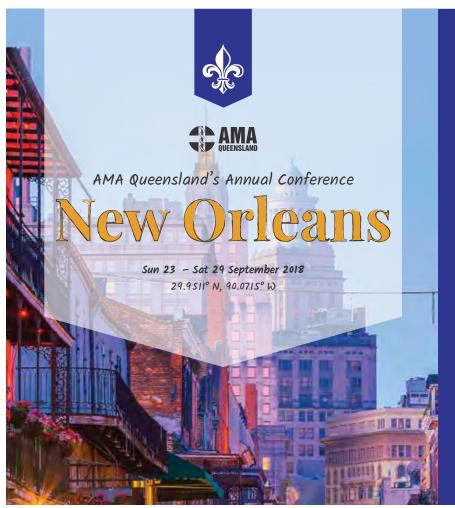


Dr Karien Treurnicht FRCPA FIAC

E: karien\_treurnicht@snp.com.au

T: (07) 5459 1400

Dr Karien Treurnicht graduated cum laude from the School of Medicine at the University of Pretoria, South Africa, in 1995. Karien moved to the UK in 1999 and undertook specialist training in histopathology at a number of London hospitals. She gained a Fellowship from the Royal College of Pathologists (FRCPath UK) in 2003 and in the following year went on to a Urological Pathology Fellowship at Bostwick Laboratories in Richmond, Virginia, USA. In 2005, Karien became Medical Director of Bostwick Laboratories, London, a full-service independent medical laboratory specialising in the interpretation of prostate and urological biopsies. She joined Sullivan Nicolaides Pathology in 2015 and is based at the Buderim laboratory. Karien is widely published and has presented at conferences internationally.



Doctors, practice managers, registered nurses and other medical industry professionals from around Australia are invited to attend the *Annual AMA Queensland Conference* in New Orleans from 23-29 September 2018.

The program will feature highprofile American and Australian speakers on a range of medical leadership and clinical topics in an exciting, and unique location. RACGP points will be on offer.

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Neil Mackintosh, Conference Organiser P: (07) 3872 2222 or E: n.mackintosh@amaq.com.au

Download a conference brochure from the events calendar at www.amaq.com.au



### SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. MANAGEMENT COMMTTEE MEETING THURSDAY 30 NOVEMBER 2017 Maroochydore Surf Club Board Room Accepted at Committee Meeting 22 February 2018

Attendance: Drs Roger Faint, Mark de Wet, Peter Ruscoe, Scott Masters, Alicia Lorenz, Jonathan Last, John Evans, Wayne Herdy. Observer Jo Bourke. Apologies: Drs Mason Stevenson, Fabio Brecciaroli, Kirsten Hoyle, Marcel Knesl, Jon Harper, Grant Eddie.

### Minutes of last meeting: 26 OCTOBER 2017 (To be accepted).

Moved: John Evans. Seconded: Peter Ruscoe. Accepted.

### **Business arising from Minutes:**

General discussion re access to QHealth Viewer and Televiewer.

### President's Report: Dr Roger Faint

- Discussion around responses from Scott Lisle, Acting CE, SCHHS and Dr Bill Boyd, President, AMA Qld regarding orthopaedic training places at SCUH. If all goes well, we will regain orthopaedic registrar training accreditation in 2019. The Ramsay surgical contracts will end in September 2018. Surgery Connect will continue, particularly ophthalmology, AMA Qld feels, that on canvassing various committees, that this is not a Queensland wide issue. Scott Lisle has reassured us that Registrar/Doctor training is a
- Strategic Planning Summary (from our Planning Meeting early September): are there any additions, omissions or clarifications?
- Roger will be attempting a Facebook interview with one of our presenters tonight. To be a regular interview at future meetings, if all goes well.
- Roger to check with Jon Harper how the QH Health Provider Portal is going. Roger to send note regarding positive effects of the Viewer.
- Medical School starting in 2019. Twenty students promised from USC through Biomed degree, beginning 2018.
- New Chief Executive, Adjunct Professor, Naomi Dwyer to commence at SCUH 12 December.
- Congratulations to Dr Steve Coverdale for his work as Inaugural Head Sunshine Coast Clinical School (UQ Faculty of Medicine) since 2008. Congratulations to Dr Ted Weaver who has taken on the role with Dr Steve Coverdale staying on as Acting Deputy till next year.

### Vice President's Report: Dr Wayne Herdy **Hepatitis C Treatment on the Sunshine Coast.**

- When Sussan Ley was Minister for Health, she was advised that the cost of hepatocellular carcinoma in Australia was escalating exponentially and within decades would dominate if not bankrupt the health
- HCC is the end-product of cirrhosis, and hepatitis C is a leading preventable cause of cirrhosis.

- It will be cheaper to minimize the incidence of Hep C in Australia (the optimistic word "eradicate" was aired) than to countenance the inevitable cost predicted.
- Until two years ago HCV treatment was complex and difficult, with cumbersome lengthy and unpleasant treatments with interferon and ribavirin acting indirectly to kill the virus, with reasonable but imperfect success rates.
- Since the advent of the direct-acting anti-virals, and especially the emergence of a few that claim to be polygenomic (i.e. can kill all genotypes) the treatment is now much simpler, shorter, has fewer side-effects, and success rates in the range of 97%.
- Treating HV has been transformed from the role of sub-specialists to fall within the province of every GP. All that remains is to motivate the GPs to expand their role, and to give them as much training as they require. There are only a handful of doctors on the Sunshine Coast who have experience in treating HCV, and most GPs need prompting to learn the process.
- The PHN has finally started looking seriously at setting up a condensed training course for GPs. possibly one of the first in Australia aimed solely at community GPs. If the GPs take up the challenge, we can look forward to the prospect of the Sunny Coast leading the country in high cure rates for HCV.

### Secretary's Report: Dr Mark de Wet Correspondence In:

- Rebecca McClure thanks for USC Bursary Award
- Dr Bill Boyd, President AMAQ re orthopaedic training
- Mr Scott Lisle (Acting CE, SCHHS) re orthopaedic training places

### **Correspondence Out:**

- Dr Bill Boyd, President AMAQ re orthopaedic training
- Mr Scott Lisle (Acting CE, SCHHS) re orthopaedic training places

Business arising from Correspondence: Already covered in meeting.

### Treasurer's Report: Dr Peter Ruscoe (a) Accounts to be paid:

- Australia Post Account Oct 2017
- Jo Bourke Secretariat Oct 2017
- Jo Bourke Adobe CC subscription Oct 2017
- Snap Printing Nov 2017 invites
- Office National Account Sept 2017
- Snap Printing Newsletter November 2017
- Jo Bourke Newsletter November 2017

Peter Ruscoe moved that the accounts as presented be approved for payment. Seconded: Wayne Herdy.

# SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. MANAGEMENT COMMTTEE MEETING THURSDAY 30 NOVEMBER 2017 Maroochydore Surf Club Board Room Accepted at Committee Meeting 22 February 2018

### (b) Membership Report:

• Dr Gerri Van Wyk (Emergency Medicine) Peter Ruscoe moved that the application for membership be accepted. Seconded: Roger Faint. Accepted.

### AMAQ Councillor's Report: Dr Wayne Herdy

- AMA in favour Same-Sex marriage.
- Concerns from AMA members that children will grow up with a distorted view of the world;
- Minority groups will be encouraged to present their views and may be victimised.

### Meetings Convenor Report: Dr Scott Masters

 Scott suggested controversial questions for presenters e.g. five questions.

Hospital Liaison Report: Nil

PHN Country to Coast Report: Dr Jon Harper –

Apology.

### **General Business:**

- Discussion re Secretariat Salary for Jo Bourke (last increase was 2011) and for monthly newsletter (last increase 2013).
- Jo Bourke left the meeting. Treasurer Peter Rusoe presented a scenario which was discussed. Costs to be covered with increase in advertising costs (no increase since 2011) with options to include advertising on SCLMA website and Facebook page. (Jo Bourke to produce attractive Media Kit for distribution).

Treasurer, Dr Peter Ruscoe moved that Salary increase as presented be approved. Seconded: John Evans. Carried unanimously. Salary increase to commence in January 2018.

Meeting Close: 19.15

Next meeting: Thursday 22 February 2018 Maroochydore Surf Club Function Room. Dr Mark de Wet, Honorary Secretary.

### REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: www.rdma.org.au

Email: RDMAnews@gmail.com

### **ADVERTISING GUIDELINES:**

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

### PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

### Take a moment ......



Young people forget that 'old' people had a career before they retired ...

Charley, a new retiree-greeter at Wal-Mart, just couldn't seem to get to work on time. Every day he was 5, 10, 15 minutes late. But he was a good worker, really tidy, clean-shaven, sharp-minded and a real credit to the company and obviously demonstrating their "Older Person Friendly" policies.

One day the boss called him into the office for a talk. "Charley, I have to tell you, I like your work ethic; you do a bang-up job when you finally get here; but, your being late so often is quite bothersome."

"Yes, I know boss, and I am working on it."

"Well good, you are a team player. That's what I like to hear."

"Yes sir, I understand your concern and I will try harder."

Seeming puzzled, the manager went on to comment, "I know you're retired from the Armed Forces. What did they say to you there if you showed up in the morning late so often?"

The old man looked down at the floor, then smiled. He chuckled quietly, then said with a grin, "They usually saluted and said, 'Good morning, Admiral, may I get your coffee, sir?"





Maroochydore Surf Club is offering FREE Membership to SCLMA members! This entitles members to a number of discounts and information re coming events and promotions. Go to reception any time, mention you are SCLMA and eligible for free membership and complete an application.

Those who completed a form at the March meeting have already had their Maroochy Surf Club membership cards mailed to them.

BHP Steel..... feeling it was time for a shakeup, hired a new CEO. The new boss was determined to rid the company of all slackers.

On a tour of the facilities, the CEO noticed a guy leaning against a wall. The room was full of workers and he wanted to let them know that he meant business. He asked the guy, "How much money do you make a week?"

A little surprised, the young man looked at him and said, "I make \$400 a week. Why?"

The CEO said, "Wait right here." He walked back to his office, came back in two minutes, and handed the guy \$1,600 in cash and said, "Here's four weeks' pay. Now GET OUT and don't come back."

Feeling pretty good about himself the CEO looked around the room and asked, "Does anyone want to tell me what that goof-ball did here?"

From across the room a voice said, "Pizza delivery guy from Domino's."



# Your pathology provider on the Sunshine Coast Results (24 hours) P: 1300 778 555 Added tests P: (07) 3377 8528 Sonic Dx/IT Support P: 1800 100 769 Doctor Stores Request F: (07) 5459 1440 Faxed Pathology Request Forms F: (07) 5459 1440 www.snp.com.au

### SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084 **MEMBERSHIP APPLICATION**

Enquiries: Jo Bourke Ph: 5479 3979 Mb: 0407 037 112 Email: jobo@squirrel.com.au

NAME	Surname:		First Name:				
EMAIL:							
THE SCLMA PREFERS TO CONTACT MEMBERS VIA EMAIL WHEREVER POSSIBLE.							
PRACTICE ADDRESS: For members who wish to receive hard copies (instead of by email) of the							
monthly invitation & newsletter by Sullivan Nicolaides Pathology Couriers to avoid postage costs.							
	Practice/Building						
	Street:						
	Suburb: Postcode:						
Phone: Mobile: PRACTITIONER DETAILS:							
Qualifications:							
	Date of Birth:	e of Birth: Year of Graduation:					
	Hospital employed / Private Practice (cross out one)						
General Practice / Specialist (cross out one)							
	Area of Speciality:						
<u>PLEASE NOTE</u> : Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.							
	(to comply with the Queensland Associatio	ns Inco	rporation A				
	are required to nominate each applicant for not need proposers).	new mo	embership.	Members <i>renewii</i>	ng their		
1. NAME:		Signature:					
2. NAME:		Signature:					
ANNUAL SUBSCRIPTION (GST included):		(Pleas	se tick)	PLEASE COMPLETE:			
Full-time ordinary members - GP and Specialist		\$ 11	0	Your Monthly	Invitation?		
Doctor spouse of full-time ordinary member		\$ 55	5	By Email?			
Absentee or non-resident doctors		\$ 55	5	By Courier?			
Part-time ordinary members (less than 10 hours per week)		\$ 55	5	By Post?			
Non-practising ordinary members, under 60 years old		\$ 55	5	Your Monthly	Newsletter?		
Residents & Doctors in Training		Fre	e	By Email?			
Non-practising ordinary members, over 60 years old		Fre	e	By Courier?			
Patron and honorary members			e	By Post?			
Payment can be made by cheque payable to SCLMA or by direct debit to:							
SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298							
Please return this form either by email (scanned) or Fax or Post with details of your E.F.T. to:							
Email: jobo@squirrel.com.au Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 5479 3995							
<u>Please note</u> : Membership applications will be considered at the next Management Committee meeting.							

The Sunshine Coast Local Medical Association has Public Liability Insurance

### **CLASSIFIEDS**

### **KON-TIKI MEDICAL CENTRE IS HIRING DOCTORS -**

Join the Sunshine Coast's best new Medical Centre! www.kontikimedical.com.au

We are recruiting GPs on a permanent basis to join our dynamic team of Doctors, Nurses and Specialists.

For a confidential discussion, contact - Kimberley on 0414 889 079 or email Kimberley@krsolutions.com.au February 2018

### **GENERAL PRACTITIONER (VR) - MIXED BILLING - SUNSHINE COAST QUEENSLAND**

- Fantastic opportunity for a VR GP to join our extremely busy medical practices in the beautiful Sunshine Coast hinterland, only 10 minutes from pristine beaches.
- Minimum \$4000 a week guarantee for 3 months (full time equivalent)
- Established over 50 years, we have placed ourselves as one of the best in terms of quality patient care in our area. We offer the very latest in technology and facilities, flexible working conditions and a very attractive remuneration.

### Why work for us?

- Minimum \$4000 a week guarantee for 3 months (full time equivalent)
- Non-corporate practice, avoid restrictive agreements
- Well-established, busy practice in the hub of the Sunshine Coast
- Well-established patient base, hit the ground running
- Outstanding support from the administration and nursing team
- Very loyal patient base
- On-site parking
- Large rooms with windows
- Fully computerised with remote access

To find out more, please email your resume to admin@ nambourclinic.com.au or ring Rowena for an informal chat 0412 292 666.

March 2018

### **GP WITH EXPERIENCE AND INTEREST IN COSMETIC MEDICINE**

We are looking to expand our cosmetic services in a thriving and modern Dermatology practice on the Sunshine Coast.

- A special opportunity exists for a GP with experience in Botox, Peels and Laser treatments with a keen interest to learn new techniques.
- Flexible sessions for cosmetic consultations and treatments are available.
- We offer state of the art rooms and equipment, a large patient base and a very friendly team to support you.
- Hands on training and ongoing professional dermatological support will be provided. Does this interest you?

Please send any enquiries to: cosmetic4558@gmail.com March 2018

### **CONSULTATION ROOM AVAILABLE AT SPECIALIST SUITE -BUDERIM**

- Prime location at Sunshine Coast Private Hosp, with leafy outlook and natural lighting
- Modern, well equipped rooms
- Close to pathology and radiology facilities
- Convenient patient parking
- Suited for Allied, Specialist or GP
- Sessional basis with different levels of services offered From Meet and greet only to full reception service with our friendly experienced staff

For further information please contact the Practice Manager or Dr Dana Moisuc on 5478 3533 or reception@danamoisuc. /February 2018 com.au

### CONSULTATION ROOM AVAILABLE for SESSIONAL RENTAL in HEALTH HUB at BIRTINYA

- Prime location Sunshine Coast University Private Hospital Specialist Suites
- Professionally appointed suites
- Large reception / waiting room
- Close to all ancillary providers pathology, radiology,
- Sessional rental meet and greet or full services available
- Convenient patient parking
- Suitable for Specialist Medical or Allied Health provider

For further information please contact the Practice Manager on 5437 7633 or admin@coastalcancercare.com.au February 2018

### **VR GP REQUIRED**

VR GP required experienced with woman's health- Caloundra Central Family Clinic

- Long established practice, fully accredited with experienced Nurses and very competent reception staff
- Mixed billing with flexible working hours
- Percentage of billing
- No on call hours

Caloundra Central Family Clinic Ph 07 54912911

practicemanager@medicaltrust.com.au February 2018

### **GENERAL PRACTITIONER WITH INTEREST IN MENTAL HEALTH**

Caloundra Private Clinic is looking for a GP to work with us to complete admission physical examinations for our Mental Health patients on Monday and Thursday afternoons (approx. 2.5 hours

The Clinic offers a dedicated GP examination room, administration fee, administration support and free onsite

For all enquiries, please contact Donna Kain, Chief Executive Officer at kaind@ramsayhealth.com.au or phone (07) 5491

February 2018

### BRAND NEW CONSULTING SUITES AVAILABLE FOR RENT IN **TEWANTIN/ NOOSA**

# Located in the Cooloola Centre in the main street of Tewantin and just 3 minutes from Noosa Private Hospital

# Brand new fit out with modern suites and facilities

# Warm and welcoming reception

- # QML laboratory down stairs / QDI and Noosa Radiology minutes
- # Available for half and full day consulting with competitive rates and inclusions
- # Suitable for surgical and medical specialists or allied health
- # On site boutique gym with commercial quality functional trainer/ treadmill/ workout punch bag- ideal for EP/ Physio/ PT
- # Current occupancy General/ Bariatric Surgeon; Oncologist; Endocrinologist; allied health including dietitian, EP and psychologist

CALL PRACTICE MANAGER (MICHELLE UNDERWOOD) ON 0428 411 033 TO VIEW OR DISCUSS OPTIONS February 2018

### Classifieds are free for members. Email: Jobo@squirrel.com.au

Classifeds are placed for 3 months unless otherwise arranged. Always let us know when you no longer need your classifed.

### **CLASSIFIEDS**

### **GENERAL PRACTITIONER (VR) - PALMWOODS - SUNSHINE COAST QUEENSLAND**

- Fantastic opportunity for a VR GP to join our extremely busy medical practice in Palmwoods, located in the beautiful Sunshine Coast hinterland, only 10minutes from pristine beaches.
- Established over 50 years, we have placed ourselves as one of the best in terms of quality patient care in our area. We offer the very latest in technology and facilities, flexible working conditions and a very attractive remuneration.

### Why work for us?

- Non-corporate practice, avoid restrictive agreements
- Well-established, busy practice in the hub of the Sunshine Coast
- Well-established patient base, hit the ground running
- Outstanding support from the administration and nursing
- Very loyal patient base
- On-site parking
- Large rooms with windows
- Fully computerised with remote access

To find out more, please email your resume to admin@ nambourclinic.com.au or ring Rowena for an informal chat 0412 292 666. / March 2018

### SPECIALIST CONSULTING ROOMS AVAILABLE -**BEERWAH, SUNSHINE COAST**

- Rapid growth area
- Ample parking
- Prime location
- Established Pathology, Radiology, 8 GPs, Dental Practice, Pharmacy, Hearing Aid & Allied Health

For further information please contact Tom Currie Ph: 0413 328 495, Email: thc@derek-investments.com November 2017

### VRGP WITH CLINPALLMEDDIP/PALLIATIVE CARE **CONSULTANT**

- Eden Rehabilitation Hospital is currently seeking a Vocationally Registered GP with ClinPallMedDip (Clinical Diploma of Palliative Medicine) or a Palliative Care Consultant to lead our experienced medical team.
- The role will work very closely with our Director of Clinical Services, Senior Medical Officer and Rehabilitation Physicians.
- Eden Rehabilitation Hospital is a Healthe Care Australia owned private 48 bed rehabilitation and sub-acute medical hospital with a strong reputation of excellence in diverse rehabilitation and medical service provision.
- Located just 20 minutes from Noosa in the hinterland township of Cooroy. Eden offers the intimacy of a country hospital with a unique, dedicated focus on rehabilitation and medical care making it an idyllic place to work.

For more information regarding this position please contact Ainsley O'Keefe or Julie Ferdinando.

Ph: 07 5472 6472.

November 2017

### **ROOM FOR RENT - "PULSE SPECIALIST CENTRE"**

- Located opposite the new SCUH Hospital
- Professionally appointed Suites located in the new health "hub" at Birtinya – Medical, Specialists, Ancilliary Providers.
- Fully serviced if required.

Phone Sandy 0411 898 156 of 5408 7419 Updated February 2018

### LANDSBOROUGH & MOOLOOLAH - FT VR GP

Required for Immediate start within a busy, growing general practice with two sites in the Sunshine Coast Hinterland

- Accredited & GP owned
- Fully computerised (Best Practice)
- Mixed Billing, No On-Call, DWS available
- Practice Nurse support, including CDM
- 65% of billings, Large patient base
- On-site Diabetes Educator, visiting Psychologists & Hearing
- Pathology, Pharmacy & Physiotherapy facilities adjacent
- Great working environment & family friendly

E: Imc@Imcmed.com.au Ph: 07 54941799 https://www.landsboroughmedicalcentre.com.au/ Facebook https://www.facebook.com/ Landsboroughmedicalcentre/ February 2018

### CONSULTATION ROOM AVAILABLE for SESSIONAL **RENTAL AT SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL**

Prime location in Specialist Suites, Ground Floor, Sunshine Coast University Private Hospital, Kawana Health Campus

- Modern, well equipped suite of rooms, consultation rooms include windows
- Generous reception and waiting room area
- Treatment room available
- Onsite pathology, radiology and pharmacy facilities and coffee shop
- Bathroom and kitchen facilities
- Suitable for Medical, Surgical or Allied Health Specialist
- Reception services available for negotiation
- One parking space available and convenient patient parking
- Sessional basis with half or full day sessions available

For further information please contact Operations Manager, Damian May via dmay@heartcarepartners.com. au or 07 3028 2602

February 2018

### **VR GP REQUIRED - PELICAN WATERS FAMILY DOCTORS**

- · VR GP required for doctor owned Family Medical Centre in Pelican Waters, Caloundra.
- Long established, accredited and fully computerised, General Practice with full time experienced Nurse and Receptionist support.
- Visiting Allied Health Professionals and pathology on site.
- Mixed billing and flexible working hours available.

For further information please contact Practice Manager: Karen Clarke on 07 5492 1044 or e-mail gbmedcentre@ bigpond.com.au.

(Afterhours on 0438 416 917)

Continuing as per request.

### Classifieds Free for members Email: jobo@squirrel.com.au

### **SCLMA CLINICAL MEETING - 22 MARCH 2018**

Maroochydore Surf Club Function Room

Dr Jon Harper, Clincal Lead, Sunshine Coast HealthPathways: "The HealthPathways Revolution"
Dr Marlene Pearce, GP Liaison Officer, SCHHS:

"GP/Hospital Communication and GPSIs (GPs with a Special Interest" Sponsor: Primary Health Network (PHN) One of our best ever clinical meetings!!





Presenter Dr Jon Harper, Clinical Lead, Sunshine Coast HealthPathways with Clinton Bazley.



Presenter Dr Marlene Pearce, GP Liaison Officer, SCHHS

2018 - Monthly Meeting Dates: Usually last Thursday in month but sometimes need change of date due to school / public holidays.
26 April, 31 May, 21 June (confirmed),
26 July, 30 August (includes AGM),
20 September,
25 October and
29 November.