



SCLMA President's Message

Dr Roger Faint

The festive season has well finished and already January has passed us by. Our children are back at school (some in their final year, some in their first), the politicians (both State and Federal) are back in Parliament and hoping they are only Australian (silly isn't it), Trump has made significant speeches with less impressive Tweets and Roger Federer has again showed how remarkable he is. Welcome 2018!

The SCLMA met in January to keep abreast of the current topical local medical issues and to plan for the year ahead. The SCLMA has an impressive Board with a broad representation across the specialities both public and private. As a member you are entitled to take note of the committee and contact anyone if there are any concerns regarding any issue that concerns you.

Representatives of the SCLMA are meeting with the new CE of the SCHHS, Adjunct Professor Naomi Dwyer at the end of February. This will be our first meeting and if anyone has concerns that are deemed to affect the local health district either positively or negatively then please contact me, Jo Bourke or your preferred SCLMA member. Your issue can then be presented.

This month's clinical meeting is presented by Coastal Digestive Health on 'Riding the wave of innovative Treatments in Gastroenterology' Dr Jonathon Mitchell (Consultant Hepatologist), Dr Hans Seltenreich (Gastroenterologist) and Mr Lucas Litewka (Director, University of the Sunshine Coast Clinical Trials Centre) will be presenting. Interesting stuff!

I often talk to patients about their presentations to DEM, usually the SCUH. It has come to my attention that Caloundra Minor Injury & Illness Clinic (9 am to 9 pm) and NGH Emergency Departments are now quite subdued. Please tell your friends and patients that there are other options to SCUH.

Finally, be aware that the closing date for submissions regarding the Review of Termination of Pregnancy Laws in QLD closed on the 13 February this year. If you are a supporter of termination (FYI - I recently saw a patient who ordered her RU486 by mail), then a few issues might interest you.



I have discussed this with Dr Bill Boyd, President, AMAQ. The words mental health may be included in the legislation which create opportunities for abortion not obvious before. That is, it is currently likely that very few abortions are actually done for foetal anomaly and even fewer for maternal reasons. Stating 24 weeks as a limit for abortion in association with mental health concerns may lead to more abortions at a later date than currently, thus Queensland may become a preferred state. Also, which is worse for the mental health of the pregnant mother, abortion or adoption?

Regards

Dr Roger K Faint.

Reminder: Please check out our Facebook page: **Sunshine Coast Local Medical Association Inc**

STOP PRESS: Very successful meeting with Adjunct Professor Naomi Dwyer, CE, SCHHS has taken place. Update in next month's newsletter.

The SCLMA thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter of the Sunshine Coast Local Medical Association.



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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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**MARCH
NEWSLETTER
Deadline will be
FRIDAY 16th
MARCH 2018**

DO YOU HAVE SOMETHING TO SAY?

- Perhaps you might like to comment on articles published.
- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: 5479 3979

Mobile: 0407 037 112

Email: jobo@squirrel.com.au

Fax: 5479 3995

We welcome new content - case studies, local news and photos. If you are a new member, send in a short bio and a photo to introduce yourself.

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 5479 3979 or 0407 037 112

Email: jobo@squirrel.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.



Editorial:

In this month's edition of the SCLMA newsletter, President Faint and others remind us that a new year is well underway - a chance to enhance, improve, strive, surpass, tweak and trump (with a small "t"!).



I am still contemplating 2017's Word of the Year which was "COMPLICIT" - a reminder that inaction is a type of action and that there is fortitude and potency in speaking out versus staying silent.

I attended a presentation last night where Elvis Presley was quoted. He said, "Values are like fingerprints. Nobody's are the same, but you leave 'em all over everything you do."

Already the politicians this year are demonstrating that one can rapidly morph from electable to unelectable due to ineluctable faults of being human - such as lust, greed, pride, venality etc. It never ceases to amaze how history repeats because the world seems populated by neophytes seemingly oblivious to history and its lessons... and the wheel keeps being reinvented!

So a new year breaks and we have the chance to regroup, refine and raise in whatever discipline we choose. There is an Icelandic proverb that reads, "Mediocrity is climbing molehills without sweating". Let's aspire for more than mediocrity. It is time to sweat and tackle the mountain! What will emerge as 2018's Word of the Year?

Wishing our readership an eximious year full of challenge and triumph!

Regards,

Kirsten Hoyle

HIGHLIGHTS in this issue:

- P 5: Adj Professor, Naomi Dwyer, CE, SCHHS
- P 7: Jane Schmitt, CEO - AMA Qld
- P 8-9: SCHHS GPLO Report
- P 15: Poole Group - Aged Care Costs
- P 20-21 Medical Motoring - Dr Clive Fraser
- P 27: Application Form for membership
- P 29: Website Directory Form
- P 30-31: Classifieds

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sunshinecoast local medical association.

Website: www.sclma.com.au

SCLMA CLINICAL MEETINGS **6.30pm for 7pm (over by 9pm)**

THURSDAY 22 MARCH 2018

Speaker: Dr Bernard Tamba-Lebbie,
Orthopaedic Surgeon

Topic: "Shoulder Arthroplasty & Physio"

Speaker: Dr Jon Harper, Clinical Lead,
SC Health Pathways.

Topic: "The Health Pathways
Revolution"

Venue: Maroochydore Surf Club
Sponsors: TBA

NOTE: Meeting dates are listed on back
page of this newsletter (taking into
account public and school holidays)

ENQUIRIES: Jo Bourke

Ph: 5479 3979 (M) 0407 037 112

Email: jobo@squirrel.com.au

Clinical meetings are for current SCLMA
members.

New members are welcome to join on the night.
Membership Applications are available at each
meeting, in the newsletter and the SCLMA website.

www.sclma.com.au

If you wish to present at a Clinical Meeting
in 2018, please contact Jo Bourke (details
above).

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Health Service Link - February 2018

Happy New Year to members of SCLMA!

2018 is shaping up to be another busy year for Sunshine Coast Hospital and Health Service.

Two important milestones occurred in January for our community:

On 29 January, 2018 we opened our Paediatric Critical Care Unit (PCCU) at Sunshine Coast University Hospital, which is a 24/7 service, treating children up to 16 years old with:

- life threatening, potentially recoverable illnesses or injuries
- actual or impending organ failure
- respiratory and cardiovascular conditions requiring support
- other conditions that need high-intensity medical and nursing care.

The PCCU is located within the ICU and is staffed by a multidisciplinary team including paediatric intensivists, specialised paediatric critical care nursing, and allied health staff.

At day 10, Dr Paula Lister, Director PCCU advises we have admitted 12 children and with the anticipated spectrum of cases including bronchiolitis, DKA, neonatal sepsis and seizures. Our parents have been very complimentary in their formal feedback, rating the service and the staff very highly (10/10). We are working on more child friendly features given this unit is co-located with adult ICU.

January also marked the launch of our planning for the integrated electronic Medical Record (ieMR). We're in the fortunate position of being able to learn from other Health Services who have preceded us, and have excellent clinician engagement and leadership under Dr Tanya Kelly to guide this journey. We are determined to realise the safety and quality benefits that flow from having key clinical information integrated in one place.

I am very pleased to report that the SCHHS has joined Choosing Wisely Australia, an initiative that helps improve the quality of care by eliminating treatments, tests and / or procedures that may be out-dated or that lack value for our patients and consumers. We have an enthusiastic team of clinicians who will be leading this work, to focus on preventing unnecessary risk of harm on the one hand and prioritising and investing in effective or evidence-based care on the other.

We remain committed to strengthening links between primary and tertiary care. Educational events for GPs are regularly held at the Sunshine Coast University Hospital and are very popular, with many GPs travelling from as far afield as Gympie and Tin Can bay to attend.



GP feedback has been very positive from an educational perspective, with requests for increased involvement by our SCHHS Specialists.

It is clear that our SCHHS specialists appreciate the chance to provide education to GPs on clinical and referral issues, and GPs welcome the chance to give feedback to the hospital and to learn about clinical developments and new services.

To this end, we plan to continue the Combined Specialties Saturday which allowed many different specialities to provide brief 30 minute presentations to GPs on focus areas. Development of the educational calendar for 2018 is well underway and we look forward to another year of strengthened communication and partnerships.

Over the past several weeks, we have been also been rolling out the GPs with special interest program. My eyebrows did raise when I heard we were employing gypsies in our health service. These GPSIs will work alongside specialists - for several months at a time - in outpatient clinics within our Health Service. We believe this program will encourage important relationships to be established between specialists and GPs and will improve our ongoing efforts at integration of care delivery. So far, we have commenced services delivered by suitably qualified GPs in the areas of Paediatric Medicine and Psychiatry. In the near future, GPSIs are anticipated to begin work in Dermatology, Rheumatology, Neurology and Urology.

Until next time, thank you for working with the SCHHS team to improve health outcomes for our community.

Adj. Professor Naomi Dwyer,
Chief Executive
Sunshine Coast Hospital and Health Service
Naomi.Dwyer@health.qld.gov.au



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2018

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AMA QUEENSLAND - CEO UPDATE – FEB 2018

Welcome to the new Health Ombudsman

The Queensland Health Minister has recently appointed Rachel Hunter as the new state's Health Ombudsman. AMA Queensland has been highly critical of the performance of the OHO and has long been calling for reforms to overhaul the system's current deficiencies and inefficiencies.

We look forward to working with the new Health Ombudsman on progressing urgent issues, such as constant budget overruns, investigations taking longer than their legislated timeframes and the high number of vexatious complaints, to ensure that the OHO becomes an efficient, fair and streamlined complaints management system.



MOCA 5 update

Our Workplace Relations Team spent the past six months working closely with our public hospitals members to finalise the log of claims for the upcoming Medical Officers' Certified Agreement 5 (MOCA 5) negotiations. The Team visited 12 hospital visits across the state and conducted meetings with regional, senior and junior medical officers to understand what the burning issues were for the new agreement. Along the way, more than 50 Salaried Medical Officers responded to our call to become MOCA 5 local representatives. In January, we presented both the senior and the junior doctors' log of claims to Queensland Health and we are now working to arrange a negotiation schedule ahead of the formal bargaining period commencing this month. Read the notice of intention to bargain [here](#).

We will keep you informed of progress with the negotiations. If you have any questions or concerns, please email: moca5@amaq.com.au or call (07) 3872 2222.

Your top 5 issues for 2018

Finally, calling on all AMA Queensland members - we are keen to hear from you. Tell us what are the key health policy and workforce issues you want us to take forward in 2018.

If you are an AMA Queensland member, please [take the poll here](#).

GP Liaison: Your Hospital Connection

The GP Liaison Unit is preparing for a busy, exciting year in 2018. We've got a fresh face joining our team;



Sue Hawkins is our new Administration Officer. Sue previously hails from Metro North, and brings to the role a background in outpatient services. She's looking forward to getting to know local GPs, practice managers and staff as she helps with their enquiries.



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GPs in Outpatients? What a great idea!

We are launching an exciting Queensland Health trial project in early 2018, where **GPs** with a **Special Interest (GPSIs)** area will work alongside specialists in public outpatients. The aims of the project are to;

1. **Improve access** to assessment and treatment for patients on the specialist outpatient waiting list
2. **Support GPs** to work in an extended scope of practice and take these skills back to their practices, building our local primary care skill set.
3. **Bring GP experience**, skills and perspectives into outpatients, to improve service delivery and break down clinical care silos.
4. **Foster collegiality**, improve mutual understanding and respect between GPs and Specialists in our local area.



Contact the GP Liaison Unit

Dr Michelle Johnston (GPLO)
Dr Marlene Pearce (GPLO)
Dr Edwin Kruys (GPLO)
 Merrin Godwin (Clinical Nurse)
 Peta-Marce Willett (Project Officer)
 Sue Hawkins (Administration)

Email SCHHS-GPLO@health.qld.gov.au
 Phone 07 5202 3822
 Mobile 0439 591 731
 Fax 07 5202 1044

Sunshine Coast University Hospital
 6 Doherty Street Birtinya 4560
 PO Box 5340 Sunshine Coast MC 4560

GPSIs will have direct clinical support from specialists, as they work within the speciality teams' clinics. Our Paediatric GPSI positions were advertised last year and have now been filled. We're in our second round of selecting GPSIs (applications now closed), to work in the Neurology, Rheumatology/Immunology, Urology and Dermatology teams.

This is an ongoing project and there will be more positions offered for more specialities throughout 2018. Currently, we are communicating these positions through our GPLO Email Newsletters to GP Practices, so keep an eye out. If you have a particular interest area and want to be kept in the loop, please get in contact with us.

GP Liaison Bulletin – what's happening in our Health Service lately?

The **Health Provider Portal** is now live – allowing GPs to view at their patients' QLD Health results (pathology, radiology), Emergency Department notes, and Outpatient appointment bookings, from their clinic computers. Immediate clinical information, right when you need it, mid-consultation. GPs who've signed up are giving us very positive feedback. Check out the instructions and video on <https://hpp.health.qld.gov.au>

Since October 2017, a **Same-Day Discharge Summary** standard is expected at SCHHS. We've already seen a big improvement in statistics in late 2017; some inpatient teams have produced outstanding results. However, January's junior doctor turnover is likely to impact performance temporarily. Discharge Summary timeliness is a key priority of the GPLO Unit, and we will continue to drive the implementation of the procedure throughout 2018.

Have you logged onto **HealthPathways** lately? There are an increasing number of localised health service information pages available, and as well as essential referral requirements for SCHHS specialty outpatient clinics. *Please note, website is for health providers only to access.*

Website: <http://sunshinecoast.healthpathwayscommunity.org>

Login: usersc **Password:** pwsc

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MBBS FRACP FACHPM DipClinHyp
Associate Professor (U of Q)

Medical Oncologist Clinical Haematologist
Palliative Care Physician



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SCLMA February 2018**What is the Integrated Care Alliance and why does it exist?**

Kerrie Hayes, Executive Director Clinical Services, Sunshine Coast Hospital and Health Service and Jane Campbell, Clinical Strategy and Development Regional Manager, Central Queensland, Wide Bay, Sunshine Coast PHN

What is the Integrated Care Alliance?

The Integrated Care Alliance (ICA) is a small group with a passionate dedication to better connect and integrate health and care in our community. The ICA was first established in April 2016, with the support of the Sunshine Coast Hospital and Health Service and the PHN. It has brought together a team of GPs, clinicians, carers and health workers who are all working to build better person-centred care on the Sunshine Coast.

The ICA aims for people on the Sunshine Coast to experience continuity of care through an integrated health care system. The group is facilitating initiatives that better connect and integrate health care on the Sunshine Coast, with a particular focus on people experiencing chronic or complex conditions.

What does the Integrated Care Alliance do?

The past 18 months have seen the ICA bring together key international and national leads, like Dr Viktoria Stein, to kick start and assist a number of initiatives. These have included:

- A successful Falls Prevention co-design forum and action plan
- Data linkage teams looking at potentially preventable hospitalisations
- Hospital Avoidance initiatives particularly aimed at people with chronic and complex conditions

The past 18 months have seen the ICA pushing the current boundaries and practices to better connect and co-ordinate services. Consumers and carers are the key target of efforts to improve individual health literacy. While we look at health literacy at an individual level, general practice is a key area for delivering more effective treatment, closer to home.

Therefore it is essential that the ICA supports general practice through technology enablers, such as referrals and HealthPathways, which build clearer directions to navigate the management of complex care in areas like older person's health and chronic conditions. The efforts of general practice are essential in any process that looks to reduce potentially avoidable hospitalisations among people with chronic and complex conditions.

Why do these projects matter?

The research shows that people who are treated for complex or chronic conditions receive more effective care and experience better health outcomes in the primary care sector. Through the ICA over 30 members and 12 different organisations are able to seek and commission resources. This joint approach makes the most of the limited collective health and care resources we have. By working together, we strengthen the shared commitment to benefit our Sunshine Coast community and are accountable for our joint efforts.

If you are interested in joining the Alliance or would like more information please contact Jane Campbell JCampbell@ourphn.org.au or Deidre Ballinger DBallinger@ourphn.org.au.

HealthPathways

Sunshine Coast and Gympie

Newsletter November 2017
Since the launch of HealthPathways



3,245
individual users



15,847
individual sessions



93,105
page views



295
pages now live with
67 under development



Top 5 pages

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- Non-acute Orthopaedic Assessment
- Non-acute Gastroenterology Assessment
- Non-acute Gynaecology Assessment
- Non-acute General Surgery Assessment



Pages coming soon

Request pages

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Clinical Pathways

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Health System News Snapshot

Up-scheduling of Codeine

Codeine-containing medicines will no longer be available without a prescription from 01 February 2018. Therapeutic Goods Administration (TGA) decided to up-schedule over-the-counter codeine-containing medicines to prescription-only medicines from 01 February 2018, principally as a result of safety concerns.

This is consistent with the international status of codeine and is supported by major Australian clinical groups e.g., AMA, RACP, RACGP, and Faculty of Medicine. Scriptwise and NPS Medicinewise will communicate the changes. The Pharmaceutical Society of Australia and Pharmacy Guild of Australia have received funding from Australian Department of Health to deliver training modules for pharmacists and communication materials for the public.

TGA has developed a [codeine information hub](#) with details on the codeine scheduling decision.

- Consumer's information on the changes and why they have been made
- [Tips for talking about codeine](#) for general practitioners
- Numerous fact sheets
- FAQs
- Safety reports

HealthPathways Team Practice Visit

The HealthPathways team provide visits to Sunshine Coast general practices to demonstrate the site. To book a visit please contact: cbazley@ourphn.org.au.

Mental health services are changing for GPs

Mental health services are changing. See [fast facts for GPs](#) for more information.

For more information contact the HealthPathways Coordinator via CBazley@ourphn.org.au



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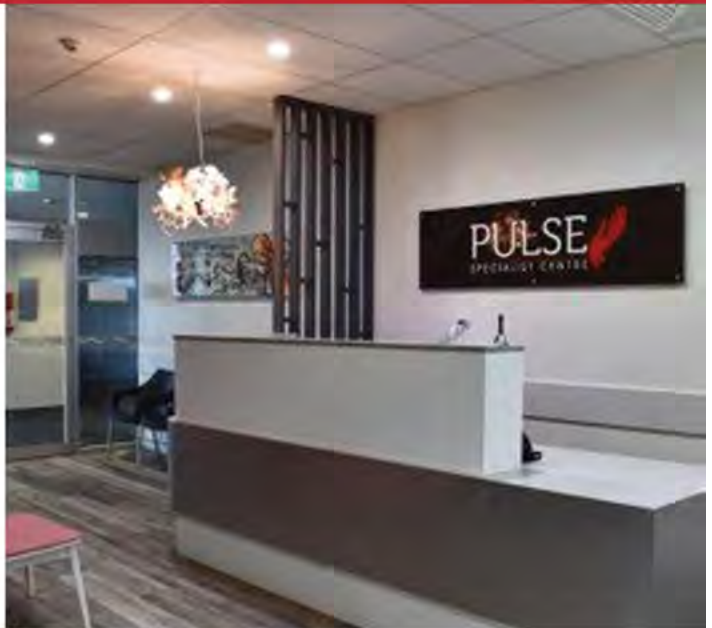
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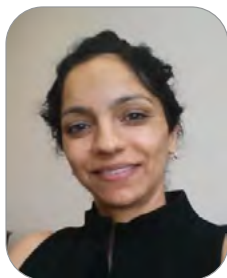
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SUNSHINE COAST HAEMATOLOGY & ONCOLOGY CLINIC – Montserrat Cancer Care –

WELCOME to ... Dr Pinky Baghi - Medical Oncologist



Dr Baghi is a Fellow of the Royal Australasian College of Physicians (FRACP) with specialist qualifications in Medical Oncology.

Areas of special interest include the management of genito-urinary, breast, gastro-intestinal, as well as head and neck cancers, but is accomplished with all solid tumours.

Following her graduation, Dr Baghi completed advanced oncology training at Calvary Mater Hospital in Newcastle, where she later worked as a Medical Oncologist. Dr Baghi also gained experience as Staff Specialist in Oncology in various rural and regional locations throughout Queensland and New South Wales.

Dr Baghi has a passion for clinical research and is a member of the Breast Cancer Trials, as well as the Australasian Gastrointestinal Trials Group. She is keen to bring clinical trials into her practice to assist in facilitating the introduction of new drugs and therapies into cancer care.

Dr Baghi is excited to be part of a comprehensive cancer care team, and operates a **part-time private practice** from Sunshine Coast Haematology and Oncology Clinic.

For enquiries and bookings, see contact information below

Meet the Team providing ... Excellence in Cancer Care on the Sunshine Coast ...



Dr John Reardon
Medical Oncologist/
Clinical Haematologist



Dr Hong Shue
Medical Oncologist



Dr Sorab Shavaksha
Clinical Haematologist



Dr Lydia Pitcher
Haematologist/Oncologist
Paediatric Haematologist



Dr Joshua Richmond
Clinical Haematologist



Tania Shaw
Oncology Massage
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Sarah Higgins
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Jesse Goldfinch
Exercise Physiologist



Kathie McDonald
Clinical Psychologist

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Rethinking your retirement needs

If you are planning how much you need to save for retirement, don't forget to include the costs of aged care. This is not just the cost of residential care, but should also include care in the home or support services to help you live independently as you age.

Factoring in the costs of aged care is becoming increasingly important with the emergence of home care, increasing longevity (living longer) and the rising incidence of dementia. Having the capacity to pay for services increases your range of choices and your ability to retain some independence. If you ignore the costs of aged care when planning the adequacy of retirement savings, you may fall short of predicting your real retirement income needs and run out of money too early.

The costs of home care

The costs of aged care have been increasing and are likely to continue to increase at a rate higher than inflation. When planning your retirement, consider the costs that you may incur in your latter years for:

- **Home care** - home care costs can be difficult to predict and can vary from \$100 a week to \$5,000¹ a week depending on your care needs, family circumstances and your choice for what type of care you want. Government subsidies may help to drastically reduce the cost to you, but having adequate savings opens up the choices and ability to control the level and type of care received.
- **Capital expenditure** - to make the home suitable for you as you age (e.g. widening doorways to enable wheelchairs and ramps).



Example: Francis is single and retires at age 67. She estimates that she will need \$43,695² per annum in retirement indexed to inflation. Her adviser calculates that she will need to save a superannuation balance of \$658,000 (based on an investment return of 6% pa and ignoring Centrelink benefits) to fund her income requirements to age 90.

Francis would prefer to keep living in her own home in her older years. If she adds in the need to pay home care costs of \$26,000³ per annum (in addition to government subsidies up to \$50,000 per annum) and one-off costs of \$50,000 to modify her home when she reaches age 85 (in today's dollars and indexed to inflation of 2% pa), the amount she needs to save is more like \$750,678.

Her current goal leaves her short by \$92,000 and her money is more likely to run out by age 87. This may also put more pressure on other family members.

Next steps

Call me today on **07 5437 9900** if you want to review your retirement plans and factor in the costs of aged care. Don't delay the conversation as starting sooner can increase your opportunities to meet all your retirement goals.

Yours in Aged Care

Sharon Coleman

(Accredited Aged Care Specialist/ Accountant)

¹ Estimate of cost for 24-hour a day private nursing.

² ASFA Retirement Standard for a comfortable retirement, June quarter 2017.

³ Assuming full user maximum contribution for home care of \$14,000 per annum plus \$1,000 per month additional private.



Sunshine Coast Orthopaedic Clinic

The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for twelve years. We have treated many professional and semi-professional athletes as well as the "weekend warriors", including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Falcons, Melbourne Storm and many other local clubs.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques

or an appropriate non-operative treatment programme.

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures, loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such as an MRI scan.

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement, revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.

Dr Lawrie is happy to take phone calls for advice, queries etc as this often helps the referral process.

For appointments contact

Dr Steven Lawrie
Suite 17, Kawana Private Hospital
5 Innovation Parkway, Birtinya QLD 4575
p: 07 5493 3994
f: 07 5493 3897
e: sunshineortho@bigpond.com.au
www.sunshineortho.com.au

Examples of these injuries include:

A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied with the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.

Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

Traumatic meniscal tears where early repair rather than delayed resection can make a dramatic difference in outcomes

Early ACL surgery in the young active patient/sportsman.



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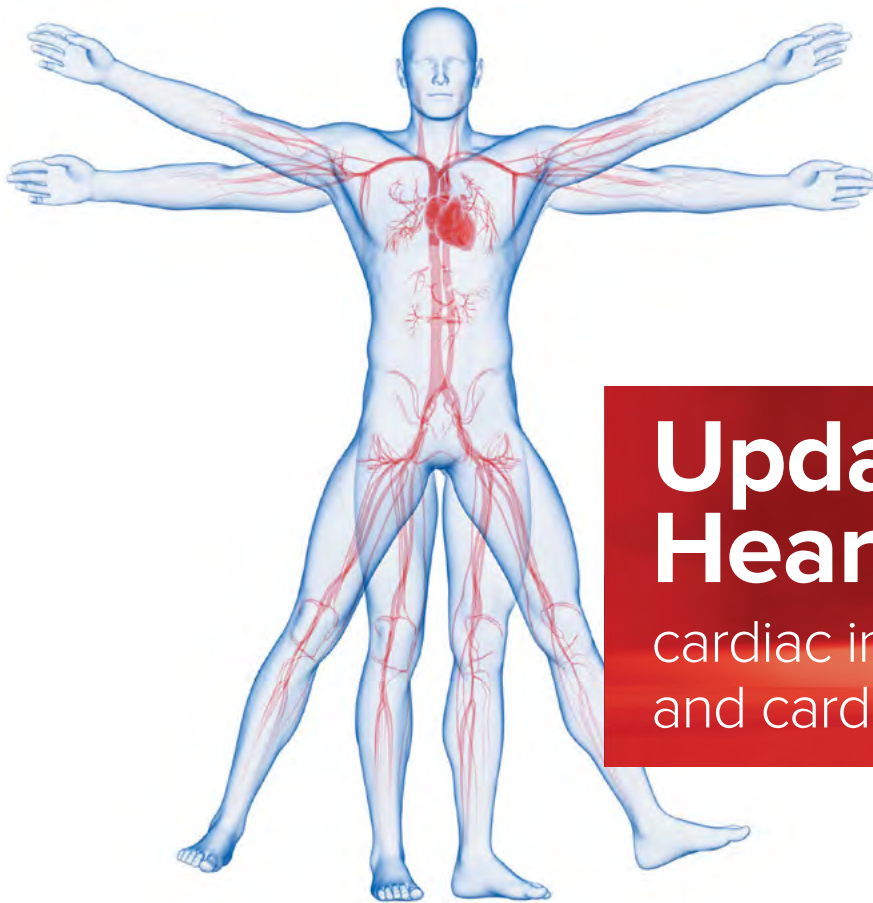
Genesis CancerCare Nambour: 10 Mapleton Rd, Nambour QLD 4560

Tel: 07 5441 4311 or **Fax:** 07 5441 3511

Monday to Friday between 8.00 am to 4.30 pm

www.genescancercareqld.com.au





Update in a Heart Beat

cardiac imaging, AF ablation and cardiac devices



Sunshine Coast University Private Hospital is very pleased to invite you to an evening featuring Cardiologists **Professor Tony Stanton, Drs Naresh Dayananda, KK Lim, Peter Larsen, Mark Johnson and Stuart Butterly**. Please join us for a night of interactive discussion.

LEARNING OUTCOMES:

Following this activity GPs will be able to:

- Identify and order most appropriate cardiac imaging
- Discuss options for the management of atrial fibrillation with their patients
- Identify when to refer patients for new cardiac devices

PROGRAM:

6.30pm Registration and dinner

7.00pm Presentations and panel discussion

Clinical relevance of recent advances in cardiac imaging - calcium scores, ECG, MRI Professor Tony Stanton

Atrial Fibrillation Ablation, Dr Naresh Dayananda

What's new in cardiac devices:

- *subcutaneous implantable cardioverter defibrillators (S-ICD) system, transcatheter (leadless) permanent pacemaker system, remote monitoring* Dr KK Lim

Panel discussion Q&A with presenters and special guests Dr Peter Larsen, Mark Johnson and Stuart Butterly

9.00pm Evaluation and close

WHEN

Wednesday, 7 March 2018

WHERE

Ebb Waterfront Dining & Cellar
6 Wharf Street
Maroochydore, QLD 4558

RSVP

Wednesday, 28 February 2018

4 Category 2 points

Proudly Sponsored by



Register online www.sunshinecoastuniversityprivate.com.au

Email GPeducation.SC@Ramsayhealth.com.au

Call Pam Bull 0427 327 321, Tansie Jarrett 0427 199 202

Email GPeducation.SC@Ramsayhealth.com.au if you wish to be removed from our mailing list



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GP Education

Noosa's Women in Medicine

Oncology, Gynaecology, Gastroenterology

Noosa Hospital is very pleased to invite GPs to an evening of education featuring Medical Oncologist **Dr Pinky Baghi**, Gynaecologist **Dr Precious Lusumbami**, Gastroenterologist and Hepatologist **Dr Simone Kaye**, Breast & Endocrine Surgeon **Dr Felicity Adams**, Haematologist / Oncologist **Dr Sybil Kellner** and Psychiatrist **Dr Matira Taikato**.

LEARNING OUTCOMES:

- Identify new treatment options in oncology
- Implement a care path for the management of endometriosis
- Identify latest treatment options for fibroids
- Discuss hormonal contraceptive options in peri-menopausal women

PROGRAM

- | | |
|--------|--|
| 6.30pm | Registration and dinner |
| 7.00pm | Presentations and panel discussion
Oncology beyond chemotherapy
Dr Pinky Baghi, <i>Medical Oncologist</i>
Medical treatments in gynaecology – an update
Dr Precious Lusumbami, <i>Gynaecologist</i>
Gender and Irritable Bowel Syndrome
Dr Simone Kaye, <i>Gastroenterologist & Hepatologist</i>
Panel Q&A including presenters and special guest specialists
Breast & Endocrine Surgeon Dr Felicity Adams,
Haematologist / Oncologist Dr Sybil Kellner
and Psychiatrist Dr Matira Taikato |
| 9.00pm | Evaluation and close |

4 Category 2 points



Recognising International Women's Day

WHEN

International Women's Day
Thursday, 8 March 2018

WHERE

Noosa Boathouse
 194 Gympie Terrace
 Noosaville, QLD 4566

RSVP

Thursday, 1 March 2018

Proudly sponsored by

It's easy to register



wealthmed

Register online www.noosahospital.com.au/OurDoctors/GPEvents

Email GPEducation.SC@Ramsayhealth.com.au

Call Pam Bull 0427 327 321 or Tansie Jarrett 0427 199 202

Email if you wish to be removed from our mailing list

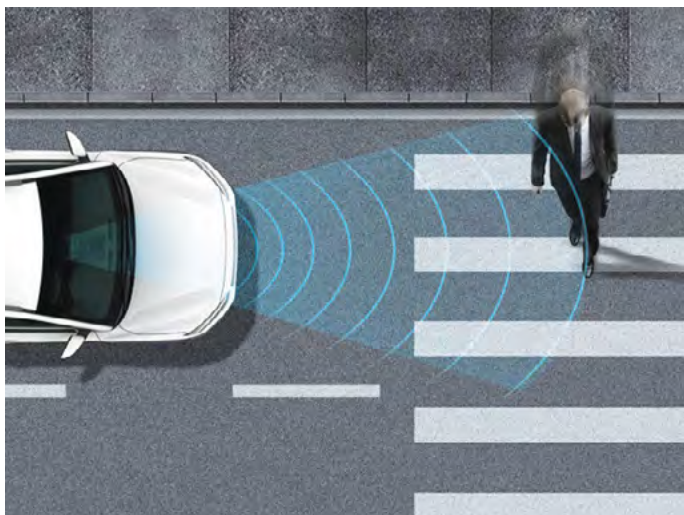


**Noosa
Hospital**

Part of Ramsay Health Care

Medical Motoring

Collision Avoidance Technology



As we anxiously enter the age of driverless vehicles I'm aghast to see how many driverless cars already seem to be on Australian roads.

When I'm travelling I notice every day other motorists staring into their laps at their smart phones and not looking straight ahead at where they are going.

They are usually in cars that to the best of my knowledge aren't fitted with adaptive cruise control, lane guidance or autopilot collision avoidance systems.

So I can only assume that there is some sort of app on their smart phone which will alert them if necessary to the need to look up if driver input is required.

I'd say that any car being driven by someone distracted by a smart phone is in my opinion technically "driver-less".

In my practice I see people every week who have been terribly injured by being impacted from someone texting, Facebooking, Tweeting or Instagraming etc. I'm also very pleased to see how vigorously law enforcement officers breach distracted drivers for doing so.

With so much inattention on our roads it's great to see how much technology is already out there to augment rather than replace driver awareness.

My first experience of this was about five years ago in the car park of my local Volvo dealership to test the City Safety feature in a Volvo XC70.

The salesman told me to drive straight into a large cardboard box in the carpark.

Hard as I tried, the XCV70 just would not let me hit it as sensors mounted alongside the rear vision mirror detected an object in front of the vehicle and braked accordingly.

The system works to avoid collisions at speeds of up to 50 km/h.

Thereafter I've seen radar-based Adaptive Cruise Control appearing in many more affordable models such as Hyundai's i30 Elite.

The technology relies on the Doppler effect and the fact that radio-waves reflect from solid objects.

The vehicle will then adjust its speed +/- apply the brakes depending on the closing distance of another vehicle.

More recently a colleague proudly showed me his new Mercedes GLC 250d SUV which comes standard with Collision Prevention Assist.

In his first week of ownership the GLC's collision avoidance technology successfully helped him to avoid hitting a feral pig which suddenly darted across the road in front of him at mid-night.

But the collision avoidance system proved not to be infallible when he collided with a kangaroo at dusk one week later.

Medical Motoring / cont:

Collision Avoidance Technology

I think Mercedes can be forgiven if their technology works most reliably with pedestrians and walking beasts (cows, horses, sheep, goats etc).

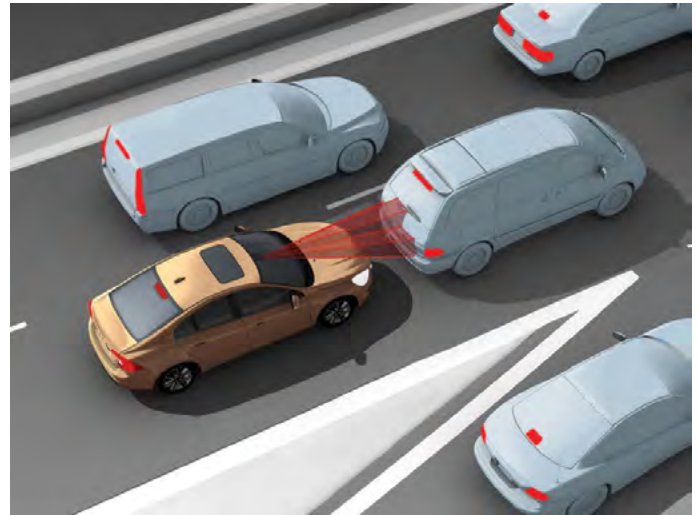
Kangaroos and other hopping animals generally aren't encountered on German autobahns and the software may require some further tweaking.

Whilst all of this technology arguably makes driving safer, none of it should ever replace driver attention.

Safe motoring,

Doctor Clive Fraser

These are cars where the driver feels no need to look ahead as they are more focussed on interacting with their smartphone.



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Dr Marcel Knesl

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Peta Boyce – The Master Gardener and his apprentices.

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Dr Irene Krajewska FRCPA FIAC

E: irene_krajewska@snp.com.au

T: (07) 5459 1400

Dr Irene Krajewska graduated from Manchester University in 1978. After five years of FRCS surgical training in the UK and South Australia, she undertook training in anatomical pathology at the IMVS in Adelaide, where she developed an interest in GIT, gynaepathology and cytology under Prof. Svante Orell. She was awarded the RCPA Fellowship in 1990 and the Fellowship of the International Academy of Cytology in 1991. Irene has been an examiner for the RCPA and Australian Society of Cytology. She joined Sullivan Nicolaides Pathology in 2003 and is based on the Sunshine Coast. Her interests are FNA cytology, breast pathology, dermatopathology, gastrointestinal pathology and gynaepathology.

Dr Jerome Lai FRCPA

E: jerome_lai@snp.com.au

T: (07) 5459 1400

Dr Lai graduated from the University of Queensland in 1984 and undertook further training in pathology at the Princess Alexandra Hospital and the Mater Misericordiae Hospital in Brisbane. He was awarded the RCPA Fellowship in 1991. Before joining Sullivan Nicolaides Pathology, Dr Lai was Pathology Queensland's Director of Pathology for the Sunshine Coast region.

Dr Karien Treurnicht FRCPA FIAC

E: karien_treurnicht@snp.com.au

T: (07) 5459 1400

Dr Karien Treurnicht graduated cum laude from the School of Medicine at the University of Pretoria, South Africa, in 1995. Karien moved to the UK in 1999 and undertook specialist training in histopathology at a number of London hospitals. She gained a Fellowship from the Royal College of Pathologists (FRCPath UK) in 2003 and in the following year went on to a Urological Pathology Fellowship at Bostwick Laboratories in Richmond, Virginia, USA. In 2005, Karien became Medical Director of Bostwick Laboratories, London, a full-service independent medical laboratory specialising in the interpretation of prostate and urological biopsies. She joined Sullivan Nicolaides Pathology in 2015 and is based at the Buderim laboratory. Karien is widely published and has presented at conferences internationally.



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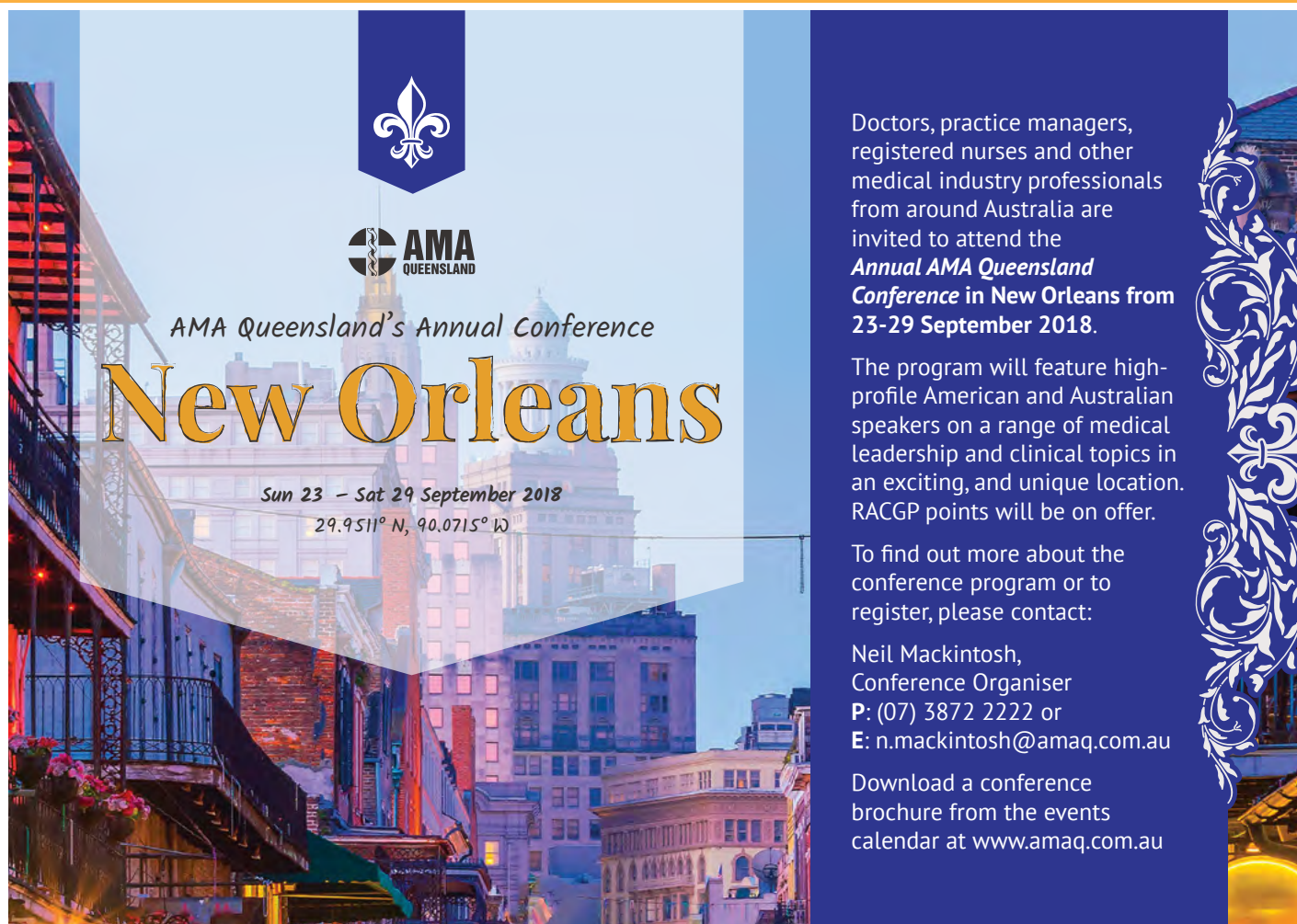
Caloundra Private Clinic provides Easy Access to mental health services – one number is all you need. For fast assessment by a psychiatrist and/or admission to Caloundra Private Clinic for;

- General mental health disorders
- Mood disorders
- Anxiety disorders
- Post-Traumatic Stress Disorder (PTSD)
- Electroconvulsive Therapy (ECT)
- Cognitive Behaviour Therapy (CBT)
- Repetitive Transcranial Magnetic Stimulation (rTMS)
- Alcohol and Drug Program



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New Orleans

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E: n.mackintosh@amaq.com.au

Download a conference brochure from the events calendar at www.amaq.com.au

REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website:

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ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: 5479 3979 Mb: 0407 037 112 Email: jobo@squirrel.com.au

NAME	Surname:		First Name:	
EMAIL: _____ <i>THE SCLMA PREFERS TO CONTACT MEMBERS VIA EMAIL WHEREVER POSSIBLE.</i>				
PRACTICE ADDRESS: For members who wish to receive hard copies (instead of by email) of the monthly invitation & newsletter by Sullivan Nicolaides Pathology Couriers to avoid postage costs.				
	Practice/Building			
	Street:			
	Suburb:		Postcode:	
	Phone:		Mobile:	
PRACTITIONER DETAILS:				
	Qualifications:			
	Date of Birth:		Year of Graduation:	
	Hospital employed / Private Practice (cross out one)			
	General Practice / Specialist (cross out one)			
	Area of Speciality:			
PLEASE NOTE: <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>				
PROPOSERS: (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).				
1. NAME:		Signature:		
2. NAME:		Signature:		
ANNUAL SUBSCRIPTION (GST included): Full-time ordinary members - GP and Specialist Doctor spouse of full-time ordinary member Absentee or non-resident doctors Part-time ordinary members (less than 10 hours per week) Non-practising ordinary members, under 60 years old Residents & Doctors in Training Non-practising ordinary members, over 60 years old Patron and honorary members	(Please tick)		PLEASE COMPLETE:	
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	\$ 55		By Courier?	
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	\$ 55		Your Monthly Newsletter?	
	Free		By Email?	
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	Free		By Post?	
Payment can be made by cheque payable to SCLMA or by direct debit to: SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298				
Please return this form either by email (scanned) or Fax or Post with details of your E.F.T. to: Email: jobo@squirrel.com.au Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 5479 3995				
Please note: Membership applications will be considered at the next Management Committee meeting.				

The Sunshine Coast Local Medical Association has Public Liability Insurance

The Great Aussie BBQ Routine

1. Woman Buys Food
2. Woman Makes Salad
3. Woman collects utensils and takes food to man
4. Man puts food on BBQ
5. Woman goes inside and organises plates etc
6. Woman tells man that meat is burning
7. Man deals with burning meat whilst having another beer
8. Man takes meat off BBQ and gives to woman
9. Woman serves dinner, clears and does dishes
10. Everyone praises man on great BBQ and thanks HIM
11. Man comments on how he gave the woman the night off cooking
12. Man is confused at woman's look of frustration on her face!

Does not apply to SCLMA members!!



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Kawana P: (07) 5459 1433

SCLMA WEBSITE - MEMBER DIRECTORY

www.sclma.com.au



SAMPLE:

	PRACTICE	CONTACT	FAX	EMAIL / WEBSITE
CARDIOLOGY				
Dr John SMITH				
Dr Tom BROWN <i>Interventional</i>				
GENERAL PRACTICE				
Dr Penny SMITH <i>Women's health</i>				
Dr Betty BROWN				

YOUR DETAILS

Please supply **ONLY** information you give consent to be published
on the SCLMA website directory **(PUBLIC DOMAIN)**

(Title) (First Name) (Surname)

Name of Practice _____

Address: _____

Suburb: _____ P/C _____

Phone: _____ Fax: _____

Email: _____

Website: _____

Specify category for your listing: (e.g. General Practice, Gynaecology, Cardiology, Anaesthetics)

Special Interests: _____

Signed: _____ Date: _____

Post to: PO BOX 549 COTTON TREE 4558 OR FAX TO 5479 3995

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- Prime location at Sunshine Coast Private Hosp, with leafy outlook and natural lighting
- Modern, well equipped rooms
- Close to pathology and radiology facilities
- Convenient patient parking
- Suited for Allied, Specialist or GP
- Sessional basis with different levels of services offered From Meet and greet only to full reception service with our friendly experienced staff

For further information please contact the Practice Manager or Dr Dana Moisuc on 5478 3533 or reception@danamoisuc.com.au

February 2018

CONSULTATION ROOM AVAILABLE for SESSIONAL RENTAL in HEALTH HUB at BIRTINYA

- Prime location – Sunshine Coast University Private Hospital Specialist Suites
- Professionally appointed suites
- Large reception / waiting room
- Close to all ancillary providers – pathology, radiology, pharmacy
- Sessional rental – meet and greet or full services available
- Convenient patient parking
- Suitable for Specialist Medical or Allied Health provider

For further information please contact the Practice Manager on 5437 7633 or admin@coastalcancercare.com.au

February 2018

VR GP REQUIRED

VR GP required experienced with woman's health- Caloundra Central Family Clinic

- Long established practice, fully accredited with experienced Nurses and very competent reception staff
- Mixed billing with flexible working hours
- Percentage of billing
- No on call hours

Caloundra Central Family Clinic

Ph 07 54912911

practicemanager@medicaltrust.com.au

February 2018

KON-TIKI MEDICAL CENTRE IS HIRING DOCTORS -

Join the Sunshine Coast's best new Medical Centre!

www.kontikimedical.com.au

- We are recruiting GPs on a permanent basis to join our dynamic team of Doctors, Nurses and Specialists.

For a confidential discussion, contact – Kimberley on 0414 889 079 or email Kimberley@krsolutions.com.au November 2017



GENERAL PRACTITIONER WITH INTEREST IN MENTAL HEALTH

Caloundra Private Clinic is looking for a GP to work with us to complete admission physical examinations for our Mental Health patients on Monday and Thursday afternoons (approx. 2.5 hours both days).

- The Clinic offers a dedicated GP examination room, administration fee, administration support and free onsite parking.

For all enquiries, please contact Donna Kain, Chief Executive Officer at kaind@ramsayhealth.com.au or phone (07) 5491 1522.

February 2018

BRAND NEW CONSULTING SUITES AVAILABLE FOR RENT IN TEWANTIN/ NOOSA

Located in the Cooloola Centre in the main street of Tewantin and just 3 minutes from Noosa Private Hospital

Brand new fit out with modern suites and facilities

Warm and welcoming reception

QML laboratory down stairs / QDI and Noosa Radiology minutes away

Available for half and full day consulting with competitive rates and inclusions

Suitable for surgical and medical specialists or allied health

On site boutique gym with commercial quality functional trainer/ treadmill/ workout punch bag- ideal for EP/ Physio/ PT

Current occupancy General/ Bariatric Surgeon; Oncologist; Endocrinologist; allied health including dietitian, EP and psychologist

CALL PRACTICE MANAGER (MICHELLE UNDERWOOD) ON 0428 411 033 TO VIEW OR DISCUSS OPTIONS

February 2018

CLASSIFIEDS

SPECIALIST CONSULTING ROOMS AVAILABLE - BEERWAH, SUNSHINE COAST

- Rapid growth area
- Ample parking
- Prime location
- Established Pathology, Radiology, 8 GPs, Dental Practice, Pharmacy, Hearing Aid & Allied Health

For further information please contact Tom Currie
Ph: 0413 328 495, Email: thc@derek-investments.com
November 2017

VRGP WITH CLINPALLMEDDIP/PALLIATIVE CARE CONSULTANT

- Eden Rehabilitation Hospital is currently seeking a Vocationally Registered GP with ClinPallMedDip (Clinical Diploma of Palliative Medicine) or a Palliative Care Consultant to lead our experienced medical team.
- The role will work very closely with our Director of Clinical Services, Senior Medical Officer and Rehabilitation Physicians.
- Eden Rehabilitation Hospital is a Healthe Care Australia owned private 48 bed rehabilitation and sub-acute medical hospital with a strong reputation of excellence in diverse rehabilitation and medical service provision.
- Located just 20 minutes from Noosa in the hinterland township of Cooroy. Eden offers the intimacy of a country hospital with a unique, dedicated focus on rehabilitation and medical care making it an idyllic place to work.

For more information regarding this position please contact Ainsley O'Keefe or Julie Ferdinando.
Ph: 07 5472 6472.
November 2017

ROOM FOR RENT - "PULSE SPECIALIST CENTRE"

- Located opposite the new SCUH Hospital
- Professionally appointed Suites located in the new health "hub" at Birtinya – Medical, Specialists, Ancillary Providers.
- Fully serviced if required.

Phone Sandy 0411 898 156 of 5408 7419
Updated February 2018

VR GENERAL PRACTITIONER REQUIRED

Unique opportunity for a VR General Practitioner to join our successful medical practice located in the beautiful Sunshine Coast hinterland and only 10 minutes from pristine beaches. Established in the community over 11 years, we have placed ourselves as one of the best in terms of quality patient care in the area. We have a very loyal patient base which is constantly growing due to both word of mouth and local housing growth.

We are well operated and non-corporate medical centres. Full nursing support, plenty of equipment, big rooms with windows and parking. Fully computerised with remote access. DWS available for overseas trained GP. We need YOU to join our team.

Check out our website at www.nambourclinic.com.au.
For further information contact Rowena
Ph: 07 5441 1455, 0412 292 666
Email: admin@nambourclinic.com.au. *Feb 2018*

LANDSBOROUGH & MOOLOOLAH - FT VR GP

Required for Immediate start within a busy, growing general practice with two sites in the Sunshine Coast Hinterland

- Accredited & GP owned
- Fully computerised (Best Practice)
- Mixed Billing, No On-Call, DWS available
- Practice Nurse support, including CDM
- 65% of billings, Large patient base
- On-site Diabetes Educator, visiting Psychologists & Hearing Clinic
- Pathology, Pharmacy & Physiotherapy facilities adjacent
- Great working environment & family friendly

E: Imc@Imcmed.com.au Ph: 07 54941799
<https://www.landsboroughmedicalcentre.com.au/>
Facebook [https://www.facebook.com/](https://www.facebook.com/Landsboroughmedicalcentre/)
[Landsboroughmedicalcentre/](https://www.facebook.com/Landsboroughmedicalcentre/)
February 2018

CONSULTATION ROOM AVAILABLE for SESSIONAL RENTAL AT SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL

Prime location in Specialist Suites, Ground Floor, Sunshine Coast University Private Hospital, Kawana Health Campus

- Modern, well equipped suite of rooms, consultation rooms include windows
- Generous reception and waiting room area
- Treatment room available
- Onsite pathology, radiology and pharmacy facilities and coffee shop
- Bathroom and kitchen facilities
- Suitable for Medical, Surgical or Allied Health Specialist
- Reception services available for negotiation
- One parking space available and convenient patient parking
- Sessional basis with half or full day sessions available

For further information please contact Operations Manager, Damian May via dmay@heartcarepartners.com.au or 07 3028 2602

February 2018

VR GP REQUIRED – PELICAN WATERS FAMILY DOCTORS

- VR GP required for doctor owned Family Medical Centre in Pelican Waters, Caloundra.
- Long established, accredited and fully computerised, General Practice with full time experienced Nurse and Receptionist support.
- Visiting Allied Health Professionals and pathology on site.
- Mixed billing and flexible working hours available.

For further information please contact Practice Manager: **Karen Clarke on 07 5492 1044 or e-mail gbmedcentre@bigpond.com.au.**
(Afterhours on 0438 416 917)
Continuing as per request.

Classifieds Free for members
Email: jobo@squirrel.com.au

SCLMA CLINICAL MEETING - 22 FEBRUARY 2018

Maroochydore Surf Club Function Room

Dr Jonathan Mitchell, Consultant Hepatologist - "What's Hot in Hepatology?"

Dr Hans Seltenreich, Interventional Endoscopist & Gastroenterologist -
"Surfing the Wave of Innovative Treatments in IBD"

Mr Lucas Litewka, Director, USC, Clinical Trials Centre - "USC Clinical Trials Network Model and its
Intersection with Healthcare" Rehabilitation Team

Sponsors: Coastal Digestive Health and University of the Sunshine Coast



Abbie Rowe and Ashvita Venkatesh
from USC Clinical Trials Centre



Presenters: Mr Lucas Litewka, Dr Hans Seltenreich
and Dr Jon Mitchell



2018 - Monthly Meeting Dates: Usually last Thursday in month but sometimes need change of date due to school / public holidays. 22 March, 26 April, 31 May, 21 June (to be confirmed), 26 July, 30 August (includes AGM), 20 September, 25 October and 29 November.

