



SCLMA President's Message

Dr Roger Faint



Merry Christmas and Happy New Year to all!

By now university and school results will be in, with many family discussions as to what next year will entail.

My daughter has passed 4th year JCU medicine and my son passed his 1st year UQ engineering, despite living at a residential college. Whew!

I was recently reading the August 2008 SCLMA newsletter with Dr Mason Stevenson announcing his stepping down as SCLMA President to take up his new role as President-Elect of AMA Queensland in May 2009.

Mason announced that 1,200 million dollars was earmarked for the new 'Kawana public hospital' amongst other significant monies. It is now almost difficult to recall when 'SCUH' was not built.

In the February 2008 newsletter, Mason's article was about Specialist and GP work force shortage on the Sunshine Coast. In fact Mason mentioned in his last paragraph that interest in GP training places was low with local GP availability to be potentially decimated over the next ten years, that is 2018.

It seems that this prediction might be becoming a reality, although with other factors coming into play, such as the recently ceased approximate 6 year Medicare freeze.

Most of you will have read in the local papers that universal practice bulk billing is progressively ending on the coast. Long standing pure bulk billing practices in Noosa and Caloundra are ending this practice and introducing mixed billing.

Other practices, such as Coolum, are considering ending reduced or bulk billing for children and concession card holders.

This is despite Australian bulk billing rates being about 86% suggesting the fallability of this figure. This figure does not show the number of patients who are currently being bulk billed and if one extrapolates, the poor financial state of General Practice.

All Sunshine Coast GP practices should be reviewing their own state of financial health if they haven't already and writing to their local Federal politician and the Health Minister.

Finally I would like to thank Jo Bourke & Carol Hawkins for their untiring patience, the SCLMA committee members for their advice and support, CEO Adj. Prof Naomi Dwyer, Pattie Hudson & Dr John Harper from the PHN, the Maroochy Surf Club, both Lisa Rowe & Wilson from Wishlist and many other nice people.



Kick your heels up at New Year and see you in 2020.

Dr Roger K Faint



The SCLMA thanks Sullivan Nicolaides Pathology for the distribution of the monthly newsletter of the Sunshine Coast Local Medical Association.



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FEBRUARY 2020 NEWSLETTER Deadline will be FRIDAY 7th FEBRUARY

- Perhaps you might like to comment on articles published.
- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: 5479 3979

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Email: jobo@squirrel.com.au

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We welcome new content - case studies, local news and photos.

If you are a new member, please send in a short bio and a photo to introduce yourself.

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 5479 3979 or 0407 037 112

Email: jobo@squirrel.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.



Editorial

We are soon to embark on the next decade in our nation's history and I augur that it will diverge from the first two of the 21st Century.



As journalist Megalogenis points out, we are morphing from "a charmed period of affluent complacency" to an absence of national identity and direction. A deft government would have adapted by now but our politicians do not reflect our diversity of people. We are the first prosperous nation to reach a majority migrant status and our Anglo-European face is changing to a Eurasian one. Forty percent of our population reside in Melbourne and Sydney where economic power is centered but a changing migrant population is shifting the electoral power. The largest ethnic group in Melbourne is Indian, in Sydney it is Chinese, in Brisbane the Kiwis have supplanted the English and in Darwin it is the Filipinos.

On the global stage, Trump and Xi are different leaders who both crave laudation and reverence. So now that China is contesting America as the sole superpower and the US is no longer content to watch China imperialise across the globe, their trade wars threaten the global economy. So how will parochial Australia navigate the new world order given our trade dependence on China and our presumed security afforded by America?

In the medical domain, the next few years will necessitate negotiating the challenges of funding the delivery of world leading health care to an ageing population carrying the burden of more chronic and complex diseases. And at a time when we face the added charge of climate change. Think deaths from heat waves, increase in infectious diseases such as Dengue and Ross River Fever as mosquito populations move, Cholera resulting from water pollution and flooding, respiratory illnesses from air pollution and a rise in mental health conditions due to the stress of food/water scarcity, displacement and physical ill-health.

There is much to ponder so savour your break over the Festive Season and return in 2020 reinvigorated!

And finally, thank you to Roger and the LMA committee for their dedication and work throughout the year. And to Jo Bourke, without whom neither the LMA nor the newsletter would be! And to our members and the medical community on the Sunshine Coast who deliver world class health care to our community.

Regards, Kirsten

e. kirsten@eximious.com.au

HIGHLIGHTS in this issue:

- P 4-6: SCHHS - Adj Prof Naomi Dwyer, CEO
- P 7: PHN December Update
- P 11: Dr Wayne Herdy - Christmas
- P 12: GP Longitudinal Program Griffith MD
- P 14: Karen Clark - BPH Update
- P 15: *Join the Zonta says No Campaign*
- P 16: The Poole Group - Aged Care
- P 22-23: AMA Queensland President's Report
- P 28: Wishlist Holiday Raffle

Please 'like', 'share' and 'follow' our Facebook page: [sunshinecoast local medical association](https://www.facebook.com/sunshinecoastlocalmedicalassociation).

Website: www.sclma.com.au

CLINICAL MEETINGS 2020:

Please note that these details are correct at time of printing! They may change! Check our website for latest updates. www.sclma.com.au Click on Activities and Meetings.

THURSDAY 27 FEBRUARY 2020

- Dr Dilip Dhupelia AMAQ President
- Doctors from Fertility Solutions will present

THURSDAY 27 MARCH 2020

ENT Evolve - Dr Kristy Fraser-Kirk

THURSDAY 30 APRIL 2020

Dan Everson, Podiatrist (TBC)

THURSDAY 28 MAY 2020

Sunshine Coast HeartCare Specialists

Meetings are being finalised for the remainder of 2020. It has been decided that ALL meetings will be held on the LAST Thursday of each month. No meetings Dec & Jan. Canapes, 2-course dinner, beverages Maroochy Surf Club Private Function Room.

ENQUIRIES: Jo 0407 037 112

HEALTH SERVICE LINK - DECEMBER 2019



Staying Safe this time of year

As a busy year draws to a close, the Sunshine Coast Health team are preparing for the usual increase in demand for care, as well as engaging with our community to prevent some of the avoidable harm we see.

Falls are a common cause for injury during December-January, yet many people don't realise the potential hazards that came about at Christmas time, being often too busy or distracted to ensure they were keeping themselves safe. In December 2018, 551 people presented to Sunshine Coast Hospital and Health Service emergency departments for falls-related injuries, and this January, that figure rose to 609.

Decorating is a definite hazard at this time of the year and not just falls from ladders – chairs, boxes, tables or whatever you can imagine are being used. And while it is the season to be merry, please join us in encouraging locals to drink responsibly, and avoid doing physical activities while intoxicated.

Also, parents are being encouraged to think carefully before attempting to use toys they have given their children. If it's been a few years since you've attempted to ride a skate board, hover board, bicycle it's probably best avoided, even doctors can be tempted to try and impress their kids!

Our Dr James O'Beirne to lead a major Study on liver disease

Non-alcoholic fatty liver disease (NAFLD) affects up to 30 per cent of Australians and is becoming the most common cause of chronic liver disease in Australia. With the relationship of obesity and diabetes, the numbers are obviously increasing.

Whilst many patients with NAFLD have mild disease that can be managed by their GP, a proportion can develop progressive scarring of the liver that can lead to cirrhosis and liver cancer.

Our Professor James O'Beirne, Senior Staff Specialist in Hepatology, has been appointed Chief Investigator for the \$1 million Australian Government LOCATE research trial that aims to assess patients for severe liver disease at mobile clinics in regional centres. The trial will evaluate a new model of care where specially trained nurses screen patients with abnormal liver function tests. This is done in the community using a non-invasive scanner to detect scarring of the liver without the need to be referred to hospital. The aim is to decrease waiting times for assessment, meaning that patients with mild NAFLD can be reassured and managed by their GP with lifestyle measures. Patients with severe disease will be identified and treated by a liver specialist more quickly.

As there may be no obvious symptoms, NAFLD may be under-recognised by GPs. It is hoped the study will raise awareness of the condition and the importance of assessing the extent of liver scarring. The LOCATE trial begins in mid-2020 and will focus on the Sunshine Coast and Metro South regions. We are very fortunate to have someone of James' expertise on our team at Sunshine Coast Health.



World Aids Day – Communities Make the Difference

On 1 December, people around the globe recognised World AIDS Day, the theme this year is 'Communities Make the Difference'

Our Clinical Director of Sexual Health and HIV Services (Clinic 87), Dr Kuong Taing says compassion, knowledge and action are the strongest weapons we have in the fight against HIV.

HEALTH SERVICE LINK - DECEMBER 2019 /cont:

It's important to break down barriers and educate the community on HIV and AIDS. If we work together, we can eliminate HIV, through reducing stigma and making HIV medication cheap and accessible to people living with HIV.

Clinic 87 offers rapid HIV testing, which is a simple finger prick test that will give a result in only 20 minutes. If reactive, a confirmatory test will then be sent to the laboratory. Patients no longer have to wait up to a week for a HIV result. While patients do not need a referral, GP referrals are welcome, learn more about the SCHHS Sexual Health Clinic: <https://www.health.qld.gov.au/sunshinecoast/html/services/sexualhealth-home>

Our Close Partnership with General Practice Community: New Initiative Starting 2020

Improving the health of our community requires strong relationships with our General Practice colleagues. Recognising this, we have decided to align our 30 Nurse Navigator roles with specific groups of Practices, of which there are nearly 200 across our area. This initiative is a close collaboration with our Primary Health Care Network who are doing a great job to help us implement this from early 2020. The aim is to provide each General Practice with a dedicated Nurse Navigator, who amongst other things, will enable and coordinate targeted education, ensure available Hospital Alternatives are well understood and utilised (Hospital in the Home, Telehealth options, Respiratory Service and be a conduit between the Practice and our Health Service.

We are partnering with the PHN to Identify areas of need within General Practice in relation to common chronic conditions such as COPD, CVD, Diabetes. Given the significant growth of older persons in our community, the Nurse Navigators will also work with General Practices to streamline care for elderly clients, both in RACFS and those living in their own home. They will attend and promote regular General Practice Nurse network meetings, and act as an agent for system improvement by working with General Practices and SCHHS GPLO team.

We look forward to sharing more information about this next year, as well as hearing feedback about how it's going.

Farewelling 2019 and Welcoming 2020

2019 has certainly been a busy year at Sunshine Coast Health - unprecedented levels of healthcare delivered to our growing community, going digital, our new Griffith University Medical School, amazing research and education, winning the Premiers Excellence Award for our RAPID Clinic, new tertiary services, and new and enhanced facilities like Maroochydore Hub and Palliative Care.

2020 will bring new opportunities and challenges, with the delivery of our new 10 year Master Clinical Services Plan providing a blueprint for future services, and our ongoing commitment to provide the highest standard of safe, quality care. We expect that this year's focus on creating a sustainable healthcare system will continue if we are to meet the growing demand for care, within available public resources: A challenge that is not unique to Sunshine Coast.

We are very grateful to be part of a wider healthcare community in our Region who are also passionate about making a difference. And on that note, I would like to express my deep appreciation to Dr Roger Faint, President SCLMA who is a great leader and advocate for quality healthcare and a valued barometer of the issues that are important to our medical community. I would also like to acknowledge Jo Bourke who does such a marvellous job behind the scenes at SCLMA. On behalf of my team, I would like to thank you for all that you have done this year to care for our community, and your collaboration and partnership with us. I would also like to thank our partners in the private health sector and the Primary Healthcare Network.

Working together we can make such a valued difference. We hope you enjoy the festive break with your loved ones and stay safe (and read paragraph 1.)

/ Continued next page

HEALTH SERVICE LINK - DECEMBER 2019 /cont:

And finally, I would like to introduce you to Dr Laxmi Camadoo, who has one of the most important roles in our community – leading the delivery of public healthcare to our region's children.

Dr Laxmi Camadoo, Director of Paediatrics, Sunshine Coast Hospital and Health Service

Laxmi has been our Director of Paediatrics at Sunshine Coast Hospital and Health Service for just over two years, leading both the service and fulfilling her love for clinical work which is inspired by helping children, adolescents and their families.

“One of the joys is knowing you’ve made, what is often a very stressful time, a little easier. Communication is key to this. Parents don’t mind if you don’t have all the answers, but they want to know what the steps are you’re taking to find out and be involved in the decision making.”

“Communication is also critical to success as a Director and leader of a busy team, spread across the health service. Touching base regularly to make sure everyone is OK and continuing to build relationships is so important.

“Our team can be honest and open with each other, we can be quite direct, but we know it is because we all have the patient’s best interests at heart. We also approach our interactions respectfully.

Dr Camadoo said: “Communication is a skill you learn on the job from your leaders and mentors. As consultants we strive to role model effective communication. It isn’t just for our junior medical staff but also nursing and allied health. In turn, we look to them to keep learning and improving.”

“The hardworking, talented, driven, fun-loving and passionate paediatrics team make my job so much easier. I try to provide them with the space and encouragement to allow them to flourish. Enabling them to bring their ideas to life is a rewarding part of my role. I keep in mind that “True leaders don’t create followers, they create more leaders.”

Next time you are at the beach look out for Dr Camadoo, in her free time she is a Surf Life Saving Australia official!!

Until 2020, have a safe and happy festive season

Naomi

Adj. Prof Naomi Dwyer, Chief Executive, SCHHS





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Dr Daevyd Rodda, Orthopaedic Surgeon

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CENTRAL QLD, WIDE BAY, SUNSHINE COAST PHN - December 2019

Local Community Groups recognised at 2019 Healthy Towns Awards

A medical transport service, palliative care hospice and QCWA branch were among nine community groups to share in more than \$15,000 in grants at the 2019 Healthy Towns Awards announced in Peregian in early December.

Proudly funded by Central Queensland, Wide Bay, Sunshine Coast PHN, and supported by the University of the Sunshine Coast, Sunshine Coast Regional Council, Noosa Council and Gympie Regional Council, Healthy Towns helps support rural and regional community groups run projects to improve local people's health and happiness.

At a time when the benefits of social prescribing are starting to become more widely understood, the PHN's Senior Manager Robb Major said the impact groups like those nominated for the awards have on the community could not be underestimated.

"These awards recognise that community groups make an enormous contribution to the health and wellbeing of residents," Mr Major said.

"We know that in this modern world our interactions with our friends and families, communities and even the space around us is diminishing as our lives become more complex and rushed.

"These groups tackle that head on, championing resilience and happiness by providing a place or a service for people to strengthen local connections with each other, with their community, and with their environment."

Held annually, the Awards are split into three categories each with their own unique criteria, Connections Between People, Connections With Place, Connections With Greenspace, along with a major Health and Happiness Award for the application best representing all three.

While the Health and Happiness Award comes with a \$7,500 bursary, each successful award recipient in their category receives \$1,500, with runners up taking home \$750.

The QCWA Palmwoods Branch were the recipients of the 2019 Healthy Towns Health and Happiness Award, which Branch President Yvonne Dalziel said would go towards supporting the ongoing success of their many projects.

"We're absolutely thrilled to win this award - we asked our town what they wanted us to do (if we won), and they would like us to improve and increase the programs we run during the year," Ms Dalziel said.

"We run healthy eating programs, a healthy kids program, a cooking program for adults, 'belonging' programs where people can turn up to an event we're running, we support bespoke businesses with skill building, a sewing program for adults, and a variety of others.

"Four years ago we had five members, now we have 30, but we have the support of the entire town – it helps brings the town together.

"This award will help us to continue on and grow into what the community needs."

2019 HEALTHY TOWNS AWARD WINNERS

- Health and Happiness Award: QCWA Branch Palmwoods
- People Award winner: Sunny Street
- People Award runner-up: Pomona & District Community House
- Place Award winner: Katie Rose Cottage Hospice
- Place Award runner-up: Maleny Neighbourhood Centre
- Greenspace Award joint winner: Gympie Community Garden
- Greenspace Award joint winner: Palmwoods Community Garden
- Outstanding application Award: Cooloola Coast Medical Transport
- Outstanding application Award: Faerie Festival



Palmwoods Committee

L-R: May Hampton, Jenny Powell, Yvonne Dalziel



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Spine Surgeon, Orthopaedic Surgeon

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CHRISTMAS

by Wayne Herdy

Christmas. To some it is still a religious festival, one of the most important dates in the Christian calendar. But in an increasingly secular, even irreligious society, the Christian origins are less and less relevant. It is strange that much of the seasonable trappings, like snowmen and sleighbells, are not only bizarre in the Southern hemisphere summer, they are totally alien to mainstream Australian culture. And in an increasingly diverse culture, those who follow other faiths find that much of the Christian message is totally unknowable.

What does survive is the tradition that the season is a family time, an opportunity to reinvigorate all manner of personal relationships, a time to go to the beach or any other preferred recreational activity.

What of those who have no family, no formal or informal personal support network? At the time when most Australians are sitting down to a feast with their chosen cohort, there are hundreds of thousands who share the day with nobody. There are those whose everyday existence is a solitary one, like Eleanor Rigby or the otherwise unknown Father Mackenzie immortalized by the Beatles. There are those who, stung by past choices, have no option but to be homeless and friendless. Even the charities that support the homeless often do not serve a Christmas lunch – that day is just too painful for their clients to attend to anything more than their personal penances.

Christmas is not uniformly a happy time for the medical profession. It is a time when the media gleefully report on the record road trauma. It is a time of excesses – food, alcohol, heat and sunshine, unaccustomed physical activities. It is a time of unpredictable medical risk, coinciding with a time when most medical resources are partly or wholly closed.

So as we prepare to enjoy the happy side of family sharing, spare just a passing thought for the many citizens for whom Christmas is the worst possible day of the year, and for the health professionals who face the challenge of providing a medical service against the odds.



Having shared that passing thought, may all of you go on to enjoy the chance to spend just a fleeting moment or two with the people with whom you have chosen to spend one of the most significant days in the calendar.

A happy and safe Christmas to you all.

Wayne Herdy



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Modern radiotherapy: wide-field skin cancer treatment

A solution is now available to treat invasive and pre-invasive non-melanoma skin cancers (NMSC) across large, curved areas of the body.

Outcomes 12 months after radiation therapy treatment:

98%

of treatment areas received a cosmetic score of good or excellent¹

88%

of patients had undergone previous treatment with other therapies.¹

86%

of treatment areas had complete clinical clearance of non-melanoma skin cancers.¹

Arm case study:



Before treatment



After treatment (3 months)



After treatment (12 months)

Diagnosis:

- 40 year history of multiple NMSC
- Prior treatments include: local excisions, liquid nitrogen, diathermy, Efudex, acitretin and cortisone

Treatment prescribed:

- 45Gy in 25 fractions using VMAT and custom 3D printed bolus

Outcomes:

- Clinical clearance – 1 isolated actinic keratosis at 12 months
- Cosmetic – good



"This revolutionary treatment is life-changing for both our patients and their families. We can now provide a long-term solution for those patients with large areas of their body affected by skin cancers using modern radiotherapy and 3D printed bolus." - Dr Bradley Wong

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* Cosmetic outcomes measured using Lovett et al scoring tool.

1. GenesisCare data on file. 2. Lovett et al, 1990, Int J Radiat Onc Biol Phys, 19(2):235-42.

GP LONGITUDINAL PROGRAM OF GRIFFITH MD

Griffith University School of Medicine (Sunshine Coast) is pleased to report the great success of the first run of the General Practice Longitudinal Program (GPLP) thanks to the massive support of local GPs. This innovative clinical teaching model would not have been possible without the keen contribution of the GPs who form a considerable membership of the Sunshine Coast Local Medical Association.

The 8-week pilot program was held earlier this year. The purpose was to assess the benefits of medical students having early clinical exposure. The findings from this pilot program surpassed our expectations, with feedback and assessment outcomes clearly demonstrating that student experience, confidence, and competence in physical examination was vastly improved.

The feedback received from both GPs and students has been extremely positive. The students' comments around their experience provided further proof of the program's success:

- *"Learning about the day-to-day tasks of different patient presentations was amazing, it put what I'm learning in to context"*
- *"... very welcoming and actively found opportunities for me to get involved. Great opportunities for feedback at the end of each session."*

Feedback from our GP supervisors was also enthusiastic with over 90% of GPs indicating they would be happy to be involved in future programs. GPs also indicated they felt they had received sufficient training prior to the program and were well supported by the School throughout.

Participating GPs also noted other positive outcomes of the program:

- *"Ability to show insight to junior medical students, as such to change perception GP is a fallback or easy speciality"*
- *"It was lovely to work with a medical student early in training and my patients enjoyed the extra time. We learned a few things about some of my patients. Med student exposed to GP cases that they might not see unless they became a GP trainee otherwise"*
- *"Let students experience primary health care in hopefully a positive interesting environment and allow them to develop insights into what the job involved, irrespective of what they then go onto do in medicine"*

We at Griffith University value the enthusiasm and energy brought by the GPs in making this program a success and on behalf of our students, we would like to extend our thanks to all participating clinicians and practices. We also would like to acknowledge the support of the SCLMA in providing opportunities to speak to members and for allowing us to share the program's success.

What's next?

The feedback received from the GPs and students has played a vital role in planning the GPLP2020 program. We want to ensure that the program structure allows GPs the flexibility to mentor students within the parameters of a regular clinical session. Below is a summary of the changes:

- *Expansion of GP teaching to cover what you love doing every day, i.e. focused history, focused examination, targeted selection of investigations and interpretation thereof, management of a wide variety of patients and conditions, and other GP work.*
- *Placements will be extended to 6 weeks.*
- *Consolidation of students' GP placement experiences with campus-based workshops with academic faculty.*
- *The program will be run in both Year 1 and Year 2 of the MD.*
- *We are seeking approval for CPD points / PDP points through discussions with RACGP and ACRRM.*
- *Provision of more faculty development sessions, as requested by GPs.*
- *We are investigating the use of streamlined digital assessment methods.*

We are very happy to invite you all to take part in this paradigm shift in clinical teaching. GPs interested in participating in GPLP2020 can [register online](#) or contact Griffith University School of Medicine (Sunshine Coast) for more information – 07 5202 0333.

Dr Sujeewa Palagama and A/Prof Jen Williams



BUDERIM PRIVATE HOSPITAL

SCLMA column

December 2019

Dear SCLMA colleagues,

It has been another big year for the Buderim Private Hospital and I would like to take this opportunity to thank you for your continued support. It is our great privilege to care for more than 25,000 patients each year in our hospital which features 194 beds, eight dedicated operating theatres, an endoscopy suite and two cardiac vascular theatres. I would also like to share some of our hospital's latest news with you in this edition.

**New Director of Clinical Services**

Kate Burns recently joined our hospital team as the Director of Clinical Services. Kate is a dedicated healthcare professional with expertise in leading and managing strategic and operational functions within the healthcare sector. Kate has a strong clinical, operational and consulting background in service and process re-design to ensure better outcomes for patients and communities and improve operational performance.

Kate has a critical care nursing background and has held product, project and consulting roles within Telstra Health, Manager of Access and Patient Flow at Royal Melbourne Hospital and clinical and operational leadership roles with Mercy Health. Kate has worked with a diverse array of stakeholders to deliver patient and service redesign to improve quality of care and achieve efficient and effective operations.

Emergency Centre update

The Buderim Private Emergency Centre has now been in operation for 15 months and has treated more than 7000 patients. The Emergency Centre provides a local choice of emergency care and a timeframe to which that care is received. We have upheld that promise with wait time averaging less than 10 minutes since opening and our patients rating our care in the excellence range on NPS.

Since opening, we have listened to feedback provided by patients, GPs and QAS paramedics. One of the confusions was the fee schedule. Based on this feedback, we have simplified our billing structure. From 1 December there are no more in and out of hours charges - it is now one flat out-of-pocket fee dependent on the patients' status (concession, Work Cover and DVA rates still apply).

This fee includes the emergency specialist consultation, radiology, pathology with no further out-of-pocket costs – this fee is 100% transparent and there are no hidden costs. The Emergency Centre bills the Medicare fees on the patient's behalf at a bulk billed rate. For more information on the Emergency Centre and the updated fee schedule, please visit www.buderimprivatehospital.com.au/emergency

GP Survey

We invite you to share your thoughts and opinions on the delivery of GP education in the future. We value your feedback and will use the results of this survey to shape both the subject matter and format of our education events moving forward. I urge you to take two minutes of your time to complete this survey by visiting www.buderimprivatehospital.com.au/GPsurvey

Wishing you all a very happy and safe Christmas and New Year.

Until next year,

Karen Clark, *General Manager*

Join the Zonta Says No Campaign!

Zonta International celebrated its Centennial on November 8th 2019 marking 100 years of empowering Women worldwide through advocacy and service. The organisation consists of 30 000 members in 63 countries. November 25th marks the United Nations Day for Elimination of Violence.

As part of the 16 days of Activism and Zonta Says No campaign against Violence of all sorts we invite medical practices to display a simple sign in their toilets.

These are designed to provide vital Helpline numbers to vulnerable women in a safe space, and also to increase public awareness.

They will let your patients know your practice is aware and willing to help. The A4 PVC sign is easily attached with Double sided Tape. We are also happy to supply sporting clubs and other community groups.

Signs are available from Dr Petra Ladwig – a brochure on Safety Tips for Women is also available.

Contact her on zontad22ad1@gmail.com or by phone 5437 7244 with details on how many signs are required.



Sunshine Coast Orthopaedic Clinic

**SAVE THE MENISCUS –
AN UPDATE ON ARTHROSCOPY**

There have been a number of recent papers questioning the role of knee arthroscopy and partial medial meniscectomy in the degenerate knee. This has quite rightly led to a decreased use of knee arthroscopy to treat the degenerative knee, at least as a first line treatment. That's not to say that arthroscopy and partial meniscectomy cannot be beneficial in certain older patients, but it is reasonable to start with a dedicated physiotherapy programme first and reserve arthroscopy for recalcitrant symptoms, or those with severe mechanical symptoms such as locked or locking knees or conditions such as root tears, loose bodies etc.

An unintended consequence, however, has been to reduce referral rates of younger patients for which the benefit of early arthroscopy and repair of the meniscus is clear. The goal of knee surgery is to save the meniscus. So meniscal repair and to a lesser extent conservative meniscal resection is the mantra for knee surgery, especially in younger patients. Meniscal repair preserves meniscal function so should prevent the problems of increased risk of arthritis, chronic pain and decreased function that can occur especially in younger patients. The time from injury to referral has a significant impact on the quality of the meniscus and the chances of successful repair. On a cost benefit analysis, meniscal repair is far superior to partial meniscectomy or physiotherapy. Age is not a barrier to repair. The results of repair are no different for those under 40 as to those over 40 with a 10% to 20% failure rate reported depending on the paper,

but younger patients have more to lose if their meniscus is not repaired. Meniscal repair is a more complex procedure with a longer recovery time than arthroscopic partial meniscectomy or non-operative treatment but the benefits are clear: reduced osteoarthritis, better functional outcomes and reduced long term costs.

Please consider early referral for patients with mechanical symptoms likely to be arising from a meniscal tear, especially if there is a history of traumatic onset, mechanical symptoms or clinical signs.

I am happy to take your calls and discuss further any cases as always.

For appointments contact

Dr Steven Lawrie

Suite 17, Kawana Private Hospital

5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994

f: 07 5493 3897

e: sunshineortho@bigpond.com.au www.sunshineortho.com.au

www.sunshineortho.com.au



Aged Care – What you ought to know

Most people want to remain independent throughout retirement and to stay in control of where and how they live. But your ability to do so may depend on your health and physical well-being. As we age, some things become harder to do on our own.

If your ability to live independently starts to decline and you need help with daily living activities such as cooking, cleaning and personal care, you may need to move into residential care

The costs for residential care are divided into three categories:



The daily care fees can be up to \$110,878 per year, but a large portion is paid by the government. The contribution you would pay is between \$18,845 and \$46,600 depending on your financial means (as assessed by the Department of Human Services – DHS).

For most people however, the biggest concern is how to pay the large amounts quoted for a room. These range from around \$100,000 to \$2 million but will commonly be between \$400,000 - \$600,000. These lump sum payments are called Refundable Accommodation Deposits – RADs.

Example

Bert is moving into residential care. He is a widower on the full age pension with a home worth \$420,000 and \$20,000 in the bank. The service he and his family have chosen is asking for a RAD of \$530,000 (or \$72.31 per day).

Bert is worried that he cannot afford a place in this service without asking his children for help. He sought advice on his options and decided to take the advice to:

- Sell his home (with \$20,000 of sales costs)
- Use the net sale proceeds to pay a \$400,000 RAD, leaving a DAP of \$17.74 per day on the remaining \$130,000
- Instruct the service provider to deduct the DAP each month from his RAD

This leaves his \$24,268 age pension to cover his daily care fees of \$21,479 per year (this includes the basic daily fee and the means-tested care fee) plus some personal expenses. His DAP is deducted from his RAD leaving Bert financially self-sufficient and keeping a \$20,000 cash reserve to meet other expenses.

If you have any questions on this article or would like to discuss please give us a call on 07 54379900.

We also want to Wish All Members a Very Merry Christmas & Prosperous 2020!



Spinal specialist in your neck of the woods

Dr Michael Bryant offers spinal and neurosurgical excellence for your patients. Dr Bryant is well and truly settled into the Sunshine Coast and enjoying being part of such a vibrant community. He would like to wish you, your family, and your staff a safe and enjoyable holiday season and looks forward to looking after your patients in 2020.

Operating locations



Clinic locations

Pulse Oceanside Medical — Birtinya

Noosa Hospital — Noosaville



scbrainandspine.com.au

Professional care right here on the coast!

POLAND

Poland is one of the largest countries of Central Europe, and has a history that dates back to the first millennium. Housing over a dozen UNESCO World Heritage Sites, majority of Poland still remains unexplored as most of the travellers spend their time in Warsaw and Krakow. While Krakow and Warsaw show the two contrasting aspects of the country, Poland still has a lot more to offer in the form of monuments, museums and forts.



Poland also offers opportunities for adventure activities like hiking, kayaking, canoeing, in low-lying hilltops, dense forests, mountain passes, and water bodies. Apart from the structural and natural marvels, Poland is a dreamland for people who love the taste of home-cooked food. All the dishes are based on local ingredients that are cooked to perfection. The wide choice of desserts can have you jumping to the real deal, skipping the main course.

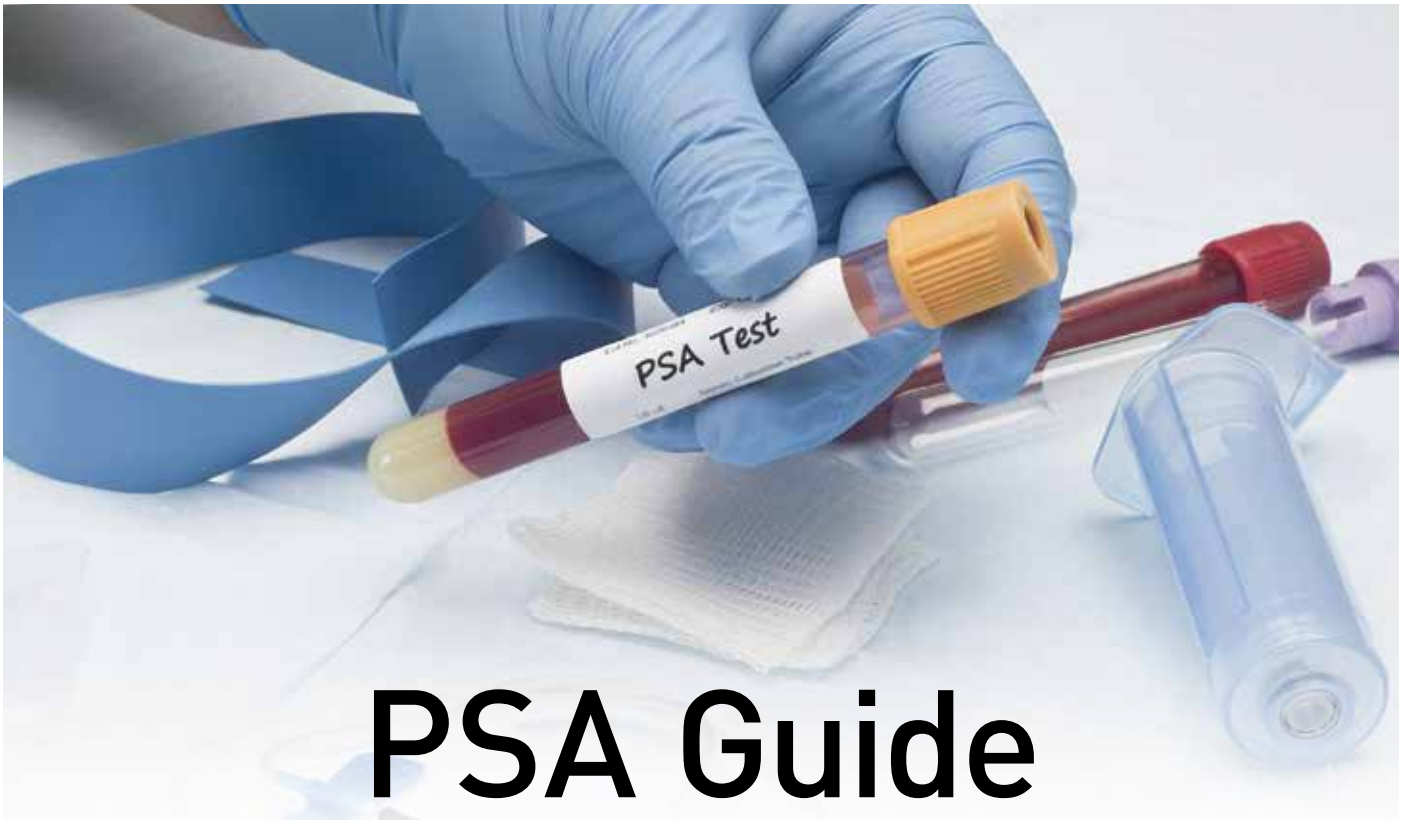
What have we planned for you?

We have come up with this comprehensive itinerary to ensure you get the best of the experiences that Poland has to offer.

- Visit the Wawel Castle museum and learn about artistic relationship of the castle's occupants with Italy.
- Visit the Centennial Hall and admire its unconventional construction.
- Play with light, test high voltages, or experience the whole solar system in the planetarium at the Copernicus Science Center.
- Look at the oldest image of Virgin Mary at the Jasna Gora Monastery
- Enjoy the impressive history and scale of the Krakow Barbican museum of history.
- Visit the Ksiaz Castle to look at the restored artefacts lost during the Nazi occupation.
- Wander up and down the ramparts of one of the oldest castles in Poland and admire the architecture of Malbork Castle
- Experience the highest building in Poland and watch the time go by on Europe's second largest clock at the Palace of Culture and Science
- Pray at the St. Mary's Basilica Church
- Visit the sand dunes of the Słowiński National Park
- Visit the Wieliczka Salt Mines museum dedicated to actual salt miners

Get ready to be marvelled by remains of WWII era, natural beauty, and tasteful food as you explore Poland!

www.123Travelconferences.com.au



PSA Guide

Early detection saves lives

PSA >3 is a red flag

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

Refer if:

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule
or PSA increases while on Duodart

Refer to:

Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo



Sunshine Coast Urology Clinic

Buderim Prostate Clinic

A. Suite 2/5 Lyrebird St, Buderim QLD 4556

P. +61 7 5444 0672 **F.** +61 7 5444 0997

E. info@buderimprostateclinic.com.au

W. buderimprostateclinic.com.au

Medical Motoring - From Wheels to Wings

Dr Clive Fraser



It has been exactly 100 years since a duo of intrepid explorers set off from Longreach in Western Queensland in a Model T Ford to survey landing strips for an air race.

The story began with a competition proposed by Australia's Prime Minister (Billy Hughes) for an air race between London and Sydney.

The rules stipulated that the pilots must be Australian and the journey had to be completed in under 720 hours.

Billy Hughes offered a prize of £10,000 which in today's money is a huge \$791,885.88.

The explorers had both served at Gallipoli and then in the Flying Corps in Palestine prior to returning to Australia.

They had intended to be participants in the air race, but their generous sponsor (Sir Samuel McGauhey) died before their funds were secured.

The explorers were Hudson Fysh and Paul McGinness and their support crew consisted of their driver/mechanic George Gorham.

The overland trip to Darwin was of 2180 kilometres with mostly no made roads, no bridges and barely a track to be followed.

Damage to the vehicle included bent axles and a broken radiator and fan, but the Model T made it all the way.

The journey also marked the first crossing of the Gulf of Carpentaria by automobile.

With conditions on the ground being impossibly harsh it was no wonder that Fysh and McGinness dreamt of making the journey by air.

Those dreams were realized in 1920 with the formation of the Queensland and Northern Territory Aerial Service.

Their first planes were a pair of Australian assembled two seater Avro 504K's almost identical to those flown in World War One.

Instead of taking 2 days to travel from Winton to Cloncurry by horse-drawn coach, flying with Qantas would shorten

the journey to three hours.

Hudson Fysh continued to steer Qantas to great success until his retirement as Chairman in 1966.

Fast forward to 2009 and a second set of intrepid explorers attempted to re-trace the original trek in another 1919 Model T Ford.

This time around they'd have GPS and a satellite phone, but the tracks were the same as Fysh and McGinness had travelled on.

They would also only be carrying 47 gallons of fuel, the same as in 1919.

The journey was filmed and their Model T named "Molly" is on display in Longreach at the Qantas Founders Museum.

The vehicle suffered a broken front axle which was re-welded on route.

The Model T was powered by a 2.9 litre four cylinder engine delivering 20 horsepower (15kW).

There were times during the 1919 journey that an extra two horses were required to pull the vehicle through some deep creek crossings.

But in 2009 the extra horses would come from modern SUV's.

So with so much extra horsepower there should have been no excuse for not completing the trip.

But all of that extra gear does come at a cost with the added weight limiting travel over land.

And so it was that at Sandy Creek "Molly" floundered and just would not make it up the bank.

With no horses in sight the decision was made to re-trace the journey back to a more conventional route.

Disappointed the crew were left thinking that they'd failed, only to discover that Fysh and McGinness had probably back peddled at just about the same spot.

In 1919 Fysh and McGinness took 51 days to drive from Longreach to Katherine.

It's now a 22 hour drive on the Landsborough Highway according to my GPS.

Safe motoring,

Doctor Clive Fraser



BREAKING POINT AT Christmas

SEPARATION • BREAK-UPS • DIVORCE



Alina Turney CEO and
Founder of Act4Tomorrow
Separation Specialists

Holiday season, birthdays, anniversaries and special events are reasons we put off breaking up and separating. You may feel there is never 'the right time' to break-up. Playing happy families when you no longer want to be with someone brings its own level of discomfort, sadness, resentment and anger. Faking everything is not okay, it is quite literally soul destroying.

VACATIONS, CHRISTMAS, EASTER, SCHOOL HOLIDAYS; IF YOU'RE IN AN UNHAPPY RELATIONSHIP, HOLIDAY TIME BRINGS EXTRA TENSION AND SADNESS.

I only realised that separation and divorce was seasonal, once I started working in the separation industry. People tend to avoid leaving their partner over the holiday period, however there is an increase in the number of separations straight after the holiday break. Many say they wanted to leave, but wanting to keep the peace and not ruin it for everyone involved was their overriding factor in waiting. Christmas time, being at the end of the year, is a reminder that another year has passed by, and for many, their unhappy relationship has not improved. The new year has many individuals seeking counselling or looking for break-up advice. Leaving 'it' until things get back into routine may seem the best option at the time but be careful, if you're not quick, another event will pop up and make it difficult to say, 'I want to separate', before you can blink.

EVERY MONTH THERE SEEMS TO BE ANOTHER OCCASION OR ANNIVERSARY, WILL THERE EVER BE A RIGHT TIME TO SEPARATE?

Being prepared, seeking advice and planning when, will help you take the next step as kindly and respectfully for the entire family. Breaking up with the least amount of impact on you and your family will go a long way to keeping your separation matter civil, quick and cost effective.

We care and understand the emotional stress a separation brings to the whole family. Our positive mindset philosophy and future focused approach throughout our engagement provides a strong support system unheard of in this industry. We provide a fully managed process which steps you from break-up, to a legal settlement. We work with clients throughout Australia and Australians residing overseas. We offer a set fee price, no hidden costs, no extras, no ticking hourly rate on the clock; every appointment, email, text and negotiation are included. We can work with you on your own, however if you both work with us the process time and cost can be minimised. ■

"Here we go, put on the happy faces"

WHAT OUR CLIENTS ARE SAYING...

Joyce, Why should I have cancelled the trip and sorted out our separation?

Aaron, Camping was a big effort, especially when you are with someone who shows no interest.

Mary, Going on holiday with his family again made me realise it was over.


Matt, You guys were so helpful, because of you we managed to break-up amicably, we even had Christmas together.

Bill, Everything was sorted in 5 weeks. We both appreciate your (unbiased) assistance.

"I'm like the babysitter while they enjoy the holiday"

 **ACT 4 TOMORROW** Separation Specialists

 1300 Act4Tom (1300 228486)

 act4tomorrow.com.au

 info@act4tomorrow.com.au



Members driving the agenda on Queensland Doctors' Community

In November, we launched our latest member benefit, Queensland Doctors' Community (QDC), a new peer-to-peer online platform for AMA Queensland members.

QDC has seen some interesting discussions in its first month. Members across the state have been logging on and robustly discussing changes to CPD for doctors, private health insurance, ED issues, climate and health, pharmacy prescribing, general practice billing, tax deductions for travel expenses, junior doctor fatigue and bullying, and entry criteria for training programs, to name a few.

The conversations highlight the issues that are vital to you and will inform our advocacy moving forward. The key role of AMA Queensland is to support, promote and advocate for members, and your views from the coal face will ensure we are fighting for what is really important to you.

In 2020, we are introducing a series of 'LIVE Q&A' webinars with key stakeholders via QDC, starting with new director-general of Queensland Health, Dr John Wakefield. Save the date to chat LIVE with Dr Wakefield on QDC on 30 January 2020. More details to come soon.

Finally, we are very excited to announce that in 2020 we are launching the new AMA Queensland app where you will be able to access QDC, update your membership profile, renew your membership, register for events, access membership benefits and discounts and more – all at the touch of a button. Keep an eye out for launch details coming soon.

If you haven't had a chance to explore QDC yet, take a few minutes to login by using your AMA details and see what your colleagues are saying. The more members get involved, the stronger your voice will be.

We look forward to seeing you on QDC.

A visit to the GP is what patients want, new AMA Queensland survey says

AMA Queensland recently conducted a survey of more than 1000 Queenslanders to determine community attitudes to primary health care delivery, including current preferences for future care models.

Pleasingly, the survey revealed 84 per cent of Queenslanders have a regular GP and the overwhelming majority believe their GP is a very valuable part of the health system. Respondents said the most valued aspect of having a regular GP was receiving medical expertise from a qualified doctor, followed by the opportunity for private conversations with their GP in a health care setting.

Key findings:

- Respondents prefer to visit their GP at their clinic for face-to-face consultations with 81% of survey respondents reporting their first preference for consulting a GP with a common ailment was in person.
- 75% believe they get more personalised attention at a small family GP practice.
- 77% believe they're more likely to see the same GP at a small family GP practice.
- 54% believe they're more likely to get an appointment when they want one at a large medical centre-style practice.

88 L'Estrange Terrace, Kelvin Grove QLD 4059 • 07 3782 2222 • www.amaq.com.au



- GPs are overwhelmingly the first port of call for common issues and ailments including vaccinations, flu symptoms, contraception, headache, suspected infections, chronic stomach pain and back pain. (Pharmacists were the second option in all instances).

Looking to the future, three-quarters of Queenslanders would like other medical services co-located at their GP clinic with x-rays and scans the top of the wish list (56 per cent) followed by a pharmacy (53 per cent) and a psychologist (29 per cent). Queenslanders also want bulk-billing and more opportunities for same day, after hours and weekend appointments.

Overall, the survey revealed that GPs are highly valued by Queenslanders and are viewed as an integral part of the health system. There are, however, great challenges ahead for primary health care providers and AMA Queensland will continue to strongly advocate against expanded scope of practice for allied health practitioners and the serious and significant risks posed to the health and safety of Queenslanders.

In 2020, we will develop a similar survey focusing on specialists to explore issues around out of pocket expenses, private health insurance, regional access to health care and more.

AMA Queensland 2020 Obesity Awareness Week

AMA Queensland is currently developing a public education and awareness campaign aimed at battling obesity, curbing chronic disease rates and promoting healthy lifestyles.

AMA Queensland's 2020 Obesity Awareness Week, from 9 to 13 March, will focus on simple, easy ways that everyday habits can be swapped for healthier outcomes. Practical tips and tricks to help Queenslanders of all ages become more active, swap sugary snacks for healthy ones and cut down on digital devices.

The messages will be distributed through a range of digital, social and traditional media channels.

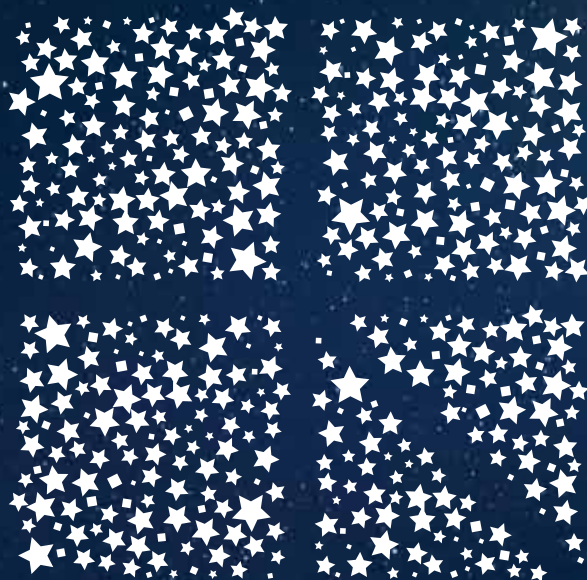
Save the date and keep an eye out for further details on Obesity Awareness Week and how you can get involved coming soon.

Dr Dilip Dhupelia, President AMA Queensland

Jane Schmitt, CEO AMA Queensland



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SEASON'S GREETINGS

We thank you for your support
this year and look forward
to working with you in 2020.



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Dr Stuart J Butterly
Dr Mark A Johnson
Dr KK Lim
Dr Naresh Dayananda
Prof Tony Stanton
Dr Daljeet Gill
Dr Matthew Tung

CARDIAC TESTING

- Transthoracic Echocardiogram
- Exercise Stress Test
- Stress Echocardiogram
- Dobutamine Stress Echocardiogram
- ECG
- 24 hour Holter ECG monitor
- 24 hour Ambulatory BP monitor
- ECG Event Monitor (7 days)
- Device Check (PPM or ICD)
- CT Coronary Angiogram (Radiologist co-reported)

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- Management of Coronary Artery Disease
- Cardioversion
- Coronary Angiography
- Coronary Angioplasty and Stenting
- Structural Heart Intervention – ASD/PFO Closure
- Valvular Heart Disease – Aortic & Mitral Valvuloplasty
- Management of Heart Rhythm Disorders
- Permanent Pacemaker & ICD Insertion
- Electrophysiology Study & Ablation Therapy
- Transcatheter Aortic Valve Implant/Replacement (TAVI / TAVR)
- Left Atrial Appendage Occlusion (LAAO)

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Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced Robotic Prostate and Kidney Surgery to Buderim Private Hospital. He has pioneered MRI guided robotic transperineal prostate biopsy for safe and accurate diagnosis.

DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

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Dr Irene Krajewska FRCPA FIAC

E: irene_krajewska@snp.com.au

T: (07) 5459 1400

Dr Irene Krajewska graduated from Manchester University in 1978. After five years of FRCS surgical training in the UK and South Australia, she undertook training in anatomical pathology at the IMVS in Adelaide, where she developed an interest in GIT, gynaepathology and cytology under Prof. Svante Orell. She was awarded the RCPA Fellowship in 1990 and the Fellowship of the International Academy of Cytology in 1991. Irene has been an examiner for the RCPA and Australian Society of Cytology. She joined Sullivan Nicolaides Pathology in 2003 and is based on the Sunshine Coast. Her interests are FNA cytology, breast pathology, dermatopathology, gastrointestinal pathology and gynaepathology.

Dr Jerome Lai FRCPA

E: jerome_lai@snp.com.au

T: (07) 5459 1400

Dr Lai graduated from the University of Queensland in 1984 and undertook further training in pathology at the Princess Alexandra Hospital and the Mater Misericordiae Hospital in Brisbane. He was awarded the RCPA Fellowship in 1991. Before joining Sullivan Nicolaides Pathology, Dr Lai was Pathology Queensland's Director of Pathology for the Sunshine Coast region.

Dr Karien Treurnicht FRCPA FIAC

E: karien_treurnicht@snp.com.au

T: (07) 5459 1400

Dr Karien Treurnicht graduated cum laude from the School of Medicine at the University of Pretoria, South Africa, in 1995. Karien moved to the UK in 1999 and undertook specialist training in histopathology at a number of London hospitals. She gained a Fellowship from the Royal College of Pathologists (FRCPath UK) in 2003 and in the following year went on to a Urological Pathology Fellowship at Bostwick Laboratories in Richmond, Virginia, USA. In 2005, Karien became Medical Director of Bostwick Laboratories, London, a full-service independent medical laboratory specialising in the interpretation of prostate and urological biopsies. She joined Sullivan Nicolaides Pathology in 2015 and is based at the Buderim laboratory. Karien is widely published and has presented at conferences internationally.



SUNSHINE COAST
RADIOLOGY

Excellence in Diagnostics

From the Radiologists and Staff of Sunshine Coast Radiology, we would like to thank our referrers and patients for their continued support throughout the year in 2019. We wish you and your family a Merry Christmas and a safe and Happy New Year.



scradiology.com.au | info@scradiology.com.au

Happy New Year!

From all of the team at Sports & Spinal we hope that you all had a wonderful Christmas and New Years spent with family, friends and loved ones.

We look forward continuing to provide services to you and the community in 2020.

As a New year, New you special we are offering all new patients two weeks' free clinical Pilates sessions!



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Visit wishlist.org.au for Terms & Conditions. First prize consists of 6 nights accommodation, flights and meals (depending on the chosen tour) for two people. Second prize includes two nights deluxe hotel accommodation centrally located in the heart of Brisbane including breakfast for two people. Conditions apply. Closing date Thursday 30 January 2020, 4pm EST. Drawn Friday 31 January 2020, 12pm EST. Winner will be notified by phone number on Friday 31 January 2020.

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: 5479 3979 Mb: 0407 037 112 Email: jobo@squirrel.com.au

NAME	Surname:	First Name:	
EMAIL: _____ <p style="text-align: center;"><i>THE SCLMA PREFERS TO CONTACT MEMBERS VIA EMAIL WHEREVER POSSIBLE.</i></p>			
PRACTICE ADDRESS: For members who wish to receive hard copies (instead of by email) of the monthly invitation & newsletter by Sullivan Nicolaides Pathology Couriers to avoid postage costs.			
	Practice/Building		
	Street:		
	Suburb:	Postcode:	
	Phone:	Mobile:	
PRACTITIONER DETAILS:			
	Qualifications:		
	Date of Birth:	Year of Graduation:	
	Hospital employed / Private Practice (cross out one)		
	General Practice / Specialist (cross out one)		
	Area of Speciality:		
PLEASE NOTE: <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>			
PROPOSERS: (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).			
1. NAME:		Signature:	
2. NAME:		Signature:	
ANNUAL SUBSCRIPTION (GST included): Full-time ordinary members - GP and Specialist Doctor spouse of full-time ordinary member Absentee or non-resident doctors Part-time ordinary members (less than 10 hours per week) Non-practising ordinary members, under 60 years old Residents & Doctors in Training Non-practising ordinary members, over 60 years old Patron and honorary members	(Please tick)	PLEASE COMPLETE: Your Monthly Invitation?	
	\$ 110		By Email?
	\$ 55		By Courier?
	\$ 55		By Post?
	\$ 55		Your Monthly Newsletter?
	Free		By Email?
	Free		By Courier?
	Free		By Post?
Payment can be made by cheque payable to SCLMA or by direct debit to: SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298			
Please return this form either by email (scanned) or Fax or Post with details of your E.F.T. to: Email: jobo@squirrel.com.au Post: SCLMA PO BOX 549 COTTON TREE 4558 Fax: 5479 3995			
Please note: <i>Membership applications will be considered at the next Management Committee meeting.</i>			



Doctors, practice managers, registered nurses and other medical industry professionals from around Australia are invited to attend the *Annual AMA Queensland Conference in Lisbon, Portugal from 20-26 September 2020.*

The program will feature high-profile International and Australian speakers on a range of medical leadership and clinical topics in an exciting, and unique location, RACGP points will be on offer.

To find out more about the conference program or to register, please contact:

Neil Mackintosh,
Conference Organiser
P: (07) 3872 2222 or
E: n.mackintosh@amaq.com.au

Download a conference brochure from the events calendar at www.amaq.com.au

AMA QUEENSLAND

AMA QUEENSLAND ANNUAL CONFERENCE
20 - 26 SEPTEMBER 2020

LISBON
Portugal

REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter
For full details re advertising go to their website:

www.rdma.org.au

Email: RDMAnews@gmail.com

ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

CLASSIFIEDS

DR DRAGO POPOVIC, GENERAL AND LAPAROSCOPIC SURGEON - CHANGE OF PRACTICE DETAILS

Consulting Rooms:
Suite 24, Plaza Business Centre
27 Evans Street, Maroochydore, 4558 QLD
Suite 7, Cooloola Centre
97 Poinciana Ave, Tewantin, 4565 QLD
P: 07 5353 7145 F: 07 5302 0703
M: 0468 488 444
E: reception@coastalgeneralsurgeons.com.au
www.coastalgeneralsurgeons.com.au
October 2019

VACCINE FRIDGE WANTED

Does anyone have a small vaccine fridge they no longer need?
North Coast Women's Health is a Not for Profit women's GP practice at Mooloolaba. We see women for STI checks. IUCD devices, pregnancies and other gynae/ reproductive issues.
We've been operating for 20 years but with the medicare freeze, we're struggling to keep the doors open. We've now discovered we have to replace our domestic fridge with a purpose built vaccine fridge. Would anyone be able to help us out with this?
If you can help, please contact Wendy Stephenson at womenshealthcare@bigpond.com or phone 0416 938 040.
October 2019

LAKEVIEW IMAGING WARANA CLOSURE

Lakeview Imaging Warana will cease operations on Friday November 1. The Bone Densitometry machine will be relocated to Pacific Radiology Caloundra.
Lakeview Imaging Maroochydore (co-located with Pacific Radiology) will continue to offer all general nuclear medicine services 5 days/ week, as well as stress ECGs and holter monitoring.
We would like to thank our referrers for all your support over the past 14 years, and hope to continue to offer a high quality service from our rooms at Maroochydore.
If you require further information please contact our Office Manager Anne-Marie or Dr Andrew Paszkowski on 54931649
October 2019

EXPERIENCED RADIOLOGY/ULTRASOUND RECEPTIONIST REQUIRED - BUDERIM

We are seeking an experienced Radiology/Ultrasound Receptionist or Practice Manager to help launch our new centre located in Buderim.
The role will be a senior position and will initially provide guidance and leadership to the business set up. Ongoing the role will evolve into a variety of responsibilities relating to management, patients, accounts/billings and marketing functions.
To apply, please submit your resume and cover letter addressing your experience in radiology and marketing to: info@sneakpeekultrasounds.com.au.
October 2019

PROCEDURAL/CONSULTING ROOMS AVAILABLE FOR LEASE

Session or long term available. Located in a prominent position at Bokarina on the Sunshine Coast, Close to the Sunshine Coast Private University Hospital
Features two new well equipped consulting / procedural rooms, utility room and waiting room. All electricity, air conditioning and heating included. Plenty of off street parking for patients
Underground parking for the lease holder
For further information or to inspect please contact
Wendy Meyer 0448 202 274 wendy.meyer@pmc.net.au
October 2019

GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat 0412 292 666. Continuing as per request.

CONSULTING SUITES AVAILABLE IN NOOSA-TEWANTIN AND MAROOCHYDORE LOCALITIES – COMPETITIVE RATES AND FLEXIBILITY.

Tewantin Specialist Centre- sessional suites available.
Good opportunity for cross referral with current specialists in General/ Bariatric/ Colorectal/ Orthopaedic surgeons; Gastroenterologist; Oncologist; Endocrinologist; allied health
Maroochydore Specialist Centre- sessional suites available.
Brand new rooms opened recently with current specialists in General/ Bariatric/ Upper GI and Colorectal surgery; allied health.
Contact the Practice Manager for more information.
Michelle Underwood M: 0428 411 033 or
E: practicemanager@drgarthmcLeod.com.au
October 2019

GOLDEN BEACH MEDICAL CENTRE / PELICAN WATERS FAMILY DOCTORS - FT/PT VR GP

Are you passionate about patient care?
Do you want be part of a team who is more like a family?
Would you like to be rewarded both financially and personally?
Have you answered YES? then have we got the General Practice family for you!!!!
Two sites – one great team of dedicated doctors and committed nursing, reception and administration staff all supporting each other and our patients.
If you like the sound of us and believe you could bring something positive to our already awesome team then please forward your application and resume to:
pm@goldenbeachmedicalcentre.com.au
December 2019

NORTH BUDERIM RETAIL SPACE - SUIT FAMILY DOCTOR

Retail space available at The Hub North Buderim, first available in excess of 10 years. Suitable for medical use up to 96m². Busy North Buderim location with established Chemist at the Centre.
For more details contact Trish, Phone 0428 088 348
Email: admin@northbuderimshoppingcentre.com.au
December 2019

EXPERIENCED MEDICAL RECEPTIONIST – PART TIME FROM 30+ HOURS PER WEEK

Lake Kawana General Practice is looking for an experienced Medical Receptionist available to work every weekday and occasional Saturday mornings. We are a large GP practice with up to 12 GPs working at any one time. Our reception team plays a vital role in providing excellent service to our patients and support to our Doctors.
If you have the experience required for this role please submit your resume to Laura Wilkinson, Practice Manager by email manager@lkgp.com.au or for a confidential discussion please call 07 5314 3200.
November 2019

CLASSIFIEDS GUIDELINES FOR 2020

Classifieds are FREE for current SCLMA members

- Classifieds have a placement life of 3 newsletters
- Cost for non-members is \$100 + gst
- **Maximum word count 100-120 ideally.**

Queries: Contact Jo 0407 037 112

Email: jobo@squirrel.com.au

SCLMA Clinical Meeting - 28 November 2019

Maroochydore Surf Club Private Function Room

SUNSHINE COAST UNIVERSITY HOSPITAL - ADEM CROSBY CENTRE UPDATE

Presenters: Dr Kathleen Houston, Dr Jeremy Long, Dr Michelle Morris, Dr Mary Azer

Topics: "Diagnostic and Management Updates –

covering Breast Cancer, Lung Cancer, Urological Cancers and Melanoma"

Also: Candice Dover, CEO, Candice Care, Sunshine Coast - "Engaging Tailored Supports in Home"

Part Sponsor: Novartis.



Candice Dover, CEO, Candice Care
with Andrew Rehm, Chief of Operations



SCUH Oncology presenters: Dr Kathleen Houston,
Dr Mary Azer, Dr Michelle Morris and Dr Jeremy Long



Part Sponsor: Ramin Mohebbi from Novartis.

Welcome to recent SCLMA Members!

- **Dr Antony Winkel (Neurologist)**
- **Dr Regina Greenwood (GP)**
- **Dr Krys Cichocki (GP) (Re-join)**
- **Dr Annie George (GP)**
- **Dr Marius Botha (GP)**
- **Dr Martelle Coetzer-Botha (GP)**
- **Dr Michael Hayes (GP) (Re-join)**

Pending - February 2020 meeting

Dr Sarah Blyth (Gen Med/Palliative Care)

**Application form is in every newsletter and on
our website: www.sclma.com.au**



Your pathology provider on the Sunshine Coast

Results (24 hours)

P: 1300 778 555

Added tests

P: (07) 3377 8528

Sonic Dx / IT Support

P: 1800 100 769

Doctor Stores Request

F: (07) 5459 1440

Faxed Pathology Request Forms

F: (07) 5459 1440

Local Laboratories

Birtinya P: (07) 5459 1400

Kawana P: (07) 5459 1433



Sunshine Coast Local Medical Association Inc

PO Box 549 Cotton Tree QLD 4558



www.sclma.com.au