



SCLMA President's Message

Dr Roger Faint



My recent final year medical student, who is also a well trained paramedic, has reinforced SCLMA concerns regarding ambulance ramping at Sunshine Coast Hospitals particularly SCUH. This is very much a South-East corner of QLD State issue, related to rapid population growth, residual COVID effects and consequent staffing issues.

GP practices are closing their books, emergency departments are now always busy, patients are anxious, housing is short in supply (including older patients) and the weather exceedingly soggy.

This winter, the Influenza season is likely to be more significant, secondary to a lack of immunity and Influenza virus exposure, for about two years. The valid concerns of the local and state hospital systems being unable to manage the demands of unwell patients during this winter (COVID and Influenza viruses) has led to an unprecedented QH decision to offer vaccination to all Queenslanders.

Sunshine Coast Residential Aged Care Facilities (RACFs) are dealing with COVID related epidemics and consequent quarantine much better than two years ago. For example, recall the concerning television footage two years ago with our State, Victoria and also China, Italy and the United States showing Hospitals and aged care facilities being overrun. One of the aged care facilities I visit, currently has 43 COVID affected patients with one being sent to SCUH.

Vaccination has made the difference and how different an experience to two years ago.

And not a television crew or reporter in sight!

A change of Federal Government to Labor (21st May) with a likely majority to govern in their own right, will hopefully see more interest and financial support for hospitals, and particularly aged care. RACFs need more registered nurses, improved pay and improved staff to patient ratios. Currently the staffing situation is awful, no matter how new and nice the facility is.

AMA Queensland – New President and Vice President. We congratulate Dr Maria Boulton, a GP in Brisbane, and Dr Nick Yim, a GP in Hervey Bay to the new leadership team. Dr Boulton is the ninth woman to hold the role in the Association's 128-year history. We look forward to having them attend one of our future meetings. Latest update Pages 28-31.

DATE CLAIMERS

Sunshine Coast Health Report - 28 July 2022

Not to be missed - last year Approx 100!

Mark your diaries now!

The Wishlist fundraising SCLMA Cocktail Party is officially on Saturday 8th October.

Dr Ken Wishaw, Anaesthetist, retrieval expert, Sydney Care Flight founder who has served military time in Afghanistan has agreed to be our guest speaker. What privilege!

Regards

Roger

Dr Roger Faint
President SCLMA.

**The SCLMA
thanks
Sullivan
Nicolaidis
Pathology for
the distribution
of the monthly
newsletter**



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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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JUNE 2022 NEWSLETTER

**Deadline FRIDAY
24th JUNE 2022**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!

Contact Jo: Mobile: 0407 037 112

Email: admin@sclma.com.au

Fax: 5479 3995

We welcome new content - case studies, local news and photos.

If you are a new member, please send in a short bio and a photo to introduce yourself.

NOTE: *We are planning to change to digital only newsletter distribution over the next month.*

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 0407 037 112

Email: admin@sclma.com.au

Are you listed on the Member Directory on our website? Are your details correct?

Directory form available on the website.

www.sclma.com.au



HIGHLIGHTS in this issue:

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Please 'like', 'share' and 'follow' our Facebook page: [sunshinecoast local medical association](#).

**ALL COVID-19 UPDATES
ARE UPLOADED AS RECEIVED.**

Website: www.sclma.com.au

www.sclma.com.au

Have you checked out the revamped SCLMA website?? Already you can pay your renewal or membership application with one click!



***Are you listed on our Members' Directory?
Do your details need to be updated?***

<http://www.sclma.com.au/members/>

Contact: Jo - admin@sclma.com.au

Ph: 0407 037 112



Please pass this newsletter to someone who might like to become a member!

Application Form - Page 33

2022 CLINICAL MEETING SCHEDULE

THURSDAY 30 JUNE 2022

VENUE - MAROOCHYDORE

SURF CLUB FUNCTION ROOM

- **OPHTHALMOLOGY UPDATE**
- **DR MARK de WET,**
- **DR SERGIO SARA**
- **DR WARREN APEL**

SPONSOR: Johnson and Johnson

FINAL DETAILS BEING CONFIRMED

THURSDAY 28 JULY 2022

VENUE - MAROOCHYDORE

SURF CLUB FUNCTION ROOM

- **SUNSHINE COAST HEALTH REPORT**
- **(Last year 100 attendees)**
- **SPEAKERS from: SCLMA, SCHHS, PHN, SCUPH and BPH**
- **ALL WELCOME!**
- **MARK YOUR DIARIES NOW!!**

THURSDAY 25 AUGUST 2022

VENUE - MAROOCHYDORE

SURF CLUB FUNCTION ROOM

- **IN PROGRESS**

THURSDAY 29 SEPTEMBER 2022

VENUE - MAROOCHYDORE

SURF CLUB FUNCTION ROOM

IN PROGRESS

THURSDAY 27 OCTOBER 2022

VENUE - MAROOCHYDORE

SURF CLUB FUNCTION ROOM

- **IN PROGRESS**

THURSDAY 24 NOVEMBER 2022

VENUE - MAROOCHYDORE

SURF CLUB FUNCTION ROOM

- **IN PROGRESS**

We are seeking interest for available dates listed above.

***Corporate sponsorship welcome!
Speakers and topics need to be approved by SCLMA Meetings Convenor.***

Presentation time for speakers is 20 minutes plus Q&A

Queries: Jo Ph: 0407 037 112

Email: admin@sclma.com.au

HEALTH SERVICE LINK - MAY 2022

Dear SCLMA Colleagues,

As many of you will be aware in 2021, the Queensland Parliament passed the [Voluntary Assisted Dying Act 2021](#). This will allow people to access Voluntary Assisted Dying (VAD) as an additional end of life option in Queensland, should they be eligible.

A SCHHS VAD Implementation Working Group is working with the Queensland Health VAD Implementation team, consumer representatives and community partners to develop a local VAD service by 1 January 2023. I am the Executive lead for this group.

The goal is to develop a public model of care for VAD that supports the delivery of responsive, equitable, safe, evidence-based and high-quality care that meets the needs of our community. This service will not be delivered by the SCHHS Palliative Care team, rather it will be an independent clinical service with its own referral pathways. We hope to establish on the Coast an integrated network of VAD-related support services, including connecting with private trained VAD Practitioners, so people have their choice of provider and preferred setting.

Medical practitioners who are willing, meet the eligibility criteria and undertake approved training will be able to assist a person with the VAD process as Coordinating or Consulting practitioners. This online training will also be available soon to community-based private specialists (including GPs) who wish to become community VAD practitioners. Other health professionals including nurse practitioners, registered nurses and speech pathologists will also have defined roles and responsibilities under VAD regulations.

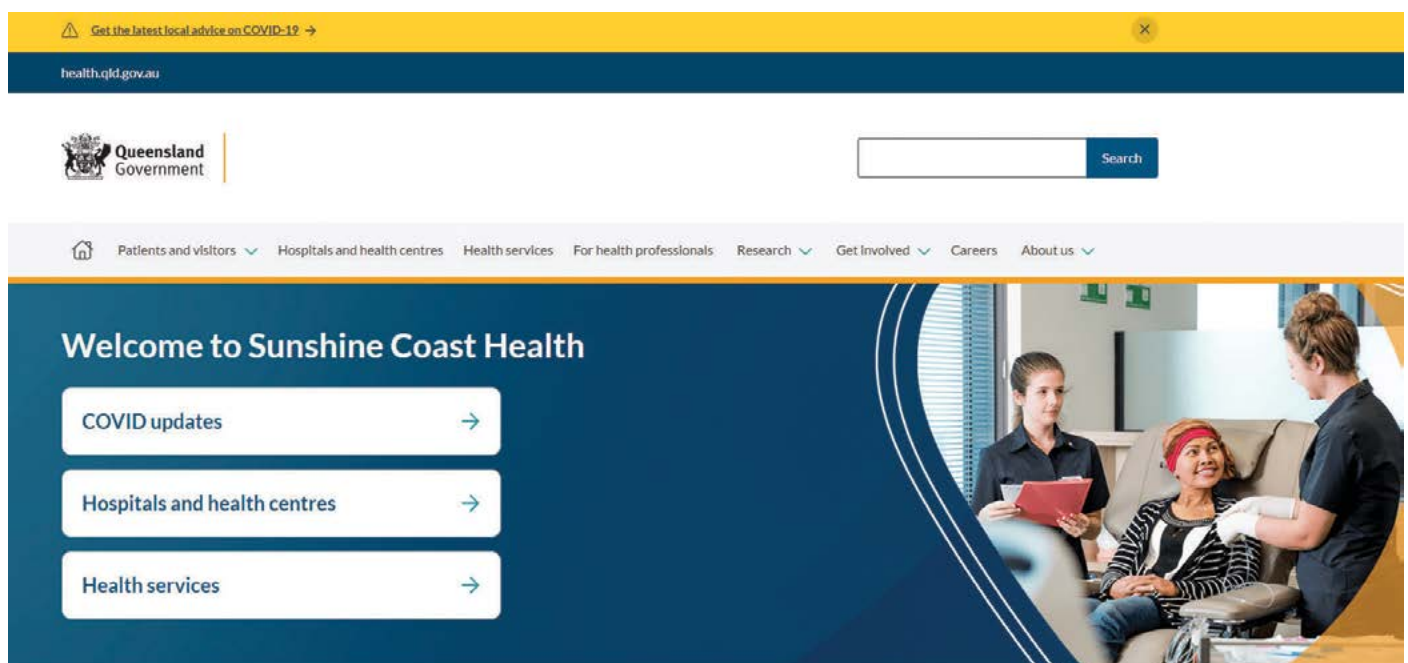
In addition, the Group will work closely with the PHN, NGOs, RACFs, private hospitals and private medical practitioners across the region. The SCHHS will host a round-table meeting for external health stakeholders and practitioners on VAD, likely in July at this stage, so keep an eye out.

We acknowledge and respect that VAD is a complex issue, with many holding personal views that are important to them. Respect for all views is central to success of the implementation of a VAD scheme in Queensland and on the Sunshine Coast.

New SCHHS website

On the 25 May, we went live with a new website for the health service. The refreshed site is intuitive, responsive, and contains comprehensive detail for patients and the community.

The URL remains the same: www.health.qld.gov.au/sunshinecoast



HEALTH SERVICE LINK - MAY 2022 /cont:



Medical [profile](#)

<https://vimeo.com/711915261/61ccf7d6d0>

SCHHS Medical Profile – Dr Priscilla Martin BA, MBBS, FRACS, Clinical Director, Surgery and Critical Care, Sunshine Coast Hospital and Health Service.

Dr Martin grew up on the Gold Coast, and as a young person was inspired by her family GP who was not only funny and caring, but knowledgeable and engaging; always putting patients first. During visits she enjoyed how he communicated and explained complexity, his approach started her career journey.

“After high school I went on to study medicine at UQ in Brisbane, then training at the Royal Brisbane Hospital, with further training at St Vincent’s Hospital and the Peter MacCallum Cancer Centre in Melbourne she was then allocated to work on the Sunshine Coast at Nambour General Hospital as a trainee.

“In 2007 as a registrar, she noticed the strong mentoring relationship from leaders, she felt the surgeons were really human, and found the time to guide and help juniors – the surgical department was unlike anywhere I’d ever worked.

Further work with the surgical team led Dr Martin to become a Consultant in 2014, and she grew her career in seeing what a difference compassionate care and engaged medical leadership could make in the workplace, and for patients. “I was encouraged by my mentors to take up those types of roles in General Surgery, and expand my interest.

Dr Martin transitioned to SCUH when it opened in 2017, commencing the role as Clinical Director in 2021.

The General Surgery department has grown so much in that last few years. We now have 10 general surgeons and are supported by a large number of junior doctors. The Surgery and Critical Care Directorate has also grown to include – ENT, Plastics, and reconstructive surgery, Orthopaedics, Urology, Vascular Surgery and Ophthalmology and includes ICU, paediatrics critical, Anaesthetics, and Persistent Pain.

“I strongly encourage junior doctors, to ask their leaders questions about the many different pathways and specialities available to surgeons.

“I still perform surgery, (as a general surgeon), I have interest in hepatobiliary and upper GI surgery, livers, gallbladders, pancreas, stomach and oesophagus. “Over the years I’ve also seen advancements in clinical practice, for example minimally invasiveness liver surgery, which greatly benefits the patient with quicker recoveries, and shorter stays in hospital.

Dr Martin is most proud of her team, we work so well together we help out when needed.

“If I need professional input from a colleague, they are always willing to help out, this teamwork is also important for our patients’ care.

She sees incredible growth in the community across the region. “This not only ensures our team is always busy, but in time the future will bring new specialities to the SCHHS, so we can care for even more patients.”

Dr Martin is dedicated to Surgical Education and Training and is currently Chair of the General Surgical Training Committee and a Member of the Australian Board in General Surgery.

HEALTH SERVICE LINK - MAY 2022 /cont:

National Palliative Care Week – 22-28 May

This month we celebrated our Specialist Palliative Care Service: Dove, Consult Liaison, SPACE and SPARTA teams for caring for our communities during National Palliative Care Week.

The service is recruiting a new Clinical Director, after former Clinical Director Dr Louise Welch retired from the Health Service after 12 years. Without her vision and direction, the palliative care service would have not grown into the well-established service it is today.



Louise at her retirement, joined by Palliative Care Medical team members, Dr Sarah Blythe, Dr Marguerite Robertson, Dr Matthew Cooper, Dr Prem Ram, Dr Georgina Whittaker, Dr Louise Welch, Dr Christelle Greeff, Dr Emily Neate, Dr Shane Luland.

We thank Acting Clinical Director **Dr Prem Ram** for managing the role, you will know Dr Prem from the team, and the Clinical Lead role for SPaRTa, this team provides virtual palliative care services into regional, rural and remote areas to Central West, Central Queensland and Wide Bay. [Learn more.](#)

Kind regards,
Dr Marlene Pearce
Executive Director Medical Services

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Dr Edwin Krays and Dr Michelle Johnston



Specialist Palliative Rural Telehealth Service (SPaRTa)

SPaRTa supports clinicians in rural and remote areas of Queensland to provide palliative and end-of-life care for patients in their home, residential aged care facility or inpatient setting, using telehealth technology. The telehealth model helps address the challenges of geography, workforce limitation and patient mobility.

SCHHS Acting Clinical Director, Specialist Palliative Care (SPaRTa Clinical Lead), Dr Prem Ram, advised that Queensland Health's SPaRTa partners with rural clinicians to care for patients in rural and remote areas of Queensland, with the aim being to provide a better patient experience and to reduce preventable hospital admissions. The Sunshine Coast SPaRTa Hub won the 2021 *Palliative Care in Queensland Innovation in Palliative Care Award*.

Paediatric Advanced Life Support – Certification

Registrations are now open for the 2-day *Sunshine Coast Paediatric Advanced Life Support course*.

The course is being taught on-site at the *Sunshine Coast Health Institute* by the SCHHS Paeds Emergency and PCCU team.

RACGP CPD points available (12 hrs face to face and 4 hour online learning).

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Investment:

- \$950 for **external specialists**
- \$850 for GPs
- \$695 for external nurses and Registrars / RMOs

Workshop Dates:

- 20th + 21st June
- 3rd + 4th August
- 12th + 13th October

To apply, please email your expression of interest to:

SC-EDUSO-SCUH-ED@health.qld.gov.au

Neonates – patient monitoring is now mobile

The Neonatal Unit at the Sunshine Coast University Hospital went live with physiological monitoring on handheld devices (Spectralink) in April 2022. The handheld device allows nursing staff to respond to alarms and alerts while moving around the ward, in addition to the monitor and annunciator alarm systems.

The innovation supports the Neonatal Unit in being mobile and strengthens patient safety for our smallest patients. This is the first time the Spectralink device has been used in a clinical environment in a Queensland public hospital.

The GP Liaison Unit wants to hear from you!

Send us an email or give us a call: SCHHS-GPLO@health.qld.gov.au; Phone: 5202 3822

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Treatment centres:

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Get in touch:

Tel: 5374 8100
receptiononcologybuderim@genesiscare.com

Consulting clinics:

Caboolture - Dr Debra Furniss
Birtinya - Dr Alex Tan
Noosa - Dr Debra Furniss,
Dr Bradley Wong, Dr Alex Tan
Cooroy - Dr Alex Tan
Gympie - Dr Bradley Wong

Reference: 1. Brown PD, et al. JAMA 2016; 316(4):401-409.

Disclaimer: Any procedure including treatments involving radiation carry risks, including skin irritation and associated pain. Before proceeding with a referral for treatment, patients should be advised to seek a second opinion from an appropriately qualified health practitioner. As in any medical procedure, patient experiences and outcomes will vary.

genesiscare.com



Supporting advance care planning in residential aged care



Residential aged care providers play a key role in advance care planning, and support is available to assist providers to improve the quality, safety and care of older Queenslanders. The Supporting Advance Care Planning in Residential Aged Care Facilities (RACFs) project is funded by the Australian Government and is a collaboration between the Central Queensland, Wide Bay, Sunshine Coast PHN and the Brisbane South Palliative Care Collaborative, to improve the quality of advance care planning (ACP) support to residents of aged care facilities.

As part of the project, a series of face-to-face advance care planning education workshops have been delivered across the Sunshine Coast, Central Queensland and Wide Bay.

Jennifer Bearham, Specialist Palliative Care in Aged Care (SPACE) nurse, based in Rockhampton who participated in the workshops said, "I credit these workshops with giving me the grounding and confidence to support and champion ACP in my work."

The initial ACP face to face education workshops were followed by six virtual education sessions on relevant topics. To further support RACFs, a comprehensive ACP Train-the-Trainer Guide has been developed. This resource assists RACFs to provide quality end-of-life care in line with accreditation standards and embed ACP as part of routine clinical care.

Through the workshops and connections created as part of the Supporting ACP in RACFs project, participants have been able to collaborate with the PallConsult team. PallConsult staff provide support to local healthcare teams to improve patient-centred palliative care, particularly in rural and remote Queensland. This is achieved by providing advice and support via a 24/7 phone hotline for health professionals and providing tailored education sessions and resources for RACFs about ACP and palliative care.



Paige Martinez, Manager, Older Person's Health and Palliative Care, Central Queensland, Wide Bay Sunshine Coast PHN said, "The Supporting ACP in RACFs project has provided a practical approach to build ACP capacity for health professionals working in RACFs across the Sunshine Coast, Central Queensland, and Wide Bay region".

"The project focuses on ensuring resident centred end-of-life care and quality advance care planning is supported and prioritised within RACFs and that RACF staff know what services are available to support their residents. Good-quality palliative care can positively impact the dying person, their family and even the staff caring for them," she said

The Supporting ACP in RACFs project and teams including PallConsult, RaSS (Residential Aged Care Facility Acute Care Support Service) and GEDI (Geriatric Emergency Department Intervention) bring health professionals, resources and processes together that help to improve end-of-life-care and advance care planning within the residential aged care setting.

Further information regarding the Supporting ACP in RACFs project can be found on the PallConsult website: <https://metrosouth.health.qld.gov.au/pallconsult>



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Sunshine Coast Orthopaedic Clinic

SAVE THE MENISCUS – AN UPDATE ON ARTHROSCOPY

There have been a number of recent papers questioning the role of knee arthroscopy and partial medial meniscectomy in the degenerate knee. This has quite rightly led to a decreased use of knee arthroscopy to treat the degenerative knee, at least as a first line treatment. That's not to say that arthroscopy and partial meniscectomy cannot be beneficial in certain older patients, but it is reasonable to start with a dedicated physiotherapy programme first and reserve arthroscopy for recalcitrant symptoms, or those with severe mechanical symptoms such as locked or locking knees or conditions such as root tears, loose bodies etc.

An unintended consequence, however, has been to reduce referral rates of younger patients for which the benefit of early arthroscopy and repair of the meniscus is clear. The goal of knee surgery is to save the meniscus. So meniscal repair and to a lesser extent conservative meniscal resection is the mantra for knee surgery, especially in younger patients. Meniscal repair preserves meniscal function so should prevent the problems of increased risk of arthritis, chronic pain and decreased function that can occur especially in younger patients. The time from injury to referral has a significant impact on the quality of the meniscus and the chances of successful repair. On a cost benefit analysis, meniscal repair is far superior to partial meniscectomy or physiotherapy. Age is not a barrier to repair. The results of repair are no different for those under 40 as to those over 40 with a 10% to 20% failure rate reported depending on the paper,

but younger patients have more to lose if their meniscus is not repaired. Meniscal repair is a more complex procedure with a longer recovery time than arthroscopic partial meniscectomy or non-operative treatment but the benefits are clear: reduced osteoarthritis, better functional outcomes and reduced long term costs.

Please consider early referral for patients with mechanical symptoms likely to be arising from a meniscal tear, especially if there is a history of traumatic onset, mechanical symptoms or clinical signs.

I am happy to take your calls and discuss further any cases as always.

For appointments contact

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5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994

f: 07 5493 3897

e: sunshineortho@bigpond.com.au www.sunshineortho.com.au

www.sunshineortho.com.au



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MONTHLY UPDATE

By CEO Justin Greenwell

SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL

NAMBOUR SELANGOR PRIVATE HOSPITAL • NOOSA HOSPITAL

Noosa ED director appointment

I am very pleased to announce the appointment of **Dr Karl van der Merwe** to the role of Director of Emergency Medicine at Noosa Hospital, following the recent retirement of long-standing ED Director Dr Mary Basire.

Karl is a highly respected and accomplished clinician having first worked in our hospital in 2013 and as FACEM in our Noosa Emergency Department since 2017. He is driven to improve the delivery of emergency health care to ensure it is evidence based, effective and efficient. Karl is focused on great patient outcomes and building and supporting an awesome team of health care professionals.



Vestibular clinics

Ramsay's vestibular clinics continue to grow across the Coast, available from three locations:

- Nambour Selangor Private Hospital
- Noosa Hospital
- Gympie Medical Consulting Suites

No referral required (phone for appointments Nambour 5459 7455 and Gympie and Noosa 5455 9224)



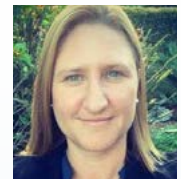
Specialist updates

Rheumatologist **Professor Graeme Jones** is now solely / permanently practicing at Noosa Hospital (Suite 4).

Dr Quentes De Vries, General Medicine and Geriatric Medicine, has admitting rights at Sunshine Coast University Private Hospital in Birtinya, in addition to Nambour Selangor Private.

New GP Liaison Officer

We welcome **Lizelle Adams, GP Liaison Officer** for Sunshine Coast University Private Hospital and Ramsay Clinic Caloundra.



Lizelle has been with Ramsay since 2014, previously at Caboolture Private Hospital where she was also instrumental in the successful establishment of Ramsay Consulting Suites Bribie Island. Before joining Ramsay, Lizelle worked across a number of departments in Queensland Health. Lizelle loves meeting new people and is a creative 'people person', married for 22 years, with three teenagers.

Feel free to reach out to Lizelle on adamslizelle@ramsayhealth.com.au or 0427 327 321 for help with referral processes, service information, to request news and invitations to GP education, visits and specialist engagement for SCUPH and Ramsay Clinic Caloundra.

Justin

T: 07 5390 6101

GreenwellJ@ramsayhealth.com.au



Applauding our nurses

Every day is a good day to thank our wonderful nurses! I hope they enjoyed their celebratory lunches provided across our three Sunshine Coast hospitals on International Nurses Day.

Their day-to-day work has become more challenging than in these file photos, given current PPE requirements. We have faced extraordinary challenges over the past two years. Thank you nurses for your service. Thank you for caring.

Ramsay Health Care announced two brand new nursing programs in May, building upon its four existing programs in the Ramsay Nursing and Midwifery Academy: NUM Pathway Program and Undergraduate Cadetship Program.



Ramsay
Health Care



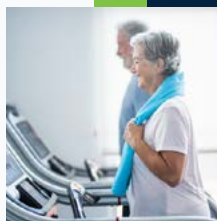
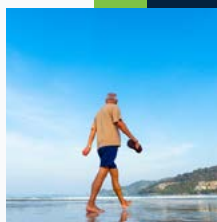
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MORE INFORMATION:



OUR DIABETIC FOOT ASSESSMENTS INCLUDE:

- A Vascular Study
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- Dermatological Observation
- Peripheral Nerve Testing
- Musculoskeletal & Physical Activity Assessment
- Footwear Assessment



Dr. Paul Frank

Pain Medicine Specialist & Anaesthetist,
M.B.B.S. FANZCA FFPMANZCA

Pain Rehab

Dr. Peter Georgius

Pain Medicine Specialist, FFPMANZCA
Rehabilitation Physician, FAFRM, MBBS,
BMedSc



SAVE THE DATE

20th August 2022

Intended RACGP Category 1 Event

Guest presenters including Pain Specialists, Neurosurgeons, Orthopaedic Specialists, Radiologists Specialist Lawyers

Refreshments - Lunch - Canapes

To secure your seat or for more information email
conference@sportsandspinalphysio.com.au





KAREN CLARK
GENERAL MANAGER

BUDERIM PRIVATE HOSPITAL

APRIL 2022

COVID-19 update

A huge thank you to our staff and doctors for their resilience and continuing to care for those we serve in such challenging times.

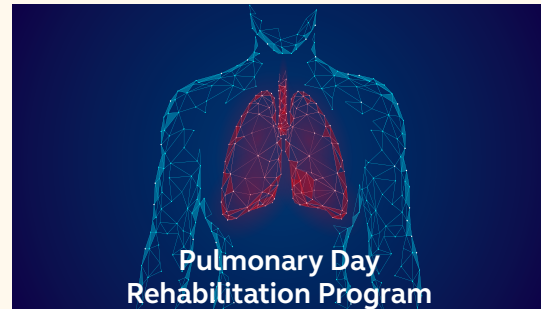
There was the briefest of lulls in the Omicron wave, but community spread has escalated again. While the rate of hospitalisation with COVID-19 is lower, there are serious complications possible for all age groups from an infection. I am extremely proud of our team and how they have responded to the challenges posed by the transmission of COVID-19 in the community, and how they have remained committed to wearing PPE and ensuring the continued safety of all who enter our hospital.



Introducing the Cooinda Psychology Clinic

I am pleased to inform you that we recently launched a new Psychology Clinic to complement the services offered by our Cooinda Mental Health Service. Called the Cooinda Psychology Clinic, the service will help ensure continuity of care of our patients post-discharge, and further ensure our patients are able to access the full package of multi-disciplinary care.

The Cooinda Psychology Clinic will treat children, adolescents and adults presenting with a wide spectrum of psychological disorders including anxiety, depression, bipolar disorder, trauma and PTSD, OCD, addictions, eating disorders, personality disorders, and psychosis. We pride ourselves in providing evidence-based psychological therapies including CBT, DBT, Interpersonal Therapy.



New Pulmonary Day Rehabilitation Program

Our Rehabilitation Service has introduced a new 8-week Pulmonary Day Rehabilitation Program.

The program involves patients come to the hospital once per week to undertake an individualised exercise program and education sessions on topics surrounding disease management, including managing and preventing flareups, diet, exercise, medications, stress management, energy conservation and breathing control.

The goals of the program include:

- Improve physical function
- Facilitate return to daily activities
- Improve the ability to manage flareups
- Improve functional strength and cardiovascular fitness
- Increase self-esteem and confidence
- Improve understanding of diagnosis

Patients can be referred into the program by their GP, and referrals should be addressed to Dr David Eckerman (Rehabilitation Physician) at Buderim Private Hospital. The referral form is available by accessing buderimprivatehospital.com.au/pulmonaryrehab

Kind regards,
Karen Clark | General Manager

Acute Admissions 5430 3314

buderimprivatehospital.com.au

Proudly part of



A helping hand for holistic cancer care



Life following a cancer diagnosis can be a whirlwind for patients and their loved ones.

Patients face a complex health system with cancer care delivered in a variety of settings, across a range of services including screening, diagnosis, treatment, rehabilitation, palliative and end-of-life care.

There are patients who need to travel to various locations and clinics, which can be difficult without tailored support.

Furthermore, treatments and technologies continue to progress rapidly, changing the way care is delivered.

There is a lot for patients to consider during this difficult time.

Cancer care co-ordinators provide vital support throughout a cancer diagnosis, treatment and beyond.

They support patients with clinical treatment, emotional and psychosocial needs, and provide reinforcement and clarification of information to assist in the decision-making process.

Laura Hanlon has been supporting cancer patients in the role since 2015. She joined Icon Cancer Centre Maroochydore in March last year and has supported over 100 patients during that time.

“My role is the central link between the patient, family and carers and all members of the multidisciplinary team incorporating care services during the patient’s cancer care continuum. This ensures care is delivered in a logical, connected and timely manner,” Laura said.

One of Laura’s former patients said this support made the cancer care journey less stressful.

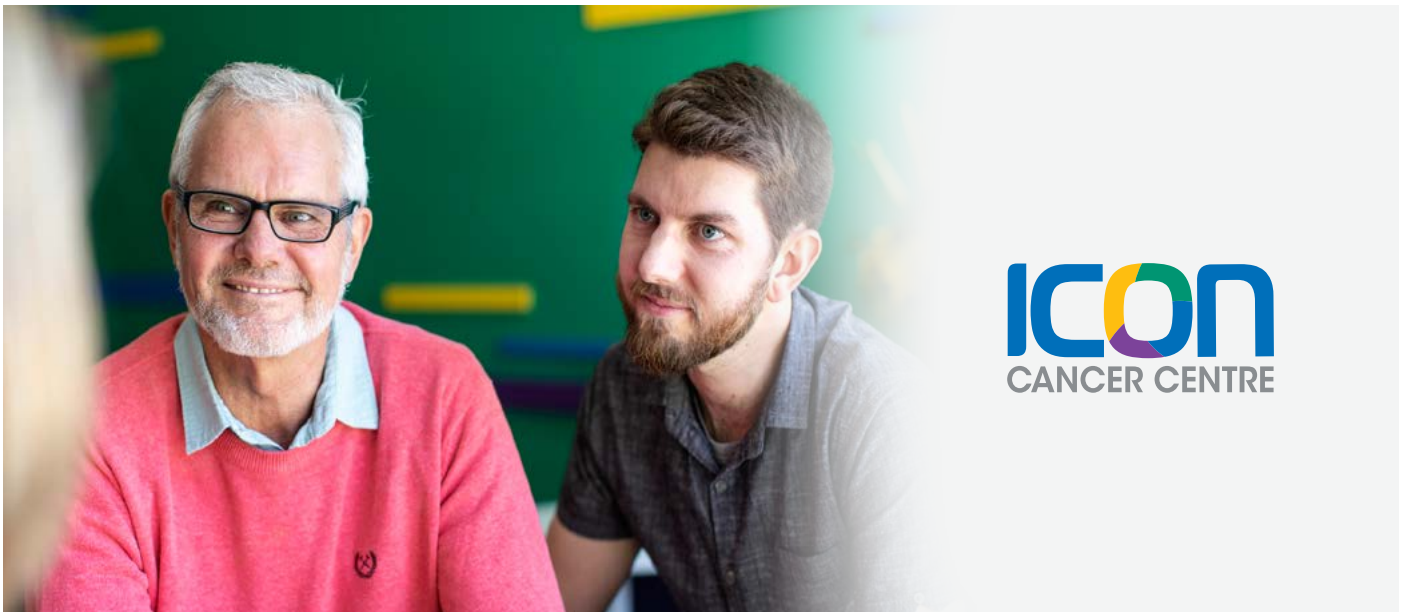
“Laura helped me to feel better and like everything was going to be okay. She referred me to a psychologist, exercise physiologist and helped me manage side effects throughout my treatment. She knew me and I could put my trust in her,” the patient said.

“Without a cancer care co-ordinator, going through treatment would be chaotic. It’s such a scary time and you have a lot of increased anxiety. You don’t see your doctor every day, but I would see Laura and could tell her my concerns and get reassurance from her expertise. It meant I didn’t have to repeat anything, she would communicate everything with the whole treating team and allied health professionals.”

Icon Cancer Centre Maroochydore radiation oncologist, Dr Colin Dicks believes the role of cancer care co-ordinators is vital for patients.

“In the pursuit of excellence, particularly with new technology and treatment paradigms, patients and their families are often left behind. Many do not understand the complexity of the combined treatments and they are often overwhelmed by the frequent visits to their doctors and cross- disciplinary treatments,” Dr Dicks said.

“We have found that Laura is the super-glue that holds the care together. She advocates for the patient and their families to demystify the complexity of care and ensure that the ball is never dropped in care. This level of personal care is what oncology has been missing and the role has become indispensable.”



Cancer Care Coordination

A personal approach to cancer care

Icon Cancer Centre Maroochydore is committed to supporting the Sunshine Coast community to access the best possible care, close to home.

Cancer Care Coordinator, Laura Hanlon

Our dedicated cancer care coordinator Laura Hanlon, is available to support cancer patients when they receive their diagnosis, throughout their treatment and beyond.

The cancer care coordinator is part of the cancer patient's care team and can help with providing:

- Personalised support through diagnosis, treatment and beyond
- Information about your cancer, procedures and treatment
- Access to allied health
- Patient advocacy and supportive care services
- Transport and accommodation coordination

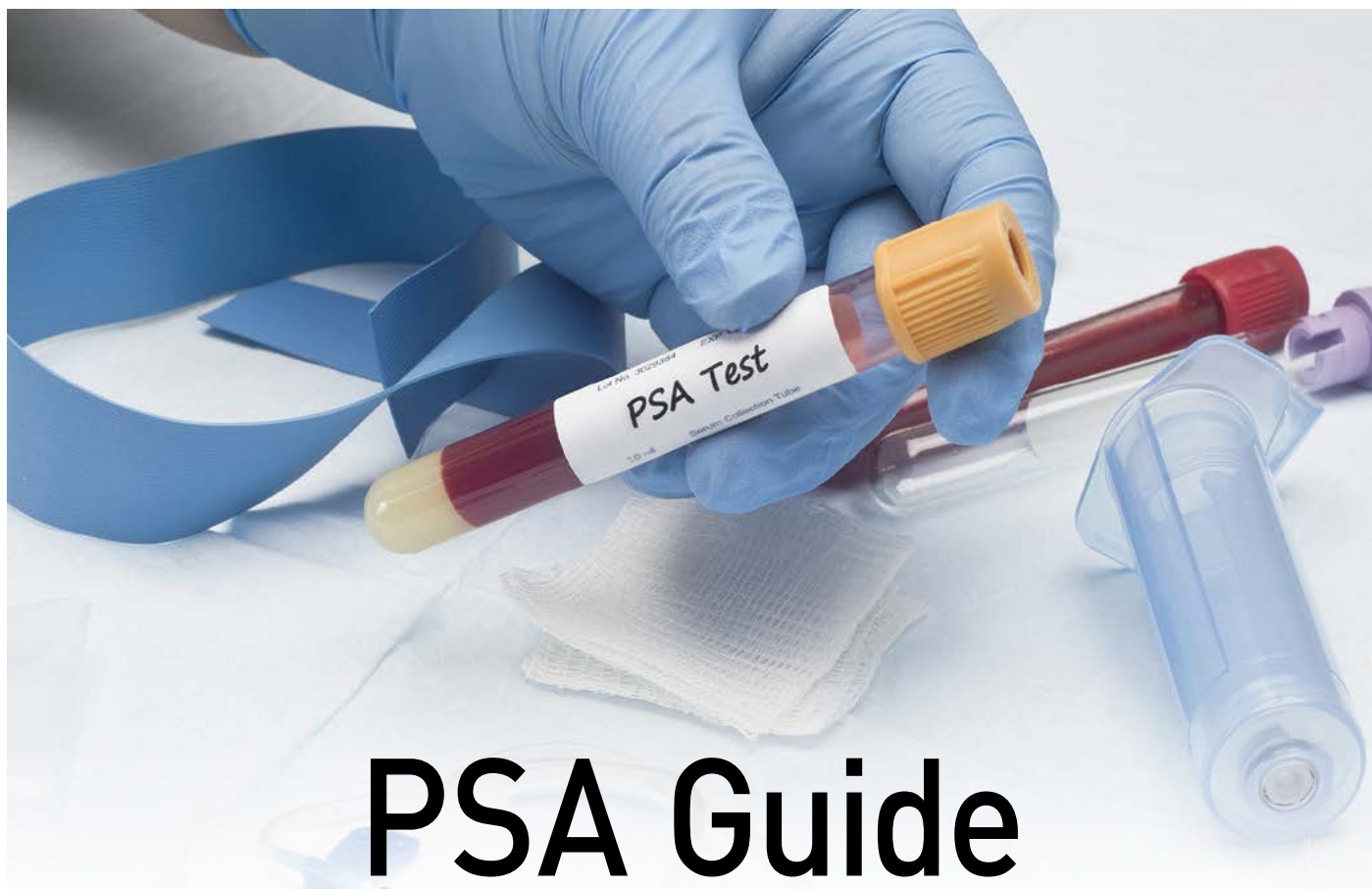
A referral is not required to access the support of the Cancer Care Coordinator.

Icon Cancer Centre Maroochydore

60 Wises Road
Maroochydore QLD 4558
P 07 5414 3700
F 07 5414 3701
E admin.maroochydore@icon.team

iconcancercentre.com.au





PSA Guide

Early detection saves lives

PSA >3 is a red flag

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

Refer if:

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule
or PSA increases while on Duodart

Refer to:

Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo



Sunshine Coast Urology Clinic

Buderim Prostate Clinic

A. Suite 2/5 Lyrebird St, Buderim QLD 4556

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E. info@buderimprostateclinic.com.au

W. buderimprostateclinic.com.au



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Surname:
 Given Names
 Date of Birth:
 Gender: M ☐ F ☐
 Address:
 Phone:

Date: Person referring:

Contact details:

Medicare Number:

GP Details:

DVA number:

Wound Details

- ☐ Leg ulcer ☐ Skin Tear
- ☐ Pressure injury (stage?) _____ Pressure relieving Aids? _____
- ☐ Malignancy ☐ Diabetic Foot ☐ Surgical ☐ Other

Wound Site: _____ Allergies _____

Present for _____ days/weeks/months OR Date Occurred (if known): ____/____/____

Does the patient have pedal (foot) pulses? ☐ YES ☐ NO ☐ Unsure

Is the patient mobile? ☐ walking ☐ immobile ☐ Transfer only

Current plan?

Previous treatment?

Recent Investigations

Medications: please list

Past Medical & Surgical History

What is the aim of treatment? ☐ Heal ☐ Conservative dressings

Please complete and E-mail to clinic@woundtherapies.com.au



Choosing the right surgeon for your patients on the Sunshine Coast isn't rocket science - it's brain surgery.

Sunshine Coast Neurosurgery is the specialist practice of Dr Stephen Byrne, who has worked on the Sunshine Coast since 2017.

Dr Byrne MBChB, MRCSEd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

List of Services

Sunshine Coast Neurosurgery use their extensive experience to treat many common conditions such as:

- Cervical and lumbar degenerative conditions
- Brain tumours
- Spine tumours
- Pituitary tumours
- Chiari malformations.

Plus they have a specialist interest in minimally invasive brain and spine surgery.

Sunshine Coast University Private Hospital
Suite 17, 3 Doherty Street, Birtinya QLD 4575

T 07 5437 7256
E info@scneuro.com.au



www.scneurosurgery.com.au


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40
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"Future care of brain and spine - improvements in multidisciplinary care models"

Developed for general practitioners, this conference will focus on how big data and artificial intelligence will impact medicine in the coming years, and feature presenters from a variety of disciplines including neurosurgery and spinal surgery, neurology, radiology, pain and oncology.

REGISTER WITH THE QR CODE

\$495 - CONFERENCE REGISTRATION, RECEPTION & ACCOMMODATION (1 NIGHT)

\$160 - CONFERENCE ONLY


07 3833 2500

info@brizbrain.com.au


Briz Brain & Spine GP Education Conference

Don't miss the Briz Brain & Spine GP Education Conference which is being held on 20 & 21 August 2022 at the beautiful Sofitel Noosa Pacific Resort.

The theme for this year's event is "Future care of brain and spine - improvements in multi-disciplinary care models" with a particular focus on how big data and artificial intelligence will impact the practice of medicine in the future.

Developed with GPs in mind, the event will provide attendees with an opportunity to hear from speakers across a range of disciplines including neurosurgery and spinal surgery, neurology, radiology, pain and oncology. Our Saturday evening reception will enable guests to network with specialists, colleagues and industry representatives in a relaxed atmosphere.

Places are limited so register now to secure your spot.

For more information and to register, visit www.brizbrain.com.au and click on "For Doctors / GP Education" or use the QR code.





Foreign Body Removal

The Radiology Clinic is pleased to announce the availability of image-guided Foreign Body Removal.

When should foreign body removal be performed under image guidance?

Image-guided foreign body removal offers a minimally invasive technique for the safe removal of foreign bodies in close proximity to important anatomical structures. Your patient will be instructed to return to you for scheduled post-procedure wound care.

Location marking

In addition to offering foreign body removal under image guidance, we remain happy to continue the service of location marking for the safe removal of foreign bodies in GP minor surgery or in hospital settings.

What are some common FB removals we perform?

- Implanon Removal
- Thorns & Splinters
- Inorganic foreign bodies including glass & metal

Dr Jonathan Langton
Dr Lance Lawler
Dr Mat Bateman

CONTACT US

t 07 5391 0366

e info@theradiologyclinic.com.au www.theradiologyclinic.com.au

31 Plaza Pde

Maroochydore Q 4558





Sunshine Coast Orthopaedic Clinic

Knee OA
Management

NEW GUIDELINES FOR MANAGEMENT OF KNEE OSTEOARTHRITIS



The AAOS (American Academy of Orthopaedic Surgeons) have recently released new guidelines for management of knee osteoarthritis. This is now the third iteration of these evidence based guidelines. This year there is a complete re-write with recommendations being stratified according to the strength of evidence to support or not support the modality into strong, moderate or limited evidence. The following is a summary of these recommendations.

Strong Recommendations in favour of:

- ★★★★ Supervised exercise, unsupervised exercise &/or aquatic exercise
- ★★★★ Self-managed programmes
- ★★★★ Patient education
- ★★★★ Oral NSAIDs
- ★★★★ Oral paracetamol
- ★★★★ Topical NSAIDs

Moderate Recommendations in favour of:

- ★★★★☆ Canes/Walking stick
- ★★★★☆ Unloader braces
- ★★★★☆ Neuromuscular training
- ★★★★☆ Weight loss (evidence downgraded)
- ★★★★☆ Intra-articular steroids
- ★★★★☆ Arthroscopic partial meniscectomy can be used for meniscal tears in patients with mild to moderate osteoarthritis who have failed physical therapy and other nonsurgical treatments

Limited Recommendations in favour of:

- ★★☆☆ Oral/dietary supplements may be helpful but evidence is inconsistent/limited and additional research is needed to clarify the efficacy of;
 - Tumeric
 - Ginger extract
 - Glucosamine
 - Chondroitin
 - Vitamin D
 (evidence downgraded)
- ★★☆☆ Manual therapy in addition to an exercise programme (evidence downgraded)
- ★★☆☆ Massage may be used in addition to usual care (evidence downgraded)
- ★★☆☆ FDA-approved laser treatment may be useful (evidence downgraded)

- ★★☆☆ Acupuncture may improve pain and function (evidence downgraded)
- ★★☆☆ TENS may be used to improve pain and or function (evidence downgraded)
 - a. Percutaneous Electrical Nerve Stimulation for pain and function
 - b. pulsed electromagnetic field therapy may improve pain (evidence downgraded)
- ★★☆☆ Extracorporeal Shockwave therapy
- ★★☆☆ PRP
- ★★☆☆ Denervation therapy
- ★★☆☆ High Tibial Osteotomy

Strong recommendations against use of:

- ★★★★ Lateral wedge insoles
- ★★★★ Oral narcotics including Tramadol

Moderate recommendations against use of:

- ★★★★☆ Hyaluronic acid intra-articular injections
- ★★★★☆ Arthroscopic lavage and or debridement

Consensus Statements; ★★★★★

Dry needling and free-floating interpositional devices should not be used

These recommendations can be used in determining management strategies in primary care management of knee osteoarthritis prior to considering knee replacement surgery.

Of particular interest is the new recommendation against any narcotic use, recommendations against hyaluronic injections, and recommends for arthroscopic partial meniscectomy if not responding to non-operative treatment in mild to moderate disease.

Further information can be found on our website at www.sunshineortho.com.au

The original document can be downloaded at <https://www.aaos.org/globalassets/quality-and-practice-resources/osteoarthritis-of-the-knee/oak3cpg.pdf>

For appointments contact

Dr Steven Lawrie
Suite 17, Kawana Private Hospital
5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994 | f: 07 5493 3897
e: sunshineortho@bigpond.com.au | [sunshineortho.com.au](http://www.sunshineortho.com.au)



The Sunshine Coast's only integrated Cancer Centre

Our facility is home to:

- Highly experienced team on Medical Oncologists, Clinical Haematologists & Palliative Care Doctors
- Day infusion unit providing the latest & cutting edge treatments (including chemotherapy, immunotherapy, targeted therapy, iron infusions & venesections)
- GenesisCare Radiation Oncology
- Cold cap therapy to prevent/minimise hair loss caused by certain chemotherapy treatments
- Allied Health including Clinical Psychology, Exercise Physiology, Dietetics & Oncology Massage Therapy
- McGrath Breast Care Nurse
- Clinical Trials



SUNSHINE COAST
HAEMATOLOGY & ONCOLOGY CLINIC
— Montserrat Cancer Care —

GP/Specialist Priority Line:

07 3054 0758

Our Team:



Dr Hong Shue
Medical Oncologist
MBBS (Monash), FRACP



Dr Brenton Seidl
Medical Oncologist
MBBS, BSc, FRACP



Dr Sorab Shavaksha
Clinical Haematologist
MBChB (Leeds), FRACP, FRCPA (2013)



Dr Joshua Richmond
Clinical Haematologist
MBBS(Hons), FRACGP, FRACP, FRCPA



Dr Alice Livings
Clinical Haematologist
BSc(Hons), MBBS(Hons), FRACP, FRCPA



Dr Manjunath Narayana
Clinical Haematologist
MBBS, FRACP, FRCPA



Dr Susie Muir
Specialist GP (Palliative Medicine)
MBChB, FRACGP



Samantha Clutton
Clinical Psychologist
MPsychClin, FCCLP



Sarah Bloomfield
Dietitian & Nutritionist
APD, APN



Jesse Goldfinch
Exercise Physiologist
BClinExSc, ESSAM, AEP



Tania Shaw
Massage Therapist
DipRM, CLT, OMT

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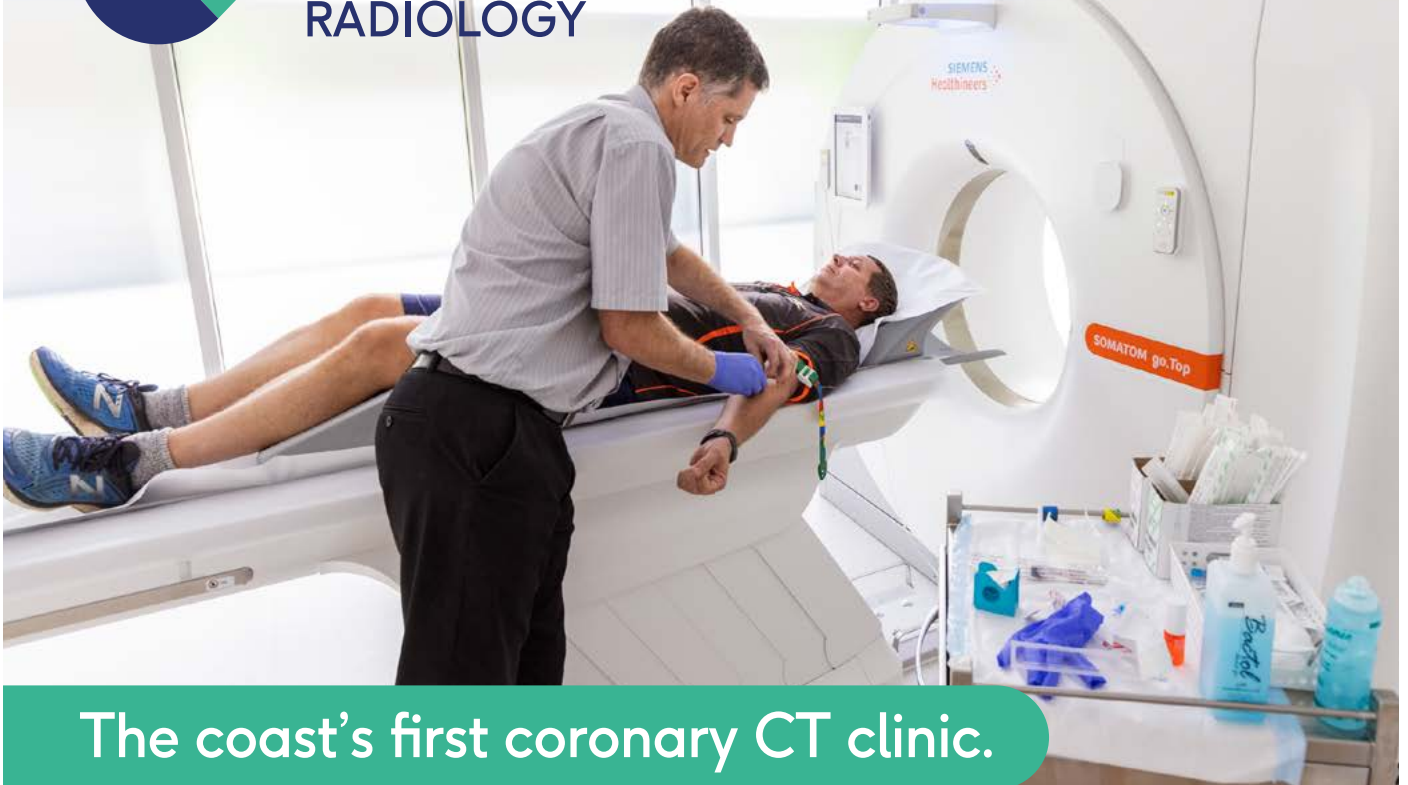
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The coast's first coronary CT clinic.

EON Radiology provides expert cardiac imaging and risk assessment.

The coronary artery calcium (CAC) score is just one of the tests that our experienced staff can carry out in the cardiac clinic. This quick, painless procedure is the international gold standard for predicting heart attacks in patients over the age of 40.

EON Radiology is a sister company of Heart HQ and all coronary CT scans are co-reported by a Heart HQ cardiologist and a radiologist.

The establishment of this specialised cardiac clinic recognises the incredible advancements made in CT technology, coupled with the advantages it offers in terms of non-invasive coronary testing and risk assessment.

EON Radiology is passionate about patient care and offering this testing so close to home will benefit the health of many Sunshine Coast residents.



To find out more or to refer a patient, call EON Radiology on 07 5414 1190

EON Radiology is a sister company of Heart HQ. Visit www.hearthq.com.au for more details.



☎ 07 5414 1190

📞 07 5414 1101

✉ admin@eonradiology.com.au

GRAMPIAN MOUNTAINS, VICTORIA

The rugged sandstone mountain in the Grampians rises from lush green lands creeping all around it! The Grampian Mountain, as a part of the Grampian National Park in Victoria, is a heritage site that turns hikers out of everyone who visits it! The sandstone ridges are worthy of the appreciation they get for their awe-inspiring views, pulling hikers in all along the year.



Making the landscape even more exemplary are the numerous wildflower displays, gleaming waterfalls, and its wildlife. To add more to the legend of the Grampian Mountains, the visit also ensures a brush of the history of these mountains with its aboriginal residents! Become a part of the tale that is passed on by these tribes!

Bring on the hiker's spirit

It doesn't come as a surprise that the most popular activity on the Grampians Mountains is hiking! If you are yet another person looking to reach out to the heights, the area is filled with experienced teams that guide you through the experience. You can even find a rock climbing lesson given in the area. Choose from the Pinnacle walk or Grampians Peak trail. There are endless options that fit your appetite!

Enjoy the wildlife and history hidden in it

The true sense of being in nature doesn't come in the absence of a working ecosystem. The Grampians National Park is a balance of nature, becoming a sanctuary to 500 species of plants. It is home to over 100 bird species that made a home out of the green lands. Watch nature find its way giving life to anything that touches it around the Falls of Foyer, Falls of Dochart, Waterfall, and many more. Step into the past as you discover the paintings of the aboriginal ancestors as they tell you a story!

Revel in the majestic views

With all its uneven highs and lows, wildlife, and aboriginal history, the mountains never have a bad moment! The scenic view offered never loses its charm. Find a perfect lookout on your trail overlooking the stretches of green. Even better, take a helicopter ride of the land as you discover the greatness of it all!

What we have planned for you

- Spend the day exploring the Grampian National Park with a guide taking you into nature
- Find all utilities and a local guide that helps you pick a trail for your hike
- Hike the mountain, looking over all the natural wonders and wildlife of the mountain
- Enjoy the mesmerizing sunset view as you reach the peak of your trail
- Take the helicopter ride to see the National Park in all its glory

We have some great deals available now. Give us a call or check out our website for more information www.123travel.com.au

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Dr Tony Bretherton
MBBS, FRANZCR



Dr James Challen
MBBS, FRANZCR



Dr Anthony Chan
MBBS, FRANZCR



Dr Jacqui Dalton
BDSc, DCLin Dent(UQ)



Dr Siavash Es'haghi
MB ChB, FRANZCR, EMBA



Dr John Evans
MBBS, B Med Sci (Hons),
FRANZCR Nuc Med Specialist



Dr Denise Ladwig
FRANZCOG DDU



Dr Rodney Larsen
MBBS (Hons), FRANZCR



Dr Noel Marginson
MBBS, FRANZCR



Dr Paul Reidy
MBBS, BAppSC
(MedImaging), RANZCR



Dr Amit Sidana
MBBS (Hons), FRANZCR



Dr Nigel Sommerfeld
MBBS, FRANZCR



Dr Mark Sinnamon
MBBS, FRANZCR, FAANMS



Dr Pradeep Sonwalkar
MBBS, RANZCR



Dr Angus Thomas
BSc, MBBS, FRANZCR



Dr Peter Wakefield
MBBS, FRANZCR

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PRESIDENT AND CEO REPORT



Professor Chris Perry OAM and Dr Brett Dale

This is the final report from this double act. A new President, Dr Maria Boulton, and Vice President, Dr Nick Yim have been elected. We thank Dr Bav Manoharan for his efforts over the past two years as Vice President and Board Director.

The past couple of months have seen intense activity to manage the State Government's snap announcement to offer free flu jabs to all Queenslanders, and our continued opposition to the North Queensland pharmacy trial.

NEW PRESIDENT AND VICE PRESIDENT

Dr Maria Boulton, a GP in Brisbane, and Dr Nick Yim, a GP in Hervey Bay, are the new leadership team. Dr Boulton is the ninth woman to hold the role in the Association's 128-year history.

Both have been AMA Queensland Directors and Councillors and are determined to ensure that the Council and Board continue to have strong cross representation of all specialties. They will work for all members, regardless of where they work, what career stage they are at, or what specialty they practise. They will fight for

Both have worked in regional Queensland, and Nick, a former pharmacist turned GP, lives and works in Hervey Bay. They look forward to serving doctors and the community to achieve the best health outcomes possible.



Dr Nick Yim and Dr Maria Boulton

FREE FLU SHOTS

GPs were taken by surprise when the Government announced that all Queenslanders could get a free flu shot from their GP or pharmacy.

We worked hard with Queensland Health to get details of how the scheme would work – how GPs would be reimbursed for vaccines already purchased, whether they could use their National Immunisation Program (NIP) vaccines for private patients, and when the program would start.

We encourage patients to book online for flu vaccines wherever possible to take the strain off practice phones and receptionists, who have been inundated since the announcement.

We fully support making the flu vaccine free for everyone. More than 30,000 people came forward for a free shot in the first week. GPs have already done more than three million flu shots this year, but we are expecting to see a difficult flu season after two years of virtually no exposure to influenza due to COVID lockdowns and border closures.

We are still seeing a lot of COVID cases and subsequent workforce shortages with doctors and healthcare workers furloughed as active cases or contacts, and the strain on our hospitals is increasing.

88 L'Estrange Terrace, Kelvin Grove QLD 4059 • 07 3872 2222 • qld.ama.com.au



*Leading Queensland Doctors
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NORTH QUEENSLAND PHARMACY TRIAL

Doctors responded strongly to our survey about the North Queensland pharmacy trial and the urinary tract infection (UTI) trial it is purportedly based on.

More than 1,300 doctors responded, reporting at least 240 patients who needed further attention after taking part in the UTI trial. The most common issue was misdiagnosed sexually transmitted infections, but there were also six cases where a pregnancy diagnosis was missed and women in their first trimester were sold unsafe antibiotics. A potentially life-threatening ectopic pregnancy was misdiagnosed as an uncomplicated UTI.

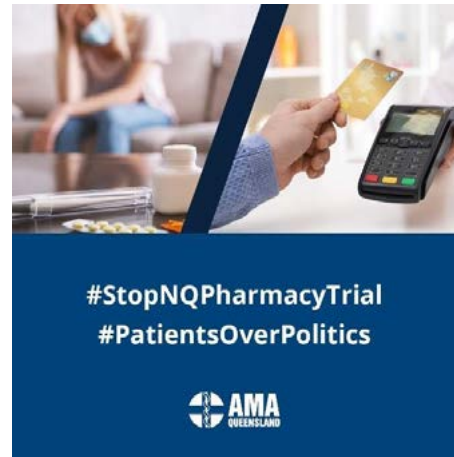
At least nine patients ended up in hospital with sepsis or kidney and bladder infections due to ineffective or delayed treatment, and six cancerous or pre-cancerous conditions were missed.

Doctors had no way to report adverse outcomes to the Queensland University of Technology (QUT) ethics coordinators who were overseeing the UTI pilot. The only option was to report the individual pharmacist to the Office of the Health Ombudsman – in effect, blaming the pharmacist for the scheme's failing without being able to alert the scheme's designers to risks to patient safety.

At the time of writing, the State Government had yet to release the QUT evaluation report of the UTI trial. However, a leaked version given to *The Australian* newspaper revealed about 280 cases of complications and a worryingly low follow-up rate - less than 40 per cent of the women who took part.

We have the support of many pharmacist colleagues in this fight. Like us, they value the need for all medical and health professionals to practise within their scope. Encouraging pharmacists to become de facto GPs and diagnose and treat a range of potentially serious health conditions – including prescribing and dispensing a range of medicines despite a lack of training – is a risk to public health.

Visit our campaign page here gld.ama.com.au/Stop-NQ-Pharmacy-Trial



**#StopNQPharmacyTrial
#PatientsOverPolitics**



STATE BUDGET



The State Budget to be handed down in June is an opportunity for the Government to take immediate and dramatic action to address the pressures, shortages, gaps and inequities in our health system.

AMA Queensland has constantly advocated for action on these issues for years. Queensland's health system was stretched beyond its limits before COVID-19. Workforce shortages were already deepening and staff were fatigued.

Each additional year without fundamental improvements in these areas leads to further entrenching or problems in the health system.

COVID-19 has forced the reshaping and reprioritising of health services, leading to even longer elective surgery waits.

AMA Queensland called for five priority actions in the Budget – implement the Ramping Roundtable Action Plan, fill fundamental gaps in mental health, address unmet need in palliative care, make medical workplaces safe and healthy, and fix digital technologies.

We will report on outcomes in the next newsletter.

88 L'Estrange Terrace, Kelvin Grove QLD 4059 • 07 3872 2222 • gld.ama.com.au



*Leading Queensland Doctors
Creating Better Health*

FEDERAL ELECTION RESULT

The nation has a new Prime Minister and Government, and a new Health Minister in Mark Butler. With our federal colleagues, we will work to hold the new Labor Government to its promised \$750 million to support implementation of the Primary Care Plan, plus \$220 million in GP infrastructure grants.

Labor also committed to a \$146 million investment to target regional, rural and remote communities with immediate health workforce needs, and has supported proposals to expand both the John Flynn Prevocational Doctor Program and the single employer model trial for GP registrars. These are practical policies that will help support the rural workforce.

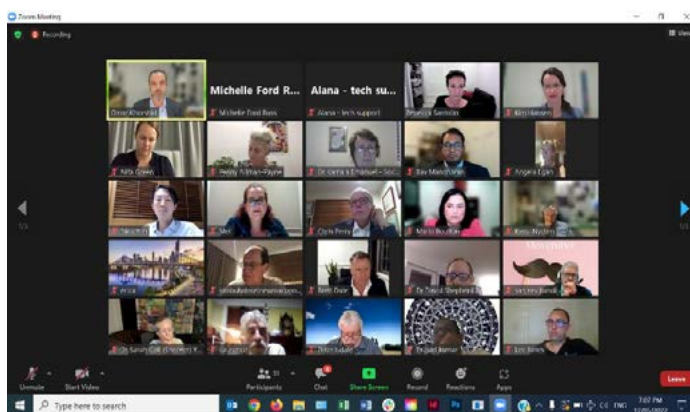
We look forward to seeing more detail about Labor's proposal for GP-led urgent care clinics – how they would be funded and staffed, and where they would be located.

Disappointingly, neither side of politics committed to our call for the federal government to increase public hospital funding from 45 to 50 per cent alongside state funding for our public hospitals. That extra 5 per cent from the Commonwealth would inject an extra \$1.5 billion a year, enough to pay for the 1,500 extra beds we need.

FEDERAL CAMPAIGN VIRTUAL TOWN HALL

As part of the AMA *Clear the Hospital Logjam* and *Modernise Medicare* campaigns, AMA Queensland held a virtual town hall meeting on Thursday 12 May for doctors and patients to share their experiences of the Queensland health system.

We invited a range of political candidates and representatives to hear stories and explain their party's policies. Labor Senator Nita Green, Greens Senate candidate Penny Allman-Payne, Socialist Alliance Senate candidate Dr Kamala Emanuel and Independent candidate for Herbert, Dr Angela Egan (an AMA Queensland member) took part. The federal LNP was unable to supply a candidate.



The town hall was open to the public and the media. You can watch it at [youtube.com/watch?v=bNkridwfj7o](https://www.youtube.com/watch?v=bNkridwfj7o)

MOCA 6 BARGAINING

Our industrial relations partner, ASMOFQ (Australian Salaried Medical Officers' Federation Queensland), has had two *Medical Officers' Certified Agreement* (MOCA) 6 negotiation meetings with Queensland Health so far in May, with a third planned for 30 May.

On 9 May, Queensland Health proposed changes to MOCA Clause 11.4 (Extended Span of Ordinary Hours to Meet Clinical Need), that would give the HHS the ability to force senior doctors to work extended hours shifts without their agreement (evening or weekend shifts outside the ordinary hours of 7.30am - 6pm, Monday to Friday).

ASMOFQ rejects this proposal as it would significantly reduce the employment conditions of our members.

asmofq
AUSTRALIAN SALARIED MEDICAL
OFFICERS' FEDERATION QUEENSLAND,
INDUSTRIAL ORGANISATION OF EMPLOYEES



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Creating Better Health*

Currently, under MOCA 5, any such roster change to include extended hours shifts must require the agreement of senior doctors. ASMOFQ fought hard for this protection in previous years during MOCA 4 and MOCA 5 negotiations.

ASMOFQ's position is that the only meaningful way to address the unmanageable workloads and fatigue that doctors are enduring across the state is to simply employ more doctors.

On 19 May, the MOCA 6 negotiation meeting focused on the critical issues facing our rural and remote doctors. ASMOFQ considers the situation for rural and remote hospitals to be dire and unsustainable.

AMA QUEENSLAND FOUNDATION FLOOD GRANTS



AMA Queensland Foundation is continuing to help patients, doctors and medical practices get back on their feet after experiencing hardship due to the floods, issuing more than 20 Flood Assistance Grants.

We know these grants are a drop in the ocean compared to the magnitude of devastation experienced by so many Queenslanders. We thank all members who generously donated to the Flood Assistance appeal.

You can read the story of Dr Bee Kho, whose Rocklea practice was destroyed, at qld.ama.com.au/latest-news/flood-affected-practice

DINNER FOR THE PROFESSION



This year's *Dinner for the Profession*, celebrating the incredible work of doctors throughout Queensland, will be held on Friday 15 July at Waters Edge – Portside.

Enjoyed over a three-course dinner, the evening will include awards of distinction and the opportunity to network with friends old and new. President Dr Maria Boulton and Vice President Nick Yim will be officially presented to the membership at the black tie gala event.

Tickets are selling fast so register online at

qld.ama.com.au/events/dinner-for-the-profession

JOIN AMA QUEENSLAND

We are proud to lead Queensland doctors and create better health outcomes for our community. Join AMA Queensland and receive a \$50 Prezzy gift card. Scan this QR code to join now and enjoy the myriad of member benefits.

Be sure to email us at membership@amaq.com.au with the subject Prezzy to claim your voucher.



88 L'Estrange Terrace, Kelvin Grove QLD 4059 • 07 3872 2222 • qld.ama.com.au

Medicinal Cannabis for Women's Health

WOULD YOU PREFER TO REFER YOUR PATIENTS?

Do you have patients with chronic pelvic pain, endometriosis, dysmenorrhea, anxiety etc who have not responded to conventional treatment options? If so, they may benefit from medicinal cannabis.

If you're not open to prescribing medicinal cannabis directly, you may prefer to refer your patients to an Authorised Cannabis Prescriber with a passion for women's health.



Dr Yan Ren has worked as a GP for over 10 years. Dr Ren focuses on women's health including endometriosis, ovarian cancer, menopausal symptoms, enhancing libido and sexual satisfaction. (Telehealth) \$150.00 Initial Consultation.



SCAN TO REFER



Dr Julie O'Connell is an integrative GP who combines traditional medical practices and complimentary medicine. Julie's wide-ranging experience enables her to deliver well-informed diagnoses and effective treatment based on a holistic approach. \$150.00 Initial Consultation.



SCAN TO REFER

Powered by...



CaptureCARE is a Telehealth Patient Monitoring service run by registered nurses to manage patient experience, compliance, and monitor health outcomes during the commencement of a new medication.
www.capturecare.com.au

SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: Mb: 0407 037 112 Email: admin@sclma.com.au

<u>NAME</u>	Surname:	First Name:
<i>THE SCLMA PREFERS TO SEND YOUR MONTHLY NEWSLETTERS & INVITES BY EMAIL</i>		
<u>BEST EMAIL:</u> _____		
<u>ADDRESS:</u>		
	Practice/Building	
	Street:	
	Suburb:	Postcode:
	Phone:	Mobile:
<u>PRACTITIONER DETAILS:</u>		
	Qualifications:	
	Date of Birth:	Year of Graduation:
	Hospital employed / Private Practice (cross out one)	
	General Practice / Specialist (cross out one)	
	Area of Speciality:	
<u>PLEASE NOTE:</u> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>		
<u>PROPOSERS:</u> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <i>new</i> membership. Members <i>renewing</i> their membership do not need proposers).		
1. NAME:		Signature:
2. NAME:		Signature:
<u>ANNUAL SUBSCRIPTION (GST included):</u>	(Please tick)	<u>NOTES:</u>
Full-time ordinary members - GP and Specialist	\$ 132	Wherever possible and to save printing and postage costs we ask you to receive monthly invitations and newsletters by email. Newsletters and Invites are always uploaded to our website: www.sclma.com.au Queries: admin@sclma.com.au
Doctor spouse of full-time ordinary member	\$ 66	
Absentee or non-resident doctors	\$ 66	
Part-time ordinary members (less than 10 hours per wk)	\$ 66	
Non-practising ordinary members, under 60 years old	\$ 66	
Residents & Doctors in Training	Free	
Non-practising ordinary members, over 60 years old	Free	
Patron and honorary members	Free	
Payment can be made by cheque payable to SCLMA or by direct debit to: SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298		
Please return this form either by email (scan or photo) or Fax 07 5479 3995 of your E.F.T. to: Email: admin@sclma.com.au Post: SCLMA PO BOX 549 COTTON TREE 4558		
<u>Please note:</u> <i>Membership applications will be considered at the next Management Committee meeting.</i>		

The Sunshine Coast Local Medical Association has Public Liability Insurance

Snap Print-Design-Signage

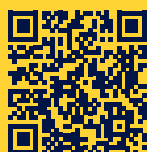
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REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: www.rdma.org.au

Email: RDMAnews@gmail.com

SCLMA ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

CLASSIFIEDS

ANN ST FAMILY MEDICINE – GENERAL PRACTITIONER

- We are looking for a VR General Practitioner to join our busy team which is GP owned. Part time position offering 75% of billings.
- Full support from an experienced and professional team of nurses and support staff.

Please email your CV to olivia@annstfamilymedicine.com.au or contact Olivia on 0412 113 846.

February 2022

GP POSITION AVAILABLE – DPA APPROVED – MOFFAT BEACH

Are you ready to move to the beautiful Sunshine Coast and take advantage of the perfect work/lifestyle balance? We are a privately-owned, well-established practice. Due to outgoing doctor, this position will come with an existing patient base to ensure you are busy from day one. If you are subject to a moratorium, we have a DPA in place, which is rare for this beachside location.

We Offer:

- Full-time or part-time position with flexible sessions available
- DPA location right on the coast
- Mixed Billing; full-time nursing support; Administration and management support; No weekends or after hours

Please contact Practice Manager on 07 5438 2333 for further details and forward a copy of your profile containing a brief summary of your experience along with your contact details to pm@moffatbeachmedical.com.au

February 2022

COME IN, SIT DOWN AND START WORKING!

We offer full service specialist medical consulting room in the Nucleus Medical Suites on the Campus of Buderim Private Hospital.

We will look after all your accreditation requirements. We look after your business all week long. We have supported multiple doctors in developing and growing their business. We have a strong service culture towards our doctors and their patients.

- We will manage all of your appointments.
- Book all of your procedures, including securing an anaesthetist if required.
- Manage all of your billing.
- Handle all of your correspondence.
- Our staff are experienced and professional.
- Our rooms are modern with a large reception area.
- We have a dedicated procedure room.
- We have on site parking.

For further information please contact Lindsey 5444 6003.

March 2022

GENERAL PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat Ph: **0412 292 666**. *Continuing.*

PROFESSIONAL MEDICAL CONSULTING ROOMS MDORÉ

Available for Lease or on a Sessional basis for Medical Practitioners/Allied Health Providers/Beauty therapist Up to 3 x fully furnished premium office spaces, available individually or lease / rent them all.

These professional offices are located in the heart of Maroochydore, within an existing thriving Medical Specialist practice.

- Ample car parking.
- Rooms equipped with a hand basin, consulting bed, desk & chairs & internet connection
- Spacious waiting room/reception area
- Kitchenette /lunch room with microwave & fridge
- Admin support can be negotiated in the lease/sessional suite rent if required.
- Immediate start available
- Incentives available to suitable applicants

Please email practicemanager@drgarthmcleod.com.au or phone the practice manager, Michelle Underwood on 0428 411 033 to enquire or arrange a viewing.

April 2022

PROFESSIONAL MEDICAL CONSULTING SUITE AVAILABLE FOR PERMANENT LEASE ON A FRIDAY EACH WEEK FOR A MEDICAL PRACTITIONER LOCATED IN TEWANTIN.

The Consulting suite provides:

- 1x Furnished consulting room with
- 1x Furnished examination room equipped with a bed, basin/sink, QML biopsy and speculum disposables.
- Fully equipped staff kitchen with a fridge, kettle and microwave.
- Access to toilets for staff and patients across the corridor.
- QML pathology on ground floor below and Quantum radiology across the road.
- Priceline and Live Life Pharmacy on the ground floor.
- Parking in the front and back of building.

Consulting suite available for lease starting Friday 10/06/2022 from 8:30 am until 3:30pm. The cost will be \$330 plus GST per clinic which covers the cost of the suite rental, staff member, water, and electricity.

Please email practicemanager.scwbg@outlook.com or call me on 0420 297 401 to enquire or arrange a viewing.

April 2022

CLASSIFIEDS: admin@sclma.com.au

Free to SCLMA members \$110 for non members.

Queries: Jo 0407 037 112



SCLMA MONTHLY CLINICAL MEETINGS!

Keep the CHEF happy! Let us know if you have a dietary request. Three 3 extra Vegetarian last meeting - no advance notice!! Stressful!!

SCLMA Clinical Meeting - 28 April 2022
Maroochydore Surf Club Function Room
Presenter: Prof Hans Van der Wall, PhD, FRACP
Topic: "Reflux Scintigraphy"
Presenter: Dr Andrew Paszkowski, MBBS, FRACP, AANZSNM
Topic: "Parathyroid Imaging"
Sponsor: X-Ray and Imaging



Presenters:
Left:
Dr Hans Van der Wall

Right:
Dr Andrew Paszkowski

Below:
The Team from X-Ray and Imaging.



MEETINGS:

THURSDAY 30 JUNE 2022 - OPHTHALMOLOGY UPDATES

THURSDAY 28 JULY 2022 - SUNSHINE COAST HEALTH REPORT 2022

ARE YOU A CURRENT MEMBER?

RENEW OR JOIN - ONE CLICK!!

www.sclma.com.au

