



## SCLMA President's Message .....

### Dr Roger Faint



*The yearly SCLMA Cocktail Party was held 8th October and once again has raised significant monies for Wishlist. The money raised will once again go towards the infrastructure utilised for community adolescent mental health initiatives, located in the Wishlist Centre.*

*Jo Bourke, 'CEO' and secretariat was presented with a very well deserved 'Lifetime Membership Award', celebrating over 26 years of service to the SCLMA. What dedication!*

*For those of you who aren't aware of this impressive soon to be opened Wishlist facility:*

*Wishlist is now delivering Australia's first affordable accommodation facility, offering patient accommodation, primary healthcare services and complementary therapies under one roof.*

*Partly funded by a \$12 million grant awarded through the first round of projects under the Australian Government's Department of Health, Community Health and Hospitals Program and a \$2 million gift from local philanthropists Roy and Nola Thompson, Wishlist Centre will support more patients and their families requiring ongoing treatment at the Sunshine Coast University Hospital.*

*Coincidentally, the Sunshine Coast located USC Thompson Institute, a world-class hub for research, teaching and clinical services for Australia's most pressing mental health issues, presented at our September Clinical Meeting.*

*The presenters were particularly interesting and I thank them for taking the time to come to our humble meeting.*

*Recently I was honoured to be an assessor for the Griffith University Multi Station Admissions Assessment (GUMSAA) a process aimed at postgraduate prospective medical students. This process was held by video link at the Sunshine Coast Health Institute (SCHI) and I was attached to the well respected Dr Bryan Palmer academic & Senior Lecturer. Prior GPAs and GAMSAT scores weighted 50% with the interviews rating the other 50%. This was a big deal!*

*I would like to mention that the 4th and final year of Griffith Medical School exams finished 7th October and this cohort is the first year to graduate that has had all their training here on the Sunshine Coast. Let's hope that many become GPs and stay!*

*I would like to officially welcome Julie Burgess, the new CEO of our local Sunshine Coast PHN (including Central QLD and Wide Bay). Patti Hudson is off to greener pastures and has left large shoes to fill. I was privileged to be invited to a welcome dinner along with Mayor Mark Jamieson and SCHHS CE Dr Peter Gillies. Welcome Julie!*

*I would like to congratulate Shane Mitchell as the new General Manager of Buderim Hospital, taking over from recently retired Karen Clark (COVID exhaustion?). I have been fortunate enough to meet Shane at Buderim Hospital Medical Advisory Committee meetings and he will be an asset to the local community.*

*The **SCLMA AGM** will be held at the clinical meeting on the last Thursday of November and of course the year.*

*I look forward to seeing you there.*

*Dr Roger Faint*

*SCLMA President.*



## CONTACTS:

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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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## OCTOBER 2022 NEWSLETTER

**Deadline FRIDAY  
28th OCTOBER**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

**Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!**

**Contact Jo: Mobile: 0407 037 112**

**Email: admin@sclma.com.au**

**Fax: 5479 3995**

*We welcome new content - case studies, local news and photos.*

*If you are a new member, please send in a short bio and a photo to introduce yourself.*

**NOTE:** *We are planning to change to digital only newsletter distribution over the next month.*

## ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

**www.sclma.com.au.**

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

**Enquiries: Jo Ph: 0407 037 112**

**Email: admin@sclma.com.au**

Are you listed on the Member Directory on our website? Are your details correct?

**Directory form available on the website.**

**www.sclma.com.au**



**HIGHLIGHTS in this issue:**

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 P 16-17: **HAS THE PENDULUM SWUNG TOO FAR?**  
*Dr Wayne Herdy*  
 P 19: USC - Foot-PAD Trial  
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 P 34-36: AMA Qld - PRESIDENT'S REPORT  
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**Please 'like', 'share' and 'follow' our Facebook page: *sunshinecoast local medical association.***

***<https://www.sclma.com.au>***

***Have you checked out the revamped SCLMA website?? Already you can pay your renewal or membership application with one click!***



***Are you listed on our Members' Directory? Do your details need to be updated?***

***<http://www.sclma.com.au/members/>***

***Contact: Jo - [admin@sclma.com.au](mailto:admin@sclma.com.au)***

***Ph: 0407 037 112***

***Please pass this newsletter to someone who might like to become a member!***



***ALL NEWSLETTERS ARE ON OUR WEBSITE***

***<https://www.sclma.com.au>***

**DATE CLAIMERS:**

**THURSDAY 27 OCTOBER 2022  
 VENUE - MAROOCHYDORE  
 SURF CLUB FUNCTION ROOM**

**PRESENTER: DR MARA CLARSON  
 TOPIC: "WHAT'S NEW IN BREAST CANCER?"**  
*Dr Mara Clarson is a Specialist General Surgeon and Laparoscopic Surgeon. She has strong subspecialty interests and training in endocrine, breast and trauma surgery, applying advanced minimally invasive and laparoscopic techniques. Dr Clarson's experience in this area has focused on the advancement of her technique in all aspects of adrenal surgery, surgical treatment of thyroid and parathyroid disorders, oncological breast surgery and laparoscopic hernia repair.*

**PRESENTER: JEN MCKENZIE  
 TOPIC: THE VITAL IMPORTANCE of EARLY REFERRAL to PHYSIOTHERAPY after BREAST CANCER DIAGNOSIS**

*Jen is a Lymphoedema Physiotherapist and ESSA Accredited Exercise Physiologist who is passionate about caring for patients during and after breast cancer treatment. She is also a co-director of The McKenzie Clinic - an Allied Health private practice on the Sunshine Coast in Queensland, Australia, specialising in breast cancer rehabilitation, therapy and exercise.*

**PART SPONSOR: MATT SUKKARIEH  
 (MYSEEKERLOANS)**

**THURSDAY 24 NOVEMBER 2022  
 VENUE - MAROOCHYDORE  
 SURF CLUB FUNCTION ROOM  
 COAST JOINT CARE  
 RHEUMATOLOGY TOPICS  
 ALSO: AGM TO BE HELD.**

**THURSDAY 23 FEBRUARY 2023  
 THE THOMPSON INSTITUTE (TBC)**

***We are seeking interest for 2023.***

***Corporate sponsorship welcome!  
 Speakers and topics need to be approved by SCLMA Meetings Convenor.  
 Presentation time for speakers is 20 minutes plus Q&A***

**Queries: Jo Ph: 0407 037 112**

**Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)**

## HEALTH SERVICE LINK - SEPTEMBER 2022

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Dear SCLMA Colleagues,

This month we have opened a new 24-bed surgical ward at Sunshine Coast University Hospital (SCUH). The urology and gynaecology inpatient ward will mean more patients could receive elective surgery sooner. We will also have increased capacity to accommodate emergency cases. Although urology and gynaecology are pre-existing services within our hospital, they will now have a designated home ward enabling us to expand our services within those specialities. The additional 24 beds will relieve pressure on other departments where these patients were admitted previously.

***We aim to open more theatre spaces, increase elective surgery bookings and improve the wait times for people in the Sunshine Coast and Gympie regions.***

Our Aboriginal and Torres Strait Islander health team has been successful in gaining funding from the Connected Community Pathways (CCP) initiative which promotes innovative, community-based solutions to improve patient flow and promote care being delivered outside of hospital. The Deadly Access to Appropriate Care model will see an increase in Hospital Liaison Officers which will allow extended hours of operation for the service, including after hours and weekends. The Hospital Liaison team will also work directly with ED to facilitate rapid reviews of Aboriginal and Torres Strait Islander patients and support access to primary care where appropriate. Additionally, our Preventive Health Pathways (PHP) model is a multidisciplinary team approach to complex care with the aim of preventing re-admission. The PHP team will support Aboriginal and Torres Strait Islander patients on their journey back into the primary care setting with GP advocacy, community care connection, improved health literacy and improved self-management of chronic conditions.

***Together these new models will work collaboratively to offer culturally safe care that empowers the community to take control of their own health journey and supports a holistic approach to health care.***

As you know, prostate cancer is the most common cancer in Australian men and increases in likelihood with age. Ga-68 PSMA is a radioactive tracer, used to detect prostate cancer. SCUH now has access to an in-house Gallium-68 generator to enable the health service to perform local Ga-68 PSMA and Ga-68 DOTATATE Positron Emission Tomography (PET) examinations. Having access to this service locally means our patients could access treatment sooner. Before this technology our patients had to travel to Brisbane for these studies where there is a wait list of around 6-8 weeks or have them done privately. Having a Gallium-68 service on site at Sunshine Coast University Hospital means care closer to home and a reduced wait time for these vital scans, leading to earlier treatment.

We're delighted that for the second year running, SCUH has been recognised as among Australia's best performing hospitals for hip fracture care. SCUH is in the running to win this year's Australian and New Zealand Hip Fracture Registry (ANZHFR) Golden Hip Award, which rates a hospital's performance against 16 indicators within the national Clinical Care Standard for Hip Fracture care.

We are using an innovative model of care that involves a multidisciplinary team approach where all confirmed hip fracture patients are admitted directly under the care of an Ortho-geriatrician, as opposed to a surgeon, who has primary responsibility of the patient's coordination of care. It's a comprehensive approach that includes care provision by multiple areas of the hospital, including geriatricians, the emergency department, anaesthetists, orthopaedic surgeons and allied health.

***Keep your fingers crossed, the winner of the Golden Hip Awards will be announced on 19 October 2022!***

## HEALTH SERVICE LINK - SEPTEMBER 2022 /cont:

### *Hours to be extended for Minor Injury and Illness Clinic (MIIC), Caloundra*



**Minor Injury and Illness  
Clinic Caloundra**

Icons representing services: Fever, Earache, Sprains, Burns, Minor eye issues, Broken bones, Infections, Rash, Toothache, Earache.

**Open 8am – 7pm  
7 days a week**

Public Hospital. Fees apply for Medicare-ineligible patients.

Sunshine Coast Hospital and Health Service | Queensland Government

We're pleased to advise from 4 October 2022, the opening hours of the MIIC will extend and it will be open 8am-7pm daily. Our team at MIIC, based at Caloundra Health Service on West Terrace, treat people with non-life-threatening urgent care issues such as:

- strains and sprains
- minor eye issues
- minor cuts and burns
- broken bones
- infections and rashes
- tooth ache or earache
- fever.

### *Sunshine Coast Health Research Day*



**SCHHS Research Day**  
**17 November 2022, 12.30pm-6pm**  
**Sunshine Coast Health Institute**

The SCHHS Research is extending an invitation to SCLMA members for the Sunshine Coast Health Research Day, 17 November 2022. which is being hosted in the Sunshine Coast Health Institute auditorium.

The day will bring together SCHHS researchers and collaborators to celebrate their work, plans and achievements over the past 12 months.

Register: <https://www.eventbrite.com/e/sunshine-coast-hospital-and-health-service-research-day-tickets-349986718697>

**Any questions: [SC-Research-Day@health.qld.gov.au](mailto:SC-Research-Day@health.qld.gov.au)**

## HEALTH SERVICE LINK - SEPTEMBER 2022 /cont:



**Link:** <https://vimeo.com/730853911/6141073626>

### **Medical Profile - SCLMA medical profile**

**Dr Nicolas Copertino B.Sc MBBS (Hons) FRACS Medical Director General Surgery, Surgery and Critical Care, Sunshine Coast Hospital and Health Service.**

*Dr Copertino knew he wanted to work in health during school, initially after school he went on to study Science, and work in the Sydney Adventist Hospital in their Pathology Lab.*

*"I knew when I started working in Pathology, there was more. In my mid-twenties I moved to Perth with my wife, to start Post Graduate studies in Medicine at the University of WA," Dr Copertino said.*

*After graduating he returned to Queensland to complete an internship at Nambour General Hospital in 2010. This broadened his interest in general surgery, and as a junior doctor Dr Copertino was able to train alongside wonderful senior surgeons, (many of whom he still works alongside today), and complete specialised surgical training in South East Queensland.*

*"General Surgery allows you to care for a huge breadth of patients, you essentially impact patient care instantaneously, regardless of elective, trauma or emergency surgery," he said.*

*Dr Copertino was recently appointed permanently to his current role as Medical Director, General Surgery at the health service.*

*"On top of managing a team of surgeons, both senior and junior doctors, I enjoy a full clinical load and am able to conduct surgeries each week across our facilities at SCUH, Nambour and Gympie."*

*This includes oncological, breast, colon and thyroid surgery, and he subspecialises in complex hernia surgery.*

## HEALTH SERVICE LINK - SEPTEMBER 2022 /cont:

*"The team needs this scope for on call, to manage many patients in theatres and the clinical load required, as well as working with other Departments, and other disciplines like Allied Health and Primary Care," Dr Copertino said.*

*"We are pushing the boundaries of minimally invasive surgery, we do a lot more laparoscopic surgeries, shortening recovery times for the patient, and moving towards more minimally invasive options with potential robotics in the future.*

*"Future work with the trauma service will also broaden when we get subspecialties like neurosurgery and cardiothoracic surgeries onboard at Sunshine Coast Health.*

*"I am most proud of the team, we foster teamwork, from Senior Medical Officers to Interns. We have a diverse team of highly qualified surgeons, and I don't think you would find this anywhere else in Australia as a varied a practice.*

*Kind regards,*

*Dr Marlene Pearce*

*Executive Director Medical Services*



### NEUROLOGICAL & VESTIBULAR PHYSIOTHERAPY



Our clinic has physiotherapists experienced in the assessment and rehabilitation of patients with both peripheral and central vestibular disorders.

This includes:

- BPPV
- PPPD
- Migraine/Vestibular migraine
- Meniere's/Endolymphatic hydrops
- Peripheral vestibular hypofunctions
- Balance disorders
- Central Presentations

All initial assessments are 60 mins in duration and use the video frenzel goggles. A summary will be sent to the referring GP



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# GP Liaison

Your hospital connection, together we can deliver better healthcare.

*Dr Edwin Krays and Dr Michelle Johnston*



## How to take collaboration to the next level?

One of the topics of last month's Sunshine Coast Health Institute Symposium was the interface between the public hospital and primary care. There are a lot of things that go well but there is always room for improvement.

Professor Claire Jackson, Director of the Mater/UQ Centre for Health System Reform and Integration reiterated the challenges that both hospital services and general practice face at present. It appears that improving and formalising the relationships and collaboration has benefits for all stakeholders.

Dr John Adie, National Urgent Care Director, presented his research on urgent care clinics, which may assist to provide care closer to home and reduce pressure on emergency departments.



**Picture above:** In the session 'How to develop the Hospital – Primary Care Interface' local clinicians and executives from the Primary Health Network and the Sunshine Coast Hospital and Health Service as well as a health consumer representative discussed challenges and opportunities. The session was facilitated by the SCHHS General Practice Liaison Unit and Primary Health Network.

The panel discussion demonstrated that there is a lot of passion at grassroots level to improve the connection between hospitals, general practice and community services.

Some interesting points raised by panel members:

- Clinicians need better communication tools to facilitate timely clinical handover
- These tools must be integrated and easy to use for clinicians
- Consumers want to see a better connected and integrated health care system across primary-secondary care

- At a higher level the leadership of the SCHHS and Primary Health Network should look at their shared goals and co-design a strategy to better collaborate based on the needs of our local community through joint planning and partnerships.

There was also a lot of interest in new models of care that focus on collaboration. Some excellent local examples were mentioned - it would be useful to learn for past successes and develop a health system that is fit for purpose and can cope with the increasing demand over the years to come.

The SCHHS General Practice Liaison Unit looks forward to innovative initiatives and closer collaboration.

## For practice managers: New Discharge Summary Format

Discharge summaries sent from Queensland Health (QH) hospitals are now available in Clinical Document Architecture (CDA), which is an easier to read version sent electronically to your GP practice management software and *includes Pathology and Radiology results* in completeness.

### *Is my practice software compatible for CDA?*

Queensland Health is successfully sending discharge summaries in CDA format to practices that are using the following systems: Best Practice LAVA edition or higher (includes Indigo), Medical Director v 3.16b or higher, ZedMed all versions, Genie V8.8.6 or higher, MMEx V22.1.3.1.

### *How can we sign up for CDA delivery?*

All clinics and practices will need to be registered within the Queensland Health electronic distribution directory to be able to receive summaries in CDA format. To do so, please complete the following steps:

1. Update practice details via the Secure Transfer Service (STS) Address Book Update Form - <http://bit.ly/stsmoform>.
2. Sign up for CDA testing by emailing [EDSTV-Corro@health.qld.gov.au](mailto:EDSTV-Corro@health.qld.gov.au) with your practice software details.
3. Work with the testing team to complete the required steps.
4. Provide evidence of a positive test result by emailing a screenshot to the testing team.

Once a positive test result has been confirmed in writing, your practice will be enabled to receive CDA discharge summaries directly into your practice management system.

## The GP Liaison Unit wants to hear from you!

Send us an email or give us a call: [SCHHS-GPLO@health.qld.gov.au](mailto:SCHHS-GPLO@health.qld.gov.au); Phone: 5202 3822

# Designing better care

## GenesisCare radiation oncology

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Our experienced team of radiation oncologists on the Sunshine Coast:



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**Dr James MacKean**

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**A/Prof Alex Tan**

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**Dr Bradley Wong**

Wide-field skin, prostate, urological, benign conditions, breast and palliative

### GenesisCare provides:

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### Get in touch:

**Tel: 5374 8100**  
receptiononcologybuderim@genesiscare.com

### Consulting clinics:

Caboolture - Dr Debra Furniss  
Noosa - Dr Debra Furniss,  
                 Dr Bradley Wong  
Cooroy - Dr Alex Tan  
Gympie - Dr Bradley Wong

Reference: 1. Brown PD, et al. JAMA 2016; 316(4):401-409.

**Disclaimer:** Any procedure including treatments involving radiation carry risks, including skin irritation and associated pain. Before proceeding with a referral for treatment, patients should be advised to seek a second opinion from an appropriately qualified health practitioner. As in any medical procedure, patient experiences and outcomes will vary.

[genesiscare.com](http://genesiscare.com)



## ***Encouraging vaccination within our First Nations***

In collaboration with our partners, Sunshine Coast Hospital and Health Service and North Coast Aboriginal Corporation for Community Health, Central Queensland, Wide Bay, Sunshine Coast PHN has developed a suite of short videos to encourage uptake of the COVID-19 vaccination within the First Nations community.

The suite of videos, filmed locally on the Sunshine Coast aims to increase awareness of COVID-19 vaccinations within the First Nations community, increase confidence and trust in vaccinations and increase overall vaccination rates, specifically for the 20–29-year-old cohort.

Featuring local members of the First Nations community, the videos were filmed at the Buranga Centre Gardens at the University of the Sunshine Coast, Sippy Downs campus.

The videos showcase individual stories from First Nations community members including Jayce Thompson (Goreng Goreng), Dana Whiston (Goreng Goreng) and Auntie Judi Wickes (Waka Waka – Kalkadoon) on why getting the COVID-19 vaccination and keeping their mob safe is so important.

Gordon Browning, Coordinator, Aboriginal and Torres Strait Islander Health at Central Queensland, Wide Bay, Sunshine Coast PHN said, “The suite of videos has been developed to address misinformation within the First Nations community surrounding the COVID-19 vaccine”.

“The videos highlight that the vaccine is safe and free and community members have a choice regarding vaccination and need to make an informed decision based on trusted information.”

“We want to encourage the First Nations community to take the first step and talk to their GP or Aboriginal Health Worker about the COVID-19 vaccine” he said.

***The suite of videos encouraging the First Nations community to get vaccinated, are available on the Central Queensland, Wide Bay, Sunshine Coast PHN YouTube channel.***





Choosing the right surgeon for your patients on the Sunshine Coast isn't rocket science - it's brain surgery.

**Sunshine Coast Neurosurgery is the specialist practice of Dr Stephen Byrne, who has worked on the Sunshine Coast since 2017.**

Dr Byrne MBChB, MRCSEd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

Sunshine Coast University Private Hospital  
Suite 17, 3 Doherty Street, Birtinya QLD 4575

**T** 07 5437 7256  
**E** info@scneuro.com.au

#### List of Services

Sunshine Coast Neurosurgery use their extensive experience to treat many common conditions such as:

- Cervical and lumbar degenerative conditions
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- Pituitary tumours
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NEUROSURGERY**

[www.scneurosurgery.com.au](http://www.scneurosurgery.com.au)



# MONTHLY UPDATE

## By CEOs Justin Greenwell and Anna Olson

SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL  
NAMBOUR SELANGOR PRIVATE HOSPITAL • NOOSA HOSPITAL  
RAMSAY CLINIC CALOUNDRA

### Theatre expansion at Sunshine Coast University Private Hospital

The theatre expansion project at Sunshine Coast University Private Hospital is well underway. In the last two months the existing roof was removed, excavations were made to put in place the support for the new concrete floors and the first concrete has been poured. The development of two additional operating theatres and seven stage 1/2 recovery bays are due to be open from April 2023.

The project also includes shell space for a further two operating theatres, including a hybrid theatre. We're excited to be growing our hospital capacity in response to increasing demand for services from the local community.



### New specialist updates – Sunshine Coast

We welcome Orthopaedic Surgeon [Dr Ritesh Dawra](#) to Sunshine Coast University Private Hospital. Ritesh offers general orthopaedic services with special interest in Hip and Knee Arthroplasty, Sports medicine, trauma surgery and fracture management.

### Rehab at Nambour Selangor Private Hospital

We are pleased to announce Ben Robertson, previously Allied Health Manager at Nambour Selangor Private Hospital, has been appointed into a brand-new Rehab Assessor and business development role.

Ben will be working closely with hospitals, GP clinics and other community settings, engaging with key stakeholders to improve the accessibility to our services which include Inpatient rehabilitations services, Day Rehabilitation Services and Ramsay Health Plus outpatient Allied Health services. Ben will assist in the smooth transitioning of patients and ensure that patients access appropriate care within our hospital multidisciplinary rehab teams.

If you would like to learn more about how Ben can support your patients to easily access Ramsay's rehab services and receive the best outcomes for your patients, please email our [GP Liaison Officer](#) at Nambour Selangor. Ben will be providing GP practice visits in the coming months and welcomes the opportunity to connect.

As part of our commitment to grow and enhance Rehab services and increase capacity on the Sunshine Coast we added a second dedicated ward for our rehab patients.

To learn more about our service, please [visit our website](#).



### R U OK? Day activities

Staff across our Sunshine Coast Network of hospitals marked R U OK? Day on 8 September. Staff at Noosa Hospital made time to enjoy coffee and a cupcake and start a conversation that could change a life.

The [R U OK?](#) mission is to inspire and empower people to meaningfully connect with those in their world and lend support when they are struggling with life.



### Ramsay Research Month

During the month of September, we take the time to celebrate all the research happening right across Ramsay Health Care's network. With the aim and commitment to improve patient outcomes, Ramsay Hospital Research Foundation is proud to fund this essential and innovative research. Sunshine Coast University Private Hospital is proud to be one of 17 dedicated clinical trials units around Australia.

This year's celebrations included a host of competitions to showcase work happening across our network, national webinars featuring a range of presentations hosted by distinguished guests and local events across the country.

For more information, please [visit the website](#).



### Join our challenge – October 2022

Similar to previous years, Ramsay will be running a 7 Day Wellbeing Challenge starting on World Mental Health Day, Monday 10 October. Improving mental health takes time, understanding and commitment. That can be overwhelming, especially at the start, so we've created a free seven-day series to encourage people to try new things and learn more about mental wellness in a low-pressure, encouraging way.

Ramsay carefully put together practical activities, resources, videos from some of our mental health experts and articles to read across **seven key topics** so you can try new things and learn more about mental wellness on your own terms.

Ramsay carefully put together practical activities, resources, videos from some of our mental health experts and articles to read across **seven key topics** so you can try new things and learn more about mental wellness on your own terms.

Once you [sign up](#), we'll send an email reminder each day with the topic and activities for that day and, by the end of the week, you'll be armed with knowledge to make some great decisions for your mental health.

For more info on mental health services on the Sunshine Coast, please visit:

- [Ramsay Clinic Caloundra website](#)
- [Ramsay Psychology Maroochydore website](#)



**Ramsay**  
Health Care



## The coast's first coronary CT clinic.

**EON Radiology provides expert cardiac imaging and risk assessment.**

The coronary artery calcium (CAC) score is just one of the tests that our experienced staff can carry out in the cardiac clinic. This quick, painless procedure is the international gold standard for predicting heart attacks in patients over the age of 40.

EON Radiology is a sister company of Heart HQ and all coronary CT scans are co-reported by a Heart HQ cardiologist and a radiologist.

The establishment of this specialised cardiac clinic recognises the incredible advancements made in CT technology, coupled with the advantages it offers in terms of non-invasive coronary testing and risk assessment.

EON Radiology is passionate about patient care and offering this testing so close to home will benefit the health of many Sunshine Coast residents.



To find out more or to refer a patient, call EON Radiology on 07 5414 1190

EON Radiology is a sister company of Heart HQ. Visit [www.hearthq.com.au](http://www.hearthq.com.au) for more details.



☎ 07 5414 1190

📞 07 5414 1101

✉ [admin@eonradiology.com.au](mailto:admin@eonradiology.com.au)

# BUDERIM PRIVATE HOSPITAL

**SEPTEMBER 2022**

## Buderim Private Hospital appoints General Manager

**Congratulations to Shane Mitchell who has been appointed as the new General Manager at Buderim Private Hospital.**

Shane joined Buderim in the role of Director Clinical Services 10 months ago and most recently filled the position of Acting General Manager while a recruitment process was underway.

During his time at Buderim, Shane has proven to be an inclusive and collaborative leader. He has successfully pursued new business opportunities while maintaining a strong focus on building relationships with the local community to ensure sustainable healthcare improvements. This is particularly important for the Buderim Private Hospital community and the wider community we serve.

Shane commenced his career in hospitals as a Registered Nurse more than 30 years ago and has extensive experience in senior roles within health. He has held many Senior Leadership positions including Executive Manager Hospital Services – St Vincent's, CEO Noosa Private Hospital and CEO Ramsay Health Care Cairns.

Congratulations Shane!



## From the GM

**I consider it a great privilege to step into the General Manager role at Buderim Private Hospital and look forward to working further with our community.**

In particular, I am keen to focus on building relationships and communication with our local and regional GP's and Specialists to identify improvement

opportunities, not only for Buderim Private Hospital but for the regional health services.

Over the next six months we will be focusing on developing our short and long term Strategic Plan to support the great work and patient care that we currently provide. This Strategic Plan will not only focus on technological improvements and advancements, but will have a strong focus on the experiences of our patients, visitors, doctors and staff.

I welcome any questions or feedback you may have and can be contacted on **5430 3260** or [shane.mitchell@uhealth.com.au](mailto:shane.mitchell@uhealth.com.au).

Kind regards,

**Shane Mitchell**  
General Manager

## Think Pink!

**October means National Breast Cancer Awareness Month and we're encouraging everyone to Think Pink in support of local families affected by breast cancer.**

We are on a mission to spread awareness of the Cindy Mackenzie Breast Cancer Program and help families affected by breast cancer throughout the Sunshine Coast. Cindy was only 39 when she lost her battle and we continue to be inspired by her and all the other families we help every day.

Getting involved and raising funds is easy - check out the ideas at [cindymackenzieprogram.com.au](http://cindymackenzieprogram.com.au) – or host your own Think Pink event - either at work, or with your friends and family? Alternatively, you could join other locals on the Pink Paths Challenge, raising funds while exploring our beautiful Sunshine Coast. **Register here** and join the fun today.

We are grateful to our amazing sponsors, local radio station HOT 91, for their support in promoting our campaign.



**Acute Admissions 5430 3314** [buderimprivatehospital.com.au](http://buderimprivatehospital.com.au)



## HAS THE PENDULUM SWUNG TOO FAR?

**Dr Wayne Herdy**



*To remind my readers, I have an addiction practice. Well, a third of my practice is devoted to addictions and chronic pain and the grey areas in between.*

*For my sins, I attract a cohort of patients on long-term opioids, often for reasons that are blurred in the mists of an increasingly-complex personal medical history. Many have acquired the demanding and anti-social habits of the true addict – which does not deny that the original prescribing was for a legitimate and documented physical pathology. Many, maybe most, are referred by colleagues who are uncomfortable with long-term prescribing of opioids. Often, I fail miserably to significantly reduce their doses. But practically always I manage to bring their aberrant behaviours under safe control. So that summarizes the demographic that is the subject of today's discussion.*

*I am constantly exposed to evidence that opiophobia is endemic in the medical profession. There are good reasons for this. Anybody who prescribes narcotics will, no matter how canny they are, be cheated by an addict in the guise of a genuine patient. Even genuine patients will cheat – I have seen more than once a sweet little old lady dying of cancer who supplements her pension by selling off her palliative care medications. Doctors have egos and we hate being deceived. Almost as much we hate being perceived as the go-to prescriber for every questionable patient seeking controlled drugs.*

*Opium has been used for thousands of years for pain management. That has evolved into some very sophisticated and high-potency modern analgesics. A century ago, narcotics were regarded without much suspicion, but the past few decades have seen a very strong trend away from the too-liberal use of potent analgesics. From what I see, I think the opiophobia pendulum has swung too far.*

*In its simplest form, what I see on a daily basis are patients whose usual GP is frightened to use or to continue potent analgesics even for undeniably painful chronic conditions. These are the patients referred to me (and who, by the way, I mostly refuse to accept) or to real pain clinics.*

*This is not the place to argue about ceiling doses, tolerance or hyperalgesia, or the death rates associated with some high-potency opioids, but I have to disclaim that I know about those problems. Refusal of adequate analgesia is, in my humble opinion, inhumane. But the medical board has imbued us all with such a paranoid terror that we all forget the Hippocratic principles or the invocation to cure sometimes but to comfort always.*

*This article, or its timing, is prompted by two cases that recently crossed my consciousness and which made me ask again whether the mantra of opiophobia has become too strong.*

*My first case involves a long-term addict, stable and free of illicit drugs for more than a decade, whom I inherited a decade or more ago on a high dose of methadone. He is still on a higher dose of methadone than I would usually prescribe. He was admitted to a public hospital for laparoscopic cholecystectomy. Prior to admission, it was all nicely pre-arranged with his surgeon and anaesthetist that the hospital would continue his established dose of methadone, and add prn post-op analgesia.*

*Day one post-op, the ward nurse looks at his medication regime, sees a dose of methadone that she was unfamiliar with and refuses to administer it. The medication had been brought into the hospital as dispensed and labelled by his community pharmacist. My patient becomes upset, to put it mildly, explains that the medication was prescribed by a hospital doctor and is his usual dose. The nurse did go so far as to call a pharmacist down, who also decided that this was an unusual dose of methadone and refused to ratify it. The ward doctor was called who made the same call.*

*My patient is going into withdrawal (or maybe only thinks he is, since methadone has a long half-life), demands they call the surgeon, the anaesthetist and myself as his long-established QOTP prescriber. The story is that the anaesthetist and surgeon were unavailable (if they were called at all). And I know the hospital staff did not call me.*

**/CONT:****HAS THE PENDULUM SWUNG TOO FAR?****Dr Wayne Herdy**

*In a mix of anger, frustration, and incipient opioid withdrawal, my patient self-discharges from hospital and demands that they return his community-supplied medications so he can go home. And he did.*

*My second case involves an older man, riddled with degenerative joint disease which would have earned him a few hip replacements if only he could lose half his body weight. Minor fall at home, fracture to lower limb. Present at emergency department, with a few pain patches on board. What are those for? Ask the emergency staff. Without waiting for an answer, they rip off the patches. And provide no adequate substitute analgesia for the next few days while my patient languishes in pain and increasing withdrawal while awaiting a slot in the operating theatre list for ORIF of his fracture. And, by his version, hardly sees a nurse, let alone a doctor, for the next two days. The story gets more complicated, as it must, but the message is clear.*

*If a patient is admitted to a hospital and they decide for whatever logic to cease his insulin or his*

*antihypertensives, they will at least monitor the BGLs or the BP readings, and reintroduce medications as indicated by their observations. But a chronic pain patient on long-term established analgesia not only has the medications ceased but has no ongoing monitoring of his pain and is offered no substitute analgesia.*

*I'd like to say that these two cases are isolated events. While they may be more extreme than what I usually see, in my practice such management is commonplace. The bottom line – the medical profession is so frightened of misconceptions, and the medical board is highly guilty of promoting that paranoia, that we have forgotten how to provide compassionate care for pain patients.*

***The opiophobia pendulum has indeed swung too far.***

**DR TIM NATHAN**

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

Suite 6  
Buderim Private Hospital  
12 Elsa Wilson Drive  
Buderim  
Ph: 07 5370 2095  
Fx: 07 5301 8120  
[www.drtrimnathan-urology.com.au](http://www.drtrimnathan-urology.com.au)

## Excellence in Prostate Cancer Diagnosis & Management

Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced Robotic Prostate and Kidney Surgery to Buderim Private Hospital. He has pioneered MRI guided robotic transperineal prostate biopsy for safe and accurate diagnosis.

Specialising in:

- Mona Lisa Robotic Transperineal Prostate Biopsy
- Da Vinci Robotic Prostatectomy & Renal Surgery
- BPH - Laser Prostatectomy & Urolift
- Stone Disease
- Penile Prosthesis Surgery
- Vasectomy Reversal
- Urodynamic Studies

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You will receive high-quality images needed to provide the best patient care with same day reports.

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At The Radiology Clinic, all patient scans are reviewed by fellowship trained musculoskeletal, Neuroradiology and MRI specialist radiologists

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31 Plaza Parade, Maroochydore Q 4558

[www.theradiologyclinic.com.au](http://www.theradiologyclinic.com.au)



# Does leg pain limit your walking?

If you are over 18 years of age and suffer symptoms of Peripheral Artery Disease (PAD) you may be eligible to take part in a trial!



Scan to apply



## Volunteers Wanted

University of the Sunshine Coast would like to invite you to take part in a Foot-PAD Trial testing a new therapy for PAD using a footplate muscle stimulation device

## Trial will involve

- Nine study visits across an 18-week period including:
  - Walking tests - Vascular function tests
  - Questionnaires
- Daily home use of a footplate device for 12 weeks

## Participants will receive

- Expenses to cover cost of travel to study visits (up to \$50 per visit)
- **Free** medical device to keep upon completion of the trial (RRP \$550)
- **Free** medical screening

All study appointments will be held at the University of the Sunshine Coast Sippy Downs campus

## General Practitioners:

**Want to get involved in this trial as an investigator?**

We are interested to hear from GPs who feel they can assist with trial recruitment and/or medical screening visits.

**If you're unsure if you meet the requirements contact the Foot-PAD Trial team:**

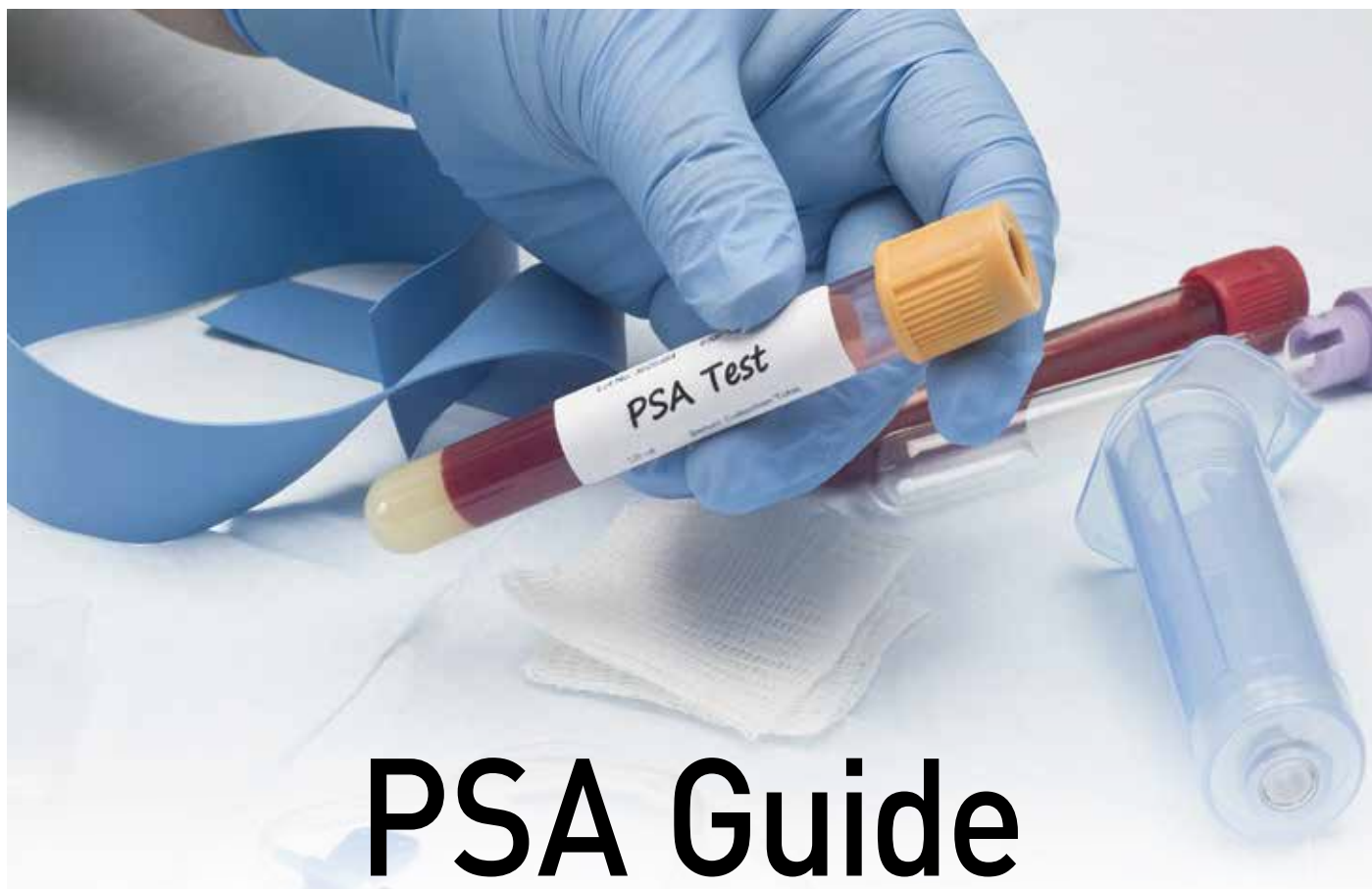


07 5456 5364



footpad@usc.edu.au

Protocol Title: The Foot-PAD trial: Effect of a footplate muscle stimulation program on walking capacity in people with Peripheral Artery Disease. HREC approval: The Prince Charles Hospital Human Research Ethics Committee / USC Human Research Ethics Committee. 18700681 Recruitment leaflet V1.0 07Jun2022.



# PSA Guide

Early detection saves lives

**PSA >3 is a red flag**

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

**Refer if:**

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule  
or PSA increases while on Duodart

**Refer to:**

**Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo**



Sunshine Coast Urology Clinic

**Buderim Prostate Clinic**

**A.** Suite 2/5 Lyrebird St, Buderim QLD 4556

**P.** +61 7 5444 0672 **F.** +61 7 5444 0997

**E.** [info@buderimprostateclinic.com.au](mailto:info@buderimprostateclinic.com.au)

**W.** [buderimprostateclinic.com.au](http://buderimprostateclinic.com.au)

## Looking to Downsize – New Rule Changes Making This More Attractive, with even more on the way

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Recent changes (effective 1<sup>st</sup> July 2022) to the Downsizer Contribution rules mean selling your principal place of residence is about to get more attractive for a larger percentage of the population. From 1<sup>st</sup> July 2022, homeowners aged 60 years or older (previously 65) will be eligible to access the Downsizer Contribution Concession.

The Downsizer Contribution allows homeowners who have continually owned their Principal Place of Residence for a period of 10 years or more to make a contribution to their super fund from the proceeds of their property sales of up to \$300,000 each (\$600,000 for a couple). This contribution does not count towards your Concessional or Non-Concessional Caps in the year it is made. The contribution is treated as a Non Concessional contribution and is not subject to contributions tax in the fund.

In order to satisfy the requirements to access this concession you need to be able to answer all of the following questions with a yes:

- You are over 60 years of age (prior to 1 July 2022 this was 65)
- Your home was owned by you or your spouse for 10 years or more prior to the sale
- Your home is located in Australia
- The proceeds of the sale are exempt from Capital Gains Tax (CGT) under the main residence exemption
- You provide your Super Fund with a Downsizer Contribution into Super Form (NAT 75073), either before or at the time of making the contribution
- You make the Downsizer Contribution within 90 days of receiving the funds from the sale of the property
- You have not previously made a Downsizer Contribution to your super fund from the sale of another property or from a partial sale of your home

New tax amendments introduced into parliament last month also look to reduce the age to access this concession to 55 years of age. These have not currently become law, but it is expected they will be legislated as early as October this and will apply from this date. Keep an eye out for updates.

For more information, please feel free to contact our office on **07 5437 9900** anytime.

*Dale Trickett*

*Director*





## Rapid access to advanced radiation therapy technology for multiple brain metastases

Icon Cancer Centre Maroochydore treats multiple intracranial and extracranial metastases using advanced, non-invasive techniques including stereotactic radiation therapy [SRT] and stereotactic radiosurgery [SRS].

### Our advanced technology:

- Improves patient outcomes by delivering treatment with greater efficiency, accuracy and comfort
- Targets up to 15 brain metastases in a single session whilst minimising exposure to surrounding healthy tissue
- Reduces treatment delivery time to a few minutes

### We proudly offer:

- Access to same radiation oncologist for entirety of patient's treatment
- Radiation oncologist specialising in neuro-oncology
- Dedicated Cancer Care Coordinator to ensure comprehensive, supportive care
- No wait list – rapid access to consultation and treatment

### HOW TO REFER

Referrals are accepted via Medical Objects or IconDoctorApp.com, or to discuss patient eligibility prior to referral, please contact our centre on the following contact details:

### ICON CANCER CENTRE MAROOCHYDORE

60 Wises Road  
Maroochydore QLD 4558  
P 07 5414 3700 | F 07 5414 3701

[iconcancercentre.com.au](http://iconcancercentre.com.au)

### RADIATION ONCOLOGISTS

Specialist and GP referrals are accepted for all cancer types. Special clinical interests are indicated below.



**Dr Joanne Castelli**  
FRANZCR, MBBS (Hons), BSc (Biomed)

Brain and spinal (CNS), breast, lung and prostate cancers and stereotactic radiation therapy



**Dr Colin Dicks**  
MBChB, MMED, FCRadOnc (SA), Dip Palliative Medicine, FRANZCR, MBA

Lung, skin, prostate and breast cancers, palliative care and psychosocial issues within oncology



**Dr Marcel Knesl**  
MBChB, FRANZCR, GAICD MD

Breast, gastrointestinal and genitourinary cancers and lymphoma



# Mental Health Skills Training

Attendees will gain the skills needed to give evidence-based, person-centred mental health care. GP attendees will become eligible to claim higher MBS rebates through items 2715 and 2717 (or 281, 282 for non VR-GPs). Highly interactive, this training will provide a base for working with people experiencing mild to severe mental disorders. Learning is in a multidisciplinary training environment. Broaden your mental health skill set and understand the finer points of mental health assessments and mental state examinations. Upskill and refresh.

## Training topics

- Understanding mental health historical context
- The psychiatric interview
- Mental status examination and risk assessment
- Managing risk in general practice
- Key mental disorders
- Treatment planning
- Optimising treatment through the MBS billing cycle
- Relapse prevention
- Mental health service system
- Insights into SE Qld community needs

## Presenters

- Dr Adem Can, Consultant Psychiatrist
- Melissa Herdy, Clinical Psychologist
- Megan Dutton, Mental Health Nurse Practitioner
- Guest speakers: consumer and carer perspectives

## Details

40 CPD points | Face-to-face format

**DATE:** Thursday 17 November 2022

**TIME:** 8.30am–5pm

**COST:** \$600 (GPs)  
\$300 (Health professionals)

**VENUE:** Thompson Institute, Birtinya

**CATERING:** Fully catered

**REGISTER:** Via [usc.edu.au/mental-health-skills-training](https://usc.edu.au/mental-health-skills-training)

## Enquiries:

✉ [TLclinicalservices@usc.edu.au](mailto:TLclinicalservices@usc.edu.au)

☎ 07 5430 1191

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[usc.edu.au/thompson-institute](https://usc.edu.au/thompson-institute)

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INSTITUTE

# The Sunshine Coast's only integrated Cancer Centre

## Our facility is home to:

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- Day infusion unit providing the latest & cutting edge treatments, including chemotherapy, immunotherapy, targeted therapy, blood & blood products, iron infusions & venesections
- GenesisCare Radiation Oncology
- Cold cap therapy to prevent/minimise hair loss caused by certain chemotherapy treatments
- Allied Health including Clinical Psychology, Exercise Physiology, Dietetics & Oncology Massage Therapy
- McGrath Breast Care Nurse
- Clinical Trials



**SUNSHINE COAST**  
HAEMATOLOGY & ONCOLOGY CLINIC  
– Montserrat Cancer Care –

GP/Specialist Priority Line:  
**07 3054 0758**

## Our Team:



**Dr Hong Shue**  
Medical Oncologist  
MBBS (Monash), FRACP



**Dr Brenton Seidl**  
Medical Oncologist  
MBBS, BSc, FRACP



**Dr Sorab Shavaksha**  
Clinical Haematologist  
MBChB (Leeds), FRACP,  
FRCPA (2013)



**Dr Joshua Richmond**  
Clinical Haematologist  
MBBS(Hons), FRACGP,  
FRACP, FRCPA



**Dr Alice Livings**  
Clinical Haematologist  
BSc(Hons), MBBS(Hons),  
FRACP, FRCPA



**Dr Manjunath Narayana**  
Clinical Haematologist  
MBBS, FRACP, FRCPA



**Dr Susie Muir**  
Specialist GP (Palliative  
Medicine)  
MBChB, FRACGP



**Samantha Clutton**  
Clinical Psychologist  
MPsychClin, FCCLP



**Sarah Bloomfield**  
Dietitian & Nutritionist  
APD, APN



**Jesse Goldfinch**  
Exercise Physiologist  
BClinExSc, ESSAM, AEP



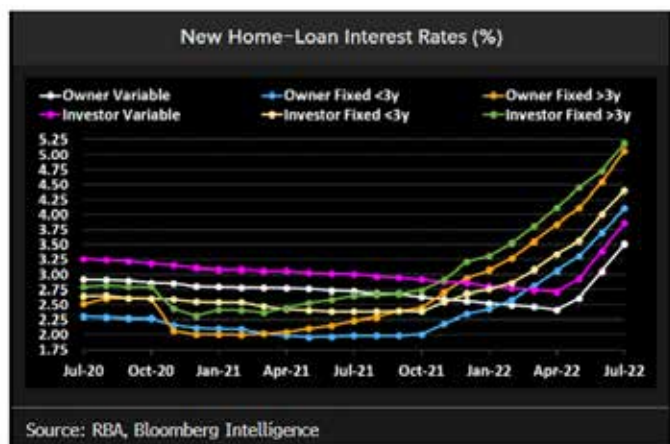
**Tania Shaw**  
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10 King Street  
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**F: 07 5479 5050**  
**schoc.com.au**



## How will rising interest rates affect you?

After a period of record low interest rates, the ugly reality of inflation has forced the RBA to raise the cash rate at a rapid pace. Higher rates are most acutely felt in the housing sector as this is where most people have their highest level of debt.



This Bloomberg Intelligence graph shows how the increase in new home loan interest rates appears to be pouring cold water on the raging hot property market.

However, there were a lot of people that took advantage of the low interest rates and fixed their home loan. This chart, from CBA, shows when these terms expire and these loans will revert to the variable rate. This may cause a shock to the market and borrowers from a cashflow and psychological perspective.



This combined with the geopolitical events it likely to lead to market volatility that won't be isolated to the property sector. But as the old saying goes, "volatility creates opportunity".

Is your investment strategy and superannuation fund prepared for this?

We design bespoke strategies and portfolios for our clients that are aligned to their needs and goals.

Contact us to review your current situation and align your investments with your future.



Kirk Jarrot



Hayden White



Jy Duffy

To contact our advisor team please call **07 5450 9898**

**Office 1/33 Sixth Avenue, Cotton Tree Qld**

This information is general in nature and does not take into consideration your personal objectives or needs. You should consult a financial advisor before acting on any information in the report.



## NEW GUIDELINES FOR MANAGEMENT OF KNEE OSTEOARTHRITIS



The AAOS ( American Academy of Orthopaedic Surgeons) have recently released new guidelines for management of knee osteoarthritis. This is now the third iteration of these evidence based guidelines. This year there is a complete re-write with recommendations being stratified according to the strength of evidence to support or not support the modality into strong, moderate or limited evidence. The following is a summary of these recommendations.

### Strong Recommendations in favour of:

- ★★★★ Supervised exercise, unsupervised exercise &/or aquatic exercise
- ★★★★ Self-managed programmes
- ★★★★ Patient education
- ★★★★ Oral NSAIDs
- ★★★★ Oral paracetamol
- ★★★★ Topical NSAIDs

### Moderate Recommendations in favour of:

- ★★★★☆ Canes/Walking stick
- ★★★★☆ Unloader braces
- ★★★★☆ Neuromuscular training
- ★★★★☆ Weight loss (evidence downgraded)
- ★★★★☆ Intra-articular steroids
- ★★★★☆ Arthroscopic partial meniscectomy can be used for meniscal tears in patients with mild to moderate osteoarthritis who have failed physical therapy and other nonsurgical treatments

### Limited Recommendations in favour of:

- ★★★☆☆ Oral/dietary supplements may be helpful but evidence is inconsistent/limited and additional research is needed to clarify the efficacy of;
  - Tumeric
  - Ginger extract
  - Glucosamine
  - Chondroitin
  - Vitamin D
 (evidence downgraded)
- ★★★☆☆ Manual therapy in addition to an exercise programme (evidence downgraded)
- ★★★☆☆ Massage may be used in addition to usual care (evidence downgraded)
- ★★★☆☆ FDA-approved laser treatment may be useful (evidence downgraded)

- ★★★☆☆ Acupuncture may improve pain and function (evidence downgraded)
- ★★★☆☆ TENS may be used to improve pain and or function (evidence downgraded)
  - a. Percutaneous Electrical Nerve Stimulation for pain and function
  - b. pulsed electromagnetic field therapy may improve pain (evidence downgraded)
- ★★★☆☆ Extracorporeal Shockwave therapy
- ★★★☆☆ PRP
- ★★★☆☆ Denervation therapy
- ★★★☆☆ High Tibial Osteotomy

### Strong recommendations against use of:

- ★★★★★ Lateral wedge insoles
- ★★★★★ Oral narcotics including Tramadol

### Moderate recommendations against use of:

- ★★★★☆ Hyaluronic acid intra-articular injections
- ★★★★☆ Arthroscopic lavage and or debridement

### Consensus Statements; ★★★★★

Dry needling and free-floating interpositional devices should not be used

These recommendations can be used in determining management strategies in primary care management of knee osteoarthritis prior to considering knee replacement surgery.

Of particular interest is the new recommendation against any narcotic use, recommendations against hyaluronic injections, and recommends for arthroscopic partial meniscectomy if not responding to non-operative treatment in mild to moderate disease.

Further information can be found on our website at [www.sunshineortho.com.au](http://www.sunshineortho.com.au)

The original document can be downloaded at <https://www.aaos.org/globalassets/quality-and-practice-resources/osteoarthritis-of-the-knee/oak3cpg.pdf>

### For appointments contact

Dr Steven Lawrie  
Suite 17, Kawana Private Hospital  
5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994 | f: 07 5493 3897  
e: [sunshineortho@bigpond.com.au](mailto:sunshineortho@bigpond.com.au) | [sunshineortho.com.au](http://www.sunshineortho.com.au)



## PROVIDING SPECIALISED CARE FOR LOCAL PROSTATE CANCER PATIENTS

Prostate cancer is the most commonly diagnosed cancer in Australian men. One in six men will be diagnosed with prostate cancer by the age of 85. Receiving a prostate cancer diagnosis, no matter what age, instantly fuels the fear of the unknown. Patients can become overwhelmed when it comes to choosing the best treatment option and may struggle to manage side effects.

Now prostate cancer patients in Maroochydore and surrounds have additional support at their local Icon Cancer Centre. Sean Paskins is the Nurse Manager at Icon Cancer Centre Maroochydore. He has worked in radiation nursing for over six years.



“On commencing my radiation nursing career, I was surprised to see a larger proportion of patients coming in for treatment of prostate cancer. Over time, and due to my interactions and care of prostate cancer patients, I found myself developing more of an interest in prostate cancer. In 2021 I completed a Certificate of Prostate Cancer Nursing. The course gave me more knowledge about prostate cancer diagnosis and treatment, along with recommended care of prostate cancer patients throughout their journey. It is evident that prostate cancer patients can have unmet physical, psychological and social needs,” says Sean.

“I am now a stronger advocate for prostate cancer patients. I work more closely with patients who require referrals for management of urinary and sexual function, along with counselling and peer support to help manage their emotional and social needs. This Prostate Cancer Awareness Month, I strongly encourage everyone to take note of prostate cancer and its impacts to increase awareness and support for those who have been diagnosed,” says Sean.

Signs and symptoms for prostate cancer can be similar to other common conditions and may include:

- Frequent need to urinate
- Difficulty starting or stopping urination
- Sudden urge to urinate
- Reduced flow of urine
- Blood in urine or semen
- Lower back pain or pain in the hip area
- Unexplained weight-loss and fatigue.

For more information about Icon Cancer Centre Maroochydore, email [admin.maroochydore@icon.team](mailto:admin.maroochydore@icon.team), call (07) 5414 3700 or visit [iconcancercentre.com.au/centre/Maroochydore](http://iconcancercentre.com.au/centre/Maroochydore)



**A Medical practitioner could experience adversity at any stage in life...**

**MBAQ Can Help**

**FINANCIAL ASSISTANCE  
FOR DOCTORS**

**Donate online at: [mbaq.org.au/support/#donate](https://mbaq.org.au/support/#donate)**



**The MBAQ is a not-for-profit organisation comprised of voluntary medical and other professionals who provide their time, expertise and service at no cost.**

The Medical Benevolent Association of Queensland was founded by members of the profession in 1967 with the sole objective of financially assisting Queensland medical practitioners and their families in need.

Financial crisis may strike at any age in the life of a medical professional. The Medical Benevolent Association is able to offer financial assistance to members of the profession if they request assistance and if they meet the criteria for a grant from the Association.

Risks exist for medical practitioners at all stages of their lives and periods of absence from work through illness or injury, disability or domestic and family violence may precipitate emotional as well as financial stress.

Since our founding, MBAQ has regularly provided emergency financial support to doctors. Between 2017 and 2021, with the help of donors, the MBAQ has supported 34 medical practitioners in need with financial grants totalling close to \$400,000.

**Veronica was a doctor working in Far North Queensland who was a victim of domestic and family violence. The stress from separating from her partner and relocating had a significant impact on her mental health and increased financial stress as she was unable to work her usual work hours. This in turn impacted her ability to complete her fellowship exams.**

MBAQ was able to provide a financial grant to Veronica which assisted her to complete her fellowship examinations so she could create a secure financial future for herself and her children.

In order to provide an effective and valuable service for Queensland medical practitioners and their families, we require donations. This will enable us to continue to support our colleagues in need. All donations to the MBAQ are tax deductible.

**Now, more than ever, our service is essential in relieving temporary financial stress to our doctors in crisis.**

**Donations to the Association are tax-deductible and receipts will be issued.**

*"MBAQ's support last year was instrumental in giving me the stepping stone I needed to get my family to a financially secure state"*

ANON – DECEMBER 2021

*"We are going through an extremely difficult time due to unforeseen circumstances but the help from MBAQ will mean so much in that we will have a little breathing room and ability to feel less stressed as a family."*

ANON – JANUARY 2021

*"I was fortunate to receive support from MBAQ in 2009 and am now able to repay your generosity to me in coming months. I wanted to thank you again for the tact and kindness my application was met with. I was subsequently able to support my two children and pass two fellowships. Thank you for the work you do."*

ANON – DECEMBER 2018

**If you need emergency financial assistance, you can apply by calling AMA Queensland on (07) 3872 2222 or via our website [www.mbaq.org.au](https://www.mbaq.org.au)**

# Breast Diagnostic Specialists

## EARLY DETECTION SAVES LIVES



Freedom to consult a Specialist



MammoPad® breast cushion



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- We offer comprehensive services including breast screening, diagnostics, MRI, ultrasound and interventional procedures.
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Breast Diagnostic Specialists  
1 Main Drive  
Warana QLD 4575

# GORDON RIVER CRUISE TASMANIA

*"The song of the river ends not at her banks but in the hearts of those who have loved her." - Buffalo Joe*

The Gordon River, for the longest time, has stood witness to the stories of Tasmania. Wrapped in its arms lies the history, mystery, and appeal of the wilderness of the World heritage sanctuaries of Tasmania. Nothing tops the alluring panorama seen from the World Heritage Cruise cutting through the serene waters of the river.



Traverse with the quietest waters as it makes its way through the Tasmanian National parks. Experience the tranquility of the river, surrounded by marine life and birds chirping in the trees.

## Enjoy a guided tour across the waters

The Gordon River has its twists and turns, bending through mountain ranges and vast rainforests. Enjoy the cruise as it makes its way through to Hell's Gates, opening at the mouth of the Macquarie Harbour. Listen to the story of the name's origin as you make your way to Sarah Island, previously home to convicts serving time at the Macquarie Harbour Penal Station. Stand attendance to the highly developed aquaculture in the waters bringing you the famous Atlantic Salmon and Ocean Trout.

## Dive deeper into the cruise

The cruise isn't only about gazing over at the sights but about experiencing it for yourself. Get the chance to step off the cruise as our guides take you to explore the rainforests as they claim back the lands, growing, flourishing every day. Our guides make sure to enhance your experience with stories of these lands. Land on Sarah Island and listen to our guides as they tell chilling tales of the convicts and ways of the island that made the narrow channels "Hell's Gate".

## Bask in the experience of the cruise

There is magic in the sole experience of being on a cruise, glancing over water complimented by the green of the land. Choose from the Main deck central, Main deck window, or the Premier upper deck to enjoy the views from various points. Enjoy the delightful Chef prepared buffet lunch, sipping the local wine.

## What we have planned for you

- Board up in the cruise from Strahan as we begin the journey, allocating you your booked seats
- once seated, enjoy the view of the river as our teams give a characteristic guide of every attraction
- Engage in conversation as we get off at Heritage landing to stroll through the rain forest
- Bask in the horrid yet thrilling tales of the life of convicts penalized on Sarah Island, through Hell's Gate
- Enjoy the savory lunch prepared by the chef on board with the complimentary wine of your choice

We have some great deals available now!

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Orthopaedic Surgeon

Contact us today for patient referrals.

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## IRRITABLE BOWEL SYNDROME: HOW A DIETITIAN CAN HELP

THE SPORTS & SPINAL DIETITIAN TEAM ARE AVAILABLE TO TREAT AND MANAGE IBS ACROSS OUR SUNSHINE COAST LOCATIONS.

REFERRALS VIA MEDICAL OBJECTS, WEBSITE, FAX OR PHONE



SCAN THE QR CODE FOR MORE INFORMATION

### WHAT IS IBS?

Irritable bowel syndrome (IBS) is a collection of symptoms that occur together, including:

- Repeated stomach pain and/ or cramping
- Changes in bowel movement (constipation, diarrhea)
- Urgency
- Excessive gas/ bloating.

### LOW FODMAP DIET:

Once a positive diagnosis of IBS has been made, a dietitian will work with the patient to identify individual food triggers.

FODMAPs are found in everyday foods, including specific dairy products, wheat, other grains, fruit and vegetables. These foods are natural prebiotics and are essential for a healthy gut; these foods also contain essential vitamins and minerals.

### THE 3 PHASES OF FODMAP:

#### Elimination Phase (2-6 weeks)

➤ Aims to induce symptoms in order to prepare for individual food challenges.

#### Reintroduction Phase (6-8 weeks)

➤ Aims to pinpoint trigger foods and identify sensitivity to individual FODMAP subgroups.

#### Personalization (long-term diet)

➤ Aims to liberalise restrictions, expand diet and establish a personalized long-term diet.



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To book call 1300 300 410  
or visit [daneverson.com.au](http://daneverson.com.au)



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Sunshine Coast Orthopaedic Clinic

SAVE THE MENISCUS –  
AN UPDATE ON ARTHROSCOPY

There have been a number of recent papers questioning the role of knee arthroscopy and partial medial meniscectomy in the degenerate knee. This has quite rightly led to a decreased use of knee arthroscopy to treat the degenerative knee, at least as a first line treatment. That's not to say that arthroscopy and partial meniscectomy cannot be beneficial in certain older patients, but it is reasonable to start with a dedicated physiotherapy programme first and reserve arthroscopy for recalcitrant symptoms, or those with severe mechanical symptoms such as locked or locking knees or conditions such as root tears, loose bodies etc.

An unintended consequence, however, has been to reduce referral rates of younger patients for which the benefit of early arthroscopy and repair of the meniscus is clear. The goal of knee surgery is to save the meniscus. So meniscal repair and to a lesser extent conservative meniscal resection is the mantra for knee surgery, especially in younger patients. Meniscal repair preserves meniscal function so should prevent the problems of increased risk of arthritis, chronic pain and decreased function that can occur especially in younger patients. The time from injury to referral has a significant impact on the quality of the meniscus and the chances of successful repair. On a cost benefit analysis, meniscal repair is far superior to partial meniscectomy or physiotherapy. Age is not a barrier to repair. The results of repair are no different for those under 40 as to those over 40 with a 10% to 20% failure rate reported depending on the paper,

but younger patients have more to lose if their meniscus is not repaired. Meniscal repair is a more complex procedure with a longer recovery time than arthroscopic partial meniscectomy or non-operative treatment but the benefits are clear: reduced osteoarthritis, better functional outcomes and reduced long term costs.

Please consider early referral for patients with mechanical symptoms likely to be arising from a meniscal tear, especially if there is a history of traumatic onset, mechanical symptoms or clinical signs.

I am happy to take your calls and discuss further any cases as always.

## For appointments contact

Dr Steven Lawrie  
Suite 17, Kawana Private Hospital  
5 Innovation Parkway, Birtinya QLD 4575  
p: 07 5493 3994  
f: 07 5493 3897  
e: [sunshineortho@bigpond.com.au](mailto:sunshineortho@bigpond.com.au) [www.sunshineortho.com.au](http://www.sunshineortho.com.au)  
[www.sunshineortho.com.au](http://www.sunshineortho.com.au)

**Australian Medical Association Limited**  
**ABN 37 008 426 793**

Level 1, 39 Brisbane Avenue, Barton ACT 2600.  
 PO Box 6090, Kingston ACT 2604  
 Telephone: (02) 6270 5400 Facsimile (02) 6270 5499  
 Website : <http://www.ama.com.au/>



Monday, 17 October 2022

## AMA MEDIA STATEMENT

The AMA is extraordinarily disappointed at the allegations today in the media suggesting that up to \$8b is being defrauded each year from Medicare by health professionals including doctors.

These claims are an unjustified slur on the medical profession, with the vast majority of doctors doing the right thing by their patients and by Medicare rules.

Our health system is built around universal access to health care that Medicare supports, and the AMA supports effective stewardship of this Medicare funding.

The AMA has worked with the Government to ensure that Medicare requirements are clearer for doctors and supported initiatives to ensure that the Department of Health has effective tools to police and detect fraud.

The AMA meets regularly with the Department of Health, which has sophisticated analytical tools, and understands that there is no evidence of the widespread fraud suggested in today's media.

The Department of Health has extensive data at its disposal and the AMA believes that this should guide Medicare compliance activities as opposed to the anecdotal evidence of a small number of individuals.

Where evidence of fraud is found, the AMA fully supports efforts to stamp this out including referral to the Professional Services Review when required.

### Quotes attributable to Professor Steve Robson:

"Australia's doctors have worked incredibly hard through COVID – treating Australians during lockdown, rolling out the nation's vaccine efforts, putting themselves at risk every day to treat COVID patients on the front line – so today's coverage is as appalling as it is inaccurate.

"Doctors will be sickened by today's reporting which is an undeserved attack on the whole profession based very much on anecdotes and individual cases.

"The vast majority of doctors do the right thing, and are working hard for their patients under tremendous pressure within the system.

"The AMA works closely with the Department of Health on compliance and we have never seen any concerns or numbers that would support the figures reported today.

"We do not tolerate fraud and examples of fraud should be tackled and stamped out - but the figures reported today are grossly inflated.

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CONTACT: AMA Media: +61 427 209 753 [media@ama.com.au](mailto:media@ama.com.au)



Leading Queensland Doctors  
Creating Better Health

## PRESIDENT AND CEO REPORT



*Dr Maria Boulton and Dr Brett Dale*

With virtually all COVID public health precautions lifted, governments at all levels appear to have declared the pandemic over. At the same time, the Queen's death and sudden public holiday had unforeseen impacts on our health system.

Ambulance ramping rates show no signs of improvement and the Queensland Health Workforce Summit provided no real solutions. Our annual survey of junior doctors has revealed the impact COVID is taking on the future of our profession.

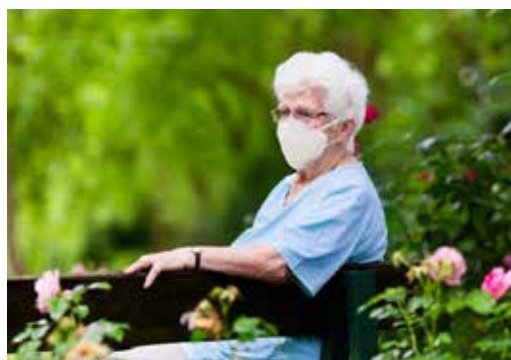
### COVID HEALTH PRECAUTIONS LIFTED

September began with the announcement that daily reporting of COVID statistics would be wound back, the blanket COVID-19 vaccine mandate for private healthcare workers would be lifted, and isolation periods for positive cases would be cut from seven to five days.

It ended with the decision to scrap mandatory mask wearing on public transport and end mandatory isolation altogether.

AMA Queensland is continuing to advocate for consistent and clear health information about the pandemic. More than 2,000 Queenslanders have died with the virus. We cannot become complacent. You can read more at

[qld.ama.com.au/news-ABC-NickYim](https://qld.ama.com.au/news-ABC-NickYim)



### NATIONAL DAY OF MOURNING

NATIONAL DAY OF  
MOURNING FOR  
HER MAJESTY THE QUEEN

PUBLIC HOLIDAY - 22 SEPTEMBER 2022

The sudden death of Queen Elizabeth II had unexpected consequences for our health system when a public holiday was declared at short notice for 22 September.

Figures released earlier in September showed that more than 50,000 Queenslanders were waiting for elective surgery – hip or knee replacements, cataract surgery, endometrial operations, gall bladder operations.

AMA Queensland wrote to Queensland Health and rang ministerial offices seeking clarity for patients with procedures booked for 22 September - with no success. We gave advice to private practices about the workplace implications of choosing to open on the public holiday.

The Queen was the only monarch most Australians had known and it was appropriate to mark her passing. However, the lack of clarity about what the public holiday meant for patients who had elective surgery and hospital outpatient appointments on that day was disappointing and distressing.



*Leading Queensland Doctors  
Creating Better Health*

## AMBULANCE RAMPING

New figures continue to show the stress our hospitals and healthcare system are under, with ambulance ramping blowing out to almost eight hours and patients waiting longer than 24 hours to be admitted to a mental health bed.

The figures coincided with the height of the state's third Omicron wave and flu season in July, but there are few indications of any significant improvements.

Separate Queensland Ambulance Service figures released under Right to Information laws showed at least 20 people died and seven needed to be revived in a 16-month period as overworked paramedics could not respond in time.

This is not a reflection on ambulance officers – it is a reflection of a broken system.

We are hearing a lot of blame between the federal and state governments, but we need real changes to end the hospital logjam and bed block that is clogging up our emergency departments and leading to ambulance ramping.

## UTI PRESCRIBING TRIAL



The Queensland Government's urinary tract infection (UTI) pharmacy prescribing pilot became permanent on 1 October 2022, meaning pharmacists across the state will be able to autonomously diagnose, treat, and prescribe and sell antibiotics for the condition.

Health Minister Yvette D'Ath quietly tabled the executive order enabling the change in parliament on 27 September but did not mention it at the Queensland Health Workforce Summit she attended that same day.

We remain concerned about patient safety. Doctors identified at least 240 cases of patient complications from the pilot, including misdiagnoses and hospitalisations, in our survey in March.

Unlike clinical trials, this trial did not include a mechanism for doctors to report harms. We asked QUT, which managed and implemented the UTI pilot, for details of the pathway for doctors and patients to report adverse outcomes.

QUT has now advised doctors to report their concerns to the Office of the Health Ombudsman (OHO).

The Queensland Government is yet to announce when the proposed North Queensland pharmacy prescribing pilot, based on the UTI pilot, will commence in 37 local government areas from Mackay to the north and west. This pilot would allow pharmacists to autonomously diagnose and treat 23 serious conditions, including respiratory diseases and skin conditions, without any medical oversight or consultation. You can read more about our advocacy at [qld.ama.com.au/Stop-NQ-Pharmacy-Trial](http://qld.ama.com.au/Stop-NQ-Pharmacy-Trial)

## RESIDENT HOSPITAL HEALTH CHECK

Our seventh annual *Resident Hospital Health Check*, released in September, found that Queensland's junior doctors are increasingly concerned that overwork and fatigue may lead to them making medical mistakes.

The steady increase in concern about possible fatigue-induced clinical errors highlights the toll COVID has taken on the medical profession and the failure of hospital authorities to take enduring action on both the hours worked and the quality of formal and bedside teaching and training. Read more at [qld.ama.com.au/news/RHHC22](http://qld.ama.com.au/news/RHHC22)



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Creating Better Health*

## QSCRIPT UPDATE



Following months of AMA Queensland advocacy, Queensland Health has acknowledged the high levels of concern among doctors and other health practitioners about QScript.

While we support the intentions of QScript, it is clear that its implementation has been difficult. Queensland Health's post-implementation survey has found concerns about legal liability and dissatisfaction with QScript's performance and responsiveness.

Queensland Health has now confirmed it is considering policy changes to address these concerns that may require legislative amendment.

This means the current arrangements will continue for a further 12 months, with Queensland Health monitoring, educating and encouraging (but not mandating) doctors to use QScript. Queensland Health have confirmed AMA Queensland will be consulted on the proposed policy and legislative changes after this period.

Read more here [qld.ama.com.au/news/QScriptupdate](http://qld.ama.com.au/news/QScriptupdate)

## PARACETAMOL RESTRICTIONS

The Therapeutic Goods Administration (TGA) is considering restrictions on the sale of paracetamol in supermarkets and pharmacies, including smaller package sizes and age restrictions.

An independent report commissioned by the TGA found about 50 Australians die every year from intentional paracetamol overdose and hundreds more are hospitalised with liver injury. The rate of intentional overdose was highest among adolescents and young adults, particularly young women and girls.

The AMA supports the TGA's consultation on the proposals. Used properly, paracetamol is an effective and safe pain reliever, but we need regulations in place to limit supply and restrict package sizes, particularly where there is no intervention from a healthcare professional.



The TGA consultation is open for submissions until 14 October 2022 at [tga.gov.au/news/media-releases/independent-review-paracetamol-overdose](http://tga.gov.au/news/media-releases/independent-review-paracetamol-overdose).

## IMG SURVEY

We ran an online survey in September to understand the unique challenges facing International Medical Graduates (IMGs) in Queensland.

We thank the hundreds of IMGs who took time to complete the survey. Your responses will help our IMG Working Group to provide expert advice and recommendations to the AMA Queensland Council.

IMGs face complex obstacles in recruitment, training, professional development and everyday practice, and AMA Queensland is committed to clearing as many of these as we can.

## JOIN AMA QUEENSLAND

We are proud to lead Queensland doctors and create better health outcomes for our community. Join AMA Queensland and receive a \$50 Prezzy gift card. Scan this QR code to join now and enjoy the myriad of member benefits.

Be sure to email us at [membership@amaq.com.au](mailto:membership@amaq.com.au) with the subject Prezzy to claim your voucher.



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- We will manage all your appointments.
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- Manage all your billing.
- Handle all your correspondence.
- Our staff are experienced and professional.
- Our rooms are modern with a large reception area.
- We have a dedicated procedure room.
- We have on site parking.

For further information please contact Lindsey

**PH: 07 5444 6003.**

### **Shared Lease Available for Specialist Suites on a Permanent basis for Medical Practitioners/ Allied Health Providers at Maroochy Waters.**

Brand new fit out:

3 x furnished premium consulting rooms.  
Ground level with 4 dedicated parking spots and ample parking in the vicinity.  
Rooms equipped with computers, hand basins, phones and internet connection.  
Access to staff amenities – toilets, kitchenette/ microwave oven/ fridge.  
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Available from asap.

For more information, please contact Sharon Kayrooz

**Email: [sharon@coastaldigestivehealth.com.au](mailto:sharon@coastaldigestivehealth.com.au)**

### **REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER**

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: **[www.rdma.org.au](http://www.rdma.org.au)**

**Email: [RDMAnews@gmail.com](mailto:RDMAnews@gmail.com)**

### **SCLMA ADVERTISING GUIDELINES:**

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

### **PLEASE NOTE THE FOLLOWING:**

*The anti discrimination commission of Queensland has the following statement on job advertising:*

*Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.*

# CLASSIFIEDS

## **GOLDEN BEACH MEDICAL CENTRE and PELICAN WATERS FAMILY DOCTORS are looking for GPs!**

We are a mixed billing practice, transitioning to private billing, with 15 male doctors, 5 female doctors, and an incredible nursing and reception/administration team.

Our clinics feature attractive consulting rooms, treatment rooms, skin check facilities, on-site pathology, and a range of allied health professionals.

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- Inclusion of all fees generated by nurse-led item numbers in your income
- A competitive Service Fee percentage
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**If you like the sound of us and believe you could bring something positive to our already awesome team, then please forward your application and resume to pm@goldenbeachmedicalcentre.com.au**

July 2022

## **GET WITH THE STRENGTH AT LAKE KAWANA GENERAL PRACTICE**

**The Practice:** Doctor owned and operated. The practice has been established for 16 years and situated on the edge of Lake Kawana: 1km from the surf beach, 60 minutes to the international airport and 20 minutes to the domestic airport. Twelve consult rooms with a five-bed treatment room in addition to a dedicated excision room and vaccination zone. 15-minute appointments. Underground secure car park for doctors.

Open Monday to Friday 8.00am to 5.00pm – no after hours. (Rotational Saturday roster of a 3 hour session, may be required)

Childcare facility located next door.

**The Building:** Situated on the ground level of the Sunshine Coast Surgical and Specialist Centre, together with Kawana Private Hospital, specialists (ortho, gynae, plastics, ophthalmology and vascular), pharmacy, physio, podiatry, dietetics and pathology.

**The Team:** Practice Manager, four nurses, including CDM, and six receptionists.

**The Situation:** 12,000 patients on the books with eight doctors to service them. The medical team has a combined 150 years of GP experience on the Sunshine Coast.

**The Solution:** Keen ambitious private billing VRGP who works 32 – 40 hours a week and gets paid \$200 per hour\*. (\*Private billing only)

So, walk into a full appointment book with optimal financial reward for effort.

**Call me – Dr Jim Williams – 0400 414 191 – for a confidential discussion.**

**See our You tube video showing our great practice facilities:** <https://www.youtube.com/watch?v=oa3T7Dk7TWw>

July 2022

**CLASSIFIEDS:** admin@sclma.com.au

**Free to SCLMA members \$110 for non members.**

**Queries:** Jo 0407 037 112

## **COME IN, SIT DOWN AND START WORKING!**

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We will look after all your accreditation requirements. We look after your business all week long. We have supported multiple doctors in developing and growing their business. We have a strong service culture towards our doctors and their patients.

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- Book all of your procedures, including securing an anaesthetist if required.
- Manage all of your billing.
- Handle all of your correspondence.
- Our staff are experienced and professional.
- Our rooms are modern with a large reception area.
- We have a dedicated procedure room.
- We have on site parking.

**For further information please contact Lindsey on 5444 6003.**

July 2022

## **ANN ST FAMILY MEDICINE – GENERAL PRACTITIONER**

- We are looking for a VR General Practitioner to join our busy team which is GP owned. Part time position offering 75% of billings.
- Full support from an experienced and professional team of nurses and support staff.

**Please email your CV to olivia@annstfamilymedicine.com.au or contact Olivia on 0412 113 846.**

February 2022

## **PROFESSIONAL MEDICAL CONSULTING SUITE AVAILABLE FOR PERMANENT LEASE ON A FRIDAY EACH WEEK FOR A MEDICAL PRACTITIONER LOCATED IN TEWANTIN.**

The Consulting suite provides:

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- QML pathology on ground floor below and Quantum radiology across the road.
- Priceline and Live Life Pharmacy on the ground floor.
- Parking in the front and back of building.

Consulting suite available for lease starting Friday 10/06/2022 from 8:30 am until 3:30pm. The cost will be \$330 plus GST per clinic which covers the cost of the suite rental, staff member, water, and electricity. Please email [practicemanager.scwbg@outlook.com](mailto:practicemanager.scwbg@outlook.com) or call me on 0420 297 401 to enquire or arrange a viewing.

February 2022

## **PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND**

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat Ph: 0412 292 666. *Continuing.*

## **WISHLIST SCLMA GALA CELEBRATION SATURDAY 8 OCTOBER 2022**

***Special thanks to our unforgettable Keynote Speaker - Dr Ken Wishaw!***

**We thank our generous Sponsors who contributed to a fantastic celebration!**

**Evoke Projects, The Radiology Clinic, Buderim Private Hospital**

**Poole Group, Sports & Spinal. Sunshine Coast Orthopaedic Group**

**Sunshine Coast Haematology & Oncology Clinic, Heart HQ**



**Past President Dr Di Minuskin with current SCLMA President Dr Roger Faint.**



**Welcome to Brendan Hogan - Wishlist's new General Manager**



**Anna Williams with Jasmine Wheatley  
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### **OCTOBER - BREAST CANCER MONTH**

**Next SCLMA Clinical Meeting**

**THURSDAY 27 OCTOBER**

**MAROOCHYDORE SURF CLUB 6.30pm**

- **Dr Mara Clarson, Specialist General Surgeon & Laparoscopic Surgeon**
- **Jen McKenzie, Lymphoedema Physiotherapist**

**RSVP NOW! - Jo 0407 037 112**

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