

## SCLMA President's Message .....

### Dr Roger Faint



Recently I attended the inaugural graduation of almost 50 local Sunshine Coast Medical Students through the Griffith University Medical School at the Sunshine Coast Health Institute (SCHI).

About half of the students will stay local and work on the Sunshine Coast which is gratifying and in future years I imagine many students will have graduated from schools locally.

Congratulations to all including the students, now doctors, who have performed attachments with myself and a special mention to Dr Hamish Hamilton, Student President.

Who would have thought that six years ago it was reported that there were too many doctors, particularly GPs in Australia. Currently 50% of GPs are from overseas and only 15% of new medical school graduates are attracted to General Practice.

I have been working at Tara as an occasional locum near where the recent shooting of two young police officers (I did meet one of them) and a neighbour took place. My thoughts are with the victims and their families of this tragic loss of life.

My thoughts are also with the local busy emergency departments with increased holiday populations and COVID numbers.

A special mention to Dr Grant Eddie, emergency physician, who has retired from work and the LMA committee.

Merry Christmas to all and enjoy your family time.

See you in 2023!

Regards

Dr Roger Faint

SCLMA President.



**THANK YOU TO ROGER - ELECTED TO ANOTHER YEAR AS SCLMA PRESIDENT AT OUR RECENT AGM!**

**THANK YOU TO ALL OUR CONTRIBUTORS and ADVERTISERS EACH MONTH! YOU MAKE THIS NEWSLETTER POSSIBLE!!**

**REMINDER: ALL NEWSLETTERS ARE ON OUR WEBSITE:**  
<https://www.sclma.com.au/newsletters/>

**REMINDER! NO JANUARY NEWSLETTER AND NO CLINICAL MEETING**

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**Email:** admin@sclma.com.au

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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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**FEBRUARY 2023  
NEWSLETTER**

**Deadline FRIDAY  
16th FEBRUARY  
2023**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

**Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,000 recipients!**

**Contact Jo: Mobile: 0407 037 112**

**Email: admin@sclma.com.au**

**Fax: 5479 3995**

*We welcome new content - case studies, local news and photos.*

*If you are a new member, please send in a short bio and a photo to introduce yourself.*

**NOTE:** *We have changed to digital only newsletter distribution over the next month.*

## ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

**www.sclma.com.au.**

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

**Enquiries: Jo Ph: 0407 037 112**

**Email: admin@sclma.com.au**

Are you listed on the Member Directory on our website? Are your details correct?

**Directory form available on the website.**

**www.sclma.com.au**



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Please 'like', 'share' and 'follow' our Facebook page: **sunshinecoast local medical association.**

**<https://www.sclma.com.au>**

***Have you checked out the revamped SCLMA website?? Already you can pay your renewal or membership application with one click!***



***Are you listed on our Members' Directory? Do your details need to be updated?***

***<http://www.sclma.com.au/members/>***

***Contact: Jo - [admin@sclma.com.au](mailto:admin@sclma.com.au)***

***Ph: 0407 037 112***

***Please pass this newsletter to someone who might like to become a member!***



***ALL NEWSLETTERS ARE ON OUR WEBSITE***

***<https://www.sclma.com.au>***

**DATE CLAIMERS:**

***THANKS TO THOSE WHO ATTENDED OUR FINAL CLINICAL MEETING FOR 2022 ON 24 NOVEMBER (which included our AGM)***

***EXCELLENT PRESENTATIONS BY RHEUMATOLOGISTS PROF PETER NASH AND DR STEVE TRUONG FROM COAST JOINT CARE. (Sadly we had 11 members who missed a very memorable evening).***

***Thank you to the sponsor ABBVIE and to the Maroochydore Surf Club for their catering and expertise. We'll be back in 2023!***

***CONGRATULATIONS to our President Dr Roger Faint, who was elected unopposed for another year as SCLMA President.***

***2023:***

***THURSDAY 23 FEBRUARY 2023  
CANCELLATION - SO NOW AVAILABLE!!  
WE NEED A SPEAKER & SPONSOR ASAP  
Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)***

***THURSDAY 30 MARCH 2023  
THE THOMPSON INSTITUTE  
PROFESSOR JIM LAGOPOULOS***

***Jim is an internationally recognised expert in neuroimaging and has established three Australian research centres that explore innovative approaches to brain health.***

***Jim is passionate about translating research discoveries into real-world treatments. His research delves into novel approaches to mental health, with a focus on:***

- suicide prevention
- youth mental health
- healthy brain ageing
- post-traumatic stress disorder.

***ALSO: Update on RaSS team (Residential Acute Aged Care Support Service). Up and running for >2 years, have prevented almost 2000 emergency department presentations by being a mobile emergency department, and treating patients in their nursing homes. PART SPONSORSHIP REQUIRED.***

***MEETINGS are held last Thursday of each month except December and January.***

***LOOKING FOR SPEAKERS! Corporate sponsorship welcome! Speakers and topics need to be approved by SCLMA Meetings Convenor. Presentation time for speakers is 20 minutes plus Q&A***

***Queries: Jo Ph: 0407 037 112***

***Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)***

## HEALTH SERVICE LINK – DECEMBER 2022

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Dear SCLMA Colleagues,

I would like to take this opportunity on behalf of the health service to thank all of you for your contribution, as General Practitioners and other Specialists, to the health and wellbeing of our Sunshine Coast community. Thank you for working with our hospitals, facilities and community services in 2022.

This month, I would like to introduce two innovative virtual services that aim to improve access to care in the right place, at the right time, for our community.

Our Virtual COVID Ward has pivoted to become the Virtual Acute Care Service (VACS) and will now also accept non-COVID referrals for patients who require short-term daily telehealth consultation and home monitoring, in conjunction with their regular treating GP.

In February 2023, we will launch the Virtual ED (V-ED), an initiative to manage “Urgent, but not Emergent” care referrals. V-ED is an emergency-physician led, multidisciplinary triage, clinical assessment and care navigation service that will streamline patients to the appropriate hospital pathway for their urgent clinical needs. Please see a summary of both services below.

I look forward to again in 2023 bringing you updates from across the SCHHS, and wish you all a safe and enjoyable festive season.

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### ***Virtual Emergency Department (V-ED) coming to SCHHS***

An innovative, new service is coming to the SCHHS in early February 2022.

The Virtual Emergency Department (V-ED) service will be a seven day a week Emergency Physician led service operating from M-F 0800-1930, WED 0900-1730.

Offering a clinician-referred, patient-facing telehealth service for patients that require Urgent, but not Emergent care referral to SCHHS Emergency Departments.

We appreciate GPs, Specialists and other community healthcare providers have limited time to spend when making referrals to the hospital system for acute care, and the new service aims to enhance the current referral process to the ED for both the clinicians and their patients.

Multimodal referral pathways including phone call and/or email will be available to offer flexibility for referring clinicians. Patients are directly contacted by the V-ED team following referral and consulted virtually to assess their clinical status and care needs.

Care navigation towards the appropriate hospital services and pathways would then be actioned wholly by the V-ED team. This might include:

- Direct hospital admission
- Hospital in the home
- Rapid access specialty clinics
- Urgent specialty review
- Short term acute care in the community and follow up through GP or the Virtual Acute Care Service.



## HEALTH SERVICE LINK – DECEMBER 2022 /cont:

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If patient referral to the Emergency Department is necessary following consultation, care will be streamlined to avoid prolonged wait times. Expedited feedback to referrers of outcomes of care will be available same day to ensure the referrer stays informed.

The anticipated outcome for patients is streamlined access to acute hospital services and avoidance of prolonged wait times to improve patient journeys through SCHHS. Through development of novel care pathways, vulnerable patient groups can be diverted away from the Emergency Department reducing exposure related risks and improved patient satisfaction.

This exciting initiative is an integrated, front door solution to delays in access to acute care in SCHHS.

If “Urgent, but not Emergent”, please refer to the Virtual Emergency Department (V-ED) (once we go live) – information will be communicated to GPs via the GPLO and Health Pathways, we will keep you updated.

If you have questions email: [SC-VED@health.qld.gov.au](mailto:SC-VED@health.qld.gov.au)



**Dr Henry Huang (Staff Specialist Medical Lead V-ED), Bernadette Bradshaw (Clinical Nurse Consultant V-ED), Emma Boundy (Administration Officer V-ED), Hayley Jones (Clinical Nurse Consultant V-ED), and Dr Michelle Davison (SCHHS V-ED Project Director).**

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## HEALTH SERVICE LINK – DECEMBER 2022 /cont:

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### ***Virtual Acute Care Service now live***

Our Virtual Acute Care Service (VACS) is a continuation of what was previously the Virtual COVID Ward, and now accepts non-COVID patients who may require extra support or monitoring in the community, in collaboration with their regular GP.

A team of Primary Care Medical Officers and Nurses provide virtual support to patients who are *sub-acute*, as short term outpatients and who are residing within the Sunshine Coast Health and Hospital Service catchment area.

VACS is a service designed to complement and work with the patient's existing GP and specialty teams to provide assistance and management of at-risk patient cohorts. Care can be shared with a patient's regular GP and community services and this is encouraged. VACS is not a Virtual ED or Emergency Department service, patients requiring Emergency Care or advice should continue to be directed to ED.

Eligible patients can be referred by any GP within the Sunshine Coast HHS catchment.

If required, single use remote patient monitoring kits (thermometer and oximeter) can be provided for patients.

### ***Who is Eligible?***

- Must have access to a smartphone and consent to care
- Medicare eligible
- Patient must be suitable for management in the community with support, if in doubt, phone the VACS SMO for advice
- All COVID positive patients who can be managed at home but require further support or monitoring
- >16 years (for non-COVID related conditions)
- Anticipated length of stay  $\leq$  5 days

### ***How can I refer?***

Note: This service is for clinicians referrals only – it is not a direct entry patient facing service

1. Phone the VACS SMO on (07) 5202 6226 (direct line) to provide a clinical handover and collaborative plan of care
2. Please send a referral via GP Smart Referrals after the patient is accepted

## HEALTH SERVICE LINK – DECEMBER 2022 /cont:

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**Jin A Kim (Admin Officer); Jemma Gee (RN); Renee Finch (Clinical Coach); Annabel Downey (CN); Lisa Johnston (CN); Mel Youman (RN); Dr Alison O'Connor (SMO); Henry Sabater (RN).**

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*Kind regards,*

*Dr Marlene Pearce*

*Executive Director Medical Services*





## Thyroid Disease in Pregnancy

The *Thyroid Disease in Pregnancy* pathway is now live in HealthPathways. Please refer to the following link

[Thyroid Disease in Pregnancy](#)

## Voluntary Assisted Dying (VAD)

**Reminder: 1<sup>st</sup> January 2023** is the date that Voluntary Assisted Dying (VAD) will be available in Queensland.

There are legal obligations for **all** medical practitioners, including General Practitioners and non-Queensland Health employed doctors, even if you do not wish to be a VAD practitioner.

To find out what your legal obligations will be, including if you have a conscientious objection, please refer to: [Legal obligations for all medical practitioners | Queensland Health](#).

### This includes:

- Initiating a discussion about voluntary assisted dying
- Responding if someone makes a first request
- Completing a cause of death certificate for someone who has accessed voluntary assisted dying.

To assist staff in your practice, this **short online module** provides a general overview of the voluntary assisted dying legislation in Queensland for all healthcare workers (developed in partnership with the Queensland University of Technology):  
<https://ilearn.health.qld.gov.au/shared/Qvad/story.html>.

**Voluntary Assisted Dying HealthPathways** are now available via the single login portal here:

QLD portal site URL: <https://qld.healthpathwayscommunity.org/>

Username: **Queensland**

Password: **Pathways**

Search: **VAD**



If GPs are interested in becoming a Voluntary Assisted Dying co-ordinating practitioner for their own patients or more broadly for patients in their community, they can apply here: [Becoming an authorised voluntary assisted dying practitioner | Queensland Health](#)

If you are considering becoming an authorised voluntary assisted dying practitioner, we encourage you to apply now. This will help ensure you can complete the authorisation process and training ahead of 1 January 2023.

### GP's with Special Interest (GPSI) positions

The *Sunshine Coast Hospital and Health Service (SCHHS)* has opportunities for interested General Practitioners to be a part of the **GP's with Special Interest (GPSI) program**. The positions are across a range of specialties. We currently have part-time opportunities in the Orthopaedics and Fracture clinics, with more specialties coming in the new year.

The GPSI program allows GPs the opportunity to work part-time in the SCHHS, under the supervision and support of specialist consultants, while continuing with your regular GP practice.

Express your interest now! Contact the GP Liaison Unit if you would like more information, submit an expression of interest to [SCHHS-GPSI@health.qld.gov.au](mailto:SCHHS-GPSI@health.qld.gov.au).

\*Extra experience and training in the above specialties is desirable, but not essential. \*The role may also be suitable for any VR GP who would like to expand their skills in these areas.

### The GP Liaison Unit wants to hear from you!

Send us an email or give us a call: [SCHHS-GPLO@health.qld.gov.au](mailto:SCHHS-GPLO@health.qld.gov.au); Phone: 5202 3822



## World class cardiac care on the Sunshine Coast



Our team of Cardiologists, Sonographers, Cardiac Physiologists, Cardiac Nurses and support staff wish you and your family a very Merry Festive Season

Thank you for your support in 2022



[hearthq.com.au](https://hearthq.com.au)

Sippy Downs Birtinya Buderim Tewantin Gympie Caboolture Nambour



SUNSHINE COAST  
RADIOLOGY

From the Radiologists and staff of Sunshine Coast Radiology, we would like to thank our referrers and patients for their continued support throughout the year in 2022. We wish you and your family a Merry Festive Season and a safe and Happy New Year.

📞 1300 MY SCAN | 📞 1300 697 226 | 🌐 [scradiology.com.au](https://scradiology.com.au)



**SHANE MITCHELL**  
GENERAL MANAGER

# BUDERIM PRIVATE HOSPITAL

**DECEMBER 2022**

Below is a short reflection on 2022 here at Buderim Private Hospital and how we have contributed to our Mission to help people “live life in all its fullness” John 10:10.

I am proud to provide you with this update and communicate how patients are truly at the heart of everything we do.

**COVID-19:** It has been another big year with COVID-19 patient precautions, visitor restrictions and mandatory mask wearing. We have continued to test and refine our hospital pandemic plan and are very proud to have continued to protect our patients, staff and doctors.

**Capital expenditure:** UnitingCare continues to provide our hospital with major investment in new equipment and facility improvement works, including a \$4.2 million spend last financial year. Some of the equipment we have invested in includes, new endoscopy theatre scopes, two new operating tables, a Stryler lap stack, and a fleet of new beds. We have plans in place for security upgrades and to upgrade our Cardiac Vascular Theatres in 2023.

**Patient satisfaction:** We have continued to receive excellent patient satisfaction rates with our InSync patient experience results routinely singling out the quality of care they receive. The care of both nurses and doctors rate above 93% and are in the top 10% of all benchmarked hospitals.

**Quality and safety:** We underwent a full hospital accreditation in May/June this year and were assessed against the National Safety and Quality Health Service (NSQHS) Standards. Over a period of four days, assessors examined evidence of actual performance by reviewing data, documentation and records, observing clinical practice, inspecting resources, testing high-risk scenarios and interviewing the workforce, patients and consumers. Buderim Private Hospital ‘Met’ all 148 different actions in the new National Standards. There were no ‘Not Mets’.

**Governance:** We have held more than 40 meetings throughout the year encompassing each of our speciality areas. Our Medical Advisory Committee have also routinely met to critically analyse our clinical results, benchmark against other healthcare organisations, review clinical practice and advise the hospital with respect to improving patient outcomes.

**Our people:** We have reached a record number of staff members with around 850 people now in our employment. We celebrated our second Elsa Wilson Award winner, Education Team Leader Tanya Scott, and recognised 12 outstanding members of staff through of staff VIP Awards program. Nurse and Clinical Facilitator, Anna Ballantyne, also received a UnitingCare Full Circle Award. We have welcomed around 400 nursing students on clinical placements, and welcomed 10 nursing graduates to our team. We are also focusing our efforts on embedding more clinical coaching at the bedside.

**Investment in our community:** We have proudly sponsored the SCLMA Gala Dinner, the Sunshine Coast Business Awards and the Generation Innovation Awards to give back to our community and the people we serve. We also sit on our region’s health panel to advocate for our patients and contribute to our region’s health response. Our very own Cindy Makenzie Breast Cancer Program has supported 85 local people with assistance and we mentored 41 high school students at our annual Hospital Experience Day.

**New initiatives:** We are continuing to innovate and respond to the needs of our community with new programs being launched including those related to Pulmonary Rehabilitation and Bipolar Disorder. We have also implemented robotic orthopaedic surgery and a new Psychology Clinic.

On behalf of the Buderim Private Hospital team, I would like to take this opportunity to wish you a happy and safe Christmas and New Year. I look forward to providing you with further hospital updates in 2023.

*Kind regards,*

*Shane Mitchell*  
General Manager

E: [shane.mitchell@uchealth.com.au](mailto:shane.mitchell@uchealth.com.au)  
P: 07 5430 3260

**Acute Admissions 5430 3314**

**[buderimprivatehospital.com.au](http://buderimprivatehospital.com.au)**

Proudly part of



**Buderim Private  
Hospital**





## NEW GUIDELINES FOR MANAGEMENT OF KNEE OSTEOARTHRITIS



The AAOS ( American Academy of Orthopaedic Surgeons) have recently released new guidelines for management of knee osteoarthritis. This is now the third iteration of these evidence based guidelines. This year there is a complete re-write with recommendations being stratified according to the strength of evidence to support or not support the modality into strong, moderate or limited evidence. The following is a summary of these recommendations.

### Strong Recommendations in favour of:

- ★★★★ Supervised exercise, unsupervised exercise &/or aquatic exercise
- ★★★★ Self-managed programmes
- ★★★★ Patient education
- ★★★★ Oral NSAIDs
- ★★★★ Oral paracetamol
- ★★★★ Topical NSAIDs

### Moderate Recommendations in favour of:

- ★★★☆☆ Canes/Walking stick
- ★★★☆☆ Unloader braces
- ★★★☆☆ Neuromuscular training
- ★★★☆☆ Weight loss (evidence downgraded)
- ★★★☆☆ Intra-articular steroids
- ★★★☆☆ Arthroscopic partial meniscectomy can be used for meniscal tears in patients with mild to moderate osteoarthritis who have failed physical therapy and other nonsurgical treatments

### Limited Recommendations in favour of:

- ★★☆☆☆ Oral/dietary supplements may be helpful but evidence is inconsistent/limited and additional research is needed to clarify the efficacy of;
  - Tumeric
  - Ginger extract
  - Glucosamine
  - Chondroitin
  - Vitamin D
 (evidence downgraded)
- ★★☆☆☆ Manual therapy in addition to an exercise programme (evidence downgraded)
- ★★☆☆☆ Massage may be used in addition to usual care (evidence downgraded)
- ★★☆☆☆ FDA-approved laser treatment may be useful (evidence downgraded)

- ★★☆☆☆ Acupuncture may improve pain and function (evidence downgraded)
- ★★☆☆☆ TENS may be used to improve pain and or function (evidence downgraded)
  - a. Percutaneous Electrical Nerve Stimulation for pain and function
  - b. pulsed electromagnetic field therapy may improve pain (evidence downgraded)
- ★★☆☆☆ Extracorporeal Shockwave therapy
- ★★☆☆☆ PRP
- ★★☆☆☆ Denervation therapy
- ★★☆☆☆ High Tibial Osteotomy

### Strong recommendations against use of:

- ★★★★ Lateral wedge insoles
- ★★★★ Oral narcotics including Tramadol

### Moderate recommendations against use of:

- ★★★☆☆ Hyaluronic acid intra-articular injections
- ★★★☆☆ Arthroscopic lavage and or debridement

### Consensus Statements; ★★★★★

Dry needling and free-floating interpositional devices should not be used

These recommendations can be used in determining management strategies in primary care management of knee osteoarthritis prior to considering knee replacement surgery.

Of particular interest is the new recommendation against any narcotic use, recommendations against hyaluronic injections, and recommends for arthroscopic partial meniscectomy if not responding to non-operative treatment in mild to moderate disease.

Further information can be found on our website at [www.sunshineortho.com.au](http://www.sunshineortho.com.au)

The original document can be downloaded at <https://www.aaos.org/globalassets/quality-and-practice-resources/osteoarthritis-of-the-knee/oak3cpg.pdf>

### For appointments contact

Dr Steven Lawrie  
Suite 17, Kawana Private Hospital  
5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994 | f: 07 5493 3897  
e: [sunshineortho@bigpond.com.au](mailto:sunshineortho@bigpond.com.au) | [sunshineortho.com.au](http://sunshineortho.com.au)





# Season's Greetings

Wishing you and your loved ones a safe, joyful and refreshing festive season.

**Thank you for supporting our Ramsay specialists and hospitals in 2022.**

We look forward to working together to keep delivering quality health care on the Sunshine Coast in 2023!

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SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL  
NAMBOUR SELANGOR PRIVATE HOSPITAL  
NOOSA HOSPITAL  
RAMSAY CLINIC CALOUNDRA



**Ramsay**  
Health Care



## Rapid access to advanced radiation therapy technology for multiple brain metastases

Icon Cancer Centre Maroochydore treats multiple intracranial and extracranial metastases using advanced, non-invasive techniques including stereotactic radiation therapy [SRT] and stereotactic radiosurgery [SRS].

### Our advanced technology:

- Improves patient outcomes by delivering treatment with greater efficiency, accuracy and comfort
- Targets up to 15 brain metastases in a single session whilst minimising exposure to surrounding healthy tissue
- Reduces treatment delivery time to a few minutes

### We proudly offer:

- Access to same radiation oncologist for entirety of patient's treatment
- Radiation oncologist specialising in neuro-oncology
- Dedicated Cancer Care Coordinator to ensure comprehensive, supportive care
- No wait list – rapid access to consultation and treatment

### HOW TO REFER

Referrals are accepted via Medical Objects or IconDoctorApp.com, or to discuss patient eligibility prior to referral, please contact our centre on the following contact details:

### ICON CANCER CENTRE MAROOCHYDORE

60 Wisers Road  
Maroochydore QLD 4558  
P 07 5414 3700 | F 07 5414 3701

[iconcancercentre.com.au](http://iconcancercentre.com.au)

### RADIATION ONCOLOGISTS

Specialist and GP referrals are accepted for all cancer types. Special clinical interests are indicated below.



**Dr Joanne Castelli**  
FRANZCR, MBBS (Hons), BSc (Biomed)

Brain and spinal (CNS), breast, lung and prostate cancers and stereotactic radiation therapy



**Dr Colin Dicks**  
MBChB, MMED, FCRadOnc (SA), Dip Palliative Medicine, FRANZCR, MBA

Lung, skin, prostate and breast cancers, palliative care and psychosocial issues within oncology



**Dr Marcel Knesl**  
MBChB, FRANZCR, GAICD MD

Breast, gastrointestinal and genitourinary cancers and lymphoma

## ***SURVIVING THE SILLY SEASON***

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Public holidays... as employees we have all loved them but as employers they're not so fun. Here we will break down what public holidays mean to your business as the festive season approaches.

### **Public holidays – what are they?**

Public holidays form part of the National Employment Standards (NES). These employment standards provide an entitlement for employees to be absent from work on a day (or part-day) that is a public holiday.

The NES protect an employee's workplace right to reasonably refuse to work on a public holiday and will guarantee payment to a permanent employee where that employee is absent from work due to a public holiday.

### **Payments relating to public holidays**

If a public holiday means your permanent employees cannot work then in most cases you must pay them their base pay rate for the ordinary hours they usually would have worked on that day (unless an award, registered agreement or employment contract states otherwise). If your employee does not usually work on the day the public holiday falls then ordinarily you do not need to pay them anything (unless an award, registered agreement or employment contract states otherwise). You cannot temporarily alter rosters to try and avoid paying public holiday pay.

### **But I need my employees to work a public holiday?**

If there is a reasonable need you can request your employees to work on a public holiday. The employees can only refuse if the refusal is reasonable or if your request is unreasonable in the given circumstances. There is a list of things to consider if a request is reasonable or not by reviewing the Fair Work Act online.


The modern awards, enterprise or other registered agreements will set out the employee's entitlements when they work a public holiday. If a public holiday falls on a paid leave day (eg annual leave or personal leave) then you must pay the employee for the public holiday which means they do not use their accrued annual leave on the public holiday.

### **Christmas shutdowns**

Most awards and agreements allow you to direct employees to take paid or unpaid leave during a Christmas shutdown period, but normally require you to provide a minimum amount of notice in advance. Please ensure to check the provisions which apply to your business along with employment contracts for any terms relevant to a public holiday.

Dana Trickett  
Poole Group  
5437 9900





## Choosing the right surgeon for your patients on the Sunshine Coast isn't rocket science - it's brain surgery.

**Sunshine Coast Neurosurgery is the specialist practice of Dr Stephen Byrne, who has worked on the Sunshine Coast since 2017.**

Dr Byrne MBChB, MRCSEd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

### List of Services

Sunshine Coast Neurosurgery use their extensive experience to treat many common conditions such as:

- Cervical and lumbar degenerative conditions
- Brain tumours
- Spine tumours
- Pituitary tumours
- Chiari malformations.

Plus they have a specialist interest in minimally invasive brain and spine surgery.

Sunshine Coast University Private Hospital  
Suite 17, 3 Doherty Street, Birtinya QLD 4575

T 07 5437 7256  
E [info@scneuro.com.au](mailto:info@scneuro.com.au)



**SUNSHINE COAST  
NEUROSURGERY**

[www.scneurosurgery.com.au](http://www.scneurosurgery.com.au)



## ***Dr Michelle Proud Gynaecology and Fertility***

*Dr Michelle Proud is a gynaecologist and fertility specialist who provides excellence in patient-centred care. With her calm and empathetic nature she takes time to understand her patients individual needs, providing a personalised, inclusive and holistic approach. Through education and empowering her patients, she ensures her patients have a better understanding of their bodies and are central to all decision making around their care.*



*Michelle grew up in North Queensland and studied medicine at James Cook University. As a junior doctor she was awarded Townsville Hospital's prestigious 'Intern of the Year'. Moving to SE Queensland she completed her specialist training in Obstetrics and Gynaecology under the tutelage of some of QLD's best laparoscopic and gynaecological surgeons. With this guidance she developed a special interest in fertility and expertise in advanced minimally invasive surgery. Michelle has joined the team at Fertility Solutions Sunshine Coast (MVF Sunshine Coast) where she will be offering all aspects of fertility care including surgical sperm collections.*

*Michelle obtained an appointment at the Sunshine Coast University Hospital (SCUH) as a Staff Specialist Obstetrician and Gynaecologist. At SCUH as the lead educator for Registrar and GP education, she regularly performs and teaches complex surgery emphasising the importance of high-level surgical skill and achieving the best patient outcomes.*

*Michelle has undergone additional training in fertility with Sunshine Coast Fertility Solutions and Monash IVF. She was awarded Excellence in a Masters of Reproductive medicine and Endocrinology. She is a member of Australasian Gynaecological Endoscopy and Surgery Society, the Australian Pelvic Pain Foundation, as well as the Australian and New Zealand Vulvovaginal society.*

*Dr Proud cares for patients from early adolescence to menopause and beyond with a broad range of gynaecological complaints including:*

- *Fertility and IVF*
- *Endometriosis*
- *Persistent pelvic pain*
- *Menstrual abnormalities*
- *Contraception*
- *Polycystic ovarian syndrome (PCOS)*
- *Colposcopy for abnormal cervical screening*
- *Menopause and Menopausal hormonal treatment*
- *Pelvic organ prolapse*
- *Urinary incontinence*
- *Fibroids*
- *Vulval conditions*

*In her spare time Michelle enjoys reading a book on the beach, bouldering (indoor rock climbing), DIY furniture making and spending time with her husband and three beautiful children.*

*Michelle will be commencing a private Gynaecology and fertility practice in February 2023. In the meantime, referrals can be emailed to [enquiries@fssc.com.au](mailto:enquiries@fssc.com.au) attention Dr. Proud.*

# Designing better care

## GenesisCare radiation oncology

**We provide advanced radiation therapy techniques and continuously invest in cancer treatments and technology that has less side effects, and improves quality-of-life.<sup>1</sup>**

Our experienced team of radiation oncologists on the Sunshine Coast:



**Dr Debra Furniss**

GI, Breast, lung, SABR, SRS, benign diseases, skin and palliative



**Dr James MacKean**

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**A/Prof Alex Tan**

Prostate brachytherapy, urological, lung, GI, palliative and stereotactic radiotherapy



**Dr Bradley Wong**

Wide-field skin, prostate, urological, benign conditions, breast and palliative



**GenesisCare wish you a Merry Christmas and a safe and happy festive season**



Please contact Buderim centre on **5374 8100** for urgent referrals or patient discussion.



The centre will continue treating patients over the Christmas period, only closing on the public holidays.



### Treatment centres:

Buderim	Nambour
10 King Street	10 Mapleton Road

### Get in touch:

**Tel: (07) 5374 8100**  
receptiononcologybuderim@genesiscare.com

### Consulting clinics:

Caboolture	• Dr Debra Furniss
Noosa	• Dr Debra Furniss,
	• Dr Bradley Wong
Cooroy	• Dr Alex Tan
Gympie	• Dr Bradley Wong

Reference: 1. Brown PD, et al. JAMA 2016; 316(4):401-409.

Disclaimer: Any procedure including treatments involving radiation carry risks, including skin irritation and associated pain. Before proceeding with a referral for treatment, patients should be advised to seek a second opinion from an appropriately qualified health practitioner. As in any medical procedure, patient experiences and outcomes will vary.

[genesiscare.com](http://genesiscare.com)



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*X-Ray & Imaging has an opportunity for a Doctor (GP) to assist on a part time / casual basis performing stress testing for our Myocardial perfusion studies (MPS). We will provide you with a training opportunity to learn new skills and increase your knowledge in cardiac imaging in the Nuclear Medicine environment.*

*This role would require you to learn and perform:*

- MPS studies
- Cardiac stressing principals
- Understand ECG patterns
- Administration of medications for chemical stressing patients
- Assess patient suitability for treadmill stressing
- Monitor the patients during the stress time with the nurse
- Advanced Life Support certification
- Understand the radiation safety principal and handling of radiation Isotope

*This opportunity would further enhance your skills and you will be working in a supportive, professional clinical environment.*

*We would be able to work around your commitments in your field.*

**For further information or to apply, please contact Shaun O'Rourke:  
Ph: 0438 543 839 or Email: [shauno@xrayimaging.com.au](mailto:shauno@xrayimaging.com.au)**

*Dear colleagues, service providers and associates of Trinity Clinic,*

*We are writing to inform you that 'Trinity Clinic' will be closing due to Practice Principals Dr David Raine and Dr John Topping Semi Retiring effective as of 16<sup>th</sup> December 2022. From this date they will continue to provide medical care to those in Aged Care Facilities only.*

*To begin with we would like to thank you for assisting us over the last 40 years in our commitment to providing the best possible health care to our patients. This is a very sad time for all involved, particularly our patients. All Practices in the local area have assisted greatly in accommodating this transition and accepting transfer of care. This is a large process and again we thank you for your patience and understanding.*

*Dr Janice Madden will be moving to Moffatt Beach Family Medical Practice commencing on the 31<sup>st</sup> January and Dr Vanessa Nuske will be moving to Buderim Medical Centre commencing 18<sup>th</sup> January.*

*We will still be contactable via our website [www.trinityclinic.com.au](http://www.trinityclinic.com.au), email [admin@trinityclinic.com.au](mailto:admin@trinityclinic.com.au) and phone 07 5491 9888.*

*Again thank you*

*Kind Regards*

*Nadine Ware*

*Practice Manager on behalf of*

*Dr David Raine and Dr John Topping*





# The Sunshine Coast's only integrated Cancer Centre

## Our facility is home to:

- Highly experienced team of Medical Oncologists & Clinical Haematologists
- Day infusion unit providing the latest & cutting edge treatments (including chemotherapy, immunotherapy, targeted therapy, blood products, iron infusions & venesections)
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- Allied Health including Clinical Psychology, Exercise Physiology, Dietetics & Oncology Massage Therapy
- McGrath Breast Care Nurse
- Clinical Trials



## Our Team:



**Dr Hong Shue**  
Medical Oncologist  
MBBS (Monash), FRACP



**Dr Brenton Seidl**  
Medical Oncologist  
MBBS, BSc, FRACP



**Dr Sorab Shavaksha**  
Clinical Haematologist  
MBChB (Leeds), FRACP,  
FRCPA (2013)



**Dr Joshua Richmond**  
Clinical Haematologist  
MBBS(Hons), FRACGP,  
FRACP, FRCPA



**Dr Alice Livings**  
Clinical Haematologist  
BSc(Hons), MBBS(Hons),  
FRACP, FRCPA



**Dr Manjunath Narayana**  
Clinical Haematologist  
MBBS, FRACP, FRCPA



**Samantha Clifton**  
Clinical Psychologist  
MPsychClin, FCCLP



**Sarah Bloomfield**  
Dietitian & Nutritionist  
APD, APN



**Jesse Goldfinch**  
Exercise Physiologist  
BClinExSc, ESSAM, AEP



**Tania Shaw**  
Massage Therapist  
DipRM, CLT, OMT



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The ROADSAFE Study

# The Australian Road Safety Study for Older Adults

Participants needed for new research study at the Road Safety Research Collaboration Unit



Are you a **registered General Practitioner (GP)**? We are seeking GPs who have experience in assessing driving capacity in older adults, including cognitive function and how it relates to driving.

Participation in this study involves a 20-minute interview via telephone. Responses will be stored anonymously.

You will receive a \$50 online WISH Gift Card for your time.

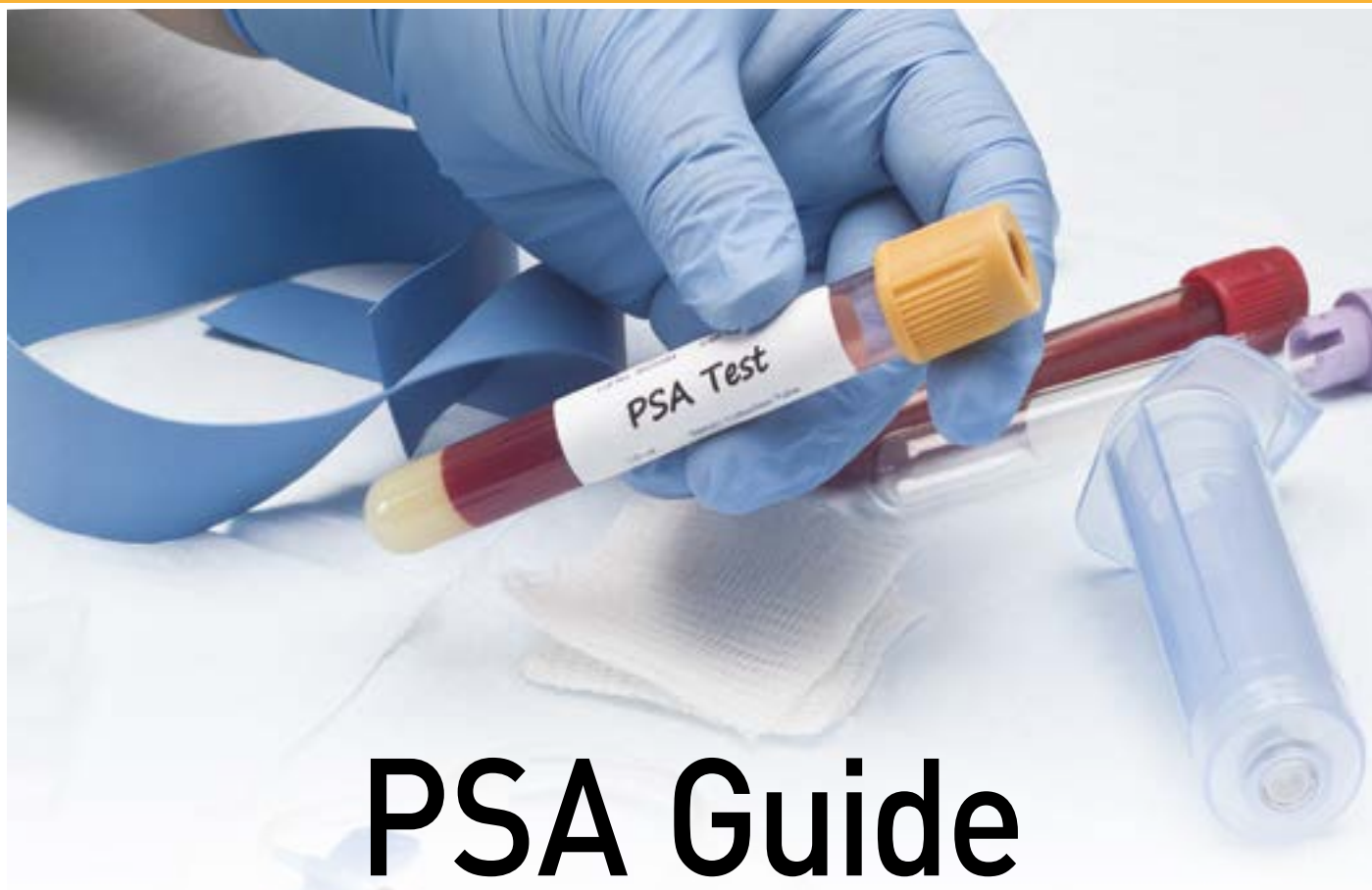
If you are interested in participating, please scan the QR code and complete the online registration form.



For more information, please contact Dr Kayla Stefanidis on 5430 1166 or email ([ROADSAFE@usc.edu.au](mailto:ROADSAFE@usc.edu.au))

University of the Sunshine Coast Ethics Approval (HREC A211678)





# PSA Guide

Early detection saves lives

**PSA >3 is a red flag**

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

**Refer if:**

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule  
or PSA increases while on Duodart

**Refer to:**

**Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo**



Sunshine Coast Urology Clinic

**Buderim Prostate Clinic**

**A.** Suite 2/5 Lyrebird St, Buderim QLD 4556

**P.** +61 7 5444 0672 **F.** +61 7 5444 0997

**E.** [info@buderimprostateclinic.com.au](mailto:info@buderimprostateclinic.com.au)

**W.** [buderimprostateclinic.com.au](http://buderimprostateclinic.com.au)

# Does leg artery disease cause you pain when walking?

If you suffer symptoms of peripheral artery disease (PAD) you may be eligible to take part in a trial.

**General Practitioners:**  
Want to get involved in this trial as an investigator?

We are interested to hear from GPs who feel they can assist with trial recruitment and/or medical screening visits.

The Foot-PAD Trial is testing a new therapy for PAD using a footplate stimulation device.



## THE TRIAL WILL INVOLVE:

- Nine study visits (60-90 min each) which include:
  - Walking Tests
  - Vascular Function Tests
  - Questionnaires
- Daily home use of a Revitive® footplate device for 12 weeks

## PARTICIPANTS WILL RECEIVE:

- Expenses to cover cost of travel to study visits
- A free Revitive® Medic Coach device to keep upon completion of the trial (RRP \$550)
- A free medical screening

## LOCATION:

All study appointments will be held at the University of the Sunshine Coast campus in Sippy Downs.

## CONTACT:

**Dr Mark Windsor**  
(Trial Coordinator)  
Email: [footpad@usc.edu.au](mailto:footpad@usc.edu.au)  
Ph: 5456 5364

## VISIT:

[usc.edu.au/footpad](http://usc.edu.au/footpad)



University of the  
Sunshine Coast  
Australia

UnISC HREC: A211659  
TPCH (The Prince Charles Hospital): 78902



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theradiologyclinic



## **LUNGSCREEN**

### **Tackling the world's deadliest cancer – lung cancer**

November was lung cancer awareness month and a new free assessment quiz is set to help Australians understand their risk of developing lung cancer.

Buderim-based Lungscreen Foundation is on a mission to save lives by working with local GPs to encourage patients to take the quiz.

<https://www.lungscreen.foundation/articles/local-non-for-profit-tackles-worlds-deadliest-cancer>





Leading Queensland Doctors  
Creating Better Health

## PRESIDENT AND CEO REPORT



*Dr Maria Boulton and Dr Brett Dale*

This has been another bruising year for the community, for patients, for doctors and for all healthcare workers. We've battled shortages of staff and PPE, vaccine anxiety, vaccine scepticism and, eventually, vaccine complacency. Until this year, Queensland had lost just seven souls to COVID. As we head into 2023, our COVID death toll is more than 2,300. This pandemic is not over, but the public and political mood has changed. Federal COVID funding for our public hospitals will end this year. Lockdowns and mask mandates are a thing of the past. We will move into 2023 treating COVID like

influenza and other respiratory illnesses – relying on people to take personal responsibility.

Rest assured that AMA and AMA Queensland will continue to advocate on behalf of the entire profession and our patients as we enter post-pandemic 2023.

### COVID-19 –YEAR IN REVIEW

Throughout 2022, we advocated at the state and federal level for doctors and patients for the best decisions and protections from COVID. We secured dedicated pathways for GPs to access PPE supplies, and certainty around protocols for treating COVID patients in the community.

We arranged priority COVID PCR testing for private practice doctors, their staff and families when Queensland Health refused our request to do the same. We are grateful to the private pathology companies who facilitated this state-wide, particularly earlier in the year when the lines for PCR testing were massive and wait times for results were long. We advocated for the provision of fit testing for private practice and their staff, resulting in some PHNs and Metro North providing this service.



We also sorted out the private flu vaccine rebates when the free flu vaccine announcement was made via the media. Unlike other states, GP clinics were able to claim the rebate from Queensland Health at the start of the campaign. We supplied constant, near real-time updates to members on Queensland Health public health notifications, and provided guidance to practices on how to fulfil ethical and professional duties while managing unvaccinated patients. We successfully advocated for Medicare rebates for COVID telehealth services to be extended, and for a new Medicare item for antiviral management.

We prevented legislative changes that would have allowed pharmacists to prescribe COVID antivirals.

We convinced the federal government to reinstate pandemic leave from mid-July for casual workers who might otherwise have gone to work, further spreading the virus and, with ASMOFQ, persuaded Queensland Health to allow employees to access pandemic leave immediately.

We thanked members across the state for their tireless efforts during the pandemic by delivering COVID Care Packages to 1,000 doctors in public hospitals and 19 private practices.

Into 2023, we will continue to advocate for the strongest protections possible for doctors, healthcare workers and the community as we move into a new phase of the pandemic.



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Creating Better Health*

## AMA QUEENSLAND COMMUNIQUÉ

The AMA Queensland Council met on 11 November 2022 for the last meeting of 2022. We thank all Councillors for volunteering their time to represent the membership and support the advocacy work of AMA Queensland. It is a pleasure to work with such a passionate and engaged group.

At the meeting, Council:

- Approved the Terms of Reference for the new Opioid Stewardship Roundtable
- Heard an update on the Metro North Virtual Emergency Department
- Agreed to write to AMA Federal seeking support and federal advocacy for stepdown registration for senior active doctors
- Supported a review of membership for new international medical graduates and review of informal mentorship opportunities
- Directed AMA Queensland to communicate with the state government about standardised credentialing and contractual restrictions to ease the strain on obstetric and gynaecology care in regional Queensland, and
- Received the inaugural report of the Committee of Consultant Specialists.



Read the Communiqué in full at [ama.com.au/qld/news/ama-queensland-communique-november-2022](https://ama.com.au/qld/news/ama-queensland-communique-november-2022).

## VOLUNTARY ASSISTED DYING

Queensland's Voluntary Assisted Dying (VAD) laws commence on 1 January 2023. Doctors still have many questions about how the VAD scheme will operate, eligibility criteria and practitioner applications.

AMA Queensland has been working with the state government on the implementation of this scheme.

Even if doctors choose to not be a VAD practitioner, they still have legal obligations that involve knowing how to:

- initiate a discussion about voluntary assisted dying
- respond if someone makes a first request
- respond if asked to undertake a consulting assessment
- complete a cause of death certificate for someone who has accessed voluntary assisted dying.



AMA Queensland has a VAD information page that is regularly updated. Go to [ama.com.au/qld/campaigns/voluntary-assisted-dying](https://ama.com.au/qld/campaigns/voluntary-assisted-dying)



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## NEW STAFF WELLBEING LAWS

We are happy to report an important step in AMA Queensland's long-running battle to better protect our doctors. The Queensland Government will amend the Hospital and Health Boards Act 2011 to make Hospital and Health Services (HHS) and their boards responsible for staff wellbeing and for promoting a culture that supports health, safety and wellbeing.

We have advocated strongly for these changes, which are similar to laws introduced in South Australia.

Health Minister Yvette D'Ath flagged her intention to introduce these amendments at the November Health Workforce Mental Health and Wellbeing Summit, which was held as a result of AMA Queensland advocacy.

Making HHS boards directly accountable for their staff's health and wellbeing is an important step toward creating healthy and supportive work environments so our doctors, nurses and allied health practitioners can continue to deliver high-quality healthcare.

You can read more about our advocacy at [ama.com.au/qld/news/WellbeingLaws](https://ama.com.au/qld/news/WellbeingLaws)

## PAYROLL TAX



We continue to hear cases of members and non-members who have been audited by the Queensland Revenue Office (QRO) and face large retrospective payroll tax bills. We have spoken with lawyers and accountants who work with medical practices and they too have noticed an increase in audit activity.

AMA Queensland and RACGP continue meeting with the QRO on how the law is being interpreted. The QRO have told us they will make a public ruling before the end of 2022 to provide medical practices with greater clarity.

Many of the medical practices we have spoken with cannot afford the large retrospective bills they face and will be forced to close. This will leave thousands of patients in the community and residential aged care facilities without a doctor.

We will continue to advocate for medical practices and the community against this patient tax.

Queenslanders can't afford to have more medical practices close. Get involved at

[ama.com.au/qld/campaigns/payroll-tax-campaign](https://ama.com.au/qld/campaigns/payroll-tax-campaign)

## MEDICARE

This year we have seen a steady stream of attacks on GPs as Medicare fails to keep pace with the rising cost of delivering healthcare and doctors can no longer afford to bulk bill. The ABC and major newspapers accused doctors of completely unsubstantiated claims of rorting \$8 billion a year from Medicare, and state ministers blamed emergency department wait times on GPs.

At the same time Queensland and other jurisdictions are rolling out pharmacy prescribing pilots that will risk patient safety and undermine the doctor-patient relationship.

With our federal colleagues, we are campaigning to Modernise Medicare to make it fit for purpose. This call has been echoed in a Grattan Institute report this month which calls for a complete overhaul of Medicare.

Federal Health Minister Mark Butler has admitted that general practice is in the worst shape it's been in during the 40 years of Medicare, with bulk billing rates dropping from 88.4 per cent late last year to 83.4 per cent in September 2022.

Minister Butler has asked his department for more information about the state of bulk billing. We will be lobbying to ensure this further information leads to real reform. Read more at [ama.com.au/qld/news/MBS](https://ama.com.au/qld/news/MBS).





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## PUBLIC HOSPITALS



*Dr Maria Boulton on 9NEWS on Redland Hospital*

We have called for urgent action to address concerns about real risks to patients at Redland Hospital, the only metropolitan Queensland Health hospital without an intensive care unit (ICU)/critical care unit, 24/7 general surgical services, and inpatient orthopaedic services.

Members have contacted us with their concerns about ambulance ramping, hospital bed block and delays in transferring patients to other hospitals.

Many of these issues flow from the government's failure to deliver the hospital's staged expansion. Under Stage 1, Redland was due to get an ICU and 32 more beds by late 2022. This has been delayed until late 2024 and Stage 2, including a new

emergency department, has been postponed indefinitely.

The state budget this year promised 2,500 new hospital beds, but some will not be delivered for years. While we were pleased the Queensland government acted on our Ramping Roundtable recommendations, we needed these beds yesterday.

We will continue to advocate for action for our public hospitals, including for the federal government to reinstate 50-50 hospital funding with the states and territories.

Read more at [ama.com.au/qld/news/Redland](https://ama.com.au/qld/news/Redland).

## MEMBER MILESTONES

We were very pleased to celebrate our members who have reached significant milestones earlier this month at a special morning tea.

While not all could attend, it was very special to see a room with so many years of medical experience and meet the people whose unwavering support has helped us to advocate for the best interests of the medical profession and health system - and ultimately the wider community here in Queensland. It is our great honour to work on your behalf.

You can see the photos at [facebook.com/amaqueensland](https://facebook.com/amaqueensland)



*Photo: Marking 25 years of membership – Dr Kimberley Bondeson with AMA Queensland Board member A/Prof Geoff Hawson*

We wish you a

safe & healthy

festive season

**Holiday office hours:**

**Closes**  
3pm Thursday  
22 December 2022

**Reopens**  
8.30am Tuesday  
3 January 2023

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## DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

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## Excellence in Prostate Cancer Diagnosis & Management

Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced Robotic Prostate and Kidney Surgery to Buderim Private Hospital. He has pioneered MRI guided robotic transperineal prostate biopsy for safe and accurate diagnosis.

Specialising in:

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- Da Vinci Robotic Prostatectomy & Renal Surgery
- BPH - Laser Prostatectomy & Urolift
- Stone Disease
- Penile Prosthesis Surgery
- Vasectomy Reversal
- Urodynamic Studies

# Galapagos

Home to some of the rarest and fearless animal species on earth, Galapagos is a bucket-list destination for wildlife enthusiasts. It is a land of cactus forests, rich green highlands, stark lava formations, spectacular tropical beaches and enchanting turquoise bays. The wildlife in this island paradise is exotic and rare. This fabulous holiday retreat is located in the Pacific Ocean nearly 600 miles away from the coast of Ecuador. The geological formation of Galapagos Islands is unique and each island has its own ecology. Being a pristine natural laboratory in the world, this vacation destination offers an amazing array of endemic species such as sea iguanas, sea lions, giant tortoises, fur seals and a wide range of birds.

## ***An array of activities***

There are many other outdoor activities to take up in addition to exploring the wildlife of Galapagos. A trek through the crescent-shaped volcanic landscapes, taking a peek of the exciting sea wildlife during snorkeling or kayak on the tranquil bays of the crystal clear waters certainly will add a dash of more fun and excitement to your holiday experience.

## ***What we have planned for you?***

The detailed itinerary covers all the popular and untouched point of interests in the Galapagos Islands. It takes you to the Baltra Island, Santa Cruz Island, Floreana Island, Espanola Island, San Cristobal and Santa Fe.

- *Watch some of the rarest and fearless wildlife of Galapagos.*
- *Visit the largest colony of amazing frigate birds in the Galapagos Islands.*
- *Take glimpses of the Marine Iguana, the only marine lizard in the world.*
- *Snorkel with white-tipped sharks and sea lions.*
- *Visit Quito, an old town in Galapagos Island, which is also a UNESCO World Heritage Site.*

**Get ready for a trip to Galapagos to explore its exotic wildlife and much more with us!**

***Give us a call or check out our website for more information :***

<https://123travel.com.au>





# An innovative approach to hip and knee replacement

Dr. Daevyd Rodda is a highly experienced and innovative hip and knee replacement surgeon based on the Sunshine Coast. He leads a specialised, multi-disciplinary team and regularly trains Australian and International surgeons in advanced techniques including:

- Anterior, minimally invasive total hip replacement
- Patient specific and Robotic knee replacement
- Complex revision hip and knee replacement

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Orthopaedic Surgeon

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## IN AUSTRALIA:



### 1 IN 2 WOMEN

Who have had children will have some degree of a prolapse and 1 in 5 will require medical treatment



### 1 IN 10 WOMEN

Has endometriosis



### 1 IN 2 WOMEN

Will have stress urinary incontinence between the ages 18-83 that physio can help



### 1 IN 4 WOMEN

Suffer from a pelvic floor disorder



**Sunshine Coast Orthopaedic Clinic**

## The Acute Knee Clinic

The first few days can make all the difference in recovery from a sporting injury.

Dr Steve Lawrie at the Sunshine Coast Orthopaedic Clinic provides an Acute Knee Clinic each Monday and Tuesday which is specifically designed for, but not limited to, sports injuries of the knee with a view to rapid assessment, investigation and adoption of a management plan within the first few days of the initial injury.

The Acute Knee Clinic has now been running for twelve years. We have treated many professional and semi-professional athletes as well as the "weekend warriors", including a special interest in paediatric sporting injuries. Dr Lawrie has a close association with many sporting teams on the Sunshine Coast, including the Sunshine Coast Falcons, Melbourne Storm and many other local clubs.

Specific conditions that can benefit from emergent assessment include suspected ligamentous injuries, including cruciate ligaments, medial ligaments, multiple ligament injuries, acute patellar dislocation, locked knees and especially paediatric cruciate and meniscal injuries whether that be by implementing early surgical techniques

or an appropriate non-operative treatment programme.

To access the Acute Knee Clinic, a patient needs to have a current referral to Dr Steven Lawrie and plain x-rays of the knee should also be arranged before the initial consultation.

A plain x-ray is very important in the initial assessment to exclude fractures, loose bodies, and to show the alignment of the knee joint and the patellofemoral joint, which cannot be seen on other investigations, such as an MRI scan.

Splints and orthotics can be organized directly with Leonie Walton on 5473 5858. Leonie attends our clinic on a Thursday afternoon, but she is available throughout the week as needed.

The Acute Knee Clinic is intended to complement Dr Lawrie's other interests, including hip and knee replacement, revision arthroplasty, computer assisted joint replacement, cartilage surgery, as well as hip, knee and ankle arthroscopy.

Dr Lawrie is happy to take phone calls for advice, queries etc as this often helps the referral process.

## For appointments contact

Dr Steven Lawrie  
Suite 17, Kawana Private Hospital  
5 Innovation Parkway, Birtinya QLD 4575  
p: 07 5493 3994  
f: 07 5493 3897  
e: [sunshineortho@bigpond.com.au](mailto:sunshineortho@bigpond.com.au)  
[www.sunshineortho.com.au](http://www.sunshineortho.com.au)

## Examples of these injuries include:

A medial ligament injury is usually easily treated in a range of motion brace, using an MCL protocol if applied with the 1st week or so. But it can be extremely difficult to correct if there is a delay of a number of weeks.

Paediatric meniscal tears may be repairable early after an injury, but a delay typically means meniscal resection becomes necessary.

Acute patellar dislocation may respond to surgical repair if surgery is offered in the first 2 weeks after the injury.

Traumatic meniscal tears where early repair rather than delayed resection can make a dramatic difference in outcomes

Early ACL surgery in the young active patient/sportsman.

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Telephone: (02) 6270 5400 Facsimile (02) 6270 5499

Website : <http://www.ama.com.au/>

Thursday, 15 December 2022

**No excuses left – raise the age of criminal responsibility to 14 says AMA**

The AMA has welcomed the release of a government report which recommends raising the age of criminal responsibility from 10 to 14 years of age, with no exceptions.

AMA President Professor Steve Robson said the AMA and other groups have been calling for the report, the *Draft Final Report, 2020 - Council of Attorneys-General Age of Criminal Responsibility Working Group*, to be released to the public for two years.

“After two years of requests for the report to be made public being denied I welcome its release,” Professor Robson said.

“Now the AMA calls on the Attorneys-General to immediately act on the report’s primary recommendation to raise the age of criminal responsibility to 14 years of age, with no exceptions.”

The report, prepared in 2020, was informed by more than 90 public submissions, including the AMA and other Aboriginal and Torres Strait Islander, health, legal and human rights organisations and experts.

“The medical evidence that jailing children under the age of 14 years is harmful to health, wellbeing and development has never been in doubt,” Professor Robson said.

“The AMA calls on all governments to urgently take the steps towards the necessary legislative reforms to ensure Australia stops locking up children.

“Current laws disproportionately impact Aboriginal and Torres Strait Islander children around the country. The AMA supports government initiatives which target prevention, early intervention and education to ensure all children are given the best possible opportunities in life.

“We understand there is scope to strengthen community-led support programs to develop culturally appropriate and trauma-informed diversionary programs and are pleased to see this is recognised in the report.

“The AMA would be pleased to be a part of ongoing consultations with governments to support this important legislative reform.”

The age of criminal responsibility is 10 years of age in all jurisdictions across the country except for the Northern Territory where legislation to raise the age of criminal responsibility from 10 to 12-years-of age was passed last month.

**Contact:** AMA Media: +61 427 209 753 | [media@ama.com.au](mailto:media@ama.com.au)

Follow the AMA Media on Twitter: [twitter.com/ama\\_media](https://twitter.com/ama_media)

Follow the AMA President on Twitter: [twitter.com/amapresident](https://twitter.com/amapresident)

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Thursday, 15 December 2022

**Better access report highlights need for new mental health investment**

The Australian Medical Association has welcomed the release of the final report of the Better Access evaluation, showing that it is helping to improve health outcomes for people with mental illness but that other programs are needed to complement the initiative to support hard-to-reach populations.

Temporary COVID-19 arrangements that allowed extra Better Access funded sessions will end on 31 December and while these have provided vital support to patients during the pandemic so far, we need more durable and long-term arrangements in place to support patients with the most need.

“The AMA supports the ongoing revision of mental health services to ensure they are reaching those who need them the most and we welcome a greater emphasis on directing resources to those patients who suffer complex or more severe mental health conditions,” AMA President, Professor Steve Robson said.

“The AMA agrees with the evaluation’s emphasis on the importance of multidisciplinary team engagement for community care led by GPs. We also recognise the need for the mental health system to be resourced to reach people in rural and remote areas, and those experiencing other barriers to accessing the care they need.”

Professor Robson said there is a need now to focus on the mental health workforce which underpins mental health care, urging the government to prioritise strategies to ensure workforce growth keeps pace with service demand, particularly in higher-needs areas with limited services.

“At the moment there are waitlists to see psychologists and psychiatrists, so this remains a barrier to mental health care, especially for children and adolescents.”

Professor Robson added that general practice remains the hub of all community mental health treatment, and complex mental health consultations should receive the appropriate rebate.

“This would allow patients to receive responsive and comprehensive care and afford GPs the time to develop treatment plans and arrange for follow up.

“The AMA maintains that general practitioners should review patients at key milestones along their mental health treatment pathway. This will reduce fragmentation of care across the system and support stronger linkages across care teams for people who are seeking mental health care.”

The AMA also welcomed a greater emphasis on directing resources to those patients who suffer complex or more severe mental health conditions.

“We are committed to working closely with the federal government to improve access to mental health care services and ensure services are accessible and affordable,” Professor Robson said.

**Contact:** AMA Media: +61 427 209 753 | [media@ama.com.au](mailto:media@ama.com.au)

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# SUNSHINE COAST LOCAL MEDICAL ASSOCIATION Inc. ABN: 56 932 130 084

## MEMBERSHIP APPLICATION

Enquiries: Jo Bourke Ph: Mb: 0407 037 112 Email: [admin@sclma.com.au](mailto:admin@sclma.com.au)

<b><u>NAME</u></b>	Surname:	First Name:
<b><i>THE SCLMA PREFERS TO SEND YOUR MONTHLY NEWSLETTERS &amp; INVITES BY EMAIL</i></b>		
<b><u>BEST EMAIL:</u></b> _____		
<b><u>ADDRESS:</u></b>		
	Practice/Building	
	Street:	
	Suburb:	Postcode:
	Phone:	Mobile:
<b><u>PRACTITIONER DETAILS:</u></b>		
	Qualifications:	
	Date of Birth:	Year of Graduation:
	Hospital employed / Private Practice (cross out one)	
	General Practice / Specialist (cross out one)	
	Area of Speciality:	
<b><u>PLEASE NOTE:</u></b> <i>Retired doctors who wish to join the Association are required to attach a letter of good standing from their respective College.</i>		
<b><u>PROPOSERS:</u></b> (to comply with the Queensland Associations Incorporation Act, two financial members of the Association are required to nominate each applicant for <b>new</b> membership. Members <b>renewing</b> their membership do not need proposers).		
<b>1. NAME:</b>		<b>Signature:</b>
<b>2. NAME:</b>		<b>Signature:</b>
<b><u>ANNUAL SUBSCRIPTION (GST included):</u></b>	<b>(Please tick)</b>	<b><u>PLEASE NOTE:</u></b>
Full-time ordinary members - GP and Specialist	\$ 132 <input type="checkbox"/>	<b>New Membership or renewing Membership may be paid via our website which has Card facility.</b>  <a href="https://www.sclma.com.au">https://www.sclma.com.au</a> <a href="https://www.sclma.com.au/join/">https://www.sclma.com.au/join/</a> <a href="https://www.sclma.com.au/pay-account/">https://www.sclma.com.au/pay-account/</a>
Doctor spouse of full-time ordinary member	\$ 66 <input type="checkbox"/>	
Absentee or non-resident doctors	\$ 66 <input type="checkbox"/>	
Part-time ordinary members (less than 10 hours wk)	\$ 66 <input type="checkbox"/>	
Non-practising ordinary members, under 60 years	\$ 66 <input type="checkbox"/>	
Residents & Doctors in Training	Free <input type="checkbox"/>	
Non-practising ordinary members, over 60 years	Free <input type="checkbox"/>	
Patron and honorary members	Free <input type="checkbox"/>	
<b>Payment can be made by cheque payable to SCLMA or by direct debit to:</b> <b>SCLMA Westpac Account. BSB: 034-243 ACCOUNT NUMBER: 11-9298</b>		
<b>Please return this form either by email (scan or photo) of your E.F.T. to:</b> <b>Email: <a href="mailto:admin@sclma.com.au">admin@sclma.com.au</a> Post: SCLMA PO BOX 549 COTTON TREE 4558</b>		
<b><u>Please note:</u></b> <i>Membership applications will be considered at the next Management Committee meeting.</i>		

*The Sunshine Coast Local Medical Association has Public Liability Insurance*



## MORE CLASSIFIEDS

### ***Come in, sit down and start working!***

We offer full service specialist medical consulting rooms in the Nucleus Medical Suites on the Campus of Buderim Private Hospital.

We will look after all your accreditation requirements. We will look after your business all week long. We have supported multiple doctors in developing and growing their business. We have a strong service culture towards our doctors and their patients.

- We will manage all your appointments.
- Book all your procedures, including securing an anaesthetist if required.
- Manage all your billing.
- Handle all your correspondence.
- Our staff are experienced and professional.
- Our rooms are modern with a large reception area.
- We have a dedicated procedure room.
- We have on site parking.

For further information please contact Lindsey

**PH: 07 5444 6003.**

### **Shared Lease Available for Specialist Suites on a Permanent basis for Medical Practitioners/ Allied Health Providers at Maroochy Waters.**

Brand new fit out:

3 x furnished premium consulting rooms.  
Ground level with 4 dedicated parking spots and ample parking in the vicinity.  
Rooms equipped with computers, hand basins, phones and internet connection.  
Access to staff amenities – toilets, kitchenette/ microwave oven/ fridge.  
Admin support can be negotiated.  
General practice, pharmacy, and pathology all in the area.  
Available from asap.

For more information, please contact Sharon Kayrooz

**Email: [sharon@coastaldigestivehealth.com.au](mailto:sharon@coastaldigestivehealth.com.au)**

### **REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER**

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: **[www.rdma.org.au](http://www.rdma.org.au)**

**Email: [RDMAnews@gmail.com](mailto:RDMAnews@gmail.com)**

### **SCLMA ADVERTISING GUIDELINES:**

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

### **PLEASE NOTE THE FOLLOWING:**

*The anti discrimination commission of Queensland has the following statement on job advertising:*

*Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.*

# CLASSIFIEDS

## **GOLDEN BEACH MEDICAL CENTRE and PELICAN WATERS FAMILY DOCTORS are looking for GPs!**

We are a mixed billing practice, transitioning to private billing, with 15 male doctors, 5 female doctors, and an incredible nursing and reception/administration team.

Our clinics feature attractive consulting rooms, treatment rooms, skin check facilities, on-site pathology, and a range of allied health professionals.

### **What we've got to offer:**

- Inclusion of all fees generated by nurse-led item numbers in your income
- A competitive Service Fee percentage
- Greatly Reduced Service fee percentage whilst you "settle in" and build your patient base

**If you like the sound of us and believe you could bring something positive to our already awesome team, then please forward your application and resume to pm@goldenbeachmedicalcentre.com.au**

July 2022

## **GET WITH THE STRENGTH AT LAKE KAWANA GENERAL PRACTICE**

**The Practice:** Doctor owned and operated. The practice has been established for 16 years and situated on the edge of Lake Kawana: 1km from the surf beach, 60 minutes to the international airport and 20 minutes to the domestic airport. Twelve consult rooms with a five-bed treatment room in addition to a dedicated excision room and vaccination zone. 15-minute appointments. Underground secure car park for doctors.

Open Monday to Friday 8.00am to 5.00pm – no after hours. (Rotational Saturday roster of a 3 hour session, may be required)

Childcare facility located next door.

**The Building:** Situated on the ground level of the Sunshine Coast Surgical and Specialist Centre, together with Kawana Private Hospital, specialists (ortho, gynae, plastics, ophthalmology and vascular), pharmacy, physio, podiatry, dietetics and pathology.

**The Team:** Practice Manager, four nurses, including CDM, and six receptionists.

**The Situation:** 12,000 patients on the books with eight doctors to service them. The medical team has a combined 150 years of GP experience on the Sunshine Coast.

**The Solution:** Keen ambitious private billing VRGP who works 32 – 40 hours a week and gets paid \$200 per hour\*. (\*Private billing only)

So, walk into a full appointment book with optimal financial reward for effort.

**Call me – Dr Jim Williams – 0400 414 191 – for a confidential discussion.**

**See our You tube video showing our great practice facilities:** <https://www.youtube.com/watch?v=oa3T7Dk7TWw>

July 2022

**CLASSIFIEDS:** admin@sclma.com.au  
**Free to SCLMA members \$110 for non members.**  
**Queries:** Jo 0407 037 112

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- Manage all of your billing.
- Handle all of your correspondence.
- Our staff are experienced and professional.
- Our rooms are modern with a large reception area.
- We have a dedicated procedure room.
- We have on site parking.

**For further information please contact Lindsey on 5444 6003.**

July 2022

## **ANN ST FAMILY MEDICINE – GENERAL PRACTITIONER**

- We are looking for a VR General Practitioner to join our busy team which is GP owned. Part time position offering 75% of billings.
- Full support from an experienced and professional team of nurses and support staff.

**Please email your CV to olivia@annstfamilymedicine.com.au or contact Olivia on 0412 113 846.**

February 2022

## **PROFESSIONAL MEDICAL CONSULTING SUITE AVAILABLE FOR PERMANENT LEASE ON A FRIDAY EACH WEEK FOR A MEDICAL PRACTITIONER LOCATED IN TEWANTIN.**

The Consulting suite provides:

- 1x Furnished consulting room with
- 1x Furnished examination room equipped with a bed, basin/sink, QML biopsy and speculum disposables.
- Fully equipped staff kitchen with a fridge, kettle and microwave.
- Access to toilets for staff and patients across the corridor.
- QML pathology on ground floor below and Quantum radiology across the road.
- Priceline and Live Life Pharmacy on the ground floor.
- Parking in the front and back of building.

Consulting suite available for lease starting Friday 10/06/2022 from 8:30 am until 3:30pm. The cost will be \$330 plus GST per clinic which covers the cost of the suite rental, staff member, water, and electricity. Please email [practicemanager.scwbg@outlook.com](mailto:practicemanager.scwbg@outlook.com) or call me on 0420 297 401 to enquire or arrange a viewing.

February 2022

## **PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND**

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat  
 Ph: 0412 292 666. *Continuing.*

### ***SCHHS Wishlist Junior Doctor Awards – 25 November 2022***

*A great night was had by all in attendance at the SCHHS Wishlist Junior Doctor Awards evening on Friday 25 November. The inaugural event was organised by the SCHHS Medical Education Unit in collaboration with Wishlist and business partners (SCLMA, Coastline BMW, Avant, Kooyong Group, SCJDS). Attendees enjoyed the lakeside sunset view, canapes and refreshments whilst listening and dancing to the tunes of local sunshine coast musician Paul Vercoe.*

*The Junior Doctor Awards evening was held to celebrate the year that has been and the achievements made. Awards were presented: Intern of the Year: Dr Aditya Suresh; House Officer of the Year: Dr Hamid Halim; Clinical Educator of the Year: Dr Stephan Raubenheimer; Mentor of the Year: Dr Chloe Kern MVP of the Year (most valuable peer): Dr Samuel Allen & Dr Elizabeth Edwards Most Innovative & Dynamic Education Session: Dr Rebekah Shakhovskoy – BP Woes (Hyper/Hypotension) Dr Cary Wang – Constipation & Manual Disimpaction*



**ARE YOU A CURRENT MEMBER??**

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