



SCLMA President's Message

Dr Roger Faint



The Arnold Schwarzenegger three-part documentary of his life is remarkable. He has been highly successful (almost obsessional) with regards to his body building and sculpting, being a Hollywood movie star and being highly successful as the Governor of the

California USA (40 million people) for 7 years. He is also a very successful real estate investor and is now a fit 75 year old.

It illustrated to me how 'keeping busy' and surrounding yourself with friends can bring success; and also don't believe all you read in the popular media. The trilogy reminded me of the 'sense of medical community' the SCLMA is building and I recommend it.

The SCLMA organisation is travelling comfortably, however we could be more financially secure with a larger membership base. I would like to remind members and prospective members, that the SCLMA is not simply a local social and educational organisation.

The committee is intent on the medical profession giving back to the local Sunshine Coast community and we do this by organising community medical events, fundraising (e.g. Wishlist) and donations to worthwhile causes such as the top local student of the University of the Sunshine Coast Medical Science course.

I encourage you all to join and continue paying the organisation membership subscription which significantly assists the Sunshine Coast community.

The lively '**SCLMA Health Report**', sponsored by Imaging QLD' is on Thursday the **27th JULY** at the

Maroochydore Surf Club. This is your opportunity to ask the 'hard questions' to various dignified representatives of our local Sunshine Coast health providers, including QH, Ramsay, the Uniting Church owned Buderim Hospital, our Country to Coast PHN and Griffith Medical School. I can safely say this is a unique event which doesn't occur anywhere else in QLD, perhaps Australia.

Dr Peter Gillies (CE) and Dr Marlene Pearce (EDMS) are now well established impressive leaders on the SCHHS executive, are well worth listening to and will take your questions from the floor. Two questions that come to mind are the challenges of contacting a local psychiatrist for advice and the repercussions of Dr Wayne Herdy, busy addiction specialist retiring.

This is a unique opportunity for all to be involved and see you there!

The Federal Government tripling of the bulk billing incentive (from the 1st November with caveats) for GPs is useful for regional but not so much for metropolitan GPs. The incentive will now vary from \$20.65 (metropolitan and including Sunshine Coast) to \$31.95 (regional towns, e.g. Gympie) to \$34.05 (small rural towns, e.g. Maleny).

As you can see, if you are currently privately billing in the city, there is no incentive to go back to bulk billing.

See you all at the **Health Report Thursday 27 July 2023 - 6.30-9.00pm** - meal provided. 100 seats available! Invitations on the way this week!

All keep well

Regards

Dr Roger Faint
SCLMA President.

REMINDER - GALA COCKTAIL FUNCTION
FRIDAY 4th AUGUST - TWIN WATERS



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The Sunshine Coast Local Medical Association welcomes contributions from members, especially *'Letters to the Editor'*.

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JULY 2023 NEWSLETTER

**Deadline FRIDAY
21st JULY 2023**

- What would you like to see in the newsletter?
- Do you have some jokes we can publish (and not offend anyone!!).

Our circulation via email, post and courier (Sullivan Nicolaides Pathology) reaches more than 1,500 recipients!

Contact Jo: Mobile: 0407 037 112

Email: admin@sclma.com.au

We welcome new content - case studies, local news and photos.

If you are a new member, please send in a short bio and a photo to introduce yourself.

NOTE: We have changed to digital only newsletter distribution

**ALL Newsletters are posted to our website
<https://www.sclma.com.au>**

ARE YOU A MEMBER?

If you are not a member please complete the application form available on the website:

www.sclma.com.au.

You will need two proposers to sign your application form. If this is a problem, come along to a monthly clinical meeting to introduce yourself

Enquiries: Jo Ph: 0407 037 112

Email: admin@sclma.com.au

Are you listed on the Member Directory on our website? Are your details correct?

**Directory form available on the website.
www.sclma.com.au**



HIGHLIGHTS in this issue:

- P 4-7: SCHHS - GPLO June Update
 P 8: Death Dying & Donuts - Review
 P 9: SCHHS - Profile - Jo Shaw
 P 11: SCHHS - Nurse Navigators
 P 15: BPH - June Update
 P 17: SCUPH - June Update
 P 19: BREASTSCREEN QLD INFO
 P 20: Intro: Dr Pretissha Harrichund
 P 29: USC CLINICAL TRIAL - Foot-PAD
 P 30-34: AMA Qld - PRESIDENT'S REPORT
 P 35: Travel - Kerala Backwaters India

Please 'like', 'share' and 'follow' our Facebook page: [sunshinecoast local medical](https://www.facebook.com/sunshinecoast.local.medical)

<https://www.sclma.com.au>

SCLMA MEMBERSHIP 2023

Thanks to all who have renewed for 2023 please contact Jo via email: admin@sclma.com.au if you would like a receipt or phone 407 037 112.

Sadly there are approx 140 long time members who have not yet renewed for 2023. No excuse! It is now quick and easy to pay your renewal or membership application with one click with your Card.

The committee decided last year to invite retired members to pay half membership each year - to keep in line with other local medical associations. We thank all those who have responded.

Please contact Jo ph: 0407 037 112 or email admin@sclma.com.au with any queries.

Are you listed on our Members' Directory?

Do your details need to be updated?

<http://www.sclma.com.au/members/>

Contact: Jo - admin@sclma.com.au Ph: 0407 037 112



Please pass this newsletter to someone who might like to become a member!

ALL NEWSLETTERS ARE ON OUR WEBSITE

<https://www.sclma.com.au>

DATE CLAIMERS:**THURSDAY 27 JULY 2023**

- **Sunshine Coast Health Report 2023**
- **Top speakers from The Sunshine Coast University Hospital, Sunshine Coast University Private Hospital and Buderim Private Hospital plus Country to Coast PHN and Griffith Medical School.**
- **We expect 90-100 attendees for this once a year Sunshine Coast Health Report.**
- **Open to all - invites on their way.**
- **6.30-9pm Maroochydore Surf Club Private Function Room.**
- **SPONSOR: Imaging Queensland.**

FRIDAY 04 AUGUST 2023

- **GALA COCKTAIL EVENT**
- **SCLMA with WISHLIST**
- **Twin Waters Convention Centre**
- **Book a table of 10 and have a great night - our only fund raising for year.**
- **Keynote Speaker Dr Drago Popovic - "Short Guide in Combat Medicine"**
- **M7 Band - best band on the coast!**

REMAINING DATES FOR 2023:

- **31 AUGUST 2023 - AVAIL**
- **28 SEPTEMBER 2023 - RAMSAY HEALTH CARE**
- **26 OCTOBER 2023 - DR IAN BAXTER**
- **30 NOVEMBER 2023 - RAMSAY HEALTH CARE**

MEETINGS are held **LAST Thursday** of each month except December and January.

LOOKING FOR SPEAKERS!

Corporate sponsorship welcome! Speakers and topics need to be approved by SCLMA Meetings Convenor.

Presentation time for speakers is 20 minutes plus Q&A

Queries: Jo Ph: 0407 037 112

Email: admin@sclma.com.au



Are hospital referral criteria (CPC) intended to stop referrals?

A comment we sometimes receive from referring clinicians is that the Clinical Prioritisation Criteria (CPC, also referred to as 'referral criteria') are designed by Queensland Health to make it 'harder' to refer patients or to 'stop' referring clinicians sending patients to the public system.

We were recently contacted by the gynaecology department after they had spent an afternoon calling 12 GP practices to chase up results for cervical screening tests, pelvic ultrasounds and other tests that were not included in referrals. They estimated that 25% of referrals to their specialty do not contain the required information, which means that it is impossible to triage for urgency (cat 1, 2 or 3). As a result, insufficient referral information leads to delays in scheduling appointments.

Another common cause for delay is not including height and weight when referring patients for procedures including endoscopy. A BMI is always required to plan procedures, including for example the appropriate theatre and associated risk management. Referrals can be declined if this information is not available to the triaging clinician.

CPC are State-wide criteria to assist with urgency categorisation and provide safe care - they are not developed with the intent to stop referrals. The CPC are regularly reviewed by multidisciplinary State-wide Clinical Advisory Committees which include GPs.

The CPC can be found on HealthPathways or the CPC website and are included in GP Smart Referrals (GPSR) to prompt referring GPs at the point of referral. Please adhere to these criteria and only use the clinical override option in GPSR if there is a contraindication or other medical reason why the requested information is not available.

Thank you for providing this information and ensuring clinical handover to the hospital is complete - to facilitate transfer of care.

New: Virtual Emergency Department to support GPs

Virtual ED offers alternative pathways that can help avoid your patient waiting in an Emergency Department. The Virtual ED Service is for Queensland GPs only.

Metro North Health has developed a State-wide Virtual Emergency Department service to provide primary healthcare providers with access to specialist emergency medicine advice, by telephone or video conferencing with a senior FACEM.

It is a safe, fast, and efficient way to consult with an emergency physician and use real-time technology to align treatment and ongoing services for your patient.

To access the virtual ED:

1. **GPs call 1300 VIRTED (1300 847 833).** Hours: 7 days per week (8am to 10pm Monday to Sunday). You will be connected directly to a senior emergency nurse who will rapidly triage your call.
2. Please have the following information ready (this will take less than 1 minute)
 - Clinician's name and phone number
 - An email or other link if you require video consultation
 - The patient's name, date of birth, hospital number (if available) and brief description of the problem
3. You will then be connected directly to an Emergency Specialist.

This is a clinician only service. Patients can contact the Virtual ED direct via the

Patient Virtual ED service: <https://mnved.health.qld.gov.au>

Do you want to receive pathology and imaging results in discharge summaries?

Sign your practice up for a new easier to read discharge summary format which includes test results.

Did you know that there is an improved discharge summary format available called Clinical Document Architecture (CDA) for discharge summaries that are sent electronically to practice software? CDA presents summaries in a more legible and structured format which includes Pathology and Radiology results.

How do I enable my practice to receive summaries in CDA format?

If you currently receive electronic discharge summaries, please email EDSTV-Corro@health.qld.gov.au with your practice software details. You will be signed up for CDA testing, and on completion your practice will be enabled.

How can I sign up for electronic delivery?

If you are not already signed up for electronic delivery of discharge summaries, please complete the Secure Transfer Service (STS) AddressBook Update Form - <http://bit.ly/stsmoform>

Breast Density Trial – BreastScreen Qld

Screening participant and health service impact of population-based breast density notification in Australia: a co-designed randomised controlled trial in BreastScreen Queensland

On Thursday the 25th of May Dr Brooke Nickel, along with the BreastScreen Queensland Sunshine Coast service, presented at the Sunshine Coast Local Medical Association (LMA) dinner about the trial on breast density notification.

This is the first national and international randomised controlled trial on breast density notification and will be commencing across the Sunshine Coast service. It will test the immediate and longer-term impact of breast density notification on women, GPs, and screening services to help inform future policy and practice decisions.

Breast density notification is an important and controversial topic in Australia. You can read and listen to more about breast density and pros and cons of population-based breast density notification in the [April LMA newsletter](#) and the [May LMA dinner presentation](#) on YouTube.

For further questions about the breast density notification trial, please contact Dr Brooke Nickel at The University of Sydney: brooke.nickel@sydney.edu.au, or Lisa Hammerton at BreastScreen Queensland Sunshine Coast service: Lisa.Poh@health.qld.gov.au

Only in Queensland: GP Liaison network

In this month's MJA InSight we published an article about the Queensland General Practice Liaison (QGPL) network. Queensland's GPLOs play a unique role in identifying and addressing service gaps, facilitating appropriate clinical pathways, and improving transfer of care processes.

GPLOs have been pivotal in progressing major quality improvement initiatives, including GP Smart Referrals and other electronic communication tools, GP access to the Health Provider Portal, HealthPathways and new models of care such as hospital GPs with special interest (GPSIs). In the Sunshine Coast GPLOs facilitated the introduction of the Same Day Discharge Summary policy.

GPLOs further provide clinical handover workshops for junior hospital doctors and help organise interprofessional education opportunities.

The MJA Insight article can be found here: [GP liaison officers boost primary care connections | InSight+ \(mja.com.au\)](https://www.mja.com.au/insight/gp-liaison-officers-boost-primary-care-connections).

Feel free to contact the SCHHS GPLO Unit

Email: SCHHS-GPLO@health.qld.gov.au or phone: 07 5202 3822.

Dr James Orford - Fertility Solutions Specialist

Medical Director, Fertility Specialist, OBGYN

A medical graduate of the University of Queensland, James has worked as an IVF fertility specialist since 2000 and is well known on the Sunshine Coast, having completed specialist training at Nambour General Hospital. In 2007, after working with an IVF clinic on the Sunshine Coast he set up Fertility Solutions Sunshine Coast wanting to make a difference for his patients.

Dr. James Orford currently holds the position of Fertility Solutions Medical Director. James specialises in advanced laparoscopic surgery and endometriosis. He has spent more than 20 years developing this surgical skill which can increase a woman's fertility. He also teaches trainee specialists and invites specialists throughout Australia to attend his theatre sessions to learn innovative new techniques.

Dr James Orford's practice is located on the Sunshine Coast. However he also consults from our Bundaberg clinic every month. Dr Orford offers clinic OPU (Oocyte or Egg Pick-Up) procedures at both the Sunshine Coast and Bundaberg sites.



In association with Monash IVF Group

Sunshine Coast Clinic

P: 07 5478 2482

E: enquiries@fssc.com.au

Bundaberg Clinic

P: 07 4151 5222

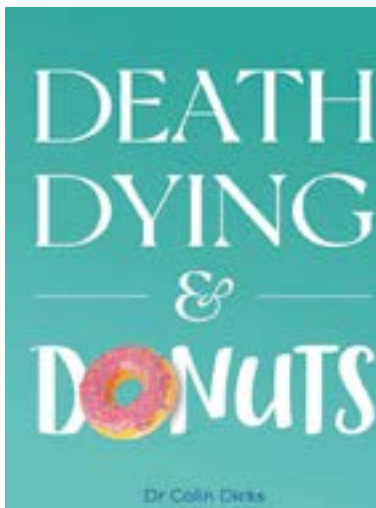
E: bundaberg@fssc.com.au



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Death, Dying and Donuts

By Dr Colin Dicks

Perhaps once in a lifetime a book lands in our busy lives and shakes us to our core! Such a book for me has been Death, Dying and Donuts by Dr Colin Dicks, Radiation Oncologist. The title enticed me first – what do 'donuts' have to do with dying!

Like many I have experienced loss of close family members and friends by death – some brutally sudden, others a long palliative journey, Colin gives us many examples from his long career treating both patients dealing with terminal diagnosis and helping family members to cope and accept.

Most of all Colin challenges us to think about our own death – we know our death is inevitable but how often do we talk about it with our family? How prepared are we? Have we made a will? Have we told anyone what we want for our funeral??? Sadly, for most of us, we don't discuss death, we try not to talk about death and we fear it.

In a knowledgeable, compassionate, often humorous style Dr Colin Dicks challenges us and urges us to not only to accept the inevitability of our death but prepare for it with anticipation. Most of all Colin challenges us to look at our present lives! How are we living each day? The analogy of the enjoyment of a warm donut with coffee is spot on! Colin asks each of us how many 'donuts' in our day? If not, why not! For me personally, reading Colin's book has been a wake-up call. It is shouting at me to make life changes to enjoy life to the full and to make that Will I've been putting off and to discuss my wishes for my funeral with my children!

The format of this book with clear chapters makes it easy to read. There is an excellent sample to be read on the website <https://deathdyinganddonuts.com> and it is available to reserve at the Sunshine Coast Library, Cotton Tree, Maroochydore. (JB).

(Do you have an interesting book to share? Contact Jo : admin@sclma.com.au

HEALTH SERVICE LINK – JUNE 2023

Introducing Jo Shaw



As Sunshine Coast Health Chief Operating Officer Jo Shaw works with the leadership team to ensure patient flow, planned care, staffing, models of care and infrastructure are working to improve community and patient outcomes. Her background is in nursing; a career she decided on at a young age, after a life-changing experience as a child.

“When I was around 12, my nanna was unwell with cancer and came to live with us, and I helped to look after her. She palliated at home, and I always thought that was really nice that she could have that end to her life, where she was with her family in the home. That’s what drew me to healthcare at a young age, I wanted to make a difference and make people’s lives better at the time when they’re at their worst, when they’re unwell.”

Jo completed her undergraduate degree in nursing in Perth, where she spent the first six years of her career, before relocating to Melbourne to take on the roles of Nurse Unit Manager and Nursing Director. She then spent time in Mount Isa as the Director of Nursing Integrated Health, and in Toowoomba as the Executive Director Rural before landing on the Sunshine Coast in her current role as Chief Operating Officer.

“I’m dual trained, so I finished my degree with mental health and acute nursing training. I’ve also worked in cardiac and coronary care, haematology, bedside nursing in intensive care, community and primary healthcare and remote, rural and regional hospitals. I’ve completed six postgraduate courses, with the highest being a master’s in nursing, leadership, and management.

Jo is passionate about patient care and community outcomes and believes in exemplary care - where everyone deserves to receive the same high level of care and the best outcome possible.

“I believe good leadership is so important in healthcare. If we can get all our systems, processes and culture right, then more often than not we will have really good patient outcomes and that’s what we are striving to achieve in the end, and I’m very confident that is what will happen at Sunshine Coast Health.

“My main approach is to treat people how you would like to be treated, with kindness. I’m very patient focused and the philosophy of doing what we are doing for our patients needs to drive our decision making. I’ve previously built successful teams through cultural changes and values-based leadership, and as I continue to get to know the health service, I want to keep improving that here.”

Since joining the health service in December 2021, Jo leadership has managed to reduce planned care waitlists and improve the flow and performance of the emergency departments.

Her time in Mount Isa rubbed off, and she enjoys a rodeo and a camp draft in the outback when she has the chance.



NEW GUIDELINES FOR MANAGEMENT OF KNEE OSTEOARTHRITIS



The AAOS (American Academy of Orthopaedic Surgeons) have recently released new guidelines for management of knee osteoarthritis. This is now the third iteration of these evidence based guidelines. This year there is a complete re-write with recommendations being stratified according to the strength of evidence to support or not support the modality into strong, moderate or limited evidence. The following is a summary of these recommendations.

Strong Recommendations in favour of:

- ★★★★ Supervised exercise, unsupervised exercise &/or aquatic exercise
- ★★★★ Self-managed programmes
- ★★★★ Patient education
- ★★★★ Oral NSAIDs
- ★★★★ Oral paracetamol
- ★★★★ Topical NSAIDs

Moderate Recommendations in favour of:

- ★★★☆☆ Canes/Walking stick
- ★★★☆☆ Unloader braces
- ★★★☆☆ Neuromuscular training
- ★★★☆☆ Weight loss (evidence downgraded)
- ★★★☆☆ Intra-articular steroids
- ★★★☆☆ Arthroscopic partial meniscectomy can be used for meniscal tears in patients with mild to moderate osteoarthritis who have failed physical therapy and other nonsurgical treatments

Limited Recommendations in favour of:

- ★★☆☆☆ Oral/dietary supplements may be helpful but evidence is inconsistent/limited and additional research is needed to clarify the efficacy of;
 - Tumeric
 - Ginger extract
 - Glucosamine
 - Chondroitin
 - Vitamin D
 (evidence downgraded)
- ★★☆☆☆ Manual therapy in addition to an exercise programme (evidence downgraded)
- ★★☆☆☆ Massage may be used in addition to usual care (evidence downgraded)
- ★★☆☆☆ FDA-approved laser treatment may be useful (evidence downgraded)

- ★★☆☆☆ Acupuncture may improve pain and function (evidence downgraded)
- ★★☆☆☆ TENS may be used to improve pain and or function (evidence downgraded)
 - a. Percutaneous Electrical Nerve Stimulation for pain and function
 - b. pulsed electromagnetic field therapy may improve pain (evidence downgraded)
- ★★☆☆☆ Extracorporeal Shockwave therapy
- ★★☆☆☆ PRP
- ★★☆☆☆ Denervation therapy
- ★★☆☆☆ High Tibial Osteotomy

Strong recommendations against use of:

- ★★★★ Lateral wedge insoles
- ★★★★ Oral narcotics including Tramadol

Moderate recommendations against use of:

- ★★★☆☆ Hyaluronic acid intra-articular injections
- ★★★☆☆ Arthroscopic lavage and or debridement

Consensus Statements; ★★★★★

Dry needling and free-floating interpositional devices should not be used

These recommendations can be used in determining management strategies in primary care management of knee osteoarthritis prior to considering knee replacement surgery.

Of particular interest is the new recommendation against any narcotic use, recommendations against hyaluronic injections, and recommends for arthroscopic partial meniscectomy if not responding to non-operative treatment in mild to moderate disease.

Further information can be found on our website at www.sunshineortho.com.au

The original document can be downloaded at <https://www.aaos.org/globalassets/quality-and-practice-resources/osteoarthritis-of-the-knee/oak3cpg.pdf>

For appointments contact

Dr Steven Lawrie
Suite 17, Kawana Private Hospital
5 Innovation Parkway, Birtinya QLD 4575

p: 07 5493 3994 | f: 07 5493 3897
e: sunshineortho@bigpond.com.au | [sunshineortho.com.au](http://www.sunshineortho.com.au)



Nurse Navigator Referrals:
SCHHSNurseNavigatorService@health.qld.gov.au

Internal SCHHS referrals: QHEPS - Clinical Form – Community Referral Intake Service (CRIS) or E-BlueSlip
 External referrals: Health Pathways, SMART referrals, NNS referral form

Nurse Navigators

What do we do?

Provide an outreach service for patients who have:

- Multiple complex health conditions
- Multiple cross center outpatient department appointments
- Are frequent, high-end users of the SCHHS and
- Require comprehensive co-ordination of their clinical care

How do we do this?

Navigate patients through the complexities of the health care system to provide the link between:

- General Practitioner, Hospital, Specialists, Community supports & Patient



- ✓ Provides a **link between services**
- ✓ **Breaks down barriers** to coordinated care
- ✓ **Compliments** existing care services and responsibilities
- **Improving quality of health & ownership** through increased health literacy

NURSE NAVIGATOR SERVICE REFERRAL INFORMATION

- Referral welcome through *e-BlueSlip, Community Referral Intake Service* (for internal referrals) or

Health Pathways, SMART referrals, NNS Referral form (for external referrals)

- Referral for most complex patients with multiple comorbidities, appointments and procedures
- Patients with care that is fragmented and needing coordination and linkage with support services/coordination of existing services

SCHHSNurseNavigatorService@health.qld.gov.au



Choosing the right surgeon for your patients on the Sunshine Coast isn't rocket science - it's brain surgery.

Sunshine Coast Neurosurgery is the specialist practice of Dr Stephen Byrne, who has worked on the Sunshine Coast since 2017.

Dr Byrne MBChB, MRCSd, FRACS underwent his neurosurgical training in Melbourne, Adelaide & New Zealand before gaining his Fellowship of the Royal Australasian College of Surgeons.

In fact, Stephen is the only fellowship-trained spine surgeon on the coast endorsed by both the Australian Orthopaedic Association and the Neurosurgical Society of Australasia.

At Sunshine Coast Neurosurgery all patients receive one-to-one pre-operative counselling and tailored personalised care using the latest techniques to deliver world-class healthcare.

Please feel free to call Sunshine Coast Neurosurgery to discuss any neurosurgical issue and we look forward to helping your patients along the road to recovery.

List of Services

Sunshine Coast Neurosurgery use their extensive experience to treat many common conditions such as:

- Cervical and lumbar degenerative conditions
- Brain tumours
- Spine tumours
- Pituitary tumours
- Chiari malformations.

Plus they have a specialist interest in minimally invasive brain and spine surgery.

Sunshine Coast University Private Hospital
Suite 17, 3 Doherty Street, Birtinya QLD 4575

T 07 5437 7256
E info@scneuro.com.au



www.scneurosurgery.com.au

CCQ (COUNTRY TO COAST) – JUNE 2023



Are you a GP or clinician living and working in the region with a desire to help improve the health and wellbeing of the local community? Join our Clinical Advisory Board!

Country to Coast, Queensland (CCQ) is seeking multi-disciplinary representation to join our newly formed Clinical Advisory Council, a sub-committee of the CCQ Board.

CCQ is working with our community to deliver leading primary healthcare for the region and we know we can't do it alone. To achieve this goal, we work closely with diverse groups, sharing knowledge and skills, working to improve the efficiency and effectiveness of our primary care system, ensuring it meets local needs.

Complimenting the Clinical Council will also be a newly formed Consumer Council, and Clinical Societies.

The [Expression of Interest – Clinical Council](#) process is open for submissions until Friday 7th July 2023 and view the [Terms of Reference](#) for more detail.

Any questions about the council can be directed to:
council@c2coast.org.au

Subscribe to our practitioner newsletter to stay up to date with the latest news in our region by scanning this QR code:





NEW

Elastography Service

Elastography, Sometimes referred to as a Fibroscan, is a non-invasive procedure used to measure the elasticity of the liver. Because fibrous tissue is harder than 'normal' liver tissue, the degree of hepatic fibrosis can be detected.

BULK BILLED

Clinical Indications

- Fatty Liver Disease
- Alcoholic Liver Disease
- Chronic Hepatitis C & B
- Cirrhosis Obesity
- Other liver problems
- Non-invasive
- Painless
- Quick results
- Next-day appointments

 SCAN TO
BOOK ONLINE



Call 07 5391 0366 or
Email Reception@theradiologyclinic.com.au
31 Plaza Parade, Maroochydore Q 4558
www.theradiologyclinic.com.au


theradiologyclinic



SHANE MITCHELL
GENERAL MANAGER

BUDERIM PRIVATE HOSPITAL

JUNE 2023

Dear SCLMA colleagues,

Thank you for the opportunity to update you on Buderim Private Hospital and our latest news.

Robotic surgery CPD event THURSDAY 10 AUGUST

The next free event in our 2023 education calendar will be on the topic of robotic surgery and will be held here at Buderim Private Hospital on Thursday 10 August from 6pm – 8.30pm.

The event will feature **Dr Benjamin Stokes** (Obstetrician and Gynaecologist), **Dr Tim Nathan** (Urologist) and **Dr Hamish Gray** (Orthopaedic Surgeon).

For more information and to register, please visit buderimprivatehospital.com.au/gpeducation



GP Nexus newsletter

We recently launched GP Nexus which is a newsletter specifically for our local GP community.

The GP Nexus newsletter will be distributed quarterly and will provide updates on activities, events and services that are relevant to the local GP community.

If you could like RSVP for GP Nexus to be delivered straight to your inbox, please subscribe by using the QR code supplied.



‘We’ve got you covered’ GP CPD Event

**SATURDAY 9 SEPTEMBER 2023,
University of the Sunshine Coast**

A “must attend” interactive day of Education for GPs with informative sessions, workshops demonstrations and “speed dating” with specialists to update and inform you on the latest medical information, equipment and surgeries and answer your questions. More details and a full program will be published soon.

You can register your interest by emailing GP Liaison Pam Fotheringham on **Pamela.Fotheringham@uhealth.com.au** or phone **0448 739 389**.

Kind regards,

Shane Mitchell
General Manager

E: shane.mitchell@uhealth.com.au
P: 07 5430 3260

Acute Admissions 5430 3314

buderimprivatehospital.com.au

Proudly part of
 UnitingCare

Buderim Private
Hospital



Your trusted local Ultrasound Specialist



Beerwah

72 Simpson St, Beerwah QLD 4519

Caloundra

67 Bowman Rd, Caloundra QLD 4551

Coolum

5 Birtwill St, Coolum Beach QLD 4573

Cooroy

46 Maple St, Cooroy QLD 4563

Kawana

3/7 Nicklin Way, Minyama QLD 4575

Maroochydore

49 Baden Powell St, Maroochydore QLD 4558

Sippy Downs

9 Ochre Way, Sippy Downs QLD 4556



Next Day Appointments Available

Our state-of-the-art clinics offer a comprehensive and affordable range of ultrasound imaging services tailored to meet your specific needs.

From musculoskeletal and cardiovascular assessments to obstetrics and gynaecology, X-Ray & Imaging are your trusted local ultrasound specialists.



Compassionate Care



Convenient Local Practices



Comprehensive Range of Ultrasounds & Obstetric Ultrasounds



xrayimaging.com.au



07 5436 0888



bookings@xrayimaging.com.au

June 2023

MONTHLY UPDATE

By CEOs Justin Greenwell and Anna Olson


Ramsay
Health Care

• SUNSHINE COAST UNIVERSITY PRIVATE HOSPITAL • NAMBOUR SELANGOR PRIVATE HOSPITAL
• NOOSA HOSPITAL • RAMSAY CLINIC CALOUNDRA • CALOUNDRA PRIVATE DAY HOSPITAL

Ramsay Health Care Sunshine Coast GP Conference

REGISTER NOW



Saturday 19 August 2023



Twin Waters Novotel Resort



Scan to register

Register online – [click here](#)
Ramsay
Health Care

noosahospital.com.au
nambourselangor.com.au
sunshinecoastuniversityprivate.com.au
ramsaymentalhealth.com.au/caloundra

We are delighted to invite you to our annual conference that will showcase a number of our specialists across all four hospitals, Sunshine Coast University Private Hospital, Noosa Hospital, Nambour Selangor Private Hospital and Ramsay Clinic Caloundra.

The conference will include the following sessions:

- Session 1 – Cancer Care Updates with panel discussion
- Session 2 – Acute Case Presentations including specialists from ENT, ophthalmology, respiratory medicine, cardiology and orthopaedics
- Session 3 – Rotational Round Table discussions including specialists from mental health, gynaecology, pain, rehab & geriatrics, and orthopaedics
- Session 4 – Skin Cancer Update followed by a Skin Suture Workshop run by our plastic and reconstructive surgeons

Full program will be released by mid-July.



Did you know that bowel cancer claims the lives of 103 Australians every week? Shockingly, that's approximately 5,354 people each year.

It is the third most commonly diagnosed cancer globally and the second leading cause of cancer-related deaths. However, advancements in prevention, screening, and treatment have improved outcomes for many patients.

Screening for bowel cancer is widely recommended, as early detection can lead to better treatment outcomes. Common screening methods include faecal occult blood tests (FOBTs) and colonoscopies. These tests can detect precancerous polyps or early-stage cancer, allowing for timely intervention.

Treatment for bowel cancer depends on the stage and location of the disease. It typically involves surgery to remove the tumour, and in some cases, radiation therapy, chemotherapy, or targeted therapy may be recommended. Precision medicine and immunotherapy are emerging areas of research that hold promise for more personalized and effective treatment approaches.

Ramsay facilities on the Sunshine coast provide a full complement of cancer treatment services, from scans and tests for diagnosis, through to surgery, chemotherapy, and radiotherapy.

For more information please visit the [Hospital Cancer Care pages](#):

- [Noosa Hospital](#)
- [Nambour Selangor Private Hospital](#)
- [Sunshine Coast University Private Hospital](#)

UPCOMING GP EDUCATION



NOOSA

Date: Wednesday, 26 July 2023

Venue: Noosa Boat House, Private Function River Room

Topic: "GP Updates on Pelvic Congestion Syndrome, Endometriosis, ACL reconstruction"

Register online – [click here](#)

The Sunshine Coast's only integrated Cancer Centre

Our facility is home to:

- Highly experienced team of Medical Oncologists & Clinical Haematologists
- Day infusion unit providing the latest & cutting edge treatments (including chemotherapy, immunotherapy, targeted therapy, blood products, iron infusions & venesections)
- GenesisCare Radiation Oncology
- Cold cap therapy to prevent / minimise hair loss caused by certain chemotherapy treatments
- Allied Health including Clinical Psychology, Exercise Physiology, Dietetics & Oncology Massage Therapy
- McGrath Breast Care Nurse
- Clinical Trials



Our Team:



Dr Hong Shue
Medical Oncologist
MBBS (Monash), FRACP



Dr Brenton Seidl
Medical Oncologist
MBBS, BSc, FRACP



Dr Sorab Shavaksha
Clinical Haematologist
MBChB (Leeds), FRACP,
FRCPA (2013)



Dr Joshua Richmond
Clinical Haematologist
MBBS(Hons), FRACGP,
FRACP, FRCPA



Dr Alice Livings
Clinical Haematologist
BSc(Hons), MBBS(Hons),
FRACP, FRCPA



Dr Manjunath Narayana
Clinical Haematologist
MBBS, FRACP, FRCPA



Samantha Clutton
Clinical Psychologist
MPsychClin, FCLP



Sarah Bloomfield
Dietitian & Nutritionist
APD, APN



Jesse Goldfinch
Exercise Physiologist
BClinExSc, ESSAM, AEP



Tania Shaw
Massage Therapist
DipRM, CLT, OMT



SUNSHINE COAST
HAEMATOLOGY & ONCOLOGY CLINIC
– Montserrat Cancer Care –

GP/Specialist Priority Line:
07 3054 0758

10 King Street, Buderim QLD 4556 | P: 07 5479 0000 | F: 07 5479 5050 | schoc.com.au



Screening participant and health service impact of population-based breast density notification in Australia: a co-designed randomised controlled trial in BreastScreen Queensland

On Thursday the 25th of May Dr Brooke Nickel, along with the BreastScreen Queensland Sunshine Coast service, presented at the Sunshine Coast Local Medical Association (LMA) dinner about an upcoming trial on breast density notification.

This will be the first national and international randomised controlled trial on breast density notification and will be commencing in the next month across the Sunshine Coast service. It will test the immediate and longer-term impact of breast density notification on women, GPs, and screening services to help inform future policy and practice decisions.

Breast density notification is an important and controversial topic in Australia. You can read and listen to more about breast density and pros and cons of population-based breast density notification in the [April LMA newsletter](#) and [May LMA dinner presentation](#).

For further questions about the breast density notification trial, please contact Dr Brooke Nickel at The University of Sydney brooke.nickel@sydney.edu.au or Lisa Hammerton at BreastScreen Queensland Sunshine Coast service Lisa.Poh@health.qld.gov.au

Dr Brooke Nickel
NHMRC Emerging Leader Research Fellow, The University of Sydney

Dr Lisa Hammerton
SMO, BSQ Sunshine Coast



Do you have a patient suffering from Chronic pain?

We can help.



Dr Ramsey Jabbour

BSc (Hons), MBBS, FAFOEM,
FFPMANZCA

**Specialist Pain Medicine
Physician**



Dr Frank Thomas

BSc (Hons), MBCHB, FANZCA,
FFPMANZCA

**Specialist Pain Medicine
Physician**

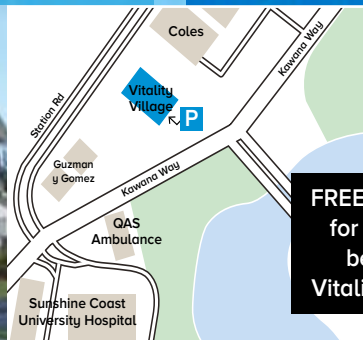
Let Dr Ramsey Jabbour and Dr Frank Thomas, together with the trusted team at QPain look after your patient.

Help your patients get **back to what they love doing most...**

Special interests:

- Management of back and neck pain
- Persistent post-surgical pain
- Neuropathic pain
- Overuse MSK injuries
- CRPS
- Headaches
- Minimally invasive procedures to control pain
- Advanced Interventional techniques - including Spinal Cord and Dorsal Root Ganglion Stimulation.

Please feel free to contact QPain to discuss management options of your patients with chronic pain.



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www.qpain.com.au

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Move Without Pain.

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An innovative approach to hip and knee replacement

Dr. Daevyd Rodda is a highly experienced and innovative hip and knee replacement surgeon based on the Sunshine Coast. He leads a specialised, multi-disciplinary team and regularly trains Australian and International surgeons in advanced techniques including:

- Anterior, minimally invasive total hip replacement
- Patient specific and Robotic knee replacement
- Complex revision hip and knee replacement

Telehealth appointments available for regional patients.

Dr Daevyd Rodda
Orthopaedic Surgeon



Contact us today for patient referrals.

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SUNSHINECOAST
ORTHOPAEDIC GROUP

Designing better care

GenesisCare radiation oncology

We provide modern radiation therapy techniques and continuously invest in cancer treatments and technology with the aim of reducing side effects and improving quality of life.

Our team of radiation oncologists have experience across many types of tumours in adults. They aim to combine their knowledge, experience, and a multidisciplinary approach to offer personalised, evidence-based care to all patients.



Dr Debra Furniss

Regional Medical Director

Gastrointestinal, breast, lung, skin and haematological malignancies, benign disease and palliative treatments



Dr Bradley Wong

Radiation Oncologist

Wide field skin cancer, breast, prostate and urological lesions, benign conditions and palliative treatments



A/Prof Alex Tan

Radiation Oncologist

Genitourinary, lung and gastrointestinal cancer, metastatic disease and palliative treatments

On the Sunshine Coast, GenesisCare provides:

- Radiation therapy for most adult cancer types
- Treatment for non melanoma skin cancer
- Rapid access palliative radiation therapy
- Treatment for benign conditions e.g Dupuytren's disease, plantar fasciitis and keloid scars
- Stereotactic radiation therapy for cranial, lung, spine, prostate, bone, and liver lesions
- Personalised care, treating the individual, not just the condition
- Patient transport service

Treatment centres:

Buderim 10 King Street Nambour 10 Mapleton Road

Get in touch:

Tel: 5374 8100

receptiononcologybuderim@genesiscare.com

Coming soon:

Noosaville 90 Goodchap Street

Consulting clinics:

Caboolture • Dr Debra Furniss
Noosa • Dr Debra Furniss
• Dr Bradley Wong
• Dr Alex Tan
Gympie • Dr Bradley Wong

Disclaimer: Any procedure including treatments involving radiation carry risks, including skin irritation and associated pain. Before proceeding with a referral for treatment, patients should be advised to seek a second opinion from an appropriately qualified health practitioner. As in any medical procedure, patient experiences and outcomes will vary.

genesiscare.com





presents

Fantastic Painful MUSCULOSKELETAL beasts AND WHERE TO FIND THEM

SAVE THE DATE

Proposed RACGP Educational Activity Hours Event

WHEN: Saturday 19th August 2023, 8.30am - 3.30pm

WHERE: Pier 33, Mooloolaba

MC Dr Rob Park | Pain Specialist, Dr Ingrid Hutton | Rheumatologist,
Dr Stephen Byrne | Neurosurgeon, Dr James Tunggal | Orthopaedic Surgeon,
Travis Schultz | Lawyer, Dr Paul Frank | Pain Physician, Dr Peter Georgius | Pain Physician,
Dr Daevyd Rodda | Orthopaedic Surgeon, Dr Tim Butson | Rehab Physician
+ Psychologist, Neurologist, Sports Doctor, Musculoskeletal GP & more!

RSVP: conference@sportsandspinalphysio.com.au



Excellence in Prostate Cancer Diagnosis & Management

Tim graduated from the University of Edinburgh and completed advanced training in urology at teaching hospitals in London and Queensland. He has trained extensively in da Vinci Robotic Surgery at the University Hospital, Leipzig, and the Wesley Hospital.

Tim successfully introduced Robotic Prostate and Kidney Surgery to Buderim Private Hospital. He has pioneered MRI guided robotic transperineal prostate biopsy for safe and accurate diagnosis.

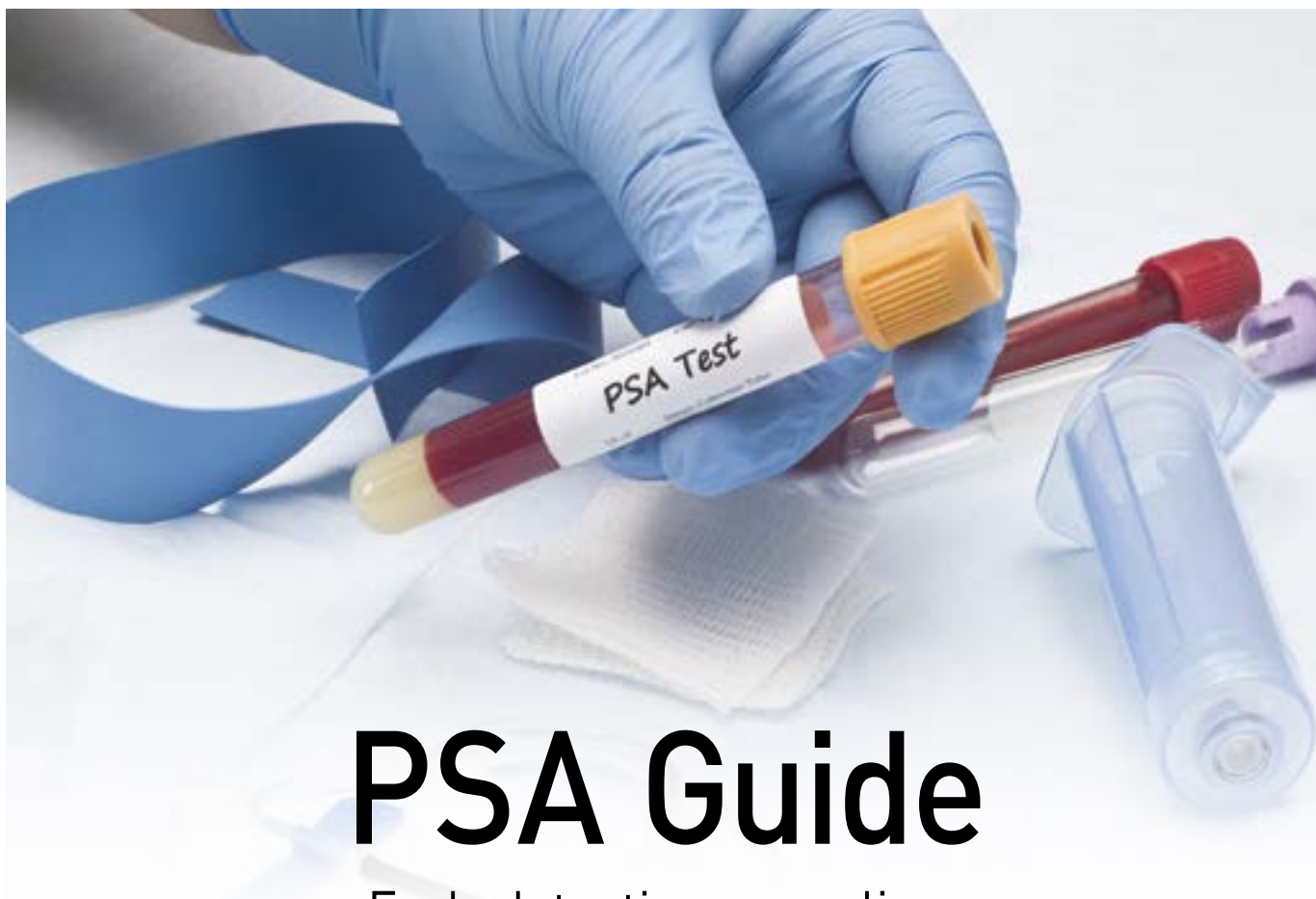
DR TIM NATHAN

MB ChB (Edin), FRCS (Eng), FRCS (Urol), FRACS (Urol)

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- Vasectomy Reversal
- Urodynamic Studies



PSA Guide

Early detection saves lives

PSA >3 is a red flag

(>2 if positive Family Hx, BRCA)

Repeat PSA in 1-3 months with free/ total ratio

Refer if:

Second PSA is still >3 (2)

Or anytime if there is a hard prostatic nodule
or PSA increases while on Duodart

Refer to:

Dr. Tony Gianduzzo or A/Prof. Troy Gianduzzo



Sunshine Coast Urology Clinic

Buderim Prostate Clinic

A. Suite 2/5 Lyrebird St, Buderim QLD 4556

P. +61 7 5444 0672 F. +61 7 5444 0997

E. info@buderimprostateclinic.com.au

W. buderimprostateclinic.com.au

The End of the 2023 Financial Year is Fast Approaching

The Australian Taxation Office (ATO) has indicated through various communication channels, the areas that they will be focusing their attention on this tax season.

The key areas that were identified by the ATO include:

- ❖ The accuracy of work-related expense claims
- ❖ Rental properties
- ❖ Capital gains tax on the disposal of CGT assets

The following items may be of assistance in the preparation of the 2022-23 individual tax returns:

- The rate for claiming car expenses is 78 cents per kilometre
- The rate for electric vehicles as per PCG 2023/D1 indicates a rate of 4.2 cents per kilometre for drivers who use the logbook method (and for Fringe Benefits Tax (FBT) purposes)
- Consider any claims for the cost and cleaning of occupation specific clothing, protective clothing, compulsory work uniforms and registered non-compulsory uniforms
- The \$250 non-deductible threshold for self-education expenses was removed on the 1 July 2022
- The rate for working-from-home (WFH) from 1 July 2022 as per PCG 2023/1 indicates that taxpayers claim WFH expenses at a rate of 67 cents per hour
 - 1 July 2022 to 28 February 2023 only, the ATO will allow taxpayers to keep a representative record of the total number of hours WFH
 - 1 March to 30 June 2023 and later income years, taxpayers must keep a record of the total number of actual hours WFH
- Please ensure that all rental income and expenditure is carefully recorded and presented
 - Include all rental income received (before any expenses are deducted)
 - Ensure that interest expense and expenses generally, are claimed correctly by apportioning any private use as the non-deductible portion
 - *Note that the ATO has access to information provided by financial institutions, of the details of loans that are associated with rental properties*
 - Ensure that expenditure is characterised correctly as either a repair which is a deductible expense, or as a building cost and claimed as a capital works deduction
 - Remember the limitation placed on travel expenses and second-hand depreciable assets introduced on 1 July 2017
- Please include all capital gains and capital losses on Capital Gains Tax (CGT) assets on the sale of cryptocurrency, shares and property
 - Ensure that the capital gain or capital loss is calculated correctly
 - Report the capital gains in the tax return

CPA Australia has a three-step process called the “Three R’s”

1. **Record everything** – get your record keeping right by ensuring you have copies of receipts and keep a diary and note down information such as when you worked from home or travelled
2. **Be realistic** – when submitting your tax return ensuring you are including appropriate expenses
3. **Reach out** - “*You can cut your own hair, but you’ll get a better result if you see a professional.*” If you see a tax agent you can be confident you are paying the right amount of tax and getting the maximum refund you are entitled to.

If you require any advice or need assistance with your tax affairs, please contact any one of our experienced accountants at

pool@poolgroup.com.au





Excellence in Diagnostics

Sunshine Coast Radiology has proudly served the local community since 2007, providing the highest quality radiology services and customer care across the Coast.

Our patients first approach has seen us recently receive fantastic customer satisfaction scores and feedback that we wanted to share, so you know, you can feel confident referring your patients to Sunshine Coast Radiology.

Recent Customer Satisfaction Results:



Customer Net Promoter Score of 76 achieved in May 2023



Customer Experience Score of 9.4 out of 10 in May 2023

* Results tabulated from an 8 week average using internal customer service survey scores

Patient Feedback:

"Lovely, friendly & genuinely supportive"

"I had my second pregnancy ultrasound today and it was absolutely amazing. Thank you from my baby, me and other mums for making that moment unforgettable"

"Staff were amazing"

"Super efficient, very caring attitude. You should be proud of how they treat their patients"

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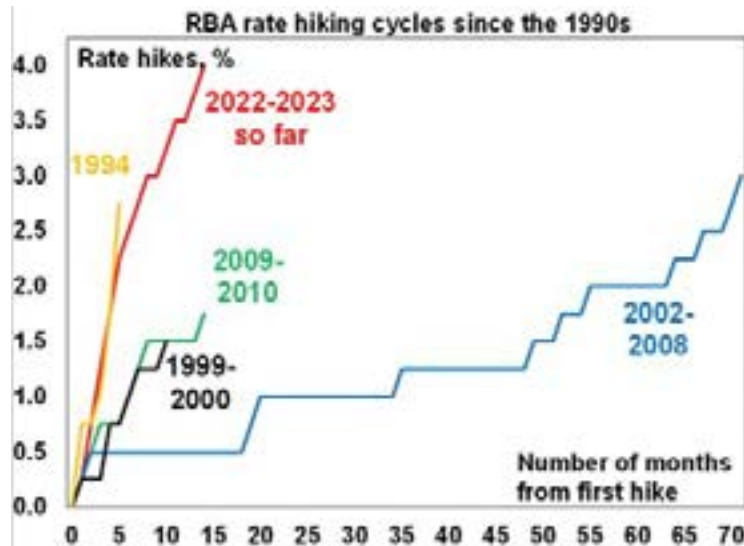
SCUPH
3 Doherty Street



Are we still talking about Interest Rates?!

Unfortunately, interest rates and inflation numbers have dominated airways and have pushed the exploits of the Aussie Cricket team in the Ashes to the back of the paper!

While sport not being the national focus is disappointing; winning the Ashes happens more often that current interest rate rises. With current rate hike cycle being the most severe since the 90's.



The closest rate rise period was '94 when Tubby Taylor lead the Aus team to retain the Ashes for a third consecutive time.

At Poole and Partners Investment services, we use a data and fundamentals approach to building portfolios that are bespoke to each client and addresses their personal needs and goals.

While seeking guidance from historical cricket results is fun, it does not form part of our process. However, we long for a time when sport is back on the front page rather than the boss of the RBA...

To ensure your investments are aligned with your goals and to have a review of your investment strategy, please reach out to our adviser team on **(07) 5450 9898**.



Financial Advisers Sunshine Coast

(07) 5450 9898 Office 1, 33 Sixth Avenue, Maroochydore, Qld, 4558

This information is general in nature and does not take into consideration your personal objectives or needs. You should consult a financial advisor before acting on any information in this report.



INTRODUCTION

VISITING MEDICAL PRACTITIONER

Dr Pretissha Harrichund

MBBCh (SA), FCP (SA), Cert Endo & Metab (SA), MMed (Int Med) (SA), FRACP

Consultant Physician and Endocrinologist

Practice address

Buderim Private Hospital
Suite 5, Medical Centre
23 Elsa Wilson Drive
Buderim QLD 4556

Provider number

4410247W

Contact details

P 07 4304 8120
F 07 4304 8125
reception@phc.net.au

Dr Pretissha Harrichund is a South African trained Specialist Consultant with dual recognition as a Physician and Endocrinologist.

She has a Masters degree in Medicine and has published the results of a study she conducted on renal transplant patients in the local Endocrine journal "JEMDSA" in 2008.

Dr Harrichund has worked in Bundaberg Public Hospital but left in 2013 to set up private practice and Directorship of the local Medical School – Rural Clinical School of Bundaberg.

In 2014 she has to make a difficult decision to pursue academia or focus on her clinical work and while she loved teaching, she felt a great responsibility to her patients and so left the school to focus solely on her private practice.

Her knowledge of the Public, Medical Education and Private Hospital systems enabled Dr Harrichund to identify gaps in healthcare delivery which lead her to create Precision Healthcare Centre.

She is a strong supporter of Precision Medicine and aims close the gap by employing a holistic model of care and tailoring treatments to the individual.

Dr Harrichund has two sons and her family has relocated to the Sunshine Coast where her eldest son has commenced studies at University of the Sunshine Coast.

Proudly part of



Does leg artery disease cause you pain when walking?



If you suffer symptoms of peripheral artery disease (PAD) you may be eligible to take part in a trial.

The Foot-PAD Trial is testing a new therapy for PAD using a footplate stimulation device.



Location

All study appointments will be held at the University of the Sunshine Coast campus in Sippy Downs.

Contact

Dr Mark Windsor
Trial Coordinator

Email: footpad@usc.edu.au

Tel: 07 5456 5364

usc.edu.au/footpad

The trial will involve:

- Nine study visits (60–90 min each) which include:
 - Walking Tests
 - Vascular Function Tests
 - Questionnaires
- Daily home use of a Revitive® footplate device for 12 weeks

Participants will receive:

- Expenses to cover cost of travel to study visits
- A free Revitive® Medic Coach device to keep upon completion of the trial (RRP \$550)
- A free medical screening



UniSC HREC: A211659
TPCH (The Prince Charles Hospital): 78962



5666/0223



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PRESIDENT AND CEO REPORT



Dr Maria Boulton and Dr Brett Dale

The state budget has been handed down, with a record health spend that is above the inflation rate and the implementation of more of our Ramping Roundtable recommendations. However, we are yet to see the Workforce Plan to find the thousands of new staff needed to meet increasing demand across the state. We have seen the reopening of the Gladstone Hospital maternity unit after almost a year on bypass, but other units remain closed around the state.

STATE BUDGET

The Queensland budget finally recognised it's not good enough to just keep level with inflation, delivering a 9.6 per cent increase in overall healthcare spending.

Our health investments must keep up with our rapidly growing population and increasing costs of delivering high-quality healthcare.

We were pleased to see our Ramping Roundtable recommendation to extend hospital transit and discharge lounge opening hours taken up. Allowing patients to be discharged after hours and on weekends will free up beds for patients waiting in emergency departments.

We welcome the detail around the financial incentives to attract interstate and international doctors and healthcare workers to rural and remote Queensland. We would like to see this scheme expanded to include GPs and other private specialists, not just Queensland Health employees.

However, this budget missed the opportunity to outline the strategy needed to find the workforce for our healthcare system. Queensland Health is finalising a Workforce Plan. This must look at the entire workforce – GPs, aged care staff, disability workers, private hospitals – as well as Queensland Health employees to identify current and future shortfalls and gaps.

We look forward to seeing more detail in coming weeks and working with the Minister on implementing these budget measures.

Read more at ama.com.au/qld/news/Budget-good-for-health



Dr Maria Boulton addressing media at state parliament



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PAYROLL TAX

Treasurer Cameron Dick has made it clear the payroll tax amnesty for general practices will not be extended beyond June 2025. While we thank Queensland for being the only state or territory to offer an amnesty on the application of this new interpretation of tax laws, we will continue to advocate for an exemption for GPs.

We will make this an election issue next year as GPs will not be able to absorb the added tax and will have to pass it on to patients.

We hope that once again Queensland leads the way and recognises how important it is not to make access to GPs more expensive for patients, particularly in rural and remote areas.

We encourage all practices to seek legal and accounting advice about registering for the amnesty. Practices must complete an expression of interest form by 29 September 2023 to be eligible.

Read more at ama.com.au/qld/news/Transcript-ABC-Brisbane-State-Budget and gro.qld.gov.au/payroll-tax/liability/contractor-payments/amnesty/.



MATERNITY SERVICES



It is a great relief that maternity services have been restored at Gladstone Hospital after almost a year on bypass.

We look forward to seeing more details of how the \$42 million allocated in the state budget for maternity services will be used to fill workforce shortages that have led to many rural units closing or being put on indefinite bypass.

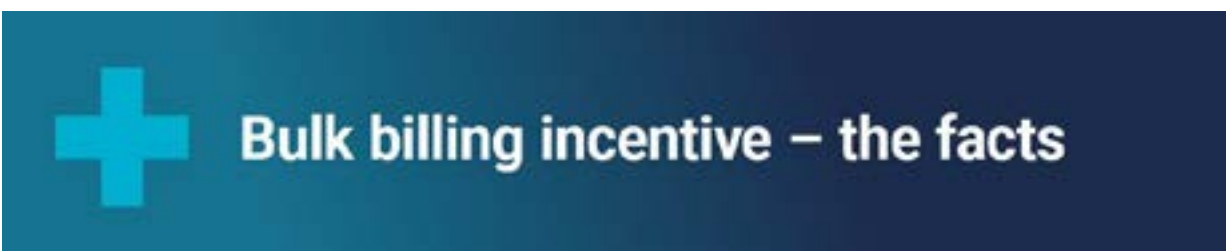
Health Minister Shannon Fentiman has made it clear in media interviews that she is working with AMA Queensland on solutions to the obstetrician shortage in regional Queensland and that the

first new staff recruited from interstate and overseas under the financial incentives offer will start work from 1 July.

We will continue to advocate for more obstetricians, anaesthetists and paediatricians to be recruited and retained in regional Queensland so other maternity units like Biloela and Cooktown can reopen.

BULK BILLING INCENTIVE RESOURCES

We have developed a suite of resources to inform patients about changes to the bulk billing incentive and why it will not impact their Medicare rebates. They're designed for practices to print in-house as wall posters and patient fact sheets. Download them from ama.com.au/qld/campaigns/bulk-billing-incentive-facts



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GENERAL PRACTICE

AMA Queensland is continuing to advocate for Queensland to follow Victoria's lead and offer financial incentives to medical graduates to pursue general practice as their specialty.

Victoria's GP training program was oversubscribed this year following the introduction of the incentives, while there are still places available in Queensland.

Currently only 15 per cent of medical students want to train as GPs, pointing to a looming shortfall over the next decade as GPs retire.

The state government says GPs are a federal issue but we believe all levels of government have a role to play. If you're a patient trying to make an after-hours appointment with your GP, you don't care where the funding comes from.

Read more at ama.com.au/qld/news/Transcript-Today-GP-Shortages



RURAL HEALTH

Federal Health Minister Mark Butler has announced a new trial to bring allied health practitioners to five remote and rural Queensland communities, following similar projects in New South Wales and Western Australia.

Under the scheme, allied health practitioners including psychologists, occupational therapists and social workers will travel to Blackall-Tambo, Barcaldine, Longreach, Winton and Cloncurry for regular in-person clinics, followed up by telehealth appointments.

AMA Queensland has long advocated for innovative projects to support healthcare practitioners to work in rural and remote communities as part of GP-led multidisciplinary teams. We look forward to seeing the results of this \$1.5 million trial. Read more at ama.com.au/qld/news/Transcript-Sky-Regional-allied-health

MEDICAL STUDENT SCHOLARSHIPS

Three James Cook University medical students are receiving financial help from the AMA Queensland Foundation to assist in continuing their medical studies.

Ryan Luck, 21 and Julie George, 22, have been awarded AMA Queensland Foundation Medical Student Scholarships of \$10,000. The third recipient has requested privacy.

All three are outstanding students who have overcome personal hurdles to continue the challenging but rewarding path of medicine.



Julie George and Ryan Luck

We encourage all colleagues to donate to the Foundation so it can continue its good work. Read more at ama.com.au/qld/news/three-JCU-medical-students-win-scholarships

AMA QUEENSLAND FOUNDATION EOFY TAX APPEAL

The AMA Queensland Foundation has launched its end of financial year tax appeal to bring healthcare to Queenslanders experiencing homelessness with charity partner Beddown.

Funds raised will help Beddown open new accommodating venues across the state and connect guests with vital outreach medical, healthcare and hygiene services.

Donations can be made through the Foundation website and all donations over \$2 are tax deductible. Read more at ama.com.au/qld/news/tax-time-perfect-time-to-tackle-homelessness.



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EMERGENCY DEPARTMENT PRESENTATIONS



Queensland has seen a surge in children presenting to emergency departments as the winter flu and RSV season kicks in.

Our hospitals are overstretched and relying on the dedication and altruism of doctors, nurses and other healthcare workers to keep the system operating. We are urging all Queenslanders to get their influenza vaccinations and COVID boosters, to practise good hand hygiene, and to stay home if they are sick.

We have had more than 27,000 confirmed flu cases and almost 15,000 RSV cases in Queensland this year. While COVID cases are dropping, we are still seeing more than 500 new cases reported every day. All Queenslanders need to be vigilant about their own health and the health of others to avoid our hospitals becoming swamped with respiratory cases.

Read more at ama.com.au/qld/news/Transcript-Today-Extra-ED

TOBACCO LAWS

New tobacco laws passed state parliament last month following strong AMA Queensland advocacy. The *Tobacco and Other Smoking Products Amendment Act* introduces a licensing regime for nicotine products, including vapes and e-cigarettes, with new offences and penalties, and stronger enforcement.

We have been calling for this action for years. Last year, Queensland received the Dirty Ashtray Award for the government's failure to enforce regulations around the sale of vapes. Hopefully this will ensure we do not receive this award again.

We are seeing welcome moves at both the state and federal levels to crack down on non-prescription nicotine products to protect young people from nicotine addiction and lung damage.

Read more at ama.com.au/qld/news/New-tobacco-laws

DINNER FOR THE PROFESSION

More than 180 people crowded into Customs House for our annual black tie Dinner for the Profession, which followed the AMA Queensland AGM on Friday 26 May.

Several awards were presented, including AMA Queensland's highest honour, the Gold Medal, which was conferred posthumously on Dr Kate Sinclair. Her son, Dr George Lindley-Jones, accepted the award on her family's behalf.

Dr Jennifer Schafer was awarded the Excellence in Health Care Medal, Dr Rosemary Geraghty was named the Rural Health Medallist and accountant Patrick Staunton was made a Distinguished Support Member for his long service as chair of the AMA Queensland Finance, Risk and Audit Committee (FRAC).

Past President and AMA Queensland Foundation Board chairman Dr Dilip Dhupelia was presented with his AMA Roll of Fellows certificate, after the original presentation was delayed by the pandemic.

Read more at ama.com.au/qld/news/DFP-Awards and see the photos on our Facebook page.



Above – Dr Maria Boulton, Health Minister Shannon Fentiman, AMA Queensland Vice President Dr Nick Yim and AMA Queensland CEO Dr Brett Dale
Below – AMA Queensland Councillor and RDMA President Dr Kimberley Bondeson and Dr Nick Yim





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JUNIOR DOCTOR CONFERENCE AND WOMEN IN MEDICINE BREAKFAST



In May we travelled to Townsville for a number of events, including the sold-out Women in Medicine Breakfast and the Junior Doctor Conference (JDC).

There was significant media interest in JDC as it showcased North Queensland to medical students and junior doctors considering a career in regional Queensland.

Read more at ama.com.au/qld/news/Transcript-ABC-Junior-Doctor-Conference-Townsville and see the photos on our Facebook page.

SENIOR DOCTORS CONFERENCE

We are pleased to be partnering with the Australian Senior Active Doctors Association (ASADA), led by AMA Queensland Board member Dr Geoff Hawson, to host the second Senior Doctors Conference at Waters Edge Brisbane in August. Early-bird ticket prices end on 9 July.

Save Saturday 19 August and register at ama.com.au/qld/events/SeniorDoctorsConference to secure your early-bird pricing.

Last year's conference saw almost 100 senior active and retired doctors travel nationally for the conference. This year's program will cover topics such as: healthy ageing; encore careers; and senior doctors and the health system.

Join AMA Queensland: ama.com.au/qld/join



88 L'Estrange Terrace, Kelvin Grove QLD 4059 • 07 3872 2222 • qld.ama.com.au

KERALA BACKWATERS INDIA

Situated on the southwestern end of India and popularly known as God's territory, Kerala is one of the most sought-after tourist places in South Asia. Kerala is known all over for its rich heritage, exceptional hospitality, and exotic destinations. Tourists come from all over the globe to see the panoramic view of the backwaters of Kerala which is a series of lagoons, canals and lakes running parallel to the Arabian sea.



Like a patty in a burger, this scenic beauty is in between the sea and the hills which is like icing on the cake. The dense landscape, tall palm trees, coconut farmsteads and the village houses make you experience the rawness of nature, and the visitors get swayed away by its natural richness.

Discover the magnificence of the backwaters

If you are visiting the backwaters and not planning to hire a Kettuvallam which is a Kerala style houseboat that the journey won't be complete. This quintessential experience is one of the most calming and tranquil things you can do in India. You can even hire a local guide who can make your ride educative and intriguing while you can enjoy having fresh Indian food and chilled beer.

Kayaking to heal your soul

Kayaking in the Alleppey backwater is the heart of all those adventure enthusiasts who want to experience the intimacy of the narrow channels that the houseboats can never even dream of going through. Paddle through the undisturbed waters, filled with the most vibrant birds moving in their winding airways.

Learn the beauty of magic boats

The kettuvallam is bestowed with magnificence to give rise to majestic boats for everyone visiting the serene backwaters in Alummkadavu. Skilled craftsmen create the finest boats with eco-friendly materials which further epitomize the natural essence of this beauty. This spot gives a chance to all those inquisitive tourists who want to learn the mysticism of coir production.

What we have planned for you

- Take a ride through the Venice of India exploring the beauty of Alappuzha.
- Take Ayurveda massages and meditation sessions to relax your spirit in Kumarakom.
- Watch some rare migratory birds at the Kumarakom bird sanctuary.
- Enjoy the lighthouses and boat building yard of the old harbour town, Kollam.

Journeying through the enchanting waterways and enjoying the lush green landscape of Kerala will give you an experience you will never forget!

123Travel – Cheryl Ryan

<https://123travel.com.au>

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Invitation

Lung Cancer GP Dinner

8th August 2023

Noosa Springs

Please join us for an educational dinner focused on lung cancer. Our presenters will cover updates around screening, diagnosis, treatment options and ongoing management for patients.

When: Tuesday 8th August 2023

Where: Noosa Springs Golf Resort and Spa, Links Drive, Noosa Heads

Time: 6.00pm arrival and registration for a 6.30pm start – 9pm

3 course dinner and refreshments will be served

Accreditation
pending with
the RACGP for
2.5 CPD hours

Topics and presenters:



Imaging lung cancer, today and tomorrow

Dr Drew McMenamin
Managing Radiologist, Noosa Radiology



Lung cancer - assessment and diagnosis

Dr Andrew Pattison, Respiratory Physician
Sunshine Coast Respiratory and Sleep,
Birtinya



Advances in non surgical management of lung cancer

Dr Debra Furniss, Radiation Oncologist
GenesisCare Buderim and Nambour, also
consults at Noosa Hospital



Lung cancer – ongoing care after treatment

Dr James Anderson, Respiratory Physician
Sunshine Coast Respiratory and Sleep,
Birtinya, also consults at Noosa hospital

RSVP by Tuesday 1st August via QR Code or link below:

<https://au.engage.genescare.com/1/904131/2023-07-03/czg8k>

For more information, contact:

Rebecca Kavanagh 0436 340 099

Rebecca.Kavanagh@genesiscare.com

Katrina Kellett: 0418 555 374

connect@noosaradiology.com.au



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Dr Ajay Verma
M.B.B.S, MD., FRACP
SPECIALIST PHYSICIAN

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11 Eccles Boulevard
Birtinya Qld 4575

Nucleus Medical Suites
Building A, Suite 4, Level 2
23 Elsa Wilson Drive
Buderim Qld 4556

**Dr Verma, as well as consulting at both locations,
 has admitting rights to Buderim Private Hospital
 and Sunshine Coast University Private Hospital**

Email: reception@drajayverma.com.au

General Practitioner - Gympie AMS



- Are you sick of 6-minute consults? Come and join our team!
- Located 40 minutes north of Noosa in the country town of Gympie
- Competitive remuneration + generous super + salary packaging

Join our team and make a real difference in improving health and wellness outcomes! Tired of 6-minute consults? Our AMS offers full wrap-around support, allowing you to focus on what matters most.

Seeking a General Practitioner to join our AMS located in the regional town of Gympie (MM3). Ideally our new GP will work full time, however we are open to part time hours for the right candidate.

Why Choose Us?

- No weekend work or evening shifts! Enjoy a balanced work-life schedule with Monday to Friday practice hours.
- Supported by a well-established ACCHO on the Sunshine Coast.
- Join a friendly, passionate, and experienced team including 3 GPs, RNs, AHW, Practice Manager, and administrative support.
- Strong relationships with key stakeholders, including HHS, PHN, and local organisations.
- Our brokerage model supports clients with the Chronic Disease Management Program and other specialty programs.

For my information, please visit NCACCH <https://ncacch.org.au/about-us/work-for-us/>

To apply, please submit your current Resume with updated registrations and qualifications. A cover letter is optional. For enquiries, contact Loretta Ryan at **07 5346 9800** or email loretta@ncacch.org.au

REDCLIFFE LOCAL MEDICAL ASSOCIATION NEWSLETTER

Redcliffe LMA produces a similar newsletter

For full details re advertising go to their website: **www.rdma.org.au**

Email: RDMAnews@gmail.com

SCLMA ADVERTISING GUIDELINES:

To comply with Section 133 of the National Law and guidelines, advertising of services must not:

Paragraph (a) "Create or be likely to create unwarranted and unrealistic expectations about the effectiveness of the health services advertised"

Paragraph (f) "Claim that the services provided by a particular regulated health profession are better, as safe as or safer than others"

Paragraph (o) "Contain any claim, statement or implication that a practitioner provides superior services to those provided by other registered health practitioners"

PLEASE NOTE THE FOLLOWING:

The anti discrimination commission of Queensland has the following statement on job advertising:

Discriminatory advertising is against the law. Job advertisements need to give the impression that all suitable applicants are welcome to apply. References to sex, relationship status, age, race, religion etc should be avoided, as should the use of words that may indicate a preference for particular groups or may discourage others from applying, eg foreman, tradesman, glamorous, well-built, mature, youthful, office girl etc. Publishers can be fined and be the subject of a complaint to the Commission for publishing discriminatory advertisements that show an intention to contravene the Anti-Discrimination Act 1991. Discriminatory advertisements will therefore often be refused or modified by publishers in order to avoid legal liability.

CLASSIFIEDS

GP SEDATIONIST REQUIRED

The Nambour Day Surgery/ East Coast Women's Centre is a modern, licensed and accredited day surgery and women's health practice facility. We are situated in the Hinterland of the Sunshine Coast. The facility provides a full range of sexual and reproductive health services for clients from Brisbane to Gladstone.

We seek a dedicated professional, GP Seditionist, to join our close knit team in providing quality anaesthetic services for our clients.

The position is currently two to three days per week and remuneration is on a case payment basis. There is no requirement for work on weekends, public holidays or any on call shifts.

The Sunshine Coast offers an idyllic life style with some of the world's most famous beaches at its door step. The area is well serviced with all educational, recreational, health and other services. This position will allow you to enjoy all the opportunities the area has to offer.

Enquiries, please contact Dawn at Nambour Day Surgery 54763700 or email dawn@eastcoastwomens.com.au

April 2023

VR GP-MAROOCHYDORE

We are seeking a VR GP, PT or FT at our busy, well established non-corporate Family Practice. We are a fully accredited, fully computerised, mixed billing practice with a friendly and happy professional team including nursing support and a fully equipped treatment room.

Please contact Practice Manager pm.wrnc@yahoo.com.au or 0412 305 296

April 2023

NOTE: CLASSIFIEDS FOR 2023

Always let us know if you no longer wish to advertise.

Limit words to 150 - include website if possible.

CONTACT: admin@sclma.com.au
Free to SCLMA members \$110 for non members.
Queries: Jo 0407 037 112

TWO CONSULTING ROOMS AVAILABLE

- At both the Pulse Oceanside Medical and the Nucleus Medical Suites
- Sessional or long term lease available
- The Pulse Rooms are located in a prominent position, close to Sunshine Coast University Public and Private Hospitals
- The Nucleus Rooms are also located in a prominent position close to the Buderim Private Hospital
- All electricity, heating and air conditioning included
- Close to Parking Lot and Local Bus Stop
- Able to provide secretarial support if required

For further information or to inspect please contact Gayle O'Brien 5437 7390

Email: reception @ drajayverma.com.au

March 2023

ON CALL MEDICAL TYPIST

(for relief and annual leave work only)

- Based in Maroochydore, we are a fast-paced Plastic surgery clinic.
- The right person for the position would require flexibility as this would be an on call position for relief work from our in house medical typist.

Requirements:

- Ability to be on call and work flexible hours
- Accurate medical typing skills with audio typing experience
- Sound understanding of medical terminology
- Uncompromising attention to detail

If you fit these criteria, please contact Katie at Vie Institute on info@plasticsurgeon.net.au or 0754792922 for further details

March 2023

PRACTITIONER (VR) - SUNSHINE COAST QUEENSLAND

To find out more, please email your resume to admin@nambourclinic.com.au or ring Rowena for an informal chat

Ph: 0412 292 666. *Continuing.*



SCIMA

GALA CELEBRATION

SAVE THE DATE

FRIDAY 4 AUGUST

6:00PM UNTIL 11:00PM

SUNSHINE COAST CONVENTION CENTRE
NOVOTEL TWIN WATERS

LIVE ENTERTAINMENT | RAFFLES | COCKTAIL ATTIRE
CANAPÉS, TWO-COURSE DINNER & BEVERAGES

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